

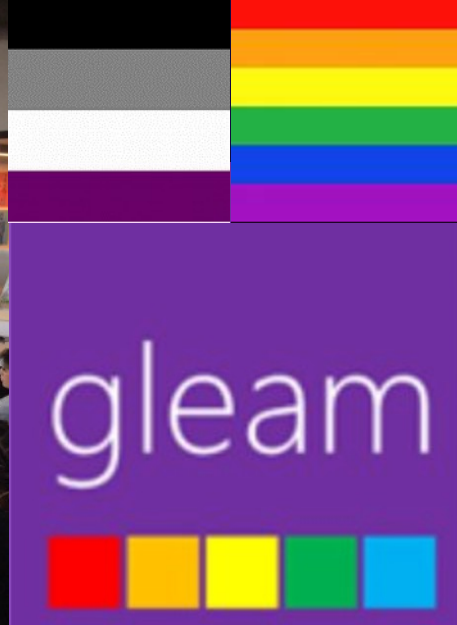


HELP, I HAVE TOO MANY INTERESTS!

Jessica Yang | @krysjez



so...what do you do?



el actor



Jessica Yang

PROGRAM MANAGER 2
R&D

Contact >

Free until 4:30 PM

Jessica.Yang@microsoft.com

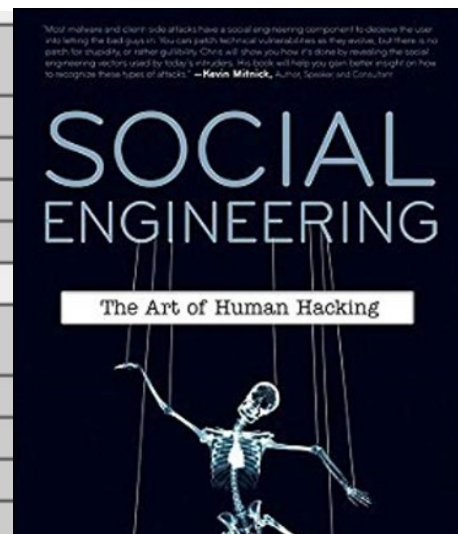
+1 [REDACTED]

CAMBRIDGE



Definite Articles (the)				
Fall Case	Männlich Masculine	Weiblich Feminine	Sächlich Neuter	Mehrzahl Plural
Nom	der	die	das	die
Akk	den	die	das	die
Dat	dem	der	dem	den
Gen	des	der	des	der

