

# ESSENTIAL YEAR AHEAD REPORT



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Written and designed by Adrian Duncan

# Essential Year Ahead

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## Year Report for

Name : Joana Pereira

Date : October 06, 1977

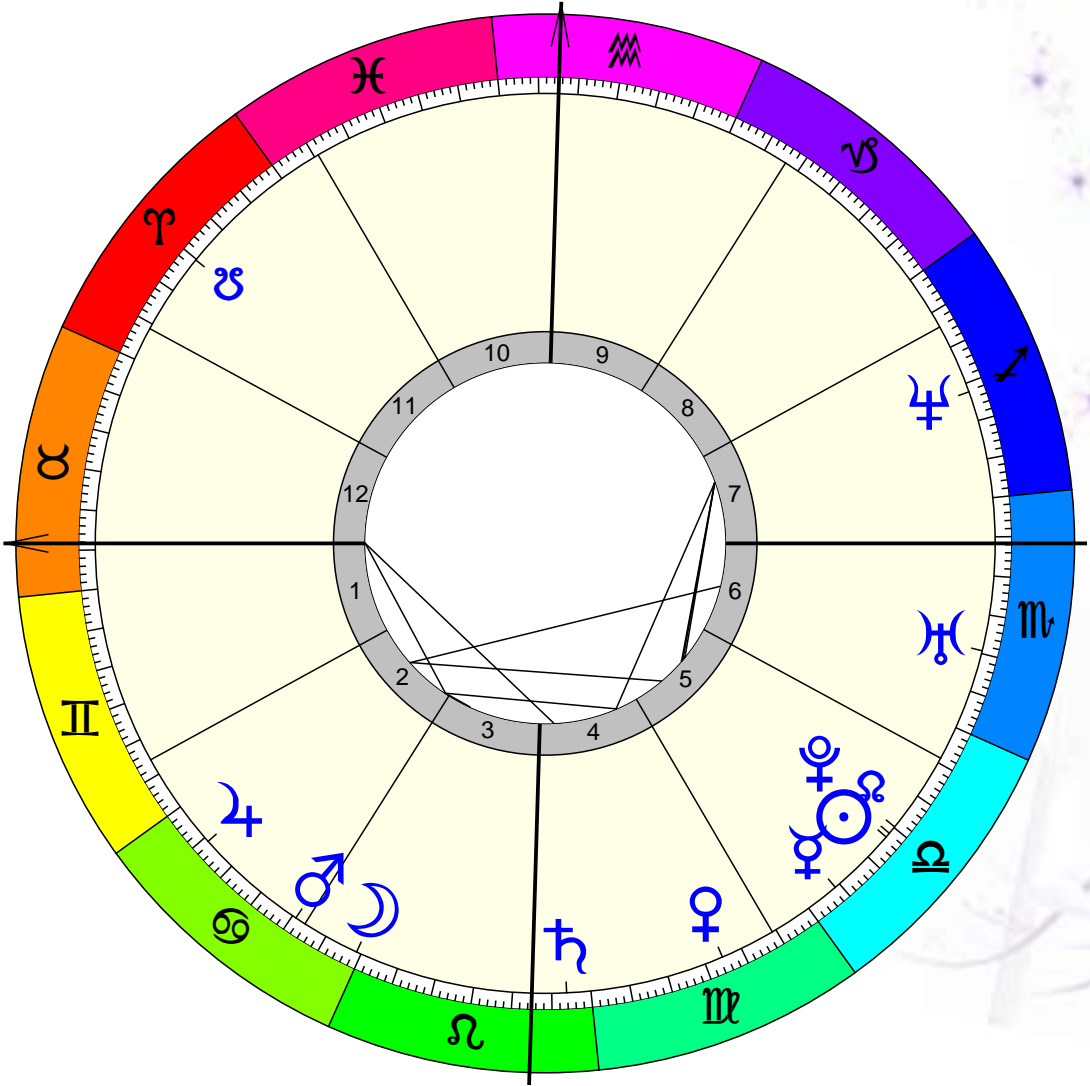
Time : 08:45 pm (20:45)

Place : Loanda, Angola

Age : 40

Joana Pereira	06/10/1977 20:45	Time Zone: 01:00	☉ in ♍
	Loanda	Summer Time: 0:00	☾ in ♊
	Angola	8S48 13E13	Asc in ♈

☉	Sun
☾	Moon
☿	Mercury
♀	Venus
♂	Mars
♃	Jupiter
♄	Saturn
♅	Uranus
♆	Neptune
♇	Pluto
♎	N.Node
♏	S.Node
♈	Aries
♉	Taurus
♊	Gemini
♋	Cancer
♌	Leo
♍	Virgo
♎	Libra
♏	Scorpio
♐	Sagittarius
♑	Capricorn
♒	Aquarius
♓	Pisces
♊♋	Conjunction
♊♌	Semisextile
♊♍	Semisquare
♊♎	Sextile
♊♏	Square
♊♐	Trine
♊♑	Sesquisquare
♊♒	Quincunx
♊♓	Opposition
Asc	Ascendant
Dsc	Descendant
Mco	Medium Coeli
Ico	Immun Coeli
Rx	Retrograde



Asc	24,09	♈
2	22,54	♊
3	21,52	♋
Isc	22,27	♌
5	24,28	♍
6	25,39	♎
Dsc	24,09	♏
8	22,54	♐
9	21,52	♑
Mco	22,27	♒
11	24,28	♓
12	25,39	♈

☉	☾	☿	♀	♂	♃	♄	♅	♆	♇	♎	♏	Asc	Mco
☉													
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☉	13,26	♎	5
☾	29,22	♏	3
☿	04,18	♐	5
♀	17,21	♑	4
♂	20,30	♒	2
♃	05,37	♓	2
♄	26,53	♈	4
♅	10,21	♉	6
♆	13,50	♊	7
♇	14,03	♋	5
♎	15,07	♌	5
♏	15,07	♍	11

## THE ESSENTIAL YEAR REPORT...

At the turn of the 21st century, there were 6 billion people on Earth. No two of them were born on the exact date, time and place - everyone has a unique horoscope. This horoscope reflects personal characteristics that the individual has chosen to work with in this life. He or she meets parents, brothers and sisters, friends, teachers and finally partners, who evoke an evolutionary development for the soul.

Each individual has then a unique life that can be mapped astrologically according to the planetary movements after birth. World of Wisdom's Essential Year Report synthesizes three astrological methods to map the life journey of the individual:

- Progressions, which reflect a personal evolutionary, or karmic pattern present at birth
- Transits, which reflect collective trends that evoke specific behavior in the individual
- Solar Returns, which are horoscopes calculated for each birthday, showing what happens to the individual on the year in question. (For unknown birth times and yearly horoscopes starting on days other than your birthday, another astrological technique - horary - is used.)

