

# Team Pitstops

Individual self-reflection narratives after the in-class Team Pitstop activity

## About Team Pitstops

Rover Wheels, the engineering design team we are a part of, consists of members Luke Van Leeuwen, Connor Gumbs, Hongyu Guo, and Antony Saleh, majoring in Mechanical Engineering, Operations Research, Mechanical Engineering with Engineering Design Minor, and Electrical and Computer Engineering with Engineering Design Minor, respectively. We come from a multitude of colleges, including Duncan, Jones, Sid Richardson, and McMurtry. Our team has a very robust working structure, where we have a highly monochronic workflow that focuses on high individualism. We have always agreed that high directness in constructive criticism is something we all value, and thus, our pitstop was fully direct in communications.

Though the idea of a team pitstop can seem frightening at first, it is crucial to the development and flow of a team. Thus, our team made sure to approach the pitstop with an open-minded yet direct approach. The climate was very light, with everybody being open to constructive criticism; some team members even admitted their own faults without being prompted about them and accepted further feedback. During the pitstop, we started by giving some kudos to our effort and consistent attempts at improvement. We then discussed how we felt about our progress. What hindered it? What has been helping it? How can we further expedite it? We also discussed our team's aspirations and how we would like to continue with this project. Additionally, we commented on our strengths and weaknesses as a team.

## Individual Team Member Pitstops

Click on each team member's name to view their individual pitstop reflection, SMART goals, and action plans.

### Antony Saleh

Electrical and Computer Engineering | McMurtry College

[View Pitstop](#)

Self-reflection on communication, stress management, and individual contributions to Team Wheelders.

### Luke Van Leeuwen

Mechanical Engineering | Duncan College

[View Pitstop](#)

Self-reflection on team dynamics, personal growth, and contributions to the rover wheel project.

### Connor Gumbs

Operations Research | Jones College

[View Pitstop](#)

Self-reflection on analytical contributions, team collaboration, and personal development goals.

### Hongyu Guo

Mechanical Engineering, Engineering Design Minor | Sid Richardson College

[View Pitstop](#)

Self-reflection on design process, teamwork, and individual contributions to project success.