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The NLP Workbook : Joseph O'Connor : 9781573246156

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NLP Workbook : Joseph O'Connor : 9780007100033

In this new workbook, NLP trainers, David Molden and Pat Hutchinson, have gathered the very best NLP techniques from years of teaching and training people from all walks of life. Each exercise has been chosen for maximum impact to ensure brilliant results, every time.

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