

# HOW TO **GET** WHAT YOU WANT



A GHOST CODE REVEALED BY  
**ALEX WHITTAKER**  
MASTER YOUR PRIMARY SKILL IN LIFE

**Our lives are a direct  
result of information  
we aquire, and the  
skills we build and  
then apply.**

**If you desire to get what  
you want more often in life  
you must first learn how.**

**So lets begin a  
journey of discovery  
that could change  
your life forever.**

# **HOW TO GET WHAT YOU WANT**

**A ghost code revealed.**

**By**

**Alex Whittaker**

**Master your primary skill in life.**

**This book is  
dedicated to three  
stars in my life,  
may you shine  
forever as bright as  
you do in my eyes.**

**Only when  
you look  
deeply do you  
see what is at  
the bottom of  
things .**

Some guy.



## **Chapter 1**

# **The Big Questions.**

**Have you ever struggled in  
life?**

**Have you ever wanted  
something and failed to get it?**

**Why is that?**

**Why is it if we can get  
what we want sometimes,  
we cant get what we want  
all the time ?**

**Afterall we master many  
other skills and can achieve  
them time and time again.**

# WHATS THAT ?

I can hear your mind screaming out,  
its impossible to get what you want  
over and over again. Eventually  
your run of succes will end.

## Consider this.

Every single thing that has ever been  
done was first done by somone who  
had never done it before.

They may have stumbled along  
the way but you can only truley  
fail once you quit.

The problem with getting  
what you want over and over  
again is we simply do not  
know how to do it.

# HOW DO YOU GET WHAT YOU WANT?

The most common answer I hear is

**I dont know**

But this is just a reflex answer because the mind is very reluctant to expend energy unless its nessasary, but when it dose

The next type of answers I hear are similar to ....

**"I try hard."**

**"I never give up."**

**"I persist."**

**"I commit."**



All of these are reasonable answers but they do not offer any applicable actions to identify or repeatedly apply.

These kind of answers are flimsy concepts that only go in circles, for example.

"I never give up." **How?**

"I work hard." **How?**

"I commit?" **How?**

"I persist." **How?**

"I never give up." **How?**

And around and around we go without any true understanding of how we get what we want.

# **The ability to get what we want is our fundamental skill in life.**

With out it we could not achieve anything. We want to survive , we want to thrive we want to be happy we want to be healthy and wealthy in all aspects of life.

We literally can not achieve anything without this skill.

## **So why are we so bad at it?**

In the earliest moments of our cognitive lives around the terrible two's we begin to experiment with different techniques to get what we want.

## **TANTRUMS INCLUDED**

We learn through trial and error developing an invisible formula that never really gets analysed or reviewed for its validity or efficiency.

And for that reason the process of how we get what we want goes unnoticed ,hidden just out of plain site



Because it hides just out of plain site and is rarely talked about it , I have named it

# **THE GHOST CODE**

And because it sounded cool.

## **What is the ghost code ?**

The Ghost code is a five step process I created to explain how you get what you want.

And once you understand how then you can begin to master it.