This synthesis is complex. With 12 signs, 12 houses and 10 planets (with Sun and Moon) there are 1440 simple combinations. When the connection between planets are taken into consideration (aspects) and then transits and progressions, there are several hundred thousand combinations. Essential Year Report works on several thousand of these, the rest needs to be filled in with your memory and creative visualization.

This reading describes your own evolutionary journey. To understand it fully you need to understand the talents and challenges that the planetary positions at birth represent. The first part of every section of Essential Year Report explains therefore what you can expect in life based on who you are as a person. It is crucial to realize that what happens during the course of the life is constrained by these personal factors. If your love-life promises great happiness, then later trends will trigger this potential... and vice versa.

If you wish to know more in detail about your personal character and how to get the most out of your life, then our Birth Horoscope Interpreter will go into this deeply. The Essential Year Report is designed to map out the timing of events and the fulfillment of your destiny.

# INTRODUCTION

As you enter your forties and commence a new decade, you feel a sense of urgency about the future, and realize that a number of readjustments will be inevitable now that you are 40. This is a time when you review your mental skills – your education and communication – and take steps to optimize your intellectual capacity. There is extra focus on your comfort level – both economically and in relationships – and you will need to work harder on your weaknesses and capitalize on your strengths in these areas. In nurturing your relationships, service is important for you. With humility and helpful kindness, you work hard to make the little things go well. You are critical and self-critical, but every detail is important for you in the art of loving. Love and family go hand in hand. You keep love in the dynasty, and express it through your aesthetic imprint on the home. . More importantly, there are a number of factors that seem beyond your control, that threaten to derail the train. This is why this is a good time to step back from more concrete goals and consider your overall mission in the second half of your life. How can you get out of the rut at work and innovate and change? Opportunities for change and transformation should be welcomed rather than resisted. How can you get more emotional depth and meaning into your intimate relationships? For you and your generation there is a search for grand ideals and higher meaning, though it becomes apparent with time that truth is ultimately only relative. Personally you express ideals in this connection through your choice of partners, where you tend to project unrealistic qualities on partners and experience subsequent disappointment. .

The process of attaining success during the current year depends on the one hand on how well you build upon early experience and on the other on formulating your vision for the future. Once you have a vision, you can plan how to achieve it step by step. An optimistic attitude and belief in yourself will help you to overcome the challenges that naturally arise during the course of the year.

In this period of your life there is a transition in the way you relate to partners and the world. Over the last few years you have made a lot of effort to create harmonious and rewarding relationships, and to a large degree lived up to your responsibility to others, helping those you love if they have been in difficulty. A new period is dawning that challenges you to break down the barriers that prevent true intimacy on an emotional and sexual level. This new influence starts growing around October - 2017 and will ebb out around January - 2020. It is not so much what you do or what you say that counts now, but how well you open up emotionally, how vulnerable you dare to be, and how brave you are in confronting your inner demons.

After a period of living life to the full through creative projects, children and festivities, new possibilities arise in your working environment from September - 2017 to October - 2018 because of opportunities abroad, or through an expansion of your area of expertise and encounters with intellectually inspiring colleagues. This is a time to expand the influence of your ideas and disseminate information that you really believe in. It is possible that there is more work to do, but it is more interesting work and it brings personal development for you.

Having thoroughly established considerable success in your working environment, you are ready to build up one-to-one relationships through partnership in the period from October - 2018 to March - 2019, expanding your sphere of influence and reaching out socially. Fortunate meetings with cosmopolitan and wise people can bring happiness and a new optimistic view of your potential to make an impact on others.

As you mature, acquire new resources and meet and overcome the challenges that present themselves, the stage is set for a series of developments and opportunities during the age of 40. Three very important issues that make this year special are:

- In terms of survival issues connected with work, and your drives and sexuality, this is a time when extreme conditions evoke drastic action and far-reach decisions for change. Power battles evoke an inner psychological strength that you never knew you possessed.
- Although there are possibilities of career success or domestic expansion, you may have to sacrifice your

principles or better judgment. Advisors at this time cannot necessarily be relied on, and you may also have a tendency to act on an exaggerated belief of what is possible.

- Your focus moves to one to one relationships, perhaps through meeting a strong personality who you feel can light the path ahead. In the years to come you will learn a tremendous amount about yourself by the way you relate to others.

These along with other influences will be examined later in the report.





## Life Path

### NEW LIFE GOALS BEGIN

There are many spheres of human activity which are active at any one time, but each year there will be a focus on a particular area of your life that will absorb you more than anything else, and be at the center of the events of that year.

A slow transition to a new phase in your life path makes itself felt around May 2017 which can affect the direction of your life and relationships. Tiring of a hectic life where the priority was to meet people, to exchange ideas and gather knowledge, you long to settle down and bond. Home and family appeal, not least because of the promise of emotional intimacy and a sense of belonging. In relationships there is a growing need for an ambitious and committed partner who can provide a framework for a secure home. In short the urge to learn and get out and about is over... now you need to put down roots and nurture those dear to you.

The theme at the age of 40 is openness to the world. This is the time to join with friends, groups or organizations who have an agenda for reform and change – people who evoke inspiration and excitement in every cell of your body. It is time to go on an alternative path, where you can express your own unique ideas, and associate with people who encourage original thinking. There is an international and humanitarian quality to the year ahead.

This theme channels your mental abilities in a very positive fashion, enabling you to reach out and network with others, and generally connect to everyone in your local environment through travel and enhanced communication.

You are interested in experimenting with your life in the year ahead, which means that you are open to many exotic ideas and people from all corners of the earth.

Above all you will want to expand your boundaries in this period, which you can do by traveling in foreign lands and meeting new cultures, or by reading and studying to broaden your mind. You develop and express strong opinions about what is right and wrong, and seek to put your views across persuasively.

You will find that the focus of this influence is greatly apparent in your relationships to groups, friends and associations. Many events will take place in this area, and you will be called upon to play a central role in them. Friends you make in the year ahead and groups that you get involved with will form the backdrop of your activities during the year.

Certain challenges arise.

There are relationship distractions as you pursue your course, perhaps because of romantic episodes, or simply because of a demand for attention. The urge is to spend money on spoiling yourself and those you love, but this can deplete your resources.

Relationships are intense and erotic during the course of the year. It is likely that you go through a transformative psychological process with a partner.

Some factors help.

Your caring and nurturing qualities are evoked. There is appreciation for your empathy and support, and you gain popularity. You create a secure environment for those who depend on you, and they in turn give you unqualified support.

This awakens feelings centered on your ability to relate to brothers and sisters, and people in your local environment, and to educational matters.

Your allegiances to groups and important friends stand you in good stead and keep you on the right path. Not only can you make progress in realizing your agenda with their guidance, you feel that you can make major steps towards realizing a higher mission.

