

Interview 2: Jaden, 16 years old, Kisumu, KENYA

Introduction

Interviewer: *Hi Jaden, thanks for chatting with me today. I am Raymond and I am exploring how teenagers experience and handle bullying. Everything you say will stay confidential. Feel free to be open.*

Jaden: *No problem.*

Bullying Experience

Q: *Can you describe a time when you witnessed or experienced bullying?*

A: *At football practice, the senior players teased us new guys, calling us names and making us do extra laps.*

Q: *How did it make you feel, and what did you think?*

A: *It felt unfair. They treated us like we didn't belong, even though we were just trying our best.*

Q: *Why do you think they did that?*

A: *To show they were in charge, like they had power over us.*

Coping Mechanisms

Q: *How do you react in situations like that?*

A: *I just do what they say. Arguing makes it worse.*

Q: *Did you talk to anyone about it?*

A: *No, because it felt like part of the "culture." Coaches wouldn't do anything.*

Q: *What support would help?*

A: *Maybe stricter rules about respect during practice.*

Social Media

Q: *Have you seen bullying online?*

A: *Yeah, especially in gaming chats. People insult each other a lot.*

Q: *Why do you think people behave that way online?*

A: *It's anonymous, and they think there are no consequences.*

Q: *What would help stop online bullying?*

A: *More warnings or bans for toxic behavior in games and apps.*

School/Community Response

Q: *What does your school do to address bullying?*

A: *They talk about it in assemblies, but I'm not sure it works.*

Q: *Do you feel safe reporting bullying?*

A: *Not really. People might think I'm weak if I do.*

Q: *What's one thing you'd change?*

A: *Make bullying discussions more personal instead of just lectures.*

Future Solutions

Q: *What would make you feel safer?*

A: *Knowing that someone will take action if I report bullying.*

Q: *What should adults do differently?*

A: *Actually follow up when we tell them about problems.*

Q: *If you could design an anti-bullying app, what would it do?*

A: *It would have a chat feature to get advice and connect with others who've been through the same thing.*

Closing

Interviewer: *Thanks, Jaden. I appreciate your honesty. Do you know anyone else who might want to share their story?*

Jaden: *Maybe my teammate. I'll ask him.*