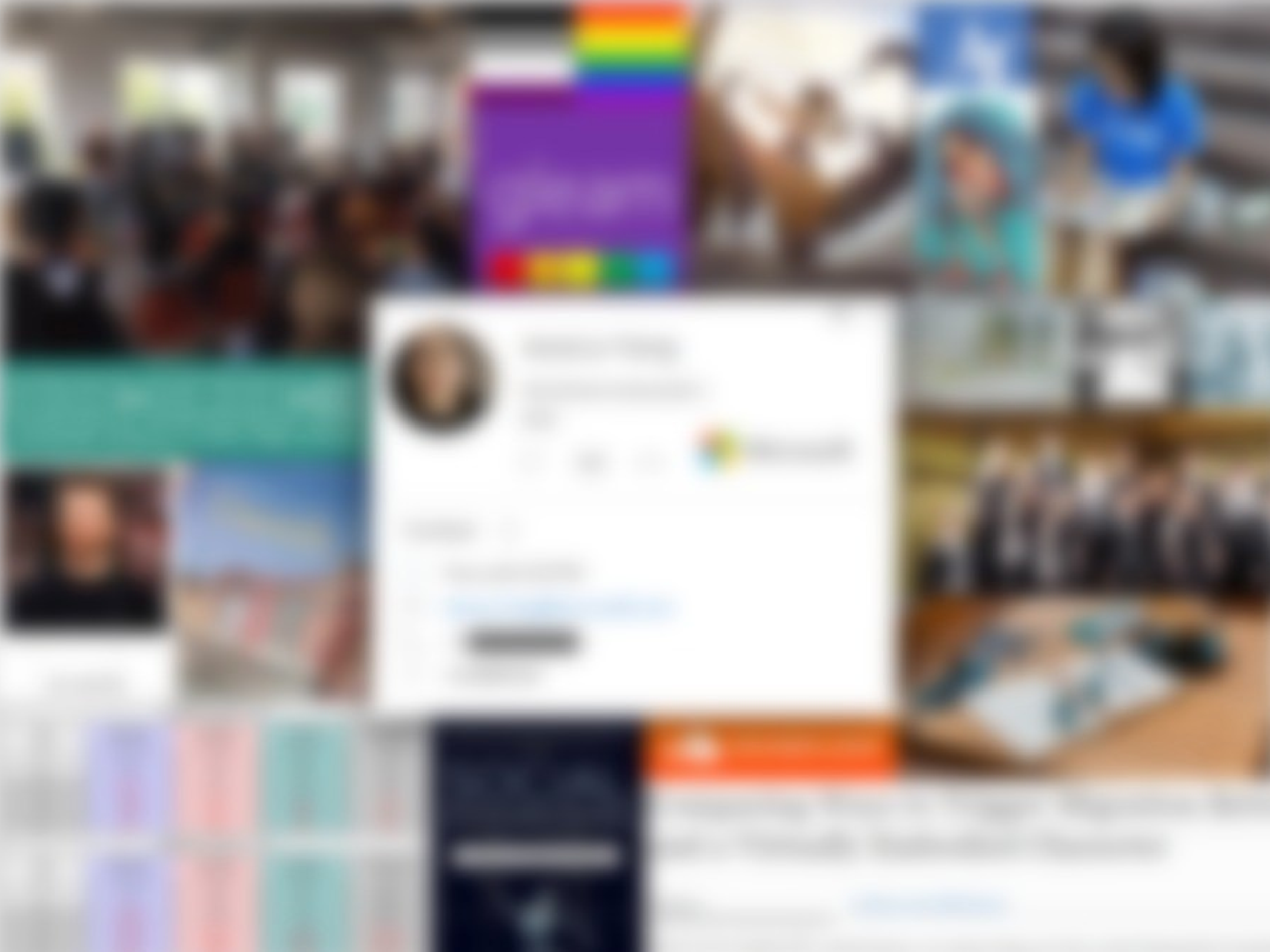
Indefinite Articles (a/an)				
Fall Case	Männlich Masculine	Weiblich Feminine	Sächlich Neuter	Mehrzahl Plural
Nom	ein	eine	ein	keine*
Akk	einen	eine	ein	keine*
Dat	einem	einer	einem	keinen*
Gen	eines	einer	eines	keiner*



Comparing Ways to Trigger Migration Between a Virtually Embodied Character

Authors [Authors and affiliations](#)

