

Home Made  
with love

THE  
MUMMA  
SECRET<sup>®</sup>

*Taste nature, taste love.*

# Mom knows the best and that is no secret



I vividly remember how my mom would treat me to her home-made murabbas and chyawanprash in my childhood. Though I must admit, at that time I loved them more for the taste and less for anything else, now I realize that they were so full of health.

Indeed, we all were so blessed to taste the pure delight.

When I became a mom, like every mother, I too wanted to give the best to my baby. I scoured the market endlessly for the right products for my precious one, but all I could find was glossily packaged food items with artificial content - sugar, chemicals and preservatives. Even the "so called" baby food was no exception! "My baby deserves the Best," I thought to myself.

And then came The Mumma Secret. Creating something that is 100% pure, natural, safe and subtle, as baby food should be or for that matter any food should be!

I began making jams and ketchup at home with 100% natural ingredients and in a completely natural way. It was a lot of hard work but certainly worth the effort, I was glad to see my baby savouring it! The joy and satisfaction of seeing him eating something healthy and full of nutrients, just can't be put in words. I am sure all moms know the feeling :)

This encouraged me to keep creating things one after another with success. Soon I realized the very source of it - it is my mom! Her age-old recipes, her inspiration, the healthy secrets that she passes on to me during our casual chats, all these were making my creations special. My love and respect for her grew even stronger. All my heart can say is, "Thank You Mom."

The Mumma Secret is dedicated to my mom and her secrets, which now I wish to share with everyone and spread the happiness of healthy indulgence. Made at home, with loads of love, The Mumma Secret creations are low in sugar, contain no artificial preservatives, colours and flavours. Healthy and safe, they are something that the kids will love, grown-ups will enjoy, and most importantly, every mom would approve of!



**Shrijika Parikh Agrawal**

Founder

**The Mumma Secret -**

*Taste nature, taste love.*

# ♥ Our Basket

**JAM/ CONSERVES/  
SPREADS**



**KETCHUP**



**PRESERVE/ RELISH**



**IMMUNE BOOSTER**



**SPICES**



**GRANOLA**



**PICKLES**



**FLOURS**



**BUTTERS**



When life gives you lemons, throw them away and ask for  
**Jams, Spreads & Conserves!**



**STRAWBERRY BASIL JAM**

200 gms - ₹350



**FIG CINNAMON JAM**

200 gms - ₹500



**DATES AND ORANGE SPREAD**  
*With Clove*

200 gms - ₹350



**APRICOT PISTACHIO CONSERVE**  
*With Ginger And Rosemary*

200 gms - ₹550



**APPLE CHILLI JAM**

200 gms - ₹350



**KIWI JAM**  
*With Star Anise*

200 gms - ₹350

Spices make everything better♥♥



### ARTISAN GARAM MASALA

30 gms - ₹150	100 gms - ₹200
250 gms - ₹375	500 gms - ₹750



### ARTISAN JEERAVAN

30 gms - ₹150	100 gms - ₹200
250 gms - ₹375	



### ARTISAN CHAI MASALA

30 gms - ₹150	100 gms - ₹200
250 gms - ₹375	500 gms - ₹750



### GULAB THANDAI MASALA

25 gms - ₹100	80 gms - ₹250
250 gms - ₹750	



### Spice it up Combo

30 gms each  
(Garam Masala, Chai Masala, Jeeravan) - ₹350

Let's Ketchup



**TOMATO KETCHUP \***

100 ml - ₹125	500 ml - ₹475	1 ltr - ₹850
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(\*Also available without onion & garlic on order basis )

Not everyone is blessed with beauty and GRAIN



NO  
SUGAR

**CHAI SPICE GRANOLA**  
*With Macadamia*

80 gms - ₹350	350 gms - ₹800
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Life is too short to skip  
Preserves & Chutneys



MADE WITH  
ORGANIC  
RAW CANE  
SUGAR

**SHAHI GULKAND- ROSE PRESERVE**

150 gms - ₹200	500 gms - ₹550
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Immune Boosters are  
always a good idea♥♥



**CHYAWANPRAHA\***

200 gms - ₹300	1 kg - ₹1200	1 kg - ₹1500 (Vegan)
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**CHYAWANPRAHA\* (KIDS)**

200 gms - ₹300	1 kg - ₹1200	1 kg - ₹1500 (Vegan)
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**POWER IMMUNE**

