



MIND BODY NUTRITION, PLLC

KICKING OFF THE NEW YEAR!

JANUARY FOOD FOR FERTILITY
EDUCATION AND SUPPORT CLASS

Join women cooking, tasting, and learning how to
optimize fertility.

CLASS DETAILS:

Saturday, Jan 4th 9:00 - 10:15 am,
followed by a 30 minute fitness walk.

Seattle Reproductive Medicine
1505 Westlake Ave. N, 3rd Floor
Seattle, Washington 98109

FEE:

\$55 (includes food)

REGISTER:

Email judy@mind-body-nutrition.com