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Written and designed by Adrian Duncan



# Essential Year Ahead

written and designed by Adrian Duncan

Year Report for

Name: Orla Amro

Date: June 10, 1974

Time: 09:56 pm (21:56)

Place: Scranton, Pennsylvania

Age: 44

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# THE ESSENTIAL YEAR REPORT...

At the turn of the 21st century, there were 6 billion people on Earth. No two of them were born on the exact date, time and place - everyone has a unique horoscope. This horoscope reflects personal characteristics that the individual has chosen to work with in this life. He or she meets parents, brothers and sisters, friends, teachers and finally partners, who evoke an evolutionary development for the soul.

Each individual has then a unique life that can be mapped astrologically according to the planetary movements after birth. World of Wisdom's Essential Year Report synthesizes three astrological methods to map the life journey of the individual:

- Progressions, which reflect a personal evolutionary, or karmic pattern present at birth
- Transits, which reflect collective trends that evoke specific behavior in the individual
- Solar Returns, which are horoscopes calculated for each birthday, showing what happens to the individual on the year in question. (For unknown birth times and yearly horoscopes starting on days other than your birthday, another astrological technique horary is used.)

This synthesis is complex. With 12 signs, 12 houses and 10 planets (with Sun and Moon) there are 1440 simple combinations. When the connection between planets are taken into consideration (aspects) and then transits and progressions, there are several hundred thousand combinations. Essential Year Report works on several thousand of these, the rest needs to be filled in with your memory and creative visualization.

This reading describes your own evolutionary journey. To understand it fully you need to understand the talents and challenges that the planetary positions at birth represent. The first part of every section of Essential Year Report explains therefore what you can expect in life based on who you are as a person. It is crucial to realize that what happens during the course of the life is constrained by these personal factors. If your love-life promises great happiness, then later trends will trigger this potential... and vice versa.

If you wish to know more in detail about your personal character and how to get the most out of your life, then our Birth Horoscope Interpreter will go into this deeply. The Essential Year Report is designed to map out the timing of events and the fulfillment of your destiny.

# INTRODUCTION

Your 44th year is characterized by a strong awareness of the limitations imposed by both your personal and professional relationships. You meet resistance to your plans, and this leads you to consider making structural adjustments in your goals. There can be changes in your career, and serious re-evaluations of your emotional commitments. Setbacks are liable to occur, and a patient attitude is essential to overcome the challenges that arise. Challenges now have a lot to do with family circumstances that have been restrictive or repressive, or challenging in other ways. This has led to a certain emotional defensiveness which gives effective protection on the one hand, but stands in the way of harmonious developments later, that could bring a rewarding family life. It pays to soften up. These challenges have a lot to do with a latent insecurity that you feel in offering your services to others. You tend to aim low and get stuck in work that is monotonous and without perspective, and perhaps this comes from low expectations or criticism when you were young. With maturity you learn to structure your daily life, develop administrative skills and assume greater responsibility. This is a year when you gain considerable insight, but can make hasty judgments.

The process of attaining success during the current year depends on the one hand on how well you build upon early experience and on the other on formulating your vision for the future. Once you have a vision, you can plan how to achieve it step by step. An optimistic attitude and belief in yourself will help you to overcome the challenges that naturally arise during the course of the year.

In this period of your life there is a major transition which inaugurates a whole new epoch. In many ways this transition is welcome, because over the last few years it has seemed extremely difficult to get new projects off the ground, and in your heart you have realized that this is because the old formulas for success are redundant. Now you begin to get a glimpse of future possibilities. This is an influence that starts growing around December - 2018 and will ebb out around March - 2022. At times it seems that the challenges are heavy, but just to be able to envision a new plan or path for the future is extremely empowering, and much to be preferred to the sense of dissolution you experienced in the past. Knowing where to put your energy and commitment, you are willing to discipline your life, organize your time, and accept heavier demands for the sake of building a new path and new life goals.

From October - 2017 to November - 2018 you capitalize on the knowledge and experience you have garnered earlier to make a concrete success of your life. Good fortune smiles on professional endeavors in this period, and you can expand your sphere of influence. Influential people will support you, and if your strive for recognition, you will achieve it. If you go for your hopes and dreams now, then your expectations have a good chance of being fulfilled.

With professional achievements and an increase in status behind you and many career goals achieved, you are ready to capitalize on recent success by consolidating your assets and expanding your influence socially in the period from November - 2018 to February - 2019. Generous friends and mentors smooth your path and give you access to the highest places, and you harvest wisdom and influence at social gatherings.

As you mature, acquire new resources and meet and overcome the challenges that present themselves, the stage is set for a series of developments and opportunities during the age of 44. Three very important issues that make this year special are:

- You will be unsettled in your home, as the urge to experiment and change can lead to moves or family disruption. This is a time when collective events impinge on your domestic life, and when you choose to loosen attachments to the family or environment.
- Unpredictable events raise your adrenal levels and bring out the fighting spirit in the coming months, making you more inclined to take considerable risks. Whilst the samurai spirit is awakened, you may provoke others unnecessarily.
- The efforts you have made in the past now bring concrete results in both professional and personal

relationships. Contractual bonds are formed and are beneficial for the long term. You happily shoulder responsibility and rise to a position of authority.

These along with other influences will be examined later in the report.



### **NEW LIFE GOALS BEGIN**

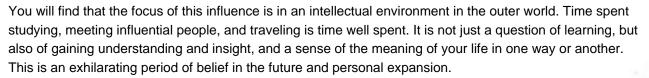
There are many spheres of human activity which are active at any one time, but each year there will be a focus on a particular area of your life that will absorb you more that anything else, and be at the center of the events of that year.

The theme at the age of 44 is to work on making your daily life both on the job and at home more efficient. This is also an important time to work on diet, fitness and health. The structure of habits in all these areas needs to be examined and improved, and you are in the mood to do so. The spirit of the year is service, which means integrating your efforts with the greater whole and creating results as part of a team. The need for personal recognition takes a back seat.

This theme puts you in contact with powerful emotional forces in your inner life that evoke considerable anxiety and upset. A psychological transformation will arise, as you reject those things that have obsessed you in the past.

You are motivated by a spirit of helpfulness and diligence in the year ahead, and the focus is on efficiency at work and health in mind and body.

It seems that you have diverging needs and interests, and you may have to pursue more than one avenue of interest at the same time. You will communicate on several different levels with a great variety of people. Being able to learn more, contact people and travel to widen your network are fields of interest that have high priority.



You are empowered by the following.