In this process you need to defer to partners, rather than pushing your own independent views.

An original approach and ability to think outside the box enables you to make lightning fast progress. International contacts and travel galvanize your efforts and make this an exciting time, and a time of great new insights too.

This is connected with a new-found interest in learning about alternative subjects, especially through networking and travel.

This initial section of the report is connected with your lifestyle and direction, and the factors described above modify this direction as you respond to outside influences and your own inner evolutionary process. Of these factors the most significant during the age of 40 are:

- a time of excitement and experimentation when you associate with original people and groups to express unique ideas about society and the future.





## Career

### EXPANSION OF INFLUENCE AT WORK AND AT HOME

Every year there is a particular focus on your goals and ambitions, and a need to reformulate your mission in life and what you want to achieve. It is equally important to have a good foundation to build your successes on in terms of home and family.

A major theme as regards career during the age of 40 is dealing with crisis and transformation through harnessing your psychological talents and ability to unearth factors that can undermine success. This is a time when you nurture a secret agenda, and have to deal with power plays amongst the professional elite. There is a deep determination to turn things around.

This theme is very much connected to your belief in yourself and faith in the future. Your natural optimism and wisdom, gained over the years through travel and study, brings good fortune now in your professional life.

You can handle heavy power issues and are keen to create reform and transformation, which you will do in a specific fashion and in a specific area.

Organization and planning are the correct approach. What works is to be part of a team where each job is delegated and followed up. It is the many parts that make the successful whole, and the more you facilitate cooperation, the better.

The main area to concentrate on this year is on issues of security and allaying economic anxiety. This is an excellent time for mobilizing your psychological talents too. To secure finance you need to deal with banks and other powerful institutions.

You are empowered by the following.

Conditions for success come through connecting with stylish and gracious people who admire and support you. Your relationship to a woman can play a key role in promoting your agenda, especially when it comes to matters of taste and style. Prosperity and happiness come because of the quality of your relationships. Work with beauty, aesthetics or money.

Certain challenges arise.

One factor that can undermine success right now is the feeling of being crippled by insecurity about whether you are accepted and can integrate with those that already enjoy the benefits you would like. But perhaps there are quirky talents you can capitalize on that other people do not possess.

This is connected with a feeling of having resources or self-worth undermined by a basic flaw – something that may cost money.

One factor that can undermine success right now is a general disenchantment with the direction your career is going in. If only you could live out your dreams and ideals, help people and help the world. It seems that the people you look up to let you down, and you can feel, and may even be, cheated. This is a good time to review your professional mission.

This activates a need to find meaning in your material life and to capitalize on intangible and creative resources.

Some factors help.

One very positive factor that helps you achieve your professional agenda is the intensity and commitment that you invest into your goals. If one strategy does not work, you throw it out, and you are prepared to cut to the bone and create radical transformation. Your therapeutic abilities help you deal with hidden issues in people.

This specifically activates a need to transform intangible anxieties related to a sense of insignificance in a universe beyond your control

Challenges and opportunities arise at this time which can bring major changes or adjustments in both your career and your domestic life. The influences described below can bring concrete change, enabling you to live and work on a new level.

### **Questionable growth opportunities**

There are opportunities for expansion of your professional influence and career opportunities in the period from December 2017 to November 2018 but they may involve compromising your principles in some way. As your judgment can be faulted at this time you will need to tread carefully – advisors in particular can lead you astray through weak ethics or the wrong motivation. On the domestic front there are also opportunities of expansion, moving or home improvements, but there may also be differences of opinion with family members. In all these matters it is better to err on the side of restraint – you could be wrong.

Sometimes a time comes when you can actually make a decisive move that defines your unique career potential and the hopes you have for your family. The influences described below show challenges and opportunities that arise now which can bring concrete changes in the framework of your professional life and domestic environment.

Last year the following influence peaked, but it still has a very important effect at the age of 40. You are still digesting the changes in this area, and beginning to integrate them in your life.

#### **Adapting the mind to career and family change**

Assuming your birth time is precise, the period around June 2017 is a very active and changeable period with a lot of traveling, teaching and relating to disparate people. This can be a mentally stressful process as you have to juggle changes in the home environment with a fluctuating scenario in your professional life. It is a good time for acquiring new languages skills or academic qualifications, if you can overcome the many distractions of the period. Your sensitivity in connection with communication is high, and inferiority complexes can undermine you if you feel unqualified. Business wise and in connection with teaching or communication, there are a number of opportunities, but you can also be led astray if you are too naive. You need to be absolutely sure that you mean what you say; avoid getting trapped by words or actions that are less than honest. The combination of career and family demands can mean that you spread yourself very thin, and you would benefit from mind-training exercises at this time.

Your ideas and thoughts are centered on ways to promote your creativity and entertain. The mental evolution process you are now going through will bring new ways to express this creativity and perhaps trigger special developments with children too.

## Strategy for happiness

Assuming your birth time is precise, the period around September 2018 brings opportunities for growth and expansion both in home and family life, and also professionally. You would like to bring to bear your intellectual capacity into your career, and you are interested in expanding your horizons, both spiritually and through travel. However you are not very disposed to listen to advice; you pursue your own agenda and beliefs and tend to resist guidance from mentors, parents and other authorities. Whether others are right or not, you place your faith in your own judgment and will probably find that this faith in itself guarantees a degree of success for you. Beliefs that you follow at this time go against the establishment and family tradition, but can serve a useful purpose in widening everyone's perspective. These developments can be a highpoint in a search for meaning that also resonates with events around May 2018 when you feel that ambition and responsibility alone cannot satisfy your need for a meaningful life... insight and understanding are also crucial elements of a strategy for happiness.

This activates the latent good material fortune that is always present in your life, which means that your assets and earning capacities are affected

The career section of this report explains influences in the current year that can cause you to adapt or change professional goals, and make use of opportunities that come your way. Overall, in the area of family and career the major developments you can expect are:

- a time when you have the chance of expansion both professionally and domestically, although it is also possible that you may compromise your better judgment.
- a time when you have to think on your feet, as changes in your home and career require all your powers of mental flexibility and adaptation.
- a time when you widen your horizons and pursue your own convictions, often counter to the advice you receive from influential people in your professional or family life.
- a time of intense transformation in your ambitions, where you manage to transform a situation through secret alliances and willpower.

## Personal development

### MASTERING MENTAL RESOURCES

During the course of the year you will have a number of character-building experiences, which help you grow and develop as an individual. It is rare for any difficulty to last longer than a period of about eight months, and if you regard challenges that arise as a test that helps you become stronger, then it will be relatively easy for you to overcome them. Similarly, when events boost your confidence, it is pays to take advantage of the limited time available to capitalize on your good fortune.

and in the 5th House this relates to your need for equilibrium and personal balance, in connection with self-expression and projection, children and your creative life.

