

## **Chapter 1 – The Aggregates Skandas**

### **Five Aggregates:**

Form

Sensation

Perceptions

Formations

Consciousness

### **Aggregate of Form**

#### *Physical Form*

- 4 Primary Elements
  - Earth Element
  - Water Element
  - Fire Element
  - Wind Element
- Eleven Resultant Forms
  - 5 Sense Faculties (see column 1 in table 1)
  - 5 Sense Objects (see below column 2 in table 1)

In the Abhidharma Kosha there is an 11<sup>th</sup> type which is the Imperceptible Form. In the Abhidharma Samuccyaya the 11<sup>th</sup> type is the *5 Forms of the Mental Objects*. These are:

- Deduced Form
- Spatial Forms
- Imperceptible Forms (from taking a Vow)
- Imagined Forms
- Mastered Forms through Meditation

#### *Imperceptible forms:*

- Imperceptible form after having obtained a vow

- Imperceptible form arising from elements embraced by the stream of mind
- Imperceptible form is a certain kind of physical or verbal action

*Form can be of three types:*

- a) Visible and Obstructive
- b) Invisible and Obstructive
- c) Invisible and Non Obstructive

### **Aggregate of Sensation**

This can be divided into 3: Pleasant, painful and neutral

In terms of support there are 18 in total, 6 sensations of eye, ear, nose, tongue, body and mind which can each have 3 of the above sensations.

### **Aggregate of Perceptions**

There are similarly 6 perceptions resulting from contact which relate to the 6 sensations.

There are 6 subdivisions of perceptions:

- 1) Perceptions with characteristics with 3 exceptions
- 2) Perceptions without characteristics (The above 3 exceptions)
- 3) Lesser perceptions (Desire Realm)
- 4) Vast perceptions (Form Realm)
- 5) Immeasurable perceptions
- 6) The perception of nothing whatsoever

### **Aggregate of Formations**

*The five Ever-Present Mental States (As they accompany all cognitive acts):*

- Attraction
- Sensation
- Perception
- Attention
- Contact

*The 5 Object Determining Mental States:*

- Intention
- Interest
- Recollection
- Concentration
- Discrimination

The above 10 Mental States are called the *Ten General Mind Bases*

*The 11 Virtuous Mental States:*

- Faith
- Conscientiousness
- Pliancy
- Equanimity
- Conscience
- Shame
- Non-attachment
- Non-aggression
- Non-delusion
- Non-violence
- Diligence

*The Non-Virtuous Mental States are the 6 root disturbing emotions and the 20 subsidiary disturbing emotions.*

*The 6 Root Disturbing Emotions:*

- Ignorance
- Attachment
- Anger
- Arrogance
- Doubt

- *Belief* of which there are 5 types:
  - The Belief in Transitory Collection
  - The Belief of Holding Extreme
  - Perverted Belief
  - Holding a Belief to be Paramount
  - Holding a Discipline or Ritual

This in total makes 10 disturbing emotions. The two types of holding, Perverted Belief and Doubt are imputations and the rest are both innate and imputed

*The 20 Subsidiary Disturbing Emotions:*

1. Fury
2. Resentment
3. Spite
4. Hostility
5. Envy
6. Hypocrisy
7. Pretense
8. Lack of engagement
9. Shamelessness
10. Concealment
11. Stinginess
12. Self-infatuation
13. Lack of faith
14. Laziness
15. Heedlessness
16. Forgetfulness
17. Non alterness
18. Lethargy
19. Excitement

## 20. Distraction

*The 4 Variables:*

Sleep

Regret

Conception

Discernment

*Non current formation:* A quality or attribute in one's being whether virtuous, Non Virtuous or Neutral which is obtained anew. These are 14 as mentioned in the Abhidharma Kosha:

Dispossession

Same Status or Similar Class

Perceptionless Serenity

State of Non Perception

Serenity of Cessation

Ongoing All Ground not blocked by the state of Non Perception

The Life Faculty and Life Span of a similar class of sentient being

*The 4 characteristics that indicate a conditioned thing and are also Non Current Formations:*

Birth

Subsistence

Aging

Impermanence

*Dharmas of formations also being Non Current Formations:*

The Category of Names

The Category of Words

The Category of Letters

*According to the Abhidharma Samucchaya there are additional Non Current Formations:*

Ordinary person

Regular sequence

Definitive distinctiveness

Connected link

Speed

Sequence

Time

Location

Number

Gathering

### **The Aggregate of Consciousness**

See column 3 in table 1.

