

# The Task Concept

## Overview document

In Lenya CMS, a **task** is used to implement a process which can be invoked by the user. Tasks are triggered from the sitemap using a [TaskAction](#) (taskaction.html) or [scheduled](#) (scheduling.html) using a TaskJob.

## Typical tasks are

- publishing a page,
- exporting a page to a live server,
- manipulating a file,
- sending an e-mail, or
- creating a backup of your site.