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Written and designed by Adrian Duncan



# Essential Year Ahead

written and designed by Adrian Duncan

Year Report for

Name: Nafisa Noorani

Date: July 08, 1956

Time: 11:06 pm (23:06)

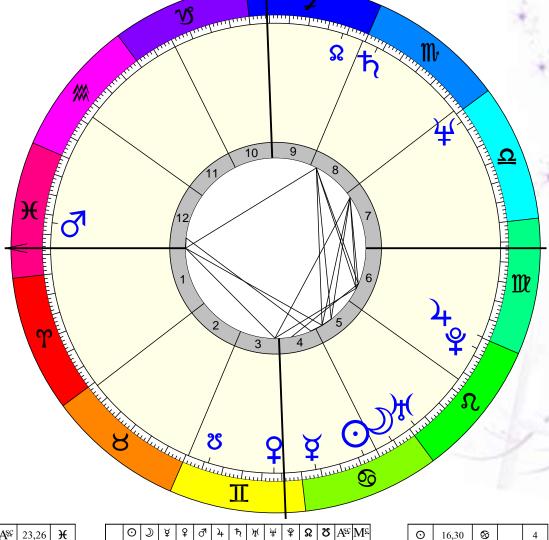
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### THE ESSENTIAL YEAR REPORT...

At the turn of the 21st century, there were 6 billion people on Earth. No two of them were born on the exact date, time and place - everyone has a unique horoscope. This horoscope reflects personal characteristics that the individual has chosen to work with in this life. He or she meets parents, brothers and sisters, friends, teachers and finally partners, who evoke an evolutionary development for the soul.

Each individual has then a unique life that can be mapped astrologically according to the planetary movements after birth. World of Wisdom's Essential Year Report synthesizes three astrological methods to map the life journey of the individual:

- Progressions, which reflect a personal evolutionary, or karmic pattern present at birth
- Transits, which reflect collective trends that evoke specific behavior in the individual
- Solar Returns, which are horoscopes calculated for each birthday, showing what happens to the individual on the year in question. (For unknown birth times and yearly horoscopes starting on days other than your birthday, another astrological technique horary is used.)

This synthesis is complex. With 12 signs, 12 houses and 10 planets (with Sun and Moon) there are 1440 simple combinations. When the connection between planets are taken into consideration (aspects) and then transits and progressions, there are several hundred thousand combinations. Essential Year Report works on several thousand of these, the rest needs to be filled in with your memory and creative visualization.

This reading describes your own evolutionary journey. To understand it fully you need to understand the talents and challenges that the planetary positions at birth represent. The first part of every section of Essential Year Report explains therefore what you can expect in life based on who you are as a person. It is crucial to realize that what happens during the course of the life is constrained by these personal factors. If your love-life promises great happiness, then later trends will trigger this potential... and vice versa.

If you wish to know more in detail about your personal character and how to get the most out of your life, then our Birth Horoscope Interpreter will go into this deeply. The Essential Year Report is designed to map out the timing of events and the fulfillment of your destiny.

# **INTRODUCTION**

A restless urge for freedom and new horizons drives you in your 61st year. Whatever you have been doing up to now, you would like to do something new, and you are in no mood for restrictions or advice from people who do not understand what motivates you. You have the opportunity to express something unique about yourself and your life. For you and your generation there is a willingness to experiment with new forms of self expression and you are inclined to seek unconventional ways to promote yourself. Your particular way of expressing your uniqueness in this respect is through being controversial in style and in breaking norms connected with love and children. Being a true individual for you involves truly being yourself, whatever other people think. This drive to express your unique qualities can lead you to travel to exotic destinations or embark on consciousness-raising interests with younger, inspiring people. Others may urge you to be cautious and restrained, but you feel that you know what is best for you, and you go your own way.

The process of attaining success during the current year depends on the one hand on how well you build upon early experience and on the other on formulating your vision for the future. Once you have a vision, you can plan how to achieve it step by step. An optimistic attitude and belief in yourself will help you to overcome the challenges that naturally arise during the course of the year.

In this period of your life you are ready to make the transition from learning to doing. Over the last few years you have expanded your horizons both intellectually and through travel, and formed firm new views about your direction in life. You have built up a framework of beliefs and convictions that point you like an arrow to your destiny. The focus now shifts to your career and making a professional impact. This new influence starts growing around November - 2017 and will ebb out around April - 2019. Your immediate experience is one of being seriously challenged – by authorities and by the way the system is put together. If you are to attain career success you are going to have to establish your own authority and carve out your own niche. You need to win respect through a determined approach. Plan your long-term goals and achieve them slowly and steadily, step by step.

Having thoroughly established considerable success in your working environment, you are ready to build up one-to-one relationships through partnership in the period from August - 2016 to October - 2017, expanding your sphere of influence and reaching out socially. Fortunate meetings with cosmopolitan and wise people can bring happiness and a new optimistic view of your potential to make an impact on others.

After a period during which relationships prospered and your circle of social influence expanded, you are ready to delve deeper into the psychological dynamics of intimate personal relationships in the period from October - 2017 to November - 2018. A deeper understanding of and empathy for others is developed, enriching your emotional and erotic life. You receive blessings both in the form of emotional generosity and material good luck.

As you mature, acquire new resources and meet and overcome the challenges that present themselves, the stage is set for a series of developments and opportunities during the age of 61. Three very important issues that make this year special are:

- There are opportunities for change both professionally and domestically, which will bring more space and freedom into your life. You throw off parental or other structural limitations and take a calculated risk to capitalize on your personal and unique talents.
- After a period of apprenticeship you are ready to make a professional push to convert your skills into tangible career moves which will ultimately bring recognition and success. There may be obstacles ahead, but the more you rise to the challenge, the more success will come your way.

These along with other influences will be examined later in the report.



#### **NEW LIFE GOALS BEGIN**

There are many spheres of human activity which are active at any one time, but each year there will be a focus on a particular area of your life that will absorb you more that anything else, and be at the center of the events of that year.

