



Pierre Dubois

32, Professional Mountaineer

**Residency: Saint-Gervais-les-Bains,
France**

Favorite Mountain: Mount Blanc



Every climb tests my limits; staying hydrated and focused at high altitudes isn't a choice—it's what keeps me moving and alive.

BIO

Pierre is an experienced mountaineer who thrives on challenging expeditions and exploring remote peaks. He faces the continuous challenge of staying hydrated during long, strenuous climbs, where altitude, weather, and physical demand create constant hydration hurdles. Pierre is dedicated to learning from his climbs, facing difficulties head-on, and always striving to improve his performance.

Goals

- Conquer more difficult peaks without compromising hydration.
- Test and refine his hydration strategy for extreme conditions.

Frustrations

- Struggles to find reliable hydration solutions that work in the unpredictable conditions of high altitudes.
- Dehydration has sometimes slowed him down or forced him to abandon climbs earlier than expected.

Insights

As a mountaineer, Pierre constantly faces the harsh conditions that make hydration a critical factor in his success. His frustration is not unique, but his persistence makes him actively seek better solutions. The challenge is in finding hydration solutions that work reliably over extended periods and across different terrains.