80 gms - ₹250	250 gms - ₹750
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\* Vegan chyawanpraha available on pre order basis



## Health Flour



### ORGANIC SATTU FLOUR

100 gms - ₹100

250 gms - ₹200



### ORGANIC SPROUTED RAGI FLOUR

500 gms - ₹350



### HEALTH MIX (SATTU MAAVU)

500 gms - ₹500



life is short,  
eat your Butter



NO  
SUGAR  
SALT  
OIL

**ALMOND BUTTER**

180 gms - ₹500

NO  
SUGAR  
SALT  
OIL



**ORGANIC PEANUT BUTTER**

180 gms - ₹350

WITH  
COCONUT  
SUGAR



**CHOCO HAZELNUT BUTTER**

180 gms - ₹600



**Butter it up Combo**

50 gms each  
(Almond, Organic Peanut, Choco Hazelnut) - ₹450

# Zara sa Achar

For Bahoot sara maza



**GAUR KERI**



**CHOONDO**



**KHATTA MEETHA NIMBU**



**KHATTA KERI**



**MIRCHI**



**KERI LONJI**

100 gms - ₹150

500 gms - ₹450

1 kg - ₹850

Note : Ginger Garlic, Mix Veg., Chana Methi & Gaunda Keri available on pre-order.

## Gifting is the THERAPY



We do cater Birthday parties, Baby showers,  
Baby announcement & other special occasions.

## Music to our ears

Thank you so much The Mumma Secret (TMS) for offering such wide range of healthy products not only for little ones but for adults as well. I strongly vouch for the tasty products of TMS, prepared using the best organic quality of ingredients rich in antioxidants, micro-nutrients & flavonoids. Maintaining the best food safety & hygiene standards, its products upholds the bio-availability of ingredients served to their customers without using any artificial colors or preservatives. Cooked with love & warmth, The Mumma Secret (TMS) surely takes you back to the delicious era of your grandmother's ancient cooking methods that serves various medicinal purpose as well as are immunity boosters. Keep up the good work TMS. Kudos for spreading yumminess and nutrition through your basket full of lovely healthy products.

**- Shailvi Shah,  
Public Health Nutritionist**

I am a big fan of mumma secret product range as it is sourced and made with superb quality ingredients.. Plus the products are made without added sugar which is a bonus.

**-Shresthi Kothari, Nutritionist**



**Amrita Vyas** recommends The Mumma Secret.

1 Jun 2017 · 🌱

5 stars

This review is for everyone who is fond of quality organic food. In today's world of preservatives and additives, there is hardly anything that is unprocessed. I stopped buying jams and sauces after reading the food labels that were high in sodium and refined sugars but I am glad I found Mumma Secret! I got Chawanprash, Fig Cinnamon Jam and Apricot Pistachio Jam from Mumma Secret and trust me, it was so yummy that everything got over within a week. I love the fact that all the contents are locally produced and made freshly with natural ingredients. Most importantly, there is no refined sugar added in the products and everything is naturally sweetened. I use it everyday as a spread on my morning toast, it comes in cute jars filled with taste and health! I recommend Mumma Secret to all those who believe in healthy eating.



**Ginni Chhabra** recommends The Mumma Secret.

1 Aug 2018 · 🌱

5 stars

I am an ardent fan of the mummamas secret for the simple reason tat they make their products wit 100% natural pure authentic healthy ingredients with no artificial flavours or preservatives. The best part is tat all products are sumptuous and healthy at the same time . I have relished their almond butter , chawanprash , pickles, garam masala , tea masala, protein mix pack .. the list is endless . Tis is all because everything is made with sheer love and affection . Way to go the mumma secret 💎💎



**Prachi Narang** recommends The Mumma Secret.

09-Aug-2017 · 🌱

5 stars

We loved every bit of it ... Right from packing to taste everything is superb, my lo is enjoying all jams and I am relived as they are made from heart and pure ingredients without preservatives. Thanks Shrijika 😊

"Our food is a creation  
and not a product ,  
Our ingredients are grown in farms  
and not in labs,  
Our creations are made in a kitchen  
and not in a factory,  
Our recipes are age-old,  
and made with love  
With us you would know  
tasty and healthy means  
the same...

Where to find us? ohh here !



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 <https://twitter.com/themummasecret>

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