An important feature around the age of 40 is your need to define your identity through expanding your horizons. This can bring travel to distant countries, or if you remain in your native country, an expansion of philosophical or intellectual interests, all of which can enhance your influence on others. You gain spiritual and philosophical insights, and can meet an influential mentor. Your highest priorities are concerned with discovering the meaning and purpose of your life. You gain a strong sense of how you want your future to be, your influence will grow, and your wisdom increase.

You are empowered by the following.

This is a time when mental focus is important. This means developing your network of contacts, training your skills, educating yourself and generally being on the move. There may be a symbiosis with someone with whom you closely share your ideas and thoughts. Yet clarity is difficult to establish; stress levels are high and you tend to burn your fingers because there are too many irons in the fire. You seem unable to maintain objectivity, and plunge in blindly.

You are absorbed by studies, travel and the development of personal wisdom and insight during the course of the year.

Certain challenges arise.

It is during this period that you feel the pull between extremely strong needs that run counter to each other. This can lead to dynamic developments in your life – even a flowering in your relationships – but you still have to find a way of balancing the need to be independent in your own right with the need to belong and merge. Family demands can conflict with your need to assert your individual rights, and in the months ahead you will have to deal with the emotions this dilemma evokes.

You are in a period when major transformations of your personal character are on the agenda. You cast off falseness, throw away the mask, and assert yourself uncompromisingly. Your desire to be totally authentic can also lead you to be ruthless - for you, being true to your inner nature is non-negotiable. People can take





it or leave it. The tunnel is long, and dark... but light starts to emerge at the end of it.

Quite apart from the specific changes that come at the age of 40, you now reach a stage in the process of your personal evolution that enables you to integrate certain character traits that stand you in good stead for the future.

#### Letting the light shine in

Assuming your birth time is accurate, in the period up to August 2018 your focus shifts powerfully to personal relationships – not so much in connection with work and colleagues, but related to one to one interaction with another person. It is quite likely that you meet someone at this time who is capable of lightening up your life... someone you look up to and respect. Even a person in whom you are prepared to invest your identity in some way. People you meet at this time have charisma and may have a position of honor in society, and it is perfectly in order for you to let them dominate the scene to a certain degree. You are entering a long period of learning, where relationships can be likened to spiritual learning experiences that help you form your identity.

The personal development section of this report shows influences directly affecting your character, bringing both challenges and personal growth. Of these influences the most crucial are:

- a time of relationship interaction where meetings with charismatic individuals bring character enhancing experiences.





## Feelings and security

### EMBRACING EMOTIONAL FREEDOM

You are in an ongoing process of emotional development, and the focus is constantly changing. As your unconscious mind absorbs impressions during the different phases of your life, you integrate greater depth and understanding of yourself and your relationships. There are specific areas of your life where this influence has a particular significance.

With your moon in your birth chart in Cancer and in the 3rd House this relates to a deep need to relate emotionally in a secure environment, and the network of contacts in your daily life will reflect how important it is for you to reach out to others.

Emotionally the age of 40 can be said to reflect a time when you feel the urge to be dynamic and take the initiative. To this end you are willing to compete for what you want so that you can establish the right conditions for growth and security. Because you want to reach so much, so quickly, you tend to flare up and this creates a tense atmosphere for those dependant on you.

One of the main areas where this influence will be felt is in the field of communication and travel. There is a sense of being on the move, with a great deal of inspiring contact with people you meet on the way. This is a good time for studies and education, because mental stimulation is a must for you this year.

One thing that affords considerable satisfaction for you now is the sense that you can channel your natural ability to assume responsibility in a mature way, and that this can be used to consolidate the structure of your professional and family life. Those you have a strong emotional bond to, and those who are dependant on you, sense that they are safe in your hands.

You are empowered by the following.

You can expect a time of change as an inner restlessness takes hold, inspiring you to experiment with your family life and environment. You may want to live with a group of people who share your interests, or move to a more exotic place. There is an urge for more emotional freedom, and a need to extricate yourself from suffocating bonds.

Certain challenges arise.

In the current period you are challenged to have faith in your vision of the future, even if the family is attached to the security of past habits. Questions of principle are discussed and ingrained habits from the past examined in the light of the intellect.

This will be expressed through an expansion of your intellectual horizons through travel or mentorship, bringing an optimistic view of the future.

Some factors help.



A responsible attitude in this period means that you are able to build a secure base for those who are dependant on you, and there is a quiet confidence that you will realize your ambitions and live up to your commitments. You can expect authorities to give considerable support.

With social responsibilities weighing heavily upon you, there is a sense of insecurity in groups, which can be alleviated by dedication to a higher goal.

You sense an easy transition to a newer and more supportive environment which can be made with the best wishes of those who have helped you in the past. A new future, with new faces and new places, brings the promise of development and growth.

The year ahead brings an important transition which can particularly affect your professional life. There is a change in focus and feelings, which happens in January 2018. Where you previously accepted the need to shoulder the personal responsibilities expected of you by society, and recognized the importance of mobilizing your ambitions to get ahead, you now have the urge for personal liberation and self-discovery. You are no longer prepared to accept the pressures imposed on yourself by personal ambition. By getting involved with people and groups who have fringe interests, or who are outsiders of society in some way, you attune to your future potential. New Age groups and alternative viewpoints absorb you and bring exhilarating developments.

A great deal of your emotional energy – in practical terms at least – is focused on gaining an overview of where you want to go, especially professionally, in your life. This is a time when you widen your perspectives and get insight into the meaning of your life. There are new horizons that open through study or through travel, and you absorb cultural and intellectual input to enrich your understanding. You are discovering new territory all the time and this informs your ideas and opinions and widens your tolerance. Matters of principle become important, and you are far more sensitive to what is right or wrong, especially morally or ethically.

As you grow and mature emotionally, the focus shifts from one area of life to another, and you instinctively absorb the lessons connected with the many different emotional facets of your life.

- Around December 2017 you round a corner in connection with the rhythms in your life and the habits and dependencies that have been built up around you. Changes in the environment at this time make you profoundly aware of what home and family mean to you, and this is an opportunity to shake things up a little and be open to new developments that free you from too much dependency.

As you are always hungry for knowledge and for exploring your local environment and relationships, this influence makes you more aware of your emotional need for mental connection and fulfillment.

- Around April 2018 there are fortuitous contacts that stimulate you tremendously. You meet people of like mind on your travels, and the resultant exchange of ideas boosts the flow of ideas. You just have to communicate what you learn, and this information is valuable for your work, especially as regards education and networking. You are probably on the move at this time.

- Around April 2018 an old wound reopens and you become aware of something which has been a source of pain for you for a long time. It seems there is very little you can do about this; a philosophical attitude is best when there are circumstances that are very difficult to change. It is a good time to visit a healer or learn the healing arts yourself.