*The Consciousness Aggregate consists of 7 categories:*

- 1) The Mind Element
- 2) Six Consciousness Elements (see table 1)

## **Chapter 2 – The Elements Dhatu**

*Table 1*

Sense Faculties	Sense Object	Consciousness (Namche)
Eye Element	Visual Form Element	Eye Consciousness Element
Ear Element	Sound Element	Ear Consciousness Element
Nose Element	Smell Element	Nose Consciousness Element
Tongue Element	Taste Element	Tongue Consciousness Element
Body Element	Texture Element	Body Consciousness Element
Mind Element	Mental Object Element	Mind Consciousness Element

### *The Aggregate of Forms*

Sense Faculties	Sense Object	Consciousness
Eye Element	Visual Form Element	
Ear Element	Sound Element	
Nose Element	Smell Element	
Tongue Element	Taste Element	
Body Element	Texture Element	

### *The Aggregate of Consciousness*

Sense Faculties	Sense Object	Consciousness
		Eye Consciousness Element
		Ear Consciousness Element
		Nose Consciousness Element
		Tongue Consciousness Element
		Body Consciousness Element
Mind Element		Mind Consciousness Element

*The Element of Mental Objects (Dhatu)/Mental Object Sources (Ayatana) are:*

- 3 aggregates of sensation, perceptions and formations
- 5 Imperceptible forms/5 types of forms that are mental objects
- *Unconditioned things which include:*
  - Cessation due to discrimination
  - Cessation not due to discrimination
  - Space
  - Suchness of virtue
  - Suchness of non virtue
  - Suchness of neutral
  - Occasion of blocked cognition at the time of serenity of non perception
  - Occasion of blocked cognition at the time of serenity of cessation

*6 Elements of a person are:*

- Earth
- Water
- Fire



- Wind
- Space
- Consciousness

*Elements that have a Physical Form:*

Sense Faculties	Sense Object	Consciousness
Eye Element	Visual Form Element	
Ear Element	Sound Element	
Nose Element	Smell Element	
Tongue Element	Taste Element	
Body Element	Texture Element	
	Mental Object Element	

*Mutually Obstructive Elements*

Sense Faculties	Sense Object	Consciousness
Eye Element	Visual Form Element	
Ear Element	Sound Element	
Nose Element	Smell Element	
Tongue Element	Taste Element	
Body Element	Texture Element	

--	--	--

### *Undefiling Elements*

Sense Faculties	Sense Object	Consciousness
Mind Element	Mental Object Element	Mind Consciousness Element

Plus the Unconditioned Things

### *The Desire Realm Elements*

Sense Faculties	Sense Object	Consciousness
Eye Element	Visual Form Element	Eye Consciousness Element
Ear Element	Sound Element	Ear Consciousness Element
Nose Element	Smell Element	Nose Consciousness Element
Tongue Element	Taste Element	Tongue Consciousness Element
Body Element	Texture Element	Body Consciousness Element
Mind Element	Mental Object Element	Mind Consciousness Element

### *The Form Realm Elements*

Sense Faculties	Sense Object	Consciousness
Eye Element	Visual Form Element	Eye Consciousness Element
Ear Element	Sound Element	Ear Consciousness Element
		Nose Consciousness Element
		Tongue Consciousness Element
Body Element	Texture Element	Body Consciousness Element
Mind Element	Mental Object Element	Mind Consciousness Element

### *The Formless Realm Elements*

Sense Faculties	Sense Object	Consciousness
Mind Element	Mental Object Element	Mind Consciousness Element

### *Outer Elements*

Sense Faculties	Sense Object	Consciousness
	Visual Form Element	
	Sound Element	
	Smell Element	

