

ON THE TOTAL CURVATURE OF MINIMIZING GEODESICS ON CONVEX SURFACES

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ABSTRACT. We give a universal upper bound for the total curvature of minimizing geodesic on a convex surface in the Euclidean space.

1. INTRODUCTION

Denote by \mathbb{E}^3 the 3-dimensional Euclidean space.

Recall that the *total curvature* of a curve $\gamma: [0, \ell] \rightarrow \mathbb{E}^3$ (briefly $\text{TotCurv } \gamma$) is defined as supremum of sum of exterior angles for the broken lines inscribed in γ . If γ is smooth and equipped with the natural parameter, then

$$\text{TotCurv } \gamma = \int_0^\ell \kappa(t) \cdot dt,$$

where $\kappa(t) = |\gamma''(t)|$ is the curvature of γ at t .

1.1. Main theorem. *If K is a closed convex set in the 3-dimensional Euclidean space, Σ is the surface of K and γ be a minimizing geodesic in Σ then*

$$\text{TotCurv } \gamma \leq \omega,$$

where ω is a universal real constant.

The question was stated in [1], [2] and [3], but we have learned it from Dmitry Burago only few years ago.

Let us briefly discuss the related results.

- ◊ In [4], Liberman gives a bound on the total curvature of short geodesic in terms of the ratio diameter and inradius of K . In the proof he use now so called Liberman's lemma 2.1 discussed below. This statement was rediscovered in [3].
- ◊ In [5], Usov gives the optimal bound for total curvature of geodesic on the graph of ℓ -Lipschitz convex function. Namely, he proves that if $f: \mathbb{R}^2 \rightarrow \mathbb{R}$ is ℓ -Lipschitz and convex then any geodesic in its graph

$$\Gamma_f = \{ (x, y, z) \in \mathbb{R}^3 \mid z = f(x, y) \}$$

has total curvature at most $2 \cdot \ell$. This statement was also rediscovered in [3]. Yet an amusing generalization of Usov's result is given by Berg in [6].

- ◊ In [7], Pogorelov conjectured that any the spherical image of geodesic on convex surface has to be contractible. It is easy to see that the length of spherical image of geodesic can not be smaller than its total curvature, so this conjecture (if it would be true) would be stronger than Liberman's theorem. Counterexamples were found indepenently by Milka in [8], Usov in [9] and yet much later rediscovered by Pach in [2].

1991 *Mathematics Subject Classification.* 53A05, 53C45, 53C22.

N. Lebedeva was partially supported by RFBR grant 14-01-00062.

A. Petrunin was partially supported by NSF grant DMS 1309340.

- ◊ In [3], Bárány, Kuperberg, and Zamfirescu have constructed a corkscrew minimizing geodesic on a closed hypersurface; that is a minimizing geodesic which twists around given line arbitrary many times. In the same paper they also constructed a minimizing geodesic on a convex surface in \mathbb{R}^3 with total curvature bigger than 2π . (Note that 2π is the optimal bound for the analogous problem in the plane.)

Plan of the proof. We prove is divided in three steps.

First we prove a sequence of propositions which allow us to consider only special case of surfaces and curves. Namely we show that we can assume that

- (i) (*Proposition 3.1*). The surface Σ is C^∞ -smooth.
- (ii) (*Proposition 5.1*). The z -component of γ' is positive,
- (iii) (*Proposition 9.2*). The surface Σ is formed by a graph $z = f(x, y)$ of a smooth convex function $f: \mathbb{R}^2 \rightarrow \mathbb{R}$.

On the second step we give number of geometric inequalities which relate the angles between $\gamma'(t)$ and with the coordinate axis.

The last step in the proof is purely algebraic, here we combine the obtained inequalities to give a universal bound on the total curvature of γ_n which satisfies the conditions (i)–(i).

2. PRELIMINARIES

Let Σ be a convex hypersurface in the Euclidean space.

Given a point $p \in \Sigma$, we will denote by n_p the outer normal vector of Σ at p ; the map $\Sigma \rightarrow \mathbb{S}^2$ defined as $p \mapsto n_p$ sometimes is called *Gauss map*.

Fix a points $z \notin \Sigma$. Given a point $p \in \Sigma$, we say that p lies on light (dark) side from z if if $\langle z - p, n_p \rangle \leq 0$ (correspondingly $\langle z - p, n_p \rangle \geq 0$). If $\langle z - p, n_p \rangle = 0$ we say that p lies on the horizon from p . Note that if z lies inside of Σ then all points on Σ lie on the dark side from z .

Let γ be a space curve parametrized by length. Fix a point $z \notin \gamma$. Let us define *Liberman's development* of γ with respect to z as the unit-speed plane cure $\tilde{\gamma}_z$ such that the direction $\tilde{\gamma}_z(t)$ changes counterclockwise as t changes and $|\tilde{\gamma}_p(t)| = |\gamma(t) - z|$ for any t .

The Liberman's development $\tilde{\gamma}_z$ is called convex concave at $\tilde{\gamma}_z(t)$ if there the curvilinear triangle ???

