

ST. MARY'S REGIONAL HOSPITAL  
ADMISSION RECORD

Patient Name: Sarah Johnson  
Date of Birth: March 22, 1985  
Medical Record Number: MRN-2024-15678  
Admission Date: January 11, 2024  
Admission Time: 3:20 AM

ADMISSION INFORMATION

Admitting Diagnosis: Acute Appendicitis  
Admitting Physician: Dr. Patricia Rodriguez, MD, FACS  
Attending Physician: Dr. Michael Chen, MD (Emergency Medicine)  
Service: General Surgery

ADMISSION SOURCE

Emergency Department - St. Mary's Regional Hospital  
Arrived via: Private vehicle  
Admission Type: Emergency

CHIEF COMPLAINT

Severe right lower quadrant abdominal pain with nausea and vomiting

HISTORY OF PRESENT ILLNESS

This is a 38-year-old female who presented to the Emergency Department at 11:45 PM on January 10, 2024, with complaints of severe abdominal pain. Pain began approximately 10:30 PM as generalized abdominal discomfort and progressively localized to the right lower quadrant. Patient reports associated nausea, vomiting (2 episodes), and fever of 101.5°F at home.

PHYSICAL EXAMINATION ON ADMISSION

Vital Signs:

- Temperature: 101.8°F (38.8°C)
- Heart Rate: 98 bpm
- Blood Pressure: 128/82 mmHg
- Respiratory Rate: 18 breaths/min
- Oxygen Saturation: 97% on room air

General: Alert and oriented, in moderate distress due to pain

Abdomen: Tender to palpation in right lower quadrant, positive McBurney's point tenderness, positive Rovsing's sign, voluntary guarding present, no rebound tenderness

DIAGNOSTIC STUDIES PERFORMED IN ED

1. Complete Blood Count: WBC 15,200 (elevated, indicating infection)
2. Urinalysis: Negative for UTI
3. CT Scan of Abdomen/Pelvis with IV contrast:
  - Findings: Distended appendix measuring 12mm diameter
  - Surrounding fat stranding and free fluid
  - Consistent with acute appendicitis

EMERGENCY DEPARTMENT TREATMENT

- IV access established (18-gauge left antecubital)
- Normal saline IV fluids at 125 mL/hour
- Zofran 4mg IV for nausea

- Morphine 4mg IV for pain control
- NPO (nothing by mouth) status ordered

#### SURGICAL CONSULTATION

Dr. Patricia Rodriguez consulted at 2:45 AM. Reviewed imaging and examination findings. Recommended urgent appendectomy. Risks, benefits, and alternatives discussed with patient. Patient consented to surgery.

#### ADMISSION ORDERS

1. Admit to General Surgery service
2. NPO
3. IV Normal Saline at 125 mL/hr
4. Pain management: Morphine 2-4mg IV q4h PRN
5. Anti-emetic: Zofran 4mg IV q6h PRN
6. Prophylactic antibiotics: Ceftriaxone 1g IV
7. Pre-operative labs: CBC, CMP, PT/INR
8. Surgical consent obtained
9. Schedule for OR - urgent case

#### ALLERGIES

No Known Drug Allergies (NKDA)

#### CURRENT MEDICATIONS

- Oral contraceptives (held on admission)
- Multivitamin (held on admission)

#### SOCIAL HISTORY

Non-smoker, occasional alcohol use, married, works as accountant

#### SURGICAL PLAN

Emergency laparoscopic appendectomy scheduled for 6:00 AM, January 11, 2024

#### CONDITION ON ADMISSION

Stable but requiring urgent surgical intervention

Admitting Physician Signature: \_\_\_\_\_  
Dr. Patricia Rodriguez, MD, FACS  
Date/Time: January 11, 2024, 3:20 AM

---

ST. MARY'S REGIONAL HOSPITAL  
1500 Medical Center Drive  
Healthcare City, HC 12345  
Phone: (555) 789-0000