# **CURRICULUM VITAE**

01). Full Name:-Sivalingam Sritharan

02). Private Address: -No.124/3, Central Road, Batticaloa.

03). Telephone No.:-065-2223707 / 077-6047081

04). Office Address:-Educational Zonal Office.

> Baticaloa – West, Kurinchamunai,

Kannankudah.Batticaloa.

05). E-mail:sritharan.coun@gmail.com

06). Date of Birth:-1958 - 11 - 10

07). N.I.C. No .:-583152270V

08). Occupation: -Career Guidance and Counselling Officer

1979 - 09 - 0309). Date of First Appointment: -

10). Teacher Grade:-Sri Lanka Teachers Service – Class (I)

11). Higher Educational Qualification:-B.Sc (Psychology & Psychotherapy)

The Trinity College and University

12). Professional Qualification:-(I)Special Science Trained Teacher

> Diploma in Counselling (National Institute Social (II)

Development – Ministry of Social Service

(III)Yoga Therapy (India)

Play Therapy for Effected Children. (300Hrs. (IV)

Trained by Play therapist from Canada)

"Emergency Expert" Trained by M.D.M Portugal (V)

(180Hrs.)

(VI) Resilience for Child & Family (Sahanaya)

(VII) Alternatives to corporal punishment

(VIII) Video Technology – NISCO, National Youth

Service Council

(IX) Diploma in Multi Media Appliance

(X) "Reihi" – Level 3 (Master)

(XI) Value Education For Children and Teachers.

- 13). Teaching Experience:-
- (I). Teaching field more than 33 years.
- (II). Visiting lecturer in College of Education
- (III). Resource Person in Mental Health Unit, Teaching Hospital, Batticaloa.
- (IV). Visiting Lecturer NISD. Colombo.
- (V). Visiting Lecturer Open University, Batticaloa.
- (VI). Visiting Lecturer South Eastern University
- 14). Practice Experience in Counseling:-
- a. More than 14 Years
- b. 05 Years worked at Mental Health Unit, Teaching Hospital, Batticaloa.
- c. Counselling Skill (DC 108, 109) Teaching & Supervising up to now for NISD

## **Qualification & Courses Followed:-**

- (01). B.Sc. (Psychology & Psychotherapy)
- (02). Diploma in Counselling (National Institute Social Development)
- (03). Play Therapy
- (04). Field Teachers Training by N.I.S.D.
- (05). Mentors for the Teachers Trained by National College of Education.
- (06). Counseling Program for the Schools in Tsunami affined areas. By Ministry of Education.
- (07). Emergency Preparedness for School Children M.D.M. Portugal
- (08). Psychosocial Care Orientation Program Sahanaya Institute of Mental Health Gorakana.
- (09). Yoga Therapy for Stress, Depression, Diabetes, and Hypertension.
- (10). "Effective Teamwork" Centre for Addiction & Mental Health Canada
- (11). STOT Program for 'Facilitates Integrated Sustainable Development''.
- (12). STOT Program For 'We Save' Conducted by Canadian Red Cross.
- (13). Video Technology Trained by National Youth Service Council (N.Y.S.C.)
- (14). Business Management
- (15). Computer Training
- (16). Reihi Master Training
- (17). Value Education

## Training Programs Conducted (Resource Person):-

- (01). Pre School Teachers Training Education Department.
- (02). Psychosocial Development for the Animators (Working Women Development Forum.)
- (03). Psychological Programs for the Teachers. Save the Children.
- (04). Psychosocial Supporters Program EHED Trincomalee.
- (05). Emergency Preparedness for School Teachers and Children Education Department & M.D.M. Portugal
- (06). Mental Health & Counseling Program D.S. Office, Batticaloa.
- (07). Mental Health Training for Batticaloa District Medical Officers Through "International Medical Corps".

- (08). Motivation Programme for Social Service Officers Ministry of Social Service N E P C.
- (09). "Children Home Managers Program" Amici die bambini & Probation Dept.
- (10). "Drugs and Youth" World Vision, SriLanka.
- (11). Counselling Awareness program for the School Teachers, and Children
- (12). Mental health promotion for health volunteers Samuttana, Batticaloa.
- (13). Non violent conflict resolution CCF Srilanka, Batticaloa.
- (14). Emergency Preparedness for Village Groups Neetra, Kaluwanchikudi.
- (15). Pre School Teachers Training World Vision, Batticaloa.
- (16). Children Programs for Basic Need by ESCO
- (17). Children Life Skills Program by 'Plan Srilanka'
- (18). Career path identification Parents Program World Vision
- (19). Career path identification Students Program World Vision
- (20). Yoga Program Youth, School Student and Teachers.

## Part Time Lecturer:-

- (01). National Institute Social Development
- (02). National College of Education Batticaloa.
- (03). Open University Batticaloa.
- (04). South Eastern University Course for Diploma in Counseling
- (05). Nursing School Teaching Hospital, Batticaloa.

#### **Senior TOT:-**

- (01). 'Facilitates Integrated Sustainable Development' FISD International.
- (02). 'We Save' Program for School Children Ministry of Education.
- (03). Alcohol Prevention Program
- (04). Career Guidance Program.
- (05). Educational Psychology NIE, Teacher's Centers.

#### **Resource Person:-**

Appointed as a Resource Person for the Subject is Counselling from the Ministry of Education, North-East Province.

"Teacher Counsel'lor" Appointed by Central Ministry of Education – Colombo, from 2005.

Teacher's Centers

## Field Supervisor:-

Regd. Field Supervisor for NISD (Ministry of Social Service & Social Welfare) Field Supervisor for Counselling Students – South-Eastern University Consultant Supervisor for Counsellors

#### Membership:-

Associate Member, Sri Lanka National Institute of Professional Counsellors

#### **Program Coordinator:-**

"Play therapeutic process through counseling". – Amici die bambini (2007 - 2008)

### **Course Coordinator:-**

"Fundamental Mental Health" – Foundation for Co-Existence, Batticaloa (2007)

#### **Activities:-**

- (01). Emergency Preparedness for School Children
- (02). Secretary Batticaloa Counsellers Association
- (03). Worked with "Mangrove" Mangrove is Government & Non Government Organization Coordinating Body.
- (04). Produce the cultural programs the school children for the competition.
- (05). Video Production and Release "Children Stories"
- (06). Documentation film "Alcohol Awareness" RDHS. Kilinochchi.

# Designed and worked successful packages:-

- (01) Stress Management
- (02) Anger Management
- (03) Capacity Building
- (04) Motivational Programs
- (05) Healing theatre for student With / Without theatre performance
- (06) Healing theatre for adults
- (07) Corporal punishment alternatives
- (08) Play therapeutic process for children
- (09) Harmony in family life
- (10) Good parenting
- (11) How to handle my child
- (12) Career Guidance for Student & Youth Program
- (13) Successful mind
- (14) Peaceful mind Relaxation programme
- (15) Yoga for all Simple Yoga process for Stress, Depression
- (16) . 'What is my interest' Career Development Program.
- (17) .We Know Life Skills. Face my challenges in Life.
- (18) .'How to Facilitate' Facilitation Skill Development Program.
- (19) Psychological, Psychosocial, and Counselling theoretical programs

## Founder Member:- FISD international.

#### Hobby:-

- (01). Videography Making Documenters, & Short films.
- (02). Short Story Writing
- (03). Produce Cultural Programs.

I declare that the above information furnished in this application is true and correct to the best of my knowledge.

Signature (S.Sritharan)