# Introduction to Force.com

**Exercise Guide** 

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### Exercise 0-1: Sign Up for a Training Org

#### Goal:

Sign up for an org for classroom activities.

#### Scenario:

Universal Containers wants you to do development tasks for them based on exercises. You need to set up a Salesforce organization to begin your work.

**Note:** The exercises in the exercise guide should be completed using the training org that accompanies this course. To get the most out of the course, it is important that you complete all the exercises in the order that they appear. This ensures that you have done the necessary configuration needed in later exercises and that all exercises work as intended.

**Important:** You only need to sign up for *one* training org, which you will use throughout the course.

#### Task:

Sign up for a training org.

#### Time:

5 minutes

#### **Instructions:**

- 1. Sign up for a training org.
  - A. Visit: <a href="https://www.salesforce.com/form/signup/freetrial\_training.jsp">https://www.salesforce.com/form/signup/freetrial\_training.jsp</a>
  - B. Complete the sign up, paying close attention to the following:
    - i. In the **Training course** field, select the appropriate course name to receive the correct training org.
  - C. Check your inbox and open the salesforce.com login confirmation email you received.
  - D. Click the link to log into your new training org. You'll be asked to set a password and security question—don't forget them!

## **Exercise 0-2: Prepare Your Training Org**

#### Goal:

Prepare your org for classroom activities and access after class.

#### Scenario:

You want to make sure that all system messages from the org you provisioned come to you.

#### Tasks:

- 1. Update the email address on your user record.
- 2. Optional: Install the Salesforce1 mobile application.

#### Time:

10 minutes

#### **Instructions:**

- 1. Update the email address on your user record.
  - A. In a browser, go to <a href="http://login.salesforce.com">http://login.salesforce.com</a>.
  - B. Enter your login credentials.
  - C. Click Your Name | My Settings | Personal | Advanced User Details | Edit.
    - i. **Email:** Enter an email you can access from the classroom
    - ii. First Name: Enter your first name
    - iii. Last Name: Enter your last name
  - D. Click Save.
- 2. Optional: Install the Salesforce1 mobile application.
  - A. Navigate to the app store on your device.
  - B. Search for Salesforce1.
  - C. Install the app on your device.