

# Habits

# Of

# Top

# 1%



# 1. Scheduling



## 2. Planning short & long term goals



### 3. Waking up early



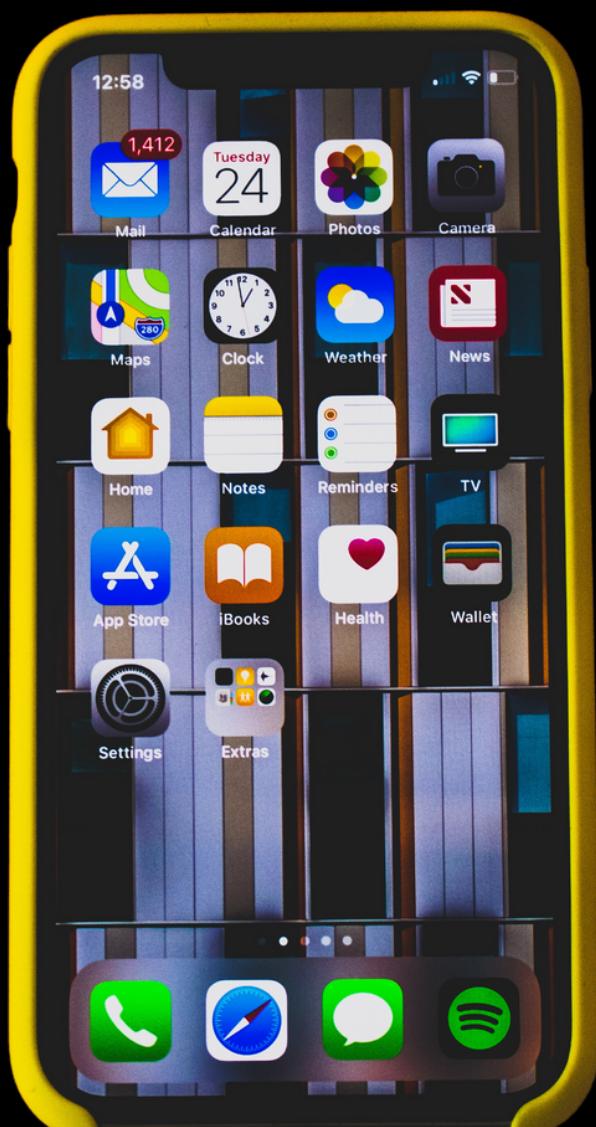
# 4. Meditating



## 5. Exercising daily



# 6. Staying disconnected from phone



# 7.Reading



## 8. Living Frugally



## 9. Saving to invest



## 10. See things in long term



# 11. Listen to new ideas



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