

# ESSENTIAL YEAR AHEAD REPORT



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Written and designed by Adrian Duncan

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## Year Report for

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Age : 54



## THE ESSENTIAL YEAR REPORT...

At the turn of the 21st century, there were 6 billion people on Earth. No two of them were born on the exact date, time and place - everyone has a unique horoscope. This horoscope reflects personal characteristics that the individual has chosen to work with in this life. He or she meets parents, brothers and sisters, friends, teachers and finally partners, who evoke an evolutionary development for the soul.

Each individual has then a unique life that can be mapped astrologically according to the planetary movements after birth. World of Wisdom's Essential Year Report synthesizes three astrological methods to map the life journey of the individual:

- Progressions, which reflect a personal evolutionary, or karmic pattern present at birth
- Transits, which reflect collective trends that evoke specific behavior in the individual
- Solar Returns, which are horoscopes calculated for each birthday, showing what happens to the individual on the year in question. (For unknown birth times and yearly horoscopes starting on days other than your birthday, another astrological technique - horary - is used.)

This synthesis is complex. With 12 signs, 12 houses and 10 planets (with Sun and Moon) there are 1440 simple combinations. When the connection between planets are taken into consideration (aspects) and then transits and progressions, there are several hundred thousand combinations. Essential Year Report works on several thousand of these, the rest needs to be filled in with your memory and creative visualization.

This reading describes your own evolutionary journey. To understand it fully you need to understand the talents and challenges that the planetary positions at birth represent. The first part of every section of Essential Year Report explains therefore what you can expect in life based on who you are as a person. It is crucial to realize that what happens during the course of the life is constrained by these personal factors. If your love-life promises great happiness, then later trends will trigger this potential... and vice versa.

If you wish to know more in detail about your personal character and how to get the most out of your life, then our Birth Horoscope Interpreter will go into this deeply. The Essential Year Report is designed to map out the timing of events and the fulfillment of your destiny.

# INTRODUCTION

During the course of your 54th year, you are still in a period of dynamic consciousness growth that sees you experimenting with your life on several fronts. You are open to any changes that bring renewal and excitement, and this can bring international travel and input from cultures very different from your own. This is the time to embrace new technology and surf the wave of change in society, rather than holding on to established tradition. For you and your generation there is a willingness to experiment with the way you are integrated into the work force, and you are inclined to embrace new and revolutionary methods. Your particular way of expressing your uniqueness in this respect is through fearlessly confronting issues of the soul that can be quite disturbing psychologically. You are willing to experiment with consciousness in the name of individual authenticity. At the same time there is a dawning spiritual sensitivity, and activities connected with nature, music or religion can bring inner enrichment. Furthermore this year is a time of emotional rebirth, and your feelings connected with home and family come strongly to the fore. Basically, when your emotions are aroused, you tend to go into escapist mode, dreaming yourself away from the situation. As you are super sensitive to moods and atmosphere, this can happen quite a lot. You invest feelings heavily in your material life, financial security and body care, which is the area you feel most sensitive about. Now is the time to confront latent emotional issues connected with bonding that can relate back to your childhood, so don't be surprised if this a bit of an emotional roller-coaster year when you are concerned about creating security and a safe base.

The process of attaining success during the current year depends on the one hand on how well you build upon early experience and on the other on formulating your vision for the future. Once you have a vision, you can plan how to achieve it step by step. An optimistic attitude and belief in yourself will help you to overcome the challenges that naturally arise during the course of the year.

In this period of your life you have consolidated career moves and established yourself professionally. It has been a time for realizing your ambitions and attaining your goals, and as a result your focus needs to shift to the social repercussions of success and the responsibilities you have to the community. This new influence starts growing around March - 2017 and will ebb out around January - 2019. It is a time for valuing friendships and social relationships, although at first you may be acutely aware of how you have neglected these areas of your life. Security is also connected with being integrated and feeling a sense of belonging, and by engaging with others now you gain valuable acceptance and long-lasting friendships. This is the time to do something active inside groups and organizations.

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Having thoroughly established considerable success in your working environment, you are ready to build up one-to-one relationships through partnership in the period from August - 2014 to December - 2016, expanding your sphere of influence and reaching out socially. Fortunate meetings with cosmopolitan and wise people can bring happiness and a new optimistic view of your potential to make an impact on others.

After a period during which relationships prospered and your circle of social influence expanded, you are ready to delve deeper into the psychological dynamics of intimate personal relationships in the period from December - 2016 to February - 2018. A deeper understanding of and empathy for others is developed, enriching your emotional and erotic life. You receive blessings both in the form of emotional generosity and material good luck.

As you mature, acquire new resources and meet and overcome the challenges that present themselves, the stage is set for a series of developments and opportunities during the age of 54. Three very important issues that make this year special are:

- An awakening of your capacity to experience love at it highest level, especially through spiritual experience and the arts. Whilst this is a romantic period, personal love is often experienced as illusory or unrequited. It is the universal nature of love and compassion that enriches.
- A time that evokes a deep dissatisfaction or confusion about who you are and where you are going. In your search for answers to existential questions you discover new and inspiring paths that have a social, creative or spiritual content.
- You feel an urgent need to be true to yourself, even if this means changes in lifestyle and relationships. You insist on being authentic, which you do quite uncompromisingly, expecting other people to adjust to the new you.

These along with other influences will be examined later in the report.





## Life Path

### INSIGHTS AND EXPANSION IN YOUR LIFE

There are many spheres of human activity which are active at any one time, but each year there will be a focus on a particular area of your life that will absorb you more than anything else, and be at the center of the events of that year.

The theme at the age of 54 is expansion of your horizons, and gaining an enhanced awareness and understanding of the meaning and direction of your life. This may be through further education or travel – the important thing is to have a wider experience, so that you can formulate and express your ideas and opinions. The hunger for knowledge is great, and you cast your net wide. Ethics and the law can also be themes that occupy a good deal of your time.

This theme facilitates the achievement of the overall mission in your life by bringing you into contact with people and groups who have an agenda that corresponds with the future direction of your life.

