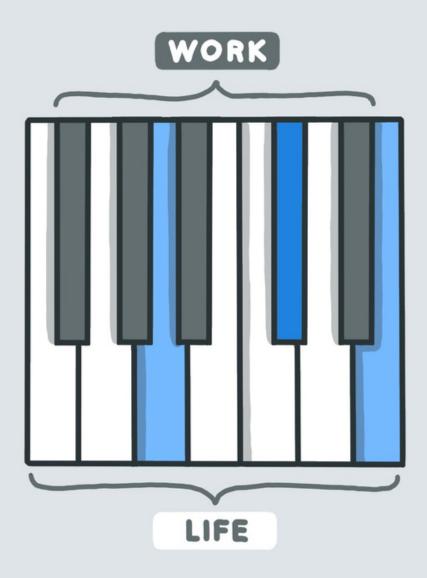
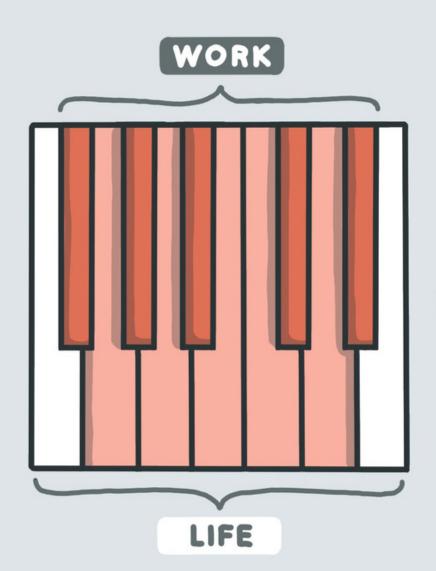


writing



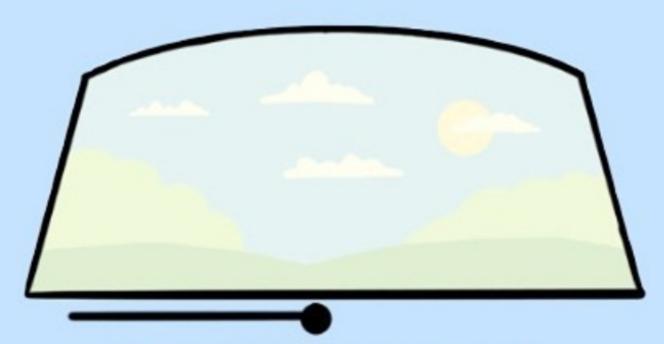


TO LIVE IN HARMONY, BE SELECTIVE...

