



PANGASINAN IRRIGATION MANAGEMENT OFFICE

This

Certificate of Participation

is presented to


JANINE L. GALARAGA

for having participated in the


**SEMINAR ON ANXIETY & STRESS MANAGEMENT
AND COPING WITH DEPRESSION AMIDST COVID-19 SITUATION**

held at the NIA Regional Training Center, Urdaneta City, Pangasinan
on October 27, 2020.

Presented this 27th day of October, 2020


BRUCE MARVIN M. RUARO, SMRIEd
Resource Person


ENGR. ANGELITO S. MIGUEL
Regional Manager A


ENGR. GAUDENCIO M. DE VERA
Division Manager - Pangasinan IMO