The theme at the age of 61 is expansion of your horizons, and gaining an enhanced awareness and understanding of the meaning and direction of your life. This may be through further education or travel – the important thing is to have a wider experience, so that you can formulate and express your ideas and opinions. The hunger for knowledge is great, and you cast your net wide. Ethics and the law can also be themes that occupy a good deal of your time.

This theme channels your fighting spirit, awakening a number of issues that historically have irritated you and put you on edge. Compromises made in terms of relationships and your chosen path in the year ahead tend bring temperamental outbursts.

You will be guided by your convictions in the year ahead, and your strongest motivation will be gaining insight and making judgments about what is best, what is right and what is wrong.

Forging bonds with other people and facilitating agreement will be your forte, as you easily attune to others and strive to create equanimity and balance. Personal relationships figure strongly and you are motivated for love and partnership. You are attracted to all things beautiful at this time, and will travel for cultural, romantic and aesthetic experiences.

The focus of this influence is in your career, and the big question is how to define your ambitions and attain them. Dealing with leadership and authority is key, and either you must work with existing authorities in an executive position or establish yourself more independently, so that you can achieve concrete goals. If you play your cards right now you will gain success and increased status.

Certain challenges arise.

It can be difficult to determine just how much of yourself you should inject into the enterprise. Sometimes you can channel all your warmth and charisma, sometimes you feel uncomfortable with the recognition you get, or are not getting.

The essential expression of this will be through an intense desire to cut through to the essence of where the power lies, financially and emotionally.

This awakens feelings centered on the whole issue of belonging and expressing your caring qualities.

There is a destructive tinge to what you do, as if you are prepared to lose everything, and what does it

matter? This uncompromising attitude needs to be transformed by psychological insight. You may have to cut your losses and start again.

This specifically activates a need to transform something in your material life, shedding attachments that bring economic loss, and working intensely on financial reform.

There are unique opportunities and challenges affecting you personally right now, which can result in significant lifestyle and relationship changes or modifications. If you would like to see your life going in a different direction, now is the time to take the reins and choose a path which is uniquely suited to you, as described by the influences below.

### Adjusting to the realities

This is a time when it is important to make structural changes in both your personal life and in your relationships to others, as new responsibilities and challenges arise, demanding a more restrained and disciplined approach. To some extent you are required to fit in, and this can be a pressure for you as you adjust habits and cut back on personal preferences to accommodate the realities of your situation. Your normal vitality may be depressed by difficult circumstances, and you may also feel that the people you are committed to may be demanding more than is comfortable. Perhaps you have to take more responsibility for a loved one now. Nevertheless in the period from November 2016 to December 2017 – if your birth time is reasonably accurate – it is important to avoid escapism and rise to the challenges that come your way. To strengthen personal health and the integrity of relationships at this time it is wise to adopt a new program of self-discipline, training and restraint.

This initial section of the report is connected with your lifestyle and direction, and the factors described above modify this direction as you respond to outside influences and your own inner evolutionary process. Of these factors the most significant during the age of 61 are:

- a time when you may not get what you want, but you do get what you need. Rise to the challenges that arise in your personal life and relationships.
- a time when you widen your horizons, both intellectually and through travel. Wisdom and learning are there to be harvested.



Every year there is a particular focus on your goals and ambitions, and a need to reformulate your mission in life and what you want to achieve. It is equally important to have a good foundation to build your successes on in terms of home and family.

A major theme as regards career during the age of 61 is to learn how to fit into a team, cooperating together to make your professional life more efficient. This is a time to dedicate yourself to the principle of service rather than self-promotion. So much more can be achieved when everyone puts their shoulder to the wheel for the good of the community.

This theme is very much connected to your desire for love and approval, which can mean that you become inauthentic or get involve in complex emotional cross currents. It seems that what those in a position to decide want runs counter to your own tastes.

You manifest your organizational skills and are keen to work cooperatively with others, which you will do in a specific fashion and in a specific area.

Self-promotion brings success, and if you can promote your own creative ideas, you will feel even better. This is not the time to hide your light under a bushel – you need to make a splash and get noticed.



The main area to concentrate on this year is on issues of security and allaying economic anxiety. This is an excellent time for mobilizing your psychological talents too. To secure finance you need to deal with banks and other powerful institutions.

Some factors help.

One very positive factor that helps you achieve your professional agenda is you ability to draw upon healing powers that you have developed through dealing with personal issues. You receive help from people on the fringe who have unique talents themselves when it comes to repairing damage.

This is connected with a parent, your home or family, where a pain or vulnerability may bring important emotional lessons.

One very positive factor that helps you achieve your professional agenda is that partners, or other people you have an affectionate relationship with, will give you optimal support at this time. It pays to integrate an aesthetic element into what you do, and to use your people skills.

Relationships with your colleagues are favored during the course of the year, and you can meet potential partners through your work or in circumstances where you volunteer to help.

Challenges and opportunities arise at this time which can bring major changes or adjustments in both your career and your domestic life. The influences described below can bring concrete change, enabling you to live and work on a new level.

### Career experimentation, domestic change

Though this may be an unsettled time in your career and domestic life, you now feel the need to experiment and embrace new ideas and methods that give you more space and freedom. You can gather new inspiration from connections abroad, from new technological advances and from alternative groups and mentors. You adapt professional goals to incorporate a more independent or free-lance approach and generally liberate yourself from the tyranny of authoritarian people or systems. It is a good time for following your own unique path and capitalizing on your special individual talents, and it pays off not to be too bound to your family home or roots. For example relocation is an option that is worth considering. This trend lasts from April 2016 to March 2019 – if your birth time is reasonably accurate – and leads to a fresh new approach to your professional future.

### **Professional challenges**

After a period of two years or more when you have been expanding the boundaries of your skills and understanding, the time has come to put them into practice and make an impact on the world. The intellectual discipline which you have integrated into your portfolio of skills now needs to be brought to bear professionally. There are undoubtedly challenges ahead, not least with people in authority, from parents to bosses, but the more responsibility you are willing to take on, the better it will be for your reputation. Obstacles may loom large, there is resistance on your path, but with willpower and application this is one of the best opportunities you have to transform difficulties into strengths. Career challenges will cover the period from December 2016 to September 2018 – if your birth time is reasonably accurate – and if handled right you will be able to lay the foundations for several years of professional success and increased status.

