

Caroline Walt

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For over three years I have been a core staff member for Swedish Medical Center as I progressed in my healthcare career. I started as a Patient Care Technician for the neurology unit learning the demands and challenges of the fast-paced acute care environment. After completing my advanced med-surg course in nursing school I transferred to the Trauma ICU as a nurse extern. As a nurse extern I gained knowledge and hands-on skills while assisting nurses caring for critically ill patients. After completing my capstone rotation in the Trauma ICU, I was offered a nursing position on the team. As a Registered Nurse at Swedish Medical Center, I have gained unmatched experience across multiple specialties including the neuroscience center, American Burn Association verified burn and reconstruction center, and level 1 trauma center. The Trauma ICU is my home unit, but I am known as an honorary member of several units because I frequently float to help with staffing needs across the facility. This has given me opportunities to learn about various specialized treatments and work with different providers and their teams. Most recently I have provided coverage as relief charge nurse for the newly established Neuro Step Down Unit. This has provided a new perspective and respect for administrative functions and processes of the hospital.

I look forward to discussing the opportunity to join your team.

Work Experience

Registered Nurse

Swedish Medical Center - Englewood, CO

February 2023 to Present

- Patient care for critically ill and unstable patient population of a level 1 trauma center.
- Manage patient care devices including ventilators, EVDs, EEG, arterial lines, Cerebellum, cool/warming, NICOM, abdominal pressure monitoring, chest tubes and wound vacs.
- Manage medication titrations to meet patient care goals.
- Assist interdisciplinary team with bedside procedures such as line insertion, intubation, bronchoscopy, and EGD.

Nurse Extern

Swedish Medical Center - Englewood, CO

April 2022 to January 2023

- Fulfill the roles and responsibilities of a patient care technician.
- Perform nursing skills and procedures such as IV start, lab draws, foley catheter placement/removal, placement of nasogastric tubes, tube feed administration, and bedside assistance to members of interdisciplinary healthcare team.

Patient Care Technician

Swedish Medical Center - Englewood, CO

October 2020 to March 2022

- Direct patient care and assistance to nursing team for a high acuity patient population.

- Support safety and risk prevention protocols to promote patient outcomes as well as unit and hospital quality initiative goals.
- Cross trained to perform administrative duties of unit secretary.

Education

Associate of Applied Science in Nursing

Arapahoe Community College - Littleton, CO

January 2021 to December 2022

B.A. in Human Services

Fort Lewis College - Durango, CO

August 2004 to May 2009

Nursing Licenses

RN

Expires: September 2025

State: CO

Skills

- Nursing
- ICU Experience
- Critical Care Experience
- Critical thinking
- Adaptability
- Teamwork
- Acute care
- IV insertion

Certifications and Licenses

RN License

CPR Certification

BLS Certification

TNCC Certification

ACLS Certification

Compact State Nurse License