

# Lecture 2: Metastable Helium BEC



Baruntse 7129m Nepal, 1988

# Course Outline

## LECTURE 1:

**Monday June 25th, 2.00 p.m.**

**ATOM OPTICS WITH METASTABLE HELIUM**

## LECTURE 2:

**Monday June 25th, 3.30 p.m.**

**METASTABLE HELIUM BEC**

## LECTURE 3:

**Tuesday June 26th, 2.00 p.m.**

**QUANTUM STATISTICS, COHERENCE AND CORRELATIONS**

## LECTURE 4:

**Tuesday June 26th, 3.30 p.m.**

**COHERENCE AND CORRELATION EXPERIMENTS AT ANU**

# Lecture 2 Outline

## LECTURE 2: METASTABLE HELIUM BOSE-EINSTEIN CONDENSATES

Why He\* BEC formation is hard

- Penning ionisation
- He\*-He\* Scattering Length

He\* BEC experiments at other labs (now including Vienna)

- Orsay
- ENS
- Amsterdam

He\* BEC experiments at the Australian National University

- Creating a BEC
- Creating an atom laser
- Stable and reproducible sources

# Why is He\* BEC hard?

**PENNING IONISATION:**  $20\text{eV} + 20\text{eV} = 40\text{eV} > 25.6\text{eV IP}$

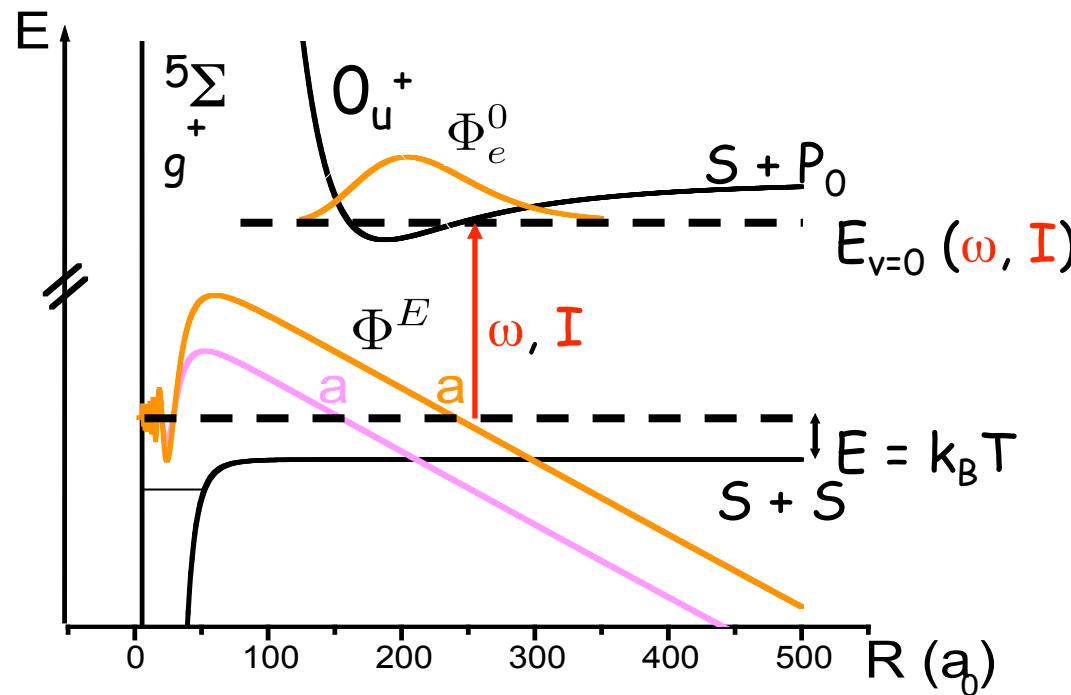
- $\text{He}^* + \text{He}^* \rightarrow \text{He} + \text{He}^+ + e^-$  (Penning ionisation - PI)
- $\text{He}^* + \text{He}^* \rightarrow \text{He}_2^+ + e^-$  (associative ionisation - AI)
- PI loss rate  $\sim 10^{-10} \text{ cm}^3/\text{s}$  for unpolarised He\* ( $5 \times 10^{-9}$  with MOT light)
- Limits MOT densities to  $\leq 5 \times 10^{-9} \text{ cm}^3 \Rightarrow$  large MOT diameters  $\sim 1\text{cm}$
- But angular momentum conservation helps for spin polarised He\* in a *magnetic trap*, since it's the spin-dipole interaction that allows PI to occur
$$\text{He}^* (\text{J}=1) + \text{He}^* (\text{J}=1) \rightarrow \text{He} (\text{J}=0) + \text{He}^+ (\text{J}=1/2) + e^- (\text{J}=1/2)$$
- PI loss rate  $\sim 10^{-14} \text{ cm}^3/\text{s}$  for spin polarised He\*, *but creates enough ions so that it can be used as a free non-invasive density diagnostic*

## SCATTERING LENGTH

- Until someone tried to make a BEC, no one knew whether the scattering length was large enough to enable efficient evaporative cooling!

# a - the Scattering Length

- “a” is determined by subtle quantum mechanical effects which depend sensitively on the interatomic potentials
- Knowledge of the behaviour of bound states - principally the binding energy of the least bound state or the relative light shift of different levels - can thus be used to determine “a”
- However, because of the extreme sensitivity of “a” to small changes in potentials, theory calculations require very accurate interatomic potentials



# Why is a knowledge of “a” important ?

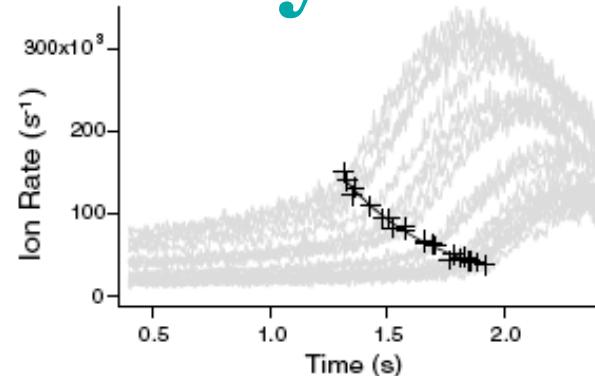
- Determines the scattering cross section  $\sim 8\pi a^2 \Rightarrow 1400 \text{ nm}^2$  for He\* !
- Hence determines
  - the evaporative cooling rate (critically)
  - the critical temperature (less dramatically)
  - the condensed fraction (less dramatically)
- Also determines if ultracold atoms above  $T_c$  are in the collisional regime
  - Most alkalis are in the collisionless regime
  - He\* can be prepared in the collisional or hydrodynamic regime where  $\lambda_{\text{mfp}} < \text{trap size}$  (Leduc et al. 2002) and can be described as a two component fluid (condensed and uncondensed)
- If “a” is a significant fraction of the He\* separation (few % c.f. 0.1% for alkalis), deviations from mean field theory may occur
- Determines the scattering length for  ${}^3\text{He}^* - {}^4\text{He}^*$  by scaling

# Determining “a” for He\*

- From the total number of atoms  $N_0$  in the BEC (ENS, Orsay, VU)  
$$a = \sigma / 15N_0 \times (2\mu / h\omega)^{5/2}$$

$\sigma = (h/m\omega)^{1/2}$  is the size of the ground state of the trap  
 $\omega$  = the mean trap frequency  
 $\mu$  = the chemical potential derived from time-of-flight data  
Requires careful measurement of  $N_0$  (usually known to 50%)
- From the dependence of Penning ionisation rates as a function of the onset of condensation  $T_c$  (Orsay) derived from TOF
- From photoassociation spectroscopy (ENS) where (a) single-photon excitation determines “a” by the effect of light shifts (b) two-photon excitation measures the energy of the least bound state
- From inelastic collision rates (Orsay) where quantum effects play a role via the scattering length

# Orsay He\* Scattering Length “a”



$T_c$  onset  
(Seidelin  
et al.  
2004)

FIG. 1. Variation of the ion rate as the atomic cloud is cooled through the phase transition for various initial densities (gray curves). The rf-knife frequency at  $t = 0$  is 2 MHz. The sudden increase of the ion rate (crosses) occurs at the BEC transition. The solid line passing through the transition points constitutes our empirical relation, named threshold curve.

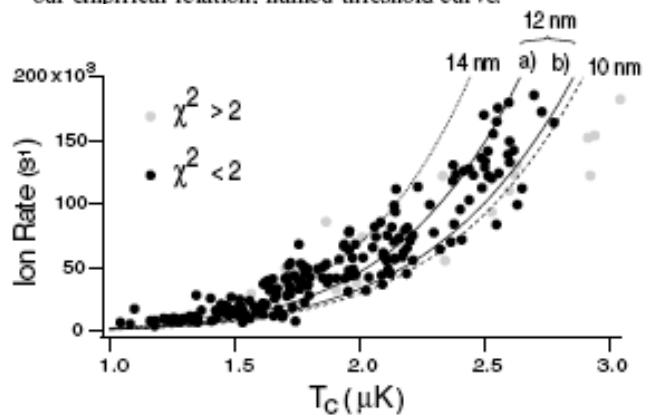


FIG. 3. Ion rate versus critical temperature. The points correspond to the results of 280 runs for which the ion rate was deemed sufficiently close to the condensation threshold. Gray indicates runs for which  $\chi^2$  in the TOF fits was above 2. The dashed line is the theoretical estimate for  $a = 10 \text{ nm}$ , the dotted line for  $a = 14 \text{ nm}$  [both including interaction corrections of Eq. (4)]. The two solid lines correspond to  $a = 12 \text{ nm}$ , (a) with interactions and (b) without interactions, and illustrate the size of their effect.

Ion vs  $T_c$   
depends  
on  $a$

Loss rate (2 and 3  
body) depends on  
“a” (Sirjean et al.  
2002)

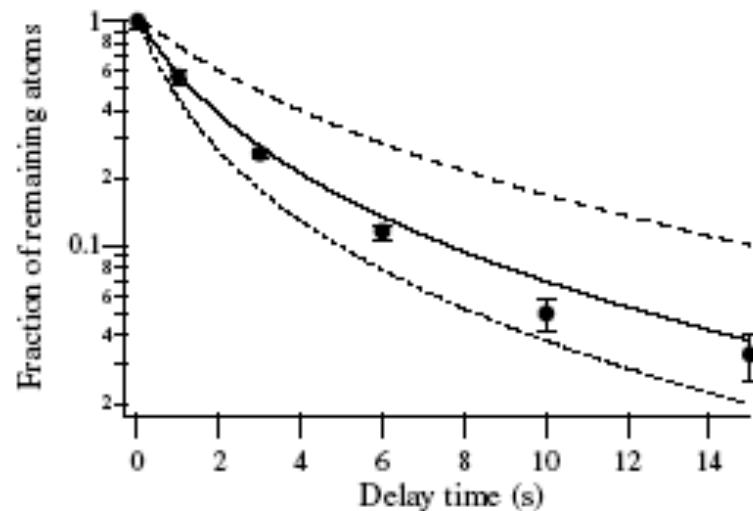
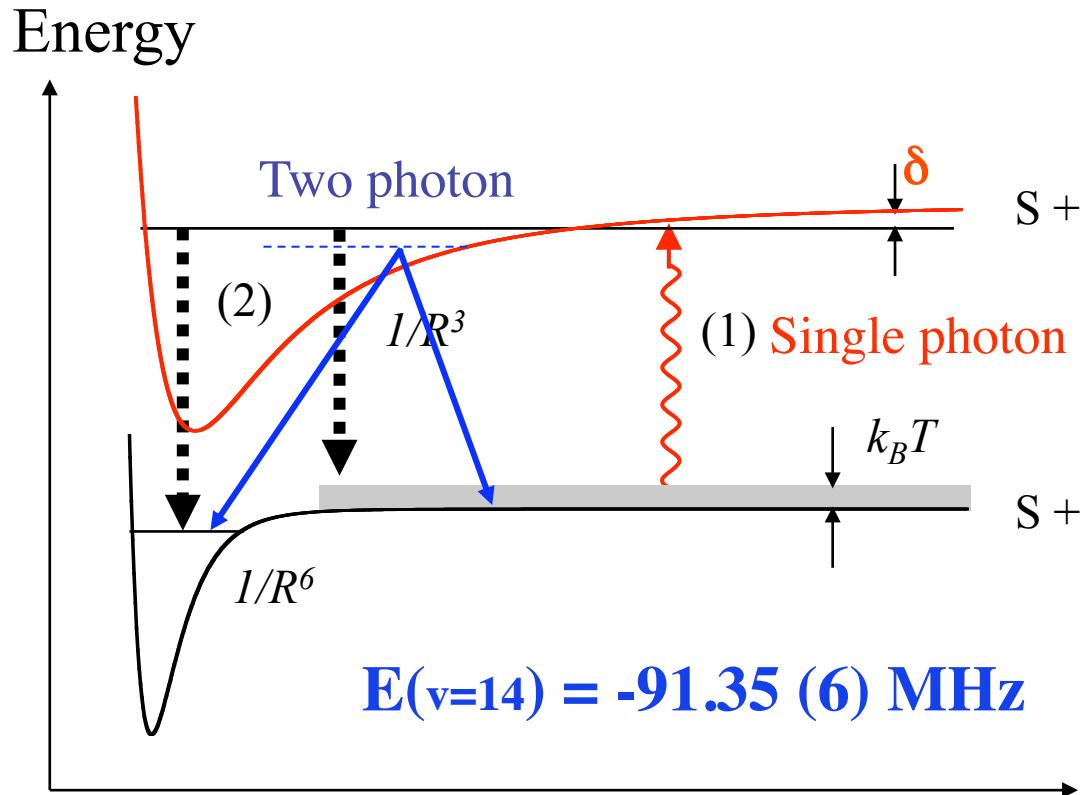
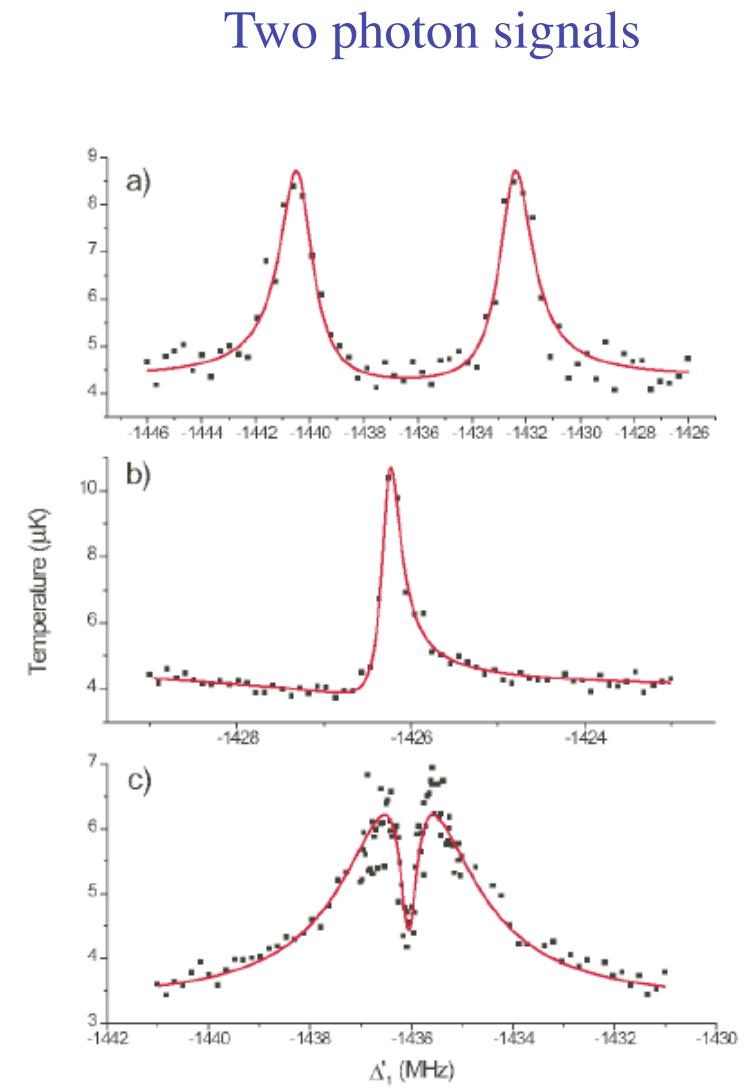


FIG. 3. Fraction of remaining atoms measured by TOF as a function of time. The rf shield is on and the cloud remains a quasipure condensate during the decay. The lines correspond to the predicted atom decay according to Eq. (3) with the fitted value of the two- and three-body rate constants for  $a = 10 \text{ nm}$  (dashed line),  $a = 20 \text{ nm}$  (solid line), and  $a = 30 \text{ nm}$  (dotted line). The case of  $a = 10 \text{ nm}$  is not necessarily excluded because other, nonionizing losses could be present.

# Photoassociation Spectroscopy

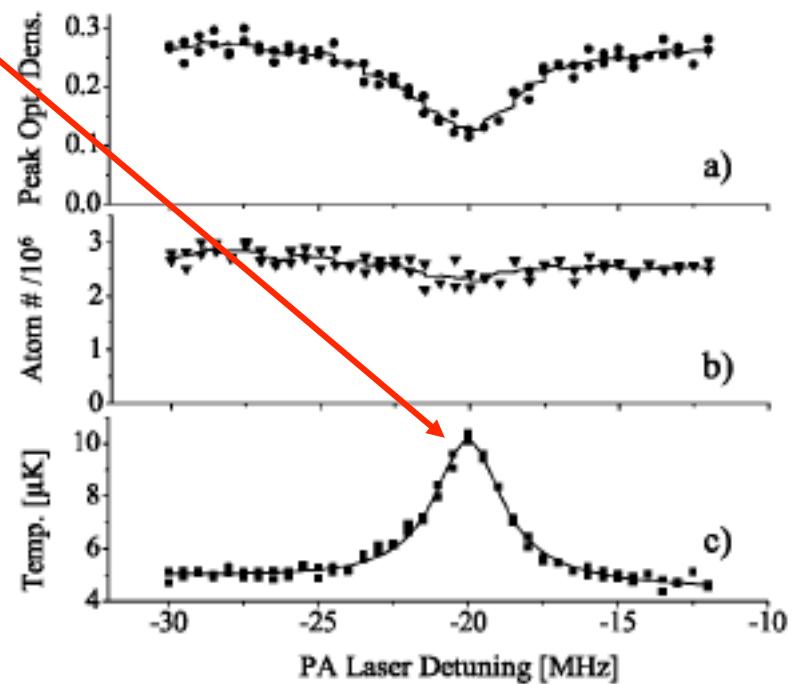
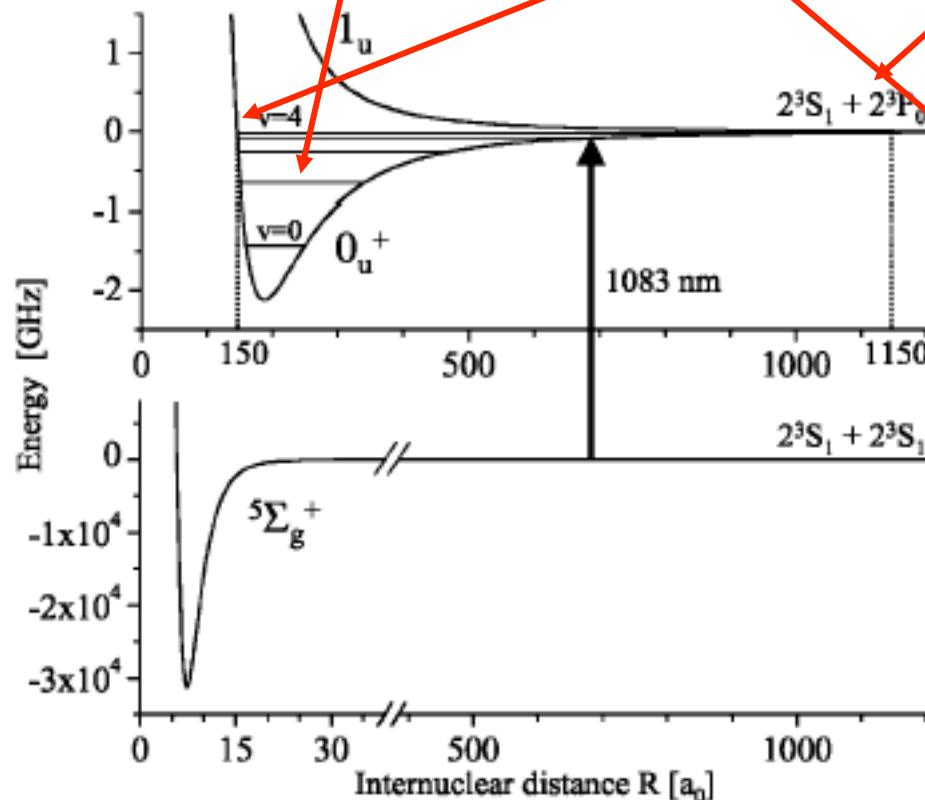


- (1) Laser excitation of an unbound pair of atoms to a bound state in a molecular potential well
- (2) Spontaneous and/or stimulated decay back to a bound or free  $S+S$  state  $\Rightarrow$  *heating*
- (3) Raman measurement of least bound state energy



# Giant helium dimers

- Five bound states observed with *single photon* 1083nm excitation
- All have inner turning points  $\sim 150 a_0$ , with outer turning points up to  $\sim 1150 a_0 (> 60 \text{ nm}!)$



J. Leonard et al., Phys. Rev. Lett. **91**, 073203 (2003)

# ${}^4\text{He}^* - {}^4\text{He}^*$ Scattering Length

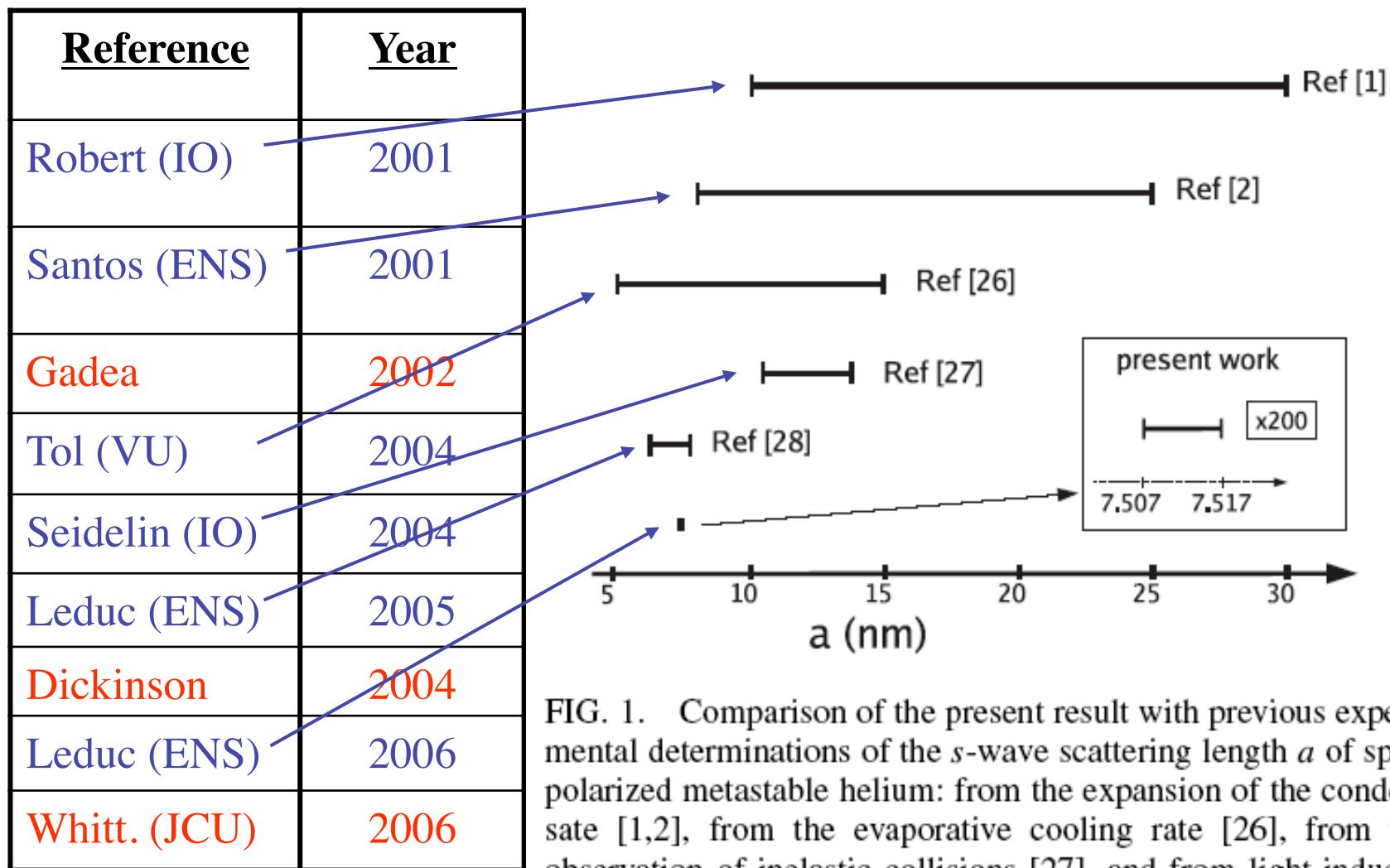


FIG. 1. Comparison of the present result with previous experimental determinations of the  $s$ -wave scattering length  $a$  of spin-polarized metastable helium: from the expansion of the condensate [1,2], from the evaporative cooling rate [26], from the observation of inelastic collisions [27], and from light-induced frequency shifts in one-photon photoassociation [28].