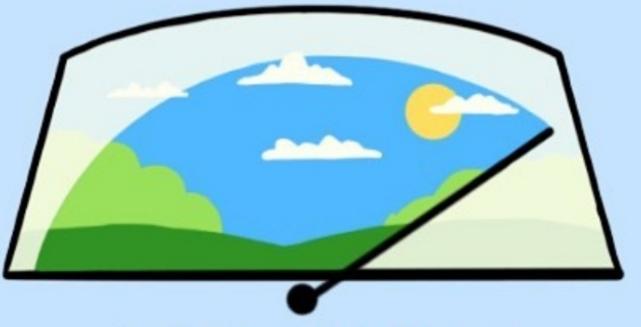


... OR YOU'LL JUST BE MAKING NOISE

CLARITY



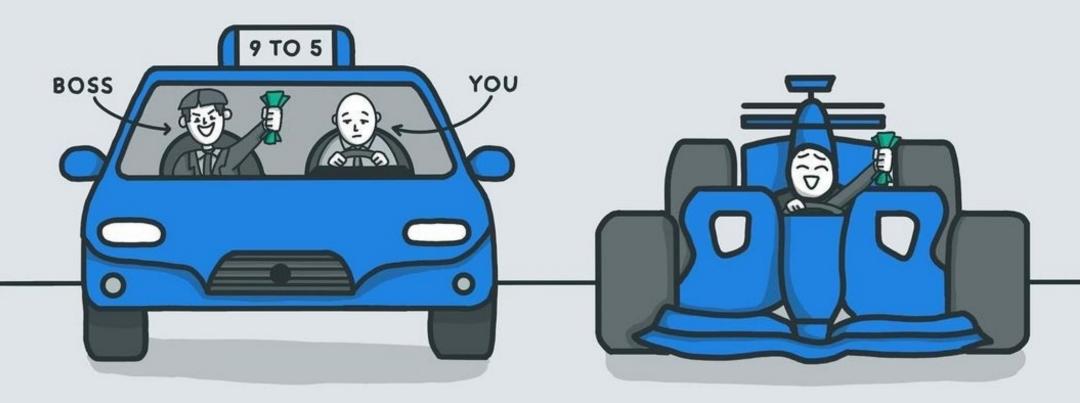
BEFORE WRITING



AFTER WRITING

YOU AS A LABORER

YOU AS AN ENTREPRENEUR



EMOTIONS



BEFORE JOURNALING

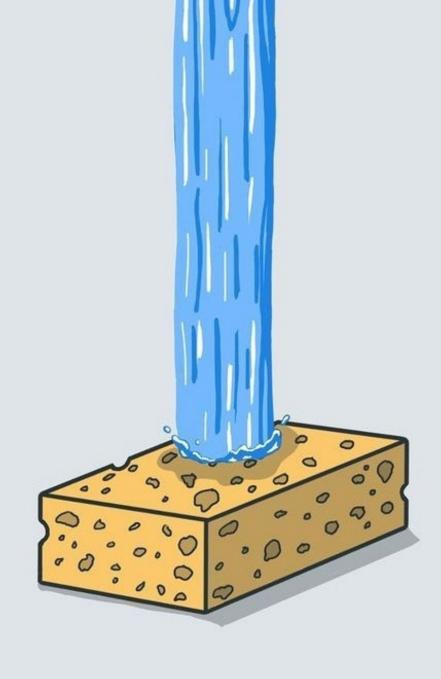


AFTER JOURNALING

GROWTH







THE EXPERT SEES FEW POSSIBILITIES...

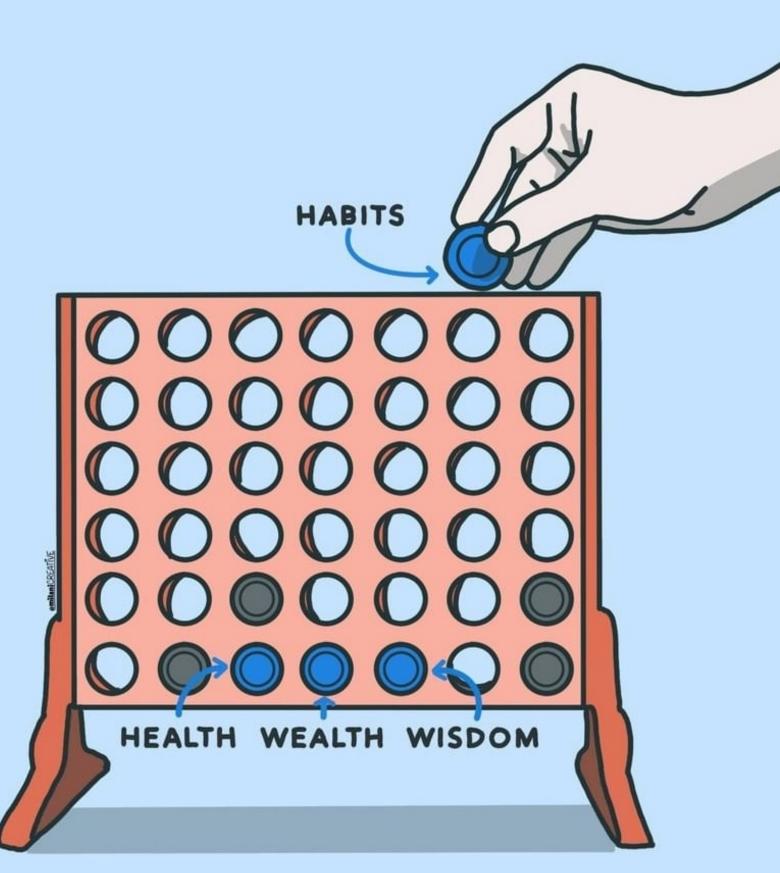
...BUT THE BEGINNER'S MIND SEES MANY

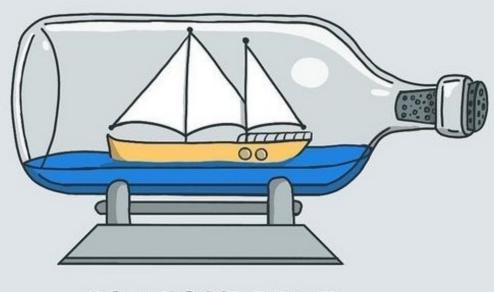




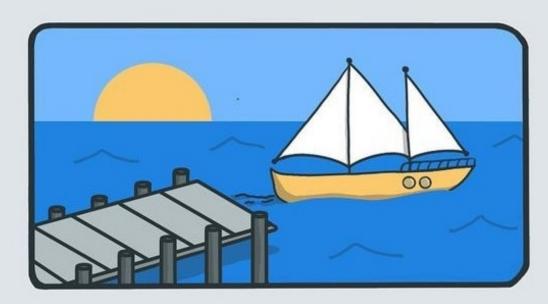


WHAT YOU





COMFORT ZONE



GROWTH ZONE