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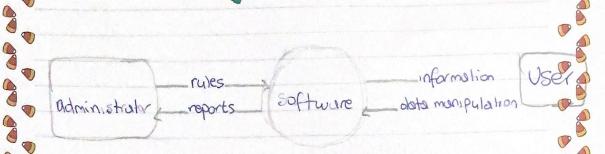
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Workout One Pulldown Prone Bicep Curl Barbell Row

Workout Two Workout Three Work out Four

0 9 0 0 0 User Scenarios 0 0 00 0 9 0 user lass in user logs in 0 of programs Clicks the add 0 Program button 9 00 He workout Inserts picks a program Program data the object he lives it Systems checks it liveit Something wrong 0 rates it rates it Possitevely everything correct negatively Program will show 0 save button User submitit less live it appears 9 9 9 0 9 1 0 0 9 08 08 08 08 08 08 08 08 08 08 08 08 08

DFD Diogram



Activity Diagram

