

ESSENTIAL YEAR AHEAD REPORT



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Written and designed by Adrian Duncan

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Year Report for

Name : Jamie Rae

Date : January 20, 1965

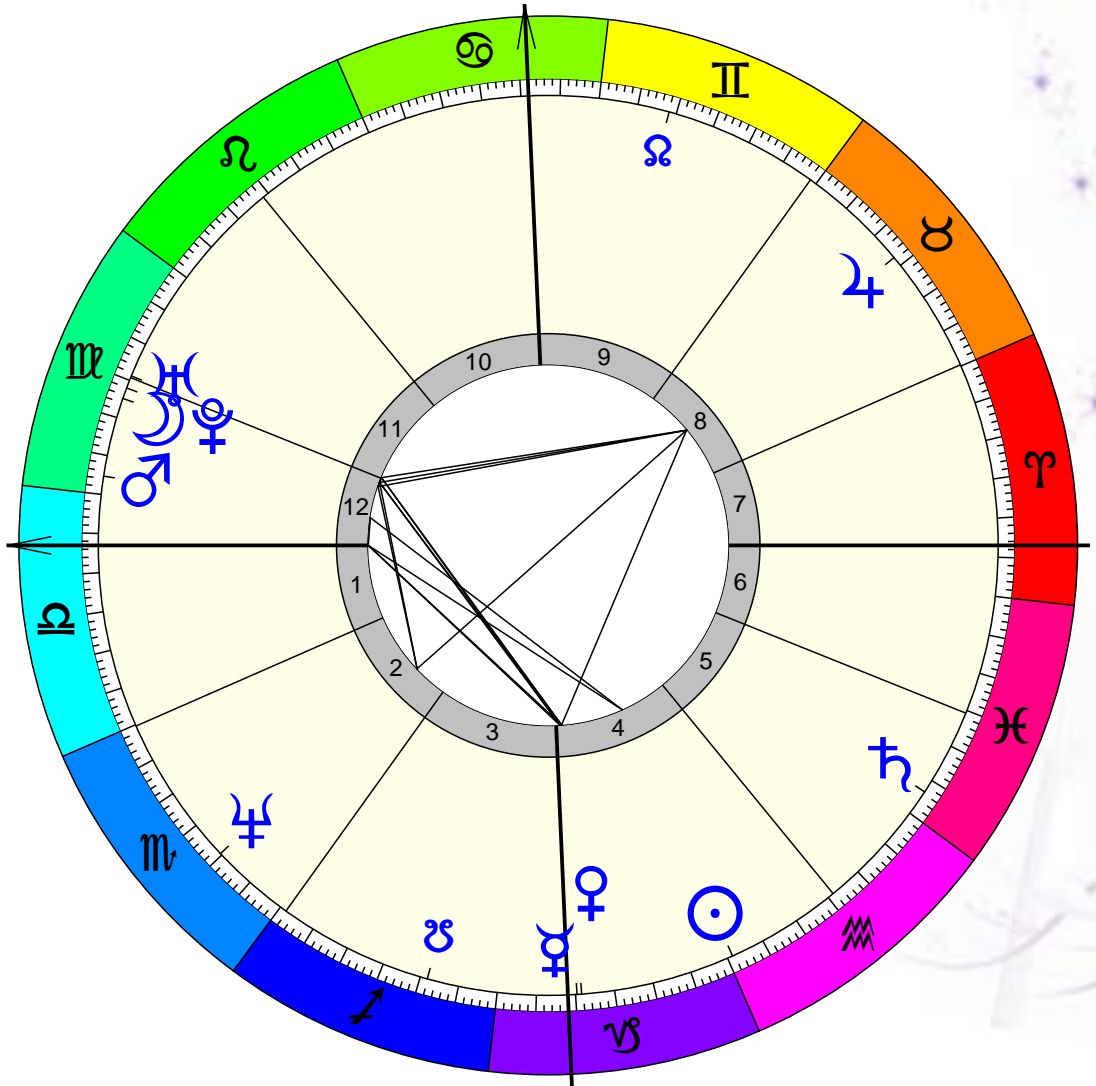
Time : 10:54 pm (22:54)

Place : Falkirk, United Kingdom

Age : 53

Jamie Rae	20/01/1965 22:54	Time Zone: 00:00	☉ in ♏
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☉	Sun
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♌	Leo
♍	Virgo
♎	Libra
♏	Scorpio
♐	Sagittarius
♑	Capricorn
♒	Aquarius
♓	Pisces
♊	Conjunction
♊	Semisextile
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♊	Trine
♊	Sesquisquare
♊	Quincunx
♊	Opposition
Asc	Ascendant
Dsc	Descendant
Msc	Medium Coeli
Isc	Immun Coeli
Rx	Retrograde



Asc	06,30	♎
2	00,10	♍
3	00,51	♊
Isc	09,01	♑
5	15,48	♏
6	14,38	♏
Dsc	06,30	♈
8	00,10	♈
9	00,51	♊
Msc	09,01	♋
11	15,48	♌
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☉	☾	☿	♀	♂	♃	♄	♅	♆	♇	♎	♏	Asc	Msc
☉				Δ +3:02								Δ -5:49	
☾					Δ +1:09	♂ +3:03	♀ +2:17	♂ +1:25					
☿			♂ +0:35			Δ -4:12	♀ -5:51					□ +3:40	
♀				Δ +5:31		Δ -3:36	Δ -5:15					□ +4:15	
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♅	14,23	♍	Rx	11
♆	19,45	♍		2
♇	16,02	♍	Rx	12
♎	20,55	♊	Rx	9
♏	20,55	♊	Rx	3

THE ESSENTIAL YEAR REPORT...

At the turn of the 21st century, there were 6 billion people on Earth. No two of them were born on the exact date, time and place - everyone has a unique horoscope. This horoscope reflects personal characteristics that the individual has chosen to work with in this life. He or she meets parents, brothers and sisters, friends, teachers and finally partners, who evoke an evolutionary development for the soul.

Each individual has then a unique life that can be mapped astrologically according to the planetary movements after birth. World of Wisdom's Essential Year Report synthesizes three astrological methods to map the life journey of the individual:

- Progressions, which reflect a personal evolutionary, or karmic pattern present at birth
- Transits, which reflect collective trends that evoke specific behavior in the individual
- Solar Returns, which are horoscopes calculated for each birthday, showing what happens to the individual on the year in question. (For unknown birth times and yearly horoscopes starting on days other than your birthday, another astrological technique - horary - is used.)

This synthesis is complex. With 12 signs, 12 houses and 10 planets (with Sun and Moon) there are 1440 simple combinations. When the connection between planets are taken into consideration (aspects) and then transits and progressions, there are several hundred thousand combinations. Essential Year Report works on several thousand of these, the rest needs to be filled in with your memory and creative visualization.