You pursue these matters with heart and soul – your identity is on the line. You are able to invest considerable charisma and authority in what you do, and this can be very forceful and win admiration, recognition and respect. Key people take you under their wing.

The essential expression of this will be through the need to see yourself playing a meaningful role intellectually.

There are unique opportunities and challenges affecting you personally right now, which can result in



significant lifestyle and relationship changes or modifications. If you would like to see your life going in a different direction, now is the time to take the reins and choose a path which is uniquely suited to you, as described by the influences below.

# **Establishing a new mission**

A new epoch is starting in your life and its importance can hardly be underestimated. After several years when it has been difficult, if not impossible, to build up stability in both your personal and your professional life, there is now a sense that you know what needs to be done, even if you do not yet have the resources to do it. You just want the opportunity to get your teeth into the challenges ahead, and you are willing to commit for the long term, just as long as you can attain the goals you are now able to clearly formulate in your mind. You pay particular attention to the physical vehicle that will carry you through – your body – and through self-discipline and determination you work on its weaknesses and build up its strengths. What resources you have now, you concentrate on yourself and your needs - other people will have to wait their turn, even though you are willing to carry any reasonable responsibilities. This period of personal reform will cover the period from January 2018 to November 2019 – if your birth time is reasonably accurate – and although it is by no means easy, the long-term results will be extremely satisfying.

There are times in your life when it is not enough to simply register and adjust to influences that come from the outer world. Sometimes the time comes to change the actual framework of your life. Perhaps this means adopting a new lifestyle or appearance. Perhaps the time has come to redefine who you are through who you choose to live with. The following influence shows a unique opportunity to move your life into another gear.

# Responsibility and success

If your birth time is precise then stable building blocks for your long-term future will be laid in the months around. September 2018 bringing hard work and commitment on the one hand, and a sense of satisfaction on the other. You sense you are on course for the future. If you meet someone at this time and contemplate marriage, you know it is written in the stars, and you will happily take the responsibility. Business wise too everything falls into place in a feat of perfect timing, enabling you to partner with big players who control the market. This is an excellent time for property and building, and for generally formalizing arrangements through binding contracts. Projects commenced now will have a long future. This can be part of a longer period of determined ambition also connected with events around. May 2022. You discover your latent organizational strength and an ability to command respect from others. Alliances with older or more experienced people help you ascend the ladder of success, and promotion is on the cards.

The challenges and responsibilities in this respect are connected with difficulties in relations to colleagues at work, and a tendency to aim too low, resulting in a work environment which blocks your potential.

This initial section of the report is connected with your lifestyle and direction, and the factors described above modify this direction as you respond to outside influences and your own inner evolutionary process. Of these factors the most significant during the age of 44 are:

- the beginning of a new epoch in your professional and personal life, when you dam up the energy that has been dissipated in the past, and channel it into new constructive growth.
- a time when ambition and commitment result in success, and partnerships deals are formalized through contracts which bring great long term benefits.
- a time when you work hard as part of a team creating more efficient work patterns in a spirit of humility and service.



Every year there is a particular focus on your goals and ambitions, and a need to reformulate your mission in life and what you want to achieve. It is equally important to have a good foundation to build your successes on in terms of home and family.

A major theme as regards career during the age of 44 is to reach out to others and network. Now is the time to get your message across, which means working on communication and perhaps traveling more locally. Learning and education can play an important role in your professional success. In business you surround yourself with gifted people who generate ideas.

This theme is very much connected to ability to provide loyal support, tuning into the needs of others and helping them grow and be fruitful. You can also expect support from your family to achieve the goals you set yourself.

You are keen to use your communicative powers and will reach out to people in a specific fashion and in a specific area.

Two things are important: on a mental level you need to gain knowledge and educate yourself by adding new skills, and on a personal level you need to reach out to others and network. Contacts are everything.



The chief focus in your career is on study, travel and widening your cultural interests. This could mean spending some time abroad or at an institution for higher learning. In this way you gain insight and wisdom.

You are empowered by the following.

Your highest priority is to make an impact amongst your peers, and you devote yourself wholeheartedly to this enterprise. Well-known personalities lend their influence, and guarantee you will be noticed. You carry the attention well and attract a following. Success.

Challenges and opportunities arise at this time which can bring major changes or adjustments in both your career and your domestic life. The influences described below can bring concrete change, enabling you to live and work on a new level.

## Professional expansion and consolidation

In the period from March 2017 to January 2019 there are excellent conditions for growth if you are prepared to work hard and shoulder more responsibility. On the home front this is a time to establish foundations and build a strong framework for the family, even if challenges loom large for a while. In your career people in authority are willing to give you their support in return for your commitment. This is also a

good time for you to consolidate your own status and gain recognition for the effort you have put it. By keeping up the good work a convergence of quite good fortune strengthens your position and it is now you can reap the benefits of earlier commitment.

Sometimes a time comes when you can actually make a decisive move that defines your unique career potential and the hopes you have for your family. The influences described below show challenges and opportunities that arise now which can bring concrete changes in the framework of your professional life and domestic environment.

Last year the following influence peaked, but it still has a very important effect at the age of 44. You are still digesting the changes in this area, and beginning to integrate them in your life.

# Strategy for happiness

Assuming your birth time is precise, the period around April 2018 brings opportunities for growth and expansion both in home and family life, and also professionally. You would like to bring to bear your intellectual capacity into your career, and you are interested in expanding your horizons, both spiritually and through travel. However you are not very disposed to listen to advice; you pursue your own agenda and beliefs and tend to resist guidance from mentors, parents and other authorities. Whether others are right or not, you place your faith in your own judgment and will probably find that this faith in itself guarantees a degree of success for you. Beliefs that you follow at this time go against the establishment and family tradition, but can serve a useful purpose in widening everyone's perspective. These developments can be a highpoint in a search for meaning that also resonates with events around December 2018 when you feel that ambition and responsibility alone cannot satisfy your need for a meaningful life... insight and understanding are also crucial elements of a strategy for happiness.

This activates the latent good material fortune that is always present in your life, which means that your assets and earning capacities are affected

The career section of this report explains influences in the current year that can cause you to adapt or change professional goals, and make use of opportunities that come your way. Overall, in the area of family and career the major developments you can expect are:

- a time when things fall into place both at home and in your career. There is still hard work to do, but the benefits of past efforts now become apparent.
- a time when you widen your horizons and pursue your own convictions, often counter to the advice you receive from influential people in your professional or family life.
- a time of communication and networking where you either work on acquiring greater knowledge and skills, or on selling your ideas.



