

CURRICULUM VITAE

- 01). Full Name:- Sivalingam Sritharan
- 02). Private Address: - No.124/3, Central Road, Batticaloa.
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- 04). Office Address:- Educational Zonal Office,
Batticaloa – West,
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- 05). E-mail:- srialpsychocoun@Yahoo.com
- 06). Date of Birth:- 1958 – 11 – 10
- 07). N.I.C. No.:- 583152270V
- 08). Occupation: - Career Guidance and Counselling Officer
- 09). Date of First Appointment: - 1979 – 09 – 03
- 10). Teacher Grade:- Sri Lanka Teachers Service – Class (I)
- 11). Higher Educational Qualification:- B.Sc (Psychology & Psychotherapy)
The Trinity College and University
- 12). Professional Qualification:-
- (I) Special Science Trained Teacher
 - (II) Diploma in Counselling (National Institute Social Development – Ministry of Social Service
 - (III) Yoga Therapy (India)
 - (IV) Play Therapy for Effected Children.(300Hrs. Trained by Play therapist from Canada)
 - (V) “Emergency Expert” Trained by M.D.M Portugal (180Hrs.)
 - (VI) Resilience for Child & Family (Sahanaya)
 - (VII) Alternatives to corporal punishment
 - (VIII) Video Technology – NISCO , National Youth Service Council
 - (IX) Diploma in Multi Media Appliance

13). Teaching Experience :-

- (I). Teaching field more than 33 years.
- (II). Visiting lecturer in College of Education
- (III). Resource Person in Mental Health Unit, Teaching Hospital, Batticaloa.
- (IV). Visiting Lecturer N I S D. Colombo.
- (V). Visiting Lecturer Open University, Batticaloa.
- (VI). Visiting Lecturer South Eastern University

14). Practice Experience in Counseling:-

- a. More than 10 Years
- b. 05 Years worked at Mental Health Unit, Teaching Hospital, Batticaloa.
- c. Counselling Skill (DC 108, 109) Teaching & Supervising up to now for NISD

Qualification & Courses Followed:-

- (01). B.Sc. (Psychology & Psychotherapy)
- (02). Diploma in Counselling (National Institute Social Development)
- (03). Play Therapy
- (04). Field Teachers Training by N.I.S.D.
- (05). Mentors for the Teachers Trained by National College of Education.
- (06). Counseling Program for the Schools in Tsunami affined areas. By Ministry of Education.
- (07). Emergency Preparedness for School Children M.D.M. Portugal
- (08). Psychosocial Care Orientation Program - Sahanaya Institute of Mental Health – Gorakana.
- (09). Yoga Therapy for Stress, Depression, Diabetes, and Hypertension.
- (10). “Effective Teamwork” – Centre for Addiction & Mental Health - Canada
- (11). STOT Program for ‘Facilitates Integrated Sustainable Development’.
- (12). STOT Program For ‘We Save’ Conducted by Canadian Red Cross.
- (13). Video Technology – Trained by National Youth Service Council (N.Y.S.C.)
- (14). Business Management
- (15). Computer Training

Training Programs Conducted (Resource Person) :-

- (01). Pre School Teachers Training – Education Department.
- (02). Psychosocial Development for the Animators (Working Women Development Forum.)
- (03). Psychological Programs for the Teachers. - Save the Children.
- (04). Psychosocial Supporters Program – EHED Trincomalee.
- (05). Emergency Preparedness for School Teachers and Children – Education Department & M.D.M. Portugal
- (06). Mental Health & Counseling Program – D.S. Office, Batticaloa.
- (07). Mental Health Training for Batticaloa District Medical Officers – Through “International Medical Corps”.
- (08). Motivation Programme for Social Service Officers – Ministry of Social Service – N E P C.
- (09). “Children Home Managers Program” - Amici die bambini & Probation Dept.
- (10). “Drugs and Youth” – World Vision, SriLanka.

- (11). Counselling Awareness program for the School Teachers, and Children
- (12). Mental health promotion for health volunteers – Samuttana, Batticaloa.
- (13). Non violent conflict resolution – CCF Srilanka, Batticaloa.
- (14). Emergency Preparedness for Village Groups – Neetra , Kaluwanchikudi.
- (15). Pre School Teachers Training – World Vision, Batticaloa.
- (16). Children Programs for Basic Need by ESCO
- (17). Children Life Skills Program by ‘Plan Srilanka’
- (18). Career path identification – Parents Program – World Vision
- (19).). Career path identification – Students Program – World Vision

Part Time Lecturer:-

- (01). National Institute Social Development
- (02). National College of Education – Batticaloa.
- (03). Open University – Batticaloa.
- (04). South Eastern University – Course for Diploma in Counseling
- (05). Nursing School – Teaching Hospital, Batticaloa.

Senior TOT:-

- (01). ‘Facilitates Integrated Sustainable Development’ FIRD International.
- (02). ‘We Save’ Program for School Children – Ministry of Education.
- (03). Alcohol Prevention Program
- (04). Career Guidance Program.

Resource Person:-

Appointed as a Resource Person for the Subject is Counselling from the Ministry of Education, North-East Province.
 “Teacher Counsellor” Appointed by Central Ministry of Education – Colombo, from 2005.

Field Supervisor:-

Regd. Field Supervisor for NISD (Ministry of Social Service & Social Welfare)
 Field Supervisor for Counselling Students – South-Eastern University
 Consultant Supervisor for Counsellors

Membership:-

Associate Member, Sri Lanka National Institute of Professional Counsellors

Program Coordinator:-

“Play therapeutic process through counseling”. – Amici die bambini (2007 - 2008)

Course Coordinator:-

“Fundamental Mental Health” – Foundation for Co-Existence, Batticaloa (2007)

Activities:-

- (01). Emergency Preparedness for School Children
- (02). Secretary - Batticaloa Counsellors Association
- (03). Worked with “Mangrove” – Mangrove is Government & Non Government Organization Coordinating Body.
- (04). Produce the cultural programs the school children for the competition.
- (05). Video Production and Release “Children Stories”
- (06). Documentation film “Alcohol Awareness” – RDHS. Kilinochchi.

Designed and worked successful packages:-

- (01) Stress Management
- (02) Anger Management
- (03) Capacity Building
- (04) Motivational Programs
- (05) Healing theatre for student – With / Without theatre performance
- (06) Healing theatre for adults
- (07) Corporal punishment alternatives
- (08) Play therapeutic process for children
- (09) Harmony in family life
- (10) Good parenting
- (11) How to handle my child
- (12) Career Guidance Program
- (13) Successful mind
- (14) Peaceful mind – Relaxation programme
- (15) Yoga for all – Simple Yoga process for Stress, Depression
- (16). ‘What is my interest’ Career Development Program.
- (17). We Know Life Skills. Face my challenges in Life.
- (18). ‘How to Facilitate’ – Facilitation Skill Development Program.
- (19) Psychological, Psychosocial, and Counselling theoretical programs

Founder Member:- FISD international.

Hobby:-

- (01). Videography – Making Documenters, & Short films.
- (02). Short Story Writing
- (03). Produce Cultural Programs.

I declare that the above information furnished in this application is true and correct to the best of my knowledge.



Signature
(S.Sritharan)