This reading describes your own evolutionary journey. To understand it fully you need to understand the talents and challenges that the planetary positions at birth represent. The first part of every section of Essential Year Report explains therefore what you can expect in life based on who you are as a person. It is crucial to realize that what happens during the course of the life is constrained by these personal factors. If your love-life promises great happiness, then later trends will trigger this potential... and vice versa.

If you wish to know more in detail about your personal character and how to get the most out of your life, then our Birth Horoscope Interpreter will go into this deeply. The Essential Year Report is designed to map out the timing of events and the fulfillment of your destiny.

INTRODUCTION

During your 53rd year you are very sensitive to the generational factors of your birth period, and there can be far-reaching changes that bring many opportunities if you are willing to embrace the future and let go of the past. Your visionary capacities now peak, and you are able to transcend your normal life structure and enter new realms of the imagination. There is a kind of global consciousness that pervades your being, and you are extremely sensitive to, and motivated by, the needs and sufferings of others. For you and your generation there is a fascination with sexuality and emotional taboos, and a longing to merge on a very deep level. Personally you express ideals in this connection through your material values which are idealistic, or even unrealistic, and this tends to be reflected by a fluctuation economy. This is also a period that can bring travel to exotic lands or contact with exotic people. You are willing to take a risk to experience something new, and you want to be involved with people who get together with a shared vision. This is a wonderful time to experiment and innovate.

The process of attaining success during the current year depends on the one hand on how well you build upon early experience and on the other on formulating your vision for the future. Once you have a vision, you can plan how to achieve it step by step. An optimistic attitude and belief in yourself will help you to overcome the challenges that naturally arise during the course of the year.

In this period of your life there is a major transition process that puts the focus on home-building and family life. For several years it has been important for you to develop your educational and communication skills and increase your reach through travel and networking with others. But now it is crucial to put down roots, and you find yourself thinking back to your own heritage and upbringing with a view to create a nurturing environment for those who are dependant on you. These new influences start growing around April - 2018 and will ebb out around February - 2022. During this time you will have established a very solid base from which to make forays out into the world. But it is early days yet, and right now you may feel ill-prepared. It starts by taking responsibility for the family and working on the home.

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Having gained tremendous insight into the direction your life in the period, a new period is ushered in from October - 2017 to November - 2018 when the focus moves to your earning capacity. You gain a better understanding as to what it takes to strengthen your economy, and what assets you need to develop. This understanding leads to increased personal resources and a broadening of your economic base, which will provide the foundation for increased growth.

Once you have learned how to capitalize on your unique resources and gain confidence and self-assurance, you need to reach out to others between November - 2018 to January - 2020. This leads to travel and an expansion of your skills educationally. This is a great year to widen your network of contacts. Through increased communication on all levels, you learn how to make sure-footed progress.

As you mature, acquire new resources and meet and overcome the challenges that present themselves, the stage is set for a series of developments and opportunities during the age of 53. Three very important issues that make this year special are:

- After a period when you have worked on improving communication and education, your focus moves to establishing a secure family base. This involves structural changes in the home and a deeper awareness of

the emotional dependencies you have inherited from parents and ancestors.

- Structural changes are due in your personal lifestyle and your relationships as you adjust to the demands made upon you in important relationships. A new program of responsibility and restraint helps you overcome the challenges that arise.

- There is a lot of social involvement in the year ahead, and you become enamored by youth, even to the point of getting romantically involved. Your aesthetic interests are awakened and you develop a new vocabulary to express your tastes and judgments.

These along with other influences will be examined later in the report.



Life Path

NEW LIFE GOALS BEGIN

There are many spheres of human activity which are active at any one time, but each year there will be a focus on a particular area of your life that will absorb you more than anything else, and be at the center of the events of that year.

The theme at the age of 53 is to work on making your daily life both on the job and at home more efficient. This is also an important time to work on diet, fitness and health. The structure of habits in all these areas needs to be examined and improved, and you are in the mood to do so. The spirit of the year is service, which means integrating your efforts with the greater whole and creating results as part of a team. The need for personal recognition takes a back seat.

This theme puts the spotlight on a pattern of frustrations that you have historically felt during the course of your life. The path you pursue now, and the relationships you are involved in, constitute a major challenge to your patience and determination.

You are motivated by a spirit of helpfulness and diligence in the year ahead, and the focus is on efficiency at work and health in mind and body.

You are determined to reach the goals you set yourself, even though you encounter more obstacles than you might expect. Through sheer determination, hard work and planning, you establish your authority. Though confidence may be low at the outset, results will clearly show that you have done your utmost. Ultimately this leads to an increase in personal status.

This is an influence that you seek to express creatively, and you are willing to put your identity on the line to receive feedback about your capabilities as a human being. It is a playful time.... a time to celebrate life and living. Children can be part of the recipe for joy and self-expression, though love and romance can also be factors that help you increase your self awareness and happiness.

You are empowered by the following.

You pursue your agenda with single-minded intensity, even obsessively. Perhaps you should ask what is really driving you. The secrets within can be the key to a complete transformation of the situation. Desires are strong, particularly erotically, yet the energy can be harnessed.

This specifically activates a need to transform the way you express yourself creatively, and clear up deep seated issues with children or other matters of the heart.

Some factors help.

You allow yourself to be guided by your ideals, and to some extent you reach out unselfishly to others who

you can help along the way. A constant process of creative refinement enhances everything you do, but stay realistic.

This activates a need to establish meaningful relationships that fulfill a deep longing for union, at a time when you feel alone or let down

Your caring and nurturing qualities are evoked. There is appreciation for your empathy and support, and you gain popularity. You create a secure environment for those who depend on you, and they in turn give you unqualified support.

This awakens feelings centered on the important relationships in your life – your dependency on, and emotional interaction with, partners.

There are unique opportunities and challenges affecting you personally right now, which can result in significant lifestyle and relationship changes or modifications. If you would like to see your life going in a different direction, now is the time to take the reins and choose a path which is uniquely suited to you, as described by the influences below.

Adjusting to the realities

This is a time when it is important to make structural changes in both your personal life and in your relationships to others, as new responsibilities and challenges arise, demanding a more restrained and disciplined approach. To some extent you are required to fit in, and this can be a pressure for you as you adjust habits and cut back on personal preferences to accommodate the realities of your situation. Your normal vitality may be depressed by difficult circumstances, and you may also feel that the people you are committed to may be demanding more than is comfortable. Perhaps you have to take more responsibility for a loved one now. Nevertheless in the period from December 2017 to January 2019 – if your birth time is reasonably accurate – it is important to avoid escapism and rise to the challenges that come your way. To strengthen personal health and the integrity of relationships at this time it is wise to adopt a new program of self-discipline, training and restraint.