### WISDOM AND EXPANSION

During the course of the year you will have a number of character-building experiences, which help you grow and develop as an individual. It is rare for any difficulty to last longer than a period of about eight months, and if you regard challenges that arise as a test that helps you become stronger, then it will be relatively easy for you to overcome them. Similarly, when events boost your confidence, it is pays to take advantage of the limited time available to capitalize on your good fortune.

With your sun in your birth chart in Gemini and in the 6th House this relates to your need to communicate, learn and contact others, in connection with your daily working relations, routines and health.

An important feature around the age of 44 is your need to define your identity through expanding your horizons. This can bring travel to distant countries, or if you remain in your native country, an expansion of philosophical or intellectual interests, all of which can enhance your influence on others. You gain spiritual and philosophical insights, and can meet an influential mentor. Your highest priorities are concerned with discovering the meaning and purpose of your life. You gain a strong sense of how you want your future to be, your influence will grow, and your wisdom increase.



You are empowered by the following.

This is a time when mental focus is important. This means developing your network of contacts, training your skills, educating yourself and generally being on the move. There may be a symbiosis with someone with whom you closely share your ideas and thoughts. Yet clarity is difficult to establish; stress levels are high and you tend to burn your fingers because there are too many irons in the fire. You seem unable to maintain objectivity, and plunge in blindly.

You are absorbed by studies, travel and the development of personal wisdom and insight during the course of the year.

Certain challenges arise.

It is during this period that you are dealing with inner existential issues that can evoke a sense that life is somewhat meaningless. Money, work and relationships cannot provide all the answers – you need to see your life as a whole and bring spiritual evolution into the equation. Meeting a spiritual mentor or absorbing yourself in a new creative activity can bring back color and depth into your life.

This activates a need to find a working life that is meaningful rather than boring, perhaps where you can help others unselfishly.

Certain key influences will present challenges and opportunities to you now as regards you development as an individual. Below you will find effects described, which you will feel more or less powerfully, evoking actions that enable you to stamp your signature on events.

# Overreaching yourself

The period from December 2018 to December 2019 is a time when you encounter intellectual authorities who are in a position to make judgments on your character, and if you over-estimate your strength or capability, this judgment can go against you. On the one hand you expand your influence, either through intellectual achievement or travel, but on the other, there is a tendency to go over the top. The essential thing is to guard against hubris. There is no harm in thinking positive and being intellectually competitive, but without groundwork you will be unable to hold on to the success you are hoping for. You are attracted to mentors, but you may later feel that you misjudged people. Watch out for inflated egos.

The personal development section of this report shows influences directly affecting your character, bringing both challenges and personal growth. Of these influences the most crucial are:

- a tendency to overrate yourself and fly, Icarus-like, too close to the sun.



#### **EXPANSION OF EMOTIONAL INSIGHT**

You are in an ongoing process of emotional development, and the focus is constantly changing. As your unconscious mind absorbs impressions during the different phases of your life, you integrate greater depth and understanding of yourself and your relationships. There are specific areas of your life where this influence has a particular significance.

With your moon in your birth chart in Aquarius and in the 2nd House this relates to your need to live an unconventional life emotionally and explore unusual environments, and you will establish security by creating strong material anchors in your life.

Emotionally the age of 44 can be said reflect a time when you want to consolidate and create conditions of comfort and security. To feel safe and secure, it is also important that you are economically comfortable, and you can expect optimal conditions to cover your material needs. A spirit of calm dwells over your emotional life now, and you create a firm anchor for growth and nurturing.

One of the main areas where this influence will be felt is in your intimate life. You feel very vulnerable emotionally because of your needs – both in love and as regards economic dependency – and this can lead to a series of crises which ultimately bring psychological catharsis and emotional insight.

e and affection, and your inherent ability to

One thing that has high priority now is the general theme of love and affection, and your inherent ability to show kindness and appreciation. Love and the emotional bonds it creates builds up strong dependencies and attachment on the one hand, and a caring and nurturing attitude on the other.

You are empowered by the following.

You can expect a time of change as an inner restlessness takes hold, inspiring you to experiment with your family life and environment. You may want to live with a group of people who share your interests, or move to a more exotic place. There is an urge for more emotional freedom, and a need to extricate yourself from suffocating bonds.

This is connected with unsettling experiences connected with anxiety, the taboo, and sexuality, which ultimately bring radical new psychological insights.

Certain challenges arise.

In the current period you are challenged to have faith in your vision of the future, even if the family is attached to the security of past habits. Questions of principle are discussed and ingrained habits from the past examined in the light of the intellect.

This will be expressed in concrete ways in your life, most notable through material and economic expansion



and acquisition.

There is an element of stress connected with your need for a stable attachment and an urge to go out into the world and fight for what you want. Impatience and irritation will undermine domestic harmony if you are unable to dampen

This galvanizes the desire you have this year to promote yourself and assert your creativity and sexuality. Some factors help.

A responsible attitude in this period means that you are able to build a secure base for those who are dependant on you, and there is a quiet confidence that you will realize your ambitions and live up to your commitments. You can expect authorities to give considerable support.

With restrictions and difficulties in your home and family life right now, the acceptance of domestic responsibility is the best stance.

During the course of the year there is a transition process during which the emphasis on developing your diplomatic talents mutates into a far deeper and more intimate emotional process. This change happens in April 2019 . For some time it has been important for you to develop a friendly sensitivity to others and to improve your people skills. Now the challenge is for you to delve deep into hidden emotional drives – into feelings that you have far less control over. Any emotional issues which have been conveniently buried will surface at this time. What is more, your own drives – especially sexual drives – rise up and possess you. There is more anxiety and jealousy, yet there are huge psychological rewards. When this process is finished, you will radiate depth and magnetism based on the inner discoveries you have made.

A great deal of your emotional energy – in practical terms at least – is focused on gaining an overview of where you want to go, especially professionally, in your life. This is a time when you widen your perspectives and get insight into the meaning of your life. There are new horizons that open through study or through travel, and you absorb cultural and intellectual input to enrich your understanding. You are discovering new territory all the time and this informs your ideas and opinions and widens your tolerance. Matters of principle become important, and you are far more sensitive to what is right or wrong, especially morally or ethically.

As you grow and mature emotionally, the focus shifts from one area of life to another, and you instinctively absorb the lessons connected with the many different emotional facets of your life.

- Around July 2018 there are excellent opportunities to come into new environments to meet people and groups that have a role to play in helping you along to your destination. In the snakes and ladders of life, you find a ladder. You sense the continuity that exists between your past life and what is to be your future, and instinctively understand the meaningful nature of it all.