### **Boost in career and family**

As far as your goals are concerned there are particularly favorable developments in the period from November 2016 to November 2017. Influential people smooth the path for you and leverage you into an advantageous career environment. Your own understanding and wisdom help you expand your influence. The focus is on a greater overview, on the international rather than the local. Good fortune not only affects career and promotion possibilities, it also gives great opportunities for property, family expansion and happy domestic events. This is an optimistic time for you, your parents, and family members generally – a time to buy property or enjoy a wonderful holiday abroad

Sometimes a time comes when you can actually make a decisive move that defines your unique career potential and the hopes you have for your family. The influences described below show challenges and opportunities that arise now which can bring concrete changes in the framework of your professional life and domestic environment.

### Happiness at work, happiness at home.

If your birth time is accurate, the period around July 2017 brings a major development that has a profound effect on career success and happiness at home. Your potential for good fortune and financial recognition is realized now. You have the great good fortune to achieve your desires both professionally and as far as your family life is concerned. On the home front this can mean the acquisition of property, or happy events connected with children, or moving in with a partner. Investments pay off and you can spend money to boost your material comforts. At work you gain promotion, and you are called upon to work with finance and material resources. You can expect profits or advancement. Your personal judgment and taste are essential ingredients in this success; likewise love relationships are very supportive and help you advance on many fronts.

Education and culture are important values for you – you can meet partners at this time in a learning environment or in the local neighborhood. Siblings can introduce you to potential partners.

The career section of this report explains influences in the current year that can cause you to adapt or change professional goals, and make use of opportunities that come your way. Overall, in the area of family and career the major developments you can expect are:

- a time when there are opportunities for change both domestically and professionally, bring more freedom and space and the implementation of unique talents.
- a time when major challenges arise in your professional life, which, if you are prepared to persevere, will ultimately lead to recognition and success.
- favorable developments both domestically and professionally due to an element of luck and a positive attitude to life
- Success and good fortune in family and career brings an improvement in your economy and an enrichment of your love life.
- a time when your personal agenda is subsumed by the need to integrate your talents and efforts for the benefit of others.



#### WISDOM AND EXPANSION

During the course of the year you will have a number of character-building experiences, which help you grow and develop as an individual. It is rare for any difficulty to last longer than a period of about eight months, and if you regard challenges that arise as a test that helps you become stronger, then it will be relatively easy for you to overcome them. Similarly, when events boost your confidence, it is pays to take advantage of the limited time available to capitalize on your good fortune.

With your sun in your birth chart in Cancer and in the 4th House this relates to your need to feel a sense of belonging and make emotional bonds, in connection with your roots, your home and your family life.

An important feature around the age of 61 is the urge to delve deep into the passions of relationships to unearth every hidden facet of your nature and create an empowering transformation. This can be an uncomfortable psychological process, perhaps because so much is placed in the hands of others - you relate without a safety net and confront the anxiety of emotional dependency. This is the time when you learn how to share on the deepest level. You experience the power you have over others, and the power they have over you.



This is a time when you are consumed by energy and enthusiasm and ready to rush in with guns blazing to achieve your aims. You may work closely with an executive troubleshooter and strive to achieve goals in tandem. You have the power to mow down the opposition, but you are burning the candle at both ends, and this can easily lead to meltdown. You are prepared to take great risks and fight great battles. You have the courage to win, but can invite more trouble than you can handle.

This awakens some anxiety and insecurity connected with suppressed anger, intimacy and sexuality.

### Certain challenges arise.

You are in a period when major transformations of your personal character are on the agenda. You cast off falseness, throw away the mask, and assert yourself uncompromisingly. Your desire to be totally authentic can also lead you to be ruthless - for you, being true to your inner nature is non-negotiable. People can take it or leave it. The tunnel is long, and dark... but light starts to emerge at the end of it.

It is during this period that you feel the pull between extremely strong needs that run counter to each other. This can lead to dynamic developments in your life – even a flowering in your relationships – but you still have to find a way of balancing the need to be independent in your own right with the need to belong and merge. Family demands can conflict with your need to assert your individual rights, and in the months ahead you will have to deal with the emotions this dilemma evokes.



#### Some factors help.

It is during this period that you feel a deep longing for transcendence, where you can develop your dreams and ideals and lose yourself in something greater. This brings spiritual experiences and creative growth, a greater interest in music and the arts, and a desire to immerse yourself in the ineffable. There has to be a sense of meaning in your life, and you will not be satisfied until you find it.

This activates a need to find new inspiration in learning and communication, through immersion in creative or artistic subjects.

Certain key influences will present challenges and opportunities to you now as regards you development as an individual. Below you will find effects described, which you will feel more or less powerfully, evoking actions that enable you to stamp your signature on events.

### Insight brings influence and success

It is at this time that your insight and understanding peak to bring a sense of meaningfulness and personal satisfaction in life. Travel and intellectual development stimulate your confidence in your self and your abilities, and this has a snowball effect in creating success. You have the good fortune to meet wise people, or mentors, who can guide you into new areas of knowledge and understanding. This is the time to capitalize on your assets – a calculated expansion now will surely bring good results, especially in the period from November 2017 to October 2018 . Your optimism is infectious in this period, and people seek you out to enjoy both your humor and your insights. Spiritual interests are also favored as a deeper understanding of the meaning and direction of your life dawns.

### Overreaching yourself

The period from October 2016 to September 2017 is a time when you encounter intellectual authorities who are in a position to make judgments on your character, and if you over-estimate your strength or capability, this judgment can go against you. On the one hand you expand your influence, either through intellectual achievement or travel, but on the other, there is a tendency to go over the top. The essential thing is to guard against hubris. There is no harm in thinking positive and being intellectually competitive, but without groundwork you will be unable to hold on to the success you are hoping for. You are attracted to mentors, but you may later feel that you misjudged people. Watch out for inflated egos.

The personal development section of this report shows influences directly affecting your character, bringing both challenges and personal growth. Of these influences the most crucial are:

- a time when insight into your identity brings influence and success. Mentors help you expand your understanding and travel widens your horizons.
- a tendency to overrate yourself and fly, Icarus-like, too close to the sun.



