



## Peping Health

Dietitian Ranjani Raman, M.Sc.(DFSM),CED,PGCPDN,PGDFSQM Member of Indian Dietetic Association

|                                                |                  |                      |                       |
|------------------------------------------------|------------------|----------------------|-----------------------|
| Client Name<br><b>Expedita<br/>voluptate v</b> | Age<br><b>26</b> | Weight<br><b>1KG</b> | Height<br><b>65CM</b> |
|------------------------------------------------|------------------|----------------------|-----------------------|

### Nutrition plan ( Mar 1, 2023 – Mar 10, 2023 )

|                    |              |
|--------------------|--------------|
| 12:00<br>Breakfast | sdfsdfsdfsdf |
|--------------------|--------------|

# Guidelines

---

sdfsdfsdfsdf