You will be guided by your convictions in the year ahead, and your strongest motivation will be gaining insight and making judgments about what is best, what is right and what is wrong.

Forging bonds with other people and facilitating agreement will be your forte, as you easily attune to others and strive to create equanimity and balance. Personal relationships figure strongly and you are motivated for love and partnership. You are attracted to all things beautiful at this time, and will travel for cultural, romantic and aesthetic experiences.

You express this influence primarily in the organization of your working life and daily rhythms. The keyword is efficiency. Attending to your health through exercise, diet and training is favored. Many of the challenges and successes you experience at this time are connected with colleagues and cooperative ventures, and questions about how you want to work, where, and with what, are paramount.

Certain challenges arise.

There are many unpredictable changes, and whilst these can be very inspiring and exciting, there can be sudden separations, or jarring events that unnerve you. There are long journeys to be made, probably intercontinental, and a fascination with New Age issues.

This is connected with the unsettling stimulation of your imagination, dreams and spiritual convictions which also can bring deep inner insights.

There is a destructive tinge to what you do, as if you are prepared to lose everything, and what does it matter? This uncompromising attitude needs to be transformed by psychological insight. You may have to

cut your losses and start again.

This specifically activates a need to transform your career situation and eliminate dependence on oppressive authorities, bringing a new authenticity to your ambitions.

Some factors help.

You have the enthusiasm and energy to take the initiative, and your forcefulness brings competitive success. You are able to express your strength and your erotic power too. An excellent lieutenant helps you make rapid progress in achieving your agenda.

This affects your social standing and relations with friends, which is a rather troubled area this year.

You have the support of the establishment in fulfilling these goals, and you sense that with planning and effort, you can realize your agenda and gain increased status and recognition. Things may not go fast, but each step brings you closer.

Rather than repressing the challenging emotions that arise in relationships now, embrace joint responsibility and work on alleviating anxiety.

There are unique opportunities and challenges affecting you personally right now, which can result in significant lifestyle and relationship changes or modifications. If you would like to see your life going in a different direction, now is the time to take the reins and choose a path which is uniquely suited to you, as described by the influences below.

### **Opportunities with a price**

Matters come up in your personal life right now, which challenge you to take a stance connected with what you consider to be right and acceptable, and what you consider to be wrong and unacceptable. This is particularly strong in the period from January 2015 to September 2015. This can be an exciting and exhilarating time, and you will certainly learn a lot and gain wisdom, but there are moral issues that affect you and your relationships, and your judgment may not always be right. Your appetite for life is strong, and you convince yourself that life must be lived to the full. You are likely to travel more or meet cosmopolitan people who have considerable influence on your thinking.

There are times in your life when it is not enough to simply register and adjust to influences that come from the outer world. Sometimes the time comes to change the actual framework of your life. Perhaps this means adopting a new lifestyle or appearance. Perhaps the time has come to redefine who you are through who you choose to live with. The following influence shows a unique opportunity to move your life into another gear.

To your own self be true

If your birth time is precise then a shake up in the way you choose to live your life takes place in the months around December 2016 connected with a need to express your authentic identity in word and deed. You want to express your true self, but how is this to be done when professional and relationship demands run counter to your self-development? You know that when you find the way to true self-expression everything will follow from that; it is up to you how many waves you make in the process. People will simply need to adjust if they want what is best for you. At the same time it is essential to retain your warmth and dignity and to act in a way that reflects your best character. Others may perceive you are egocentric or even arrogant now, but it is worth remembering the saying: "To your own self be true, then it follows that you can be false to no man". Partnership at this time may come through meeting someone who has tremendous charisma. Fatherhood can also play an important role.

A need to be a central figure in groups and play a leadership role in society is a major factor in your life, and



this influence will affect the role groups and friendships play in your life.

#### Cutting out the rot

If your birth time is precise then a deep-seated transformation takes place in the months around March 2017 which can totally transform your lifestyle and relationships. What is happening is that an untenable situation has reached a point where to continue as is would simply result in a deadening lifestyle, which is not in your ultimate interest. Therefore you are prepared to make a radical decision to change course, or, if you do not, then those you have been dependant on until now will do it for you. If you embrace psychological transformation now, then you can purge yourself of old ghosts and live and love far more authentically. Meetings or relationships that take place at this time tend to bring you into emotionally extreme situations that drain you of your resources... including your material resources. If there is extreme discomfort it is better to chop off attachments rather than hanging on to them. This can be part of a longer period of crisis and transformation also connected with events around November 2016. Those people and activities which undermined you in the past will be eliminated; those that can contribute to a psychologically healthy life may remain.

The overall effect of this influence activates your inherent tendency to seek intense emotional and erotic catharsis with partners, which can be exhausting for others in the long run.

This initial section of the report is connected with your lifestyle and direction, and the factors described above modify this direction as you respond to outside influences and your own inner evolutionary process. Of these factors the most significant during the age of 54 are:

- This is an exhilarating time when opportunities for personal growth and meetings with influential people bring a tendency to be over-optimistic or to overreach yourself.
- a time when there are changes in lifestyle and relationships because of a growing need for authenticity and expressing your true character.
- a time of radical transformation of your lifestyle and relationships when those people and activities that have outlived their usefulness are eliminated.
- a time when you widen your horizons, both intellectually and through travel. Wisdom and learning are there to be harvested.



## Career

### NEW ALLEGIANCES

Every year there is a particular focus on your goals and ambitions, and a need to reformulate your mission in life and what you want to achieve. It is equally important to have a good foundation to build your successes on in terms of home and family.

A major theme as regards career during the age of 54 is to learn how to fit into a team, cooperating together to make your professional life more efficient. This is a time to dedicate yourself to the principle of service rather than self-promotion. So much more can be achieved when everyone puts their shoulder to the wheel for the good of the community.

This theme is very much connected to your desire to imprint your own convictions and visions at work. However, these will not concur with the visions of those in a position to decide these matters, which can lead to ideological conflict.

You manifest your organizational skills and are keen to work cooperatively with others, which you will do in a specific fashion and in a specific area.