	Taste Element	
	Texture Element	
	Mental Object Element	

*The Elements with Focus*

Sense Faculties	Sense Object	Consciousness
		Eye Consciousness Element
		Ear Consciousness Element
		Nose Consciousness Element
		Tongue Consciousness Element
		Body Consciousness Element
Mind Element	Mental Object Element	Mind Consciousness Element

*The Elements with Concepts*

Sense Faculties	Sense Object	Consciousness
Mind Element	Mental Object Element	Mind Consciousness Element

*The 9 elements embraced by personal sensation*

Sense Faculties	Sense Object	Consciousness
Eye Element		
Ear Element		
Nose Element	Smell Element	
Tongue Element	Taste Element	
Body Element	Texture Element	
	Mental Object Element	

## **Chapter 3 – The Sense Sources Ayatana**

Inner sources – what apprehends	Outer sources – what is apprehended
Eye Source (Eye Element)	Visual Object Source (Visual Form Element)
Ear Source (Ear Element)	Sound Object Source (Sound Element)
Nose Source (Nose Element)	Olfactory Object Source (Smell Element)
Tongue Source (Tongue Element)	Taste Object Source (Taste Element)
Body Source (Body Element)	Tactile Object Source (Texture Element)
Mind Source (7 Consciousness Elements)	Mental Object Source (Mental Object Element)

### *The 5 Base Knowables:*

- 1) The Form Base of Appearance is the Form Aggregate
- 2) The Chief Mind Base is the 6 or 8 Collections of Consciousness (according to the Hinyana or Mind Only Schools)
- 3) The Accompanying Base of Mental States is all the Mental States (51)
- 4) The Non Current Formations
- 5) The Base of Unconditioned Things is the Mental Object Elements

## **Chapter 4 – Dependent Origination**

The Seven Related Causes:

- 1) Seed
- 2) Sprout
- 3) Stamen
- 4) Stalk
- 5) Bud
- 6) Flower
- 7) Fruit

The Six Related Conditions:

- 1) Earth
- 2) Water
- 3) Fire
- 4) Wind
- 5) Space
- 6) Time

The 12 Links of Dependent Origination:

- 1) Ignorance
- 2) Formation
- 3) Consciousness
- 4) Name and Form
- 5) The Six Sense Sources
- 6) Contact
- 7) Sensation
- 8) Craving
- 9) Grasping
- 10) Becoming
- 11) Rebirth
- 12) Old Age and Death

*First subdivision of the 12 links*

<b>Propelling Links</b>	<b>Propelled Result</b>	<b>Fully Establishing Links</b>	<b>Fully Established Links</b>
Ignorance	Name and Form	Craving	Rebirth
Formation	The Six Sense Sources	Grasping	Old age and death
Consciousness	Contact	Becoming	
	Sensation		

*Second subdivision of the 12 Links*

<b>Affliction of Disturbing Emotions</b>	<b>Affliction of Karma</b>	<b>Affliction of Life 7 Bases of Suffering</b>
Ignorance	Formation	Consciousness
Craving	Becoming	Name and Form
Grasping		The Six Sense Sources
		Contact
		Sensation
		Rebirth
		Old age and Death

From the 3 Disturbing Emotions come the Two Karmas and from these arise the 7 Bases of Suffering.

The 3 Disturbing Emotions and 2 Karmas along with consciousness are the causes from which all other links arise. So there are 4 links that form the basis of the others



– Ignorance, Craving (within which Grasping is included), Karma and Consciousness.

The 7 Bases of Suffering which are the basis of suffering arise from the cooperating conditions of the 6 elements: inner solid element of earth, the liquid element of water, the warmth element of fire, the wind element, the space element and consciousness element.

*Third subdivision of the 12 Links*

Truth of Origin	Truth of Suffering
Ignorance	Consciousness
Craving	Name and Form
Grasping	The Six Sense Sources
Formation	Contact
Becoming	Sensation
	Rebirth
	Old age and Death

*Fourth subdivision of the 12 Links*

Truth of the Path (Reversal of below)	Truth of Cessation (Ceasing of below)
Ignorance	Consciousness
Craving	Name and Form
Grasping	The Six Sense Sources
Formation	Contact
Becoming	Sensation
	Rebirth
	Old age and Death