Personal and relationship boost

Generally speaking this is a period of expansion and good fortune for both relationships and your personal life. You are infused by optimism, and this is born out by favorable partnership developments. This is especially apparent in the period from October 2018 to September 2019 when things flow smoothly in many areas of your life. Now is the time to go into the world with confidence; you can expect the support of influential people and mentors, and you will find that your own grasp and understanding of events reflects your innate wisdom. Travel is favored and brings you together with people who are good for you. Partners can be encountered abroad or when studying, and they too may be in an expansive phase of their life.

There are times in your life when it is not enough to simply register and adjust to influences that come from the outer world. Sometimes the time comes to change the actual framework of your life. Perhaps this means adopting a new lifestyle or appearance. Perhaps the time has come to redefine who you are through who you choose to live with. The following influence shows a unique opportunity to move your life into another gear.

Last year the following influence peaked, but it still has a very important effect at the age of 53. You are still digesting the changes in this area, and beginning to integrate them in your life.

A loving bond

If your birth time is precise then love and happiness come into your life in the months around November 2017 as you connect with someone whose heart is entirely aligned with yours. If you are already in a stable relationship, this heart-warming experience can be connected with children, or some fortunate event – this

is also an excellent time for economic good fortune. As your heart energy is awakened you are able to define your true values and share them with others who feel the way you do. This is a time when you can meet a loving person with excellent taste, and the time might be right for formalizing love through marriage. Sharing your economic resources comes easy now, and results in a material boost too. This is an excellent period for finding new ways of effortlessly earning more money, perhaps by capitalizing on your aesthetic talents and good taste, or through using your people skills. Perhaps it is time to associate with the rich and beautiful.

A beautiful home and loving family are crucial for you, and partners at this time will affect your sense of well-being in this area. Your family plays a role in arranging meetings with partners.

This initial section of the report is connected with your lifestyle and direction, and the factors described above modify this direction as you respond to outside influences and your own inner evolutionary process. Of these factors the most significant during the age of 53 are:

- a time when you may not get what you want, but you do get what you need. Rise to the challenges that arise in your personal life and relationships.
- fortunate developments that widen your horizons and enhance partnership. An excellent time for travel and study.
- a time when you meet someone who harmonizes completely with you, leading to happiness and success on many fronts. Marriage perhaps.
- a time when you work hard as part of a team creating more efficient work patterns in a spirit of humility and service.



Career

CAREER FORTUNE, FAMILY BLESSINGS

Every year there is a particular focus on your goals and ambitions, and a need to reformulate your mission in life and what you want to achieve. It is equally important to have a good foundation to build your successes on in terms of home and family.

For several decades your main career priority has been to sell yourself and promote your creative potential. Success has been measured in terms of recognition, and self-promotion has been the key advancement. Yet recent years have shown this to be a strategy that has outlived its time, and the future brings the realization that success comes when you work cooperatively as a team. You need to fit in and learn administrative and delegation skills, becoming part of a network of experts.

A major theme as regards career during the age of 53 is concerned with the consolidation of your professional position. You need to nurture your resources, pursuing a grounded policy of careful conservation of what you have. It is an excellent time for money making, especially though finance, food and property.

This theme connects to an inner need for meaning in your life, and it seems that the challenges ahead evoke a feeling of dissatisfaction, which in turn undermines your professional motivation. Somehow you need to mobilize your creative abilities or social ideals.

You are motivated to create career stability and consolidate your financial situation, and this you will do in a specific fashion and in a specific area.

You may prefer to work off the beaten track, using an innovative approach and working with a disparate group of people united who have a progressive vision. Social vision is more important than personal ambition.

The main area to concentrate on is the promotion of your own creative persona through projects in which you take center stage. This is a time when you need to have the courage to expose yourself to the attention of others and win their approval.

You are empowered by the following.

Your highest priority is to make an impact amongst your peers, and you devote yourself wholeheartedly to this enterprise. Well-known personalities lend their influence, and guarantee you will be noticed. You carry the attention well and attract a following. Success.

The essential expression of this will be through the creative expression and the desire to highlight yourself.

The career section of this report explains influences in the current year that can cause you to adapt or

change professional goals, and make use of opportunities that come your way. Overall, in the area of family and career the major developments you can expect are:

- a time when you can slowly but steadily increase your resources through consolidation and investment.

Personal development

EXPRESSING YOUR UNIQUENESS

During the course of the year you will have a number of character-building experiences, which help you grow and develop as an individual. It is rare for any difficulty to last longer than a period of about eight months, and if you regard challenges that arise as a test that helps you become stronger, then it will be relatively easy for you to overcome them. Similarly, when events boost your confidence, it is pays to take advantage of the limited time available to capitalize on your good fortune.

With your sun in your birth chart in Aquarius and in the 4th House this relates to your need to express a vision for humanity and be part of a network, in connection with your roots, your home and your family life.

An important feature around the age of 53 is your need to define your identity by projecting yourself and taking a stand for who you are. Whether it is through personal creativity, dealing with or having children, or any activity where you express yourself and expect a response, this is the time to believe in yourself and the unique qualities of your personality. By getting involved in the act of creation, you make something that reflects who you are, and can thus set your stamp onto the world. The act of creativity involves taking a risk, yet it is the litmus test of your belief in yourself.

You are empowered by the following.

It is during this period that relationship matters are branded into your awareness. You merge with someone with whom you walk in step, but it can be difficult to have any perspective on this symbiosis. On the one hand you learn to express your values and capacity for love with incendiary passion, but on the other there is little objectivity about relationships, and fingers can be burned. Clarity comes with time... avoid rushing in where angels fear to tread.

Relationships are initiated or celebrated at parties and performances, as your confidence in your own attractiveness is strong during the course of the year.

Certain challenges arise.

It is during this period that an inner restlessness drives you to make spontaneous decisions to change your life and get some excitement. You want personal development and feel perhaps that you cannot get it where you currently are. Unpredictable events can throw you out of kilter. Travel can bring consciousness changing experiences. There is no doubt that you need to change, but avoid throwing the baby out with the bathwater.

This is connected to a radical consciousness change and interest in a more revolutionary set of beliefs, and possibly international travel.



Certain key influences will present challenges and opportunities to you now as regards your development as an individual. Below you will find effects described, which you will feel more or less powerfully, evoking actions that enable you to stamp your signature on events.

Consciousness change

This is an unsettled period in your life as you seek to make changes that will enable you to express unique sides of your character. You no longer see the need to fit in; instead you embark on a journey of self-discovery, meeting new and unconventional people and perhaps encountering different lands and cultures as part of a process of self-development. Your work and relationships need to give you the space and flexibility for personal growth... this is not something you are prepared to compromise on, and you distance yourself from people who try to impose restrictions on you. Your desire for change brings excitement and exhilaration as you become a force for renewal in society. New discoveries and inventive creations liberate you from everyday boredom. This process of personal development lasts from May 2017 to April 2020 and gives you a completely new take on life.