To attain success you need to define your ambitions, make a plan and go for it. It is all about hard work and responsibility. You can expect difficulties and setbacks, but you will overcome them through persistence and determination.

The chief focus in your career is on study, travel and widening your cultural interests. This could mean spending some time abroad or at an institution for higher learning. In this way you gain insight and wisdom.

Sometimes a time comes when you can actually make a decisive move that defines your unique career potential and the hopes you have for your family. The influences described below show challenges and opportunities that arise now which can bring concrete changes in the framework of your professional life and domestic environment.

### Standing at the crossroads

Assuming your birth time is precise, the period around October 2017 brings changes in your personal environment that affect where you live and how you work. Choices are made in regard to your goals and ambitions, and there is a sense that you are at a crossroads. You need to meet new people and see new places, but perhaps the options available will not harmonize with the long term goals that will eventually crystallize in your life. No matter; now is the time to relocate and encounter new groups of people who awaken a curiosity about the big questions in life like who you are and what you want to do in the greater scheme of things. The question of meaning looms large; at times you will be overenthusiastically engaged

in the material world, at times you seek to find yourself and life direction by rejecting the material trappings. These developments can be part of a major life reorientation that also resonates with events around which finally puts you on the right track in relation to your life mission.

This activates a major life theme for you, which is the dilemma of learning to down-prioritize your personal agenda so that you can be there for partners.

The career section of this report explains influences in the current year that can cause you to adapt or change professional goals, and make use of opportunities that come your way. Overall, in the area of family and career the major developments you can expect are:

- a time when you meet new people and groups and come into a new environment, which actualizes the big questions in life, like what your mission is.
- a time when your personal agenda is subsumed by the need to integrate your talents and efforts for the benefit of others.



## Personal development

### THE FREEDOM OF SURRENDER

During the course of the year you will have a number of character-building experiences, which help you grow and develop as an individual. It is rare for any difficulty to last longer than a period of about eight months, and if you regard challenges that arise as a test that helps you become stronger, then it will be relatively easy for you to overcome them. Similarly, when events boost your confidence, it is pays to take advantage of the limited time available to capitalize on your good fortune.

With your sun in your birth chart in Sagittarius and in the 11th House this relates to your need to expand your horizons and learn about life, in connection with your social alliances and status, and your friends.

An important feature around the age of 54 is a need for partnership. You are willing to put everything you have got into energizing relationships, putting your personal agenda on the back burner and making considerable compromises for the sake of others. There are strong attractions to charismatic and creative people at this time, perhaps because you tend to project your own creativity on others... you are at any rate willing to put others first. You understand that there is insight to be gained when you see yourself mirrored in the eyes of another.

You are empowered by the following.

It is during this period that you confront obstacles and challenges that test the mettle of your character. Authorities set the bar very high, whilst your faith in your abilities tends to be low. Discipline and restraint are called for. By setting long term goals and working steadily to achieve them, you lay the foundations for success. Accept responsibility but do not overestimate your position. Keep expectations low, and treat setbacks as a learning process. Time is on your side.

Certain challenges arise.

It is during this period that you are dealing with inner existential issues that can evoke a sense that life is somewhat meaningless. Money, work and relationships cannot provide all the answers – you need to see your life as a whole and bring spiritual evolution into the equation. Meeting a spiritual mentor or absorbing yourself in a new creative activity can bring back color and depth into your life.

This activates a need to find a deeper meaning in your spiritual life by understanding the collective forces of the cosmos.

Certain key influences will present challenges and opportunities to you now as regards your development as an individual. Below you will find effects described, which you will feel more or less powerfully, evoking actions that enable you to stamp your signature on events.





## Spiritual confusion

This is period when existential questions gnaw at your psyche. Whilst everything may be going just fine on the surface, there is a longing to have a deeper content in your life and to see your existence in the context of something greater. Material success and a steady relationship cannot in themselves provide the answer to a search for meaning which is in essence spiritual. When surface attachments are shed, you need to feel that there is something in your core which is ever-present and eternal. This sense of dissolution of the identity stems from a trend that lasts from April 2015 to January 2019 and ultimately it leads to an enriching process of self-discovery. By spending as little time as possible on occupations that do not inspire you and instead developing creative interests, a social or ecological conscience or a spiritual path, you create an essential connection to something deep in your soul. This is an excellent time to find a spiritual mentor, though false heroes and father figures will surely end up disappointing you.

Quite apart from the specific changes that come at the age of 54, you now reach a stage in the process of your personal evolution that enables you to integrate certain character traits that stand you in good stead for the future.

### The challenge to be you

Events arise around May 2017 which clearly indicate that you are ready to take on a major responsibility that can form the framework for future growth domestically and especially professionally. Responsibility is thrust upon your shoulders and at times the challenges can seem insurmountable. Self-confidence is low at first, but through planning and hard work, you build up a solid reputation. Regularity and reliability are crucial for success... you need to think over the long-term. You achieve concrete goals and create stability, becoming as dependable as a rock, and you may also meet a significant authority who helps you form a new diamond-sharp character. This process can be part of a longer period of challenge and achievement connected with events around November 2023. Now is the time to believe in yourself and commit fully to your ambitions. Learn from past experiences but do not let them limit you in any way. The only real obstacle to success now is lack of belief in what you are capable of.

The challenges and responsibilities in this respect key in to your inborn lack of confidence in yourself and the way you appear to others. This strengthens the resilience and determination that you have developed over the years to overcome insecurity.

The personal development section of this report shows influences directly affecting your character, bringing both challenges and personal growth. Of these influences the most crucial are:

- a time when an inner discontent leads you to ask questions about who you are. You search for a deeper spiritual meaning in your life, and find it.
- a time when you rise to the most crucial challenge in your life, shouldering the responsibility to live up to your destiny.



## Feelings and security

### EXPANSION OF EMOTIONAL INSIGHT

You are in an ongoing process of emotional development, and the focus is constantly changing. As your unconscious mind absorbs impressions during the different phases of your life, you integrate greater depth and understanding of yourself and your relationships. There are specific areas of your life where this influence has a particular significance.