This opens an old wound in connection with feeling isolated and alone and on the fringe of society, perhaps because of early health issues.

- Around October 2018 sudden events turn your emotional life upside down and you may go in a

completely different direction than originally planned. You have a need to walk on the wild side, to enter uncharted emotional waters, and whatever anyone says, you are prepared to take the risk. You assert your independence and reject the secure option because it feels authentic to be true to your individual impulsive drives. There are dangerous rapids ahead.

The changes and insights you experience in this connection relate to your urge to work with something that liberates you from repetitive and restrictive work habits.

The influences described below will have an even more profound effect on your emotional life, awakening a powerful and often unconscious response. Ultimately this brings insight into your early conditioning and enables you to modify the way you instinctively react.

### **Emotional liberation**

This is an unsettled period emotionally as changes in your domestic life bring an opportunity to break free of family limitations and to experiment. These changes can bring relocation although it is difficult to find a settled environment. You may need to commute more, or you may take time off to travel. Encounters with new cultures and unconventional people awaken you to the appeal of different lifestyles that offer more freedom and less restriction. You become far more aware of previously unconscious emotional patterns, and this brings the urge to break free of dependencies that are based on childhood patterns. You distance yourself emotionally from those who make demands on you, especially if you sense an element of manipulation. This period of emotional awakening lasts from July 2016 to March 2020 and can bring you into a completely new and very stimulating environment.

### **Over-emotional times**

You can expect an expansion in your home and family life in the period from December 2016 to November 2017 which can arise from home improvements or moving, or from new people in the local or international environment, or simply from a new period of emotional growth that requires considerable adjustment. Things can get a bit much, or you can bite off more than you can chew, and this in turn results in emotional states that tend to affect your judgment. To avoid misjudgment in this period, especially through over expansion, it is important to understand that feelings come and go, and they should not alone form the basis of actions. You can get particularly worked up about injustice, and there may be one issue in particular that you find especially unfair. But perhaps you have just outgrown a situation that would have restricted you anyway. It is time to move on and grow.

This section maps out the timing and intensity of influences in your life that absorb your interest on a daily level, profoundly affecting everything, from your work to your family life. These influences constitute your emotional growth during the course of the year, and the main themes are:

- a time of disruption in your environment, bringing a move or change in family dynamics. You change your habits and gain independence.
- a time when your emotional state tends to dominate proceedings as expansion and change bring a need to grow out of restrictive habits and circumstances.
- a transition from a rather heavy sense of responsibility to the freedom represented by an inspirational group environment.
- a time when you widen your horizons through travel and education and absorb a new and more tolerant world view.

## Mental Development

### PROLONGED LEARNING AND STUDY

Gaining skills through education and other forms of training is a major ingredient for success, both professionally and in relationships. Through developing your communication talents you can make contacts and build networks which facilitate progress.

With Mercury in your birth chart in Libra and in the 5th House this relates to your grace of expression and diplomatic talents, which you express very playfully, and with creative and dramatic ability.

During the age of 40 your mental focus is on honing your diplomatic skills. The focus is very much on the important relationships in your life, and how to create harmony in them. Aesthetic considerations are an important part of your decision-making during the course of the year.

Your mental abilities are channeled into broadening your mind through study and travel. This is a year when you widen your horizons and broadcast your thoughts and ideas. You are drawn to studies and benefit from a mentor. Your interests range over a broad spread of subjects during the year.

Somehow you want to express your essential identity during the course of the year. In all your dealings you want to be true to yourself and go on your own unique path. Your basic integrity and authenticity shines through.

Certain challenges arise.

There is a lot of intense thought and speculation during the course of the year. You tend to obsess about issues that you cannot get out of your mind. There are secrets and hidden factors that you would like to uncover. Whilst this is an excellent time for therapy, it is wise to avoid relentless discussions with people who cannot handle your shadow side.

The influences described below will bring additional opportunities and challenges in the field of communication. By rising to educational challenges and improving communication skills, you can add to your skills and capabilities.

### Exasperation

There seem to be difficulties and delays in all sorts of ways in this period. Whether it is connected with travel, communication, relations or education, there are knotty problems that take time and can be the source of considerable frustration. This is a testing period mentally, and short cuts are not permitted. If projects seem overwhelming, divide them in to smaller tasks and concentrate on them rather than thinking





about the whole project. It is important to plan well now, and to put more effort into the task at hand. You need to learn the basic skills, so be patient – with yourself and with your colleagues. This mentally challenging period lasts from March 2017 to December 2018 and you will emerge from it with a much better grasp of the issues than you had at the beginning. The essential thing is to avoid worry and negative thinking, which will only wear you down physically and mentally, and to rise to each small challenge with determination and a positive attitude.

The influences described in this section challenge you to develop intellectually, socially and in relation to others. Of all these influences, in terms of the enhancement and development of your mental skills the most significant will be:

- a time of frustrations and delays in travel and mental pursuits, requiring patience, discipline and good planning.
- development of your diplomatic ability and communication skills in relationships.



## Values, Love and Relationships

### TRANSFORMATION OF LOVE

Your need for relationship is very much dependant on your tastes, and early family experiences of bonding. These factors determine whether you feel attraction or not, or whether you are simply indifferent. People of similar tastes are instinctively attracted to you, as you are to them, and this is the basis of personal harmony in your relationships.

With Venus in your birth chart in Virgo and in the 4th House this relates to your need to show your love through the little things, and to really care, which you will express in your home and family life, and in creating a harmonious domestic environment.

In relationship matters you have a need to adopt a low profile during the age of 40. You will not be able to insist on the satisfaction of your needs – quite the opposite, it is your duty to attend to the needs of others. The key word here is service – keep expectations low and take pleasure in helping others. This is a year where you want to attend to practicalities rather than be distracted by romance, and your working relationships can be more important than partnership.

Relationships tend to be in crisis during the course of the year as you investigate the primeval bonds that constitute your attraction. Love brings anxiety and an awareness of loss; it can bring jealousy and the urge to control. The deep intensity of your need to belong, and of your erotic drives, brings both passion and exhaustion. Life offers no guarantees for relationship or even economic security.

This is a time of dynamic creativity and fruitfulness which is good for love and good for partnerships. On the romantic front your erotic desires are awakened – perhaps at this time a loving person comes into your life and knows just what to do to turn you on. If the flame of love is ignited, you are not slow to respond. Instincts take over, and unions are fruitful.

You are empowered by the following.

This can hardly fail to be a romantic and passionate year. You are drawn deeper and deeper into intimate relations and fiery erotic attraction, and there is nothing for it but to let go and discover the rejuvenation quality of animal passions. If single you will be swept off your feet, if attached, then – if your head is not turned – you will go through heaven and hell because of your attraction.

This awakens some anxiety and insecurity connected with suppressed anger, intimacy and sexuality.

Certain challenges arise.