2.1. Liberman lemma. *Let Σ be a convex surface in the Euclidean space $z \notin \Sigma$ and γ be a unit-speed geodesic in Σ . Then the development $\tilde{\gamma}_z$ is locally convex (concave) at the points on dark (light) side of Σ with respect to z .*

Assume $\gamma: [0, \ell] \rightarrow \Sigma$ is a unit-speed curve in the space.

The vector $\gamma''(t)$ is the curvature vector of γ at t . The total curvature of γ can be defined as

$$\text{TotCurv } \gamma \stackrel{\text{def}}{=} \int_0^\ell |\gamma''(t)| \cdot dt.$$

The total curvature of $\tilde{\gamma}_z$ is called the total curvature of γ in the direction of z and denoted as $\text{TotCurv}_z \gamma$ Given a point z , let us define the total curvature of γ in the direction of z as

$$\text{TotCurv}_z \gamma \stackrel{\text{def}}{=} \int_0^\ell \left| \langle \gamma''(t), \frac{z - \gamma(t)}{|z - \gamma(t)|} \rangle \right| \cdot dt.$$

2.2. Key Lemma. *Let $\gamma: [0, \ell] \rightarrow \Sigma$ be a geodesic on the convex surface in the Euclidean space and $u \in \mathbb{S}^2$. Assume that $0 = t_0 < t_1 < \dots < t_n = \ell$ be the values*

such that each arcs $\gamma|_{[t_{i-1}, t_i]}$ alternating light and dark side of Σ with respect to u . Set $\alpha_i = \angle(\gamma'(t_i), u)$. Then

$$\text{TotCurv}_u \gamma = \left| \sum_i (-1)^i \alpha_i \right|.$$

Moreover, if $1 < i < n$ and Ω_i denotes the domain of Σ bounded by the arc $\gamma|_{[t_{i-1}, t_i]}$ and the u -horizon then

$$|\alpha_i - \alpha_{i-1}| \leq \text{curv } \Omega_i,$$

where $\text{curv } \Omega_i$ denotes the total curvature of Ω_i . In particular,

$$\text{TotCurv}_u \gamma \leq 4 \cdot \pi + \sum_i \text{curv } \Omega_i.$$

Remarks. Clearly $\text{TotCurv}_z \gamma \leq \text{TotCurv } \gamma$ for any curve γ in Σ .

On the other hand given few points z_i which do not lie in one plane one can estimate $\text{TotCurv } \gamma$ in terms of $\text{TotCurv}_{z_i} \gamma$ the distances between z_i and the maximal distance to γ .

Let $N = N(\Sigma, \gamma, u)$ be the maximal integer such that at most N of the domains Ω_i intersect at one point. Note that from [3], it follows that the value N can take arbitrary large value. The number N can be estimated through the maximal rotation number of subarcs of γ with respect to the lines. In particular the total curvature of geodesic γ can be bounded in terms of maximal rotation number of subarcs of γ around the lines. The later was claimed in [3] without a proof.

Then

$$\sum_{i=2}^{n-1} \text{curv } \Omega_i \leq N \cdot \text{curv } \Sigma \leq 4 \cdot N \cdot \pi.$$

Therefore, we get an estimate

$$\text{TotCurv}_u \gamma \leq 4 \cdot N \cdot \pi + |\alpha_0 - \alpha_1| + |\alpha_{n-1} - \alpha_n| \leq (4 \cdot N + 2) \cdot \pi.$$

Since the same holds for any vector u , we can taking avarage we get

$$\text{TotCurv } \gamma \leq 3 \cdot (4 \cdot N + 2) \cdot \pi.$$

3. SMOOTHING

3.1. Proposition. Let $K_1, K_2, \dots, K_\infty$ be closed convex sets in \mathbb{R}^3 and $K_n \rightarrow K_\infty$ in the sense of Hausdorff. Then for any minimizing geodesic γ_∞ in the surface of K_∞ there is a sequence of minimizing geodesics γ_n in the surface of K_n such that $\gamma_n \rightarrow \gamma_\infty$.

Proof. Assume γ is a minimizing geodesic on a convex surface Σ . Assume γ parametrized by its length $[0, \ell]$.

Fix a subinterval $[a, b] \subset [0, \ell]$ such that $0 < a$ and $b < \ell$. Set $p = \gamma(a)$ and $q = \gamma(b)$.

Assume Σ_n be a sequence of smooth convex surfaces converging to Σ . and $p_n, q_n \in \Sigma_n$ be a two sequences of points which converge to p and q correspondingly.