When  ${}^4\text{He}^*$   $a = 9.4\text{nm} \Rightarrow$  infinite for  ${}^3\text{He}^* - {}^4\text{He}^*$ :  $\Rightarrow 28.8 \pm 3.6\text{nm}$

# He\* : Pros

- ✓ Large stored energy - 20eV
  - ✓ exposures for atom lithography
  - ✓ **EASY DETECTION** - single He\*
  - ✓ de-excite: low background
- ✓ No nuclear spin for  $^4\text{He}^*$ 
  - ✓ Simple energy structure
  - ✓ No repumping needed
- ✓ Big recoil velocity **9 (26)** cm/s
  - ✓ Make good beamsplitters
- ✓ Low sat. int. **0.17 (3.3)** mW/cm<sup>2</sup>
  - ✓ Low power (diode) lasers
- ✓ Large magnetic moment  $2\mu_B$ 
  - ✓ Easier magnetic control
- ✓ Large scattering length  $a = +7.512$  nm
  - ✓ Efficient evaporation
  - ✓  $^3\text{He}^* - ^4\text{He}^*$   $a$  is larger  $\sim + 30$  nm

# He\* : Cons

- ✓ Large stored energy 20eV
  - ✗ Penning ionization losses
  - ✗ Low number densities
  - ✓ **BUT** drops by  $>10^4$  in B field
- ✓ Nuclear spin for  $^3\text{He}^*$ 
  - ✗  $^3\text{He}^*$  repumper needed
- ✓ Big recoil velocity **9 (26)** cm/s
  - ✗ High recoil temperature
- ✓ Large magnetic moment  $2\mu_B$ 
  - ✗ Susceptible to stray fields
- ✓ Hard to make
  - ✗ Low numbers
  - ✗ Complex apparatus

# Lecture 2 Outline

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Why He\* BEC formation is hard

- Penning ionisation
- He\*-He\* Scattering Length

He\* BEC experiments at other labs (now including Vienna)

- Orsay
- ENS
- Amsterdam

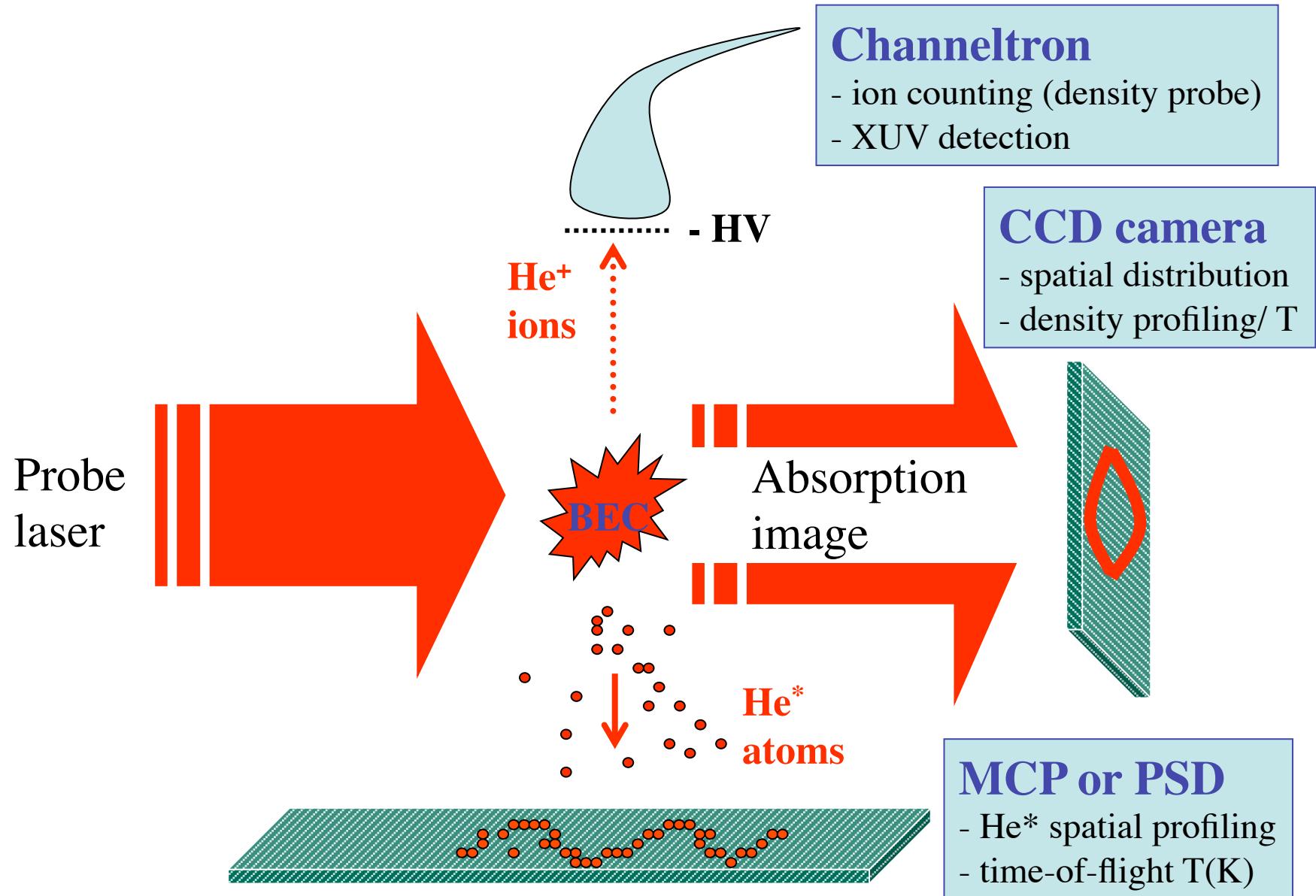
He\* BEC experiments at the Australian National University

- Creating a BEC
- Creating an atom laser
- Stable and reproducible sources

# World He\* BEC experiments

<i>Lab</i>	<i>Experiment / Detectors</i>	<i>BEC</i>	<i>Already investigated / Future Aims</i>
Orsay	Chamber / MCP + PSD	2001	$a$ value, $T_c$ , Penning ionisation, HBT / Particle correlations, spectroscopy
ENS	Glass cell / Absorption	2001	$a$ value, hydro regime, big mols 1- and 2-D lattices with MCP
VU	Chamber / MCP + Abs.	2005	$a$ value, HBT Fermions / $^4\text{He}^*-\text{He}^*$ Bose-Fermi Mixtures
ANU	2 Chambers / MCP+abs.+CEM	2005	Application of atom correlations, studies of EPR and quantum non-locality
Vienna	??	2011	Young's two slit - quantum non-locality

# He\* BEC Detection



# Orsay He\* BEC

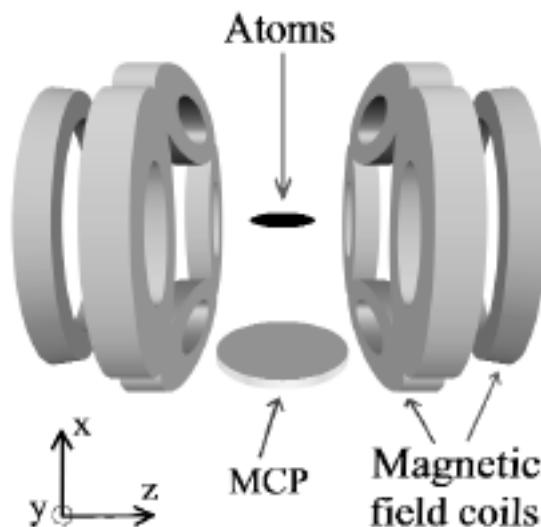
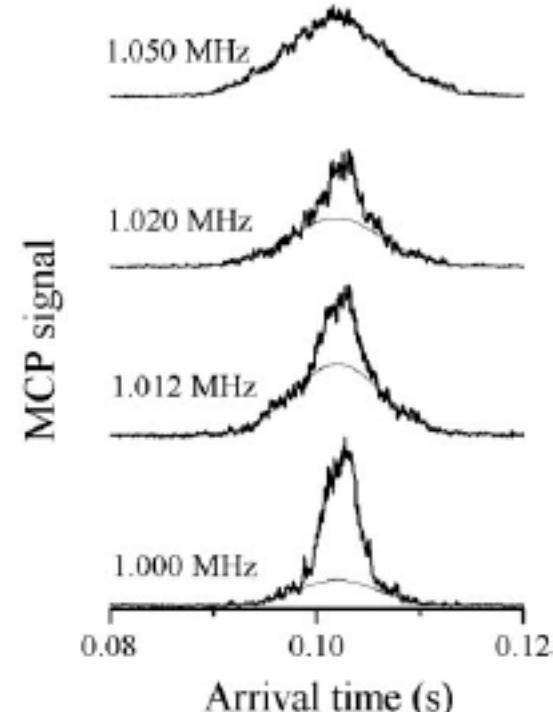


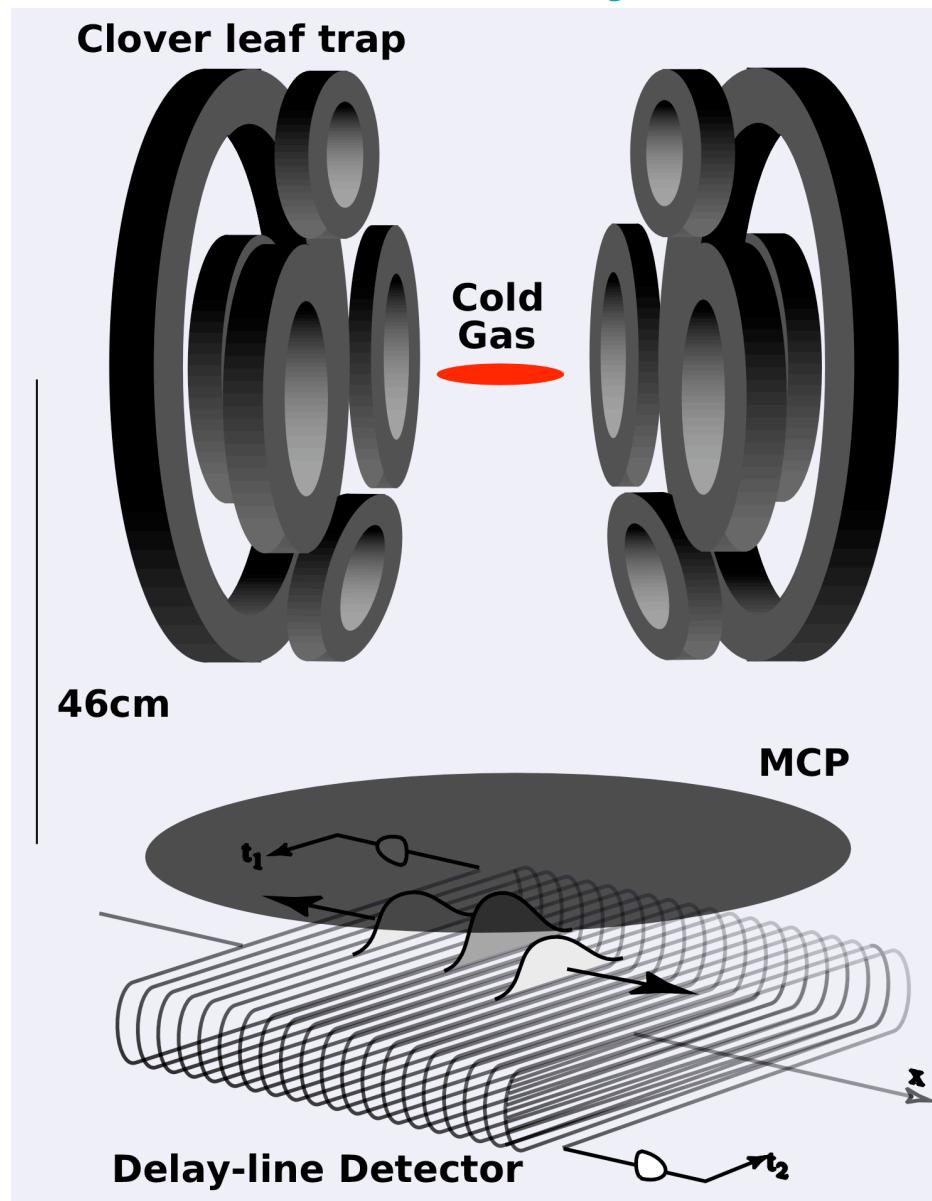
Fig. 1. Schematic diagram of the apparatus (not to scale). The coils that form the magnetic trap are outside the vacuum in reentrant flanges. The microchannel plate is 5 cm below the center of the trap. The incoming He\* beam propagates along the y axis (horizontally). The three pairs of magneto-optical trap laser beams (not shown) propagate along the z axis and at 45° to the x and y axes.

- BEC He\* atoms  $\sim 10^6$  at  $\sim 1\mu\text{K}$
- Magnetic trap lifetime  $\sim 35\text{s}$   
With beamline shut  $\sim 200\text{s}$



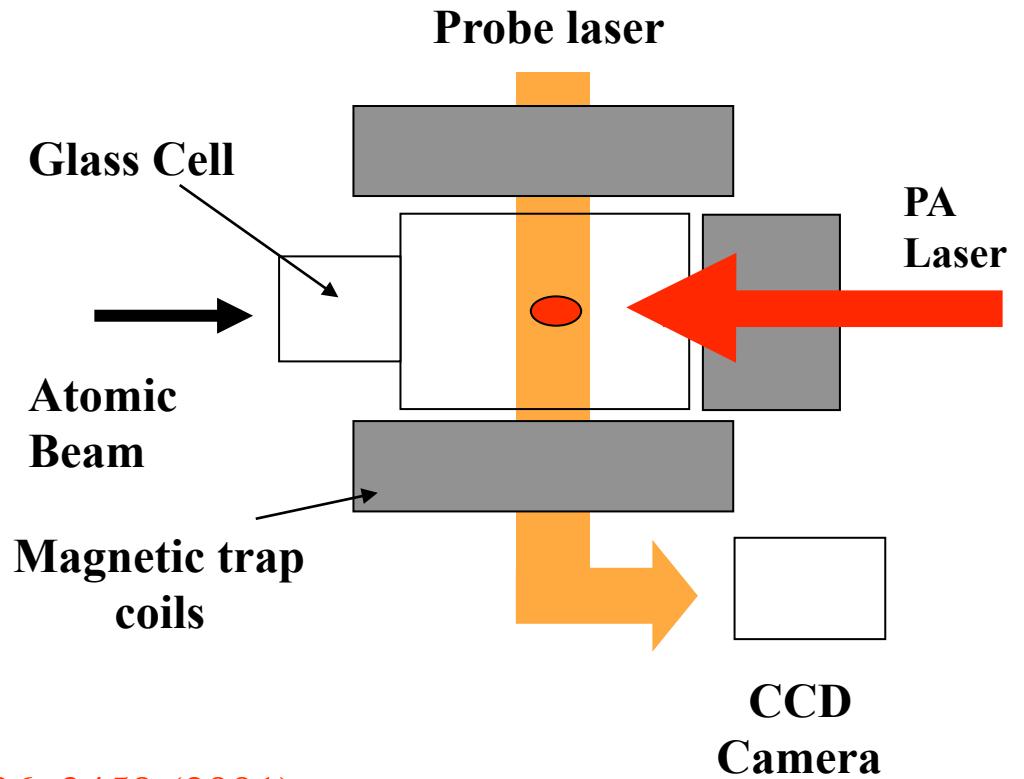
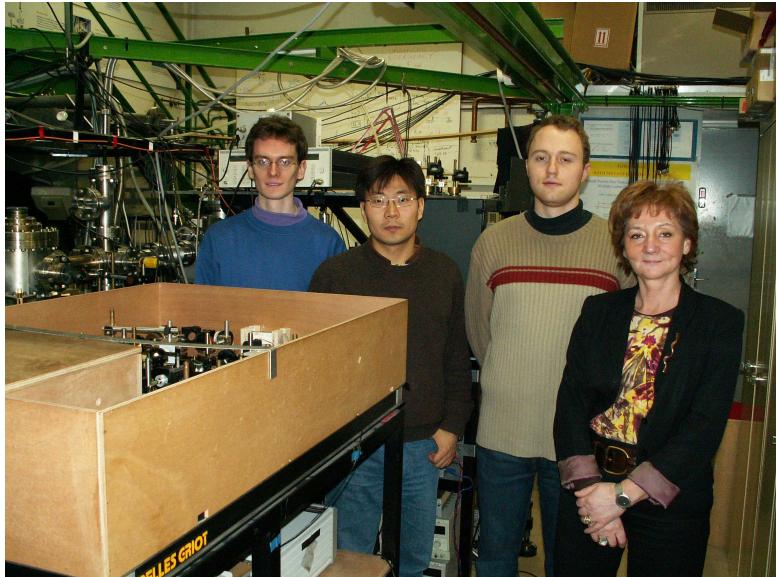
TOF data for He\*  
BEC/thermal atoms  
arriving on the MCP

# Orsay 3D atom detector



- He\* atoms ( $m=0$ ) fall with same velocity  $\sim 3$  m/s onto 80mm MCP, 12  $\mu\text{m}$  c-c
- Electrons incident on 3 or 4 100 $\mu\text{m}$  c-c wires
- Excellent time (vertical) resolution  $\sim 1$  ns ( $\sim 1$  nm)
- Delay-line anode gives in plane resolution ( $\sim 500$   $\mu\text{m}$ ) Roentdek/ISITech
  - $\sim 10^4$  parallel detectors
  - Cloverleaf trap in Amsterdam and Orsay

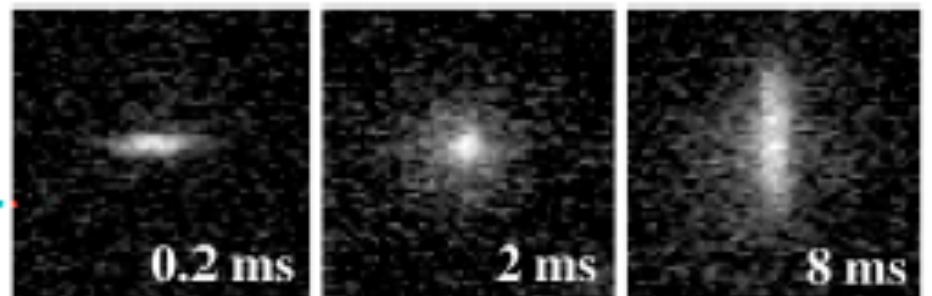
# ENS He\* BEC



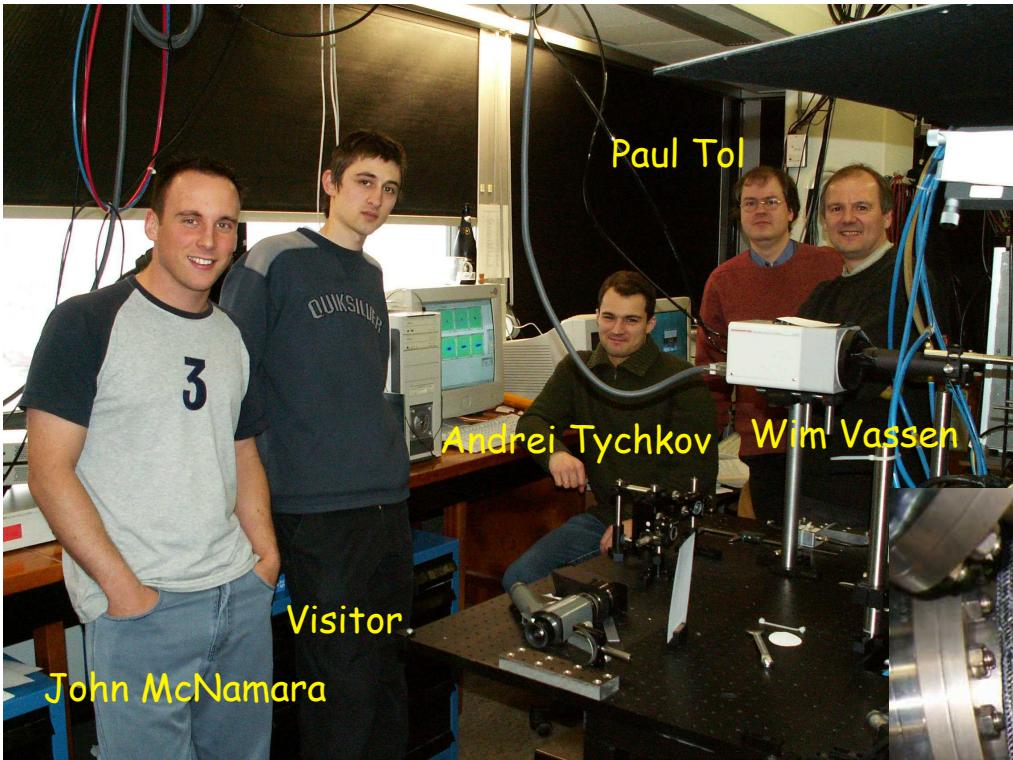
Steven Moal, Jaewan Kim, Max Portier, Michele Leduc