This activates a major life theme for you, which is the dilemma of letting go of a need to be of use to others, and embracing seclusion to develop your spiritual life.

- Around October 2018 an old wound reopens and you become aware of something which has been a source of pain for you for a long time. It seems there is very little you can do about this; a philosophical attitude is best when there are circumstances that are very difficult to change. It is a good time to visit a healer or learn the healing arts yourself.

This opens an old wound in connection with school, educational experiences, siblings and communication in general.

- Around November 2018 there are developments that take you completely by surprise, which involve radical changes in the rhythms of your daily life. These changes are connected with new groups and

alliances that you get involved with, where there is a strong community spirit... perhaps even a revolutionary spirit. It is an excellent time for developing alternative interests and an experimental lifestyle. It seems that emotionally you are on overdrive, though this in turn can cause a degree of stress and breathlessness.

The changes and insights you experience in this connection relate to your search for alternative life views to gain perspective on your life and your future.

- Around May 2019 you are feeling restless and impulsive and are inclined to make decisions based on gut feeling, which take little account of the needs of people who are dependent on you. This can for example lead to family strife and parental conflicts. However, you do not lack courage and are willing to fight for your needs... sometimes patience needs to give way to action. You need to guard against provocative behavior and a tendency to go on the attack when you feel threatened.

As partnership is an area where you are constantly trying to find a balance between assertion and harmony, relationships are subject to dynamic change and a degree of disruption with this influence.

The influences described below will have an even more profound effect on your emotional life, awakening a powerful and often unconscious response. Ultimately this brings insight into your early conditioning and enables you to modify the way you instinctively react.

# Gipsy life

A new epoch is beginning in your life — if your birth time is accurate — connected with your roots and domestic circumstances. You shake loose many attachments to the past and have the desire to be footloose and free. Oppressive family pressures are not for you at this time, and you make choices that increase your freedom of movement. If this was 19th century America, you would be heading out West. There is a gipsy spirit which can result in you moving home or at least traveling a lot between different home bases. It is also possible that people who come from an exotic environment spend time in your home now, awakening you to the big, wild world. Desire for renewal, excitement and change can also affect your career, inspiring you to be more independent. If you have been contemplating relocation or moving abroad, this is the time to do it. This exciting period can be expected to last from May 2018 to April 2021, and it will lead to a new and freer home life.

## **Over-emotional times**

You can expect an expansion in your home and family life in the period from January 2018 to December 2018 which can arise from home improvements or moving, or from new people in the local or international environment, or simply from a new period of emotional growth that requires considerable adjustment. Things can get a bit much, or you can bite off more than you can chew, and this in turn results in emotional states that tend to affect your judgment. To avoid misjudgment in this period, especially through over expansion, it is important to understand that feelings come and go, and they should not alone form the basis of actions. You can get particularly worked up about injustice, and there may be one issue in particular that you find especially unfair. But perhaps you have just outgrown a situation that would have restricted you anyway. It is time to move on and grow.

This section maps out the timing and intensity of influences in your life that absorb your interest on a daily level, profoundly affecting everything, from your work to your family life. These influences constitute your emotional growth during the course of the year, and the main themes are:

- new winds blow on the domestic scene, leading to long-distance commuting, relocating or sudden changes in the family situation.
- a time when your emotional state tends to dominate proceedings as expansion and change bring a need to grow out of restrictive habits and circumstances.

a time of transition from being social and diplomatic to being intensely emotional and psychological aware.
a time when you widen your horizons through travel and education and absorb a new and more tolerant world view.



# **Mental Development**

### PROLONGED LEARNING AND STUDY

Gaining skills through education and other forms of training is a major ingredient for success, both professionally and in relationships. Through developing your communication talents you can make contacts and build networks which facilitate progress.

With Mercury in your birth chart in Cancer and in the 7th House this relates to your deep and intuitive mental sensitivity, and you evoke similar qualities in your relationships, where communication is your highest priority.

During the age of 44 your mental focus is on diversifying. This means reaching out to others, networking and generally being on the move more. Your curiosity is aroused, and you may want to learn more, but of primary importance is improving communication skills.

Your mental abilities are channeled into broadening your mind through study and travel. This is a year when you widen your horizons and broadcast your thoughts and ideas. You are drawn to studies and benefit from a mentor. Your interests range over a broad spread of subjects during the year.

Your natural empathy comes to the fore now, and you find it easier to tune in to others and address their concerns. Your skills for public speaking are accentuated, and this is an excellent time for family projects too.



The influences described below will bring additional opportunities and challenges in the field of communication. By rising to educational challenges and improving communication skills, you can add to your skills and capabilities.

## **Exasperation**

There seem to be difficulties and delays in all sorts of ways in this period. Whether it is connected with travel, communication, relations or education, there are knotty problems that take time and can be the source of considerable frustration. This is a testing period mentally, and short cuts are not permitted. If projects seem overwhelming, divide them in to smaller tasks and concentrate on them rather than thinking about the whole project. It is important to plan well now, and to put more effort into the task at hand. You need to learn the basic skills, so be patient – with yourself and with your colleagues. This mentally challenging period lasts from February 2018 to December 2019 and you will emerge from it with a much better grasp of the issues than you had at the beginning. The essential thing is to avoid worry and negative thinking, which will only wear you down physically and mentally, and to rise to each small challenge with determination and a positive attitude.

Your mental evolution is a product of the people you encounter during your life, who evoke certain qualities in you, as well as your contact with institutions of learning and educational media. The lessons you learn give depth and breadth to your personal message to the world. This year new opportunities arise.

## Cultural awareness

Development of skills tends to be an interaction between learning and communication, coupled with an inner personal sense of what you like and are attracted to. In this way you build up your own personal value system and set of skills. The period around November 2018 is a time of good fortune and excellence in this respect. You meet gifted people who have a beneficial affect on your taste and judgment. You learn to express yourself diplomatically and with charm. A sister can have an extremely beneficial affect now, and for several years into the future. You can also join forces with a particular person to whom you feel a romantic but perhaps asexual attraction, with whom you share the same ideas and values. This is an excellent time for friendships, siblings and children. You get engaged in a learning environment with people whose company you really enjoy. Your love of music, poetry and the arts increases and cultural interaction enriches your daily life.

A beautiful home and loving family are crucial for you, and partners at this time will affect your sense of well-being in this area. Your family plays a role in arranging meetings with partners.

