

ST. MARY'S REGIONAL HOSPITAL DISCHARGE SUMMARY

Patient Name: Sarah Johnson

Date of Birth: March 22, 1985

Medical Record Number: MRN-2024-15678

Admission Date: January 11, 2024, 3:20 AM

Discharge Date: January 13, 2024, 2:00 PM

Length of Stay: 2 days, 10 hours, 40 minutes

ADMITTING DIAGNOSIS

Acute Appendicitis

DISCHARGE DIAGNOSIS

1. Acute Appendicitis with Perforation
2. Periappendiceal Abscess (small)
3. Post-operative Status - Laparoscopic Appendectomy

ATTENDING SURGEON

Dr. Patricia Rodriguez, MD, FACS

General Surgery

PROCEDURES PERFORMED

1. Laparoscopic Appendectomy

Date: January 11, 2024, 6:00 AM - 7:15 AM

Surgeon: Dr. Patricia Rodriguez, MD

Assistant: Dr. James Martinez, MD

Anesthesiologist: Dr. Kevin Wong, MD

HOSPITAL COURSE

The patient was admitted through the Emergency Department with acute appendicitis confirmed by CT imaging showing an inflamed appendix (12mm) with surrounding inflammation. She underwent successful laparoscopic appendectomy on the morning of admission.

Surgical Findings:

- Perforated appendix with small periappendiceal abscess (approximately 20mL purulent fluid)
- Inflamed and edematous appendix
- No other intra-abdominal pathology identified
- Abscess evacuated and peritoneal lavage performed

Post-Operative Course:

Day 1 (January 11):

- Recovered in PACU for 2 hours
- Transferred to surgical floor in stable condition
- Pain controlled with IV Dilaudid PCA pump
- Advanced to clear liquids by evening, tolerated well
- Ambulated with assistance
- Antibiotics continued (Ceftriaxone + Metronidazole)

Day 2 (January 12):

- Advanced to regular diet, good appetite
- Pain controlled with oral medications (Norco)
- Ambulating independently

- Afebrile, vital signs stable
- Bowel sounds present, passing gas
- Incision sites clean, dry, intact
- IV discontinued, switched to oral antibiotics
- Laboratory values improving (WBC down to 9,800)

Day 3 (January 13):

- Patient feeling much improved
- Pain well controlled with oral medications
- Tolerating regular diet
- No fever, vital signs normal
- Incisions healing well
- Patient ambulating without difficulty
- Ready for discharge

DISCHARGE MEDICATIONS

1. Augmentin 875mg/125mg - Take one tablet by mouth twice daily for 7 days (complete course)
2. Norco 5/325mg - Take 1-2 tablets by mouth every 4-6 hours as needed for pain (14-day supply)
3. Colace 100mg - Take one capsule twice daily as needed for constipation
4. Resume regular home medications (oral contraceptives, multivitamin)

DISCHARGE INSTRUCTIONS

Activity:

- No heavy lifting (>10 lbs) for 2 weeks
- No strenuous exercise for 2 weeks
- May shower after 24 hours, pat incisions dry
- No swimming or bathing (tub) for 1 week
- May return to light desk work in 5-7 days
- Avoid driving while taking narcotic pain medication

Wound Care:

- Keep incision sites clean and dry
- Small bandages may be removed after 48 hours
- Steri-strips will fall off on their own (do not remove)
- Watch for signs of infection: increased redness, warmth, drainage, fever >101°F

Diet:

- Regular diet as tolerated
- Increase fiber and fluids to prevent constipation

Warning Signs - Call Doctor or Return to ER if:

- Fever >101°F
- Severe abdominal pain not relieved by medication
- Vomiting or inability to keep down fluids
- Redness, swelling, or drainage from incision sites
- Chest pain or difficulty breathing
- Inability to urinate or have bowel movement

FOLLOW-UP APPOINTMENTS

1. Post-operative visit with Dr. Rodriguez: January 25, 2024, 2:00 PM
Surgery Clinic: (555) 789-0100
2. Primary Care Physician follow-up in 1 week

WORK/SCHOOL NOTE

Patient may return to work on January 18, 2024 (light duty)
Full duty release expected after post-op visit on January 25, 2024

DISCHARGE CONDITION

Stable, improved, cleared for discharge

DISCHARGE DISPOSITION

Home with family support

PATHOLOGY REPORT PENDING

Appendix specimen sent to pathology - final report expected in 5-7 days
Preliminary findings: Acute suppurative appendicitis with perforation

PROGNOSIS

Excellent. Patient expected to make full recovery.

Dictated by: Dr. Patricia Rodriguez, MD, FACS

Date: January 13, 2024, 2:15 PM

Transcribed: January 13, 2024, 3:00 PM

Electronic Signature: Dr. Patricia Rodriguez, MD, FACS

Date/Time: January 13, 2024, 3:30 PM

ST. MARY'S REGIONAL HOSPITAL

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