6.1.3 Choosing the Optimal Model

Best subset selection, forward selection, and backward selection result in the creation of a set of models, each of which contains a subset of the p predictors. To apply these methods, we need a way to determine which of these models is *best*. As we discussed in Section 6.1.1, the model containing all of the predictors will always have the smallest RSS and the largest R^2, since these quantities are related to the training error. Instead, we wish to choose a model with a low test error. As is evident here, and as we show in Chapter 2, the training error can be a poor estimate of the test error. Therefore, RSS and R^2 are not suitable for selecting the best model among a collection of models with different numbers of predictors.

In order to select the best model with respect to test error, we need to estimate this test error. There are two common approaches:

1. We can indirectly estimate test error by making an *adjustment* to the training error to account for the bias due to overfitting.

2. We can *directly* estimate the test error, using either a validation set approach or a cross-validation approach, as discussed in Chapter 5.

We consider both of these approaches below.

C_p, AIC, BIC, and Adjusted R^2

We show in Chapter 2 that the training set MSE is generally an underestimate of the test MSE. (Recall that MSE = RSS/n.) This is because when we fit a model to the training data using least squares, we specifically estimate the regression coefficients such that the training RSS (but not the test RSS) is as small as possible. In particular, the training error will decrease as more variables are included in the model, but the test error may not. Therefore, training set RSS and training set R^2 cannot be used to select from among a set of models with different numbers of variables.

However, a number of techniques for *adjusting* the training error for the model size are available. These approaches can be used to select among a set

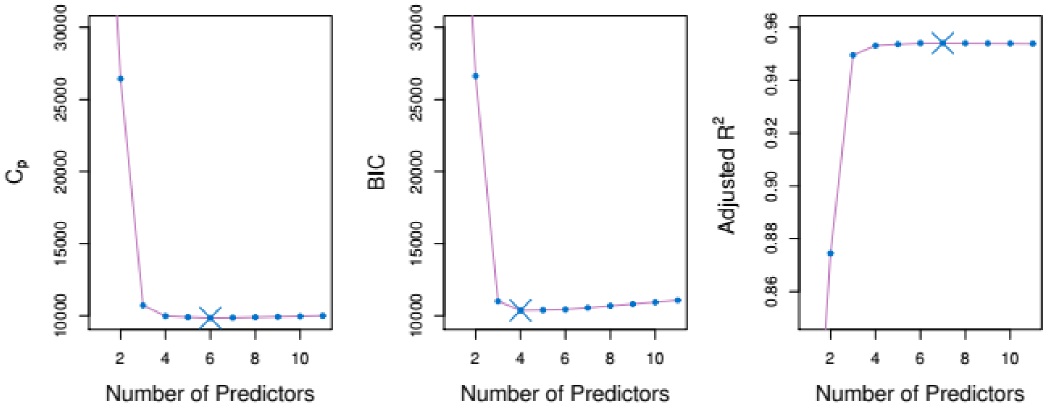

FIGURE 6.2. *C_p, BIC, and adjusted R^2 are shown for the best models of each size for the* Credit *data set (the lower frontier in Figure 6.1). C_p and BIC are estimates of test MSE. In the middle plot we see that the BIC estimate of test error shows an increase after four variables are selected. The other two plots are rather flat after four variables are included.*

of models with different numbers of variables. We now consider four such approaches: C_p, *Akaike information criterion* (AIC), *Bayesian information criterion* (BIC), and *adjusted* R^2. Figure 6.2 displays C_p, BIC, and adjusted R^2 for the best model of each size produced by best subset selection on the Credit data set.

C_p

Akaike information criterion

Bayesian information criterion

adjusted R^2

For a fitted least squares model containing d predictors, the C_p estimate of test MSE is computed using the equation

$$C_p = \frac{1}{n}\left(\text{RSS} + 2d\hat{\sigma}^2\right), \tag{6.2}$$

where $\hat{\sigma}^2$ is an estimate of the variance of the error ϵ associated with each response measurement in (6.1).[3] Typically $\hat{\sigma}^2$ is estimated using the full model containing all predictors. Essentially, the C_p statistic adds a penalty of $2d\hat{\sigma}^2$ to the training RSS in order to adjust for the fact that the training error tends to underestimate the test error. Clearly, the penalty increases as the number of predictors in the model increases; this is intended to adjust for the corresponding decrease in training RSS. Though it is beyond the scope of this book, one can show that if $\hat{\sigma}^2$ is an unbiased estimate of σ^2 in (6.2), then C_p is an unbiased estimate of test MSE. As a consequence, the C_p statistic tends to take on a small value for models with a low test error, so when determining which of a set of models is best, we choose the model with the lowest C_p value. In Figure 6.2, C_p selects the six-variable model containing the predictors `income`, `limit`, `rating`, `cards`, `age` and `student`.