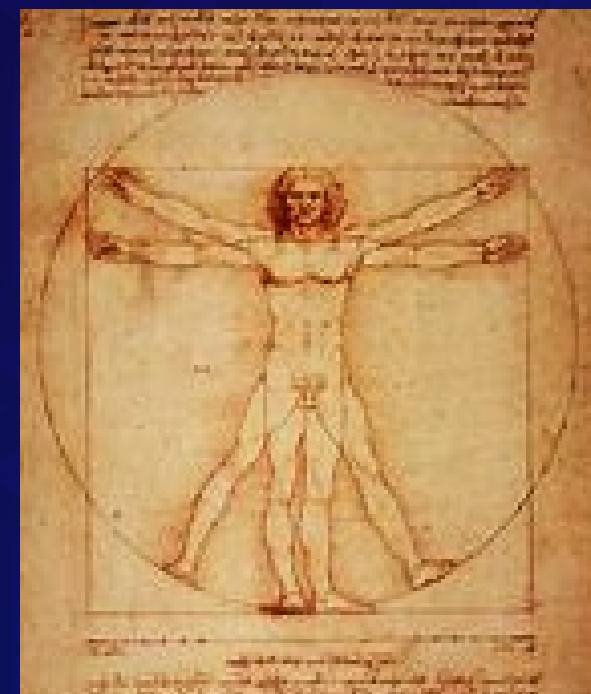
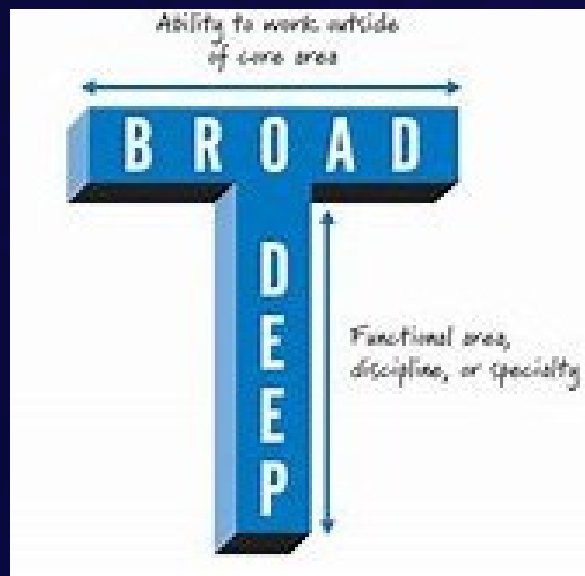
Elena Corina Grigore , Andre Pereira, Jie Jessica Yang, Ian Zhou, David Wang, Brian Scassell







There are words for people like us



multipotentialite

First used by Frederickson & Rothney (1972)
Popularized by Wapnick (c. 2010)

My definition...

someone with many
diverse interests

My definition...

someone with many
diverse interests, significant
skill in several

My definition...

someone with many
diverse interests, significant
skill in several, and a need
for variety in their pursuits



Multipotentialites make very valuable employees



Multipotentialites are more creative



Multipotentialites are more creative



+



=



Creativity comes from a conflict of ideas.

- Donatella Versace

Multipotentialites get more practice with learning how to learn

learning curve

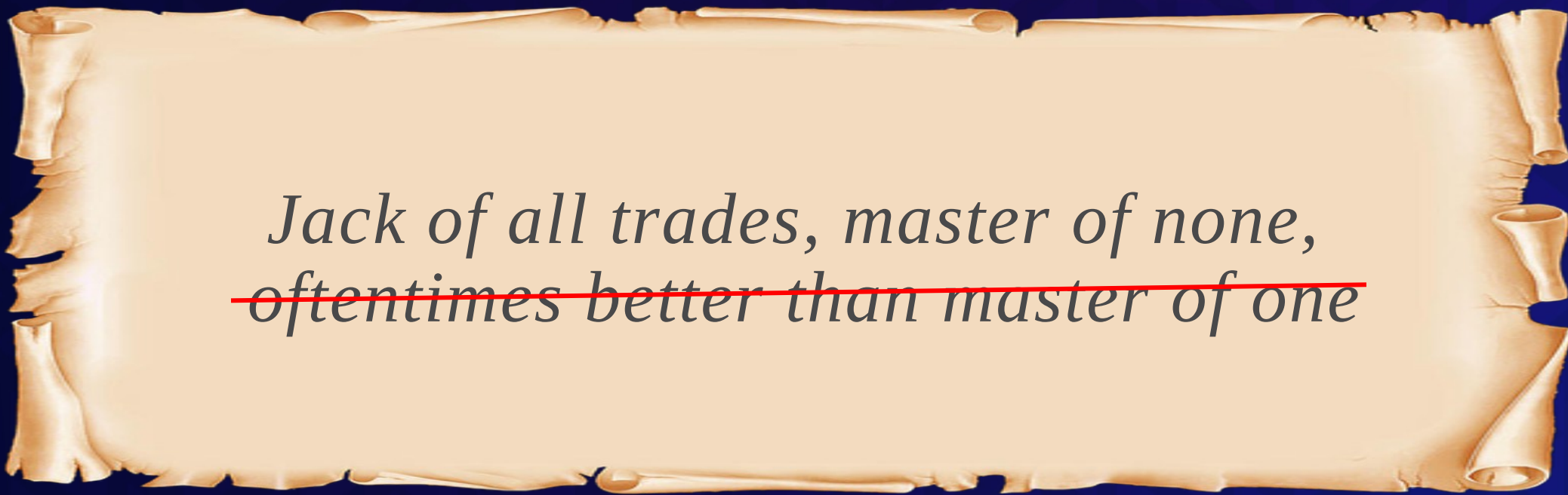


Multipotentialites know about a lot of things, which is generally useful



CR234: Help, I Have Too Many Interests!