With your moon in your birth chart in Pisces and in the 2nd House this relates to your sponge-like emotional receptivity and deeply caring nature, and you will establish security by creating strong material anchors in your life.

Emotionally the age of 54 can be said to reflect a time when there are a lot of emotional responsibilities to be shouldered. Your mood can be subdued by the various pressures and demands, but at the same time you attain great maturity, and learn how to organize your time, plan and define your goals... particularly as regards family. Ultimately you overcome the obstacles that lie before you and build a secure foundation for the future.

One of the main areas where this influence will be felt is in your career. This is where your priorities lie and where you are most sensitive to the ups and downs of fortune. You engage with people in influential positions to ensure that there is growth and advancement in your professional life, though you are extremely sensitive as to how you, and others, wield authority.

One thing that you are uncomfortably aware of now is that there are important choices to be made connected with the establishment of security for yourself and your family. This can be concerned with whether to either hold on to the past, or release this hold and embrace new alliances and environments that may be more conducive for future growth.

You are empowered by the following.

Your love life and relationships absorb all your emotions. You are motivated to form strong bonds and create a cozy atmosphere for partners and children, whilst also building up a secure environment, which may involve spending and investment. Comfort is crucial, and dependence a likely outcome.

Professional relationships thrive during the course of the year, and love can be found amongst the high fliers. Love and business go hand in hand.

Certain challenges arise.

There is an unsettling emotional atmosphere during the year. It is difficult or undesirable to put down roots, and to make lasting emotional bonds. This can lead to some highly-strung episodes when you lose emotional perspective... but there is plenty of excitement.



During the year ahead you continue a trend of inner exploration as you deal with strong feelings and intuitions that well up from your soul and at times threaten to overwhelm you emotionally. You choose seclusion, and in this private space there are deep feelings of longing, unhappiness and guilt that need to be dealt with. A rational approach does not work, whilst surrender to the spiritual and emotional forces within does. Therefore this is a time of spiritual growth, whether you actively pursue it, or not. There is a natural attraction to music and film, and a tendency to lose yourself and escape from the pressures of the world. Nature and cosmos are healing forces that put you in contact with a universal force within.

A great deal of your emotional energy – in practical terms at least – is focused on that area of your life that is concerned with your persona and the impact you make on other people. Highest amongst your list of priorities are the important emotional bonds in your life, especially to home, family and children. You declare your allegiances and work on these bonds, but because of the nature of feelings, your mood swings as relationships fluctuate... you are supersensitive and more vulnerable than usual. You are prepared to fight for those you hold dear and strongly motivated to build a nest where everyone feels secure.

As you grow and mature emotionally, the focus shifts from one area of life to another, and you instinctively absorb the lessons connected with the many different emotional facets of your life.

- Around March 2017 an opportunity arises to increase your influence and promote your ideas, accompanied with a desire to expand your horizons through travel and inspiring studies. Good fortune smiles on you in the form of mentors and influential authorities who want to promote you. This in turn brings expansion in the home and family and a new set of perspectives. There are spiritual and intellectual breakthroughs that bring a whole new understanding of the world.

This activates the latent good material fortune that is always present in your life, which means that your assets and earning capacities are affected

- Around March 2017 sudden events turn your emotional life upside down and you may go in a completely different direction than originally planned. You have a need to walk on the wild side, to enter uncharted emotional waters, and whatever anyone says, you are prepared to take the risk. You assert your independence and reject the secure option because it feels authentic to be true to your individual impulsive drives. There are dangerous rapids ahead.

The changes and insights you experience in this connection relate to your interest in gaining psychological insights through alternative methods.

- Around March 2017 you familiarize yourself with an old vulnerability or wound that touches a painful nerve that has its roots in the past. This could for example be connected with a shameful episode, or a time when you were ostracized in some way. Probably you choose to use the feelings evoked by this process to find means of healing yourself and others, and this is an excellent time for contact with Shamanic forces and learning therapeutic skills.

This opens an old wound in connection with self worth, your body and your talents, including your money-earning abilities.

- Around August 2017 there is a sense of discomfort about yourself and the general emotional ambience in your life. Mood swings and a sense of being in the wrong place increase this discomfort, as does the feeling of being pulled at from all sides by people demanding your loyalty. This highlights who you are and just how much you want to adjust your character and behavior to suit the needs of others. Authenticity comes above dependency.

- Around August 2017 there can be swings of mood connected with family allegiances and relations with those in authority. Perhaps this is connected to responsibilities which you would rather not shoulder, or dependencies which undermine your feeling of comfort and security. Adjustments have to be made to satisfy the needs of the family, and this in turn requires flexibility in regard to career ambitions. Adaptability is the key in a constantly changing world.

- Around September 2017 you are shaken by an event of considerable emotional intensity that undermines your security and awakens your anxiety. Probably someone is making far too intense demands on you, and this may be the time for you to cut unhealthy bonds that are characterized by over-dependence and power battles. The atmosphere is intolerable – you can either look within and resolve some of your own psychological issues, or clean up on the outside. Expect to get your hands dirty.

- Around September 2017 there are some very pleasant developments in your love life and you can expect a harmonious period with your family. Perhaps this is because you know how to listen and empathize, and this brings out kindness and devotion in others. If you are looking for love, then the gods are on your side; this is a time to enjoy the good things that life has to offer.

Love and status go hand in hand for you, and romantic attraction at this time takes place with those of high status. This is also a time with a strong emphasis on business partnerships.

- Around October 2017 there are a number of creative opportunities that come your way, opening your heart and soul to the subtle but precious areas of life, like nature, music, film and spiritual interests generally. This is not a time when professional or family matters have priority – indeed you may be fed up with the routine and lack of inspiration. What you need at this time is to immerse yourself in activities that feel meaningful and real for your spiritual evolution.

The initial confusion and subsequent clarity you experience in this connection are related to your desire to bring your ideals into reality in your professional life.

The influences described below will have an even more profound effect on your emotional life, awakening a powerful and often unconscious response. Ultimately this brings insight into your early conditioning and enables you to modify the way you instinctively react.