Pereira dos Santos et al., Phys. Rev. Lett. 86, 3459 (2001)

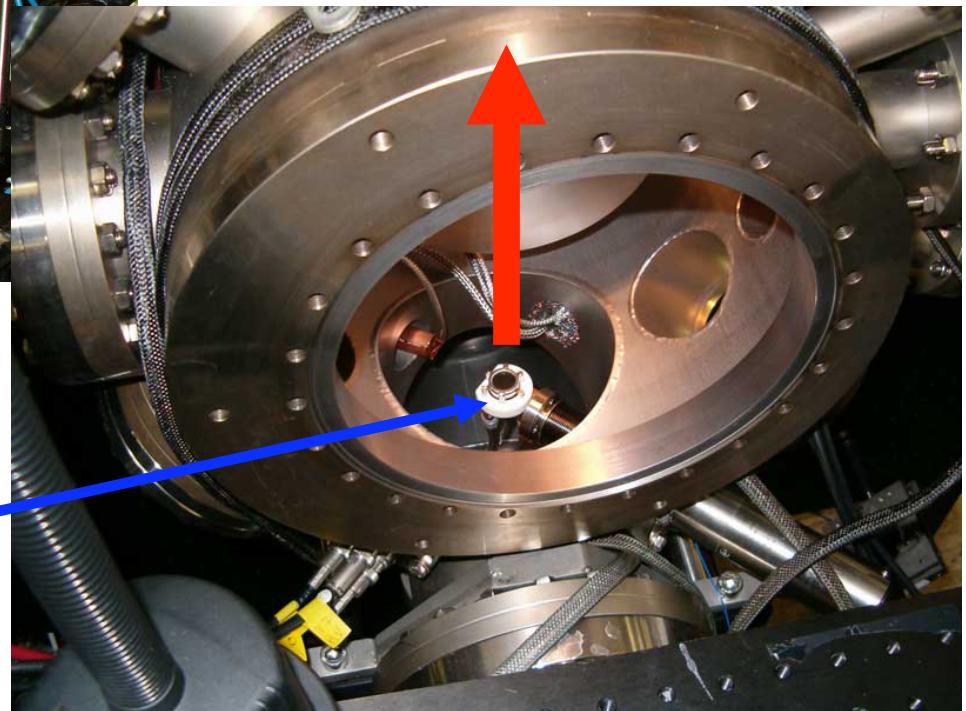
BEC  $\sim 7 \times 10^6$  atoms at  $\sim 1\text{-}5\mu\text{K}$   
Magnetic trap lifetime  $\sim 30\text{s}$   
Beam bender - shutter, no valve



# VU Amsterdam He\* BEC

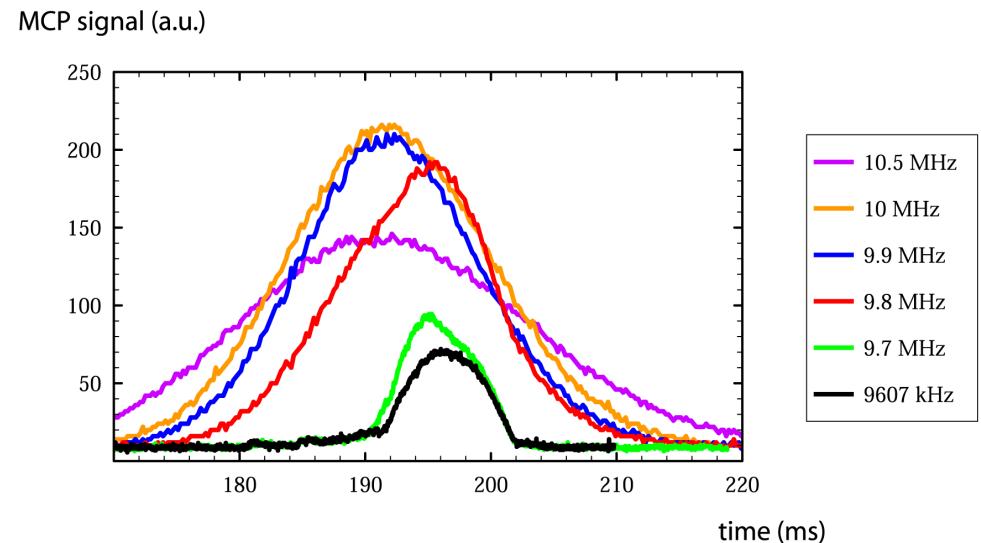
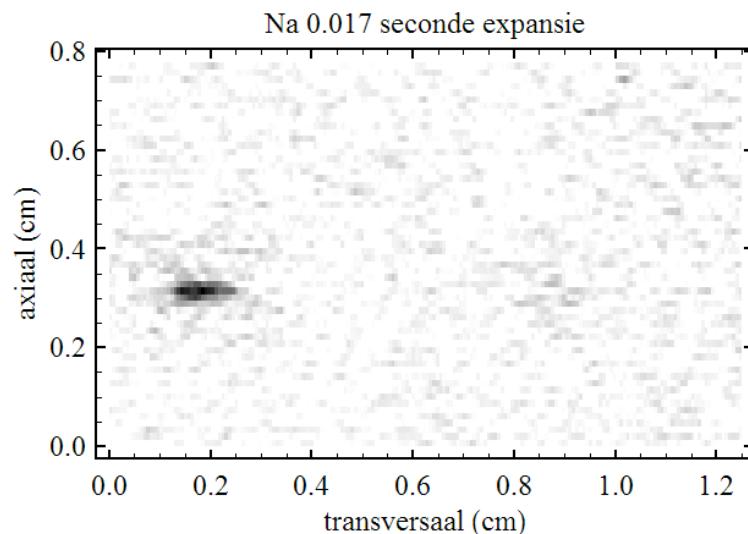


Movable (20mm)  
MCP ~ 17cm  
below BEC



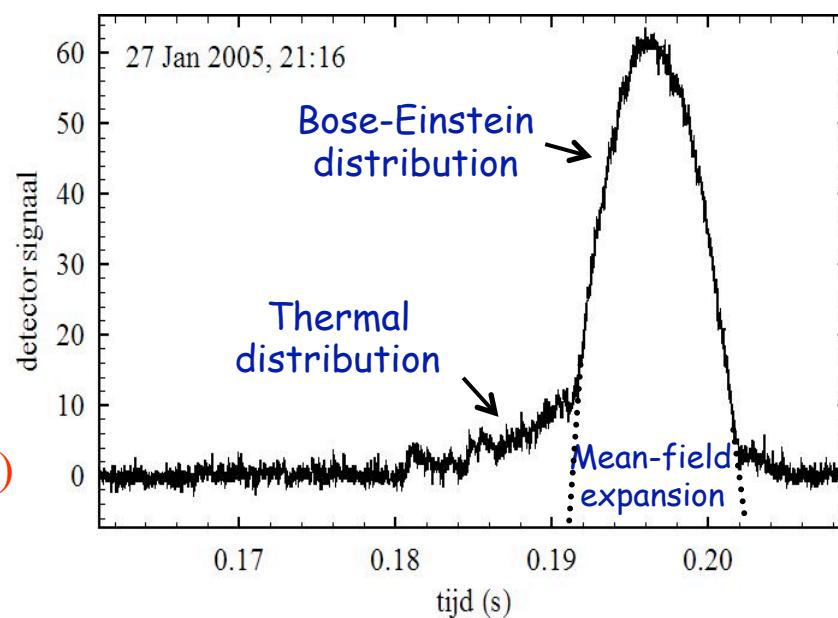
Absorption  
Imaging  
laser

# VU BEC results



BEC  $\sim 8(2) \times 10^5$  atoms  
(now  $> 10^7$  atoms)  
Magnetic trap lifetime  $\sim 180$ s  
Beam bender - shutter, no valve

Tychkov et al., Phys. Rev. A **73**, 031603R (2006)



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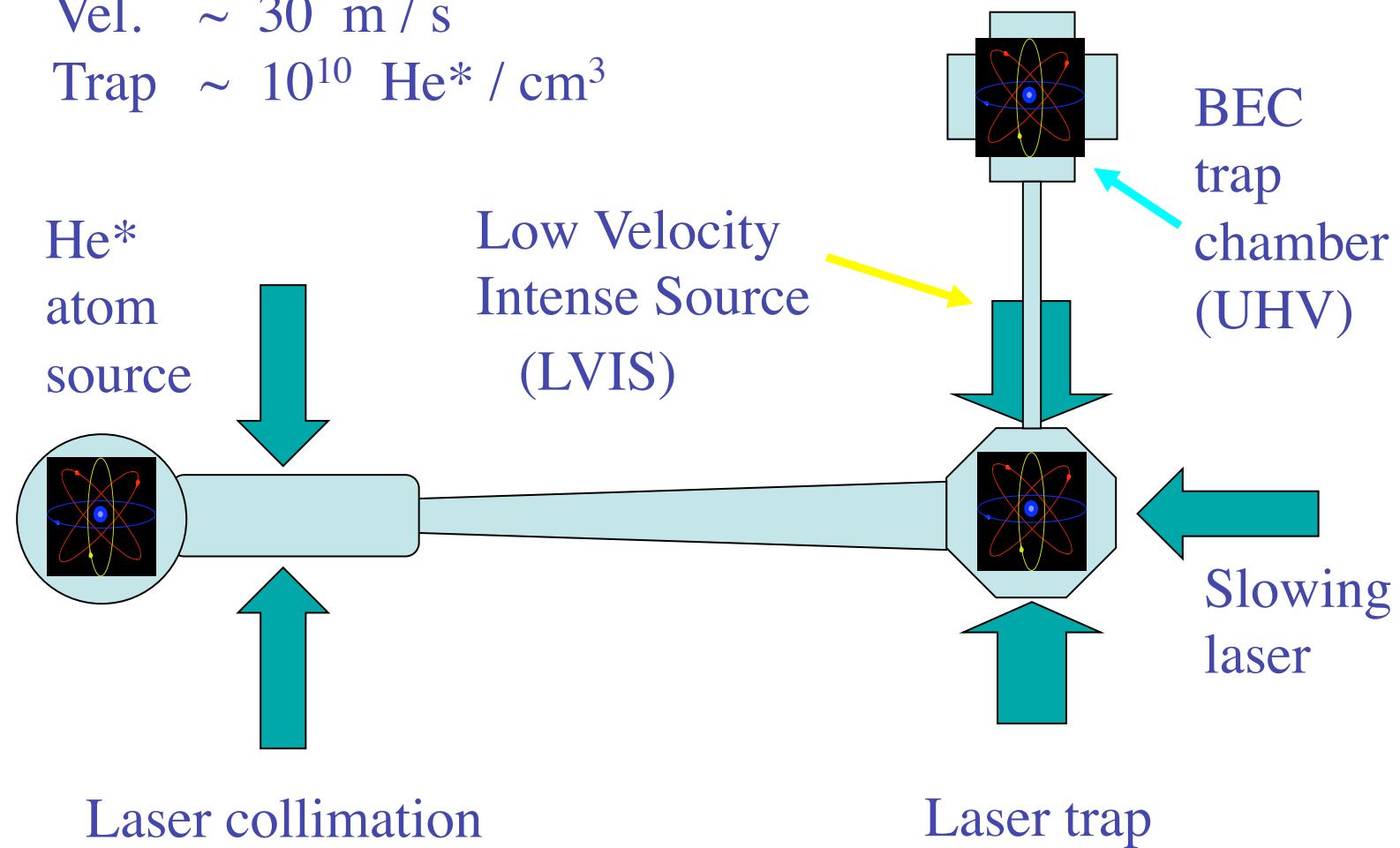
# BEC Bright Beam System

Swansson et al.; Applied Physics B; Rev. Sci. Inst. 77, 046103 (2006)

$$\text{LVIS} \sim 2 \times 10^{10} \text{ He}^* / \text{s}$$

$$\text{Vel.} \sim 30 \text{ m / s}$$

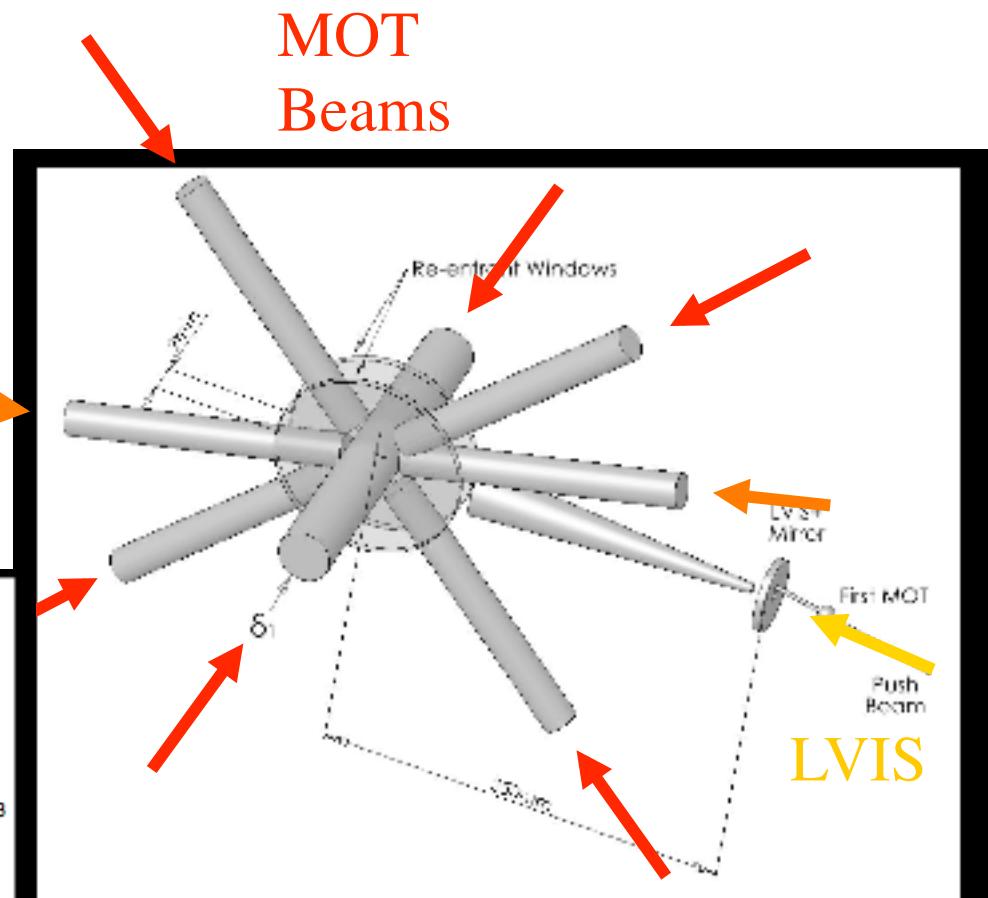
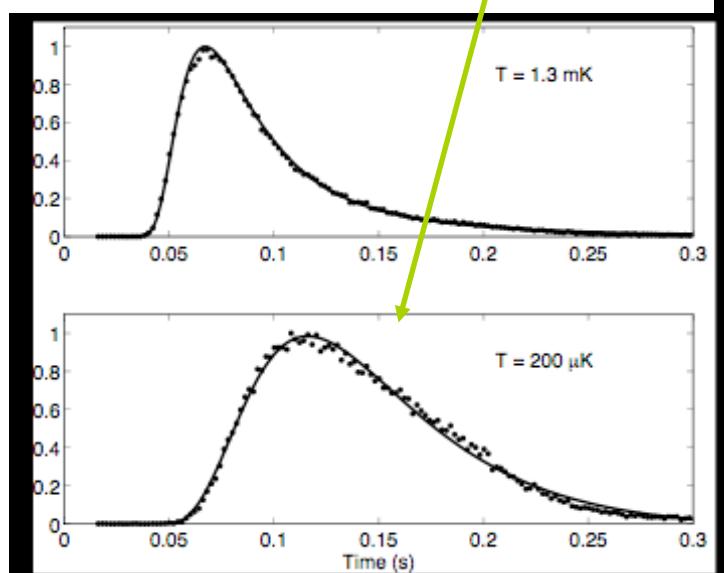
$$\text{Trap} \sim 10^{10} \text{ He}^* / \text{cm}^3$$



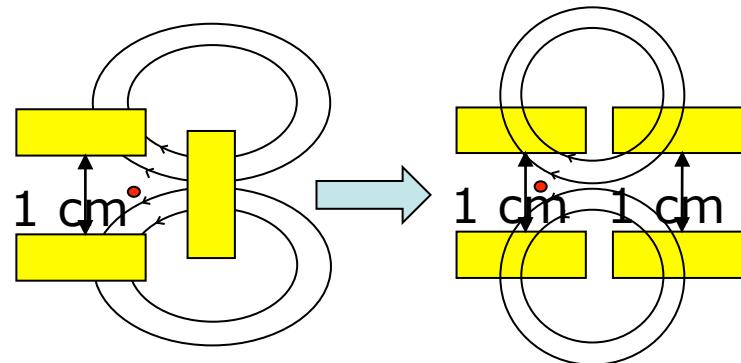
# 2nd MOT and 1-D cooling

Load  $5 \times 10^8$  He\*  
from LVIS into  
second MOT

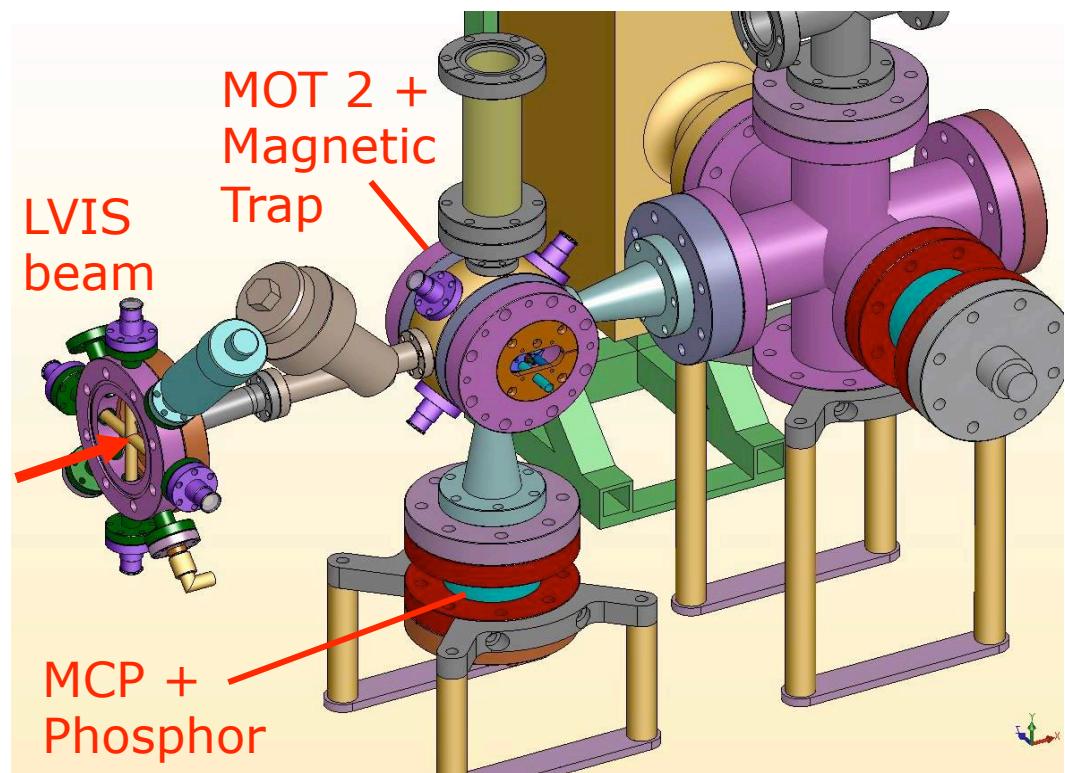
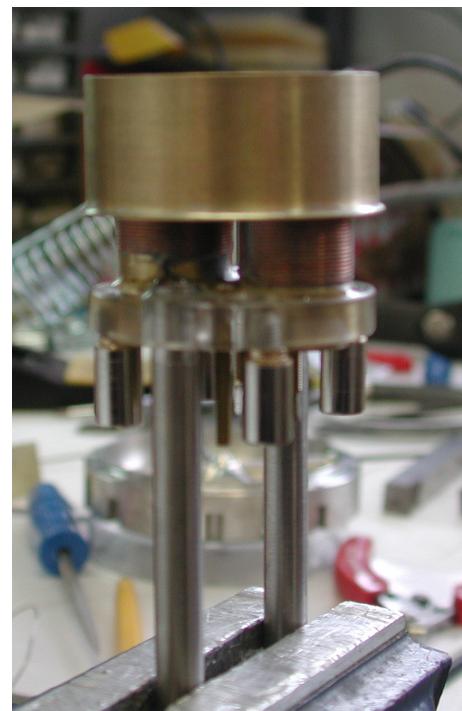
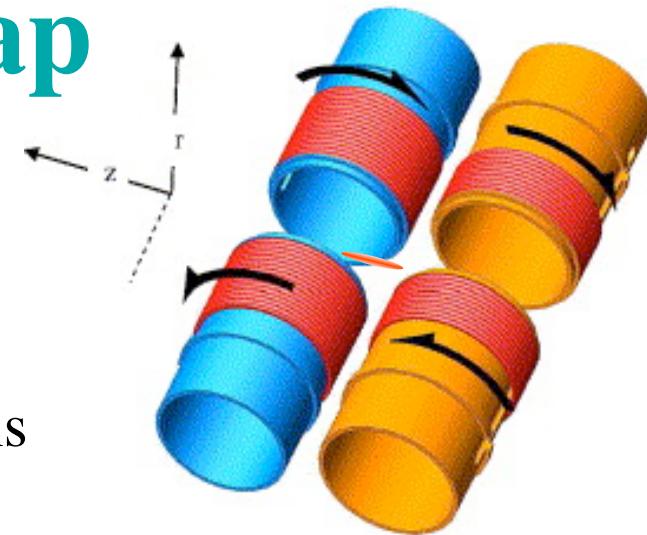
1D cooling:  
Schmidt (Stuttgart, 2003)  
Vassen (Amsterdam, 2005)