Society isn't set up for people who want to do “too” many things



*Jack of all trades, master of none,
~~oftentimes better than master of one~~*

Growing idea that only STEM fields are worth knowing about

Florida's Governor Declares War on Useless Degrees



Jim Newell

10/12/11 11:33AM Filed to: COLLEGE

🔥 32.98K



Non-STEM interests = potential loss of credibility for women/minorities

I code, but I'm very design-oriented

wow he's so well rounded



Non-STEM interests = potential loss of credibility for women/minorities

so...can she actually code?

I code, but I'm very design-oriented

wow he's so well rounded



clueless
college
student



CHECKLIST

- ✓ **One (1) full time corporate job in Big Tech**
- ✓ **First step on permanent “career path”**
- ✓ **Same-ish job description (just bigger) till I die**
- ✓ **Defines my moral worth**
- ✓ **My deepest passion**

and reason for living

Because of these cultural molds,
multipotentialites face...



Burnout

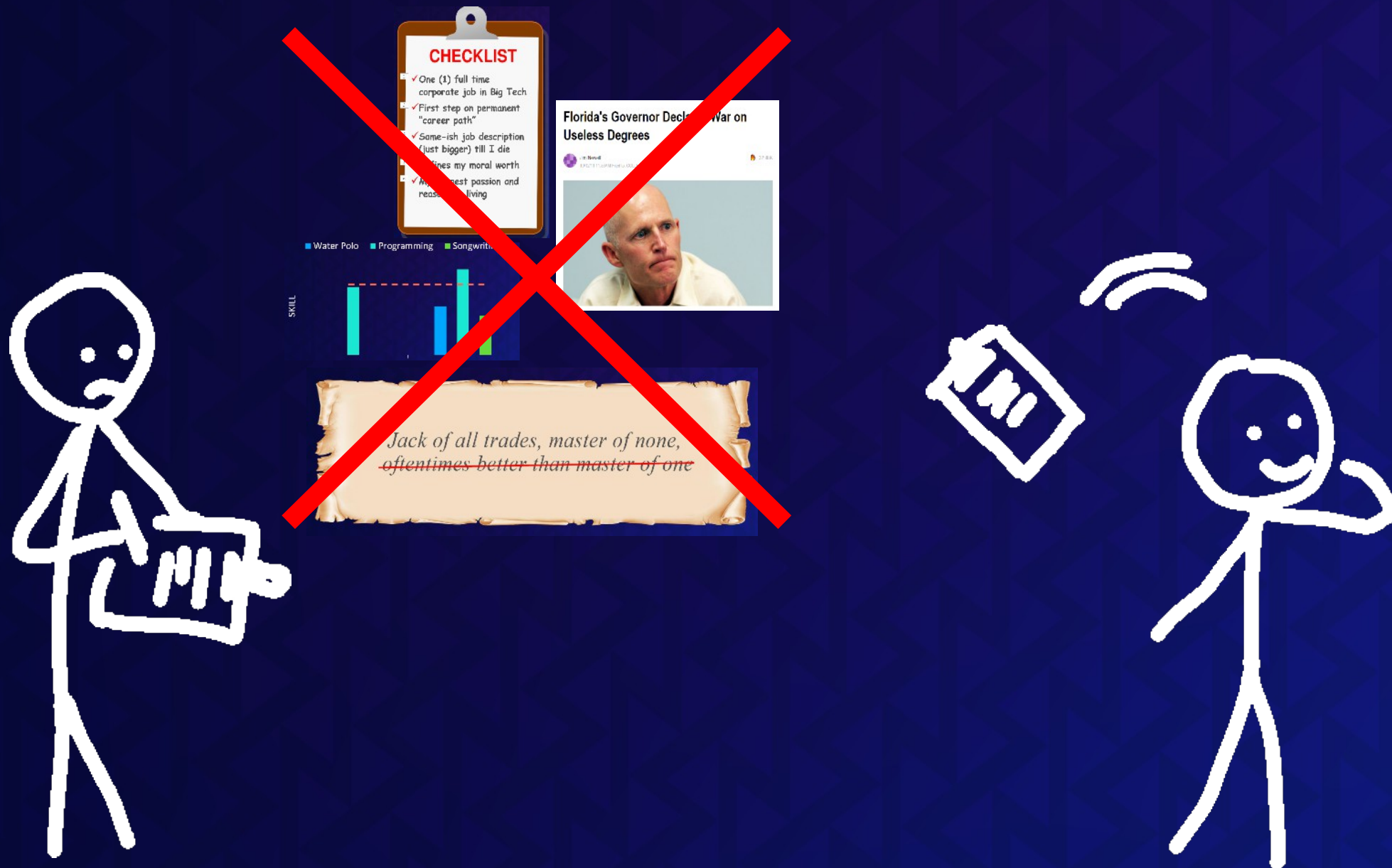


Anxiety

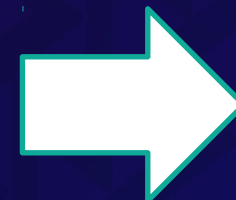


Impostor
Syndrome

None of these things has to be true



Start being more intentional by mapping your interests



Teaching/Mentoring

Art-making

Design/Organizing

Interactive Tech

Perception and Truth

...

