

ST. MARY'S REGIONAL HOSPITAL
ADMISSION RECORD

Patient Name: Sarah Johnson
Date of Birth: March 22, 1985
Medical Record Number: MRN-2024-15678
Admission Date: January 11, 2024
Admission Time: 3:20 AM

ADMISSION INFORMATION

Admitting Diagnosis: Acute Appendicitis
Admitting Physician: Dr. Patricia Rodriguez, MD, FACS
Attending Physician: Dr. Michael Chen, MD (Emergency Medicine)
Service: General Surgery

ADMISSION SOURCE

Emergency Department - St. Mary's Regional Hospital
Arrived via: Private vehicle
Admission Type: Emergency

CHIEF COMPLAINT

Severe right lower quadrant abdominal pain with nausea and vomiting

HISTORY OF PRESENT ILLNESS

This is a 38-year-old female who presented to the Emergency Department at 11:45 PM on January 10, 2024, with complaints of severe abdominal pain. Pain began approximately 10:30 PM as generalized abdominal discomfort and progressively localized to the right lower quadrant. Patient reports associated nausea, vomiting (2 episodes), and fever of 101.5°F at home.

PHYSICAL EXAMINATION ON ADMISSION

Vital Signs:

- Temperature: 101.8°F (38.8°C)
- Heart Rate: 98 bpm
- Blood Pressure: 128/82 mmHg
- Respiratory Rate: 18 breaths/min
- Oxygen Saturation: 97% on room air

General: Alert and oriented, in moderate distress due to pain

Abdomen: Tender to palpation in right lower quadrant, positive McBurney's point tenderness, positive Rovsing's sign, voluntary guarding present, no rebound tenderness

DIAGNOSTIC STUDIES PERFORMED IN ED

1. Complete Blood Count: WBC 15,200 (elevated, indicating infection)
2. Urinalysis: Negative for UTI
3. CT Scan of Abdomen/Pelvis with IV contrast:
 - Findings: Distended appendix measuring 12mm diameter
 - Surrounding fat stranding and free fluid
 - Consistent with acute appendicitis

EMERGENCY DEPARTMENT TREATMENT

- IV access established (18-gauge left antecubital)
- Normal saline IV fluids at 125 mL/hour
- Zofran 4mg IV for nausea

- Morphine 4mg IV for pain control
- NPO (nothing by mouth) status ordered

SURGICAL CONSULTATION

Dr. Patricia Rodriguez consulted at 2:45 AM. Reviewed imaging and examination findings. Recommended urgent appendectomy. Risks, benefits, and alternatives discussed with patient. Patient consented to surgery.

ADMISSION ORDERS

1. Admit to General Surgery service
2. NPO
3. IV Normal Saline at 125 mL/hr
4. Pain management: Morphine 2-4mg IV q4h PRN
5. Anti-emetic: Zofran 4mg IV q6h PRN
6. Prophylactic antibiotics: Ceftriaxone 1g IV
7. Pre-operative labs: CBC, CMP, PT/INR
8. Surgical consent obtained
9. Schedule for OR - urgent case

ALLERGIES

No Known Drug Allergies (NKDA)

CURRENT MEDICATIONS

- Oral contraceptives (held on admission)
- Multivitamin (held on admission)

SOCIAL HISTORY

Non-smoker, occasional alcohol use, married, works as accountant

SURGICAL PLAN

Emergency laparoscopic appendectomy scheduled for 6:00 AM, January 11, 2024

CONDITION ON ADMISSION

Stable but requiring urgent surgical intervention

Admitting Physician Signature: _____

Dr. Patricia Rodriguez, MD, FACS

Date/Time: January 11, 2024, 3:20 AM

ST. MARY'S REGIONAL HOSPITAL

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