

PANGASINAN IRRIGATION MANAGEMENT OFFICE

Gertificate of Zarticipation is presented to

JANE L. ISALMO

for having participated in the

AND COPING WITH DEPRESSION AMIDST COVID-19 SITUATION SEMINAR ON ANXIETY & STRESS MANAGEMENT

held at the NIA Regional Training Center, Urdaneta City, Pangasinan on October 30, 2020.

Presented this 30th day of October, 2020

BRUCE MARVINM. RUARO, SMRIEGA Resource Person

Division Manager

ENGR. ANGELIT

Regional M

ENGR. GAUDENGIO M. DE VERA