### **Expansion of comfort zone**

A period of expansion in your personal life takes place from October 2017 to September 2018 which brings a general sense of well-being, partly based on a deeper understanding of the unconscious factors that motivate your actions. Your comfort zone expands – you are more comfortable with yourself, and more comfortable with your role in a family that is likely to be extended considerably. If you wish enlarge your home, move, or invest in property, good fortune tends to come your way without too much effort. Parents in particular can be very supportive, as will your environment in general. You have the confidence and faith to give empathy and support to those in need, and can show those people who are attached to you just how to enjoy life and have a good time.

This section maps out the timing and intensity of influences in your life that absorb your interest on a daily level, profoundly affecting everything, from your work to your family life. These influences constitute your emotional growth during the course of the year, and the main themes are:

- a time when you experience a boost in confidence and happy developments at home and in your family life.

- a time when you are full of energy and enthusiasm and impatient about achieving results, though this can

evoke a higher level of conflict.

- a time when you retune yourself to your emotional priorities in relation to yourself and those with whom you have a family connection.



## Mental Development

### BOOST OF SKILLS AND EXPANSION OF MENTAL INFLUENCE

Gaining skills through education and other forms of training is a major ingredient for success, both professionally and in relationships. Through developing your communication talents you can make contacts and build networks which facilitate progress.

With Mercury in your birth chart in Sagittarius and in the 11th House this relates to your hunger for knowledge and far-reaching understanding, which involve you in a very active social life, with many friends and shared interests.

During the age of 54 your mental focus is on professional advancement, and you will be willing to work long and hard to overcome the mental challenges that stand in your path. Your managerial capacities come to the fore, and you will shoulder more administrative responsibility.

Your mental abilities are channeled into broadening your mind through study and travel. This is a year when you widen your horizons and broadcast your thoughts and ideas. You are drawn to studies and benefit from a mentor. Your interests range over a broad spread of subjects during the year.

Developing new talents is uppermost in your mind now. Travel to exotic destinations or involvement with untraditional people, characterize your new innovative approach. You break free of expected roles.

The influences described below will bring additional opportunities and challenges in the field of communication. By rising to educational challenges and improving communication skills, you can add to your skills and capabilities.

### Expansion of contacts and mental skills

The period from October 2016 to September 2017 is a time of success for you in all your mental endeavors, and this is a major contributing factor to personal happiness and satisfaction. Travel is favored, and brings extraordinary pleasures. Great teachers appear and expand the boundaries of your understanding. You make progress in leaps and bounds. Anything to do with foreign cultures and languages is crowned with success. Your knowledge base and intellectual understanding peak, and people are eager to hear what you have learned. Relationships with people of like mind, and true partnerships, are favored at this time, with agreement easily being reached on a shared agenda.

The influences described in this section challenge you to develop intellectually, socially and in relation to





others. Of all these influences, in terms of the enhancement and development of your mental skills the most significant will be:

- a time when you have the great good fortune to expand your sphere of interest through travel, a mentor, or study.
- development of your ability to administer and plan, coupled with hard work and extra responsibility.



## Values, Love and Relationships

### LONGING FOR IDEAL LOVE AND SPIRITUAL VALUES

Your need for relationship is very much dependant on your tastes, and early family experiences of bonding. These factors determine whether you feel attraction or not, or whether you are simply indifferent. People of similar tastes are instinctively attracted to you, as you are to them, and this is the basis of personal harmony in your relationships.

With Venus in your birth chart in Scorpio and in the 10th House this relates to your need to plumb the emotional depths in relationships, which you will express through your career, seeking a mate with status and a position where your diplomatic talent is useful.

In relationship matters you are willing to make a commitment during the age of 54. Status concerns are important, and romantic choices are focused on those whose position you respect. Love and romance are less important than the long-term potential that a relationship can offer. There may be some disappointments that have to be accepted, and if love does not go your way you are likely to channel your energy into your professional life, which prospers as a result.

Business relations can be more important than romantic relationships during the course of the year, though if you are looking for love it could be found in a professional environment. You are likely to meet benefactors who can give you the resources you need to increase your career status. Parental expectations can play a primary role in relationship choices.

There is a meeting with someone with whom you feel an intimate bond now – perhaps a sense that you know each other even though you have just met. It seems that you have unfinished business with partners and groups that you meet, and that you need to spend time with them. Whether the bonds that you make now will flower and grow, or fade away, is an unknown.

Certain challenges arise.

You can feel rather bored in existing relationships, and you tend to get distracted by the promise of excitement. Unpredictable changes can take place that threaten stability, either because of your own need for something new, or because loved ones are unreliable. If there is lack of commitment then emotional distance becomes inevitable. Leave partners in peace and channel this influence into an unusual and stimulating social life.

There are other major changes affecting relationships and values at this time, and the influences described below will bring opportunities to modify your need for others, and ultimately develop better ways of relating

authentically.

### **Loving, dreaming and the imagination**

If you are the romantic type, then this is a time when your dreams of the perfect love are nurtured. This may just be in your imagination, but there is a longing for something that fulfils you on a spiritual level. If current relationships seem dull, it can be because your longings cannot be fulfilled by an ordinary bond. There is an opening of the heart at this time, and this can bring creative results. It is as if you are in touch with something universal, and this is best channeled into spiritual, artistic or musical interests. Spend time tuning in to the inner needs of your soul, rather than on practical issues, and don't expect a single individual to satisfy all your desires. This period, which stems from a trend that lasts from April 2015 to February 2019, is a unique time for discovering inner beauty and refining the soul,

The influences described in this section will all have a significant effect on the way you relate to the world. In terms of your material values and matters of love, the most important of all these influences will be:

- a time when your heart and soul are moved by a vision of transcendental beauty, which can either lead you into the labyrinth of romantic love, or the mandala of bliss.
- a commitment to a difficult relationship and success in your career.



## Sex, work, willpower and assertion

### OVERCOMING LIMITATIONS

Nothing is achieved in life without the force and determination to go for what you want. There are battles to be won and obstacles to be overcome, and this means being able to assert yourself, and to mobilize your courage to face challenges and overcome resistance.