#### **EXPANSION OF EMOTIONAL INSIGHT**

You are in an ongoing process of emotional development, and the focus is constantly changing. As your unconscious mind absorbs impressions during the different phases of your life, you integrate greater depth and understanding of yourself and your relationships. There are specific areas of your life where this influence has a particular significance.

With your moon in your birth chart in Cancer and in the 5th House this relates to a deep need to relate emotionally in a secure environment, and your emotional nature will express itself playfully especially with children and in leisure periods.

Emotionally the age of 61 can be said to reflect a time when there are a lot of emotional responsibilities to be shouldered. Your mood can be subdued by the various pressures and demands, but at the same time you attain great maturity, and learn how to organize your time, plan and define your goals... particularly as regards family. Ultimately you overcome the obstacles that lie before you and build a secure foundation for the future.

One of the main areas where this influence will be felt is in the way you project yourself and the signals you send as to where your loyalties lie. Your emotional connections simply have the highest priority now.



One thing that you are uncomfortably aware of now is that your emotional needs run counter to certain educational or communication requirements, and general need to maintain a network of contacts through travel and mail. Concern for security and other attachments dissipate energy you would otherwise use on mental interests.

You are empowered by the following.

You sense an uneasy change, as deep emotions are stirred up from within, evoking such intense processes that you are prepared make a transformation in your life. A situation in your home environment is untenable, and a break with the past is called for. This is an excellent period for therapeutic work in connection with the past.

Certain challenges arise.

In the current period you are challenged to have faith in your vision of the future, even if the family is attached to the security of past habits. Questions of principle are discussed and ingrained habits from the past examined in the light of the intellect.

This will be expressed in your career, where influential mentors can help you along if you are willing to be educated.

During the course of the year there is a transition process during which the emphasis on developing your

diplomatic talents mutates into a far deeper and more intimate emotional process. This change happens in November 2017. For some time it has been important for you to develop a friendly sensitivity to others and to improve your people skills. Now the challenge is for you to delve deep into hidden emotional drives – into feelings that you have far less control over. Any emotional issues which have been conveniently buried will surface at this time. What is more, your own drives – especially sexual drives – rise up and possess you. There is more anxiety and jealousy, yet there are huge psychological rewards. When this process is finished, you will radiate depth and magnetism based on the inner discoveries you have made.

A great deal of your emotional energy – in practical terms at least – is focused on the important relationships in your life where powerful emotions are evoked because of dependence and fear of loss. This can on the one hand be connected with indebtedness to financial institutions like banks and tax authorities, but on a personal level it is connected with intimacy and emotional interaction, particularly on a sexual level. Forbidden feelings like jealousy and possessiveness well up from the deep, forcing you to deal with anxiety from the past that you have perhaps never dealt with before. This is an excellent period for therapy, especially as a couple, but at times it may seem as if you are in purgatory.

As you grow and mature emotionally, the focus shifts from one area of life to another, and you instinctively absorb the lessons connected with the many different emotional facets of your life.

- Around August 2017 there are career opportunities that can bring increased contact with the public and the provision of services that cater for collective needs in some way. This is also a good time for family matters, for example creating better conditions for children or improving living conditions.
- Around September 2017 deep emotions are stirred bringing a strong awareness of psychological issues that have had a tendency to undermine you at times. Latent anxiety can be successfully dealt with via therapy at this time, or you can get to the root of other problems through your own efforts. Seize this opportunity to clear out the detritus from the past, freeing up space on the outside and the inside to become a more authentic human being.

The overall effect of this influence activates your inherent tendency to get involved in power battles at work, which reflects a sensitivity to being misused or enslaved when you were being brought up.

- Around September 2017 there are developments in your life which seem beyond your control, and the structures you have built to protect your boundaries are eroded, just like waves that dissolve a sandcastle on the beach. This is therefore a time of surrender, and a baptism into deeper emotions connected with an awareness that all things in life are temporary. Feelings can be overwhelming and there may be loneliness and sorrow, but ultimately your mind, body and soul are rejuvenated through this emotional cleansing process.

The initial confusion and subsequent clarity you experience in this connection have to do with relationships that are hard to consolidate because of unrealistic expectations.

- Around December 2017 there are uplifting events that make you feel it is good to be alive, as many areas in your life are subject to good fortune and expansion. Travels, especially with the family, can expand your horizons; influential people show appreciation for your personal qualities, also financially, and generally there is a boost in confidence which in turn enhances family harmony and happiness. It is a period when confidence in the future brings positive results.

This activates your natural administrative skills and delegation abilities, as well as the powerful influence you wield with colleagues and in your working environment.

- Around January 2018 sudden events turn your emotional life upside down and you may go in a completely different direction than originally planned. You have a need to walk on the wild side, to enter uncharted emotional waters, and whatever anyone says, you are prepared to take the risk. You assert your independence and reject the secure option because it feels authentic to be true to your individual impulsive drives. There are dangerous rapids ahead.

The changes and insights you experience in this connection relate to your desire to make an extremely individual statement about your creativity and identity.

- Around March 2018 there are fortuitous contacts that stimulate you tremendously. You meet people of like mind on your travels, and the resultant exchange of ideas boosts the flow of ideas. You just have to communicate what you learn, and this information is valuable for your work, especially as regards education and networking. You are probably on the move at this time.

Your ideas and thoughts are centered on family bonds and the home environment. The mental evolution process you are now going through will bring new family developments especially in connection with communication.

The influences described below will have an even more profound effect on your emotional life, awakening a powerful and often unconscious response. Ultimately this brings insight into your early conditioning and enables you to modify the way you instinctively react.

#### Over-emotional times

You can expect an expansion in your home and family life in the period from November 2016 to October 2017 which can arise from home improvements or moving, or from new people in the local or international environment, or simply from a new period of emotional growth that requires considerable adjustment. Things can get a bit much, or you can bite off more than you can chew, and this in turn results in emotional states that tend to affect your judgment. To avoid misjudgment in this period, especially through over expansion, it is important to understand that feelings come and go, and they should not alone form the basis of actions. You can get particularly worked up about injustice, and there may be one issue in particular that you find especially unfair. But perhaps you have just outgrown a situation that would have restricted you anyway. It is time to move on and grow.