You have options



Super variety job



Parallel jobs



Serial jobs



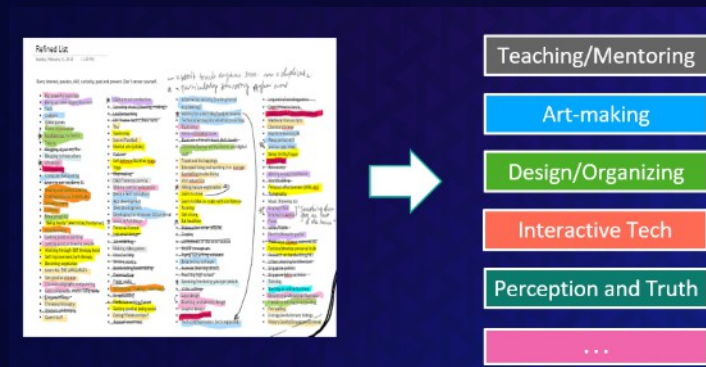
Good Enough job



declining
significance of job

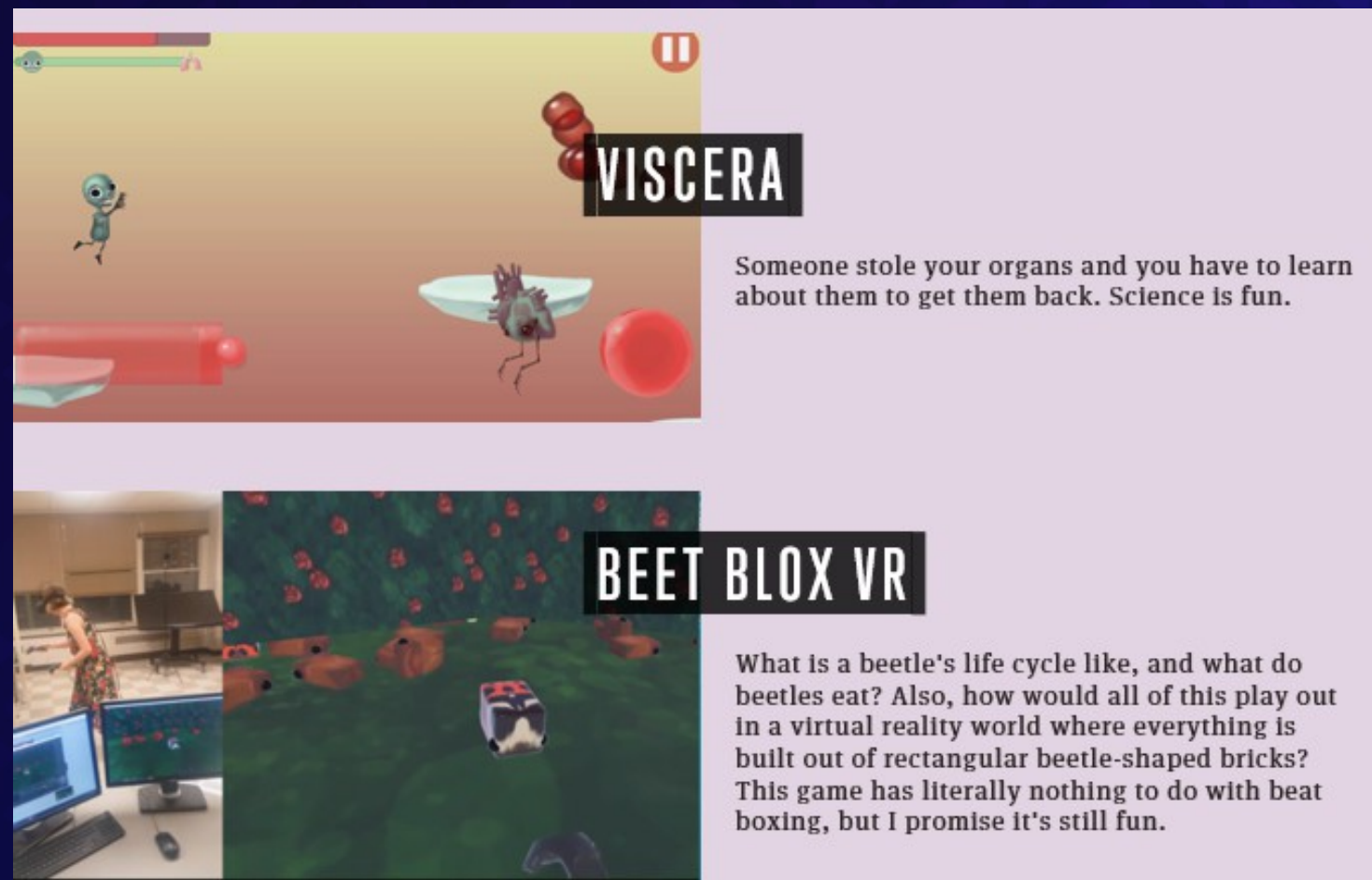
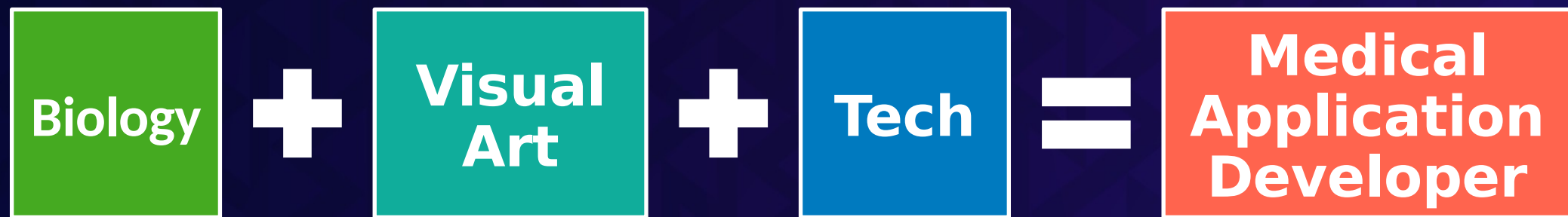
OPTION 1

