```
#8. How to use 'break' statement

for i in 'INDIAN':
  print (i)
  if i=='D':
    break
```

```
I
N
D
```

```
i=1
while (i<=10):
  print("How are you")
  if (i==5):
    break
  i=i+1
```

```
How are you
How are you
How are you
How are you
How are you
```