This section maps out the timing and intensity of influences in your life that absorb your interest on a daily level, profoundly affecting everything, from your work to your family life. These influences constitute your emotional growth during the course of the year, and the main themes are:

- a time when your emotional state tends to dominate proceedings as expansion and change bring a need to grow out of restrictive habits and circumstances.
- a time of transition from being social and diplomatic to being intensely emotional and psychological aware.
- a time when involvement in relationships reaches a deeper level with strong feelings being evoked, bringing anxiety or obsessive behavior.



# **Mental Development**

#### PROLONGED LEARNING AND STUDY

Gaining skills through education and other forms of training is a major ingredient for success, both professionally and in relationships. Through developing your communication talents you can make contacts and build networks which facilitate progress.

With Mercury in your birth chart in Cancer and in the 4th House this relates to your deep and intuitive mental sensitivity, giving you great interest in your closest environment, your roots and family life.

During the age of 61 your mental focus is on creative self-expression. This is the time to take center stage and enlighten and entertain others with your inventive abilities. Thoughts dwell on children and love – these are areas you celebrate in word and deed.

Your mental abilities are channeled into an inner examination of the thoughts and feelings are evoked in your intimate relationships. An interest in psychology and therapy may be awakened because of the intensity of your interpersonal relationships. There are dealings with financial institutions.

Your involvement with a particular social group is instrumental in your mental evolution now. You are able to draws on connections from the past to facilitate opportunities in the future.

Some factors help.

You overcome a handicap and discover unusual teaching or healing abilities in the process. Sometimes a disability of some sort can bring a specific advantage in connection with learning skills.

You are able to express yourself with unusual harmony and grace during the course of the year and are more attuned to aesthetic values. This brings good results in all social and educational matters, partly because your diplomatic abilities and good taste come to the fore. It is an excellent time for dealings with women, particularly sisters.

The influences described below will bring additional opportunities and challenges in the field of communication. By rising to educational challenges and improving communication skills, you can add to your skills and capabilities.

#### **Exasperation**

There seem to be difficulties and delays in all sorts of ways in this period. Whether it is connected with travel, communication, relations or education, there are knotty problems that take time and can be the



source of considerable frustration. This is a testing period mentally, and short cuts are not permitted. If projects seem overwhelming, divide them in to smaller tasks and concentrate on them rather than thinking about the whole project. It is important to plan well now, and to put more effort into the task at hand. You need to learn the basic skills, so be patient – with yourself and with your colleagues. This mentally challenging period lasts from March 2017 to December 2018 and you will emerge from it with a much better grasp of the issues than you had at the beginning. The essential thing is to avoid worry and negative thinking, which will only wear you down physically and mentally, and to rise to each small challenge with determination and a positive attitude.

### **Expansion of contacts and mental skills**

The period from September 2017 to July 2018 is a time of success for you in all your mental endeavors, and this is a major contributing factor to personal happiness and satisfaction. Travel is favored, and brings extraordinary pleasures. Great teachers appear and expand the boundaries of your understanding. You make progress in leaps and bounds. Anything to do with foreign cultures and languages is crowned with success. Your knowledge base and intellectual understanding peak, and people are eager to hear what you have learned. Relationships with people of like mind, and true partnerships, are favored at this time, with agreement easily being reached on a shared agenda.

The influences described in this section challenge you to develop intellectually, socially and in relation to others. Of all these influences, in terms of the enhancement and development of your mental skills the most significant will be:

- a time of frustrations and delays in travel and mental pursuits, requiring patience, discipline and good planning.
- a time when you have the great good fortune to expand your sphere of interest through travel, a mentor, or study.
- development of your ability to think creatively and entertain and inspire others with your ideas.



#### OVERCOMING RELATIONSHIP CHALLENGES

Your need for relationship is very much dependant on your tastes, and early family experiences of bonding. These factors determine whether you feel attraction or not, or whether you are simply indifferent. People of similar tastes are instinctively attracted to you, as you are to them, and this is the basis of personal harmony in your relationships.

With Venus in your birth chart in Gemini and in the 3rd House this relates to your need to have a mentally stimulating love-life, which you will express in a charming, talkative manner, and in fields of mental development.

In relationship matters there may be a dilemma of choice during the age of 61. There are a number of options for you in matters of the heart, and you certainly have the talent and ability to reach out to a varied assortment of people. This is a year to cultivate the art of conversation and communication. Mastery of the spoken and written word, and the ability to express yourself with style, help you make contact between heart and mind.

You will find that the focus of relationships is very much centered on your working life. There need not be a romantic element, but if there is, it can be with a colleague. At any rate the lightness of your touch helps all working relationships function smoothly. Also your aesthetic tastes can bring harmony to the workplace at this time.

Over the last many years your heart and soul has been dedicated to bonding – to partner, children, family and your home. Yet the deep attachments that you have formed over the years have perhaps acquired a cloying air... a sense that you are too tied down, or too involved in nurturing others. At any rate you are now in a transition period when you feel a strong need to realize yourself and your own personal creative potential. Perhaps children are leaving the nest; perhaps a move is on the cards, perhaps there are changes in the family. The time is coming to celebrate life, love and romance. You want to be fruitful, and you want to admire and enjoy the results of your creative efforts. You need to be recognized for who you are and celebrated by the person you love. The date of significance for the culmination of this transition is February 2018 – prior to this date you feel that something is drawing to a close, after this date you will be adjusting to new trends in relationships.

There is a sense of being at a crossroads in your relations to groups or a partner now. You are in a unique position to see what kind of progress you have been making in your current relationships, and what options you have for the future. With this bird's eye view, you may wish to let go of some old bonds and establish new.



There are other major changes affecting relationships and values at this time, and the influences described below will bring opportunities to modify your need for others, and ultimately develop better ways of relating authentically.

