

DEPARTMENT OF MEDICAL GASTROENTEROLOGY

Dr. ABHIJITH B R

Dr. AJAY B R

Associate Consultant

Discharge Summary

| | | | |
|---------------------|---------------------------------------------------------------|------------------|----------------------|
| Patient Name | : Mr. Anurag Das | UHID | : 900094536 |
| Age/Gender | : 33 Yrs/Male | Mobile No | : 9739251212 |
| Doctor Name | : Dr. TEAM MEDICAL GASTROENTEROLOGY | IP No. | : 24/7755 |
| Payor | : MEDI ASSIST HEALTHCARE SERVICES LIMITED | DOA | : 15/06/2024 |
| Referred By | : Self | DOD | : 18/06/2024 10:00AM |
| Address | : SKYLARK RASTA HOODI MAIN ROAD , Bangalore, Karnataka, India | | |

Discharge Type: Planned Discharge

Final Diagnosis:

Acute Viral Hepatitis- Hepatitis A
Recent dengue Fever- Recovered

Reason for Admission:

PRESENTED WITH COMPLAINTS OF FEVER SINCE 1 WEEK
C/O- COUGH SINCE 4-5 DAYS

Allergies:

No Known Allergies

History:

The patient aged 33 years with H/O travel 20 days ago had a fever 2 weeks ago and on evaluation tested positive for Dengue. Was managed on OPD basis with regular monitoring of LFT. The patient improved but had another episode of fever a few days back. Lab evaluation showed altered LFT with acute elevation of liver enzymes. Admitted for evaluation and management.

Examination:

Pulse Rate- 82/min
BP - 120/80 mm hg.
SpO2 - 98% at room air.
Respiratory Rate - 20/min

RS - B/L NVBS Heard.

CVS - S1, S2 Heard, No Murmurs.

Per Abdomen - Soft, Non tender.

CNS - Conscious, Oriented, No focal deficits

Course in the Hospital:

The patient aged 33 years with H/O travel 20 days ago had a fever 2 weeks ago and on evaluation tested positive for Dengue. Was managed on OPD basis with regular monitoring of LFT. The patient improved but had another episode of fever a few days back. Lab evaluation showed altered LFT with acute elevation of liver enzymes. Admitted for evaluation and management. In view of coagulopathy, the patient was initially managed in ICU N- Acetylcysteine infusion and hepatoprotective measures were started. Biological evaluation including viral markers and autoimmune hepatitis profile was sent. Serial LFT and INR showed improvements and the patient was shifted to the ward. The patient remained asymptomatic and his reports were positive for Hepatitis A. Serial LFT showed improvement and the patient is being discharged.

Relevant Investigation Findings:

ENCLOSED

We'll Treat You Well

Patient Name: Mr. Anurag Das

UHID: 900094536

IP No.: 24/7755

Condition at Discharge:
STABLE

Medications advised at Discharge:

1. Tab Nexpro RD 1-0-0 20 minutes before breakfast X 30 days
2. Tab Dolo 650 mg 1 SOS if fever
3. Tab Ursocol 450 mg 1-0-1 X 15 days

Medications Administered: INJ PANTOP 40MG IV OD X 4 DAYS
INJ VIT K 10MG IV X 2 DAYS
IV N- Acetyl cysteine infusion

Specific Dietary Advice:
NORMAL DIET

Review Date /Time:
21/06/2024 11:00AM

Review Doctors / Departments:
REVIEW IN MEDICAL GASTRO WITH PRIOR APPOINTMENT with CBC, LFT and PT/INR reports

When to Obtain Urgent Care:
PAIN/VOMITING /ANY EMERGENCY



Dr. AJAY B R
KMC NO : 97327

Associate Consultant

Prepared By Dr. ABHIJITH B R

In case of need, contact : | Email :

For Ambulance or Emergency Admission, contact :

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