Insight brings influence and success

It is at this time that your insight and understanding peak to bring a sense of meaningfulness and personal satisfaction in life. Travel and intellectual development stimulate your confidence in your self and your abilities, and this has a snowball effect in creating success. You have the good fortune to meet wise people, or mentors, who can guide you into new areas of knowledge and understanding. This is the time to capitalize on your assets – a calculated expansion now will surely bring good results, especially in the period from January 2018 to December 2018. Your optimism is infectious in this period, and people seek you out to enjoy both your humor and your insights. Spiritual interests are also favored as a deeper understanding of the meaning and direction of your life dawns.

The personal development section of this report shows influences directly affecting your character, bringing both challenges and personal growth. Of these influences the most crucial are:

- an exhilarating period of change when you go against the grain and discover what is truly unique about you.
- a time when insight into your identity brings influence and success. Mentors help you expand your understanding and travel widens your horizons.



Feelings and security

EXPANSION OF EMOTIONAL INSIGHT

You are in an ongoing process of emotional development, and the focus is constantly changing. As your unconscious mind absorbs impressions during the different phases of your life, you integrate greater depth and understanding of yourself and your relationships. There are specific areas of your life where this influence has a particular significance.

With your moon in your birth chart in Virgo and in the 12th House this relates to your need find security in rhythms and rituals and to be of service, and there is also a need for solitude, communing with nature, and tuning in to your inner feelings.

Emotionally the age of 53 can be said to reflect a time when you are more sensitive and receptive than usual, particularly towards the suffering that you see around you. There is a compassionate motivation to alleviate the problems other people are going through, although there are also chaotic conditions in your own emotional life. Creative and spiritual interests bring growth.

One of the main areas where this influence will be felt is in relationships. Building harmony between yourself and a partner has highest priority now, although there are many ups and downs on the roller coaster of love. Realizing and accepting your dependence on another is a part of the emotional learning process now.

One thing that you are uncomfortably aware of now is that however much you would like to establish a sense of stability and emotional security, there are unpredictable factors in your own nature that create discord. On an inner level, this may be connected with an inherent need to create distance and break emotional bonds so as to avoid being smothered and to maintain your individuality.

You are empowered by the following.

There can be a degree of confusion about what it is you exactly want. You are very sensitive to suggestion and easily led astray or confused. Whatever it is you think will make you secure, turns out not to do the trick. As a result you learn that security can only be guaranteed when you find it within.

Some factors help.

You are really able to communicate well and congruously at this time, expressing your feelings authentically and somehow capturing the imagination of those you create contact with. A wonderful time for enrolling people in your ideas, and nurturing the minds of the young.

Thoughts are focused on children and loved ones, and the year ahead brings a celebration of creativity.

The year ahead brings an important transition in your emotional life as you realize that playfulness and fun, and the self-indulgence that comes with it, will not help you build on your talents and get you what you

want. You need people, and that means offering your services to others and accepting their help too. The time is coming when you need to integrate yourself into the whole and see yourself as part of a more complex social system. This change happens in September 2018. The work ethic becomes more important and you acquire organizational skills and the ability to delegate. Holistic awareness brings a greater concern for the environment and a stronger awareness of health and the subtle interaction between body, mind and spirit. How you integrate with colleagues is an area that brings much soul searching and greater humility.

A great deal of your emotional energy – in practical terms at least – is focused on your social life, friendships and the sense of belonging to a community. Over the next year or more you are very sensitive to how accepted you are in the community, and you are motivated to make yourself useful and provide for the needs of people in groups on the one hand, and friends on the other. There is a sensitivity and vulnerability when you feel outside of the in-crowd, but at the same time you make yourself invaluable by attentive care to the emotional needs of people who have chosen you as a friend or acquaintance. In many ways this is an exciting and fun time for you, with a strong involvement with people who represent a unique sector in society.

As you grow and mature emotionally, the focus shifts from one area of life to another, and you instinctively absorb the lessons connected with the many different emotional facets of your life.

- Around February 2018 there are excellent opportunities to come into new environments to meet people and groups that have a role to play in helping you along to your destination. In the snakes and ladders of life, you find a ladder. You sense the continuity that exists between your past life and what is to be your future, and instinctively understand the meaningful nature of it all.

This activates a major life theme for you, which is the dilemma of letting go of easy explanations and developing your own personal life philosophy.

- Around December 2018 you run in to very demanding emotional circumstances that require all your determination and perseverance to overcome. This is a time when you can be disheartened and hard done by. You may not feel you deserve the heavy burden, but there is a reason, and if you take up the challenge then you will gain emotional strength and self-sufficiency. Don't expect other people to be responsive or soft – a line is drawn and certain limits established which need to be respected. This is a time to be strong in yourself, because others are not likely to give you support.

The challenges and responsibilities in this respect are related to your inherent uncertainty in self-expression, which can create creative blocks and evoke specific problems with children and in taking risks in love.

The influences described below will have an even more profound effect on your emotional life, awakening a powerful and often unconscious response. Ultimately this brings insight into your early conditioning and enables you to modify the way you instinctively react.

Family consolidation

After a period where the focus has been on learning and communication, you are ready to turn your attention within to look at your roots and the foundations on which you build your family life. There are pressing challenges, but you are definitely prepared to meet them. This can relate to parental relationships, or your role as a parent yourself. It can also be connected to responsibilities you have in your local environment. On an inner level the time has come to reassess family bonds and examine emotional dependency. By stabilizing family life now you create the foundations for advancement in your career, and

the security to be more creative in your life. It may also be worth examining your heritage and ancestry too, because you now learn about the building blocks that have created your life circumstances, and your inherited weaknesses and strengths. Domestic challenges will cover the period from January 2018 to November 2019 – if your birth time is reasonably accurate – and lead to a consolidating of home and family life. This is the time to do building work to make the home function more effectively.

Expansion of comfort zone

A period of expansion in your personal life takes place from November 2017 to October 2018 which brings a general sense of well-being, partly based on a deeper understanding of the unconscious factors that motivate your actions. Your comfort zone expands – you are more comfortable with yourself, and more comfortable with your role in a family that is likely to be extended considerably. If you wish enlarge your home, move, or invest in property, good fortune tends to come your way without too much effort. Parents in particular can be very supportive, as will your environment in general. You have the confidence and faith to give empathy and support to those in need, and can show those people who are attached to you just how to enjoy life and have a good time.

This section maps out the timing and intensity of influences in your life that absorb your interest on a daily level, profoundly affecting everything, from your work to your family life. These influences constitute your emotional growth during the course of the year, and the main themes are:

- a time when the focus shifts to family bonds and the challenges of creating a secure home. There is a greater awareness of your ancestral roots.
- a time when you experience a boost in confidence and happy developments at home and in your family life.
- a time of transition, when you tone down activities that are self-indulgent and learn how to be more productive by integrating yourself with others.
- a time of social engagement when you discover where your allegiances lie, and create strong bonds to new groups and friends.

Mental Development

PROLONGED LEARNING AND STUDY

Gaining skills through education and other forms of training is a major ingredient for success, both professionally and in relationships. Through developing your communication talents you can make contacts and build networks which facilitate progress.