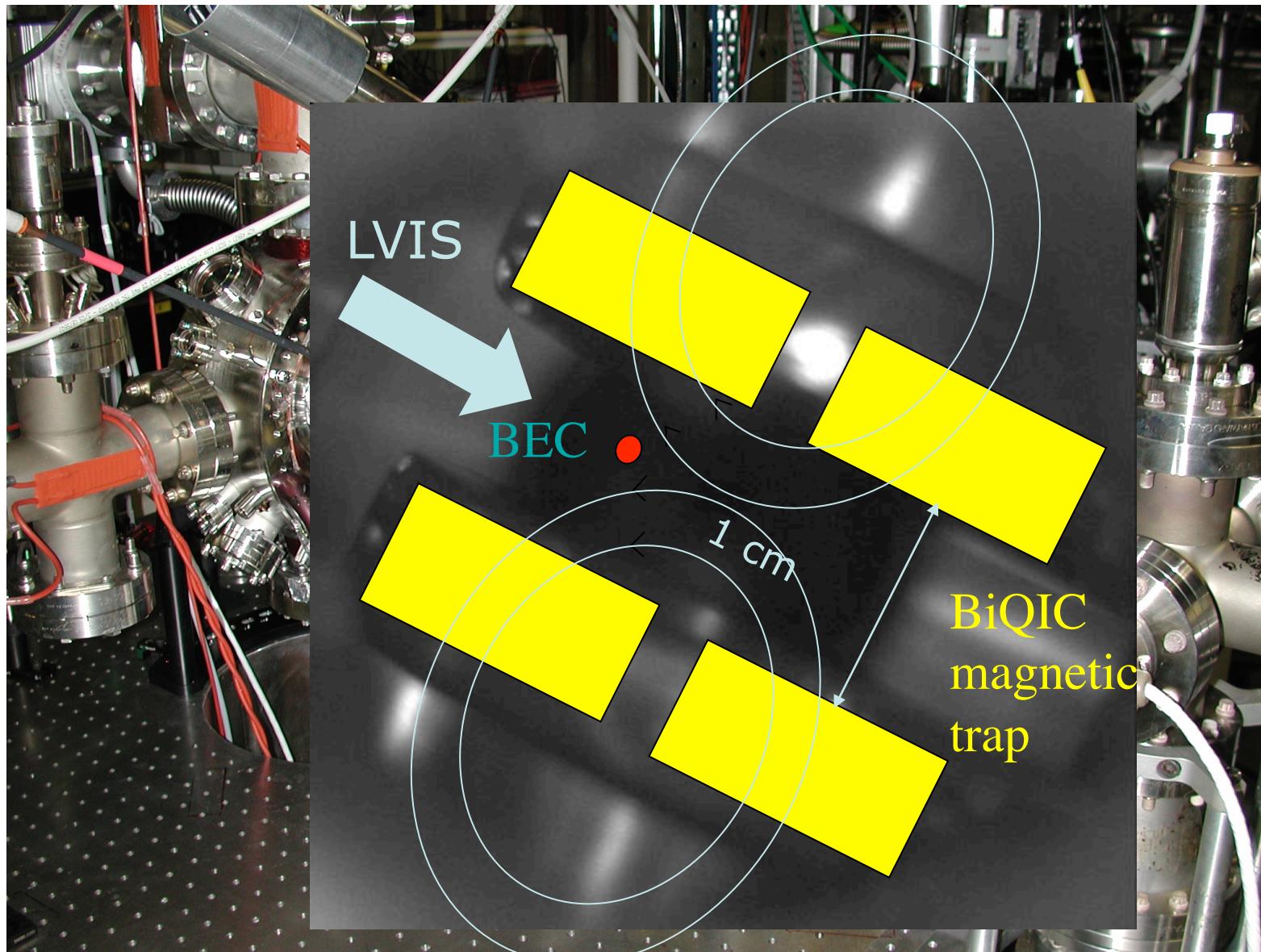
# BiQIC Magnetic trap



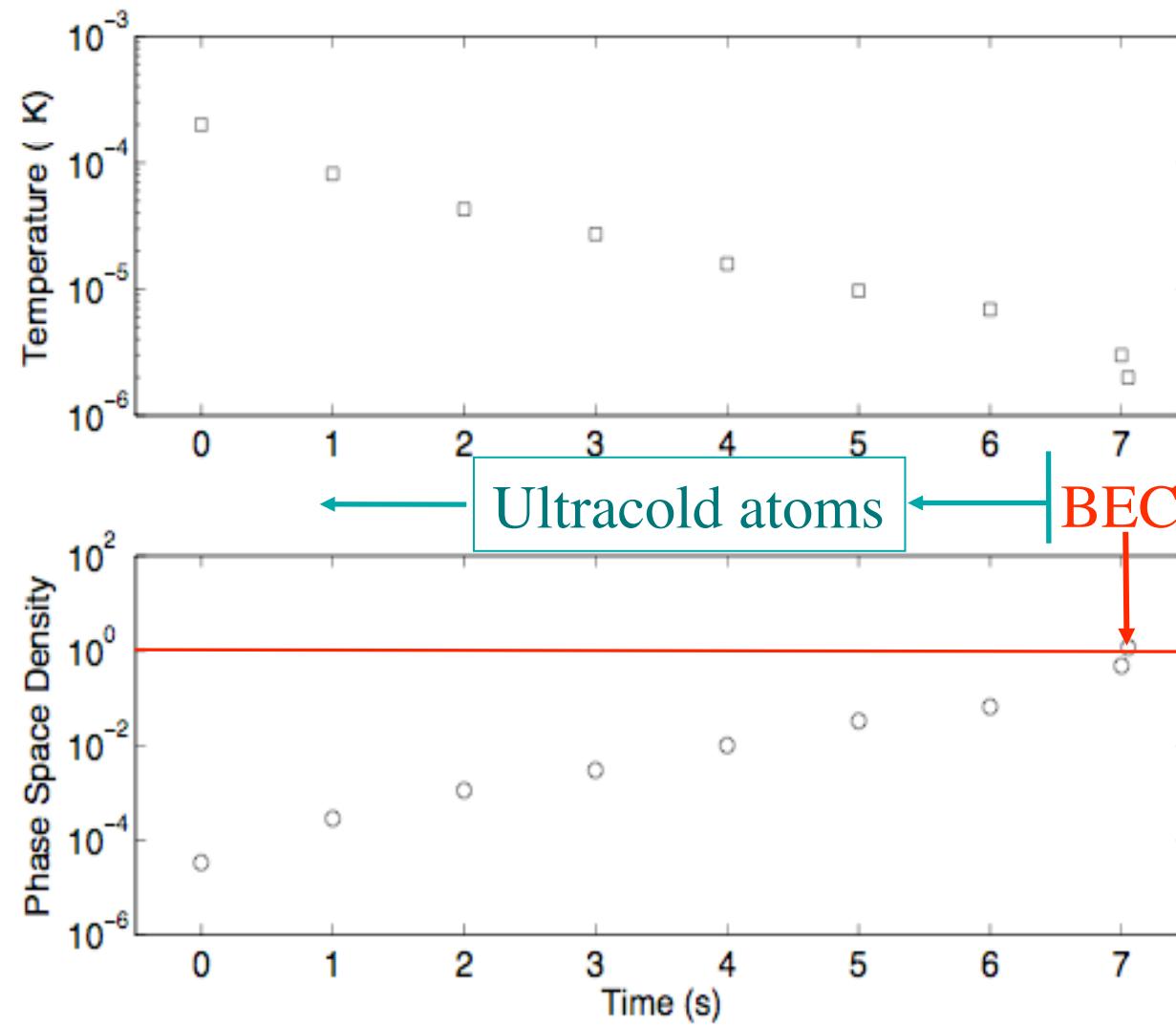
Equivalent  
coil  
configurations



# MOT, LVIS + BEC chamber

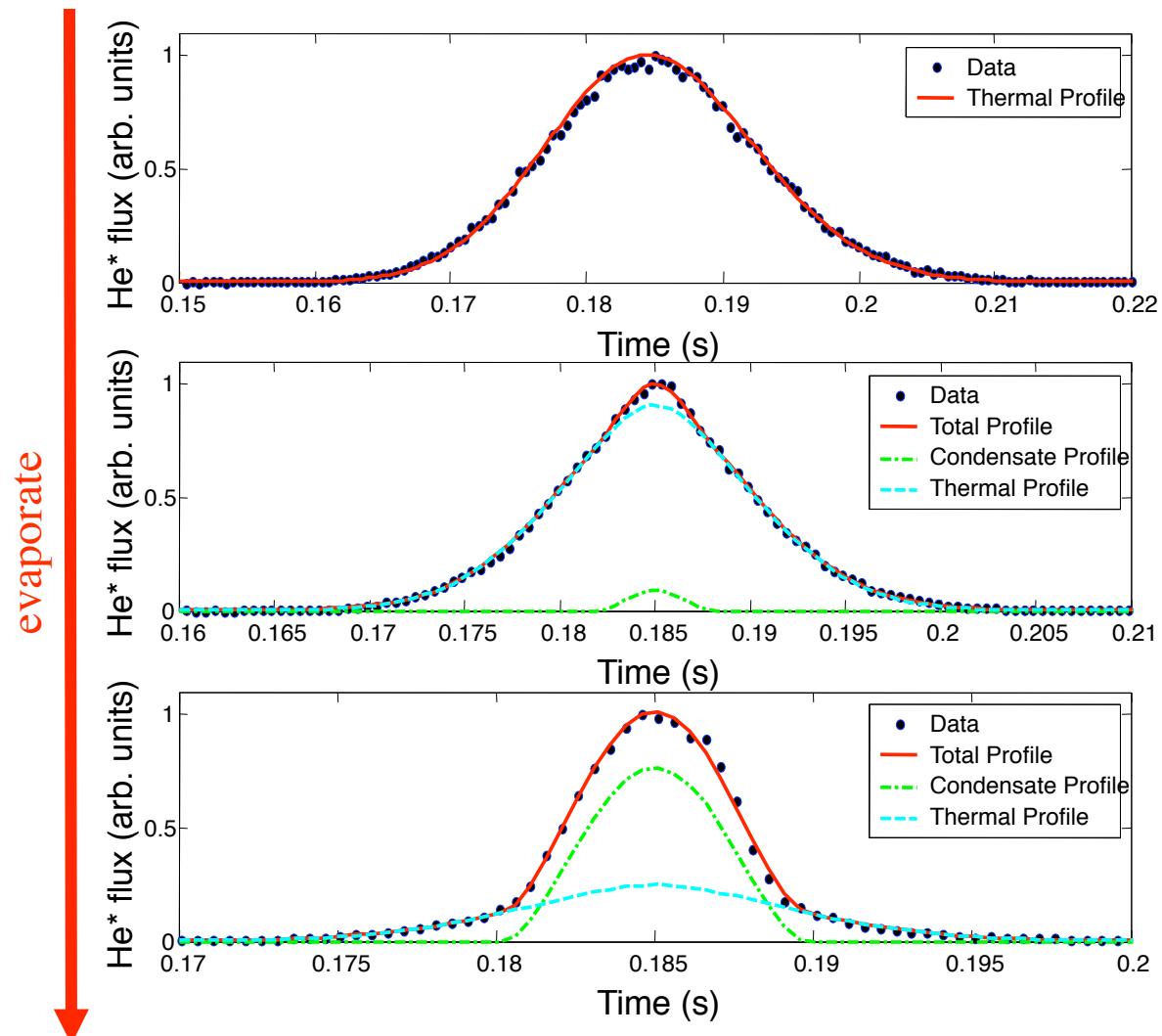


# Temperature and Phase Space Density

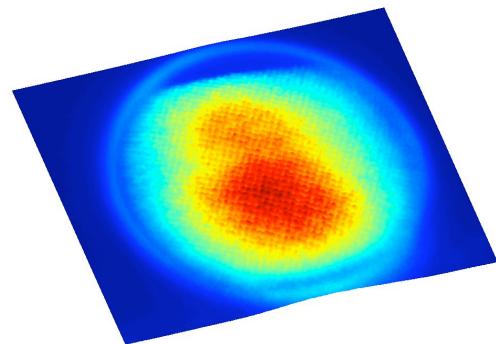


# BEC time-of-flight signals

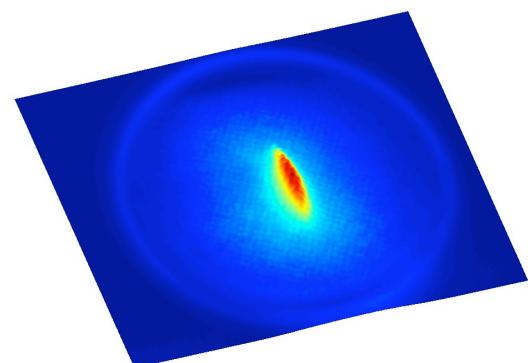
- Start with  $\sim 1 \times 10^8$  He\* in magnetic trap, and with  $T \sim 200 \mu\text{K}$
- Finish evaporation with  $\sim 2 \times 10^6$  He\* atoms at transition temp.  $T_c \sim 2 \mu\text{K}$
- At just  $< T_c$  we have  $\sim 10^6$  He\* in BEC



# BEC spatial images

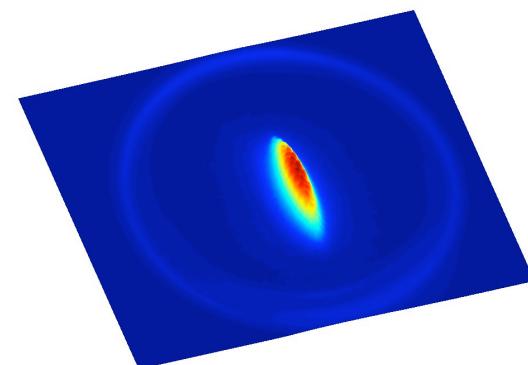
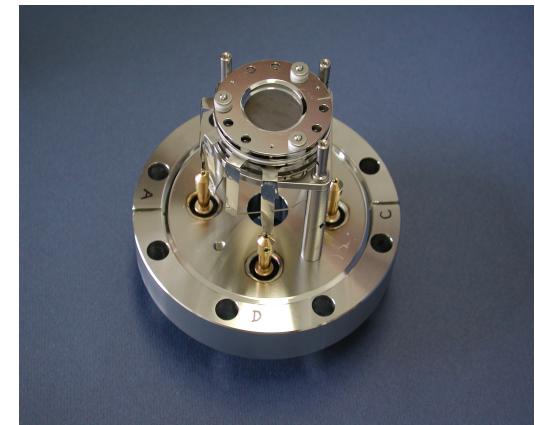


$T > T_c$



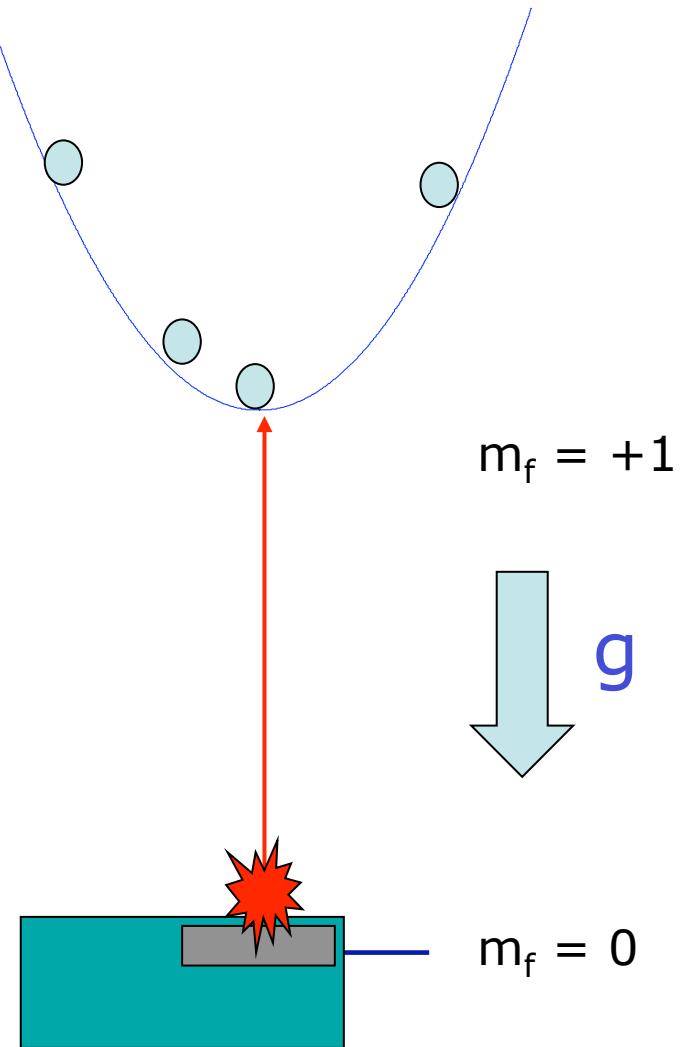
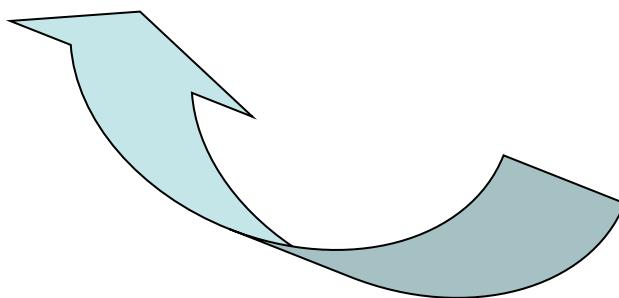
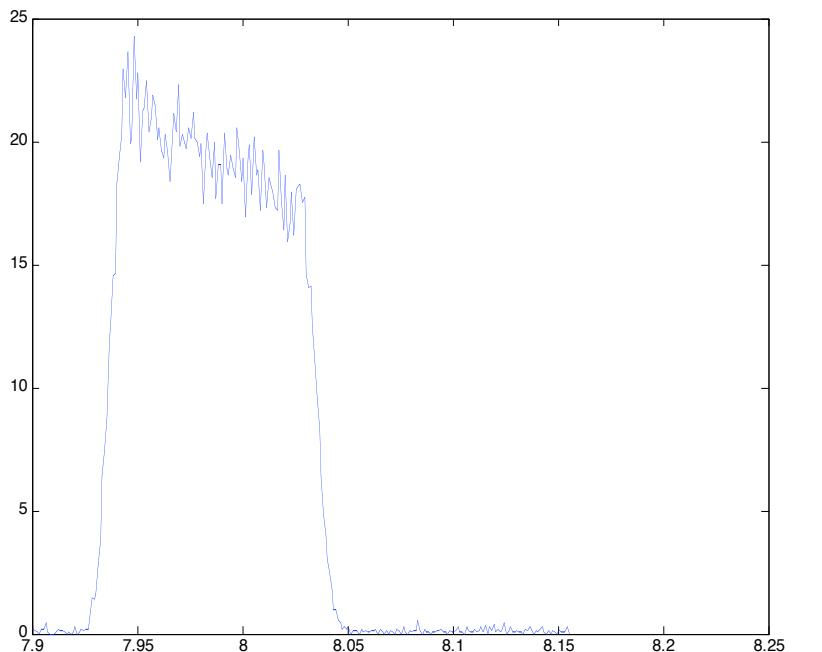
$T < T_c$