The influences described in this section challenge you to develop intellectually, socially and in relation to others. Of all these influences, in terms of the enhancement and development of your mental skills the most significant will be:

- a time of frustrations and delays in travel and mental pursuits, requiring patience, discipline and good planning.
- a happy time socially and romantically bringing educational and cultural enrichment.
- development of your ability to communicate and network with others.



#### OVERCOMING RELATIONSHIP CHALLENGES

Your need for relationship is very much dependant on your tastes, and early family experiences of bonding. These factors determine whether you feel attraction or not, or whether you are simply indifferent. People of similar tastes are instinctively attracted to you, as you are to them, and this is the basis of personal harmony in your relationships.

With Venus in your birth chart in Taurus and in the 4th House this relates to your need to for solid values in relationships, which you will express in your home and family life, and in creating a harmonious domestic environment.

In relationship matters you are completely attuned to your emotions and those of your partner during the age of 44. A heightened sensitivity and vulnerability invokes a need to protect both your own heart and your family. You are easily wounded and react to perceived threats to family harmony. Children and you home environment are extremely important to you now. You need a mate with whom you can build a nest and nurture the family – home is where the heart is.

Business relations can be more important than romantic relationships during the course of the year, though if you are looking for love it could be found in a professional environment. You are likely to meet benefactors who can give you the resources you need to increase your career status. Parental expectations can play a primary role in relationship choices.

You are prepared to fight tooth and nail for the relationships that are important to you now. There is passion in your life and a need to realize yourself erotically. This is a time when the love of a partner awakens primeval desires in a classic meeting of the sexes. In the long run this is an integration process that smoothes your rough edges and makes you more amenable and attractive.

# Certain challenges arise.

There are undercurrents in your relationships... perhaps an element of secretiveness or the taboo, with strong erotic passions. You are in a process of intense and passionate transformation which brings out the shadow side of relationships. Your position can be undermined because your affections are not reciprocated, or because of secretive liaisons. This could be the time to definitively eliminate past bonds.

This specifically activates a need to transform something in your domestic life, unearthing hidden influences that undermine your foundations, and clearing up long-standing family misunderstandings.

You can feel rather bored in existing relationships, and you tend to get distracted by the promise of excitement. Unpredictable changes can take place that threaten stability, either because of your own need for something new, or because loved ones are unreliable. If there is lack of commitment then emotional



distance becomes inevitable. Leave partners in peace and channel this influence into an unusual and stimulating social life.

There are other major changes affecting relationships and values at this time, and the influences described below will bring opportunities to modify your need for others, and ultimately develop better ways of relating authentically.

# Self-reliance in relationships

In the period from February 2018 to December 2019 you develop a certain self-sufficiency in relationships, learning that love must be given from a position of strength, not need or dependence. If you feel dissatisfied or rejected at this time, it is part of a development process that requires taking responsibility for your emotional needs. The more you ask from others, the less appreciated your will be. The more you give, the more you will be loved. If relationships cannot stand the test of time now, you have the determination to go it alone, though this is also a good time to meet someone, perhaps an older person, and make a commitment. Financially this may not be a time when money is plentiful, but it is an excellent time for creating the conditions for wealth through economic planning and restraint.

Quite apart from the specific changes that come at the age of 44, you now reach a stage in the process of your evolution in terms of relationship that enables you to integrate new values in your life through encounters with individuals or groups where you form a bond of one sort or another.

Last year the following influence peaked, but it still has a very important effect at the age of 44. You are still digesting the changes in this area, and beginning to integrate them in your life.

#### Family and career satisfaction

Assuming that your birth time is accurate the period around June 2018 is a time when you can experience emotional blessings at home and material success at work. Happy events with children bring out your loving nature, and caring supporters boost your net professional worth – perhaps helping you to get funds. This is the time to work more with people, or to trade with things of beauty. Likewise this is an excellent time to invest in housing or do something to create a beautiful and harmonious environment at home. A blossoming of potential now creates a comfortable foundation for growth and happiness.

## The welding of bonds

It is at this time of your life that you get involved in a relationship or social circumstance that has great significance for the way you relate for years into the future. There is a heavy commitment, and the hand of karma weighs strongly on your shoulders. You could forge an unbreakable bond with someone or some group, but the responsibilities this entails can be very challenging. There is a sense of inevitability – you cannot escape. You must now commit in the long term and accept the challenges ahead. You gain strength of character. You develop moral fiber. You build economic, romantic or social foundations for the future. There may be times when the pressure makes you feel unhappy or depressed. You may suffer from a sense of being unloved or unpopular. All this must be taken on board – you will come out of this period of relationship challenge with a strong, self-sufficient character. This can be part of a longer process connected with events around September 2024.

The influences described in this section will all have a significant effect on the way you relate to the world. In terms of your material values and matters of love, the most important of all these influences will be:

- a time when you develop self-reliance in your relationships, and learn to look after yourself rather than be dependant on others for appreciation or financial support.

a happy event both at home and at work brings higher quality of life.
a protectiveness towards partners and family, and a need to provide and nurture.



### PURSUING TOTAL FREEDOM

Nothing is achieved in life without the force and determination to go for what you want. There are battles to be won and obstacles to be overcome, and this means being able to assert yourself, and to mobilize your courage to face challenges and overcome resistance.

With Mars in your birth chart in Leo and in the 7th House this relates to your need to express your passion and your will, and to establish your superiority, and this manifests as a combative spirit in personal relationships.

As regards personal drive the age of 44 is a year when you are inspired to go your own way, even if it runs counter to convention. You are motivated to work with groups, the more exotic the better, or get involved with technological, peer to peer ventures. Expect some trouble in your social life.

Your energy and will is channeled into being creative. You are willing to take center stage and fight for the projects you hold dear, which can bring creative success. There is also a desire to celebrate life, and social activities, parties and other outgoing activities, which can bring romantic involvement. Children may figure strongly, but they can be troublesome.

This is a year when you would rather work on something creative or inspirational than carry on doing the same old routines. You long to live meaningfully, and this leads you to experiment with unusual activities connected with imaginative force.

# Certain challenges arise.

Differences in personal and group relationships are exacerbated by your combative attitude. You fight to detach yourself or at least to reorient your goals in relation to others. A warrior can have few friends, but is much needed in times of upheaval.

In this process you need to draw on your network rather than trying to push through your own creative agenda.

There are other powerful influences at this time, which bring both challenges to your autonomy and independence, and opportunities for leadership and self assertion. The influences described below bring out your survival abilities and evoke a fighting spirit that can ultimately empower you.

