



ugr

Universidad
de Granada

Fachhochschule
Münster University of
Applied Sciences



MÜNSTER UNIVERSITY OF APPLIED SCIENCES
Department of Electrical Engineering and Computer Science

Bachelor Thesis

KALMAN FILTERING APPLIED TO ORIENTATION ESTIMATION IN HUMAN BODY MOTION ANALYSIS

Author:
Robin Weiß

Supervisors:
Prof. Dr.-Ing. Peter Glösekötter
Ph.D. Alberto Olivares Vicente
Prof. Dr. med. Kai Bötzel

*A thesis submitted in partial fulfilment of the requirements for the degree
of Bachelor of Science in Electrical Engineering*

March 2015

Statement of Authorship

I hereby certify that this bachelor thesis has been composed by myself, and describes my own work, unless otherwise acknowledged in the text. All references and verbatim extracts have been quoted, and all sources of information have been specifically acknowledged. It has not been accepted in any previous application for a degree.

Granada, 22th March 2015

Robin Weiß

Preface

This thesis was submitted in partial fulfilment of the requirements for the degree of Bachelor of Science in Electrical Engineering. It describes the implementation of a new Kalman filter based orientation algorithm to improve the estimation of orientation angles by means of inertial sensors.

I took part in the joint research project “Human Body Motion Analysis of Patients with Neurodegenerative Diseases by Means of Inertial Sensors” between the Research Centre for Information and Communications Technologies of the University of Granada (CITIC-UGR), Spain, and the Department of Neurology of the Klinikum Großhadern, which is part of the Ludwig Maximilian University of Munich, Germany. The goal of the overall project was to obtain several gait parameters by wearable inertial sensors and validate them against conventional methods such as force plates and cameras in combination with visual markers. Physicians and medical researchers are interested in this approach of body motion analysis, as it can assist the diagnosis of neurodegenerative diseases such as Parkinson’s. Prior to this thesis I completed a three-months internship at the CITIC-UGR in which I worked on the synchronisation of a force measuring plate and inertial sensors within the above-mentioned project.

MÜNSTER UNIVERSITY OF APPLIED SCIENCES
Department of Electrical Engineering and Computer Science

ABSTRACT

Kalman Filtering Applied to Orientation Estimation in Human Body Motion Analysis

by Robin Weiß

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales commodo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

Contents

Statement of Authorship	i
Preface	iii
Abstract	v
Contents	vii
List of Figures	ix
List of Tables	xi
Abbreviations	xiii
Notation	xv
1 Introduction	1
1.1 General	1
1.2 Motivation	1
1.3 Goals	1
1.4 Methodology	1
1.5 State of the Art	2
1.5.1 Orientation Estimation	2
1.5.2 MARG Sensors in Medical Research	2
2 MARG Sensors	5
2.1 Accelerometers	5
2.2 Gyroscopes	5

2.3	Magnetometers	6
2.4	Inertial Measurement Units	6
2.5	The GaitWatch	6
3	Digital Filters	9
3.1	The Filtering Problem	9
3.2	Wiener Filter	10
3.3	Adaptive Filters	11
3.4	Kalman Filter	11
3.5	Extended Kalman Filter	12
4	Implementation	13
4.1	Realisation in Matlab	13
4.2	Experiments	13
4.3	Results	13
4.4	Discussion	13
5	Conclusion and Future Work	15
5.1	Conclusions	15
5.2	Future Work	16
	Bibliography	17

List of Figures

2.1	Placement of the GaitWatch components at the body adopted from [1].	7
3.1	Block diagram depicting the components involved in state estimation adopted from [2].	10

List of Tables

Abbreviations

CITIC-UGR	Research Centre for Information and Communications Technologies of the University of Granada
IMU	Inertial measurement unit
MARG sensors	Magnetic, angular rate, and gravity sensors
MIMU	Magnetic inertial measurement unit

Notation

- $\mathbf{x}(t)$ Actual state vector of a continuous-time dynamical system at time t .
- $\hat{\mathbf{x}}(t)$ Estimated state vector of a continuous-time dynamical system at time t .
- $\mathbf{y}(t)$ Observation vector of a continuous-time dynamical system at time t .