Find (or create) a job with enough variety built in





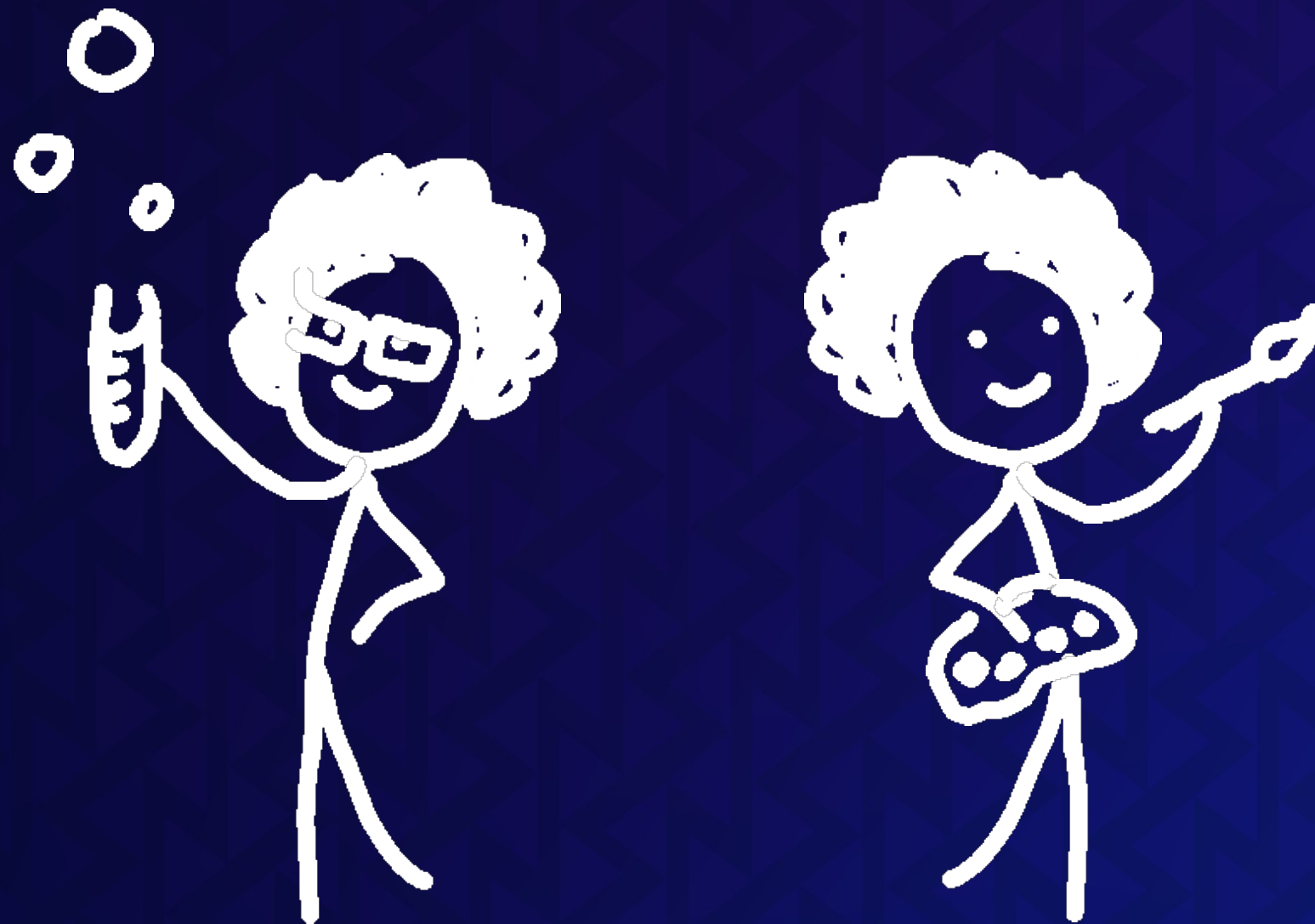
*at Microsoft. On my team. Varies by company.