MCP 2-D  
detector

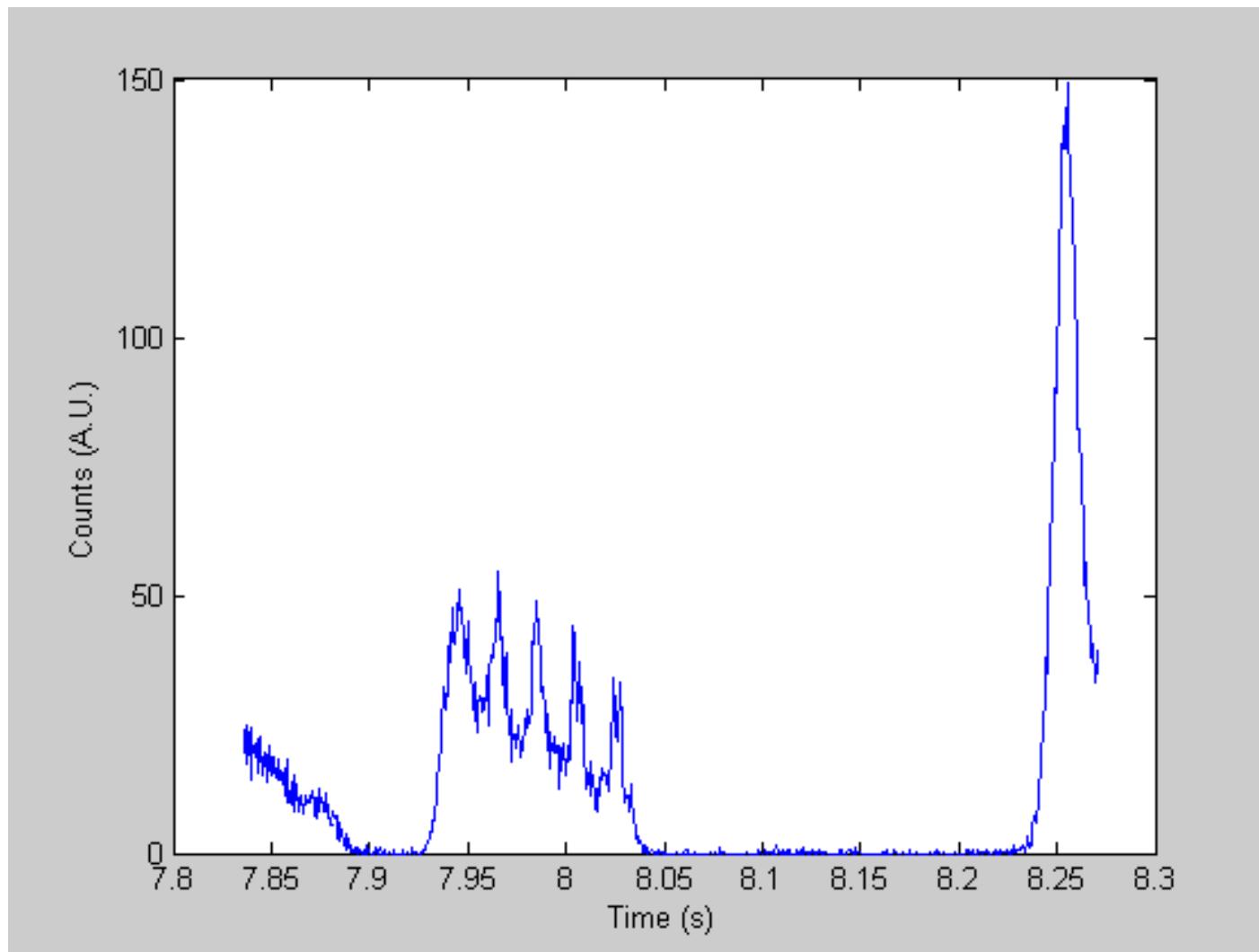


$T \sim 0.3T_c$

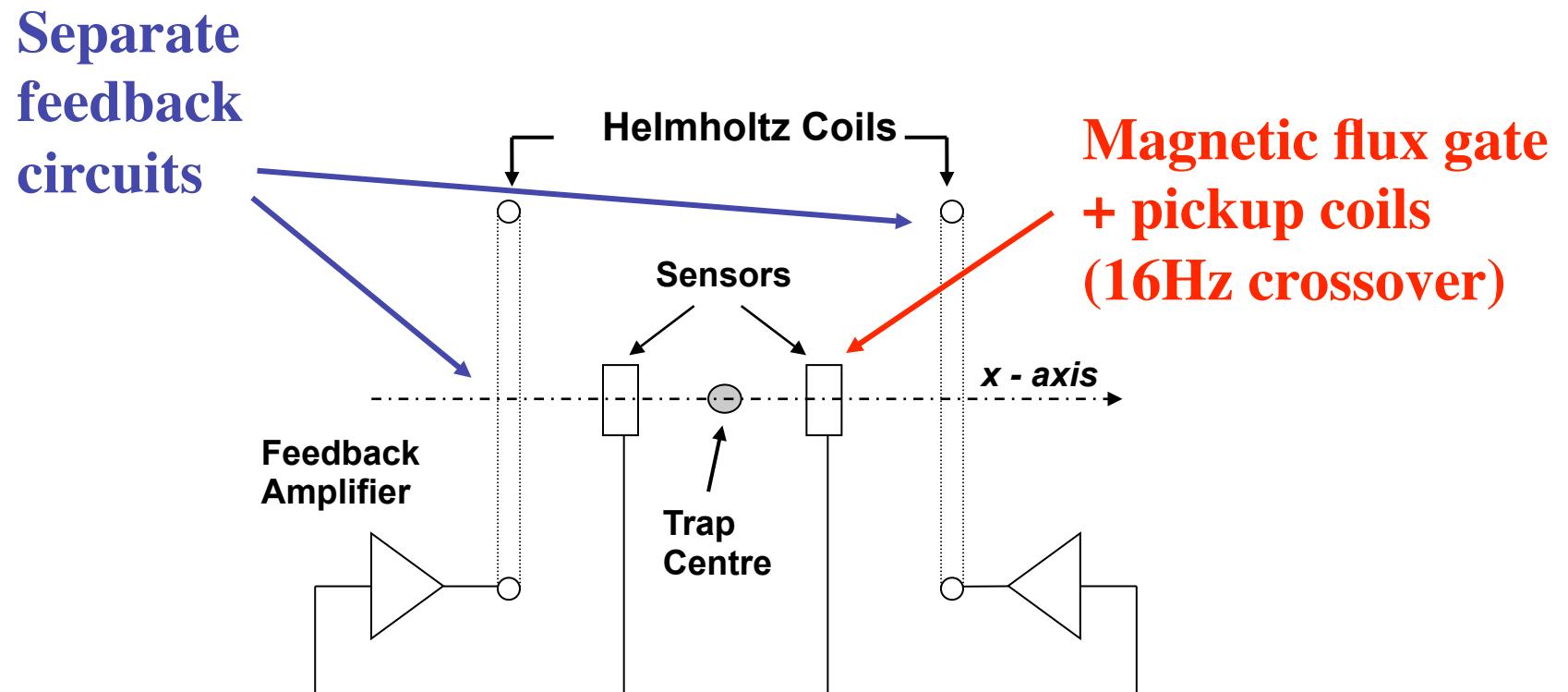
# RF output coupling Atom Laser



# 50 Hz magnetic field noise

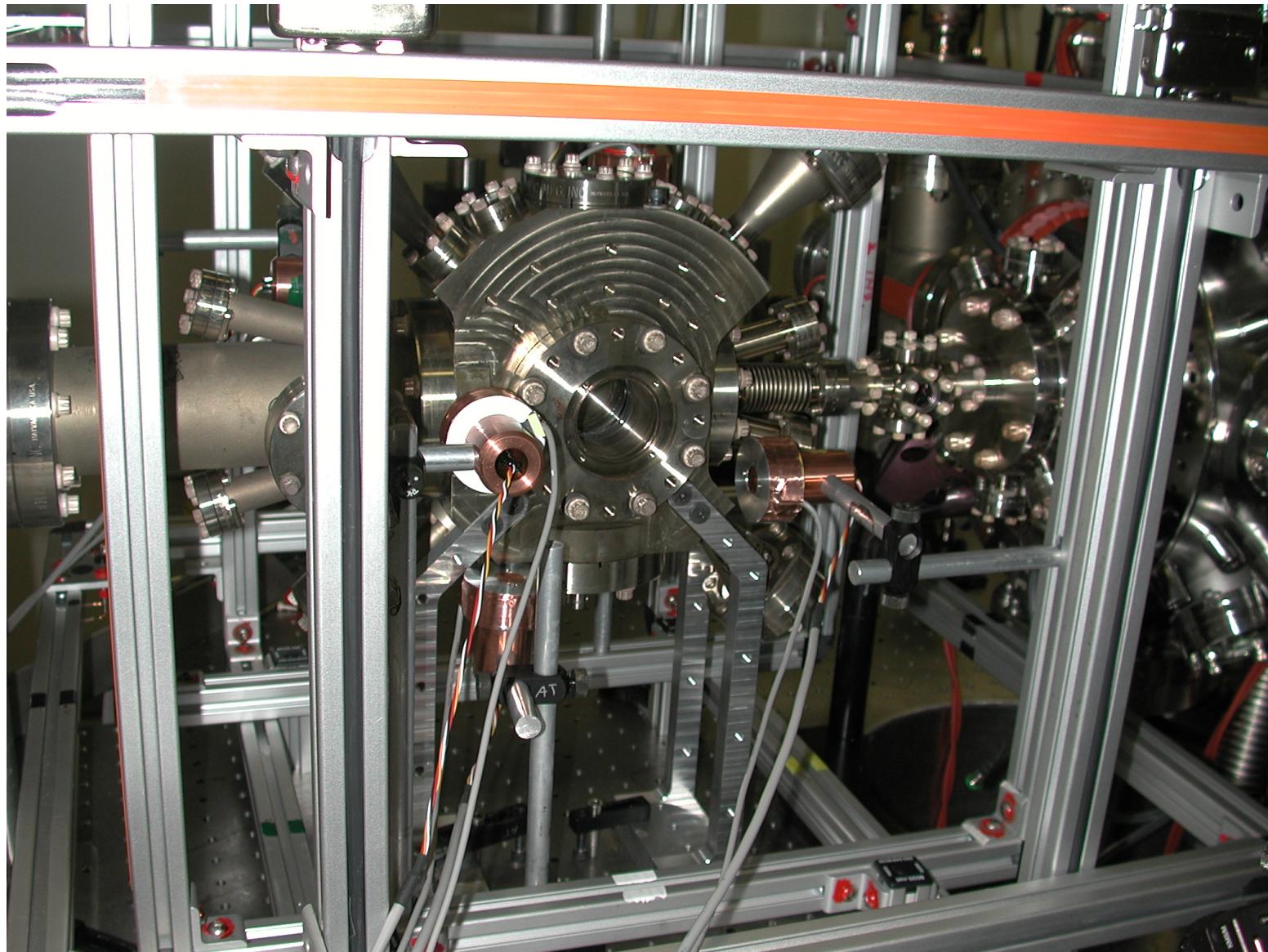


# Magnetic Field “Nuller” Schematic



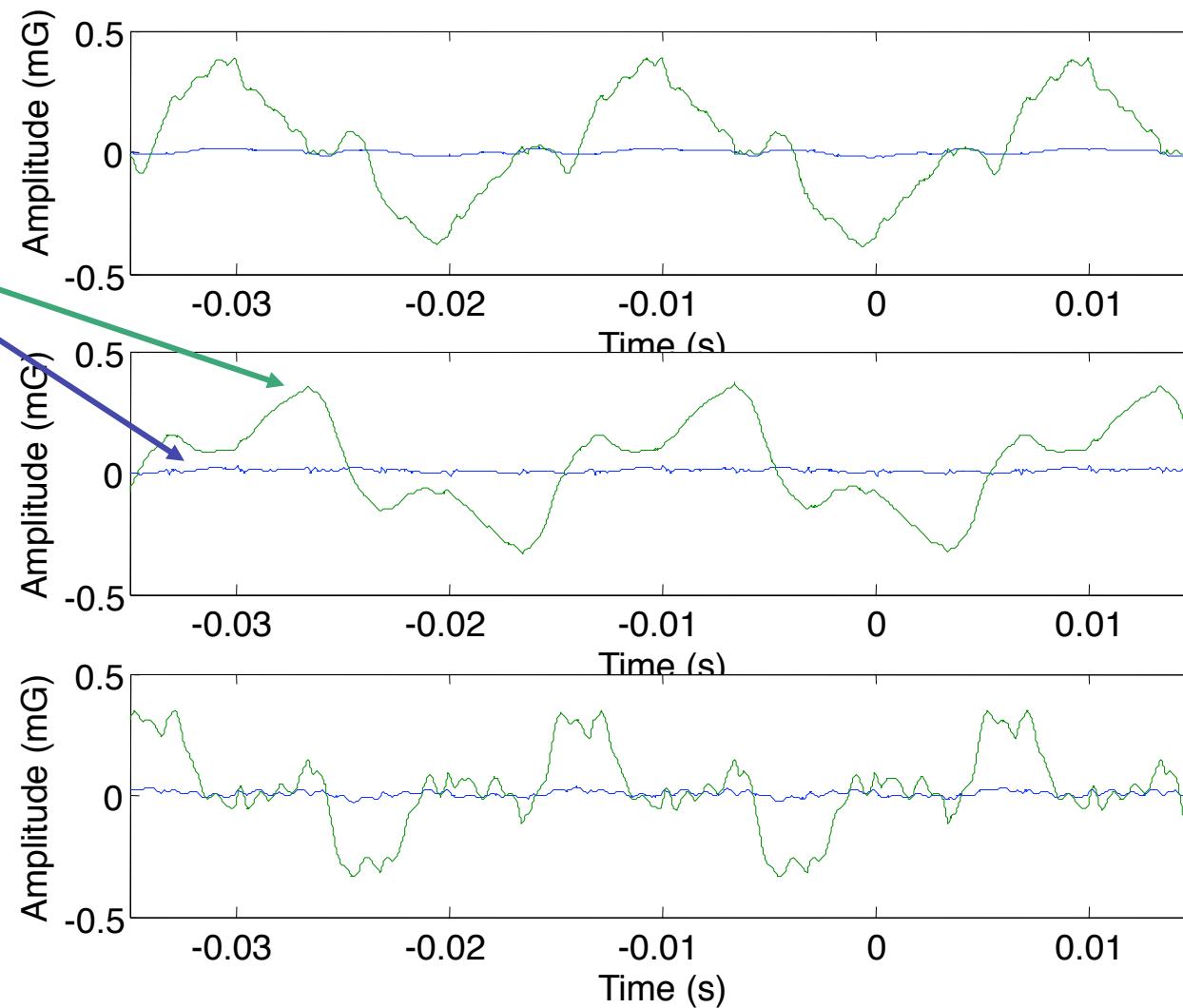
C.J. Dedman, R.G. Dall, L.J. Byron, and A.G. Truscott,  
Reviews of Scientific Instruments in press (2007)

