

GOVT. MEDICAL COLLEGE, ERNAKULAM

Kalamassery, Kochi-683 503, Phone : 0484 2754000 to 63 Fax : 0484 2754468

DISCHARGE/REFERENCE CARD

08874

ഡിസ്മിസ് ചെയ്ത ഡോക്ടർ: Dr. NISHA

വിഭാഗം/ഡിസ്മിസ് ചെയ്ത ഡോക്ടർ: 01

ഒ.പി. ദിവസം:

Name: Reshma Shijo

Age: 31 Sex: ☒ M ☐ F

IP No.: 12611

Date of Admission 13/10/21

Date of Operation: 14/10/21 Date of Discharge: 20/10/21

Delivery

Diagnosis G3 P24 IUD, Previous 2 preterm LSCs 31 w + 3 d
→ P32 IUD, Emergency C-section + sterilization on 14/10/2021Admitted for Referred case from Rajagiri hospital as clo severe early
FHR and absent end diastolic flow.

Physical findings O/E Abcible, no pallor

PR - 68/min

BP - 130/90 mmHg

P/A - uterus corresponding to 24-26 weeks.

FM ⊕, FHS ⊕

Indication

IACR Absent
end diastolic
flow

Investigations

13/10/21

PT/INR - 15.3/1.07

APTT - 28.2 sec

RBS - 183

Uric acid - 2.7/0.7

Nat/K⁺ - 135/4.7

S.LDH - 247

HbA1c - 5.36

TSH - 0.923

T-Bil/D-Bil - 0.2/0.0

Snot/PT - 32/18

ALP - 109

T-Protein - 6.7

Albumin/b - 1.2:1

Serology

HbsAg

HCV

HIV

RPR - Non reactive

Urine P/c ratio = 3.6:1

(10) Inj. Avi

Treated with

(1) Inj. Betnesol 12mg

(2) T. Labetalol 100mg

(3) T. Nicardipine 10mg

(4) T. Phexin 500mg

(5) T. Thyronorm 100ug OD

(6) Inj. Taxim 1g IV

(7) Inj. LMWH 0.4pm L SL

(8) Inj. Pantop

(9) T. Dulcolax

Cross-consultation details

Neonatology Consultation - Risk of preterm explained to patient.

- Risk of preeclampsia on fetus explained to patient.

Advice on discharge

(1) T. PCM 500 mg sos

(2) T. Thyronorm 100 ug OD X 6wks

(3) T. Nicardipine 20 mg 1-2-1 x 2 weeks

(4) BP monitoring at local hospital once in 3 days & adjust dose of antihypertensive accordingly

(5) T. Perinorm 10 mg 4-0-4 x 1wk

Review on / മെഡിക്കൽ ഓഫീസർ/ ദിവസം

(6) T. Tylenol 200 1-0-0 6wks

(7) T. Calum 500 0-2-0

(8) K/A 6wks in 0.10 OD

Medical Officer

Reshma