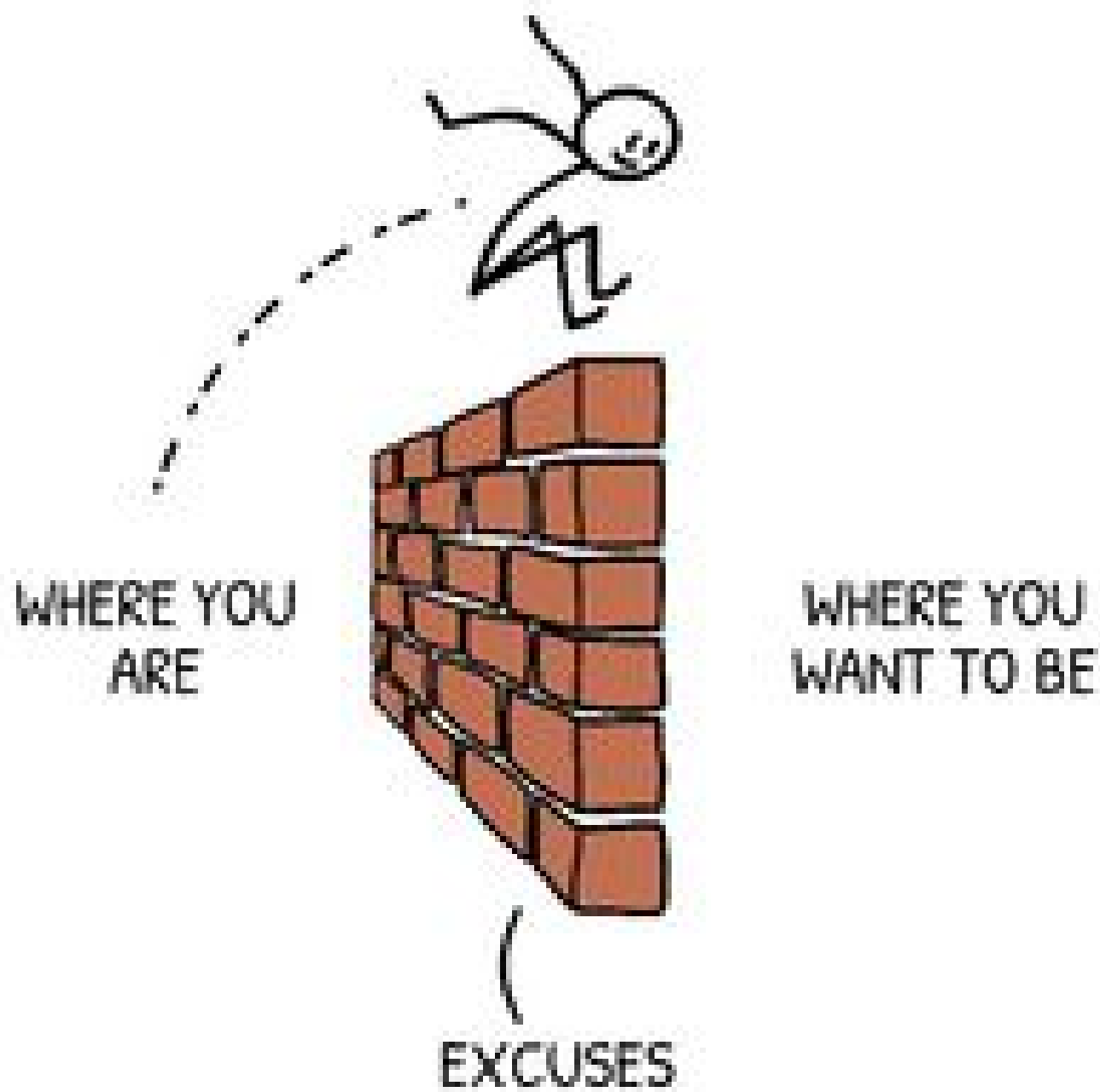


# 11 VISUALS THAT WILL CHANGE YOUR MINDSET







The flame that burns twice as bright burns half as long.

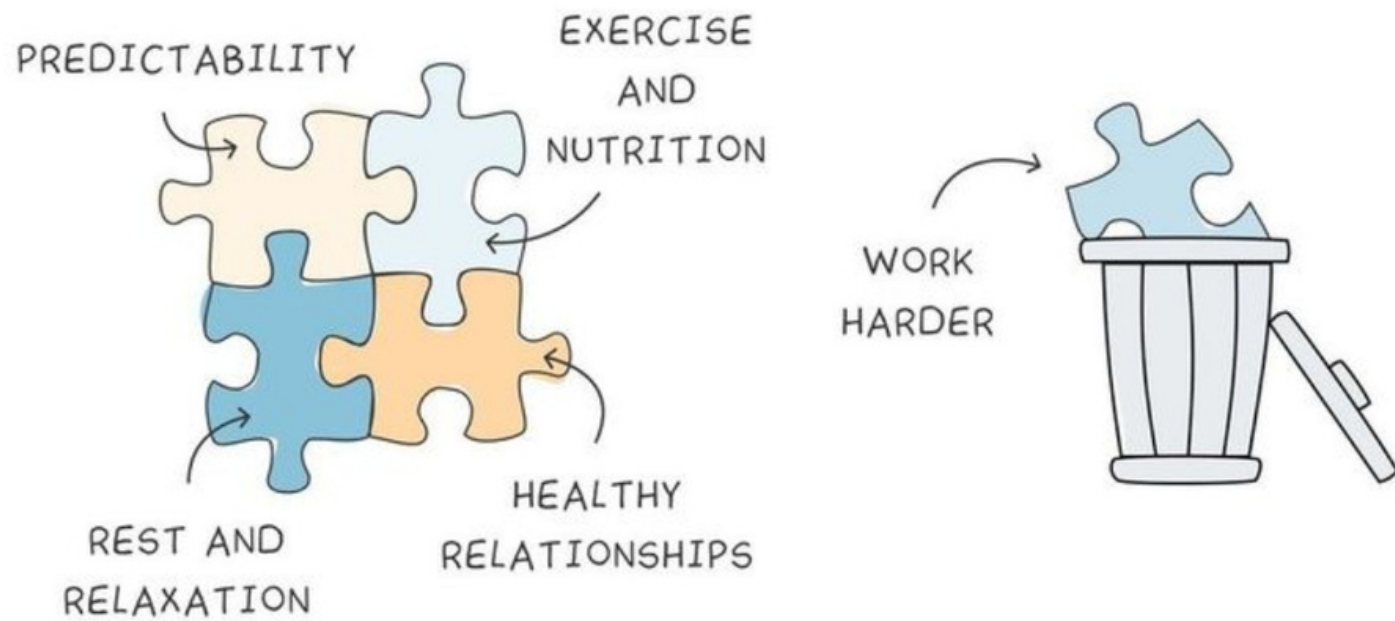
You can't pour from  
an empty jug

Your  
energy



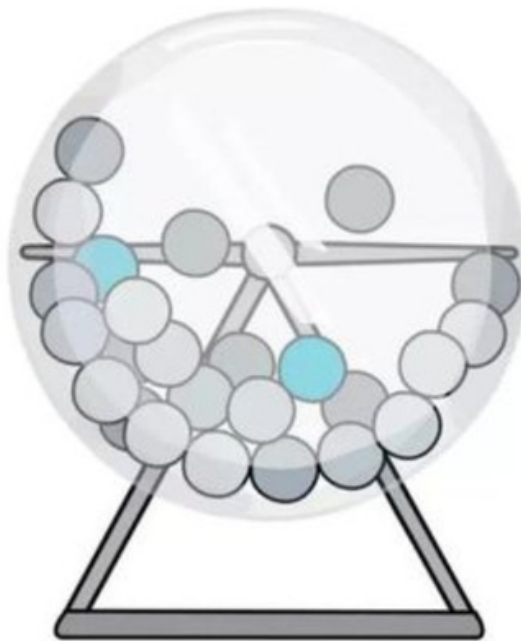
Your output

## BEHIND THE SCENES OF "FOCUS"

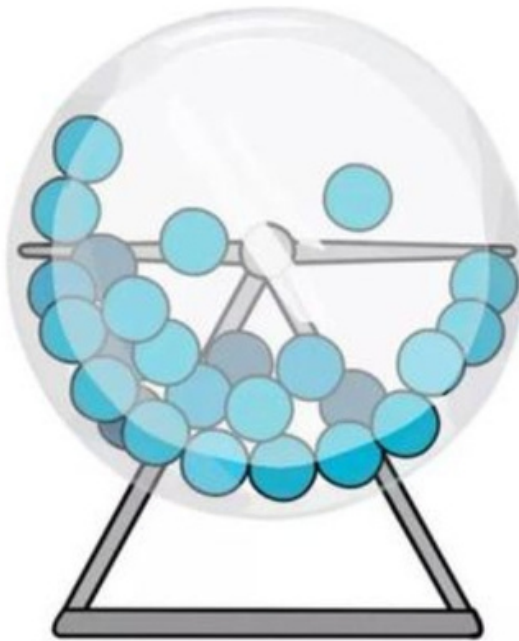




## OPPORTUNITY

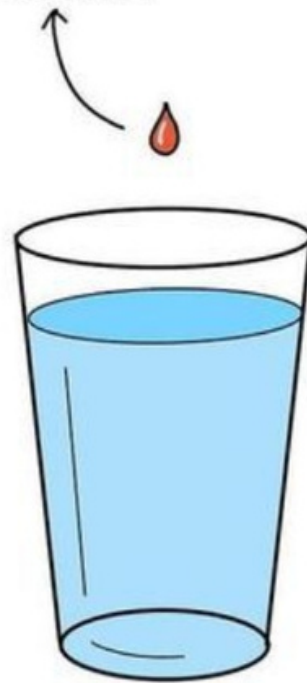


WHEN  
YOU SHOW UP  
ONCE IN A WHILE



WHEN  
YOU SHOW UP  
EVERY DAY

Drop of self doubt



Your confidence

A drop of ink falls into a clear glass of water and clouds the whole thing.

**YOUR SKILLS**



**GOOD SLEEP**



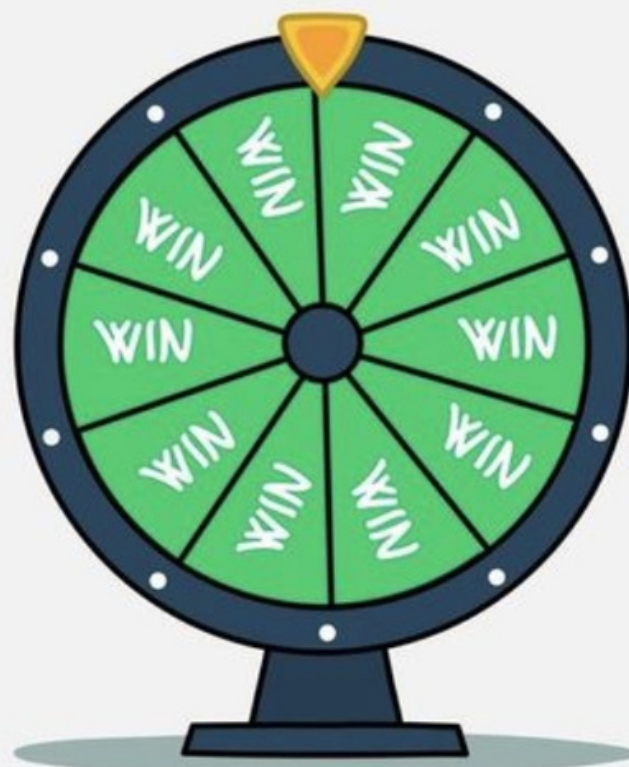
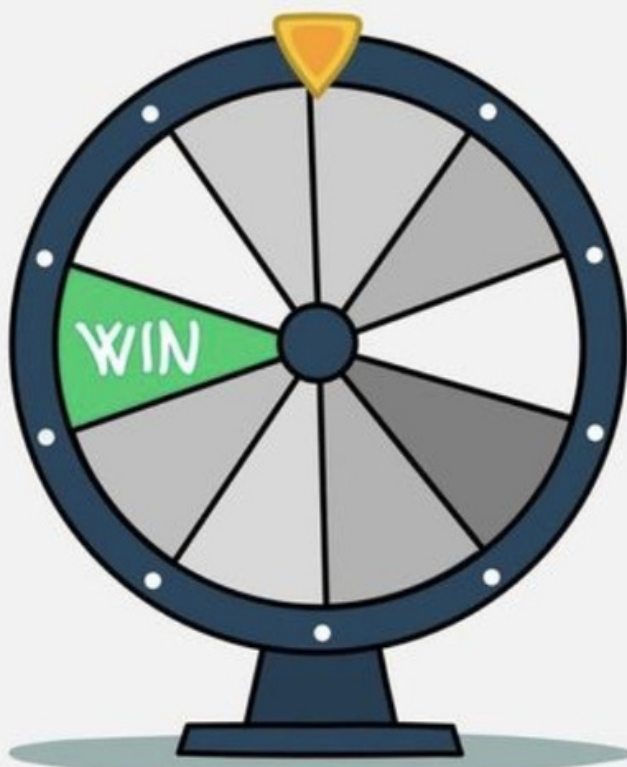
**Are you sharp enough?**



HOPING  
FOR LUCK

vs

PUTTING IN  
THE WORK

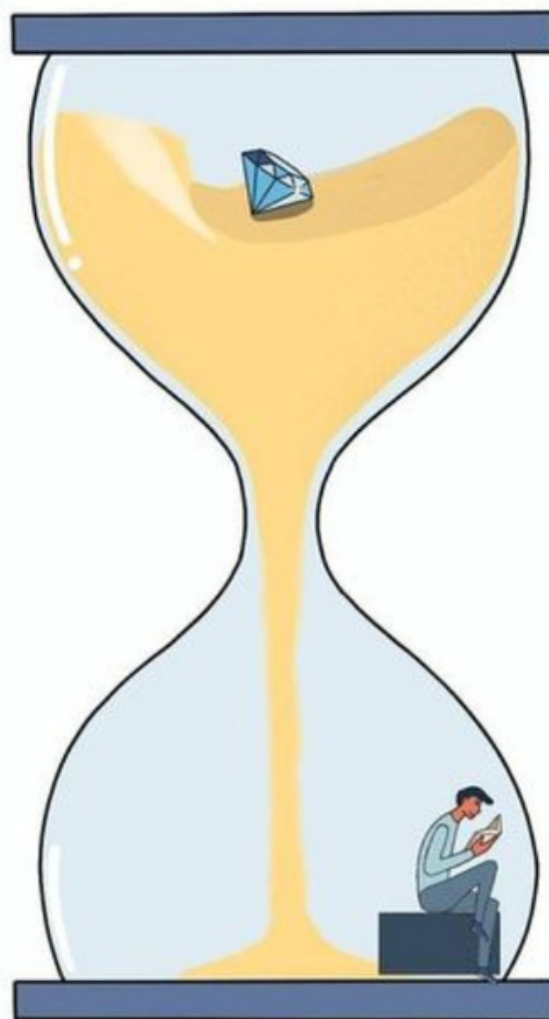
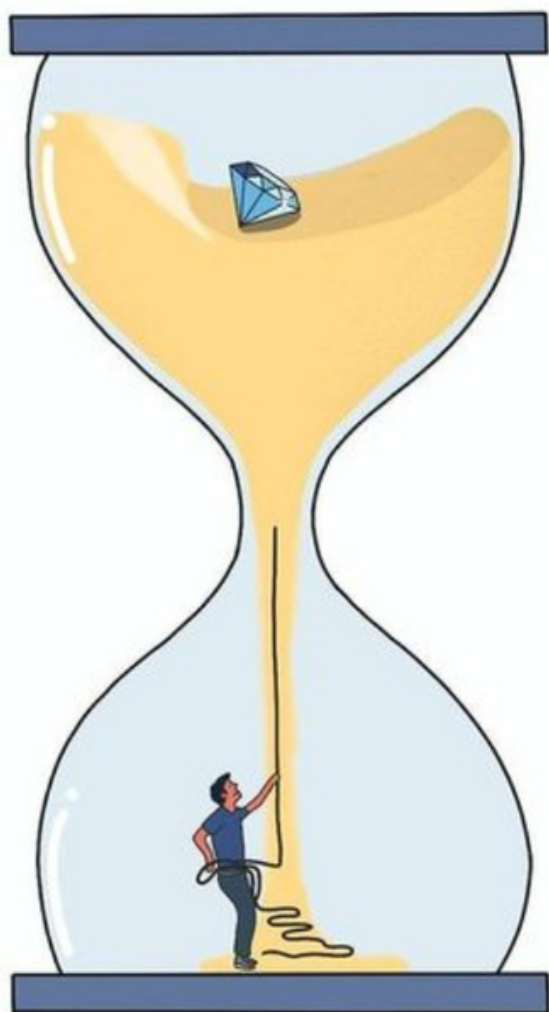




When you listen others  
opinions

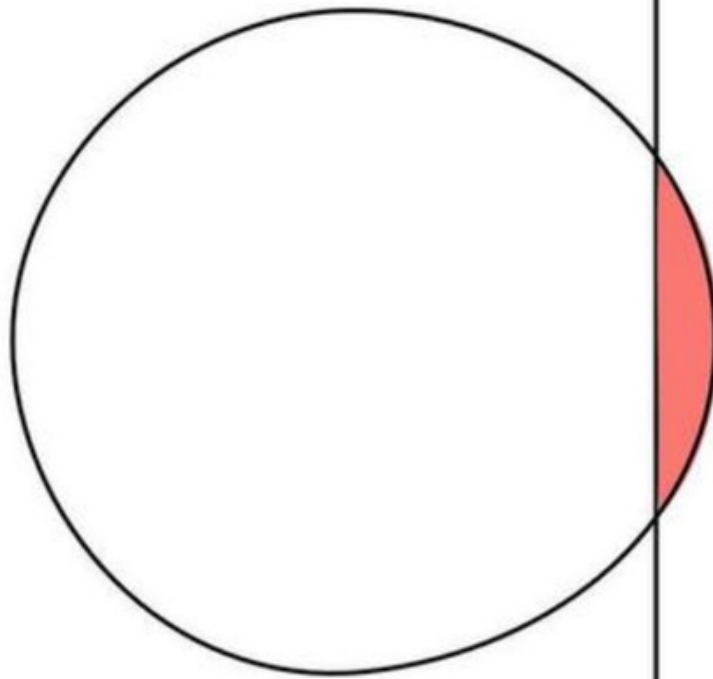


When you are confident  
and indifferent



WHAT YOU CAN'T CONTROL

WHAT YOU CAN CONTROL



FOCUS HERE