Introduction

1.1 General

Orientation estimation assisted by inertial sensors have become an integral part of medical diagnosis and therapy techniques as it provides an objective means of monitoring and assessing human body motion.

1.2 Motivation

1.3 Goals

The goal of this thesis was implementing a new Kalman filter based orientation algorithm proposed by Bennett et al. in [3] to improve the estimation of orientation angles by means of inertial sensors. The filter algorithm should be implemented using MATLAB[®] and validated against existing algorithms by comparing their respective error rates. An existing system for human body motion analysis called GaitWatch was available so that no new hardware had to be developed to gather the movement data.

1.4 Methodology

Subsequent to the introductory overview of the subject and the definition of the project objectives, this chapter ends with a description of the state of the art. Chapter 2 outlines the fundamentals of MARG sensors and

gives a detailed description of the GaitWatch device. Chapter 3 explains the theoretical basics of digital filters including the Kalman filter as a particular one. Those are necessary for the actual implementation of the filter and the orientation estimation in Chapter 4, in which also the results are presented and discussed. Finally, Chapter 5 concludes and proposes possible future work.

As additional means to communicate with my supervisor and enable him to follow the progress of the project at any time we used Pivotal Tracker, a tool for agile project management and GitHub, a repository hosting service based on the distributed version control system Git. This thesis is written in the document markup language \LaTeX .

1.5 State of the Art

MARG sensors can be found in smart phones, fitness trackers, and other wearable devices where they have become a prevalent research environment for estimation and tracking of human body motion [3]. They are used in activity monitoring [4][5][6], rehabilitation [7][8], sports training [9][6], and localisation [10][11]. Moreover they have numerous applications in navigation.

There are several research works in the literature dealing with orientation estimation by means of inertial sensors. The state of the art at the commencement of the project is described below. Subsequently, current attempts to revolutionise medical research assisted by inertial sensors are presented.

1.5.1 Orientation Estimation

Given the fact that inertial sensors are used to establish objective body motion parameters that affect medical diagnosis, therapy, and rehabilitation, the need of a high level of accuracy becomes obvious. A wide variety of Kalman filter algorithms have been developed in the literature.

1.5.2 MARG Sensors in Medical Research

In March 2015, Apple Inc. announced an open source framework called ResearchKit [12] that, amongst others, takes advantage of the MARG sensors in the iPhone to track movement of patients in daily life. Thus

medical researchers obtain robust data with far more regularity than it was possible when patients complete tasks at hospitals or other research facilities in irregularly intervals. Moreover, according to Apple Inc. ResearchKit simplifies recruiting participants from all over the world which results in a more varied study group that provides a more useful representation of the population.

In August 2014, the Michael J. Fox Foundation for Parkinson's Research and Intel Corporation [13] announced a collaborative research study on objective measurement of Parkinson symptoms. They aim to collect movement data of thousands of patients twenty-four seven at over 300 samples per second by means of unobtrusive wearable devices and store them on a big data analytics platform. The data platform, deployed on a cloud infrastructure, supports an analytics application that processes the data and detects changes in real time. Thus, by detecting anomalies, the progression of the disease can be measured objectively without the need for scientists to focus on the underlying computing technologies. Physicians and researchers are intended to have access to the data as well as be able to submit their own anonymised patient data for analysis. According to [13] the correlation of data that quantifies symptoms such as slowness of movement, tremor, and sleep quality with molecular data could advance drug development and provide a deeper insight into the clinical course of Parkinson's disease.

Chapter 2

MARG Sensors

MARG sensors is a collective term for magnetic, angular rate, and gravitational sensors. It encompasses inertial sensors, such as accelerometers and gyroscopes, as well as magnetic field sensors, also referred to as magnetometers. This chapter compiles the functional principles of MARG sensors and introduces inertial measurement units (IMUs) as a combination of those. At the end of the chapter the GaitWatch device is described in detail.

2.1 Accelerometers

Accelerometers measure the acceleration of an object relative to an inertial frame. Since acceleration cannot be measured directly, the force exerted to a reference mass is obtained and the resultant acceleration is computed according to Newton's second law $\mathbf{F} = m \cdot \mathbf{a}$ [?]. Microelectromechanical systems (MEMS) accelerometer

2.2 Gyroscopes

Gyroscopes measure angular velocity and are based on the Coriolis Effect. By integrating the angular velocity the rotation angle is obtained [14].

