



Peping Health

Dietitian Ranjani Raman, M.Sc.(DFSM),CED,PGCPDN,PGDFSQM Member of Indian Dietetic Association

Client Name	Age	Weight	Height
Distinctio Officiis	42	53KG	72CM

Nutrition plan (Mar 1, 2023 – Mar 19, 2023)

12:00 Breakfast	test
12:00	test 2

Guidelines

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