

# Dr. AyshaMary.Abel

## PROFILE SUMMARY

A public health professional who has proved expertise in project management, quick learner & firm believer in multi-sectoral collaboration, continuous capacity building and leading by "Putting People First...!"

Excellent communicator, impassioned to work on public health programs for health system strengthening and has inbuilt experience working with different stakeholders -Central Government& State Government, Regional & District Health Offices, also International organizations like The World health organization, The International Union Against Tuberculosis and Lung disease in various health programs such as COVID-19 Vaccination, Polio Eradication, Disease Surveillance, Routine Immunization, Infectious diseases like Tuberculosis(iDefeat TB project- a Flagship project by USAID) & has experience as Project manager in a phase 4 clinical trial against Typhoid fever.

## WORK EXPERIENCE

**September 2022–Present (Christian Medical College, Vellore)**

**Designated as Clinical Project Manager – Vellore Typhoid Vaccine Impact Trial collaborated by Imperial Medical College & University College of London – funded by Bill & Melinda Gates Foundation.**

Managing the project in accordance with all relevant guidelines. Ensure effective project plans are in place and operational for each trial and work proactively with the Clinical Trial Team (CTT) to set priorities in accordance with applicable project plans, standard operational procedures (SOPs), ICH/GCP guidelines and regulatory standards.

Taking in-charge of vaccination phase (Typhi BEV conjugate vaccine) to the eligible participants in the intervention arm.

- Developed and maintained productive relationships with cross-functional teams, including study sites, investigators, vendors, and internal stakeholders, resulting in smooth study conduct and execution.
- Created and implemented effective risk management strategies, resulting in timely resolution and minimal impact on study outcomes.
- Led and facilitated project team meetings, providing clear communication, direction, and guidance to team members, resulting in high team morale and productivity. Monitoring the progress of the clinical trial against the project plan and performance indicators for quality and budget.



(91) 7760797212/ 8762382860



drayshaabel@gmail.com



<https://www.linkedin.com/in/dr-aysha-mary-abel-42143421a/>

- **Nationality - Indian**  
Holds 4-wheeler Indian License.

## EDUCATION

- **Master of Public Health** -School of Public Health & Community Medicine- Central University of Kerala. **CGPA score 8.42.**
- **Bachelor of Medicine**- AYUSH (Naturopathy &Yogic sciences)- SDM college of naturopathy &yogic sciences, Karnataka. **Scored 78%**
- 12<sup>th</sup> grade- TKM Centenary public school – **80%**
- 10<sup>th</sup> grade- Mount Carmel Convent, AIGHS- ICSE school with **90%**

## REFERENCES

- **Dr. Manu Easow Mathew**  
(Deputy Director at International Union Against Tuberculosis and Lung disease)  
manu.mathew@theunion.org  
94466 17549
- **Dr. Elezebeth Mathews**  
Professor -Central University of Kerala.  
[elezebethmathews@cukerala.ac.in](mailto:elezebethmathews@cukerala.ac.in)

**(June 2012– September 2022)**

**At International Union Against Tuberculosis and Lung Disease, Delhi.**

**Worked as Consultant- iDEFEAT TB project (Flagship project of USAID)**

- Provided technical expertise to revamp training strategies for NTEP through the implementation of innovative e-learning techniques for a variety of healthcare professionals including Community Health Workers, Medical Officers, Lab Staff, Treatment Supervisors, and Pharmacists.
- Collaborated with the Corporate TB Pledge secretariat team to assess their engagement with the corporate sector, enhance their level of CSR activities, and promote awareness about tuberculosis burden.
- Strengthened the commitment of corporate entities by initiating needs assessments and mobilizing their involvement in the fight against tuberculosis.
- Documentation, content creation and structuring the course framework for different cadres like Community health care workers, medical officers, Lab staff, Treatment supervisors, pharmacists.
- Engaged with the Corporate TB pledge secretariat team for assessment visits.