Denote by γ_n a minimizing geodesic from p_n to q_n in Σ_n . Note that γ_n converges to $\gamma|_{[a, b]}$ as $n \rightarrow \infty$. \square

4. LENGTH AND DIAMETER

Let $\varepsilon > 0$. A curve $\gamma: [a, b] \rightarrow \mathbb{R}^3$ will be called ε -straight if

$$\text{length } \gamma \leq e^\varepsilon \cdot |\gamma(b) - \gamma(a)|$$

4.1. Lemma. *Given $\varepsilon > 0$ there is $\delta > 0$ (any $\delta < (1 - e^{-\varepsilon})/2$ will do) such that in any minimizing geodesic of length ℓ on a convex surface Σ in \mathbb{R}^3 there an ε -straight arc of length at least $\delta \cdot \ell$;*

Proof. Set $\alpha = \arccos e^{-\varepsilon}$. Let N be the maximal number of points in \mathbb{S}^2 which lie on distance at least $2 \cdot \alpha$ from each other.

Let $\gamma: [0, \ell] \rightarrow \Sigma$ be a minimizing geodesic parametrized by its length.

Given a value $t \in [0, \ell]$, set t' to be the maximal value in $[0, \ell]$ such that the interval $[t, t']$ is ε -straight.

Consider the maximal sequence $0 = t_0 < t_1 < \dots < t_n < \ell$ such that $t_{i+1} = t'_i$.

Denote by ν_i the outer unit normal vector to Σ at $\gamma(t_i)$. Note that $\angle(\nu_i, \nu_j) > 2 \cdot \alpha$ for all i and j . It follows that the sequence (t_i) terminates after at most N steps. Therefore any $\delta < \frac{1}{N+1}$ does the job. \square

4.2. Lemma. *Assume γ is a minimizing geodesic on a convex surface in \mathbb{R}^3 . Then*

$$\text{length } \gamma < 4 \cdot \text{diam } \gamma.$$

Proof. Assume contrary; that is, there is convex surface $\Sigma \subset \mathbb{R}^3$ and a geodesic $\gamma: [0, 4] \rightarrow \Sigma$ is parametrized by its length with $\text{diam } \gamma \leq 1$.

Denote by ν_0, ν_2 and ν_4 the outer unit normal vectors to Σ at $\gamma(0), \gamma(2)$ and $\gamma(4)$ correspondingly.

Note that $\angle(\nu_0, \nu_2), \angle(\nu_2, \nu_4) \geq \frac{2}{3} \cdot \pi$ and $\angle(\nu_0, \nu_4) > \frac{2}{3} \cdot \pi$, a contradiction. \square

5. REDUCTION TO A MONOTONIC CASE

In this section we show that to prove the Main theorem, it is sufficient to consider only the geodesics which go almost in one direction. The following proposition will be applied to $\varepsilon = \frac{\pi}{4}$; in this case one can take $\delta = 10^{-10}$.

5.1. Proposition. *Given $\varepsilon > 0$ there is $\delta > 0$ such that the following statement holds.*

If $\gamma: [0, \ell] \rightarrow \Sigma$ is a minimizing geodesic on a smooth convex surface Σ in \mathbb{R}^3 then there is an interval $[a, b] \subset [0, \ell]$ such that

$$\text{TotCurv}(\gamma|_{[a,b]}) > \delta \cdot \text{TotCurv } \gamma.$$

and

$$\angle(\gamma'(t), u) < \varepsilon$$

for any $t \in [a, b]$ and a fixed unit vector u .

Proof. Note that total curvature is lower semicontinuous on the space of curves. Therefore, by Proposition 3.1, we can assume that Σ_n are smooth.

Applying rescaling, we can assume that $\text{diam } \gamma = 1$. By Lemma 4.2 length $\gamma_n < 4$. Therefore we can subdivide γ into say 100000 arcs such that the length of each arc is at most $\frac{1}{100}$ and it lies on the distance $\frac{1}{2} \pm \frac{1}{100}$ from a point $p \in K_n$. Choose among them the arc with the maximal total curvature and name it $\bar{\gamma}$ and translate whole space so the corresponding point p becomes the origin. Clearly

$$\text{TotCurv } \bar{\gamma} > \frac{1}{100000} \cdot \text{TotCurv } \gamma.$$

Fix $N > \frac{2}{\varepsilon}$. Applying Liberman's Lemma to $\bar{\gamma}$ with the origin as the reference point we get that

$$\text{TotCurv}_0 \gamma_n < \pi + \frac{1}{10}.$$

Therefore we can divide $\bar{\gamma}$ into N arcs so that for each arc $\bar{\bar{\gamma}}$ we have

$$\text{TotCurv}_p \bar{\bar{\gamma}} \leq \frac{\pi + \frac{1}{10}}{N}.$$

Choose among these arcs the one with maximal total curvature, denote it further by $\bar{\bar{\gamma}}$. Clearly

$$\text{TotCurv} \bar{\bar{\gamma}} > \frac{\varepsilon}{1000} \cdot \text{TotCurv} \bar{\gamma}.$$

Fix a parameter t of $\bar{\bar{\gamma}}$ and denote by α the angle between $\bar{\bar{\gamma}}'(t)$ and $p - \bar{\bar{\gamma}}(t)$.

If $\alpha < \frac{\varepsilon}{2}$ or $\alpha > \pi - \frac{\varepsilon}{2}$, then the problem is solved.