2.3 Magnetometers

Magnetometers measure the strength and the direction of the magnetic field in a point in space, using the relationship between magnetic fields, movement and induced currents [14].

2.4 Inertial Measurement Units

Devices using a combination of accelerometers and gyroscopes to measure the orientation of a solid body with up to six degrees of freedom are referred to as IMUs. If they include magnetic field sensors (magnetometers), they are termed magnetic inertial measurement units (MIMUs).

MIMUs are portable and relatively inexpensive. They can be easily attached to the body and thus allow non-clinical longterm application. Their drawbacks are complex calibration procedures and drift behaviour over time, depending on intensity and duration of the movement. Hence, in order to maintain a satisfactory degree of precision, periodical recomputation of the calibration parameters is required [14].

2.5 The GaitWatch

The above mentioned GaitWatch device we used to gather the movement data was designed to monitor the motion of patients while attached to the body. It was developed at the Department of Neurology of the Ludwig-Maximilians University in Munich, Germany, in association with the Department of Signal Theory, Telematics and Communications of the University of Granada, Spain. The system is composed of a set of embedded magnetic and inertial sensors wired to a box containing a microcontroller. This microcontroller is in charge of collecting data from the embedded box sensors, as well as from the external measurement units, and storing them on a memory card. The various units are placed at the patient's trunk, arms, thighs, and shanks as shown in Figure 2.1. The components of the three different kinds of subunits are described below:

- TYPE A – thighs and shanks:

IMU Analog Combo Board with 5 Degrees of Freedom [15], containing an IDG500 biaxial gyroscope, from which only y-axis is actually

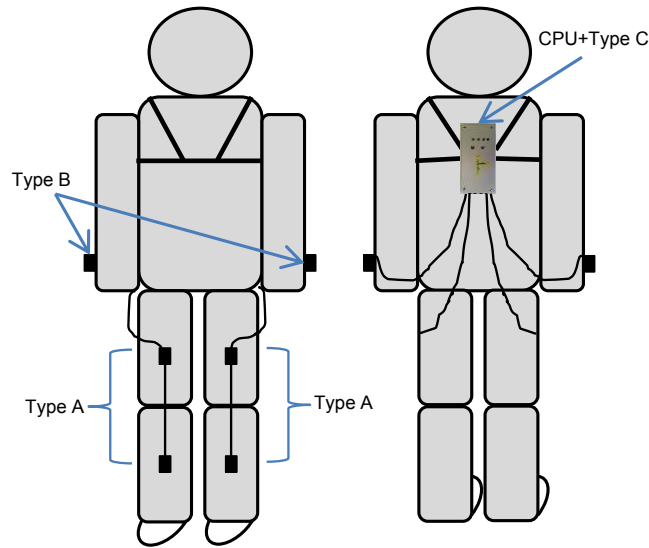


Figure 2.1: Placement of the GaitWatch components at the body adopted from [1].

used, with a measurement range of $\pm 500^\circ/\text{s}$ [16] and a $\pm 3\text{ g}$ triaxial accelerometer, ADXL335 [17].

- TYPE B – arms:

IDG500 biaxial gyroscope with a measurement range of $\pm 500^\circ/\text{s}$ [16].

- TYPE C – trunk:

ADXL345 triaxial accelerometer with a programmable measurement range of $\pm 2/\pm 4/\pm 8/\pm 16\text{ g}$ [18], IMU3000 triaxial gyroscope with a programmable measurement range of $\pm 250/\pm 500/\pm 1000/\pm 3000^\circ/\text{s}$ [19], Micromag3 triaxial magnetometer with a measurement range of $\pm 11\text{ Gauss}$ [20], AL-XAVRB board containing an AVR ATxmega processor [21].

Digital Filters

Conceived in general terms, a filter is a physical device for removing unwanted components of a mixture. In the technical field a filter is a system designed to extract information from noisy, distorted data. That is, the filter delivers an estimate of the variables of principal interest, which is why it may also be called an estimator. Filter theory is applied in diverse fields of science and technology, such as communications, radar, sonar, navigation, and biomedical engineering [2].