# Nuller installation

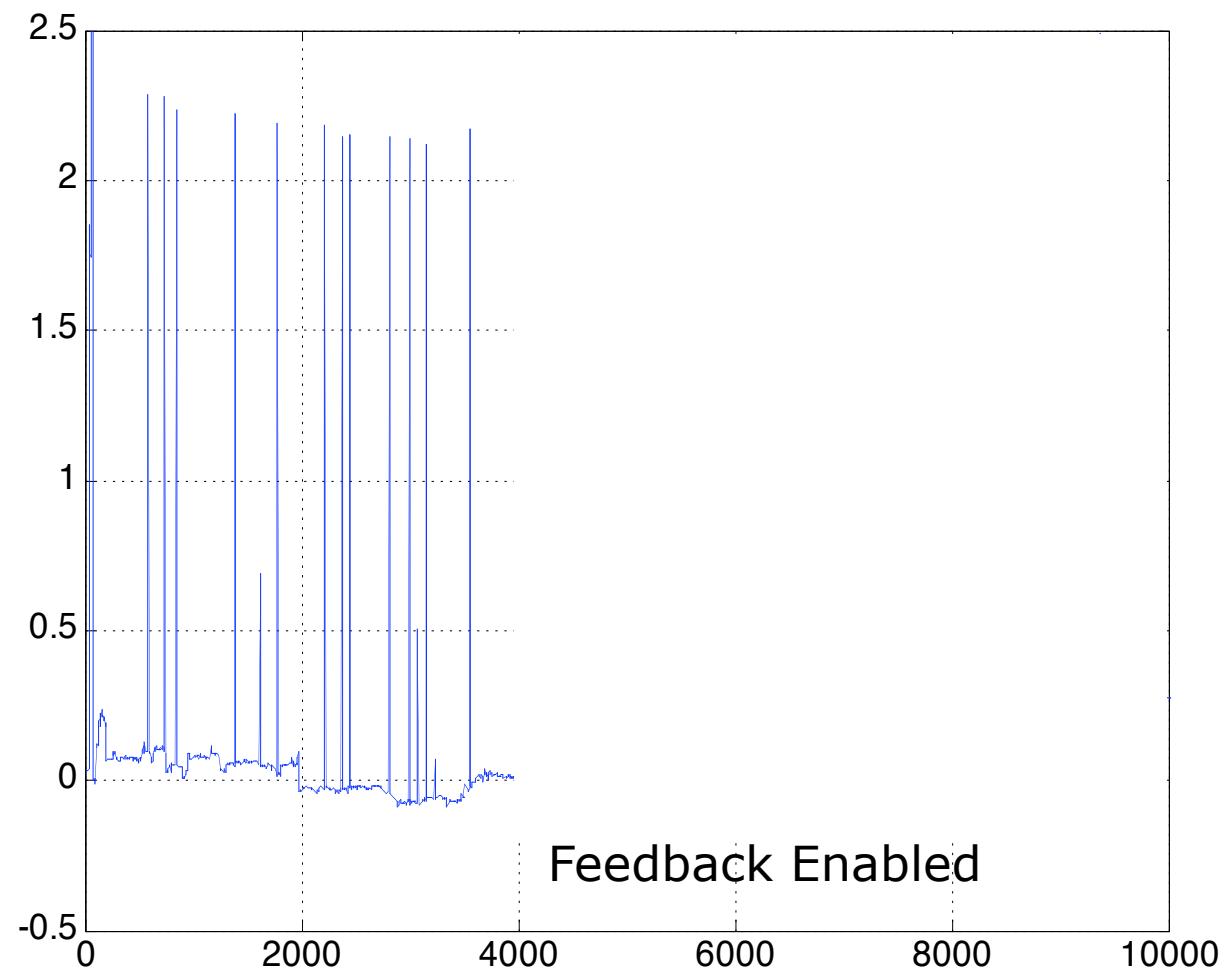


# AC Magnetic Noise at trap

25 times  
suppression



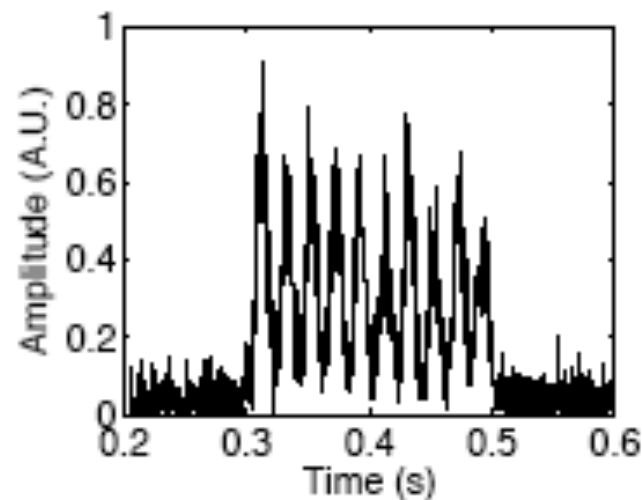
# DC magnetic noise



# Atom Laser Noise

Atom  
laser  
output

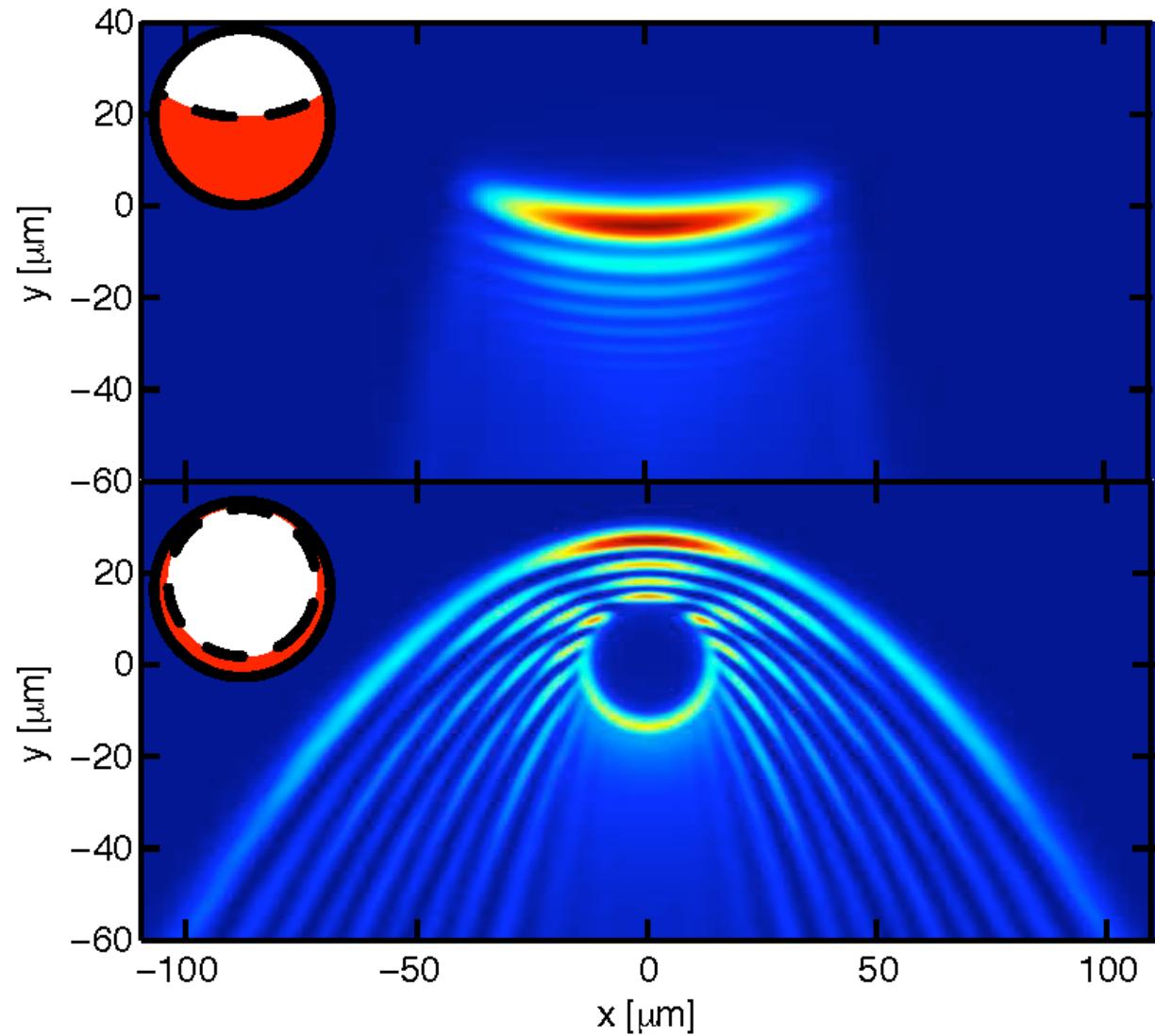
Without  
stabilisation



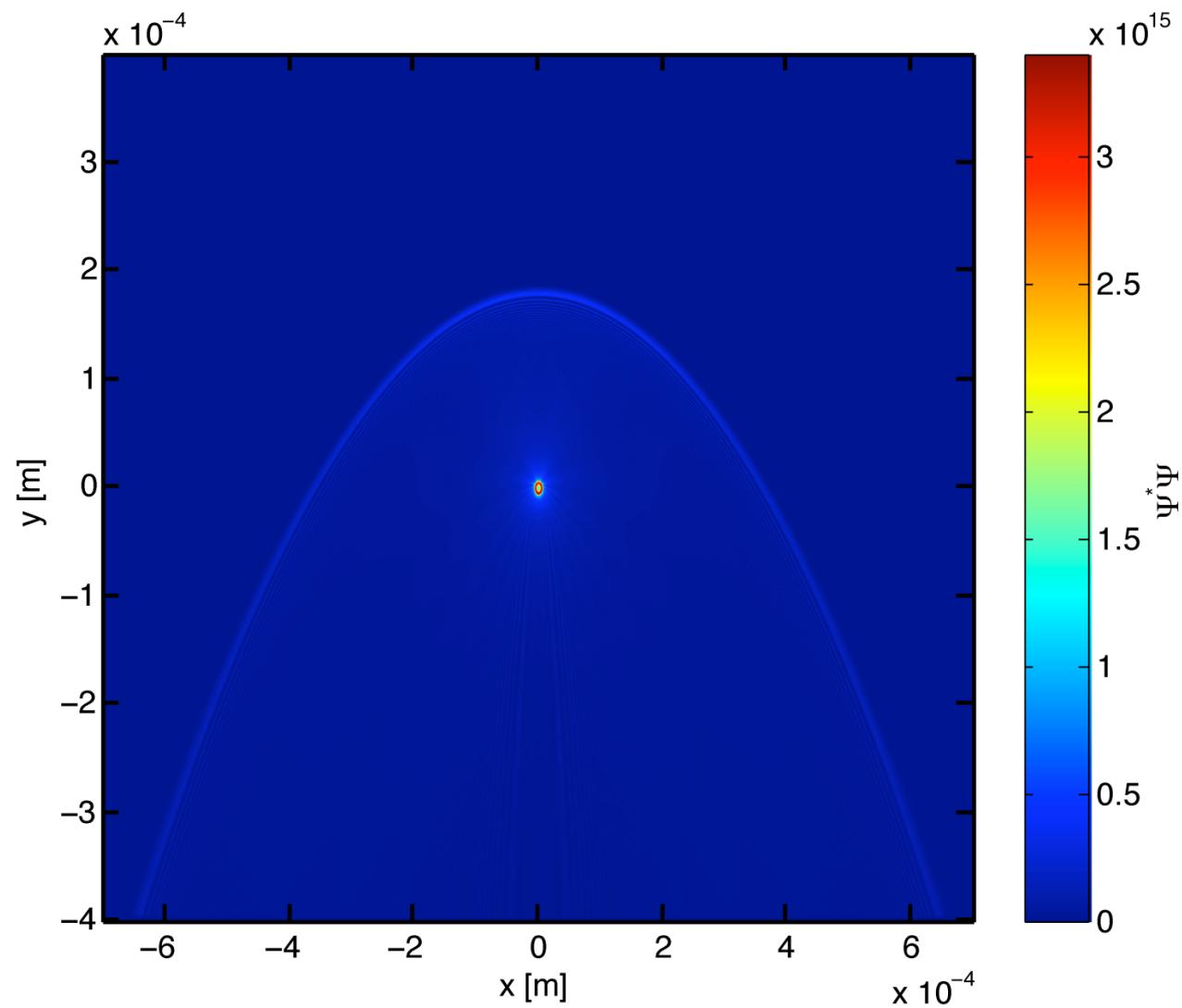
# Rb vs. He\*: out-coupling surfaces

Rb atoms experience a large sag - almost flat out-coupling surface

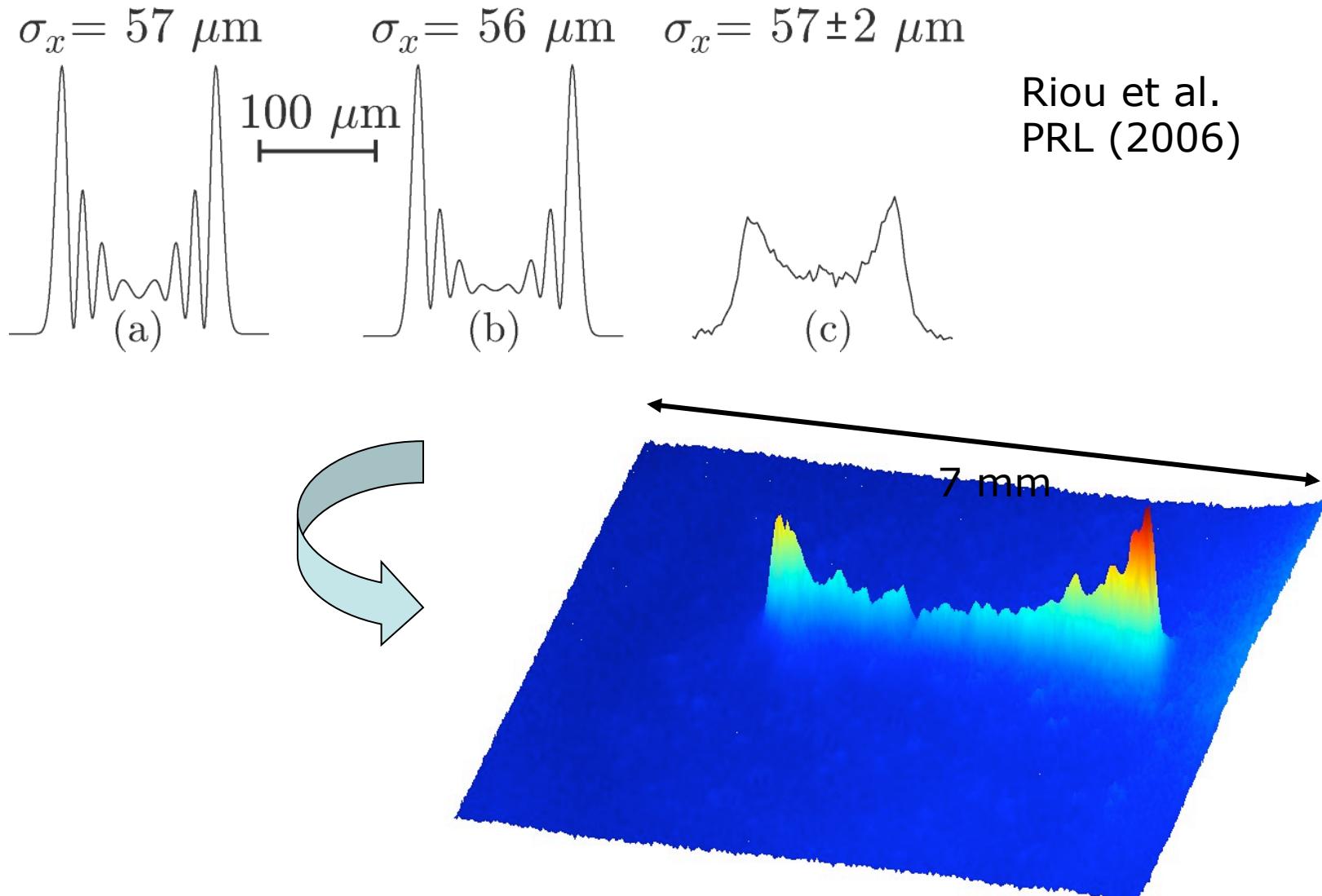
He\* atoms experience little sag - spherical shells



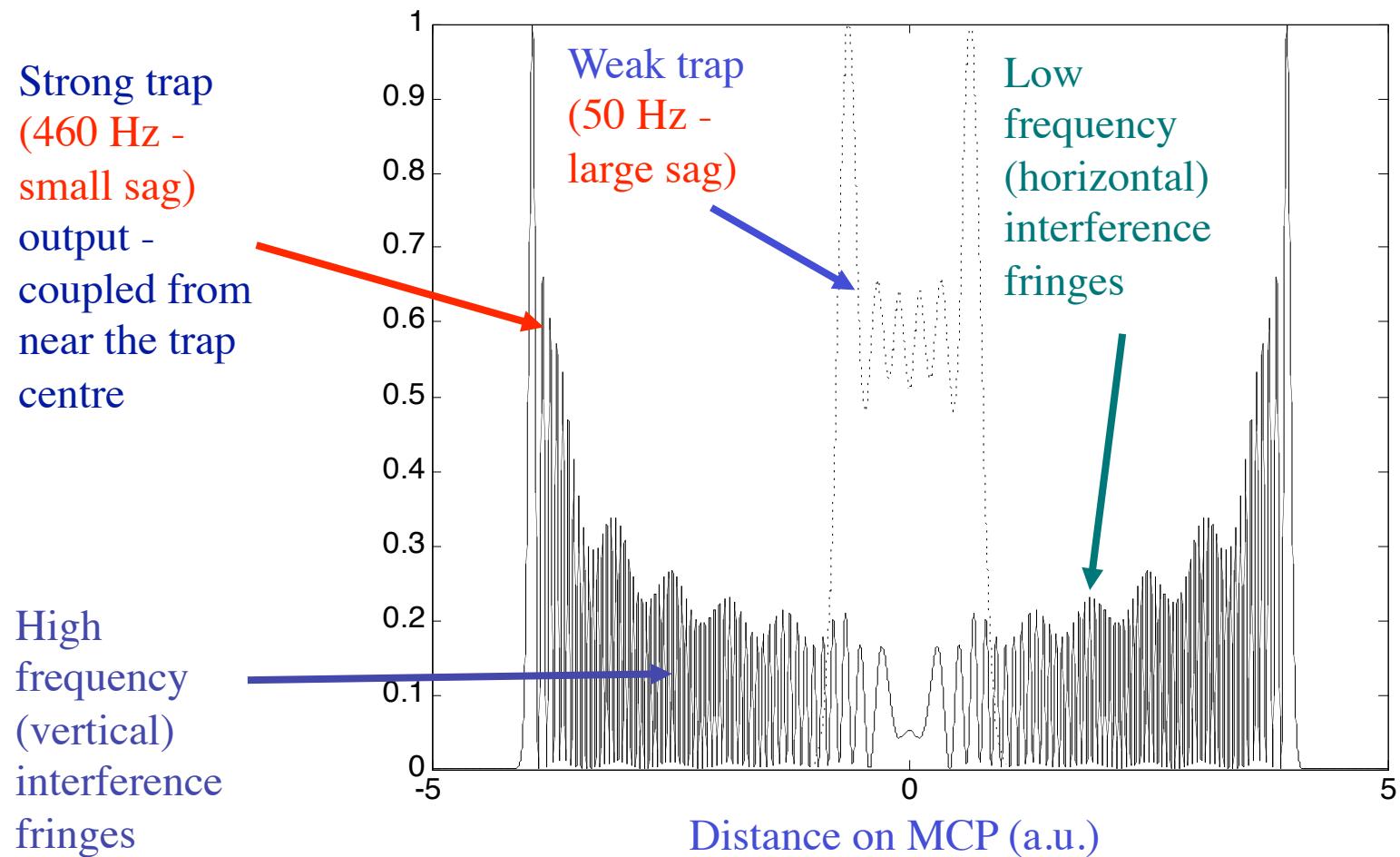
# Fountain Effect



# Atom Laser transverse profile

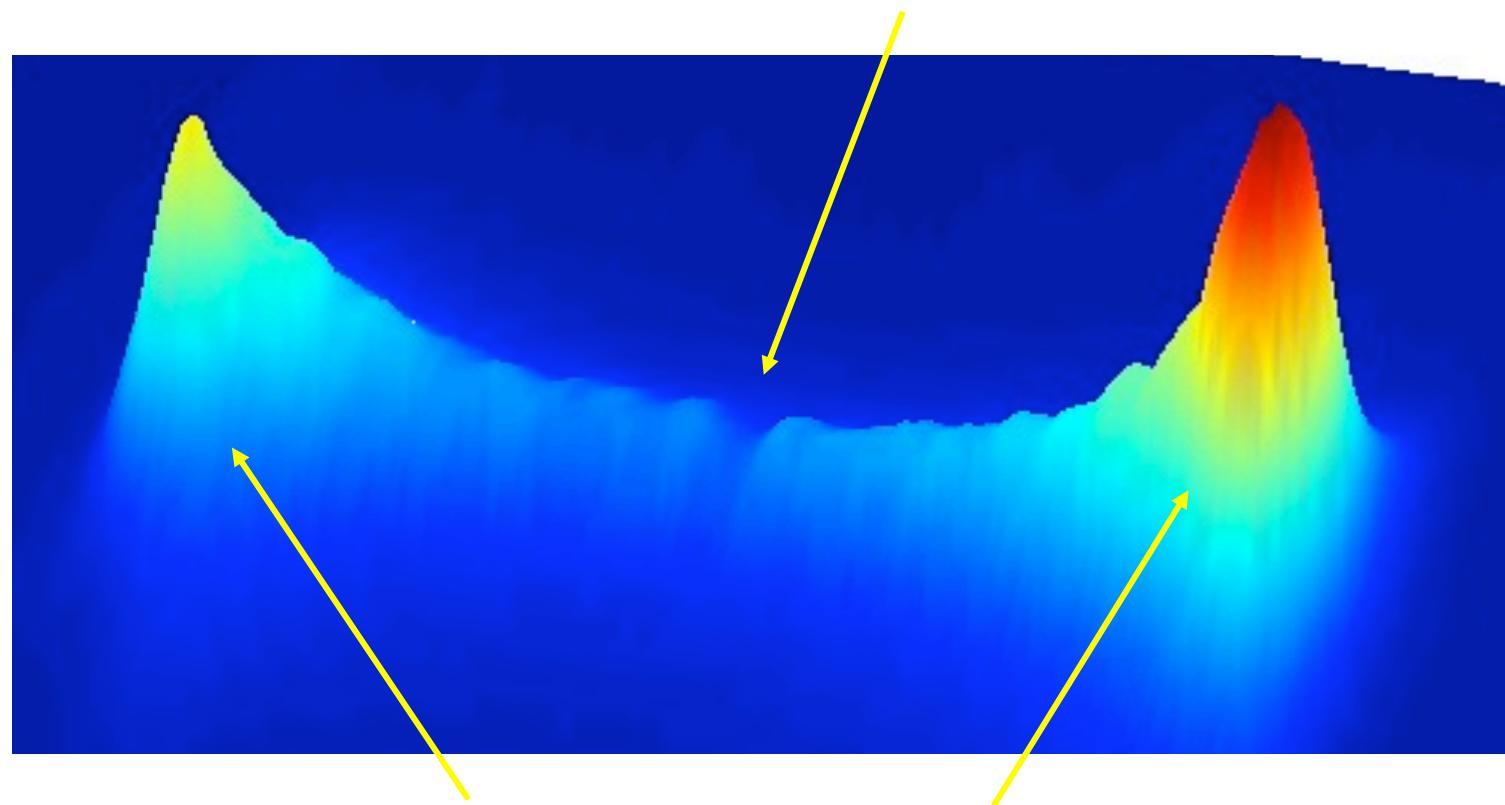


# Simulated atom laser transverse spatial profiles



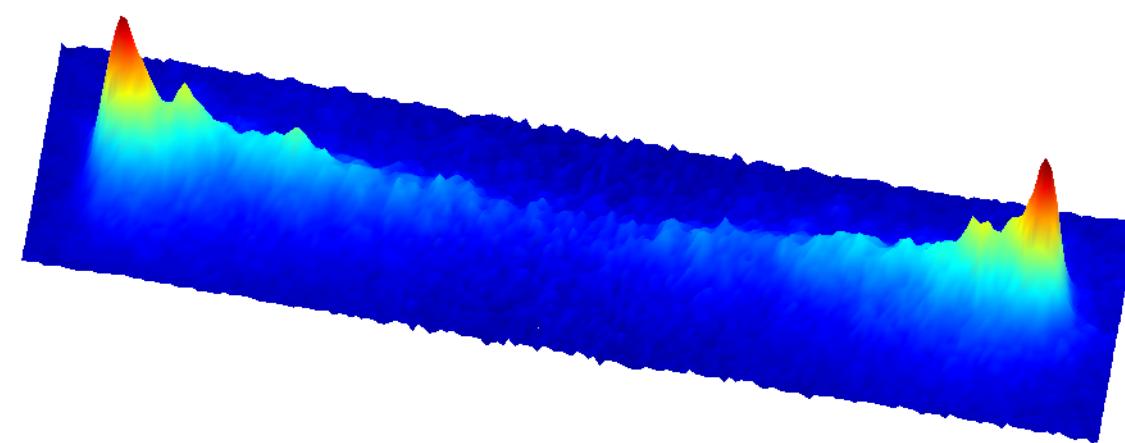
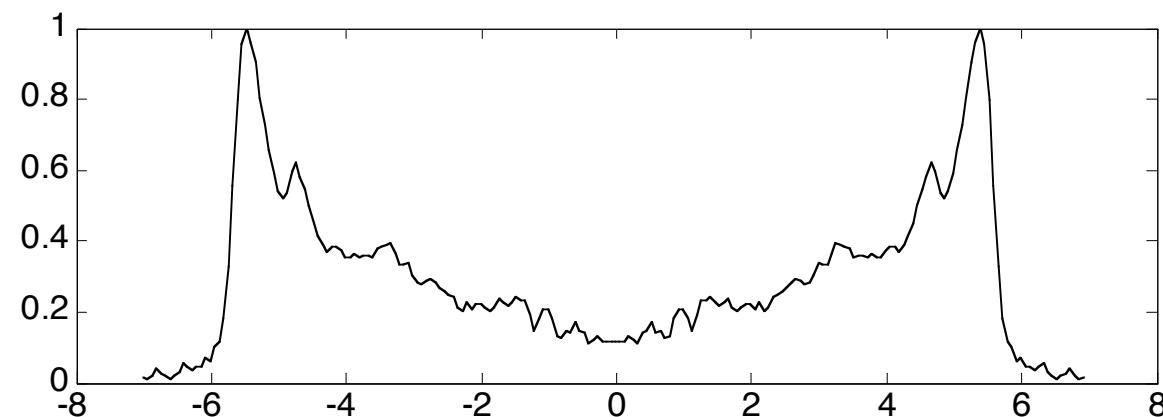
# Atom Laser Profile

Dip in shadow of BEC

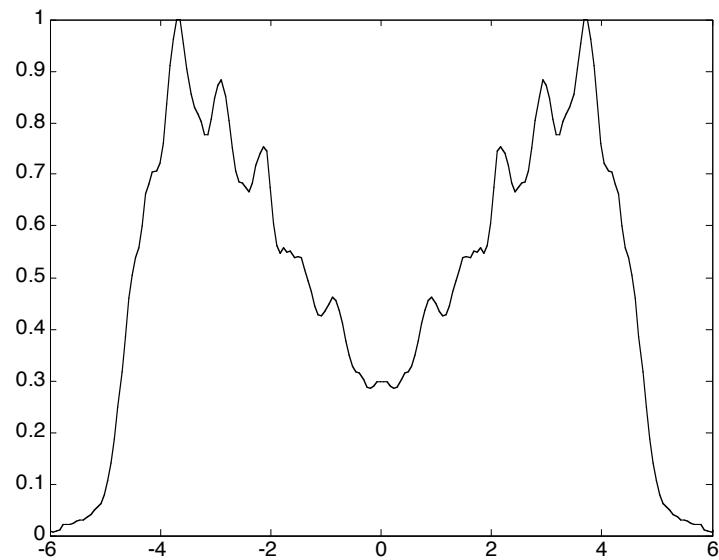
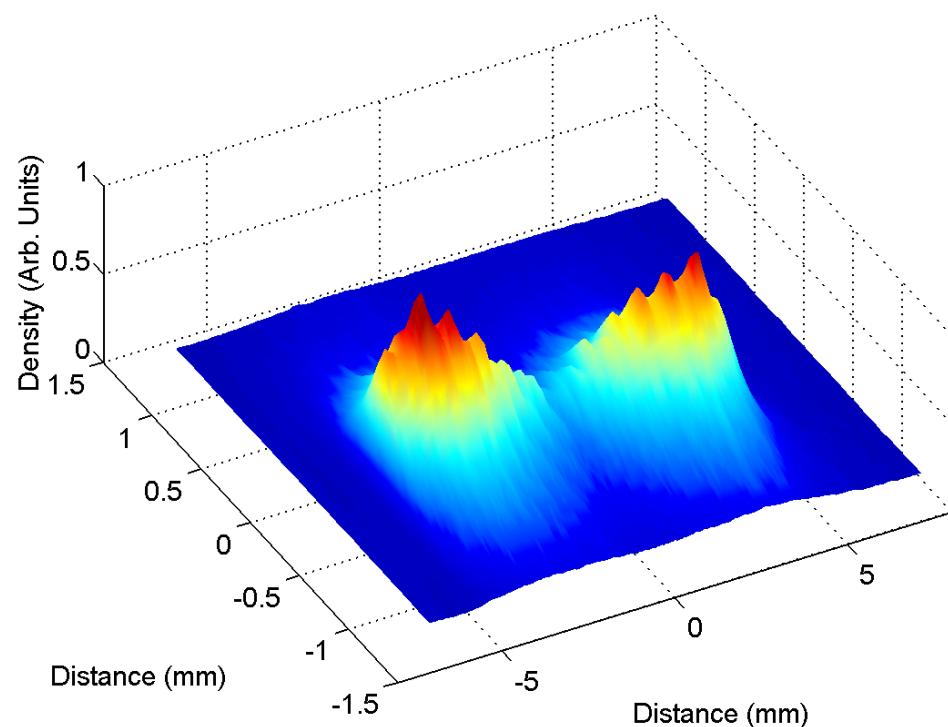