Otherwise applying Lemma 4.1 we get a nondegenerate (say equilateral) triangle $\triangle a_1 a_2 a_3$ in K_n of the size comparable to $\text{diam} \bar{\gamma}$ and on the distance comparable to $\text{diam} \gamma$ from any point of $\bar{\gamma}$, say side of triangle can be taken to be $\frac{\varepsilon}{1000} \cdot \text{diam} \bar{\gamma}$ and the distance to any point can be assumed to be between $\text{diam} \bar{\gamma}$ and $2 \cdot \text{diam} \bar{\gamma}$.

Apply the construction to each vertex of the triangle. We pass to an arc of $\hat{\gamma}$ such that the angle between $\hat{\gamma}'(t)$ and $a_i - \hat{\gamma}(t)$ and the distance $|\hat{\gamma}(t) - a_i|$ are nearly constant for each i . The later imply that $\hat{\gamma}'$ is nearly constant. \square

6. ELEVATING GEODESICS

In this section we fix notations which will be used further without additional explanation.

Fix a (x, y, z) -coordinates on the Euclidean space; denote by $(\mathbf{i}, \mathbf{j}, \mathbf{k})$ the standard basis.

The lines parallel to the z -axis will be called *vertical*; the lines and planes parallel to (x, y) -plane will be called *horizontal*.

6.1. Definition. A smooth curve $\gamma: [0, \ell] \rightarrow \mathbb{R}^3$ is called *elevating* if both ends $\gamma(0)$ and $\gamma(\ell)$ lie on the z -axis and $\langle \gamma'(t), \mathbf{k} \rangle > 0$ for all t .

According to Proposition 5.1, it is sufficient to prove Main theorem only for elevating geodesics.

(λ, μ, ν) -frame. Let Σ be a convex surface and $\gamma: [0, \ell] \rightarrow \Sigma$ is an elevating minimizing geodesic with unit-speed parametrization.

Given $t \in [0, \ell]$, consider the oriented orthonormal frame $\lambda(t), \mu(t), \nu(t)$ such that $\nu(t)$ is the outer normal to Σ at $\gamma(t)$, the vector $\mu(t)$ is horizontal and therefore the vector $\lambda(t)$ lies in the plane spanned by $\nu(t)$ and the z -axis. We assume in addition that $\langle \lambda, \mathbf{k} \rangle \geq 0$.

Since $\langle \dot{\gamma}(t), \mathbf{k} \rangle > 0$, $\nu(t)$ can not be vertical and therefore the frame (λ, μ, ν) is uniquely defined for any $t \in [0, \ell]$.

Border crossing. After rotating (x, y) -plane if necessary, we can assume that the border of shadow in the directions of x -axis, say ω_x , is a smooth curve and γ intersects them transversely.

Let $t_1 < t_2 < \dots < t_k$ be the time moments in $[0, \ell]$ at which γ crossing ω_x . Note that

$$\mu(t_n) = s_n \cdot e_x \quad \text{for some } s_n = \pm 1.$$

Angle functions. Set

$$\begin{aligned} \varphi(t) &= \angle(\mathbf{k}, \dot{\gamma}(t)), & \varphi_n &= \varphi(t_n) \\ \psi(t) &= \frac{\pi}{2} - \angle(\mathbf{k}, \nu(t)), & \psi_n &= \psi(t_n) \\ \alpha(t) &= \frac{\pi}{2} - \angle(\mu(t), \dot{\gamma}(t)), & \alpha_n &= \alpha(t_n) \end{aligned}$$

From the above definitions it follows that $|\alpha(t)|, |\psi(t)| \leq \frac{\pi}{2}$ and for each t there is a right spherical triangle with legs $|\alpha(t)|, |\psi(t)|$ and hypotenuse $\varphi(t)$. In particular $\cos \alpha \cdot \cos \psi = \cos \varphi$. Whence we get the following.

6.2. Claim. *For any t we have*

$$\varphi(t) \geq |\psi(t)| \quad \text{and} \quad \varphi(t) \geq |\alpha(t)|$$

In particular,

$$\varphi_n \geq |\psi_n| \quad \text{and} \quad \varphi_n \geq |\alpha_n|$$

for any n .

Applying Liberman's Lemma in the direction \mathbf{k} we also get the following.

6.3. Claim. *If an arc $\gamma|_{[a,b]}$ lies in the dark side for \mathbf{k} then the function φ is nondecreasing in $[a, b]$.*

7. PLANE SECTIONS

Assume γ is curve on a smooth strictly convex surface Σ in \mathbb{R}^3 . Consider a plane L passing through two points of γ , say $p = \gamma(a)$ and $q = \gamma(b)$ with $a < b$. Let L_{\pm} be a half-planes in L bounded by the line through p and q . Set $\sigma_{\pm} = \Sigma \cap L_{\pm}$; note that σ_{\pm} are a smooth convex plane curve connecting p to q in Σ .