## Reckless behavior

There is a willingness to take some extreme risks this year, and this influence is most acute from May 2017

to April 2020 . This is a time when unpredictable events evoke the fighting spirit in you, even though you might have expected peace and quiet. You can be both provoked and provocative, but the idea is to shake you out of your complacency so that exciting new dimensions can arise in your life. There is an awakening of your physical nature now, and this can ultimately lead to a more stimulating sex life and generally enhanced body awareness. You are attracted to unpredictable people and there may be a lot of enervating travel in this connection. A strong – and perhaps unreasonable – need for freedom brings trouble at work and with the authorities. Really you would be happier in a free-lance position at this time. Whilst freedom is important, if you are completely insensitive to the needs of others, you could find yourself out in the cold. **Believing you can do it** 

The period from February 2018 to December 2018 is a time when you are full of courage and enthusiasm, and even if there are delays and setbacks, you plunge on undeterred. There is the spirit of the pioneer infusing your being; you see the distant horizon and spur on your horse to reach it as soon as possible. With such an undaunted spirit, success comes easily for you, and nobody has any desire to stand in your way. You are convinced about what is right – for you and probably for others too. Neither are you afraid to use your persuasive powers to get what you want. This leads to an expansion of your influence and greater leadership prowess. The competitive spirit is aroused; physically this can bring an interest in travel and sports, intellectually you want to learn more, debate, and excel at what you do.

The influences described in this section will bring changes in the way you strive for achievement. Of the many influences affecting your energy, sexuality and assertiveness this year the main areas to be aware of are:

- Risk-taking in pursuit of excitement and change, leading to changes in the work scene and a good deal more travel.
- a time of excitement and adventure when you vigorously expand your horizons and have undaunted confidence in succeeding at what you do.
- a time to go off on a tangent and pursue your unique interests, especially on a social level.



## PRACTICAL METHODS FOR DEALING WITH ANXIETY

The influences mentioned so far in this analysis have an effect on your psychological evolution and fate which is strictly personal. There are other influences on your life based on your relationship to the collective, which can be just as exciting and stimulating for you, even though they may not evoke dramatic personal change.

# Discovering the cracks

In the period March 2017 to December 2018 you are immersed in a power play with forces much greater than you – whether it be something in the environment, involvement with powerful authorities, or with people and institutions that control a great deal of money. There may be a secretive element to your dealings, and it is difficult to know what is really going on. On an inner level too, deep emotions may want to break through to the surface, thought it may seem crucial to keep them contained. Under these seismic pressures, cracks appear in the surface of your life. Perhaps you have to ask yourself whether the foundations you are building your professional or family life on are rooted on stable ground? You have a responsibility to investigate the psychological issues that are formative for your character – only in this way can you eliminate unsafe structures and replaced them with something that lasts.



## Ideological impact

A deep insight into the hidden side of your inner and outer life arises in the period October 2018 to January 2019 and you have the potential to learn just how powerful unconscious forces can be. You may be able to channel this power into your work, in dealings with the elite, in studies through magic and psychology and in travel, through visiting places of mystery. What becomes especially apparent to you is the force of a brand or an icon – how a single powerful idea can exert an enormous collective influence. If you can learn how to use this knowledge your work can have far greater transformative impact.

## **Transcendence**

During this period you are inspired by a vision for the future and a sense of possibility. There are no limits to your imaginative powers right now, and if channeled correctly this can lead to truly amazing spiritual insight or creative breakthroughs. However your imagination can also lead you astray if historically you have a tendency to be unrealistically optimistic. A hot air balloon reveals a wonderful panorama, but without sufficient fuel or sufficient ballast, it can be quite dangerous. Likewise you need to beware of get-rich-quick schemes, seductive gurus and people who capitalize on other people's credulity. You can let your head reach the clouds as long as your feet are planted firmly on the earth. This period of enhanced imaginative powers stems from a trend that lasts May 2017 to February 2021 and can bring a completely new vista and the discovery and use of transcendent powers.

During the age of 44 you are deeply involved with establishing yourself in the world and you meet constant challenge in your outreach to other people, as you struggle to formulate your views and ideas about how

you would like life to be for you. Weaknesses in communication are highlighted, but you soldier on, breaking with the past and establishing your own security foundations and methods for creating prosperity. Your constant efforts mean that you begin to show up on the radar of others, and the way you present yourself will determine whether you are welcomed or rebuffed. To ensure that your light is seen, you busy yourself acquiring new people skills and educational expertise, which prepares you for the establishment of a strong base, on which you can later build

Seen from another viewpoint, there is a purposeful evolution in your life, and each of the events that arise can be seen as milestones on the journey of your soul. There are some fields of your experience which you are all too familiar with, and perhaps you need to relinquish your attachment to them. Other areas of experience present new and interesting challenges for you soul, and require total immersion.

The primary evolutionary focus in the year is connected with coming out of a sense of isolation and getting more involved in the working functions of society. Integrating with the work force brings up the spirit of service, and this can bring a lot of meaning in a world that sometimes can feel very lonely. What works at this time is to organize your life and create daily rhythms, which exercise your body, mind and soul.

The collective influences described above are very much related to the generation of which you are a part, and opportunities now arise to capitalize on trends that your generation will resonate to. The most important of these are:

- a time when there are dealings with implacable people and institutions, exposing your anxieties about survival in society.
- a time when you are initiated into the inner transformative power of ideas, and can use them to create great impact in both your inner and inner world.
- a time when many possibilities for the future entrance you. Unrealistic schemes may not work, but this is an excellent period for spiritual growth and understanding.

The influences described in this report are based on planetary cycles, transits of the outer planets and progressions of the inner planets in an integrated description which also takes into account the major factors in your birth horoscope. Thousands of factors are taken into consideration, making this report completely unique to you for the next twelve months. Rather than make specific predictions, we have tried to describe how you can make the most out of the many changes that are taking place. By defining what you really want, and going for it, you can weather the storms and currents described in this report and come safely to the destination that you are aiming for. It is in this context that the major events of this year should be seen.

Some of the themes from this year will continue into the next year, and some completely new themes will arise. Looking at the three most important events at the age of 45 you can expect change in the following areas:

You will be unsettled in your home, as the urge to experiment and change can lead to moves or family disruption. This is a time when collective events impinge on your domestic life, and when you choose to loosen attachments to the family or environment.

A time that brings tremendous stimulus to your imaginative powers, and awakens dreams of a utopian future. Without the ballast of common sense, top-heavy dreams will collapse. Correctly channeled this is a time of spiritual development and growth.