[3] Mallow's C_p is sometimes defined as $C'_p = \text{RSS}/\hat{\sigma}^2 + 2d - n$. This is equivalent to the definition given above in the sense that $C_p = \frac{1}{n}\hat{\sigma}^2(C'_p + n)$, and so the model with smallest C_p also has smallest C'_p.

The AIC criterion is defined for a large class of models fit by maximum likelihood. In the case of the model (6.1) with Gaussian errors, maximum likelihood and least squares are the same thing. In this case AIC is given by

$$\mathrm{AIC} = \frac{1}{n}\left(\mathrm{RSS} + 2d\hat{\sigma}^2\right),$$

where, for simplicity, we have omitted irrelevant constants.[4] Hence for least squares models, C_p and AIC are proportional to each other, and so only C_p is displayed in Figure 6.2.

BIC is derived from a Bayesian point of view, but ends up looking similar to C_p (and AIC) as well. For the least squares model with d predictors, the BIC is, up to irrelevant constants, given by

$$\mathrm{BIC} = \frac{1}{n}\left(\mathrm{RSS} + \log(n)d\hat{\sigma}^2\right). \tag{6.3}$$

Like C_p, the BIC will tend to take on a small value for a model with a low test error, and so generally we select the model that has the lowest BIC value. Notice that BIC replaces the $2d\hat{\sigma}^2$ used by C_p with a $\log(n)d\hat{\sigma}^2$ term, where n is the number of observations. Since $\log n > 2$ for any $n > 7$, the BIC statistic generally places a heavier penalty on models with many variables, and hence results in the selection of smaller models than C_p. In Figure 6.2, we see that this is indeed the case for the `Credit` data set; BIC chooses a model that contains only the four predictors `income`, `limit`, `cards`, and `student`. In this case the curves are very flat and so there does not appear to be much difference in accuracy between the four-variable and six-variable models.

The adjusted R^2 statistic is another popular approach for selecting among a set of models that contain different numbers of variables. Recall from Chapter 3 that the usual R^2 is defined as $1 - \mathrm{RSS}/\mathrm{TSS}$, where $\mathrm{TSS} = \sum(y_i - \overline{y})^2$ is the *total sum of squares* for the response. Since RSS always decreases as more variables are added to the model, the R^2 always increases as more variables are added. For a least squares model with d variables, the adjusted R^2 statistic is calculated as

$$\text{Adjusted } R^2 = 1 - \frac{\text{RSS}/(n-d-1)}{\text{TSS}/(n-1)}. \tag{6.4}$$

Unlike C_p, AIC, and BIC, for which a *small* value indicates a model with a low test error, a *large* value of adjusted R^2 indicates a model with a small test error. Maximizing the adjusted R^2 is equivalent to minimizing $\frac{\text{RSS}}{n-d-1}$. While RSS always decreases as the number of variables in the model increases, $\frac{\text{RSS}}{n-d-1}$ may increase or decrease, due to the presence of d in the denominator.

The intuition behind the adjusted R^2 is that once all of the correct variables have been included in the model, adding additional *noise* variables will lead to only a very small decrease in RSS. Since adding noise variables leads to an increase in d, such variables will lead to an increase in $\frac{\text{RSS}}{n-d-1}$, and consequently a decrease in the adjusted R^2. Therefore, in theory, the model with the largest adjusted R^2 will have only correct variables and no noise variables. Unlike the R^2 statistic, the adjusted R^2 statistic *pays a price* for the inclusion of unnecessary variables in the model. Figure 6.2 displays the adjusted R^2 for the Credit data set. Using this statistic results in the selection of a model that contains seven variables, adding own to the model selected by C_p and AIC.

C_p, AIC, and BIC all have rigorous theoretical justifications that are beyond the scope of this book. These justifications rely on asymptotic arguments (scenarios where the sample size n is very large). Despite its popularity, and even though it is quite intuitive, the adjusted R^2 is not as well motivated in statistical theory as AIC, BIC, and C_p. All of these measures are simple to use and compute. Here we have presented their formulas in the case of a linear model fit using least squares; however, AIC and BIC can also be defined for more general types of models.

[4] There are two formulas for AIC for least squares regression. The formula that we provide here requires an expression for σ^2, which we obtain using the full model containing all predictors. The second formula is appropriate when σ^2 is unknown and we do not want to explicitly estimate it; that formula has a log(RSS) term instead of an RSS term. Detailed derivations of these two formulas are outside of the scope of this book.