**Project Intern – iDEFEAT TB project (May 2022 – June 2022 at The Union International Union Against Tuberculosis and Lung Disease, Delhi)**

- Spearheaded the modernization of training strategies for the iDEFEAT TB project.
- Updated State TB Training and Demonstration Centre (STDC) 's course structuring work for various cadres to enhance effectiveness and enabled the operationalization of e-learning strategies under NTEP.
- Conducted visits to DR-TB institutions to identify critical gaps and provided assistance with monitoring and evaluation activities.
- Collaborated with the Corporate TB pledge secretariat team to conduct assessment visits.

**Immunization Monitor at The World Health organization- Working for National Polio Surveillance project- for Thrissur & Kozhikode district, Kerala (October 2021 – May 2022)**

**Immunization Monitor for Covid Vaccine, Pulse Polio Immunization and Mission Indra Dhanush program at World Health Organization, Kozhikode.**

**Job duties included-**

Session site monitoring (PHC, CHC'S) Monitor and report back on the efficiency, vaccine safety, cold chain handling, AEFI surveillance, other responsibilities included:

- **Dr. Santhosh Rajagopal**  
**Surveillance Medical Officer,**  
**World Health Organization**  
**9360306062**

### **SKILLS**

- Google Suite & MS office knowledge
- Planning & Leadership skill
- Problem solving skill
- Communication & Advocacy
- Teamwork and organisation skills.

### **LANGUAGES**

- English
- Malayalam
- Tamil
- Hindi
- Kannada

### **HOBBIES**

- Travelling to experience new cultures and meet new people.
- Capturing Moments
- Sports & Yoga enthusiast
- Driving,

### **RESEARCH**

- Factors affecting the utilization of telemedicine among the users in Kerala- a qualitative study.

### **ACHIEVEMENTS**

**Publications and Awards.**

- Conducting session site monitoring at PHCs and CHCs, monitoring and reporting on vaccine safety, cold chain handling, and AEFI surveillance
- Assessing operational processes that impact the quality of immunization activities, including evaluating the composition and training status of vaccination teams.
- Monitoring the Pulse Polio Program in rural and urban sectors of Thrissur district, ensuring maximum coverage of migrant and tribal populations
- Supervising and training field workers in coordination with the health staff of Thrissur district in immunization sessions.

#### **Medical Officer at Chaitanya Hospital, Kanhangad (December 2019 – August 2020)**

- Consultation, diagnosis and planning their treatment according to medical needs and conditions.
- Analysed, monitored various natural therapies to resolve acute and chronic illness.
- Conducted Yoga & Diet Awareness classes for patients.

#### **Licenses and Other Certifications**

- IPA Vaccine Trust Course- issued by The International Paediatric Association (IPA)
- Clinical Research Operations for Study Coordinators- The Global Health Network - March 2023
- Children and Clinical Research, The Global Health Network
- Data safety and Monitoring boards for clinical trials, The Global Health Network
- Ethics of Ancillary Care in Research Ethics, The Global Health Network.
- Introduction to Collecting and Reporting Adverse Events In Clinical Research, The Global Health Network
- Human Resources Management Capstone: HR for People Managers, University of Minnesota - Carlson School of Management
- The Manager's Toolkit: A Practical Guide to Managing People at Work, Birkbeck, University of London
- Evaluating Public Health Programs at Scale, John Hopkins University.
- Managing Project Stakeholders, Project Management Institute.
- Certified associate in project management (CAPM).
- Academic Writing, H.N.B Garhwal University (Central University), Uttarakhand.
- Data Analysis through SPSS, Central University of Kerala.
- Clinical Trials Data Management and Quality Assurance- John Hopkins University.

Received a Special Appreciation Award from Honourable Member of Parliament Shri. Premachandran and Kerala Congress Leader Shri. Sudhakar for a heroic rescue act while on a train journey, saving a juvenile diabetic patient in October 2019.

- Recognized for blogging articles and work in major newspaper platforms like The Indian Express, The Hindu, Mathrubhumi, News Minute.