Harmony in love is disturbed during the course of the year by irritations from the outside that can pain you.

Perhaps you are forced to relate to someone else's hurt, perhaps someone throws you off balance by rejecting your advances. Don't get drawn or provoked; just create the space and acceptance to let what happens, happen.

Love brings frustrations, and it seems that you neither get the affection you desire, nor the approval you need. Keep expectations low – this is a time when you are being tested. Believe in yourself – this is just a stage you are going through to develop strength of character and self-sufficiency.

Some factors help.

You seek depth and intense erotic contact in relationships now and are not prepared to accept superficiality. As you strive to familiarize yourself with the psychological factors behind attraction, you can create a transformation in both your life and the life of loved ones. Relationships that you value will be revitalized, relationships that you don't will be discarded.

There are other major changes affecting relationships and values at this time, and the influences described below will bring opportunities to modify your need for others, and ultimately develop better ways of relating authentically.

### **Transformation of taste**

During this period in your life, the bonds of the heart are loosened and tied again as important relationships are reviewed and reformed. This is an intense process of erotic and psychological awakening, leading to a transformation of your values – what you like and what you need. This transformation can also affect the things you buy and even your economic life, as old possessions are thrown out and new ones acquired because of changing tastes. New business models replace old as you make a powerful effort to turn your economic situation around. This deep-seated reorientation of values spans the period from January 2016 to December 2018 and leads to a deeper and more authentic expression of love. Emotional bonds that have outlived their time can be replaced by powerful new bonds that reflect the change in taste and style that you are undergoing.

### **Good fortune in love**

There is a period of success for you both as regards your economy and your relationships from November 2017 to October 2018, and this brings a blossoming of confidence about your attractiveness and value as a person. If you are looking for romance, you will surely find it – especially if you travel to a romantic place. This is a good time for relationships with people from cultures you admire. You are particularly attracted to wise and cultured people who can teach you something. Generally you can afford to expand, spend more and really appreciate what life has to offer. Now is the time to both harvest and enjoy the fruits of efforts that you have made in the past, and to generously share your good fortune with those you love.

The influences described in this section will all have a significant effect on the way you relate to the world. In terms of your material values and matters of love, the most important of all these influences will be:

- a time when your emotional bonds to others are reviewed and transformed, reflecting a deep-seated transformation of taste and style.
- a time when you can enjoy the good life. Experiences with friends and lovers, especially when traveling or experiencing culture, boost your confidence and self-worth
- a diffident or hesitant attitude to love where the focus is on practicalities.



## Sex, work, willpower and assertion

### TRANSFORMING WEAKNESS INTO POWER

Nothing is achieved in life without the force and determination to go for what you want. There are battles to be won and obstacles to be overcome, and this means being able to assert yourself, and to mobilize your courage to face challenges and overcome resistance.

With Mars in your birth chart in Cancer and in the 2nd House this relates to your fierce protective instincts and aggressive sensitivity, and you channel much effort into asserting your worth and improving your material situation.

As regards personal drive the age of 40 is a year when there is a lot of work to be done, and you throw yourself into it, organizing people and systems. You will probably encounter some trouble with people and the work environment, which it is your duty to solve.

Your energy and will is channeled into deep and cathartic emotional areas. The main battlefields are in your intimate life, psychologically and sexually, but there is also an emphasis on fighting institutions to ensure greater economic security.

This is a year when you are ready to take romantic initiatives... or someone will take them on your behalf. This can lead to a very sexually active period, and a very fruitful one too. It is also a time to make manifest your values and taste.

Certain challenges arise.

An old wound is opened and painful memories awakened. You are willing to take up a struggle but flirting with danger could create more pain. Sometimes surrender and acceptance is the way to go, but if you choose to do battle, perfect your weaponry.

Efforts and initiatives are undermined by circumstances that seem beyond your control. This could be because you are no longer inspired by the same old work. Pursuing creative projects brings more satisfaction. In your dealings with others you can be deceived – take care.

There are frustrations whichever way you turn, but ultimately they serve to build up your willpower. Authoritative or dominating men can be a pain, but you should avoid kicking against the pricks. Build up muscle power through determined training.

Some factors help.

By accessing the deep inner forces that have long remained hidden, you discover an amazing surplus of strength to perform superhuman tasks. This is an excellent year for taking a failed enterprise and transforming it. On a psychological level you purge old demons and emerge re-energized.

There are other powerful influences at this time, which bring both challenges to your autonomy and independence, and opportunities for leadership and self assertion. The influences described below bring out your survival abilities and evoke a fighting spirit that can ultimately empower you.

### **Transformation of destructive energy**

This is a time when extreme circumstances call upon your survival abilities. There are times in life when the forces of danger reach a peak, and in the midst of this process it can feel like you do not have the physical or psychological resources to make it. You do. From the depths of your being you discover extraordinary strength to deal with the demons that haunt you, and you make a superhuman effort to sort things out once and for all. You can eliminate bad habits for ever. In conflict you realize that there is no room for compromise – those who suck your strength must be driven out once and for all. There are ways to enhance your strength this year – for example taking up martial arts, or meditating on and transforming mind poisons. Sexually this can be a time of obsession, yet you can also discover your sexual power, for example through studying tantric methods. This transformation of energy and drive spans the period from April 2016 to December 2020 . The greatest darkness is before the dawn – when you have overcome the challenges of this time, you will feel a sense of empowerment that makes you unconquerable in the future.

### **Believing you can do it**

The period from November 2017 to November 2018 is a time when you are full of courage and enthusiasm, and even if there are delays and setbacks, you plunge on undeterred. There is the spirit of the pioneer infusing your being; you see the distant horizon and spur on your horse to reach it as soon as possible. With such an undaunted spirit, success comes easily for you, and nobody has any desire to stand in your way. You are convinced about what is right – for you and probably for others too. Neither are you afraid to use your persuasive powers to get what you want. This leads to an expansion of your influence and greater leadership prowess. The competitive spirit is aroused; physically this can bring an interest in travel and sports, intellectually you want to learn more, debate, and excel at what you do.

The influences described in this section will bring changes in the way you strive for achievement. Of the many influences affecting your energy, sexuality and assertiveness this year the main areas to be aware of are:

- the need to invite forces of transformation that destroy old ways of acting, and replace them with new.
- a time of excitement and adventure when you vigorously expand your horizons and have undaunted confidence in succeeding at what you do.
- a lot of work, and some trouble with colleagues, but a productive year.



## Collective trends

### SPIRITUAL REDIRECTION

The influences mentioned so far in this analysis have an effect on your psychological evolution and fate which is strictly personal. There are other influences on your life based on your relationship to the collective, which can be just as exciting and stimulating for you, even though they may not evoke dramatic personal change.