With Mercury in your birth chart in Capricorn and in the 4th House this relates to your planning abilities and power of concentration, giving you great interest in your closest environment, your roots and family life.

During the age of 53 your mental focus is on professional advancement, and you will be willing to work long and hard to overcome the mental challenges that stand in your path. Your managerial capacities come to the fore, and you will shoulder more administrative responsibility.

Your mental abilities are channeled into being creative. You need to stand up and express your ideas and theories with courage and humor. Events connected with children or your love life are also central during the course of the year – this is the time to turn up your charm and entertainment talent.

Developing new talents is uppermost in your mind now. Travel to exotic destinations or involvement with untraditional people, characterize your new innovative approach. You break free of expected roles.

You are empowered by the following.

You find this to be a year of extraordinary mental intensity; to such an extent that you may fret and obsess about recurrent mental themes that you have little power to change. By channeling this intensity into inner investigation and therapeutic growth, you can learn many hidden secrets about yourself and others. You dig deep and find the dirt.

Some factors help.

Your imagination is particularly active during the course of the year and you are drawn to interests that enable you to express your creative sides – for example poetry, film and music. There are so many things you would like to believe in, but dreams and reality may prove to be different.

The influences described below will bring additional opportunities and challenges in the field of communication. By rising to educational challenges and improving communication skills, you can add to your skills and capabilities.



Mental challenges

During a period that is likely to cover from January 2018 to November 2019 there will be considerable mental pressure and challenges to improve your skills in communication and education. Initially you will feel unsure of your abilities and there will be plenty of evidence that you are not performing well enough. The path ahead seems blocked; even travel is more difficult than usual. Schedules are difficult to meet, and there may be crucial tests that you do not pass. People in your local environment, like neighbors or siblings, have issues that weigh on your mind. The words do not come; there is a mental block. What is needed at this time is concentration and application. You must rise to the challenge, overcome lack of confidence, and through perseverance and training you will acquire exactly those skills you need to get on in life. If you find yourself worrying about the enormity of the challenges ahead, break up tasks into small chunks, make a plan, and do one thing at a time. It is amazing what you can achieve.

Your mental evolution is a product of the people you encounter during your life, who evoke certain qualities in you, as well as your contact with institutions of learning and educational media. The lessons you learn give depth and breadth to your personal message to the world. This year new opportunities arise.

Last year the following influence peaked, but it still has a very important effect at the age of 53. You are still digesting the changes in this area, and beginning to integrate them in your life.

Window on the mind

The period around December 2017 is a rare time in your middle years when you experience in undiluted form both the strengths and weaknesses in the way you communicate, learn, plan and present information. If you tend to be evasive or aggressive, over-optimistic or pessimistic, provocative, vague or obsessive... these very qualities will now come out in your dealings with people, and the results will be there to see. This presents the best opportunity you will get to convert weaknesses into assets. Don't kid yourself or others now – events will show you exactly those areas you need to work on to be a master of communication... if you are prepared to listen objectively to the words and ideas that spring forth from your mind.

Your ideas and thoughts are centered on family bonds and the home environment. The mental evolution process you are now going through will bring new family developments especially in connection with communication.

Thinking about love and beauty

You enter a period around April 2018 when you start theorizing a lot about your relationships. It becomes important for you to put your feelings into words, and it is very likely you will meet one or more people with whom you establish flirtatious relationships which bring out a youthful element in your nature. It is a playful and social period, with the likelihood of new studies and pleasure trips, but there can also be romantic distractions. This can be a time of aesthetic interest and creative achievement, especially as regards oratory and the fine arts, but attempts to rationalize feelings and values, whilst refining your critical sense, may lack empathy and depth. You are strongly attracted to young people now, and if you are in a teaching situation, there can be indiscretions.

The influences described in this section challenge you to develop intellectually, socially and in relation to others. Of all these influences, in terms of the enhancement and development of your mental skills the most significant will be:

- a time when confidence in your abilities is undermined by a series of mental challenges, which can be overcome by hard work, training, and perseverance.
- a time when there can be dalliance and sporadic relationships whilst traveling or in a learning environment.

- development of your ability to administer and plan, coupled with hard work and extra responsibility.

Values, Love and Relationships

OVERCOMING RELATIONSHIP CHALLENGES

Your need for relationship is very much dependant on your tastes, and early family experiences of bonding. These factors determine whether you feel attraction or not, or whether you are simply indifferent. People of similar tastes are instinctively attracted to you, as you are to them, and this is the basis of personal harmony in your relationships.

With Venus in your birth chart in Capricorn and in the 4th House this relates to your need to find an ambitious partner you can respect and commit to, which you will express in your home and family life, and in creating a harmonious domestic environment.

In relationship matters your focus is more on your friends than on partners during the age of 53. You have lofty ideals about love, and this inclines you to get involved in groups that will help your personal development. In your private life this can mean that you are more emotionally remote than usual, though you will maintain a very friendly and reasonable facade. You may associate with people from exotic cultures, travel a lot, or experience an electric romance in an unusual environment.

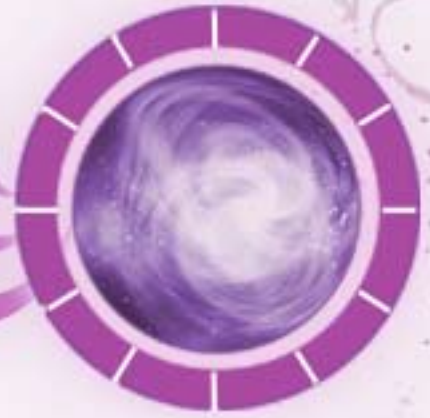
Romance figures strongly in your life during the course of the year, and you derive great pleasure from getting out and about, partying, entertaining and being entertained. Music, dance, creativity and sport bring you into contact with potential partners. Life is there to be lived, and you are there to be loved. This has the potential to be a sparkling year, and a great year for children too.

Love opens up your heart and makes you aware that the key to happiness is in relationships. And you are likely to be fortunate in this area now, not least because you express warmth and affection and exude a strong confidence in your own worth. You are willing to spend money on yourself, and open up emotionally too – your inner worth and outer worth in harmony.

There are other major changes affecting relationships and values at this time, and the influences described below will bring opportunities to modify your need for others, and ultimately develop better ways of relating authentically.

Challenges to self-worth

During a period that is likely to last from January 2018 to November 2019 there will be challenges to overcome in relation to issues of self worth, either because of difficulties in relationships, or in your personal economy, or both. This is a testing time, and relying on your natural ability to be charming and smooth things over will not work. There are fundamental aspects in the way you relate which need to be examined,



and it is wise to welcome the knotty problems that arise as opportunities for self-improvement. It is unlikely that you will feel loved or appreciated now, and this brings the opportunity to be more self-reliant and to work on immature needs... for example the need to be reassured that you are lovable. The best tactic is not to demand love from others, then you will not be disappointed. Give without expecting anything in return – that is the best investment you can make. Self-reliance is also a good policy in economic matters – this is a time to pay off debt rather than accrue more. You are willing to commit to a relationships that you feel will stand the test of time, but not to a relationship which does not have a permanent feel.