With Mars in your birth chart in Leo and in the 7th House this relates to your need to express your passion and your will, and to establish your superiority, and this manifests as a combative spirit in personal relationships.

As regards personal drive the age of 54 is a year when you are inspired to go your own way, even if it runs counter to convention. You are motivated to work with groups, the more exotic the better, or get involved with technological, peer to peer ventures. Expect some trouble in your social life.

Your energy and will is channeled into friendships and groups, but it is precisely in this area that there is trouble, perhaps because you are willing to fight for your ideals. There can be upsetting arguments or disagreements that affect your social life, but it's worth sticking up for your principles.

This is a year of great mental activity – a time when you fight for your ideas and energetically add to your body of knowledge. It is good to involve yourself with brothers or male friends. There is more travel and better communication.

Some factors help.

There is ebullience about you, and there are periods when your confidence peaks and you have all the energy you need. This can give you a strong appetite to go and get what you want, whether professionally or erotically.

This will be expressed in the working environment, where you expand your sphere of influence and attain a stronger position for delegating duties.

By working constructively with the powers that be you can build something lasting. Big Brother is well-disposed; when the experience of others is combined with your energy and determination, resilient structures are created.

This is a time when you are willing to take risks and try something new. Sexually this is a time for experimentation, and on the work front you feel the need for more freedom. You work on what really inspires you, with people who turn you on.

There are other powerful influences at this time, which bring both challenges to your autonomy and

independence, and opportunities for leadership and self assertion. The influences described below bring out your survival abilities and evoke a fighting spirit that can ultimately empower you.

### **Building things up**

The period from February 2016 to December 2017 is an excellent time for developing your willpower and applying it in a determined and concentrated way on a particular project. On a practical level you can make home improvements and do building work – it is a good time to get physical, perhaps even going to a training center or committing to some kind of sport. This is also a productive period for working on any insecurities you may have sexually – a time to talk about, and overcome, any inhibitions. Professionally you work well with someone who you either organize or who organizes you – a joint effort over time now can really produce results, although there will be difficulties and delays. A rare combination of events means that you have both the time and the will to work on and succeed at an important project.

### **Believing you can do it**

The period from November 2016 to October 2017 is a time when you are full of courage and enthusiasm, and even if there are delays and setbacks, you plunge on undeterred. There is the spirit of the pioneer infusing your being; you see the distant horizon and spur on your horse to reach it as soon as possible. With such an undaunted spirit, success comes easily for you, and nobody has any desire to stand in your way. You are convinced about what is right – for you and probably for others too. Neither are you afraid to use your persuasive powers to get what you want. This leads to an expansion of your influence and greater leadership prowess. The competitive spirit is aroused; physically this can bring an interest in travel and sports, intellectually you want to learn more, debate, and excel at what you do.

### **Spontaneous action**

This is a pioneering period which is likely to bring long-distance travel, greater risk-taking and change in the way you work. There is a powerful energy surge which you may want to channel into martial arts, physical challenges or extreme sport. At work this brings restlessness with the status quo and a low tolerance for limitations or taking orders from boring people. In relationships there may be an awakening of sexual interest or sudden electric attractions, especially to unconventional and independent types, or to foreigners. This is all about expressing your drives in new ways that bring growth and consciousness expansion. Life speeds up and you travel faster and farther. Spontaneity takes over from planning as you seek to live on the edge, making snap decisions that go against what others expect of you. This trend lasts from April 2015 to March 2018 and definitely makes life a whole lot more interesting.

The influences described in this section will bring changes in the way you strive for achievement. Of the many influences affecting your energy, sexuality and assertiveness this year the main areas to be aware of are:

- a time when a fortuitous blend of timing and willpower enables you to work on and realize an important project.
- a time of excitement and adventure when you vigorously expand your horizons and have undaunted confidence in succeeding at what you do.
- a time when you insist on doing what turns you on, even if this means taking a few risks or going against the status quo. Travel and excitement.
- a time to go off on a tangent and pursue your unique interests, especially on a social level.



## Collective trends

### DISSOLUTION OF ANXIETY

The influences mentioned so far in this analysis have an effect on your psychological evolution and fate which is strictly personal. There are other influences on your life based on your relationship to the collective, which can be just as exciting and stimulating for you, even though they may not evoke dramatic personal change.

#### The welling up of the unconscious

This is a period when strategies that involve giving ultimatums or using power to gain control over the scene simply do not work. If you could identify exactly what you wanted to achieve, control might be achievable, but the goalposts are constantly moving. You are caught up in something mightier than yourself and this could be the time to surrender to higher forces. Any material that has been suppressed by your unconscious tends to leak out now, and you can gain a growing awareness of just how much of your life is ruled by the subconscious. This is worth meditating on. This baptism into the deeper influences on your personal evolution is connected to a trend that lasts April 2015 to February 2019 and it initiates you into universal truths about the human condition.

#### Spiritual realignment

You enter a phase in your life when there is a need to seek time out to consider the direction and meaning of your intended goals and mission as a human being. Is it to work and create material security, or are there social, creative or spiritual factors that have more importance if you see your life as a whole? You may well find that the smooth unfolding of material ambitions runs into some pretty muddy territory now, perhaps because you need to tune in to a higher mission and find out what ingredients need to be added to your life so that you can attain happiness. A certain discontent at this time in life may be a very useful litmus test, indicating what adjustments need to be made to realign you with your inner self. This period, which stems from a trend that lasts April 2016 to December 2019, may make you aware of sorrow and loss, but it can also bring the beauty of transcendental experience.

#### Revolutionary insights

The period September 2017 to August 2018 is an exhilarating time when you get involved with exciting and untraditional groups that enhance your consciousness and bring dramatic new opportunities. International travel can show you completely different ways of living and thinking. It is inspiring for you to share the company of people who challenge accepted views and come with a radical new view of the future. You reject any attempt to impose orthodoxy on your own views and opinions now and generally



integrate new thinking and insights into your philosophy of life. There is a breathless sense of being on a roller coaster full of people on the way to an exciting new future.