#### Spiritual awareness

In this period you have reached something of a milestone – a milestone that reminds you just how fluid and unstructured life can be. This is a time when you learn the lesson of impermanence; all structures will in time dissolve, and when that time comes the key is surrender and acceptance, rather than fighting to keep back the waves. You learn also that sorrow is a constant human companion, as ubiquitous as joy, and it is the driving force for spiritual growth and purification. This period of enhanced spiritual awareness is related to a trend that lasts April 2016 to January 2020 and it serves to make you aware of your dreams and longings, and attune you to universal forces that guide the human spirit.

#### Changing life structures

It is time for you to adapt and change some of the structures on which your foundations are built. Domestic and professional routines serve a very useful function in creating stability, but over time a certain rigidity can also develop. New influences in your life now awaken a desire in you to liberate yourself from stifling routines, and experiment with new structural formats that provide more flexibility in a time of change. At work this may be a good time to integrate new technology, and to allow younger forces to come with their suggestions for innovation. In your family life, this is a good time to relax parental controls, free yourself from rigid timetables and general consider domestic change from reorganization of the home to actual moves. This trend, which lasts May 2016 to April 2019, enables you to build a bridge from past tradition to future experimentation.

#### Insights and discoveries

These are exciting times and the period October 2017 to September 2018 brings many opportunities to dramatically expand your horizons, both as far as personal development is concerned and also in connection with international or interstate travel. This is the time to promote and propagate radically new views and ideas that have the capacity to change the way people think. You will not feel comfortable with the status quo, and will probably have a number of run-ins with the establishment. The mentorship you now need will not come from the usual authorities, but from international figures and fringe groups who electrify





you with their ideas. This is also the beginning of a period when technological innovations can make a big difference for how you work in the future.

During the age of 40 you are deeply involved with establishing yourself in the world and you meet constant challenge in your outreach to other people, as you struggle to formulate your views and ideas about how you would like life to be for you. Weaknesses in communication are highlighted, but you soldier on, breaking with the past and establishing your own security foundations and methods for creating prosperity. Your constant efforts mean that you begin to show up on the radar of others, and the way you present yourself will determine whether you are welcomed or rebuffed. To ensure that your light is seen, you busy yourself acquiring new people skills and educational expertise, which prepares you for the establishment of a strong base, on which you can later build

Seen from another viewpoint, there is a purposeful evolution in your life, and each of the events that arise can be seen as milestones on the journey of your soul. There are some fields of your experience which you are all too familiar with, and perhaps you need to relinquish your attachment to them. Other areas of experience present new and interesting challenges for you soul, and require total immersion.

The primary evolutionary focus in the year is connected with your emotional and material resources and how these are shared and administrated in the world around you, particularly in intimate partnerships. This is a time to release your emotional and material hold on people and transform possessiveness that is based on anxiety to a quiet confidence in your ability to consolidate your economy, and provide in a spirit of generosity.

The collective influences described above are very much related to the generation of which you are a part, and opportunities now arise to capitalize on trends that your generation will resonate to. The most important of these are:

- a time when you learn to accept circumstances that are the result of the interplay of higher forces, and attune yourself to spiritual factors.
- a time to examine existing professional and domestic structures in your life and create change, building a bridge from the past to the future.
- a period when time moves fast and great distances are covered as revolutionary new ideas about the future grab your imagination.

The influences described in this report are based on planetary cycles, transits of the outer planets and progressions of the inner planets in an integrated description which also takes into account the major factors in your birth horoscope. Thousands of factors are taken into consideration, making this report completely unique to you for the next twelve months. Rather than make specific predictions, we have tried to describe how you can make the most out of the many changes that are taking place. By defining what you really want, and going for it, you can weather the storms and currents described in this report and come safely to the destination that you are aiming for. It is in this context that the major events of this year should be seen.

Some of the themes from this year will continue into the next year, and some completely new themes will arise. Looking at the three most important events at the age of 41 you can expect change in the following areas:

A time that awakens a longing in your heart for a deeper experience of love. No one person can live up to these expectations, but a developing interest in the arts or in spiritual values can awaken a new, deeper and more compassionate approach. Love may require some sacrifice.

In terms of survival issues connected with work, and your drives and sexuality, this is a time when extreme conditions evoke drastic action and far-reach decisions for change. Power battles evoke an inner psychological strength that you never knew you possessed.

These events - both good and bad - can be seen as a treasure chest for the personal journey of your soul.

Every event that arises has meaning for you and is a result and consequence of previous actions. If you are able to see the challenges that arise as opportunities for constructive change, then your growth will be rapid, and you will be able to truly appreciate and enjoy the many positive events that also arise during the course of your year.

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# SUN, MOON and PLANETS



## The Sun: Identity

The sun is the core of identity. It represents the influence of the father, and the struggle for individuation in adulthood. The sign the sun is in shows how we express our unique identity.



## The Moon: Emotions

The Moon represents the unconscious mind, which rules 97% of everything we do. It is connected to the mother, and the need to create and nurture home and family.



## Mercury: Contact

This planet represents the mind, and everything to do with communication, education and travel. The sign Mercury is in shows our talents and how we express them, our interests and our skills.



## Venus: Values

This planet represents the value system and personal taste. It is also connected with women and sisters. Venus shows what we desire to acquire and own to manifest our taste.



## Mars: Drive

This planet is connected to sexuality and to how we assert ourselves. Mars is the fight or flight mechanism. It is connected with brothers and most experiences with men.



## North Node: Karma

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



## Jupiter: Wisdom

Jupiter represents the inner feeling of hope and optimism that enables us to believe in our future. Jupiter shows what we believe, how we express these beliefs, and how these beliefs create our future.



## Saturn: Challenge

Saturn shows where the greatest obstacles need to be overcome. Saturn shows the structures of society we have to accept and work with, and the trials we have to meet.



## Uranus: Revolution

This planet shows the collective forces for change in society and the individual. The influence of Uranus is revolutionary on the one hand, and provocative on the other. This planet shows where we are unique.



## Neptune: Spirit

This planet shows the collective spiritual and media influences that most affect society. It evokes sensitivity and disillusion, but also brings spiritual transformation.



## Pluto: Transformation

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



## South Node: Fate

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



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# THE TWELVE SIGNS

## Aries

Cardinal, Fire (March 21st - April 20th)

*Key word: Assertion | Ruler: Mars*

Aries types like to be first; they are impulsive and easily provoked. They thrive on competition. Aries is associated with the head.

## Taurus

Fixed, Earth (April 21st - May 21st)

*Key word: Consolidation | Ruler: Venus*

This sign is very stable, immovable almost, and yet very fruitful and bountiful. Taurus types are also said to be stubborn and materialistic. Taurus is associated with the throat and neck.

## Gemini

Mutable, Air (May 22 - June 21st)

*Key word: Connection | Ruler: Mercury*

This sign reaches out to others creating a network of communication. Gemini types are sociable, gregarious, and full of ideas. Gemini is associated with the hands and lungs.