Quite apart from the specific changes that come at the age of 53, you now reach a stage in the process of your evolution in terms of relationship that enables you to integrate new values in your life through encounters with individuals or groups where you form a bond of one sort or another.

Emotional attachment difficulties

A period begins in your relationship life, peaking around June 2018, when emotional issues come to the fore that are related to your need for attachment and dependence. Or you may meet someone with whom romantic attraction is tinged with dependency. This is also a time when bonds are either created because of additions to the family, or family bonds are complicated by contrasting needs, particularly in relation to a sister or your mother. Family feelings mix uncomfortably with romantic bonds; basically you need to learn how to give love without attaching emotional strings. A relationship is designed for mutual development, not for personal servicing. This is also a time when you can spend, or overspend, on home improvement. The home is, after all, where the heart is.

As time spent in seclusion is an integral part of the way you live your life, this influence confronts you with feelings evoked when you are isolated and on your own, bring a deeper spiritual awareness.

The influences described in this section will all have a significant effect on the way you relate to the world. In terms of your material values and matters of love, the most important of all these influences will be:

- a time when neither love nor money come easily. Loving support is lacking, but this is an excellent opportunity for self-reliance.
- a period of contrasting emotions connected with family or relationship bonds.
- a distanced attitude to intimacy with a greater focus on relationships with friends.



Sex, work, willpower and assertion

GOING FOR VICTORY

Nothing is achieved in life without the force and determination to go for what you want. There are battles to be won and obstacles to be overcome, and this means being able to assert yourself, and to mobilize your courage to face challenges and overcome resistance.

With Mars in your birth chart in Virgo and in the 12th House this relates to hard-working and perfectionist nature, and drive to organize, though much of your inner is channeled into the inner realms of imagination and fantasy.

As regards personal drive the age of 53 is a year when you get passionately involved in issues and relationships that mean everything to you. There is a good deal of psychological turmoil, sexual intensity, jealousy and anxiety, yet at the same time it seems like you are fully in control.

Your energy and will is channeled into your home, making this a good time for building and working at home, though less good for family harmony. There can be domestic strife that requires careful decision-making. Brothers may present particular problems, though it is a good year for dynamic initiatives with male family members.

This is a year when efforts to assert your normal desires run into the mud. You can only work on what is truly meaningful to you, which channels your energy into creative pursuits. You may be led astray, but perhaps that is just where you need to go.

You are empowered by the following.

There is ebullience about you, and there are periods when your confidence peaks and you have all the energy you need. This can give you a strong appetite to go and get what you want, whether professionally or erotically.

This will be expressed in areas connected with education, communication and travel where there will be good fortune and an expansion of activity.

Some factors help.

Knowing where you have been wounded in the past, you use the skills you have painstakingly acquired to help and heal both yourself and others. This is a time to educate others in the art of self help and defense.

This is connected with something that has always been painful in your life, for example psychologically and erotically.

There are other powerful influences at this time, which bring both challenges to your autonomy and independence, and opportunities for leadership and self assertion. The influences described below bring out your survival abilities and evoke a fighting spirit that can ultimately empower you.

Believing you can do it

The period from January 2018 to December 2018 is a time when you are full of courage and enthusiasm, and even if there are delays and setbacks, you plunge on undeterred. There is the spirit of the pioneer infusing your being; you see the distant horizon and spur on your horse to reach it as soon as possible. With such an undaunted spirit, success comes easily for you, and nobody has any desire to stand in your way. You are convinced about what is right – for you and probably for others too. Neither are you afraid to use your persuasive powers to get what you want. This leads to an expansion of your influence and greater leadership prowess. The competitive spirit is aroused; physically this can bring an interest in travel and sports, intellectually you want to learn more, debate, and excel at what you do.

Quite apart from the specific changes that come at the age of 53, you now reach a stage in the process of your evolution in terms of your work and drives that enables you to discover new forms of empowerment and to harness your energy in new ways.

Victory goes to the brave

You find yourself in a positive and active period of your life around November 2018 – you feel a growing confidence in your strength and judgment, and you are more willing to assert your rights and desires. [male] Your confidence both intellectually and physically makes sexual conquest much easier, especially in connection with travel or educational venues [end]. . This is an excellent time for travel and intellectual challenges – you are in a competitive mood and you go for the prize, and win it. Success is within your reach both in regard to work and relationships, partly because you have the energy now, but also because you have the courage. Nothing ventured, nothing gained. This can be part of some years of development also connected with events around .

This activates your inborn curiosity to delve deep into psychological material and gain insight into the unconscious - both in yourself and in intimate relationships.

During the course of the year after this one there is an important influence which you are very likely to feel already during the course of this year. Perhaps nothing happens right now, but you will sense the following theme developing, even if it is early days:

Survival power

At this time of your life, you are driven by obsessive urges to immerse yourself totally in your desires. This influence, which peaks around July 2019 , ultimately leads to a major transformation in the way you use your energy, both at work and in your intimate life. [male] Sexual desire tends to consume you, as you seek to get the ultimate experience. The more you indulge, the more empty it becomes. You tend to use your power in a way you know to be corrupt [end]. . In your professional life superhuman challenges loom large and require unrelenting effort that ultimately leads to exhaustion. Does this serve your best interests? Withdraw from battles against invincible forces and work on your inner strength. This is a good time for working with secrets. It is also an excellent time for martial arts and survival sports. The purpose of this period is to transform the way you use energy. Old traumas are dredged up through encounters with faceless power, and a psychological transformation takes place which mobilizes true survival ability. In your sexual life you can reach new heights through understanding tantra. This can be part of some years of development also connected with events around March 2023 .

The overall effect of this influence activates your inherent tendency to experience an indefinable anxiety connected with factors in your spiritual life over which you feel you have no control.

The influences described in this section will bring changes in the way you strive for achievement. Of the many influences affecting your energy, sexuality and assertiveness this year the main areas to be aware of are:

- a time of excitement and adventure when you vigorously expand your horizons and have undaunted confidence in succeeding at what you do.
- a time when enhanced confidence brings successful conquest and an expansion of intellectual, physical and sexual horizons.
- an intense and obsessive period, where through battles of power a transformation takes place both at work and in your erotic life.
- a time of emotional intensity and passion with a great deal of psychological insight.

Collective trends

ELIMINATION OF ILLUSIONS

The influences mentioned so far in this analysis have an effect on your psychological evolution and fate which is strictly personal. There are other influences on your life based on your relationship to the collective, which can be just as exciting and stimulating for you, even though they may not evoke dramatic personal change.