During the age of 54 you are in a phase of your personal evolution which is to do with making a new start. A new 30-year cycle is beginning, and the sense of aimlessness or dissolution that characterized the previous period is over. Everything is new - it is almost like being reborn - and new initiatives are taken which, although they will not bring immediate results - will deeply affect your future development. In many areas of your emotional life you can start from scratch with a new personal authenticity. This is the time to give expression to who you are and what you want for yourself; it is not a time to make too many compromises for the sake of others. What you set in motion now will crystallize into the life and character of the person you are to be, so follow your individual motivation and listen to the inner voice of truth.

Seen from another viewpoint, there is a purposeful evolution in your life, and each of the events that arise can be seen as milestones on the journey of your soul. There are some fields of your experience which you are all too familiar with, and perhaps you need to relinquish your attachment to them. Other areas of experience present new and interesting challenges for you soul, and require total immersion.

The primary evolutionary focus in the year is connected with coming out of a sense of isolation and getting more involved in the working functions of society. Integrating with the work force brings up the spirit of service, and this can bring a lot of meaning in a world that sometimes can feel very lonely. What works at this time is to organize your life and create daily rhythms, which exercise your body, mind and soul.

The collective influences described above are very much related to the generation of which you are a part, and opportunities now arise to capitalize on trends that your generation will resonate to. The most important of these are:

- a time when the unconscious wells up from within, revealing just how strong collective influences are in your life.
- a time when inner question crowd in about the meaning and direction of your life, leading to a realignment of you creative, social and spiritual goals.
- a time when you associate with avant-garde people who have alternative views, and open the doors of perception through travel.

The influences described in this report are based on planetary cycles, transits of the outer planets and progressions of the inner planets in an integrated description which also takes into account the major factors in your birth horoscope. Thousands of factors are taken into consideration, making this report completely unique to you for the next twelve months. Rather than make specific predictions, we have tried to describe how you can make the most out of the many changes that are taking place. By defining what you really want, and going for it, you can weather the storms and currents described in this report and come safely to the destination that you are aiming for. It is in this context that the major events of this year should be seen.

Some of the themes from this year will continue into the next year, and some completely new themes will arise. Looking at the three most important events at the age of 55 you can expect change in the following areas:

You are energized, courageous and willing to take a risk. Your conviction that you are right cannot be deflected, and this can lead you into confrontation with people who have a different opinion, or to people who feel bulldozed by your gung-ho attitude.

An awakening of your capacity to experience love at it highest level, especially through spiritual experience and the arts. Whilst this is a romantic period, personal love is often experienced as illusory or unrequited. It is the universal nature of love and compassion that enriches.

If you are looking for love, this is the time when you can find your mate or a partner, and have an extremely rewarding romantic, erotic or creative relationship. You learn the art of integrating the masculine with the

feminine.

These events - both good and bad - can be seen as a treasure chest for the personal journey of your soul. Every event that arises has meaning for you and is a result and consequence of previous actions. If you are able to see the challenges that arise as opportunities for constructive change, then your growth will be rapid, and you will be able to truly appreciate and enjoy the many positive events that also arise during the course of your year.

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# SUN, MOON and PLANETS



## The Sun: Identity

The sun is the core of identity. It represents the influence of the father, and the struggle for individuation in adulthood. The sign the sun is in shows how we express our unique identity.



## The Moon: Emotions

The Moon represents the unconscious mind, which rules 97% of everything we do. It is connected to the mother, and the need to create and nurture home and family.



## Mercury: Contact

This planet represents the mind, and everything to do with communication, education and travel. The sign Mercury is in shows our talents and how we express them, our interests and our skills.



## Venus: Values

This planet represents the value system and personal taste. It is also connected with women and sisters. Venus shows what we desire to acquire and own to manifest our taste.



## Mars: Drive

This planet is connected to sexuality and to how we assert ourselves. Mars is the fight or flight mechanism. It is connected with brothers and most experiences with men.



## North Node: Karma

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



## Jupiter: Wisdom

Jupiter represents the inner feeling of hope and optimism that enables us to believe in our future. Jupiter shows what we believe, how we express these beliefs, and how these beliefs create our future.



## Saturn: Challenge

Saturn shows where the greatest obstacles need to be overcome. Saturn shows the structures of society we have to accept and work with, and the trials we have to meet.



## Uranus: Revolution

This planet shows the collective forces for change in society and the individual. The influence of Uranus is revolutionary on the one hand, and provocative on the other. This planet shows where we are unique.



## Neptune: Spirit

This planet shows the collective spiritual and media influences that most affect society. It evokes sensitivity and disillusion, but also brings spiritual transformation.



## Pluto: Transformation

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.



## South Node: Fate

This planet shows collective forces of destruction that bring social transformation. In the horoscope it shows the area where we are most anxious and where total change takes place.

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# THE TWELVE SIGNS

## Aries

Cardinal, Fire (March 21st - April 20th)

*Key word: Assertion | Ruler: Mars*

Aries types like to be first; they are impulsive and easily provoked. They thrive on competition. Aries is associated with the head.

## Taurus

Fixed, Earth (April 21st - May 21st)

*Key word: Consolidation | Ruler: Venus*

This sign is very stable, immovable almost, and yet very fruitful and bountiful. Taurus types are also said to be stubborn and materialistic. Taurus is associated with the throat and neck.

## Gemini

Mutable, Air (May 22 - June 21st)

*Key word: Connection | Ruler: Mercury*

This sign reaches out to others creating a network of communication. Gemini types are sociable, gregarious, and full of ideas. Gemini is associated with the hands and lungs.

## Cancer

Cardinal, Water (June 22nd - July 21st)

*Key word: Protection | Ruler: The Moon*

This sign is motivated by family and home-building. Cancer types are emotional and they build a protective shell. Cancer is associated with the breasts and stomach.

## Leo

Fixed, Fire (July 23rd to August 22nd)

*Key word: Individuation | Ruler: The Sun*

The crucial area for Leo is identity - building up self-esteem and confidence. Leo types are normally proud, dignified and very creative. Leo is associated with the heart and back.

## Virgo

Mutable, Earth (August 23rd - Sep. 22nd)

*Key word: Discrimination | Ruler: Mercury*

This is the most perfectionist of signs, and Virgo types are very conscientious and helpful. They worry a lot about work and health. Virgo is associated with the intestines and digestion.

