

THIS IS NOT ABOUT BURNOUT.

HOW MUCH HOPE, TRUST, & BELONGING ARE YOU FEELING?



Use the scale(s) to mark how much hope, trust, and belonging you're currently feeling.

HOPE

- I believe things will change for the better
- Things are moving in the right direction
- Good things are going to happen here

				
---	--	---	--	---

TRUST

- I trust Penn Medicine
- Penn Medicine is open and up front with me
- Penn Medicine has good motives and intentions
- I expect Penn to treat me in a consistent, predictable, and fair way

				
---	--	---	--	---

BELONGING

- I fit in at work
- I am valued by Penn Medicine
- My thoughts and opinions are valued
- Penn Medicine recognizes my strengths

				
---	--	---	--	---

Go deeper.

What are the factors that most strongly affect, positively or negatively, your feelings of hope at Penn Medicine?

What are the factors that most strongly affect, positively or negatively, your feelings of trust at Penn Medicine?

What are the factors that most strongly affect, positively or negatively, your feelings of belonging at Penn Medicine?

THIS IS NOT ABOUT BURNOUT.

HOW MUCH HOPE, TRUST, & BELONGING ARE YOU FEELING?



Group Discussion

What would a **hope** rating of 😊 look like? What relationships, resources, or support would need to be present to achieve this?

-
-
-

What would a **trust** rating of 😊 look like? What relationships, resources, or support would need to be present to achieve this?

-
-
-

What would a **belonging** rating of 😊 look like? What relationships, resources, or support would need to be present to achieve this?

-
-
-

Notes

We would love to connect further and learn more from you!

Do you have thoughts or feelings on our work? How are you currently leading wellbeing initiatives at your place of work? Did anything today shift your perspective?

Please reach out!

Brenna.McGinnis@pennmedicine.upenn.edu
Kenneth.Tomczuk@pennmedicine.upenn.edu