

Lea Leopard
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Education

Bachelor of Science, Kinesiology
 University of La Verne, La Verne, CA

May 2015

Associate of Arts

Mt. San Antonio Community College, Walnut, CA

May 2013

Relevant Experience

Student Athletic Training Intern

August 2014 - Present

San Dimas High School – San Dimas, CA

- Provide support and travel with football, wrestling, basketball, soccer, and volleyball teams
- Develop rehabilitation programs for a variety of ankle and knee injuries from the acute stage until return to play

Personal Fitness Trainer

November 2012 - Present

24 Hour Fitness– Glendora, CA

- Design workouts and diet plans to assist clients reach their nutrition goals
- Conduct weekly check-ins to monitor client's progress which resulted in an increased weight loss percentage
- Create individual training sessions to focus on specific problems (i.e. injuries, obesity, etc.) for gym members.

Other Work Experience

Barista

June 2009 – November 2012

Starbucks – La Verne, CA

- Served customers quickly while maintaining a cheerful attitude in a high-stress workplace.
- Awarded employee of the month July 2012

Certifications

Adult CPR and First Aid – Red Cross
 Certified Personal Trainer - Ace Fitness

September 2013
 October 2012

Special Skills

- Fluent in Spanish
- Proficient in Microsoft Word, PowerPoint, and Outlook