

VI. VOLUNTARY WORK OR INVOLVEMENT IN CIVIC / NON-GOVERNMENT / PEOPLE / VOLUNTARY ORGANIZATION/S						
29.	NAME & ADDRESS OF ORGANIZATION (Write in full)	INCLUSIVE DATES (mm/dd/yyyy)		NUMBER OF HOURS	POSITION / NATURE OF WORK	
		From	To			
	N/A	N/A	N/A	N/A	N/A	
(Continue on separate sheet if necessary)						
VII. LEARNING AND DEVELOPMENT (L&D) INTERVENTIONS/TRAINING PROGRAMS ATTENDED						
(Start from the most recent L&D/training program and include only the relevant L&D/training taken for the last five (5) years for Division Chief/Executive/Managerial positions)						
30.	TITLE OF LEARNING AND DEVELOPMENT INTERVENTIONS/TRAINING PROGRAMS (Write in full)	INCLUSIVE DATES OF ATTENDANCE (mm/dd/yyyy)		NUMBER OF HOURS	Type of LD (Managerial/ Supervisory/ Technical/etc)	CONDUCTED/ SPONSORED BY (Write in full)
		From	To			
	SEMINAR ON SEXUAL ORIENTATION AND GENDER IDENTITY AND EXPERIENCE	10/13/2021	10/13/2021	8	TECHNICAL	PANGASINAN IRRIGATION MANAGEMENT OFFICE
	SEMINAR ON R.A 9710: MAGNA CARTA FOR WOMEN & R.A 9262: ANTI - VIOLENCE AGAINST WOMEN & THEIR CHILDREN	03/19/2021	03/19/2021	8	TECHNICAL	PANGASINAN IRRIGATION MANAGEMENT OFFICE
	GENDER-BASED EFFECTIVINESS SKILLS TRAINING	03/04/2021	03/04/2021	8	TECHNICAL	PANGASINAN IRRIGATION MANAGEMENT OFFICE
	GENDER SENSITIVITY TRAINING	12/10/2019	12/10/2019	8	TECHNICAL	PANGASINAN IRRIGATION MANAGEMENT OFFICE
	SEMINAR-WORKSHOP ON HOW CAN RESILIENCE HELP ME THRIVE: WELL-BEING AND RESILIENCY IN THE WORKPLACE	12/16/2020	12/16/2020	8	TECHNICAL	PANGASINAN IRRIGATION MANAGEMENT OFFICE
	SEMINAR ON ANXIETY & STRESS MANAGEMENT AND COPING WITH DEPRESSION AMIDST COVID 19 SITUATION	10/29/2020	10/29/2021	4	TECHNICAL	PANGASINAN IRRIGATION MANAGEMENT OFFICE
(Continue on separate sheet if necessary)						
VIII. OTHER INFORMATION						
31.	SPECIAL SKILLS and HOBBIES	32.	NON-ACADEMIC DISTINCTIONS / RECOGNITION (Write in full)	33.	MEMBERSHIP IN ASSOCIATION/ORGANIZATION (Write in full)	
	VOLLEYBALL/BIKING		N/A		N/A	
	COMMON OPERATING SYSTEM					
(Continue on separate sheet if necessary)						
SIGNATURE				DATE		