

First of all we have to prove the solution for:

$$x^2 + px + q = 0$$

$$X_{1,2} = \frac{-p \pm \sqrt{p^2 - 4q}}{2}$$

Demonstration: We want to rid of the "x" term.

Let $x = y + k$

$$x^2 + px + q = 0$$

$$\Rightarrow (y+k)^2 + p \cdot (y+k) + q = 0$$

$$\Rightarrow y^2 + \underline{2yk} + k^2 + \underline{p \cdot y} + k \cdot p + q = 0$$

$$[2k+p] \cdot y = 0 \Rightarrow 2k+p=0 \quad \boxed{k = -\frac{p}{2}}$$

$$\Rightarrow y^2 + \frac{p^2}{4} - \frac{p^2}{2} + q = 0$$

$$\Rightarrow y^2 - \frac{p^2}{4} + q = 0 \Rightarrow y^2 = \frac{p^2}{4} - q$$

$$\Rightarrow y^2 = \frac{p^2 - 4q}{4} \Rightarrow y = \pm \frac{\sqrt{p^2 - 4q}}{2}$$

But how $x = y + k = y - \frac{p}{2} \Rightarrow \boxed{x = \frac{-p \pm \sqrt{p^2 - 4q}}{2}}$