7.1. Observation. *If γ is a minimizing geodesic in the convex surface $\Sigma \subset \mathbb{R}^3$ and a, b and σ_{\pm} as above then*

$$\text{length } \sigma_{\pm} \geq \text{length}(\gamma|_{[a,b]}).$$

Based on this observation we give couple of estimates on elevating minimizing geodesics.

7.2. Propostion. *Assume $\gamma: [0, \ell] \rightarrow \Sigma$ is elevating minimizing geodesic in the convex surface $\Sigma \subset \mathbb{R}^3$. Assume that for a subsegment $[a, b] \subset [0, \ell]$ the following conditions hold*

- (i) *The points $\gamma(a)$ and $\gamma(b)$ lie in a one half-plane with boundary line formed by the z -axis and the arc $\gamma|_{[a,b]}$ goes around the z -axis at least once.*
- (ii) *$\gamma(a)$ lies above the horizontal plane through $\frac{1}{2} \cdot (\gamma(0) + \gamma(\ell))$.*

Then $\gamma(b)$ lies on the dark side of Σ with respect to \mathbf{k} .

Proof. We apply the observation above to the plane containing z -axis and $\gamma(b)$ and perform straightforward computations.

We can assume that $\gamma(0)$ is the origin of the (x, y, z) -coordinate system and both points $p = \gamma(a)$ and $q = \gamma(b)$ lie in the (x, z) -coordinate half-plane with $x \geq 0$, denoted by Π . We can assume that $\sigma_+ \subset \Pi$. Let $(x_p, 0, z_p)$ and $(x_q, 0, z_q)$ be the coordinates of p and q .

From the assumptions $z_p < z_q < 2 \cdot z_p$. From convexity of the curve $\Pi \cap \Sigma$ we get

$$\text{length } \sigma_+ \leq \sqrt{(z_q - z_p)^2 + x_p^2}$$

On the other hand, since $\gamma|_{[a,b]}$ goes around z -axis at least once, we get

$$\text{length } \gamma|_{[a,b]} \geq \sqrt{(z_q - z_p)^2 + (x_p + x_q)^2}.$$

These two estimates contradict Observation ??.

□

7.3. Corollary. *If Σ, γ, ℓ, a and b as in the Proposition and the arc $\gamma|_{[a,b]}$ goes around the z -axis at least twice then the arc $\gamma|_{[b,\ell]}$ lies on the dark side with respect to \mathbf{k} .*

Proof. Fix $b' \in [b, \ell]$. Note that one can find $a' \in [a, b]$ such that the assumptions of Proposition 7.2 hold for the interval $[a', b']$. Applying Proposition we get the result. \square

7.4. Propostion. Assume $\gamma: [0, \ell] \rightarrow \Sigma$ is elevating minimizing geodesic in the convex surface $\Sigma \subset \mathbb{R}^3$. Assume that the arc $\gamma|_{[b, \ell]}$ lies in the dark side of Σ with respect to \mathbf{k} . Set $\varphi(t) = \angle(\mathbf{k}, \dot{\gamma}(t))$ and $\psi(t) = \frac{\pi}{2} - \angle(\mathbf{k}, \nu(t))$. If $b \leq s < t \leq \ell$ and the point $\gamma(s)$ lies in the plane Π through $\gamma(t)$ spanned by $\nu(t)$ and $\lambda(t)$ then

$$\varphi(s) \leq \psi(t).$$

Proof. We apply the observation to the plane Π and $p = \gamma(s)$ and $q = \gamma(t)$.

Let z_p and z_q be the z -coordinates of p and q .

Since $\gamma|_{[s, t]}$ lies in the dark side, its Liberman's development $\tilde{\gamma}|_{[s, t]}$ with respect to \mathbf{k} is concave. In particular

$$\text{length}(\gamma|_{[s, t]}) = \text{length}(\tilde{\gamma}|_{[s, t]}) \geq \frac{z_q - z_p}{\cos \varphi(s)}.$$

On the other hand, convexity of σ_+ imply that

$$\text{length } \sigma_+ \leq \frac{z_q - z_p}{\cos \psi(t)}.$$

It remains to apply Observation ???. \square

8. \mathbf{s} -PAIRS

For given elevating geodesic γ we introduced two sequences $\mathbf{s} = (s_1, \dots, s_k)$ and $(\alpha_1, \dots, \alpha_k)$ with $s_n = \pm 1$ and $\alpha_n \in (-\frac{\pi}{2}, \frac{\pi}{2})$ for each n . By Proposition ???, to prove Main theorem, it is sufficient to find an universal upper bound for the sum

$$s_1 \cdot \alpha_1 + \dots + s_k \cdot \alpha_k.$$

In this section we will estimate the sum

$$s_i \cdot \alpha_i + s_j \cdot \alpha_j$$

for some special pairs of i and j , so called \mathbf{s} -pairs.

We say that a pair of indexes $i < j$ forms an \mathbf{s} -pair if

$$\sum_{n=i}^j s_n = 0 \quad \text{and} \quad \sum_{n=i}^{j'} s_n > 0$$

if $i < j' < j$.