### **Overcoming Relationship Difficulties**

For relationships to prosper in the period from March 2016 to December 2017, you need to take a hard look at your expectations, at what you are prepared to give, and what you hope to receive. If expectations are high, you will be disappointed. Love has to be earned, and this means taking on commitments and responsibilities. Do not make demands on your partner; seek rather to fulfill that person's needs. If there seems to be too much duty, and too little romance, then it will comfort you to know that once you have passed the test, then the pressure will lift. Try to drop your concerns about whether you are attractive or desirable. Allow yourself to show vulnerability... but don't make demands. Economically too, this is not a time to squander resources. Strive for such virtues as restraint, saving and investing. If money is tight, then it will only be so for a while, and the lessons you learn concerning thrift will stand you in good stead for the future. Consolidate your economy now, and reap the benefits later.

#### Good fortune in love

There is a period of success for you both as regards your economy and your relationships from November 2016 to October 2017, and this brings a blossoming of confidence about your attractiveness and value as a person. If you are looking for romance, you will surely find it – especially if you travel to a romantic place. This is a good time for relationships with people from cultures you admire. You are particularly attracted to wise and cultured people who can teach you something. Generally you can afford to expand, spend more and really appreciate what life has to offer. Now is the time to both harvest and enjoy the fruits of efforts that you have made in the past, and to generously share your good fortune with those you love.

The influences described in this section will all have a significant effect on the way you relate to the world. In terms of your material values and matters of love, the most important of all these influences will be:

- challenges and responsibility in relationships, requiring self-sufficiency and restraint.
- a time when you can enjoy the good life. Experiences with friends and lovers, especially when traveling or experiencing culture, boost your confidence and self-worth
- choices in relationship and the development of refined modes of expression.



#### TRANSFORMING WEAKNESS INTO POWER

Nothing is achieved in life without the force and determination to go for what you want. There are battles to be won and obstacles to be overcome, and this means being able to assert yourself, and to mobilize your courage to face challenges and overcome resistance.

With Mars in your birth chart in Pisces and in the 12th House this relates to your need to work with the intangible, and turn your back on the world's competitiveness, though much of your inner is channeled into the inner realms of imagination and fantasy.

As regards personal drive the age of 61 is a year when you are stirred by powerful emotions within connected with home and family. You are fiercely protective, but emotions tend to boil over and create domestic upsets. You fight for what is dear on a very instinctual level.

Your energy and will is channeled into deep and cathartic emotional areas. The main battlefields are in your intimate life, psychologically and sexually, but there is also an emphasis on fighting institutions to ensure greater economic security.

This is a year when your emotions can reach boiling point... unconscious feelings are stirred up by primeval instincts, you are feeling defensive, and perhaps overly so. It can be a challenge to deal with the aggressions that well up from within.

### Certain challenges arise.

You have to deal with power battles and psychological warfare, which can deplete your strength and challenge your will. You can show weakness when dealing with issues at a therapist, but don't in relation to the outer world. There are factors in relationships you cannot control – avoid obsessing.

There are other powerful influences at this time, which bring both challenges to your autonomy and independence, and opportunities for leadership and self assertion. The influences described below bring out your survival abilities and evoke a fighting spirit that can ultimately empower you.

#### Transformation of will

This is a time when primeval forces are awakening within, leading to a transformation in the way you express your drives and desires. On a sexual level you get into touch with a potent erotic force, which may demand to be lived out in an intense and even obsessive relationship. Or you may wish to transform the way you express your sexuality, perhaps through an interest in tantra, sport or the martial arts. In your working life you tire of repetitive work that is connected with past goals and only serves to exhaust you, and you long to express your energy in a new and more intense way. You are discovering a new potential for



power. This awakening of power spans the period from January 2016 to December 2018 and, although it may lead to conflict, you are able to access inexhaustible resources from within to accomplish the goal of change. If you start this period under the sway of someone else's will, you will end it by being fully in control of the situation personally.

### Believing you can do it

The period from November 2017 to October 2018 is a time when you are full of courage and enthusiasm, and even if there are delays and setbacks, you plunge on undeterred. There is the spirit of the pioneer infusing your being; you see the distant horizon and spur on your horse to reach it as soon as possible. With such an undaunted spirit, success comes easily for you, and nobody has any desire to stand in your way. You are convinced about what is right – for you and probably for others too. Neither are you afraid to use your persuasive powers to get what you want. This leads to an expansion of your influence and greater leadership prowess. The competitive spirit is aroused; physically this can bring an interest in travel and sports, intellectually you want to learn more, debate, and excel at what you do.

The influences described in this section will bring changes in the way you strive for achievement. Of the many influences affecting your energy, sexuality and assertiveness this year the main areas to be aware of are:

- a time when you access inexhaustible supplies of power from within and use it to empower your sexual life and transform your work situation.
- a time of excitement and adventure when you vigorously expand your horizons and have undaunted confidence in succeeding at what you do.
- a time of fierce protectiveness towards the family and considerable oversensitivity.



#### REVOLUTIONARY MACHINES

The influences mentioned so far in this analysis have an effect on your psychological evolution and fate which is strictly personal. There are other influences on your life based on your relationship to the collective, which can be just as exciting and stimulating for you, even though they may not evoke dramatic personal change.

#### A welcome transformation

If you are the kind of person who likes to create radical transformation at strategic periods in your life, then this is a time when you may want to make a sudden move to sweep away the cobwebs of the past and welcome a bright new future. If you operate more on an inner level, then there are opportunities for greater psychological clarity, especially if you apply experimental cognitive methods for personal transformation. This can also be a time when you are swept along by forces of change that are beyond your control, in which repressed drives in the generation of which you are a part come to the surface and sweep away the rubble of the past. This trend, which is collective in nature, lasts May 2016 to April 2019 and can be bring quite explosive change in areas that have outlived their relevance for you.

#### Imaginative awakening

This can be an extremely inventive period for you as your imaginative powers are awakened, especially if you have interests centered on arts, music and the media - forces that pervade the collective in one way or another. If creativity is not your forte, you may simply find yourself swept up by a collective dream. The forces at play right now are vast in scope and affect the human psyche, more as a form of propaganda than truth. People are swayed by cultural and political trends all the time, but only time will show if there is any truth in them. On a personal note, unpredictable events can shake you out of a rut and bring a realization of how fine the line is between happiness and sorrow. This period of imaginative awakening lasts May 2016 to January 2020, and if you can somehow touch a collective dream with an inventive product, you can make quite an impact.