Twin peaked structure

# First observation of fringes

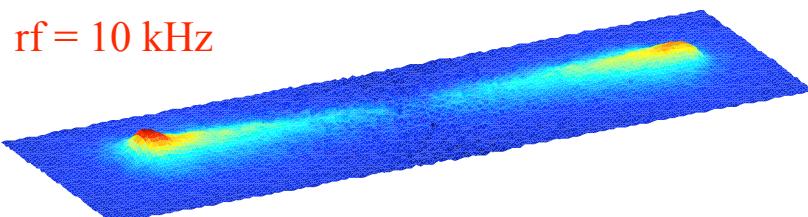


# High output-coupling fringes

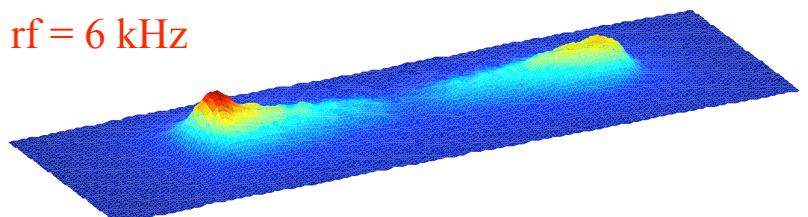


# Profiles for two radial frequencies

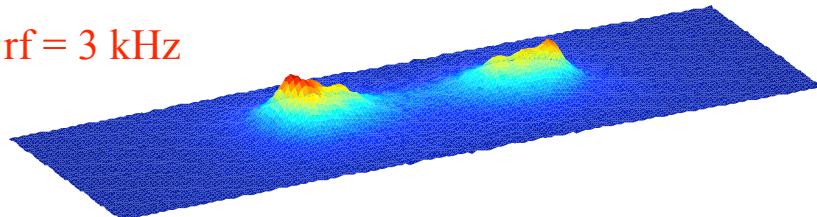
$f_r = 460 \text{ Hz}$



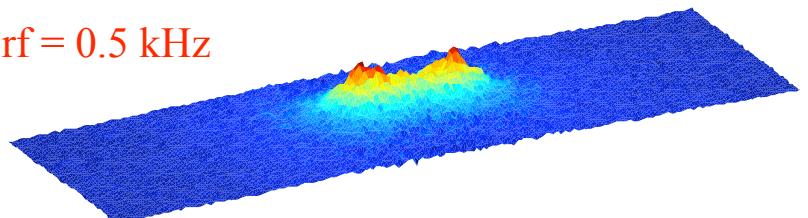
$rf = 6 \text{ kHz}$



$rf = 3 \text{ kHz}$

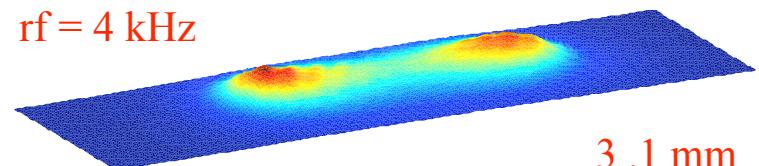


$rf = 0.5 \text{ kHz}$

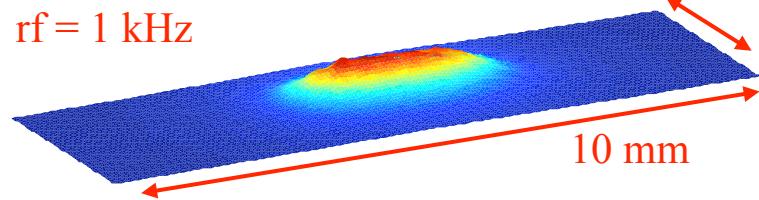


$f_r = 113 \text{ Hz}$

$rf = 4 \text{ kHz}$



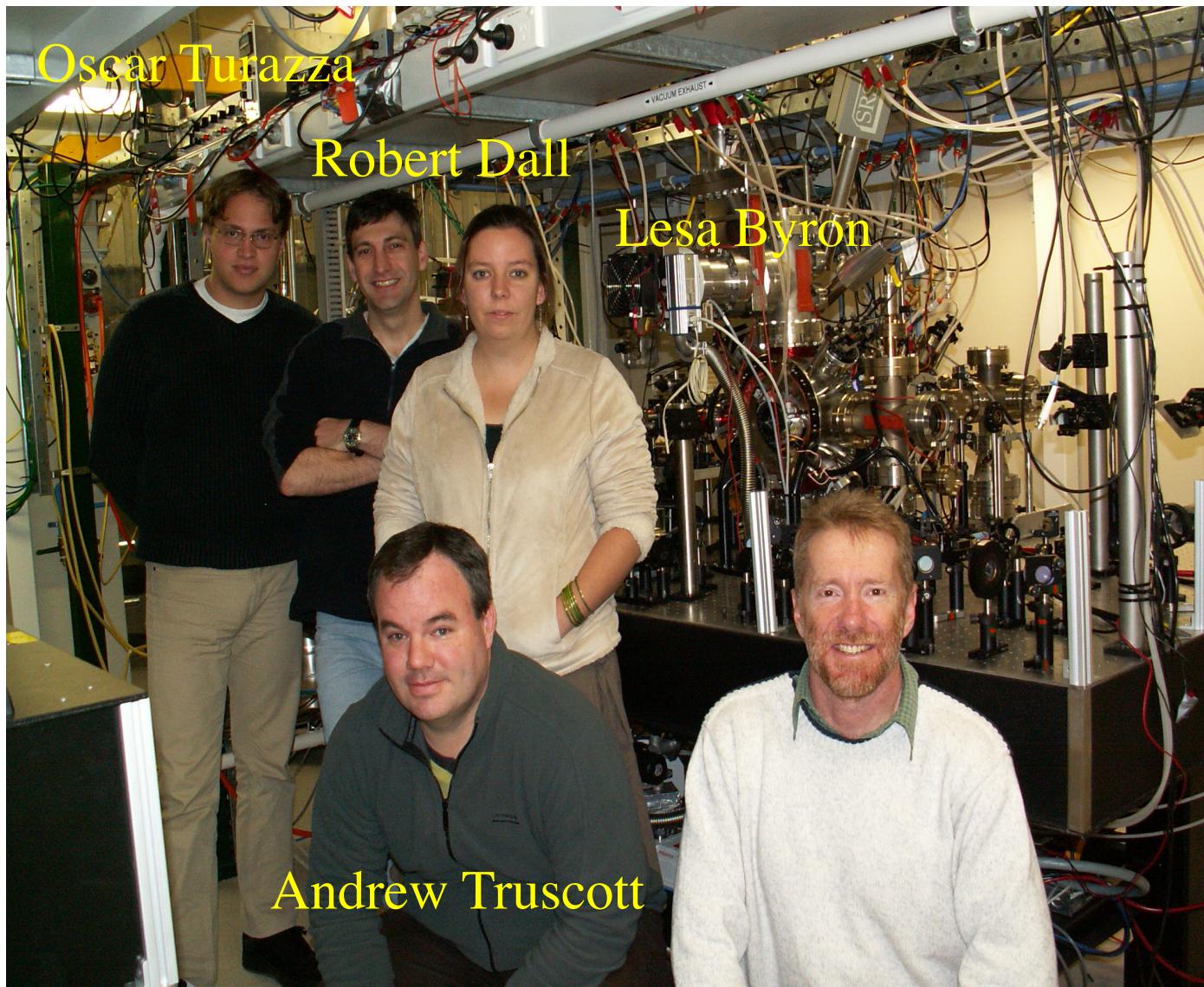
$rf = 1 \text{ kHz}$



# He\* Atom Laser: Conclusions

- Measured spatial profile of a He\* atom laser
- Observed predicted interference fringes for the first time
- Atom laser beam not ideal - highly multimode transverse spatial profile

# ANU He\* BEC experiment



**Lecture 3:  
Tuesday June 26, 14.00**

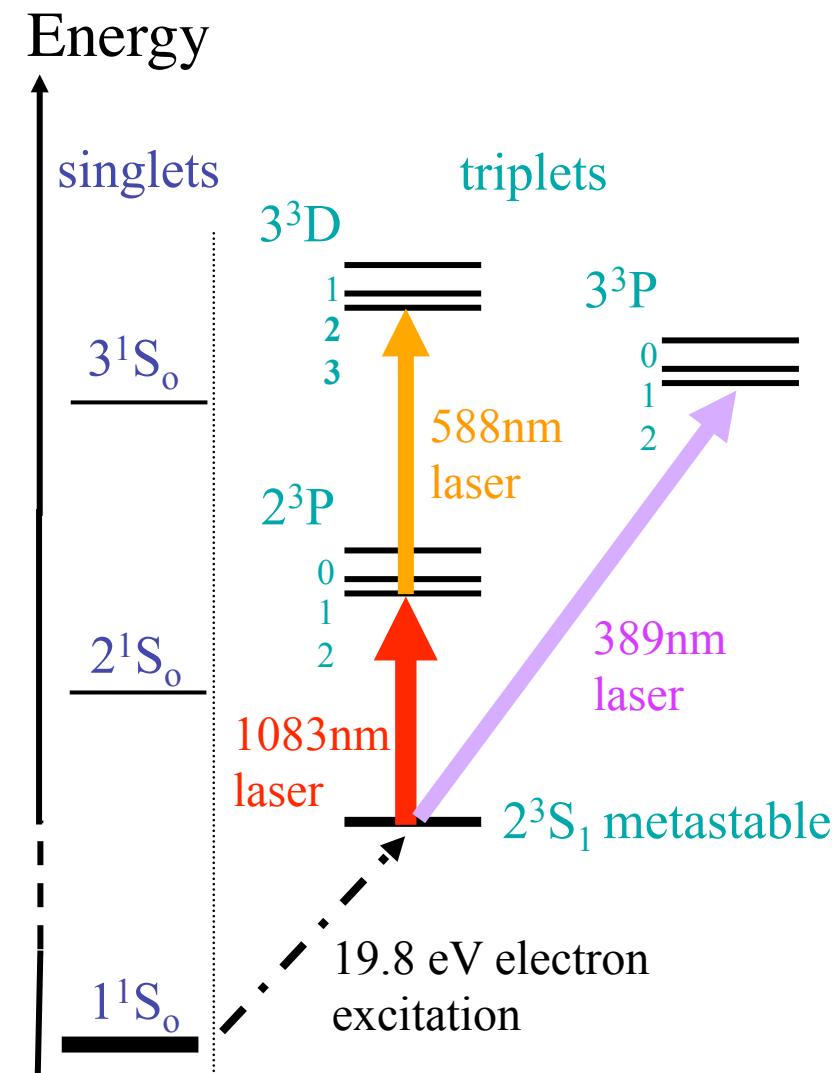
**QUANTUM STATISTICS, COHERENCE  
AND CORRELATIONS**



Les Houches - Chamonix, February 2005

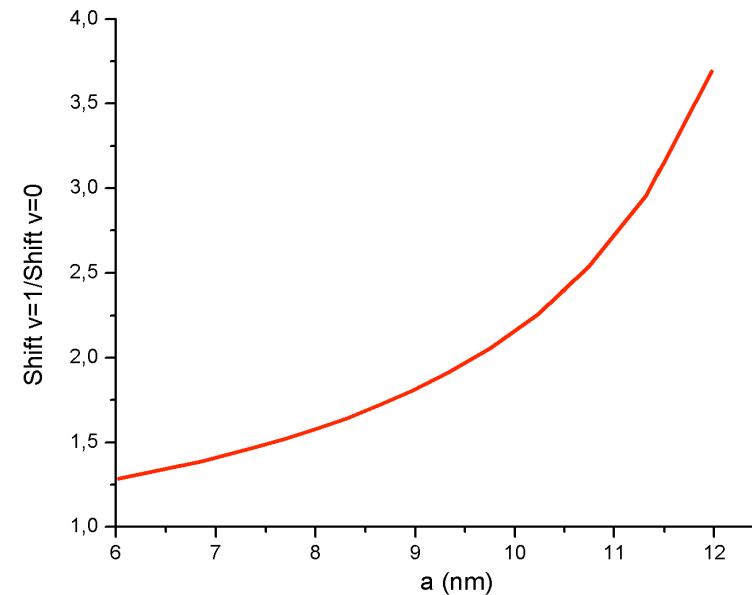
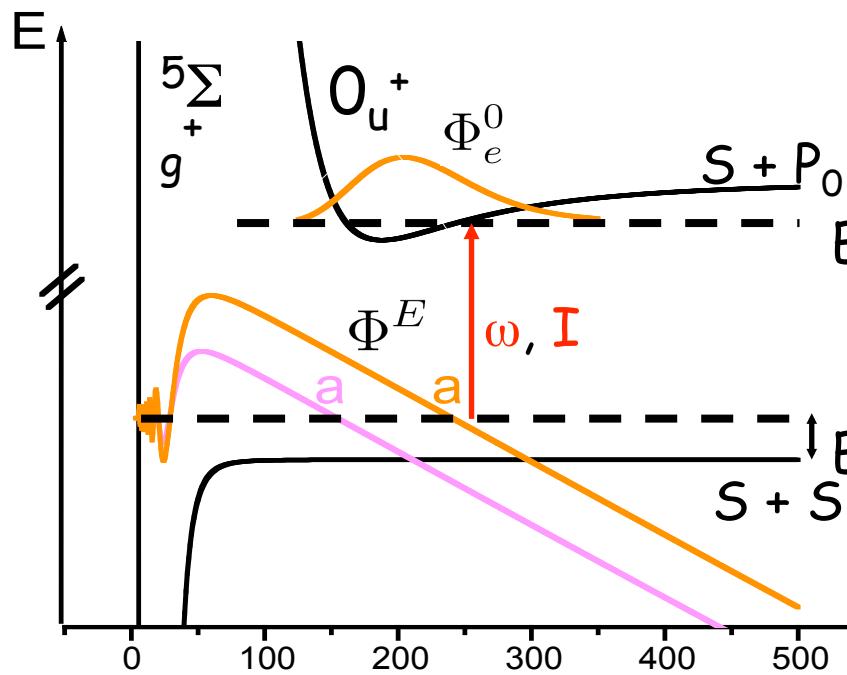
# Metastable Helium Properties

- He\* is an important energy pool in astrophysical, atmospheric and plasma physics because of its
  - long  $2^3S_1$  lifetime  $\sim 8000s$ 
    - spin flip and  $\Delta L$  forbidden
    - longest lived metastable
  - $\sim 20$  eV stored energy
    - easy to detect single atoms
    - MCP, EM, metal plate  $\sim 70\%$
  - large  $\sim 100's$  nm $^2$  x-sections
    - long range potentials
- We excite He\* atoms to the  $2^3S_1$  metastable state in an electric discharge
  - effectively a ground state atom
- Transitions at 1083 (389) nm
  - diode, fibre and frequency doubled lasers to cool and trap

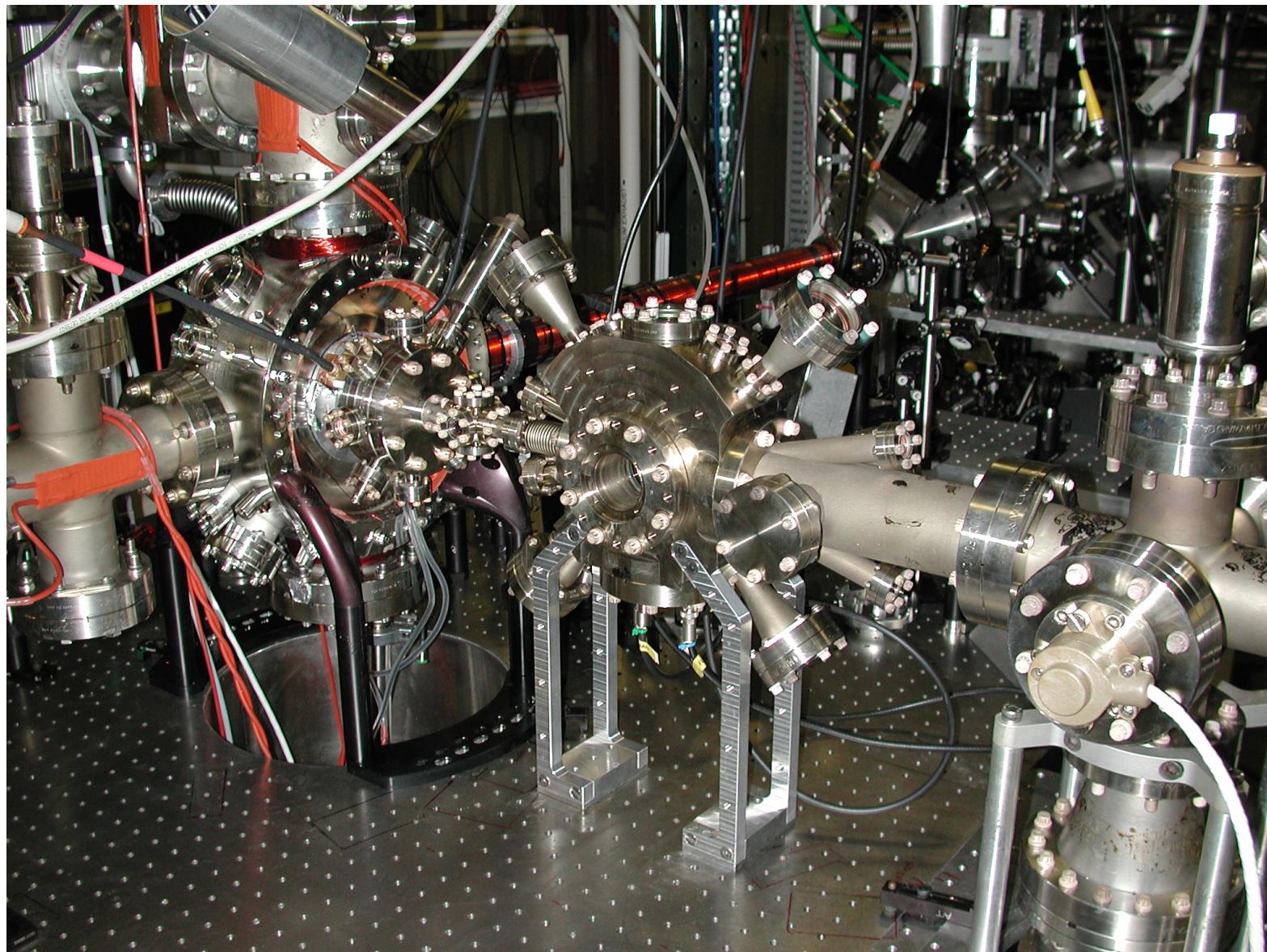


# PA Scattering Length

- “ $a$ ” is determined by subtle quantum mechanical effects which depend sensitively on accurate interatomic potentials
- Knowledge of the behaviour of bound states can thus be used to determine the interatomic potentials, and hence “ $a$ ”
- However, because of the extreme sensitivity of “ $a$ ” to small changes in potentials, careful measurements are needed e.g. of light shift of  $v$  levels

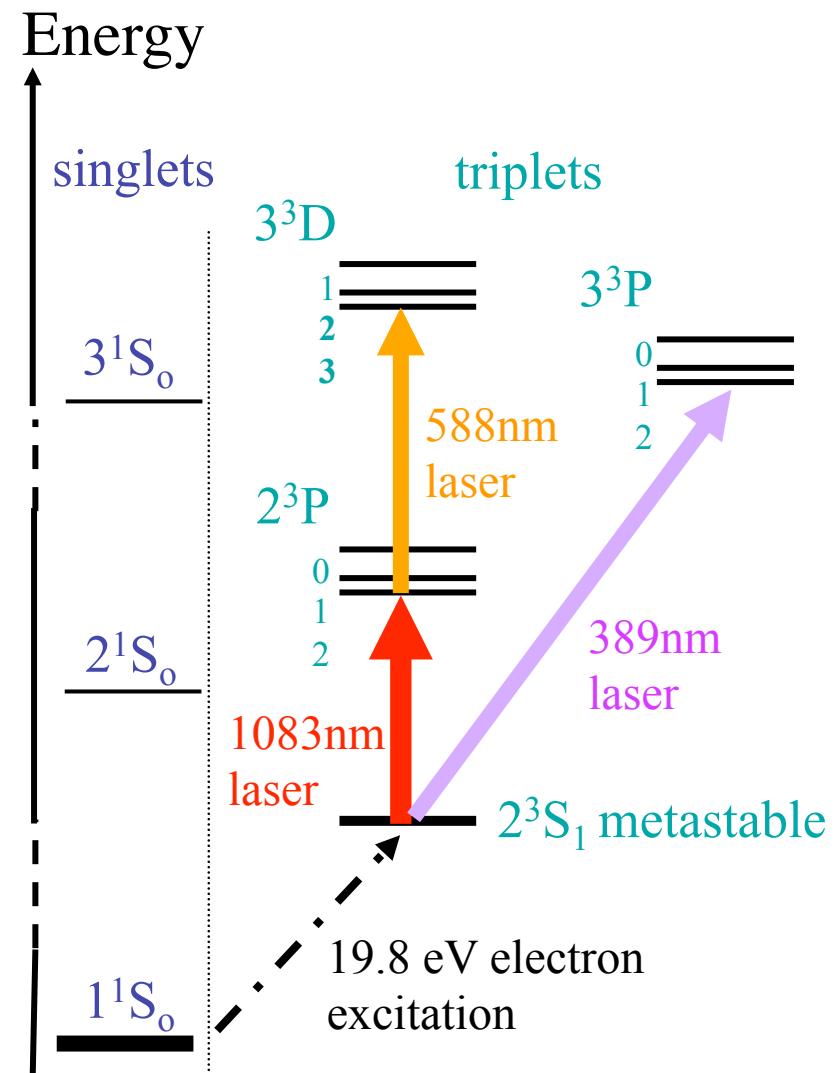


# MOT, LVIS + BEC chamber



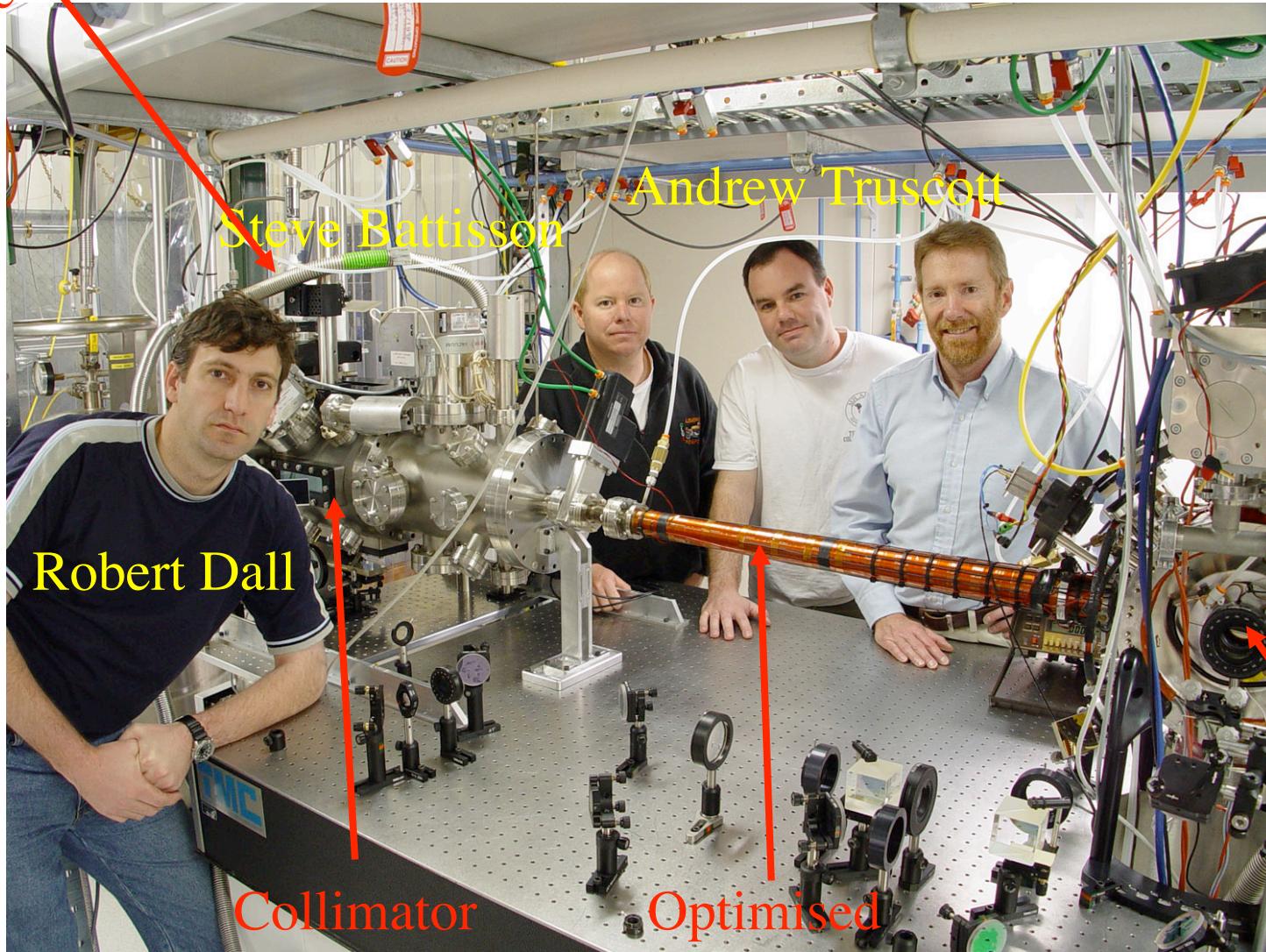
# Metastable Helium Properties

- We use He\* atoms excited to the  $2^3S_1$  metastable state
  - created in an electric discharge
- $2^3S_1$  lifetime  $\sim 8000$ s
  - longest lived metastable species
  - effectively a ground state atom
- Transitions at 1083 (389) nm
  - diode (and other frequency doubled) lasers to cool and trap
- He\* has  $\sim 20$  eV stored energy
  - easy to detect single atoms