Note that for any index i appears in at most one \mathbf{s} -pair and for any \mathbf{s} -pair (i, j) we have

- ◇ $s_i = 1$; that is, i -th bracket has to be opening.
- ◇ $s_j = -1$; that is, j -th bracket has to be closing.

In particular,

$$s_i \cdot \alpha_i + s_j \cdot \alpha_j = \alpha_i - \alpha_j.$$

Bracket interpretation. If you exchange “+1” and “−1” in \mathbf{s} by “(” and “)” correspondingly then (i, j) is an \mathbf{s} -pair if and only if the i -th bracket forms a pair with j -bracket.

Embedded disc interpretation. Assume (i, j) is an \mathbf{s} -pair. Note that in this case there is an arc of ω_i from $\gamma(t_i)$ to $\gamma(t_j)$ with monotonic z -coordinate. Moreover this arc, say σ together with $\gamma|_{[t_i, t_j]}$ bounds an immersed disc in Σ . That is there is an immersion $\iota: \mathbb{D} \rightarrow \Sigma$ such that the closed curve $\iota|_{\partial \mathbb{D}}$ is formed by joint of σ and $\gamma|_{[t_i, t_j]}$.

The proof can be guessed from the diagram. It shows a lift of γ in the universal cover of strip of Σ between horizontal planes through $\gamma(t_i)$ and $\gamma(t_j)$; the solid vertical lines correspond are lifts of σ and the dashed lines corresponds to the lifts of the other component of ω_i between the planes.

We say that q is the depth of an \mathbf{s} -pair (i, j) (briefly $q = \text{depth}_{\mathbf{s}}(i, j)$) if q is the maximal number such that there is a q -long nested sequence of \mathbf{s} -pairs starting with (i, j) ; that is a sequence of \mathbf{s} -pairs $(i, j) = (i_1, j_1), (i_2, j_2), \dots, (i_q, j_q)$ such that

$$i = i_1 < \dots < i_q < j_q < \dots < j_1 = j.$$

We say that q is the depth of an \mathbf{s} -pair (i, j) (briefly $q = \text{depth}_{\mathbf{s}}(i, j)$) if q is the maximal number such that there is a q -long nested sequence of \mathbf{s} -pairs starting with (i, j) ; that is a sequence of \mathbf{s} -pairs $(i, j) = (i_1, j_1), (i_2, j_2), \dots, (i_q, j_q)$ such that

$$i = i_1 < \dots < i_q < j_q < \dots < j_1 = j.$$

Note that the \mathbf{s} -pair of the same depth do not overlap; that is if for two distinct \mathbf{s} -pairs (i, j) and (i', j') , we have $\text{depth}(i, j) = \text{depth}(i', j')$ then either $i < j < i' < j'$ or $i' < j' < i < j$.

The following proposition follow directly from the definitions above.

8.1. Proposition. *Let (i, j) be an \mathbf{s} -pair. Then the arcs $\gamma|_{[t_i, t_j]}$ and an arc of ω_i bound an immesed disc in Σ which lies between horizontal planes through $\gamma(t_i)$ and $\gamma(t_j)$. Moreover the maximal multiplicity of the disc is at most $\text{depth}_{\mathbf{s}}(i, j)$.*

8.2. Corollary. *Let us denote by S_q the subset of indexes $\{1, \dots, k\}$ which are the parts of \mathbf{s} -pairs with depth q . Then*

$$\sum_{n \in S_q} s_n \cdot \alpha_n \leq 4 \cdot \pi \cdot q.$$

Proof. For each n denote by K_n the integral of Gauss curvature of the part of surface Σ which lies below horizontal plane through $\gamma(t_n)$. Note that

$$0 \leq K_1 \leq \dots \leq K_k \leq 4 \cdot \pi.$$

By Proposition 8.1 and the Key Lemma, we get

$$s_i \cdot \alpha_i + s_j \cdot \alpha_j = \alpha_i - \alpha_j \leq q \cdot (K_j - K_i)$$

The statement follows since the \mathbf{s} -pairs with the same depth do not overlap. \square

9. THE ESTIMATE FOR THE REST

Set $R = \{1, \dots, k\} \setminus (S_1 \cup \dots \cup S_5)$; this is the set of indexes which do not appear in any \mathbf{s} -pairs as well as the indexes which appera in \mathbf{s} -pairs of depth at least 6.

According to ???, the theorem will follow if we can find an universal upper bound on

$$\left| \sum_{n \in R} s_n \cdot \alpha_n \right|.$$

Further let us subdivide R into R_1, \dots, R_5 , by setting

$$R_r = \{ n \in R \mid s_1 + \dots + s_n \equiv r \pmod{5} \}.$$

Consider yet two more angle functions.

- ◇ Let $\varphi(t) = \angle(\gamma'(t), \mathbf{k})$. Set $\varphi_n = \varphi(t_n)$.
- ◇ Let $\psi(t)$ be the signed angle between $\nu(t)$ and (x, y) -plane. Set $\psi_n = \psi(t_n)$.