## Cancer

Cardinal, Water (June 22nd - July 21st)

*Key word: Protection | Ruler: The Moon*

This sign is motivated by family and home-building. Cancer types are emotional and they build a protective shell. Cancer is associated with the breasts and stomach.

## Leo

Fixed, Fire (July 23rd to August 22nd)

*Key word: Individuation | Ruler: The Sun*

The crucial area for Leo is identity - building up self-esteem and confidence. Leo types are normally proud, dignified and very creative. Leo is associated with the heart and back.

## Virgo

Mutable, Earth (August 23rd - Sep. 22nd)

*Key word: Discrimination | Ruler: Mercury*

This is the most perfectionist of signs, and Virgo types are very conscientious and helpful. They worry a lot about work and health. Virgo is associated with the intestines and digestion.

## Libra

Cardinal, Air (September 23rd - Oct. 23rd)

*Key word: Balance | Ruler: Venus*

Libra is gregarious and friendly, and tends to compromise for the sake of peace. Libra is associated with the kidneys and balance.

## Scorpio

Fixed, Water (October 24th - Nov. 22nd)

*Key word: Intensity | Ruler: Mars (Pluto)*

Scorpio types lead an intense emotional life. They are secretive, magnetic and powerful, and have a mysterious ability to empower others. Scorpio is associated with the genitals.

## Sagittarius

Mutable, Fire (November 23 - Dec. 21st)

*Key word: Insight | Ruler: Jupiter*

Sagittarian types are philosophical and very frank. They are great travelers, and strive to gain wisdom throughout their life. Sagittarius is associated with the thighs and the liver.

## Capricorn

Cardinal, Earth (Dec. 22nd - Jan 20th)

*Key word: Achievement | Ruler: Saturn*

This is the most ambitious of signs. Capricorn types have long-term goals and work hard, methodically, and dynamically to achieve them. Capricorn is associated with the knees.

## Aquarius

Fixed, Air (January 21st - February 19th)

*Key word: Equality | Ruler: Saturn*

This is the most social of signs - Aquarians have an egalitarian and humanitarian outlook. They have a magical, electric aura. Aquarius rules the ankles and blood circulation.

## Pisces

Mutable, Water (Feb. 20th - March 20th)

*Key word: Dissolution | Ruler: Jupiter*

Pisces types are sensitive and attuned to the cosmos. They are compassionate, but there is also a sense of being a victim. Pisces is associated with the feet and lymph glands.

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# THE TWELVE HOUSES

## The Ascendant - Lifepath

This is by far the most important position in the horoscope. It represents you, your life and how you occupy the stage - your style. Planets placed here dominate the life.

## The Second House - Resources

This house is connected with self-worth. How you feel about your body, your assets and talents - and therefore your financial status - is reflected by planets in this house.

## The Third House - Connections

This shows mental abilities and experiences connected with education, siblings, neighbors and everyone in the local environment. The house of travel and networking.

## Descendant (7th) - Relationships

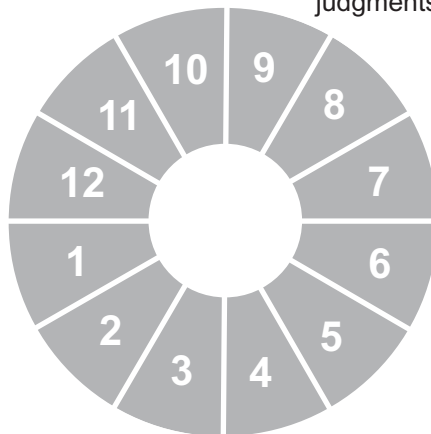
Whilst the Ascendant is connected with yourself, the Descendant is to do with others. This house shows where we reach out and meet people, and form lasting relationships.

## The Eighth House - Intimacy

This house is connected with life's inevitabilities like sex, death and taxes. This is where we feel most anxious and vulnerable, and where we confront emotional and sexual taboos.

## The Ninth House - Understanding

Planets placed here express themselves through insight and understanding gained through travel and further education. This is where beliefs are formed and judgments given.



## The IC of Fourth House - Roots

This shows the family heritage, the atmosphere at home, and the ability to connect to roots and put down new roots. Parents and family are shown here, as well as property and ancestry.

## The Fifth House - Expression

Planets placed in this house are strongly identified with and projected onto the stage. This house is connected with feeling confidence through creativity, children, love and play.

## The Sixth House - Service

Planets placed here show the need to relate with others via practical issues such as work and domestic tasks. This house is connected with health and the daily environment.

## Midheaven (10th) - Achievement

This house represents crowning achievement - your goals and mission. It also shows your career and superior authorities like parents, bosses etc. Planets here achieve success.

## The Eleventh House - Groups

This house is connected with your social life. It has to do with friendships at school and in later life, as well as groups and associations, or the social sphere you are a part of.

## The Twelfth House - Isolation

This shows isolated places in society like prisons and hospitals, or simply living away from it all. Planets placed here show where inner development takes place when feeling alone.

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# THE ASTROLOGICAL ASPECTS

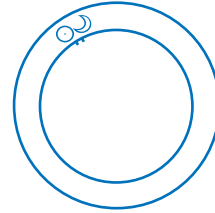


## The Conjunction

(0 degrees... orb allowed: 12 degrees)

Key word: Fusion

This aspect is in effect when two planets are close to each other, normally in the same sign. It represents the fusion of planetary principles.

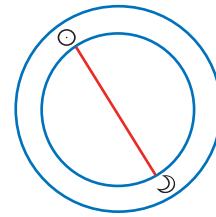


## The Opposition

(180 degrees... orb: 10 degrees)

Key word: Separation

This aspect - when two planets are in opposite signs - shows a split or division between the needs shown by two planets. There is also an attraction between opposites.

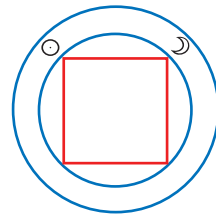


## The Square

(90 degrees... orb 6 degrees)

Key word: Tension

This aspect occurs when planets are at right angles to each other in the chart. It shows two needs at war with each other. This brings considerable dynamism, but a lot of trouble.

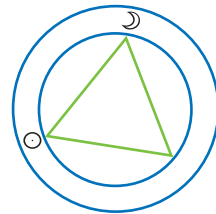


## The Trine

(120 degrees ... orb 8 degrees)

Key word: Harmony

This aspect occurs when planets are a third of the circle away and normally in the same element. This shows the harmonic confluence of needs, bringing happiness and harmony.



## The Sextile

(60 degrees... orb 4 degrees)

Key word: Creativity

If the circle is divided by a six-pointed star, the sextile would take place on two of the points next to each other. There is both dynamism and pleasure connected with this aspect.