The period December 2016 to October 2018 is a time of empowerment. In one way or another you have to deal with power in society. You encounter organizations or institutions with strong rules or ideologies, and you have to learn the ropes. There is every indication that you handle these forces well, and you yourself can begin to integrate an aura of power and authority. This is an inner process too; you confront inner unconscious forces at this time, and learn to structure and channel them to achieve your goals. What is



crucial to understand are destructive psychological mechanisms which are activated when there is a threat to those things you are deeply attached to. You have access to amazing concentration powers and extreme self-discipline, which help you get unconscious forces under control.

During the age of 61 you are in a phase of your personal evolution which is to do with making a new start. A new 30-year cycle is beginning, and the sense of aimlessness or dissolution that characterized the previous period is over. Everything is new - it is almost like being reborn - and new initiatives are taken which, although they will not bring immediate results - will deeply affect your future development. In many areas of your emotional life you can start from scratch with a new personal authenticity. This is the time to give expression to who you are and what you want for yourself; it is not a time to make too many compromises for the sake of others. What you set in motion now will crystallize into the life and character of the person you are to be, so follow your individual motivation and listen to the inner voice of truth.

Seen from another viewpoint, there is a purposeful evolution in your life, and each of the events that arise can be seen as milestones on the journey of your soul. There are some fields of your experience which you are all too familiar with, and perhaps you need to relinquish your attachment to them. Other areas of experience present new and interesting challenges for you soul, and require total immersion.

The primary evolutionary focus in the year is connected with coming out of a sense of isolation and getting more involved in the working functions of society. Integrating with the work force brings up the spirit of service, and this can bring a lot of meaning in a world that sometimes can feel very lonely. What works at this time is to organize your life and create daily rhythms, which exercise your body, mind and soul.

The collective influences described above are very much related to the generation of which you are a part, and opportunities now arise to capitalize on trends that your generation will resonate to. The most important of these are:

- a time of radical transformation that can affect you personally, or the generation of which you are a part, sweeping away the old and bringing in the new.
- a time when your imaginative powers are aroused by an unexpected development. At the same time you become aware of how happiness and suffering are at the mercy of collective forces.
- a time when you strive to adjust to powerful authorities who may wish you well, but who demand some kind of transformation of your life structure.

The influences described in this report are based on planetary cycles, transits of the outer planets and progressions of the inner planets in an integrated description which also takes into account the major factors in your birth horoscope. Thousands of factors are taken into consideration, making this report completely unique to you for the next twelve months. Rather than make specific predictions, we have tried to describe how you can make the most out of the many changes that are taking place. By defining what you really want, and going for it, you can weather the storms and currents described in this report and come safely to the destination that you are aiming for. It is in this context that the major events of this year should be seen.

Some of the themes from this year will continue into the next year, and some completely new themes will arise. Looking at the three most important events at the age of 62 you can expect change in the following areas:

A time that heralds a period of dissatisfaction in your work that inspires you to seek new creative avenues, which make your professional life more meaningful. This is a time when you also long for, and can find, more fulfillment in your sexual life, though you can easily be led astray by desire.

A series of challenges in relation to communication at work and at home, travel or project delays and other frustrations, slows you down and forces you to concentrate on learning basic skills and attending to detail. Think positive rather than succumbing to worry.

You encounter people and situations which force you to stand up and fight for your autonomy and survival.

This is a time to encounter primeval forces, both sexually and in competitive situations, and to mobilize your warrior soul.

These events - both good and bad - can be seen as a treasure chest for the personal journey of your soul. Every event that arises has meaning for you and is a result and consequence of previous actions. If you are able to see the challenges that arise as opportunities for constructive change, then your growth will be rapid, and you will be able to truly appreciate and enjoy the many positive events that also arise during the course of your year.

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# **SUN, MOON and PLANETS**



### The Sun: Identity

The sun is the core of identity. It represents the influence of the father, and the struggle for individuation in adulthood. The sign the sun is in shows how we express our unique identity.



### The Moon: Emotions

The Moon represents the unconscious mind, which rules 97% of everything we do. It is connected to the mother, and the need to create and nurture home and family.



### **Mercury: Contact**

This planet represents the mind, and everything to do with communication, education and travel. The sign Mercury is in shows our talents and how we express them, our interests and our skills.



#### **Venus: Values**

This planet represents the value system and personal taste. It is also connected with women and sisters. Venus shows what we desire to acquire and own to manifest our taste.



### **Mars: Drive**

This planet is connected to sexuality and to how we assert ourselves. Mars is the fight or flight mechanism. It is connected with brothers and most experiences with men.



#### North Node: Karma

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



### **Jupiter: Wisdom**

Jupiter represents the inner feeling of hope and optimism that enables us to believe in our future. Jupiter shows what we believe, how we express these beliefs, and how these beliefs create our future.



### Saturn: Challenge

Saturn shows where the greatest obstacles need to be overcome. Saturn shows the structures of society we have to accept and work with., and the trials we have to meet.



### **Uranus: Revolution**

This planet shows the collective forces for change in society and the individual. The influence of Uranus is revolutionary on the one hand, and provocative on the other. This planet shows where we are unique.



### Neptune: Spirit

This planet shows the collective spiritual and media influences that most affect society. It evokes sensitivity and disillusion, but also brings spiritual transformation.



### **Pluto: Transformation**

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



#### **South Node: Fate**

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.

## THE TWELVE SIGNS

### **Aries**

Cardinal, Fire (March 21st - April 20th)

Key word: Assertion | Ruler: Mars

Aries types like to be first; they are impulsive and easily provoked. They thrive on competition. Aries is associated with the head.

#### **Taurus**

Fixed, Earth (April 21st - May 21st)

Key word: Consolidation | Ruler: Venus

This sign is very stable, immoveable
almost, and yet very fruitful and bountiful.