Note that

$$\varphi(t) \geq |\psi(t)| \quad \text{and} \quad \varphi(t) \geq |\alpha(t)|$$

for any t . In particular

$$\varphi_n \geq |\psi_n| \quad \text{and} \quad \varphi_n \geq |\alpha_n|$$

for any n . It follows that

$$\left| \sum_{n \in R} s_n \cdot \alpha_n \right| \leq \sum_{n \in R} \varphi_n.$$

Given $n \in R_r$, denote by n' the lest index in R_r bigger than n . Our aim is to show that $\varphi_{n'} \geq 2 \cdot \varphi_n$. In this case

Since $\varphi_n \leq \pi$, we will get

$$\sum_{n \in R_r} \varphi_n \leq 2 \cdot \pi.$$

Horizontal rotation. Note that $\mu(t)$ is horizontal for any t .

Define the rotation $\rho[a, b]$ of the interval $[a, b] \subset [0, \ell]$ as the algebraic rotation of $\mu(t)$ around the origin in (x, y) -plane; say it can be defined by the formula

$$\rho_{[a, b]} = \int_a^b \langle \mu(t), J(\mu'(t)) \rangle \cdot dt,$$

where $J: \mathbb{R}^2 \rightarrow \mathbb{R}^2$ denotes the rotation by angle $\frac{\pi}{2}$ around the origin.

Note that

$$\rho[t_i, t_{i+1}] = \frac{\pi}{2} \cdot (s_i + s_{i+1}).$$

9.1. Claim. Assume that

$$\gamma_z(t_i) \geq \frac{1}{2} \cdot (\gamma_z(\ell) + \gamma_z(0)) \quad \text{and} \quad \left| \sum_{n=i}^j s_n \right| = 6.$$

Then $\psi(t) > 0$ for any $t \geq t_j$.

Note that the claim implies that from t_j , the geodesic γ lies on a graph $z = f(x, y)$ of a concave function $f: \mathbb{R}^2 \rightarrow \mathbb{R}$ and forms a minimizing geodesic in this graph. Indeed fix $\varepsilon > 0$ such that $\psi(t) > \varepsilon$ for any $t \geq t_j$. Consider the set W which lies under all the supporting planes such that its outer normal vector forms angle at most $\frac{\pi}{2} - \varepsilon$ with the vertical direction. Note that the set W forms a subgraph $z \leq f(x, y)$ of a concave (ctg ε)-Lipschitz function $f: \mathbb{R}^2 \rightarrow \mathbb{R}$ and all the points of γ lie the graph $z = f(x, y)$.

Proof. Assume contrary, that is $\varphi(t) \leq 0$ for some $t \geq t_j$. Let us draw the half-plane Π_+ through $\gamma(t)$ bounded by the z -axis. Denote by Π_- the opposite half-plane for Π_+ .

Note that there are two values $t_+ < t_-$ in $[t_i, t_j]$ such that $\gamma(t_{\pm}) \in \Pi_{\pm}$.

Consider the sub-arc σ of $\Sigma \cap \Pi$ from $\gamma(t)$ to $\gamma(t')$. Since γ is minimizing we have that

$$\text{length } \gamma|_{[t', t]} \leq \text{length } \sigma.$$

The later contradicts straightforward estimates. Namely assume a and a_+ be the distances from $\gamma(t)$ and $\gamma(t_+)$ to the z -axis. Further set $b = \langle \gamma(t) - \gamma(0), \mathbf{k} \rangle$ and $b_+ = \langle \gamma(t_+) - \gamma(0), \mathbf{k} \rangle$. By the assumptions we have $b \leq 2 \cdot b_+$; it follows that $a_+ \leq a \leq 2 \cdot a_+$ and therefore

$$(\text{length } \sigma)^2 \leq (b - b_+)^2 + a_+^2.$$

On the other hand, since $t_+ < t_- < t$ we get that

$$(\text{length } \gamma|_{[t_+, t]})^2 \geq (b - b_+)^2 + (a + a_+)^2.$$

□

Note that the last claim imply the following.

9.2. Proposition. *Assume Main Theorem does not hold; that is, there is a sequence of convex surfaces Σ_n and a sequence of minimizing geodesic γ_n in Σ_n such that*

$$\text{TotCurv } \gamma_n \rightarrow \infty \text{ as } n \rightarrow \infty.$$

Then we can make in addition one of the following assumptions:

- (i) Σ_n is a graph $z = f_n(x, y)$ of a smooth convex function $f_n: \mathbb{R}^2 \rightarrow \mathbb{R}$ and $\gamma'_z(t) > 0$ for any $t \in [0, \ell]$.
- (ii) $\left| \sum_{n=i}^j s_n \right| < 10$ for any $i < j$.

In particular, from now on $\psi(t) > 0$ for any $t \in [0, \ell]$. Note also that by Liberman's lemma $\varphi(t)$ is a nondecreasing function on $[0, \ell]$. The two cases (i) and (ii) will be done separately. The case (i) is more involved.