In contrast to analogue filters that consist of electronic circuits to attenuate unwanted frequencies in continuous-time signals and thus extracted the useful signal, a digital filter is a set of mathematical operations applied to a discrete-time signal in order to extract information about the hidden quantity of interest. A discrete-time signal is a sequence of samples at equidistant time instants that represent the continuous-time signal with no loss, provided the sampling theorem is satisfied, according to which the sample frequency has to be greater than twice the highest frequency component of the continuous-time signal.

Digital filters can be classified as linear and nonlinear. If the quantity at the output of the filter is a linear function of its input, that is, the filter function satisfies the superposition principle, the filter is said to be linear. Otherwise, the filter is nonlinear.

3.1 The Filtering Problem

Consider, as an example involving filter theory, the continuous-time dynamical system depicted in Figure 3.1. The desired state vector of the

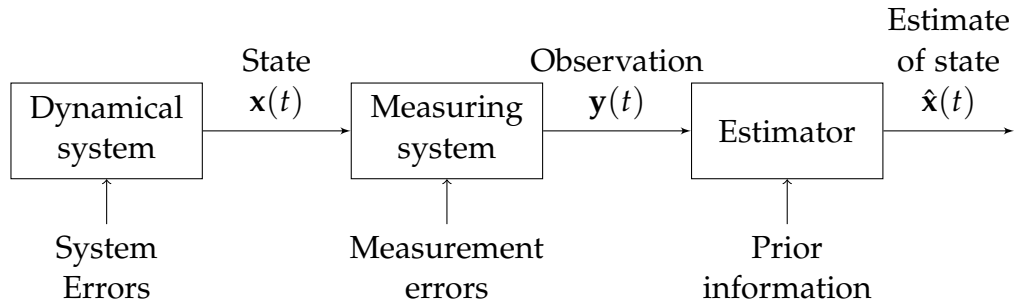


Figure 3.1: Block diagram depicting the components involved in state estimation adopted from [2].

system, $\mathbf{x}(t)$, is usually hidden and can only be observed by indirect measurements $\mathbf{y}(t)$ that are a function of $\mathbf{x}(t)$ and subject to noise. Equally, the equation describing the evolution of the state $\mathbf{x}(t)$ is usually subject to system errors. The dynamical system may be an aircraft in flight, in which case the elements of the state vector are constituted by its position and velocity. The measuring system may be a tracking radar producing the observation vector $\mathbf{y}(t)$ over an interval $[0, T]$. The requirement is to deliver a reliable estimate $\hat{\mathbf{x}}(t)$ of the actual state $\mathbf{x}(t)$, taking prior information into account.

3.2 Wiener Filter

A statistical criterion, according to which the performance of a filter can be measured, is the mean-squared error. Assuming a stationary stochastic process with known statistical parameters as the mean and correlation functions of the useful signal and the unwanted additive noise, the so-called Wiener filter is said to be optimum as it minimises the mean-square value of the error signal. This error signal is defined as the difference between some desired response and the actual filter output.

According to Haykin [2] the essence of the filtering problem is summarised with the following statement:

Since the Wiener filter requires a priori information about the statistics of the data to be processed, it may not be optimum for non-stationary processes.

3.3 Adaptive Filters

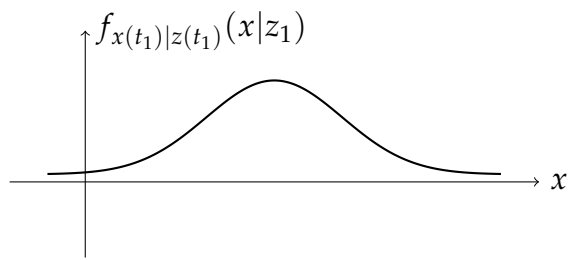
A possible approach to mitigate the limitations of the Wiener filter for non-stationary processes is the ‘estimate and plug’ procedure. The filter ‘estimates’ the statistical parameters of the relevant signals and ‘plugs’ them into a non-recursive formula for computing the filter parameters. This procedure requires excessively elaborate and costly hardware for real-time operation [2]. To overcome this disadvantage one may use an adaptive filter, which is a self-designing system that relies, in contrast, on a recursive algorithm. It allows the filter to perform satisfactorily even if there is no complete knowledge of the relevant signal characteristics. Provided the variations in the statistics of the input data are sufficiently slow, the algorithm can track time variations and is thus suitable for non-stationary environments. The algorithm starts from some predetermined set of initial conditions respecting the knowledge about the system. In a stationary environment it converges to the optimum Wiener solution in some statistical sense after successive iterations.