Liza Knipscher, medical app/game developer at Barrow Neurological Institute

OPTION 2

**Get the variety you need from
multiple formal jobs (in parallel)**





Pinky Weitzman, Chief Digital Officer/rock multi-instrumentalist



27,935 REPUTATION



5



65



110



Lyndsey Scott, iOS developer/model/actor

OPTION 3

Have multiple formal jobs (serial)



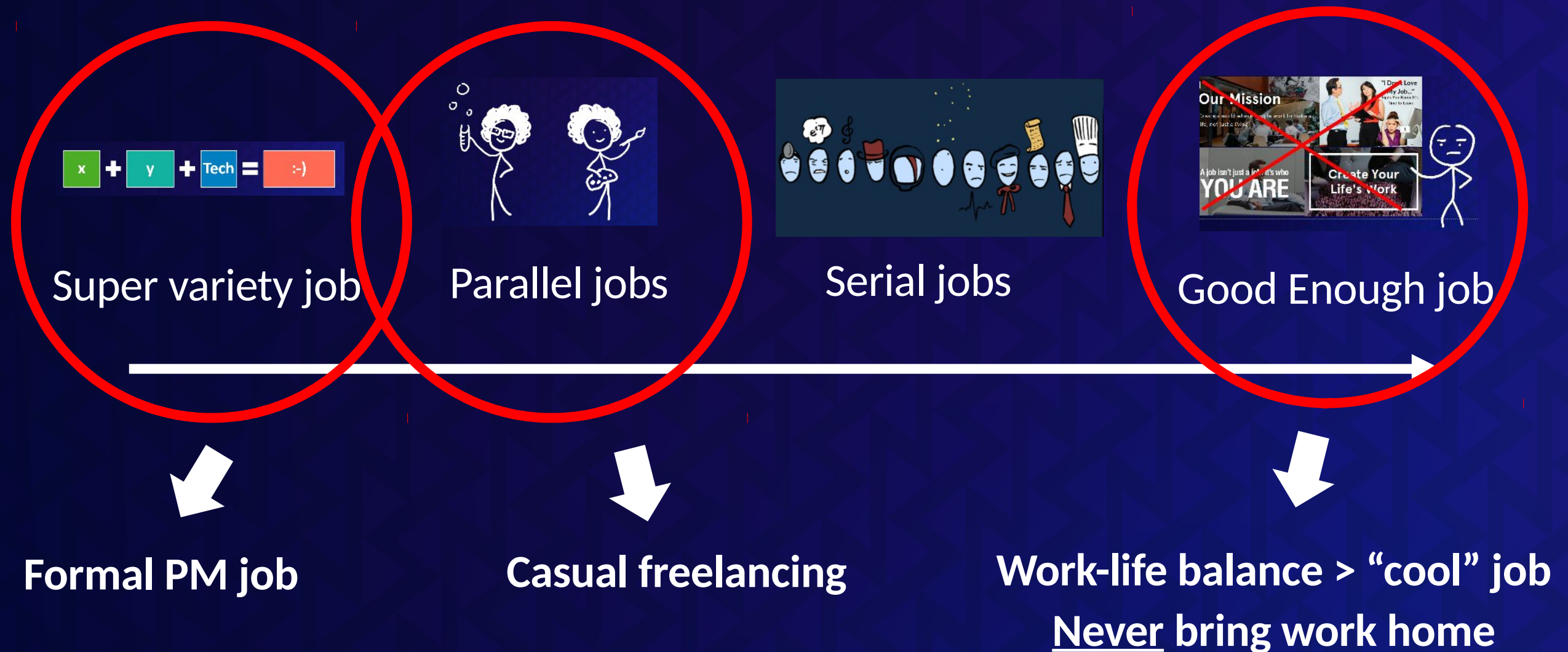
(you don't even need to master each job)

OPTION 4

Reject the myth of “passion” – it’s okay to have a Good Enough Job



No one right way to do this



No matter which path(s) you choose, you're very valuable



Super variety job



Parallel jobs



Serial jobs



Good enough job



Society needs to change too, so get others on board!



Actual Microsoft Office®



**Being a multipotentialite is about
embracing a fluid notion of identity**



In conclusion

1. Multipotentialites are real and valuable
2. Your career doesn't have to fit a mold
 - Consider an “everything” job
 - or multiple jobs (serial/parallel)
 - and no shame in a good enough job
3. Don't let society get you down



  @krysjez

 jessicayang.org/tmi  will post more stuff someday

 #GHC18