9.3. Claim. *Let $[a, b] \subset [0, \ell]$ and $\rho[a, b] \geq 3 \cdot \pi$. Then $\psi(t) \geq \varphi(a)$ for any $t \geq b$.*

9.4. Claim. *Assume $\psi(t) \geq \varepsilon > 0$ for any $t \in [a, b]$. Then $\alpha(b) - \alpha(a) > \varepsilon \cdot \rho[a, b]$. In particular, either $|\alpha(a)| > \frac{1}{2} \cdot \varepsilon \cdot \rho[a, b]$ or $|\alpha(b)| > \frac{1}{2} \cdot \varepsilon \cdot \rho[a, b]$.*

Note that above two claims imply the following.

9.5. Proposition. *Assume γ as in Proposition 9.2 and for some $i < j$ we have*

$$\left| \sum_{n=i}^j s_n \right| = 5$$

Then $\varphi_j > 2 \cdot \varphi_i$.

10. THE SUM ESTIMATE

There is no geometry in this section. Here we give an estimate for a sum of finite sequence of real numbers of a very specific form.

Assume a finite sign-sequence $\mathbf{s} = (s_1, \dots, s_k)$ is given; that is $s_i = \pm 1$ for i .

We say that a pair of indexes $i < j$ forms an \mathbf{s} -pair if

$$\sum_{n=i}^j s_n = 0 \quad \text{and} \quad \sum_{n=i}^{j'} s_n > 0$$

if $i < j' < j$.

Note that for any index i appears in at most one \mathbf{s} -pair and for any \mathbf{s} -pair (i, j) we have

- ◇ $s_i = 1$; that is, i -th bracket has to be opening.
- ◇ $s_j = -1$; that is, j -th bracket has to be closing.

10.1. Proposition. *Assume that*

- ◇ s_1, \dots, s_k is a sign sequence,
- ◇ $0 \leq K_1 \leq K_2 \leq \dots \leq K_k$.
- ◇ a sequence $\alpha_1, \dots, \alpha_k$ is such that for \mathbf{s} -pair (i, j) , we have

$$|\alpha_i - \alpha_j| \leq \text{depth}_{\mathbf{s}}(i, j) \cdot (K_j - K_i),$$

- ◇ $0 \leq \varphi_1 \leq \dots \leq \varphi_k$ such that $\varphi_i \geq |\alpha_i|$ for any i and $\varphi_j > 2 \cdot \varphi_i$ for any $j > i$ such that $|\sum_{n=i}^j s_n| = 5$.

Then

$$\left| \sum s_n \cdot \alpha_n \right| \leq 20 \cdot (K_k + \varphi_k).$$

Proof. Note that for arbitrary the \mathbf{s} -pairs (i, j) and (i', j') we have three possibilities:

- ◊ $[i, j] \subset [i', j']$ and in this case $\text{depth}_s(i, j) < \text{depth}_s(i', j')$;
- ◊ $[i, j] \supset [i', j']$ and in this case $\text{depth}_s(i, j) > \text{depth}_s(i', j')$;
- ◊ $[i, j] \cap [i', j'] = \emptyset$.

In particular, if $\text{depth}_s(i, j) = \text{depth}_s(i', j')$ then the intervals $[i, j]$ and $[i', j']$ do not overlap.

Therefore if

$$S_q = \sum_{\text{depth}_s(i, j)=q} (\alpha_i - \alpha_j)$$

is the sum for all s -pairs with depth q then

$$|S_q| \leq q \cdot K_k.$$

Since $s_i = 1$ and $s_j = -1$ for any s -pair (i, j) , we have

$$\alpha_i - \alpha_j = s_i \cdot \alpha_i + s_j \cdot \alpha_j.$$

That is, one can partition $\{1, \dots, k\}$ into two sets, say H and G such that

$$S_1 + S_2 + S_3 + S_4 + S_5 = \sum_{i \in H} s_i \cdot \alpha_i$$

An index i belongs to G if it does not form an s -pair or its s -pair has depth at least 6. Let us subdivide G into 5 groups, say G_1, \dots, G_5 so i and j go into the same group if

$$\sum_{n=i}^j s_n \equiv 0 \pmod{5}.$$

Note that

$$\begin{aligned} \left| \sum_{n \in G_m} s_n \cdot \alpha_n \right| &\leq \sum_{n \in G_m} \varphi_n \leq \\ &\leq 2 \cdot \varphi_k; \end{aligned}$$

the last inequality follows since (φ_i) is an increasing sequence and $\varphi_j > 2 \cdot \varphi_i$ if $i, j \in G_m$ and $i < j$.

Summarizing

$$\begin{aligned} \left| \sum_n s_n \cdot \alpha_n \right| &\leq \sum_{i=1}^5 |S_i| + \sum_{i=1}^5 \left| \sum_{n \in G_i} s_n \cdot \alpha_n \right| \leq \\ &\leq 15 \cdot K_k + 10 \cdot \varphi_k. \end{aligned}$$

Hence the result follows. \square

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