Due to the fact that the parameters of an adaptive filter are updated each iteration, they become data dependent. The system does not obey the principles of superposition which therefore makes the adaptive filter in reality a nonlinear system. However, an adaptive filter is commonly said to be linear if its input-output map satisfies the superposition principle, as long as its parameters are held fixed. Otherwise it is said to be nonlinear.

3.4 Kalman Filter

The following simple example from [22] is no complete mathematical derivation but an illustrative description of the determination of a one-dimensional position to understand how the Kalman filter works.

Suppose you are lost at sea during the night and take a star sighting to determine your approximate position at time t_1 to be z_1 . Your location estimate is, due to inherent measurement device inaccuracies and human error, somewhat uncertain, and thus assumed to be associated with a standard deviation is σ_{z_1} . The conditional probability of $x(t_1)$, your actual position at time t_1 , conditioned on the observed value z_1 , is depicted in Figure



3.5 Extended Kalman Filter

Chapter 4

Implementation

4.1 Realisation in Matlab

4.2 Experiments

4.3 Results

4.4 Discussion

Conclusion and Future Work

5.1 Conclusions

Summarising the above, I can say that I have learned a lot in the four month that I spent in Granada. Amongst others I have come to know many new work methods, not only due to being exposed to people from a different culture, but also due to the fact that scientific research differs strongly from the work as a student at university. I gained a deeper understanding of orientation estimation and how Kalman filtering improves those. Therefore I had to study the principles of Kalman filters as well as the basics of MARG sensors. I was able to improve my MATLAB® skills and have realised how important it is to write understandable and well commented code, if it is for a larger project and not only for a course-work. I am now familiar with tools such as GitHub and Pivotal Tracker which make working in a team much easier and significantly more efficient. Beside my work at the research centre, where I obtained a valuable insight into scientific research, I read a book about scientific writing that helped me to improve my oral and written English skills during my stay. Furthermore I now know the fundamentals of L^AT_EX.

All in all it was a great experience, professionally as well as personally. I truly and unreservedly recommend such a stay to every university student.

5.2 Future Work

Biomedical research is a very interesting blend of both my major interests, that is, working in the medical field as a paramedic and in the technical field as an electrical engineer. There is a variety of possible future work. One related topic would be the validation of the pitch angles measured with the gyroscopes of the GaitWatch by means of cameras that record the trace of visual markers. From these markers one could compute the pitch angels and compare them to the those of the GaitWatch.

Bibliography

- [1] Alberto Olivares Vicente and Kai Bötzel. *GaitWatch User Manual*.
- [2] Simon Haykin. *Adaptive filter theory*. Prentice Hall, Upper Saddle River, N.J, 2002. ISBN 9780130484345.
- [3] T.R. Bennett, R. Jafari, and N. Gans. Motion Based Acceleration Correction for Improved Sensor Orientation Estimates. In *2014 11th International Conference on Wearable and Implantable Body Sensor Networks (BSN)*, pages 109–114, June 2014. doi: 10.1109/BSN.2014.17.
- [4] P.H. Veltink, H.B.J. Bussmann, W. de Vries, Wim L.J. Martens, and R.C. van Lummel. Detection of static and dynamic activities using uniaxial accelerometers. *Rehabilitation Engineering, IEEE Transactions on*, 4(4):375–385, Dec 1996. ISSN 1063-6528. doi: 10.1109/86.547939.
- [5] B. Najafi, K. Aminian, A. Paraschiv-Ionescu, F. Loew, C.J. Bula, and P. Robert. Ambulatory system for human motion analysis using a kinematic sensor: monitoring of daily physical activity in the elderly. *Biomedical Engineering, IEEE Transactions on*, 50(6):711–723, June 2003. ISSN 0018-9294. doi: 10.1109/TBME.2003.812189.
- [6] M. Ermes, J. Parkka, J. Mantyjarvi, and I. Korhonen. Detection of daily activities and sports with wearable sensors in controlled and uncontrolled conditions. *Information Technology in Biomedicine, IEEE Transactions on*, 12(1):20–26, Jan 2008.
- [7] O. Giggins, D. Kelly, and B. Caulfield. Evaluating rehabilitation exercise performance using a single inertial measurement unit. In *Pervasive Computing Technologies for Healthcare (PervasiveHealth), 2013 7th International Conference on*, pages 49–56, May 2013.

