

Jagwear maattabel in centimeters

	4	6	8	10	12	14	16	small	medium	large
Bovenlichaam (omtrek)	91-97	98-105	106-109	110-117	118-122	124-127	129-135	137-140	142-148	150-152
Borst	43-48	50-56	58-64	64-67	66-74	71-76	74-79	70-84	81-86	89-91
Middel	45-48	48-53	53-58	56-61	61-63	66-68	66-68	68-76	71-79	76-84
Heup	48-51	51-56	58-63	66-71	69-74	71-76	71-78	73-81	76-84	86-99

How to Measure



* A suit or underwear must be worn while measuring your gymnast.



girth

Measure from the top of the shoulder down through the legs and back up to the top of the shoulder where you started.



chest

Measure around the widest part of the chest.



waist

Measure around the narrowest part of the waist.



hips

Measure around the widest part of the hips.



sleeve length

With arms straight at your sides (unlike photo), measure from the top of the shoulder bone down the arm to desired length.

Please Note: If your chest or hip measurements are large, please order one size up or contact us for specific sizing information.

Please find the appropriate sizing chart in one of the following available pages: