

QUESTIONS AND ANSWERS

Below are the answer options provided:

1. Yes I clearly remember that
2. No I faintly remember about that
3. Not relatable

Below are the scenarios and their follow up questions.

1. What is your age group?

- a. <20

Which age group memory do you wish to revive?

0-10; 10-20;

- b. 20-30

Which age group memory do you wish to revive?

0-10; 10-20; 20-30;

- c. 30-50

Which age group memory do you wish to revive?

0-10; 10-20; 20-30; 30-40;

- d. 50-70

Which age group memory do you wish to revive?

0-10; 10-20; 20-30; 30-40; 40-50; 50-60; 60-70;

- e. 70+

Which age group memory do you wish to revive?

0-10; 10-20; 20-30; 30-40; 40-50; 50-60; 60-70; 70+

2. Age groups

- a. 0-10 age group scenarios

- i. When I went up on the stage

1. Do you remember the topic you spoke on?
2. Do you remember the entire setting then?
3. Do you remember the time when you became nervous?
4. Do you remember the emotions flowing through you?

- ii. When I met my first crush
 - 1. Do you remember her/his first name?
 - 2. Do you remember what he/she was wearing?
 - 3. Do you remember what was the first line you spoke then
 - 4. Do you remember the emotions flowing through you?
- iii. When you went out for a trip
 - 1. Do you remember the place when you went out for a trip
 - 2. Do you remember the people whom you went out with
 - 3. What games did you play during the trip?
 - 4. Do you remember the emotions flowing through you?
- b. 10-20 age group scenarios
 - i. When you cheated on an exam
 - 1. Do you remember the exam you cheated in
 - 2. Do you remember the way you cheated
 - 3. Do remember the question at that time?
 - 4. Do you remember the emotions flowing through you?
 - ii. You stole money from parents
 - 1. Do you remember the amount you stole
 - 2. Do you remember the reason you stole money
 - 3. Do you remember if you got caught then
 - 4. Do you remember the emotions flowing through you?
 - iii. Your first day at college
 - 1. Do you remember who you met on the first day
 - 2. Do you remember the mess food you had
 - 3. Do you remember the time when you became nervous?
 - 4. Do you remember the emotions flowing through you?
- c. 20-30 age group scenarios
 - i. You got rejected by somebody
 - 1. Do you remember the person who rejected you?
 - 2. Do you remember the place you went after rejection?
 - 3. Do you remember the time when you became nervous?
 - 4. Do you remember the emotions flowing through you?
 - ii. You spent for first salary
 - 1. Do you remember the exact amount you got?

2. Do you remember where you spent that money?
 3. Do you remember how much you saved?
 4. Do you remember the emotions flowing through you?
 - iii. You got super drunk
 1. Do you remember the place this happened?
 2. Do you remember if you puked?
 3. Do you remember the number of drinks you had?
 4. Do you remember the emotions flowing through you?
- d. 30-40 age group scenarios
 - i. Your wedding day?
 1. Do you remember the day of the week?
 2. Do you remember the romantic thing that your spouse said then?
 3. Do you remember the time when you became nervous?
 4. Do you remember the emotions flowing through you?
 - ii. You bought your own house?
 1. Do you remember the days you spent before finalizing?
 2. Do you remember the reason for choosing this house?
 3. Do you remember the loans you had to take then?
 4. Do you remember the emotions flowing through you?
 - iii. When you went out for a trip
 1. Do you remember the place when you went out for a trip?
 2. Do you remember the people whom you went out with?
 3. What games did you play during the trip?
 4. Do you remember the emotions flowing through you?
- e. 40-50 age group scenarios
 - i. You kid's special day at school/college?
 1. Do you remember the mood of your kid?
 2. Do you remember how your kid performed?
 3. Do you remember how your kid reacted and expressed?
 4. Do you remember the emotions flowing through you?
 - ii. You got some serious disease?
 1. Do you remember your symptoms?
 2. Do you remember which friend was by your side?
 3. Do you remember the time when you became nervous?
 4. Do you remember the emotions flowing through you?
 - iii. You got surprised by an old friend?
 1. Do you remember the time of the day?
 2. Do you remember if he/she presented you with a gift?

3. Do you remember the first line he/she said when they entered your home?
4. Do you remember the emotions flowing through you?
- f. 50-60 age group scenarios
 - i. Your kid's marriage?
 1. Do you remember the problem in arrangements?
 2. Do you remember the time you realised that he/she is starting a family?
 3. Do you remember the time when you became nervous?
 4. Do you remember the emotions flowing through you?
 - ii. The trip you went to?
 1. Do you remember the place when you went out for a trip
 2. Do you remember the people whom you went out with
 3. What games did you play during the trip?
 4. Do you remember the emotions flowing through you?
 - iii. Loss of a family member
 1. Do you remember the first thought in your mind then?
 2. Do you remember who came to your rescue?
 3. Do you remember the reason you made to move on?
 4. Do you remember the emotions flowing through you?
- g. 60+ age group scenarios
 - i. Your retirement day?
 1. Do you remember the dress you wore?
 2. Do you remember what was the best gift you got?
 3. Do you remember the future you were longing to?
 4. Do you remember the emotions flowing through you?
 - ii. You got some serious disease?
 1. Do you remember your symptoms?
 2. Do you remember which friend was by your side?
 3. Do you remember the time when you became nervous?
 4. Do you remember the emotions flowing through you?
 - iii. You got surprised by an old friend?
 1. Do you remember the time of the day?
 2. Do you remember if he/she presented you with a gift?
 3. Do you remember the first line he/she said when they entered your home?
 4. Do you remember the emotions flowing through you?