Taurus types are also said to be stubborn
and materialistic. Taurus is associated
with the throat and neck.

### Gemini

Mutable, Air (May 22 - June 21st)

Key word: Connection | Ruler: Mercury

This sign reaches out to others creating a network of communication. Gemini types are sociable, gregarious, and full of ideas. Gemini is associated with the hands and lungs.

### Cancer

Cardinal, Water (June 22nd - July 21st) Key word: Protection | Ruler: The Moon This sign is motivated by family and home-building. Cancer types are emotional and they build a protective shell. Cancer is associated with the breasts and stomach.

### Leo

Fixed, Fire (July 23rd to August 22nd)

Key word: Individuation | Ruler: The Sun

The crucial area for Leo is identity building up self-esteem and confidence.

Leo types are normally proud, dignified
and very creative. Leo is associated with
the heart and back.

### Virgo

Mutable, Earth (August 23rd - Sep. 22nd) Key word: Discrimination | Ruler: Mercury This is the most perfectionist of signs, and Virgo types are very conscientious and helpful. They worry a lot about work and health. Virgo is associated with the intestines and digestion.

### Libra

Cardinal, Air (September 23rd - Oct. 23rd) Key word: Balance | Ruler: Venus Libra is gregarious and friendly, and tends to compromise for the sake of peace. Libra is associated with the kidneys and balance.

### **Scorpio**

Fixed, Water (October 24th - Nov. 22nd)
Key word: Intensity | Ruler: Mars (Pluto)
Scorpio types lead an intense emotional
life. They are secretive, magnetic and
powerful, and have a mysterious ability to
empower others. Scorpio is associated
with the genitals.

### **Sagittarius**

Mutable, Fire (November 23 - Dec. 21st)

Key word: Insight | Ruler: Jupiter

Sagittarian types are philosophical and very frank. They are great travelers, and strive to gain wisdom throughout their life. Sagittarius is associated with the thighs and the liver.

### Capricorn

Cardinal, Earth (Dec. 22nd - Jan 20th)

Key word: Achievement | Ruler: Saturn

This is the most ambitious of signs.

Capricorn types have long-term goals and work hard, methodically, and dynamically to achieve them. Capricorn is associated with the knees.

### **Aquarius**

Fixed, Air (January 21st - February 19th) Key word: Equality | Ruler: Saturn
This is the most social of signs Aquarians have an egalitarian and
humanitarian outlook. They have a
magical, electric aura. Aquarius rules the
ankles and blood circulation.

### **Pisces**

Mutable, Water (Feb. 20th - March 20th) Key word: Dissolution | Ruler: Jupiter Pisces types are sensitive and attuned to the cosmos. They are compassionate, but there is also a sense of being a victim. Pisces is associated with the feet and lymph glands.

## THE TWELVE HOUSES

### The Ascendant - Lifepath

This is by far the most important position in the horoscope. It represents you, your life and how you occupy the stage - your style. Planets placed here dominate the life.

### The Second House - Resources

This house is connected with self-worth. How you feel about your body, your assets and talents - and therefore your financial status - is reflected by planets in this house.

### The Third House - Connections

This shows mental abilities and experiences connected with education, siblings, neighbors and everyone in the local environment. The house of travel and networking.

### **Descendant (7th) - Relationships**

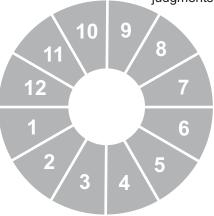
Whilst the Ascendant is connected with yourself, the Descendant is to do with others. This house shows where we reach out and meet people, and form lasting relationships.

### The Eighth House - Intimacy

This house is connected with life's inevitabilities likes sex, death and taxes. This is where we feel most anxious and vulnerable, and where we confront emotional and sexual taboos.

### The Ninth House - Understanding

Planets placed here express themselves through insight and understanding gained through travel and further education. This is where beliefs are formed and judgments given.



### The IC of Fourth House - Roots

This shows the family heritage, the atmosphere at home, and the ability to connect to roots and put down new roots. Parents and family are shown here, as well as property and ancestry.

### The Fifth House - Expression

Planets placed in this house are strongly identified with and projected onto the stage. This house is connected with feeling confidence through creativity, children, love and play.

### The Sixth House - Service

Planets placed here show the need to relate with others via practical issues such as work and domestic tasks. This house is connected with health and the daily environment.

### Midheaven (10th) - Achievement

This house represents crowning achievement - your goals and mission. It also shows you career and superior authorities like parents, bosses etc. Planets here achieve success.

### The Eleventh House - Groups

This house is connected with your social life. It has to do with friendships at school and in later life, as well as groups and associations, or the social sphere you are a part of.

### The Twelfth House - Isolation

This shows isolated places in society like prisons and hospitals, or simply living away from it all. Planets placed here show where inner development takes place when feeling alone.

# THE ASTROLOGICAL ASPECTS



### **The Conjunction**

(0 degrees... orb allowed: 12 degrees)

Key word: Fusion

This aspect is in effect when two planets are close to each other, normally in the same sign. It represents the fusion of planetary principles.



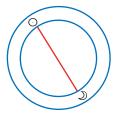


### **The Opposition**

(180 degrees... orb: 10 degrees)

Key word: Separation

This aspect - when two planets are in opposite signs - shows a split or division between the needs shown by two planets. There is also an attraction between opposites.



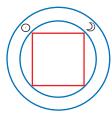


### The Square

(90 degrees... orb 6 degrees)

Key word: Tension

This aspect occurs when planets are at right angles to each other in the chart. It shows two needs at war with each other. This brings considerable dynamism, but a lot of trouble.



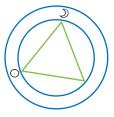


### **The Trine**

(120 degrees ... orb 8 degrees)

Key word: Harmony

This aspect occurs when planets are a third of the circle away and normally in the same element. This shows the harmonic confluence of needs, bringing happiness and harmony.





### The Sextile

(60 degrees... orb 4 degrees)

Key word: Creativity

If the circle is divided by a six-pointed star, the sextile would take place on two of the points next to each other. There is both dynamism and pleasure connected with this aspect.