Transformation of dreams

In this period you may have a powerful dream of how the future could be, but if it does not accord with the meaning and direction of your life and fate, then this dream may have to be modified or even eliminated. Everywhere you have allowed fantasy to dominate without grounding, circumstances beyond your control will arise to bring you down to reality. You may lose your dreams, but you find your authenticity. There is no time to mourn what will never be, so this is the time to tune in to the deepest spiritual meaning in your life, and build up a new vision of the future that will continue to have meaning for you until your dying day. This transformation of your visionary nature spans the period January 2017 to November 2020 and calls into play forces that are far more powerful than yourself.

The welling up of the unconscious

This is a period when strategies that involve giving ultimatums or using power to gain control over the scene simply do not work. If you could identify exactly what you wanted to achieve, control might be achievable, but the goalposts are constantly moving. You are caught up in something mightier than yourself and this could be the time to surrender to higher forces. Any material that has been suppressed by your unconscious tends to leak out now, and you can gain a growing awareness of just how much of your life is ruled by the subconscious. This is worth meditating on. This baptism into the deeper influences on your personal evolution is connected to a trend that lasts April 2017 to January 2021 and it initiates you into universal truths about the human condition.

Dream of liberation

In this period you can tune in to unique talents that can differentiate you from the crowd. This is a time when you are inspired by a vision of something greater and can be swept up in a mass movement, or work with knowledge or media skills that can affect the mass. You can also be led astray, because the laws of the crowd are not necessarily to your benefit, and ideas that take hold of collective consciousness are not necessarily helpful. But you are inspired by a vision of change and higher consciousness, and if you channel this inspiration well, you make your mark. This period of revolutionary imagination is due to an influence that lasts February 2017 to February 2020, and it is a time when you answer to no authority but



the inner voice that guides you. And that voice calls for liberation.

During the age of 53 you are in a phase of your personal evolution during which there is a stronger awareness of your duty to others, and you may be called on to help them in some way. This is the time to learn the basic rules about relating to others - knowing what you have to offer as an individual, but also being receptive to what others can offer you. By toning down your personal ego and working with others to get results, you are putting the finishing touches to an evolutionary process that will enable you to give the best of yourself in your relationships, which is where the challenges of coming years will lie. This is the time to learn how to apply your creative talents practically in the world - to carve out your own workplace in society. This can therefore be a productive period with fruitful cooperation with others.

Seen from another viewpoint, there is a purposeful evolution in your life, and each of the events that arise can be seen as milestones on the journey of your soul. There are some fields of your experience which you are all too familiar with, and perhaps you need to relinquish your attachment to them. Other areas of experience present new and interesting challenges for you soul, and require total immersion.

The primary evolutionary focus in the year is on changes in the social scene that may mean getting involved with new people in new environments. Crises with friends can lead to a social realignment and new inspiration through contact with people who have an inspiring vision for the future. It pays off to put your own creative agenda on hold, and to ask yourself how you can be useful on a larger scale by promoting shared visions.

The collective influences described above are very much related to the generation of which you are a part, and opportunities now arise to capitalize on trends that your generation will resonate to. The most important of these are:

- a time when dreams and fantasies are transformed or eliminated. There is no time for disappointment; busy yourself with creating a new vision for the future.
- a time when the unconscious wells up from within, revealing just how strong collective influences are in your life.
- a time when you are swept along by an urge for liberation, spiritually and physically. Mass movements sway and inspire you; the New Age calls.

The influences described in this report are based on planetary cycles, transits of the outer planets and progressions of the inner planets in an integrated description which also takes into account the major factors in your birth horoscope. Thousands of factors are taken into consideration, making this report completely unique to you for the next twelve months. Rather than make specific predictions, we have tried to describe how you can make the most out of the many changes that are taking place. By defining what you really want, and going for it, you can weather the storms and currents described in this report and come safely to the destination that you are aiming for. It is in this context that the major events of this year should be seen.

Some of the themes from this year will continue into the next year, and some completely new themes will arise. Looking at the three most important events at the age of 54 you can expect change in the following areas:

A time that evokes a new emotional sensitivity that comes through events that you cannot control and must surrender to. Moods take over and there is an indefinable sense of dissatisfaction, yet it is a wonderful time for working with creativity and discovering empathic skills.

You grow out of any immature tendencies to be reliant on others, developing emotional autonomy and self-sufficiency. There are challenges in relation to home and family, but it is your responsibility to be there for those who need firm support.

You discover the power within you, but not before exhausting survival battles connected with your professional life or your sexual life. Desires and obsessions dominate but are ultimately transformed

through a psychological process that purges you of old ghosts.

These events - both good and bad - can be seen as a treasure chest for the personal journey of your soul. Every event that arises has meaning for you and is a result and consequence of previous actions. If you are able to see the challenges that arise as opportunities for constructive change, then your growth will be rapid, and you will be able to truly appreciate and enjoy the many positive events that also arise during the course of your year.

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SUN, MOON and PLANETS



The Sun: Identity

The sun is the core of identity. It represents the influence of the father, and the struggle for individuation in adulthood. The sign the sun is in shows how we express our unique identity.



The Moon: Emotions

The Moon represents the unconscious mind, which rules 97% of everything we do. It is connected to the mother, and the need to create and nurture home and family.



Mercury: Contact

This planet represents the mind, and everything to do with communication, education and travel. The sign Mercury is in shows our talents and how we express them, our interests and our skills.



Venus: Values

This planet represents the value system and personal taste. It is also connected with women and sisters. Venus shows what we desire to acquire and own to manifest our taste.



Mars: Drive

This planet is connected to sexuality and to how we assert ourselves. Mars is the fight or flight mechanism. It is connected with brothers and most experiences with men.



North Node: Karma

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



Jupiter: Wisdom

Jupiter represents the inner feeling of hope and optimism that enables us to believe in our future. Jupiter shows what we believe, how we express these beliefs, and how these beliefs create our future.



Saturn: Challenge

Saturn shows where the greatest obstacles need to be overcome. Saturn shows the structures of society we have to accept and work with, and the trials we have to meet.



Uranus: Revolution

This planet shows the collective forces for change in society and the individual. The influence of Uranus is revolutionary on the one hand, and provocative on the other. This planet shows where we are unique.



Neptune: Spirit

This planet shows the collective spiritual and media influences that most affect society. It evokes sensitivity and disillusion, but also brings spiritual transformation.



Pluto: Transformation

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



South Node: Fate

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.

THE TWELVE SIGNS

Aries

Cardinal, Fire (March 21st - April 20th)

Key word: Assertion | Ruler: Mars

Aries types like to be first; they are impulsive and easily provoked. They thrive on competition. Aries is associated with the head.

Taurus

Fixed, Earth (April 21st - May 21st)

Key word: Consolidation | Ruler: Venus

This sign is very stable, immovable almost, and yet very fruitful and bountiful. Taurus types are also said to be stubborn and materialistic. Taurus is associated with the throat and neck.