You lose your sense of direction, perhaps because of the confused signals that other people send, or perhaps because of sorrowful events that undermine your will. Surrender and acceptance enable you to find new emotional resources that ultimately enrich you spiritually. Beware of unreliable people.

These events - both good and bad - can be seen as a treasure chest for the personal journey of your soul. Every event that arises has meaning for you and is a result and consequence of previous actions. If you are able to see the challenges that arise as opportunities for constructive change, then your growth will be

rapid, and you will be able to truly appreciate and enjoy the many pocourse of your year.	ositive events that also arise during the
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# Index of Annotations

1. Ascendant solar return in Virgo	p. 7
2. Ascendant solar return Pluto in birth horoscope	p. 7
3. Ascendant solar return ruler Sun solar return	p. 7
4. Solar return Sun in 9th House	p. 7
5. Saturn transit Ascendant in birth horoscope	p. 8
6. Ascendant progressed in harmony with Saturn in birth horoscope	p. 8
7. Saturn in 6th House in birth horoscope	p. 8
8. Solar return Ascendant in Virgo	p. 8
9. Midheaven solar return in Gemini	p. 9
10. Midheaven solar return in harmony with Moon in birth horoscope	p. 9
11. Midheaven solar return ruler Sun solar return	p. 9
12. Saturn transit in harmony with Midheaven in birth horoscope	p. 9
13. Midheaven progressed in tension with Jupiter in birth horoscope	p. 10
14. Jupiter in 2nd House in birth horoscope	p. 10
15. Solar return Midheaven in Gemini	p. 10
16. Sun solar return in 9th House	p. 11
17. Sun solar return Mercury solar return	p. 11
18. Solar return Mercury in 9th House	p. 11
19. Sun solar return in tension with Neptune solar return	p. 11
20. Solar return Neptune in 6th House	p. 11
21. Jupiter transit in tension with Sun in birth horoscope	p. 12
22. Moon solar return in Taurus	p. 13
23. Moon solar return in 8th House	p. 13
24. Moon solar return Venus in birth horoscope	p. 13
25. Moon solar return Uranus solar return	p. 13
26. Solar return Uranus in 8th House	p. 13
27. Moon solar return in tension with Jupiter solar return	p. 13
28. Solar return Jupiter in 2nd House	p. 13
29. Moon solar return in tension with Mars solar return	p. 14
30. Solar return Mars in 5th House	p. 14
31. Moon solar return in harmony with Saturn solar return	p. 14
32. Solar return Saturn in 4th House	-
33. Moon progressed in harmony with N.Node in birth horoscope	
34. N.Node in 12th House in birth horoscope	p. 14
35. Moon progressed in tension with Chiron in birth horoscope	-
36. Chiron in 3rd House in birth horoscope	
37. Moon progressed Uranus in birth horoscope	-
38. Uranus in 9th House in birth horoscope	-
39. Moon progressed in tension with Mars in birth horoscope	-
40. Mars in 7th House in birth horoscope	-
41. Uranus transit IC in birth horoscope	-
42. Jupiter transit in tension with Moon in birth horoscope	-
43. Mercury solar return in Gemini	
44. Mercury solar return in 9th House	
	•

45. Mercury solar return in harmony with Moon in birth horoscope	p. 17
46. Saturn transit in tension with Mercury in birth horoscope	p. 17
47. Mercury progressed in harmony with Venus in birth horoscope	p. 18
48. Venus in 4th House in birth horoscope	p. 18
49. Solar return Mercury in Gemini	p. 18
50. Venus solar return in Cancer	p. 19
51. Venus solar return in 10th House	p. 19
52. Venus solar return Mars in birth horoscope	p. 19
53. Venus solar return in tension with Pluto solar return	p. 19
54. Solar return Pluto in 4th House	p. 19
55. Venus solar return in tension with Uranus solar return	p. 19
56. Saturn transit in harmony with Venus in birth horoscope	p. 20
57. Venus progressed in harmony with Midheaven in birth horoscope	p. 20
58. Venus progressed Saturn in birth horoscope	p. 20
59. Saturn in 6th House in birth horoscope	p. 20
60. Solar return Venus in Cancer	p. 21
61. Mars solar return in Aquarius	p. 22
62. Mars solar return in 5th House	p. 22
63. Mars solar return in harmony with Neptune in birth horoscope	p. 22
64. Mars solar return in tension with N.Node solar return	p. 22
65. Solar return N.Node in 11th House	p. 22
66. Uranus transit in tension with Mars in birth horoscope	p. 22
67. Jupiter transit in harmony with Mars in birth horoscope	p. 23
68. Solar return Mars in Aquarius	p. 23
69. Saturn transit in tension with Pluto in birth horoscope	p. 24
70. Jupiter transit in harmony with Pluto in birth horoscope	p. 24
71. Neptune transit Jupiter in birth horoscope	p. 24
72. N.Node transit in 6th House in birth horoscope	p. 25
73. Index	p. 27

# **SUN, MOON and PLANETS**



# The Sun: Identity

The sun is the core of identity. It represents the influence of the father, and the struggle for individuation in adulthood. The sign the sun is in shows how we express our unique identity.



# The Moon: Emotions

The Moon represents the unconscious mind, which rules 97% of everything we do. It is connected to the mother, and the need to create and nurture home and family.



# **Mercury: Contact**

This planet represents the mind, and everything to do with communication, education and travel. The sign Mercury is in shows our talents and how we express them, our interests and our skills.



## **Venus: Values**

This planet represents the value system and personal taste. It is also connected with women and sisters. Venus shows what we desire to acquire and own to manifest our taste.



## **Mars: Drive**

This planet is connected to sexuality and to how we assert ourselves. Mars is the fight or flight mechanism. It is connected with brothers and most experiences with men.



## North Node: Karma

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



# **Jupiter: Wisdom**

Jupiter represents the inner feeling of hope and optimism that enables us to believe in our future. Jupiter shows what we believe, how we express these beliefs, and how these beliefs create our future.



# Saturn: Challenge

Saturn shows where the greatest obstacles need to be overcome. Saturn shows the structures of society we have to accept and work with., and the trials we have to meet.



# **Uranus: Revolution**

This planet shows the collective forces for change in society and the individual. The influence of Uranus is revolutionary on the one hand, and provocative on the other. This planet shows where we are unique.



# Neptune: Spirit

This planet shows the collective spiritual and media influences that most affect society. It evokes sensitivity and disillusion, but also brings spiritual transformation.



## **Pluto: Transformation**

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



## **South Node: Fate**

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.