## Libra

Cardinal, Air (September 23rd - Oct. 23rd)

*Key word: Balance | Ruler: Venus*

Libra is gregarious and friendly, and tends to compromise for the sake of peace.

Libra is associated with the kidneys and balance.

## Scorpio

Fixed, Water (October 24th - Nov. 22nd)

*Key word: Intensity | Ruler: Mars (Pluto)*

Scorpio types lead an intense emotional life. They are secretive, magnetic and powerful, and have a mysterious ability to empower others. Scorpio is associated with the genitals.

## Sagittarius

Mutable, Fire (November 23 - Dec. 21st)

*Key word: Insight | Ruler: Jupiter*

Sagittarian types are philosophical and very frank. They are great travelers, and strive to gain wisdom throughout their life. Sagittarius is associated with the thighs and the liver.

## Capricorn

Cardinal, Earth (Dec. 22nd - Jan 20th)

*Key word: Achievement | Ruler: Saturn*

This is the most ambitious of signs.

Capricorn types have long-term goals and work hard, methodically, and dynamically to achieve them. Capricorn is associated with the knees.

## Aquarius

Fixed, Air (January 21st - February 19th)

*Key word: Equality | Ruler: Saturn*

This is the most social of signs -

Aquarians have an egalitarian and humanitarian outlook. They have a magical, electric aura. Aquarius rules the ankles and blood circulation.

## Pisces

Mutable, Water (Feb. 20th - March 20th)

*Key word: Dissolution | Ruler: Jupiter*

Pisces types are sensitive and attuned to the cosmos. They are compassionate, but there is also a sense of being a victim. Pisces is associated with the feet and lymph glands.

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# THE TWELVE HOUSES

## The Ascendant - Lifepath

This is by far the most important position in the horoscope. It represents you, your life and how you occupy the stage - your style. Planets placed here dominate the life.

## The Second House - Resources

This house is connected with self-worth. How you feel about your body, your assets and talents - and therefore your financial status - is reflected by planets in this house.

## The Third House - Connections

This shows mental abilities and experiences connected with education, siblings, neighbors and everyone in the local environment. The house of travel and networking.

## Descendant (7th) - Relationships

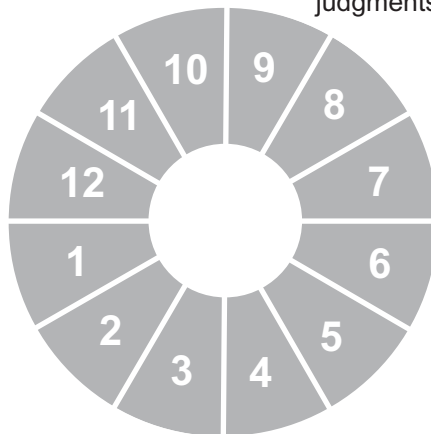
Whilst the Ascendant is connected with yourself, the Descendant is to do with others. This house shows where we reach out and meet people, and form lasting relationships.

## The Eighth House - Intimacy

This house is connected with life's inevitabilities like sex, death and taxes. This is where we feel most anxious and vulnerable, and where we confront emotional and sexual taboos.

## The Ninth House - Understanding

Planets placed here express themselves through insight and understanding gained through travel and further education. This is where beliefs are formed and judgments given.



## The IC of Fourth House - Roots

This shows the family heritage, the atmosphere at home, and the ability to connect to roots and put down new roots. Parents and family are shown here, as well as property and ancestry.

## The Fifth House - Expression

Planets placed in this house are strongly identified with and projected onto the stage. This house is connected with feeling confidence through creativity, children, love and play.

## The Sixth House - Service

Planets placed here show the need to relate with others via practical issues such as work and domestic tasks. This house is connected with health and the daily environment.

## Midheaven (10th) - Achievement

This house represents crowning achievement - your goals and mission. It also shows your career and superior authorities like parents, bosses etc. Planets here achieve success.

## The Eleventh House - Groups

This house is connected with your social life. It has to do with friendships at school and in later life, as well as groups and associations, or the social sphere you are a part of.

## The Twelfth House - Isolation

This shows isolated places in society like prisons and hospitals, or simply living away from it all. Planets placed here show where inner development takes place when feeling alone.

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# THE ASTROLOGICAL ASPECTS

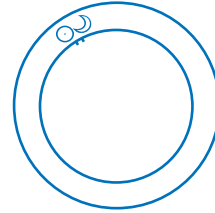


## The Conjunction

(0 degrees... orb allowed: 12 degrees)

Key word: Fusion

This aspect is in effect when two planets are close to each other, normally in the same sign. It represents the fusion of planetary principles.

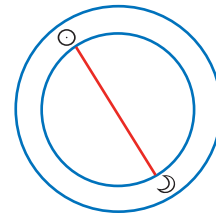


## The Opposition

(180 degrees... orb: 10 degrees)

Key word: Separation

This aspect - when two planets are in opposite signs - shows a split or division between the needs shown by two planets. There is also an attraction between opposites.

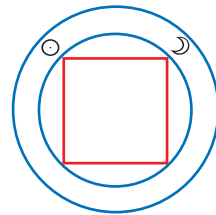


## The Square

(90 degrees... orb 6 degrees)

Key word: Tension

This aspect occurs when planets are at right angles to each other in the chart. It shows two needs at war with each other. This brings considerable dynamism, but a lot of trouble.

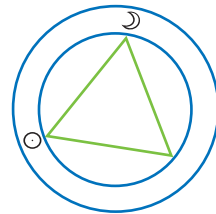


## The Trine

(120 degrees ... orb 8 degrees)

Key word: Harmony

This aspect occurs when planets are a third of the circle away and normally in the same element. This shows the harmonic confluence of needs, bringing happiness and harmony.



## The Sextile

(60 degrees... orb 4 degrees)

Key word: Creativity

If the circle is divided by a six-pointed star, the sextile would take place on two of the points next to each other. There is both dynamism and pleasure connected with this aspect.