Gemini

Mutable, Air (May 22 - June 21st)

Key word: Connection | Ruler: Mercury

This sign reaches out to others creating a network of communication. Gemini types are sociable, gregarious, and full of ideas. Gemini is associated with the hands and lungs.

Cancer

Cardinal, Water (June 22nd - July 21st)

Key word: Protection | Ruler: The Moon

This sign is motivated by family and home-building. Cancer types are emotional and they build a protective shell. Cancer is associated with the breasts and stomach.

Leo

Fixed, Fire (July 23rd to August 22nd)

Key word: Individuation | Ruler: The Sun

The crucial area for Leo is identity - building up self-esteem and confidence. Leo types are normally proud, dignified and very creative. Leo is associated with the heart and back.

Virgo

Mutable, Earth (August 23rd - Sep. 22nd)

Key word: Discrimination | Ruler: Mercury

This is the most perfectionist of signs, and Virgo types are very conscientious and helpful. They worry a lot about work and health. Virgo is associated with the intestines and digestion.

Libra

Cardinal, Air (September 23rd - Oct. 23rd)

Key word: Balance | Ruler: Venus

Libra is gregarious and friendly, and tends to compromise for the sake of peace. Libra is associated with the kidneys and balance.

Scorpio

Fixed, Water (October 24th - Nov. 22nd)

Key word: Intensity | Ruler: Mars (Pluto)

Scorpio types lead an intense emotional life. They are secretive, magnetic and powerful, and have a mysterious ability to empower others. Scorpio is associated with the genitals.

Sagittarius

Mutable, Fire (November 23 - Dec. 21st)

Key word: Insight | Ruler: Jupiter

Sagittarian types are philosophical and very frank. They are great travelers, and strive to gain wisdom throughout their life. Sagittarius is associated with the thighs and the liver.

Capricorn

Cardinal, Earth (Dec. 22nd - Jan 20th)

Key word: Achievement | Ruler: Saturn

This is the most ambitious of signs. Capricorn types have long-term goals and work hard, methodically, and dynamically to achieve them. Capricorn is associated with the knees.

Aquarius

Fixed, Air (January 21st - February 19th)

Key word: Equality | Ruler: Saturn

This is the most social of signs - Aquarians have an egalitarian and humanitarian outlook. They have a magical, electric aura. Aquarius rules the ankles and blood circulation.

Pisces

Mutable, Water (Feb. 20th - March 20th)

Key word: Dissolution | Ruler: Jupiter

Pisces types are sensitive and attuned to the cosmos. They are compassionate, but there is also a sense of being a victim. Pisces is associated with the feet and lymph glands.

THE TWELVE HOUSES

The Ascendant - Lifepath

This is by far the most important position in the horoscope. It represents you, your life and how you occupy the stage - your style. Planets placed here dominate the life.

The Second House - Resources

This house is connected with self-worth. How you feel about your body, your assets and talents - and therefore your financial status - is reflected by planets in this house.

The Third House - Connections

This shows mental abilities and experiences connected with education, siblings, neighbors and everyone in the local environment. The house of travel and networking.

Descendant (7th) - Relationships

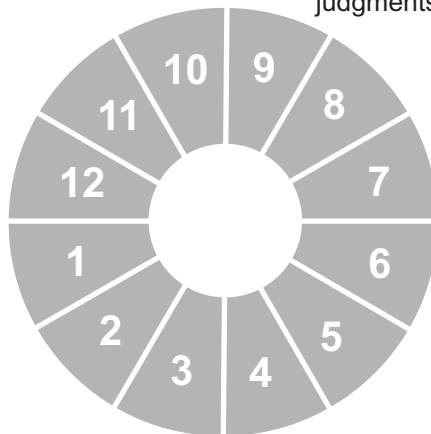
Whilst the Ascendant is connected with yourself, the Descendant is to do with others. This house shows where we reach out and meet people, and form lasting relationships.

The Eighth House - Intimacy

This house is connected with life's inevitabilities like sex, death and taxes. This is where we feel most anxious and vulnerable, and where we confront emotional and sexual taboos.

The Ninth House - Understanding

Planets placed here express themselves through insight and understanding gained through travel and further education. This is where beliefs are formed and judgments given.



The IC of Fourth House - Roots

This shows the family heritage, the atmosphere at home, and the ability to connect to roots and put down new roots. Parents and family are shown here, as well as property and ancestry.

The Fifth House - Expression

Planets placed in this house are strongly identified with and projected onto the stage. This house is connected with feeling confidence through creativity, children, love and play.

The Sixth House - Service

Planets placed here show the need to relate with others via practical issues such as work and domestic tasks. This house is connected with health and the daily environment.

Midheaven (10th) - Achievement

This house represents crowning achievement - your goals and mission. It also shows your career and superior authorities like parents, bosses etc. Planets here achieve success.

The Eleventh House - Groups

This house is connected with your social life. It has to do with friendships at school and in later life, as well as groups and associations, or the social sphere you are a part of.

The Twelfth House - Isolation

This shows isolated places in society like prisons and hospitals, or simply living away from it all. Planets placed here show where inner development takes place when feeling alone.

THE ASTROLOGICAL ASPECTS

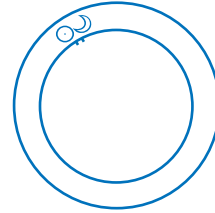


The Conjunction

(0 degrees... orb allowed: 12 degrees)

Key word: Fusion

This aspect is in effect when two planets are close to each other, normally in the same sign. It represents the fusion of planetary principles.

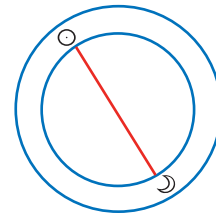


The Opposition

(180 degrees... orb: 10 degrees)

Key word: Separation

This aspect - when two planets are in opposite signs - shows a split or division between the needs shown by two planets. There is also an attraction between opposites.

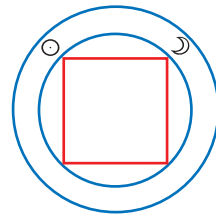


The Square

(90 degrees... orb 6 degrees)

Key word: Tension

This aspect occurs when planets are at right angles to each other in the chart. It shows two needs at war with each other. This brings considerable dynamism, but a lot of trouble.

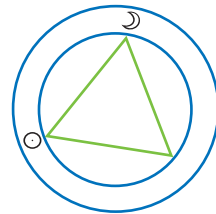


The Trine

(120 degrees ... orb 8 degrees)

Key word: Harmony

This aspect occurs when planets are a third of the circle away and normally in the same element. This shows the harmonic confluence of needs, bringing happiness and harmony.



The Sextile

(60 degrees... orb 4 degrees)

Key word: Creativity

If the circle is divided by a six-pointed star, the sextile would take place on two of the points next to each other. There is both dynamism and pleasure connected with this aspect.