# THE TWELVE SIGNS

# **Aries**

Cardinal, Fire (March 21st - April 20th)

Key word: Assertion | Ruler: Mars

Aries types like to be first; they are impulsive and easily provoked. They thrive on competition. Aries is associated with the head.

## **Taurus**

Fixed, Earth (April 21st - May 21st)

Key word: Consolidation | Ruler: Venus

This sign is very stable, immoveable
almost, and yet very fruitful and bountiful.

Taurus types are also said to be stubborn
and materialistic. Taurus is associated
with the throat and neck.

# Gemini

Mutable, Air (May 22 - June 21st)

Key word: Connection | Ruler: Mercury

This sign reaches out to others creating a network of communication. Gemini types are sociable, gregarious, and full of ideas. Gemini is associated with the hands and lungs.

## Cancer

Cardinal, Water (June 22nd - July 21st) Key word: Protection | Ruler: The Moon This sign is motivated by family and home-building. Cancer types are emotional and they build a protective shell. Cancer is associated with the breasts and stomach.

# Leo

Fixed, Fire (July 23rd to August 22nd)

Key word: Individuation | Ruler: The Sun

The crucial area for Leo is identity building up self-esteem and confidence.

Leo types are normally proud, dignified
and very creative. Leo is associated with
the heart and back.

# Virgo

Mutable, Earth (August 23rd - Sep. 22nd) Key word: Discrimination | Ruler: Mercury This is the most perfectionist of signs, and Virgo types are very conscientious and helpful. They worry a lot about work and health. Virgo is associated with the intestines and digestion.

# Libra

Cardinal, Air (September 23rd - Oct. 23rd) Key word: Balance | Ruler: Venus Libra is gregarious and friendly, and tends to compromise for the sake of peace. Libra is associated with the kidneys and balance.

# Scorpio

Fixed, Water (October 24th - Nov. 22nd)
Key word: Intensity | Ruler: Mars (Pluto)
Scorpio types lead an intense emotional
life. They are secretive, magnetic and
powerful, and have a mysterious ability to
empower others. Scorpio is associated
with the genitals.

# **Sagittarius**

Mutable, Fire (November 23 - Dec. 21st) Key word: Insight | Ruler: Jupiter Sagittarian types are philosophical and very frank. They are great travelers, and strive to gain wisdom throughout their life. Sagittarius is associated with the thighs and the liver.

# Capricorn

Cardinal, Earth (Dec. 22nd - Jan 20th)

Key word: Achievement | Ruler: Saturn

This is the most ambitious of signs.

Capricorn types have long-term goals and work hard, methodically, and dynamically to achieve them. Capricorn is associated with the knees.

# **Aquarius**

Fixed, Air (January 21st - February 19th) Key word: Equality | Ruler: Saturn
This is the most social of signs Aquarians have an egalitarian and
humanitarian outlook. They have a
magical, electric aura. Aquarius rules the
ankles and blood circulation.

# **Pisces**

Mutable, Water (Feb. 20th - March 20th) Key word: Dissolution | Ruler: Jupiter Pisces types are sensitive and attuned to the cosmos. They are compassionate, but there is also a sense of being a victim. Pisces is associated with the feet and lymph glands.

# THE TWELVE HOUSES

# The Ascendant - Lifepath

This is by far the most important position in the horoscope. It represents you, your life and how you occupy the stage - your style. Planets placed here dominate the life.

## The Second House - Resources

This house is connected with self-worth. How you feel about your body, your assets and talents - and therefore your financial status - is reflected by planets in this house.

## The Third House - Connections

This shows mental abilities and experiences connected with education, siblings, neighbors and everyone in the local environment. The house of travel and networking.

# **Descendant (7th) - Relationships**

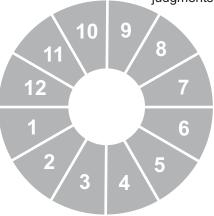
Whilst the Ascendant is connected with yourself, the Descendant is to do with others. This house shows where we reach out and meet people, and form lasting relationships.

# The Eighth House - Intimacy

This house is connected with life's inevitabilities likes sex, death and taxes. This is where we feel most anxious and vulnerable, and where we confront emotional and sexual taboos.

# The Ninth House - Understanding

Planets placed here express themselves through insight and understanding gained through travel and further education. This is where beliefs are formed and judgments given.



# The IC of Fourth House - Roots

This shows the family heritage, the atmosphere at home, and the ability to connect to roots and put down new roots. Parents and family are shown here, as well as property and ancestry.

# The Fifth House - Expression

Planets placed in this house are strongly identified with and projected onto the stage. This house is connected with feeling confidence through creativity, children, love and play.

## The Sixth House - Service

Planets placed here show the need to relate with others via practical issues such as work and domestic tasks. This house is connected with health and the daily environment.

# Midheaven (10th) - Achievement

This house represents crowning achievement - your goals and mission. It also shows you career and superior authorities like parents, bosses etc. Planets here achieve success.

# The Eleventh House - Groups

This house is connected with your social life. It has to do with friendships at school and in later life, as well as groups and associations, or the social sphere you are a part of.

## The Twelfth House - Isolation

This shows isolated places in society like prisons and hospitals, or simply living away from it all. Planets placed here show where inner development takes place when feeling alone.

# THE ASTROLOGICAL ASPECTS



# **The Conjunction**

(0 degrees... orb allowed: 12 degrees)

Key word: Fusion

This aspect is in effect when two planets are close to each other, normally in the same sign. It represents the fusion of planetary principles.



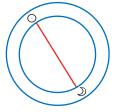


# **The Opposition**

(180 degrees... orb: 10 degrees)

Key word: Separation

This aspect - when two planets are in opposite signs - shows a split or division between the needs shown by two planets. There is also an attraction between opposites.



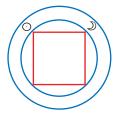


# The Square

(90 degrees... orb 6 degrees)

Key word: Tension

This aspect occurs when planets are at right angles to each other in the chart. It shows two needs at war with each other. This brings considerable dynamism, but a lot of trouble.



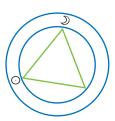


# **The Trine**

(120 degrees ... orb 8 degrees)

Key word: Harmony

This aspect occurs when planets are a third of the circle away and normally in the same element. This shows the harmonic confluence of needs, bringing happiness and harmony.





## The Sextile

(60 degrees... orb 4 degrees)

Key word: Creativity

If the circle is divided by a six-pointed star, the sextile would take place on two of the points next to each other. There is both dynamism and pleasure connected with this aspect.