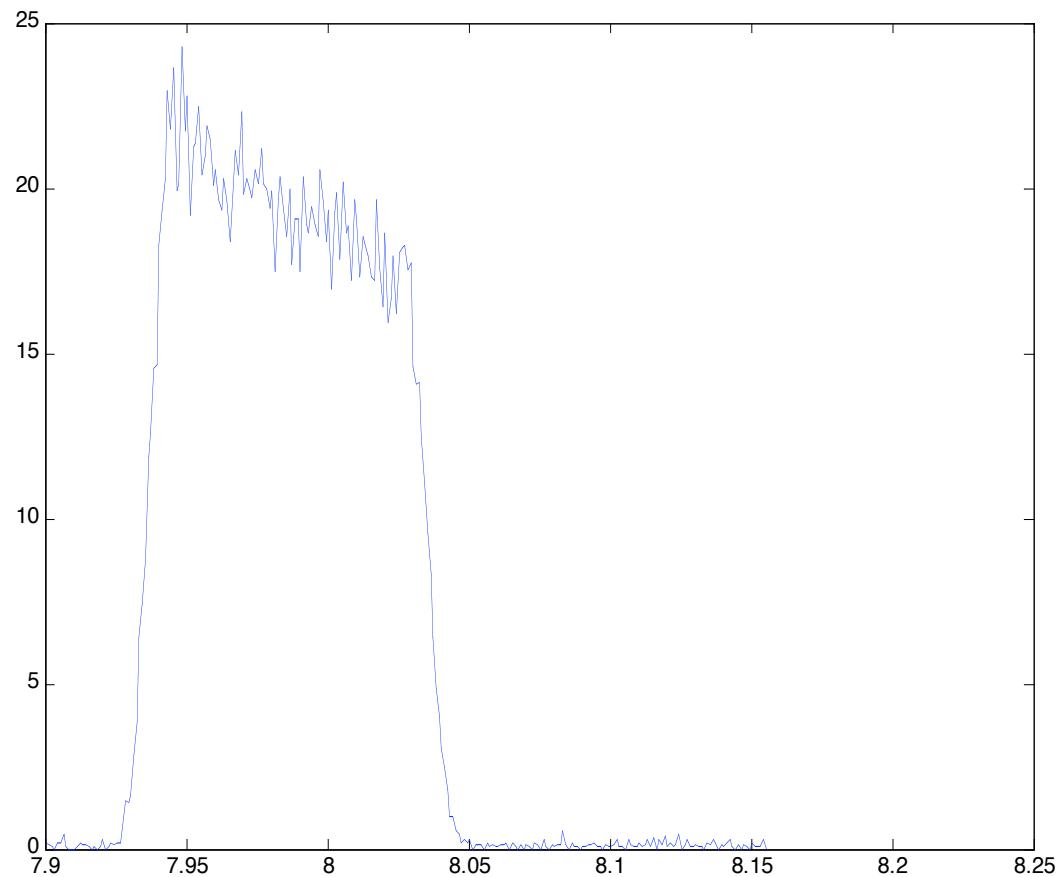


LHe cooled  
source

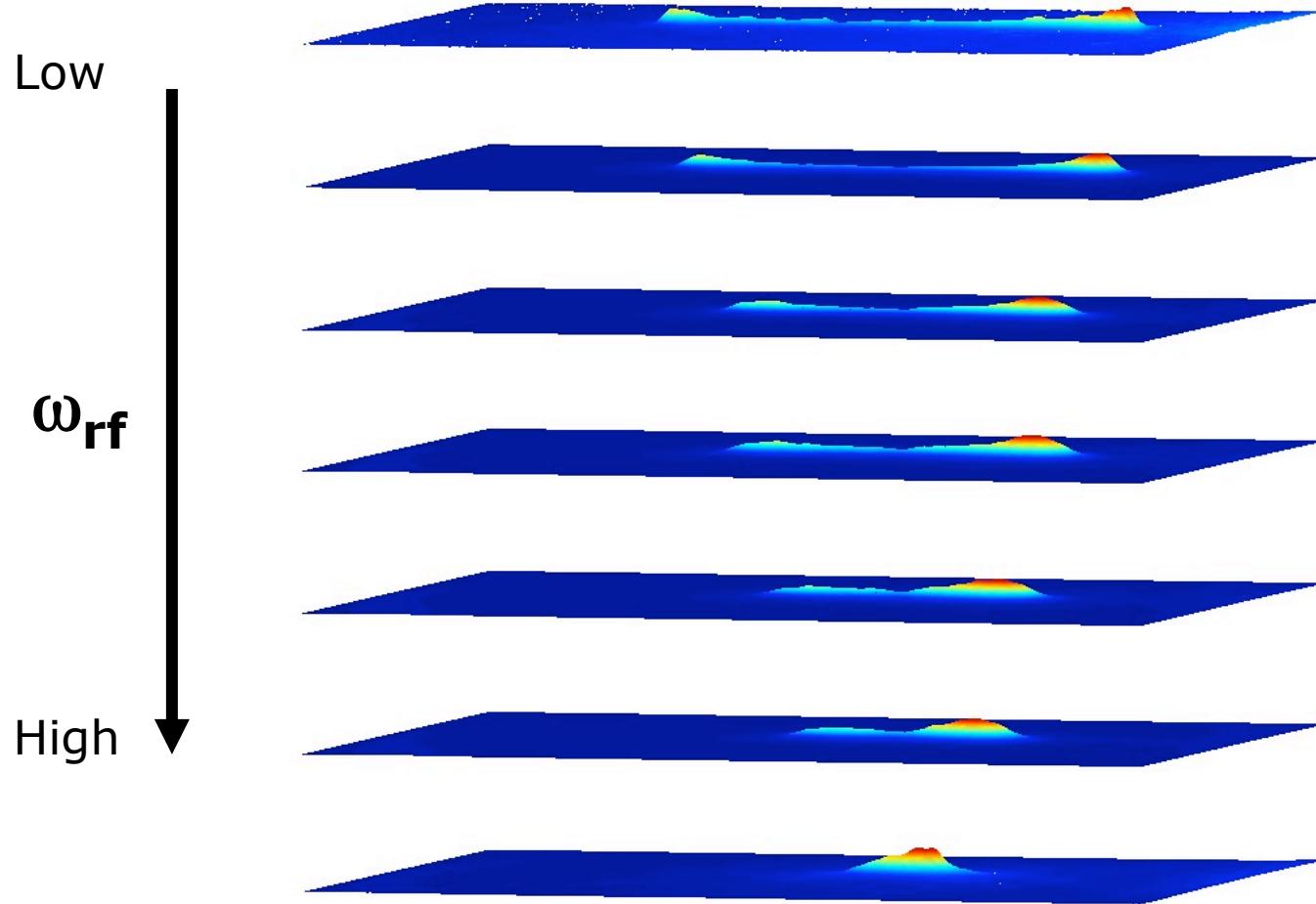
# ANU He\* BEC Lab



# Counting statistics

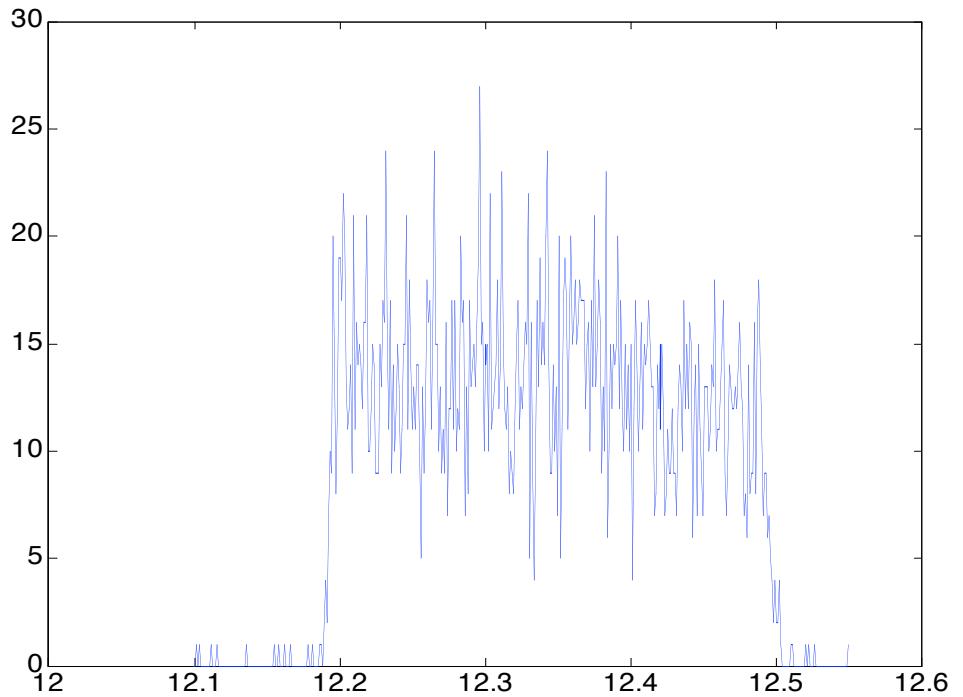
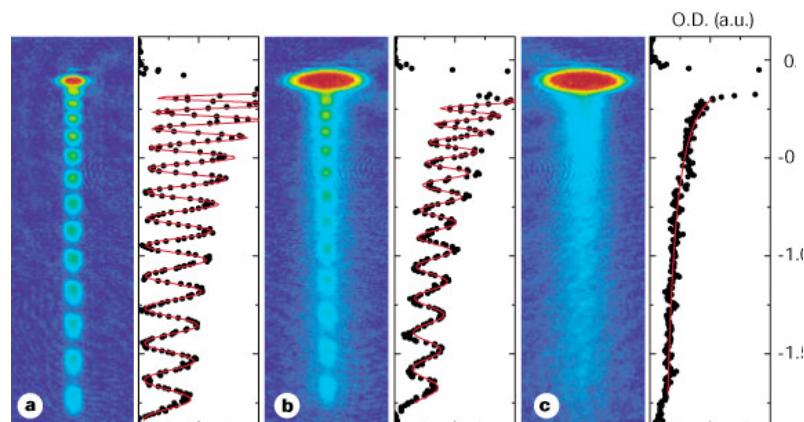


# Atom Laser transverse profile



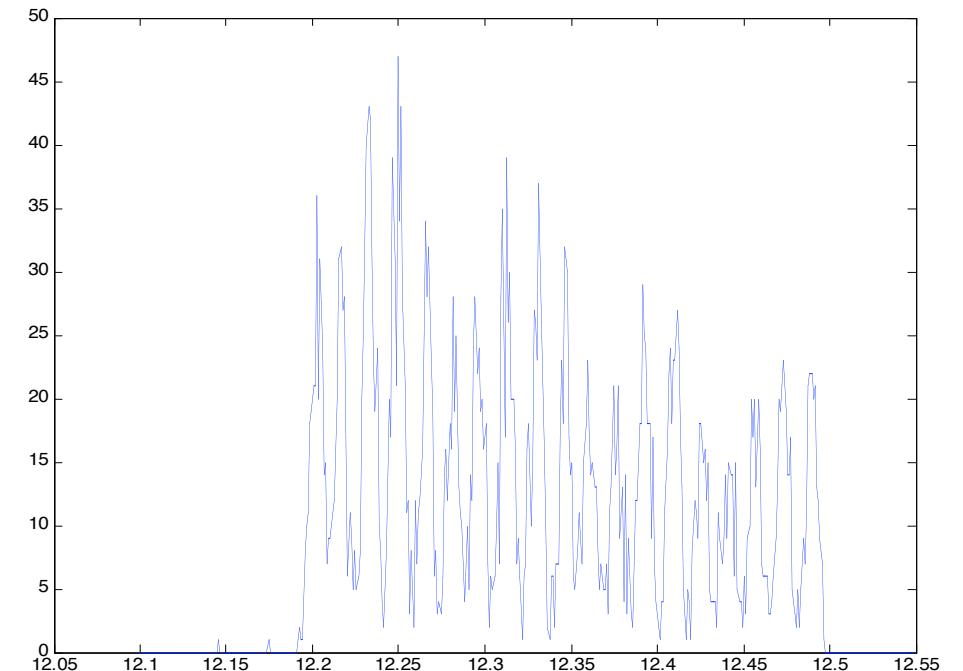
# Atom Laser Coherence

Above  $T_c$

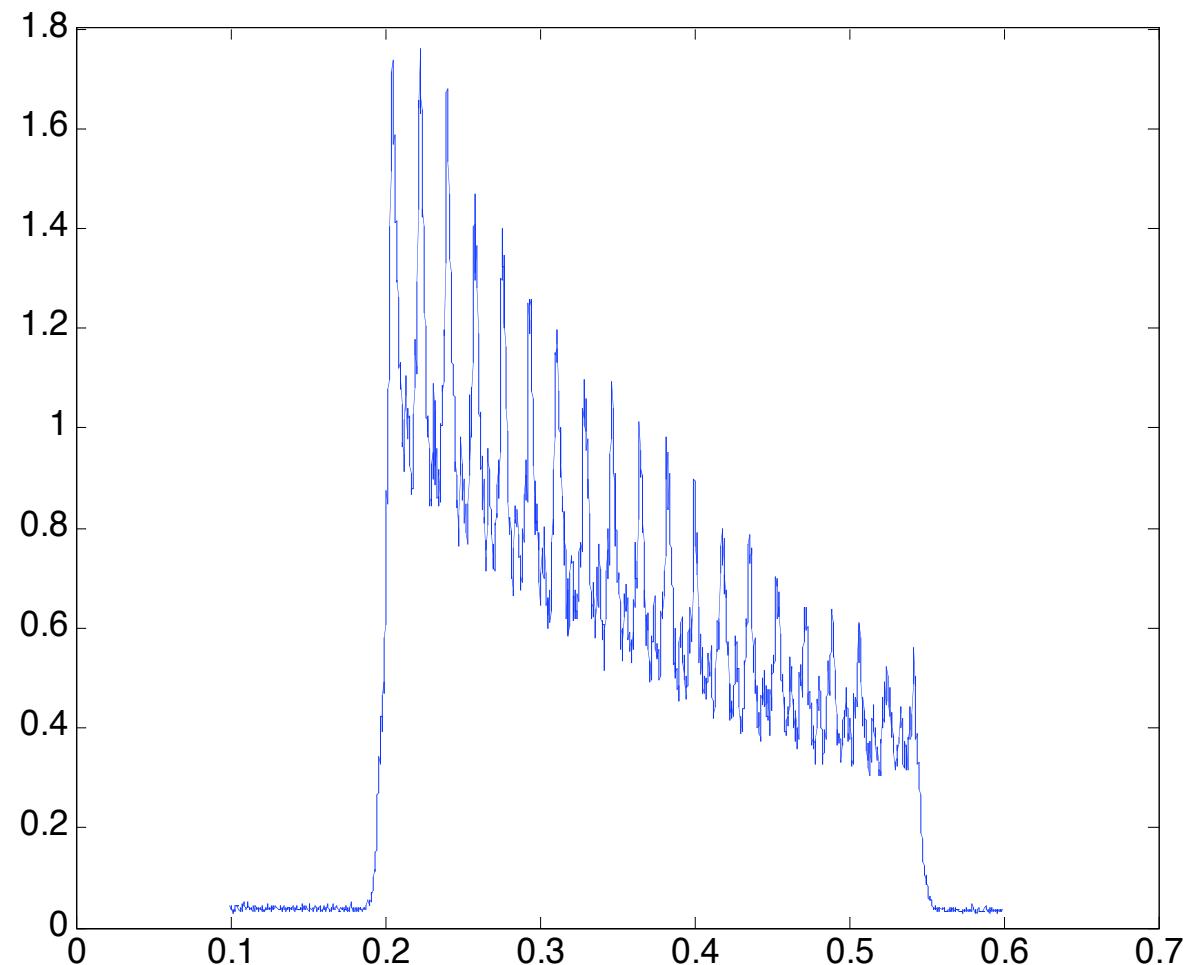


I. Bloch, T. W. Hänsch and T. Esslinger  
Nature 403, 166-170 (13 January 2000)

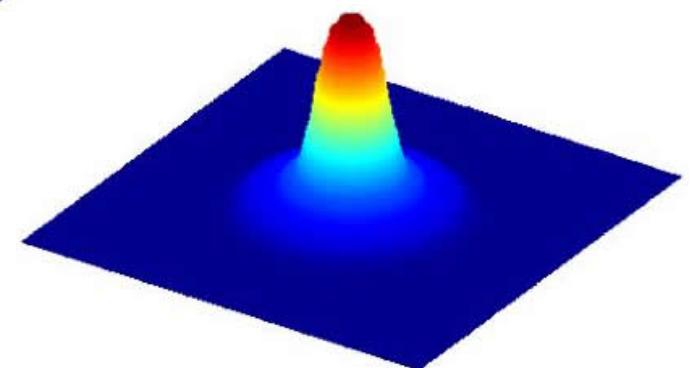
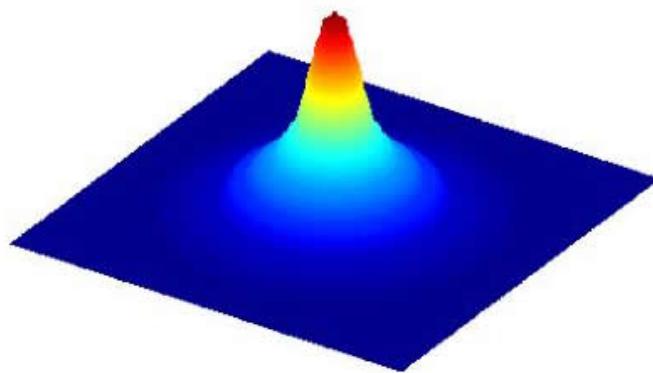
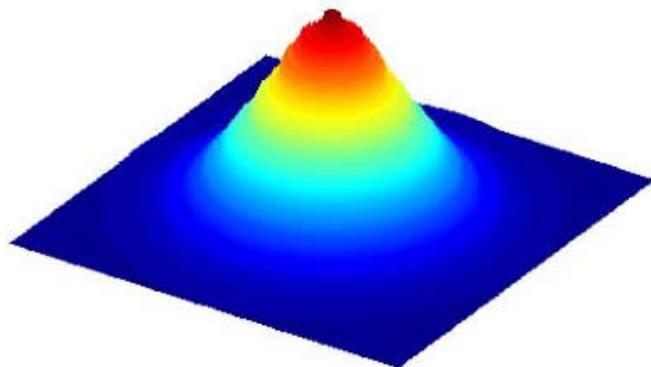
Below  $T_c$



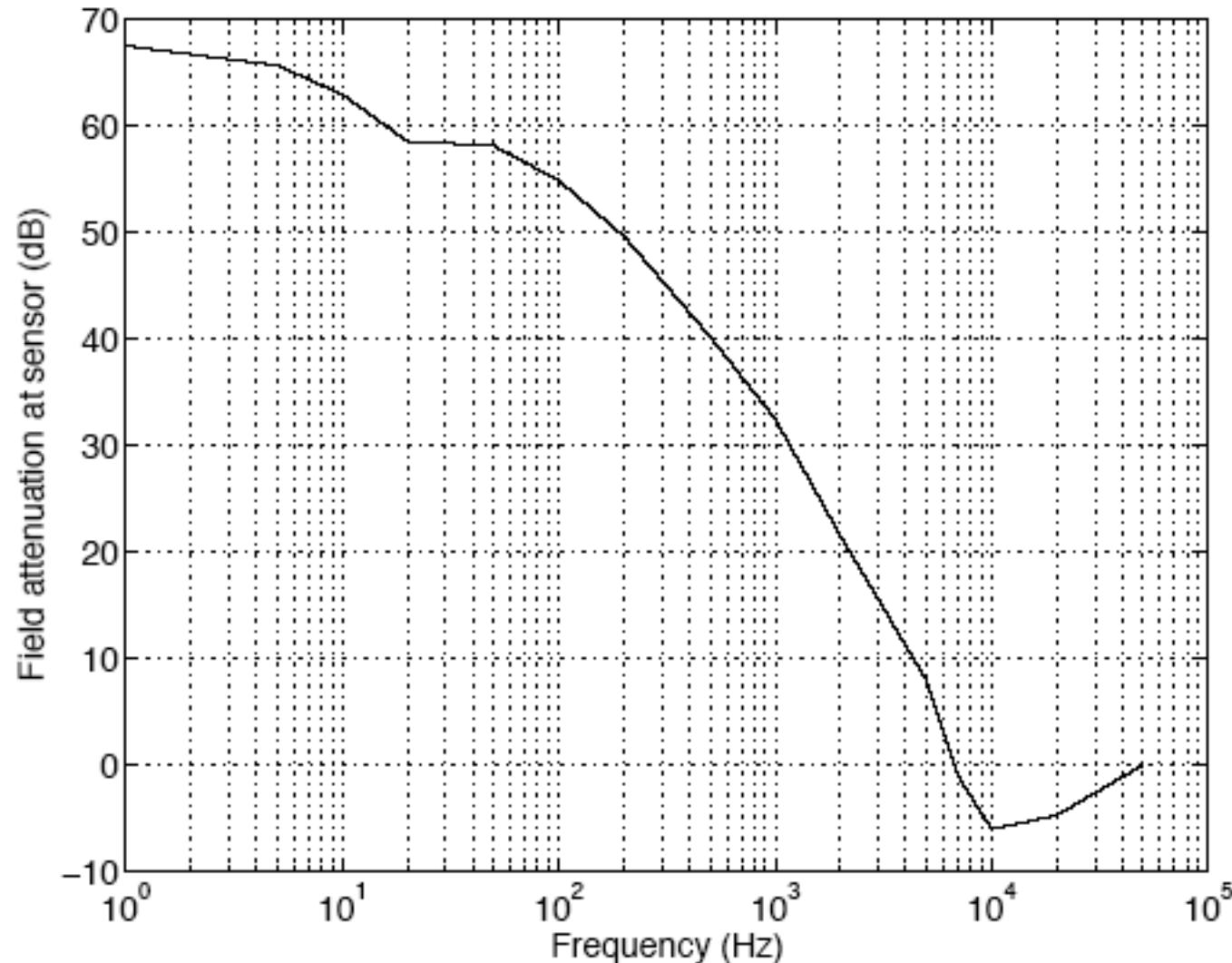
# Measuring trap frequency



# ANU He\* Quantum-Atom Optics



# Field attenuation at the sensor



# BEC Procedure

- $\sim 5 \times 10^8$  He\* atoms in MOT at  $\sim 1$  mK
- Compress MOT by decreasing detuning
- Use 3-D molasses to give 200  $\mu\text{K}$
- Transfer to weak magnetic trap (84 /75 Hz)  
 $\sim 1 \times 10^8$  atoms at 1.3 mK
- 1-D Doppler cooling gives  $\sim 200$   $\mu\text{K}$
- Compress magnetic trap (560/95 Hz)
- Again, 1-D Doppler cooling gives  $\sim 200$   $\mu\text{K}$
- Start evaporation with  $\sim 1 \times 10^8$  He\* atoms