- [8] J. Lupinski, V. Menon, P. Roh, S. Yuen, A. Valdevit, and J. Andrish. Measuring knee compliance to facilitate post-op ligament rehabilitation. In *Bioengineering Conference (NEBEC), 2011 IEEE 37th Annual Northeast*, pages 1–2, April 2011. doi: 10.1109/NEBC.2011.5778529.
- [9] V. Bonnet, C. Mazza, P. Fraisse, and A. Cappozzo. Real-time estimate of body kinematics during a planar squat task using a single inertial measurement unit. *Biomedical Engineering, IEEE Transactions on*, 60 (7):1920–1926, July 2013. ISSN 0018-9294. doi: 10.1109/TBME.2013.2245131.
- [10] Rui Zhang, F. Hoflinger, and L. Reindl. Inertial sensor based indoor localization and monitoring system for emergency responders. *Sensors Journal, IEEE*, 13(2):838–848, Feb 2013. ISSN 1530-437X. doi: 10.1109/JSEN.2012.2227593.
- [11] T. Bennett, R. Jafari, and N. Gans. An extended kalman filter to estimate human gait parameters and walking distance. In *American Control Conference (ACC), 2013*, pages 752–757, June 2013. doi: 10.1109/ACC.2013.6579926.
- [12] Apple Inc. ResearchKit. URL <http://www.apple.com/researchkit>. [Accessed 20 March, 2015].
- [13] The Michael J. Fox Foundation for Parkinson’s Research (MJFF) and Intel Corporation. The Michael J. Fox Foundation and Intel Join Forces to Improve Parkinson’s Disease Monitoring and Treatment through Advanced Technologies. URL <http://goo.gl/PxQAof>. [Accessed 20 March, 2015].
- [14] Alberto Olivares Vicente. *Signal Processing of Magnetic and Inertial Sensor’s Signals applied to Human Body Motion Monitoring*. PhD thesis, University of Granada, Granada, January 2013. URL <http://hera.ugr.es/tesisugr/21910947.pdf>.
- [15] SparkFun Electronics. *IMU Analog Combo Board 5DOF*, . URL <https://www.sparkfun.com/products/retired/9268>. [Accessed 17 March 2015].
- [16] SparkFun Electronics. *Gyro Breakout Board IDG500*, . URL <https://www.sparkfun.com/products/retired/9094>. [Accessed 17 March 2015].

-
- [17] Analog Devices. *ADXL335: Small, Low Power 3-Axis $\pm 3G$ Accelerometer*, . URL <http://www.analog.com/en/mems-sensors/mems-inertial-sensors/adxl335/products/product.html>. [Accessed 17 March 2015].
- [18] Analog Devices. *ADXL345: 3-Axis, $\pm 2g/\pm 4g/\pm 8g/\pm 16g$ Digital Accelerometer*, . URL <http://www.analog.com/en/mems-sensors/mems-inertial-sensors/adxl345/products/product.html>. [Accessed 17 March 2015].
- [19] InvenSense. *IMU-3000 Triple Axis MotionProcessorTMGyroscope*. URL <http://www.invensense.com/mems/gyro/imu3000.html>. [Accessed 17 March 2015].
- [20] SparkFun Electronics. *MicroMag 3-Axis Magnetometer*, . URL <https://www.sparkfun.com/products/retired/244>. [Accessed 17 March 2015].
- [21] ALVIDI. *AVR ATxmega – Development Module*. URL http://www.alvidi.de/avr_xmodul_en.html. [Accessed 17 March 2015].
- [22] Peter S. Maybeck. *Stochastic Models, Estimation and Control: Volume 1*. Academic Press, 1979. ISBN 9780124110427.

