

VOLUME III



Alpha Phi Omega

LEADERSHIP. FRIENDSHIP. SERVICE.

Chi chapter | Alpha Kappa | Fall 2013

Family Photoshoots



SERVICE

Check out some super fun service events from the past few weeks!



Belmont Senior Living

A small group of brothers made their way to the Belmont Senior Living on 11/6 to volunteer with seniors with Alzheimer's. They painted and set up nice vases full of fall-colored plants for them to paint. Jun helped a nice guy named Doc who couldn't see too well. Maple and Judy also helped people in the group paint their pictures. At the end of the hour, they helped clean up and said good-bye to the seniors. It was super fun getting to know the elderly and helping them with arts and crafts.

Brides for a Cause

On 11/8, a bunch of lovely ladies helped brides sort out and try on wedding dresses. Then they even got to try on dresses themselves!



Veterans Day Service

APO brothers got down and dirty on 11/9 to revive the outdoor landscape of Valerio Elementary. They had to weed, lay tarp, and put mulch on tarp. How fun!



SRLA Universal Backlot

On 11/17, a group of brothers got up bright and early for service at 5AM! During the event, volunteers help set up for a 15k run for young students from all over Los Angeles. Some of them supervised the food, others picked up trash, and some passed out T-shirts. Even though it was early, everyone's spirits were so high and encouraging.



FELLOWSHIP

Check out what brothers
of APO like to do for fun!



Gym-Flow

On the afternoon of 11/7, a bunch of brothers hit the gym to work towards firm abs and tight booties. George was David's cheerleader and weight getter. Brian tried to teach Diane the SUPER CIRCUIT for shoulders but it was too much for a swole person like her. Danny's arms were too long for the shoulder machine so it didn't work on him. Chanel ran on the treadmill and Hazel went on the elliptical. Anna and Amanda want more exercise fellowships so they can become more fit than they are already. Everyone enjoyed working out and being healthy.

Pampering Night

Facial nights are the best! On 11/12, brothers learned how to properly care for their skin. We followed a 3-step routine: exfoliate, put on cleansing mask, and then hydrate to replenish skin moisture. The atmosphere was warm and homey, with the rose scent of candle and delicate sound of conversations gently pervading the air.



Movie Night

What better way is there to spend a Thursday night than to watch the cutest animation ever (Wreck It Ralph) with a great group of friends? On 11/14, a bunch of brothers gathered in Maiko's room for movie night. Those who stayed awake were laughing at all the puns and crying at all the emotional scenes. There were cheese balls and those things are good. Everyone enjoyed the movie even though they wished there was a bigger TV.

Guess the Baby!



What's your favorite food?



Chanel Ng

My favorite food is curry! Curry is essential to the human soul. Once you've had curry, then you've successfully lived life to the fullest. I like all types of curry as long as it's chicken. Curry is awesome because the spices create an explosion of flavors in your mouth that no other food can do. It's also great because afterwards you warm up your tummy as well. My favorite type of curry is Pakistani curry.

Jon Widjaja

I like burgers because it's so freakin' good and has all your carbs, veggies, and meat together in one place. When you take a bite into a quality-made burger, you not only immerse the taste buds in your mouth with deliciousness, your mind and body just follow suit in harmony to the point where if someone talks to you, you can't even respond because your mouth is just temporarily engaged in a heavenly relationship. Shout out to Maggie Poon: Hi wittlez!



Michelle Tanuwidjaja

A restaurant I recommend if you are not health conscious is Beer Belly in Koreatown. Their food is super good. Go with a group so u can share everything. Must try the duck fat fries, maple bacon grilled cheese & catfish and chips!!

Tracy Lin

My favorite food right now is hot pot. My family is in our hot pot phase right now where we eat hot pot more than once a week. Crazy huh! There's this new hot pot place I found in Diamond Bar that brings about a new way to eat hot pot! It's called "Paper Pot" where you cook all the yummy meat and vegetables in paper!



Kevin Lee

I really like Coffee Tomo. As a UCLA student, you're always in need of a local go-to study place. Coffee Tomo on Sawtelle has fine quality coffee and tea drinks as well as a nice atmosphere for your next study session!

Have a great Thanksgiving!



Just a few reasons why Thanksgiving is such a great holiday:

1. There is just an overall positive mood, everyone is able to gather with their favorite people and eat delicious food. There's at least one type of food on the dinner table that each and every person loves.
2. It's a nice little break in the midst of the hectic fall quarter where people can unwind and celebrate things they are thankful for.
3. It is always the fourth Thursday of November, and it leads right to the chaos of Black Friday.
4. Thanksgiving is the start of the holiday season. It starts off the winter season perfectly leading to a subsequent month of happiness-filled memories and Christmas!!



Instagram

Follow us @apoucla

If you have any fun and interesting pictures, text it to Admin VPs! :)



Hope you enjoy newsletter 3!
Love, Admin VPs

Comments/suggestions?
Email: apoxadmin@gmail.com

Looking Good Night

Have fun at LGN this Friday! We hear the talent show will be poppin' and the food will be yummy! Don't forget to take loads and loads of pictures!



*I knew when
I met you an
ADVENTURE
was going to happen!*
Winnie the Pooh

Big/Little date

Send us cute pictures from your big/little missions!! It's so adorable to see all of you guys strengthen your big little relationships through various fun activities.

Secret Brother

Find something that will remind your secret brother about his/her hometown! Winter break is just around the corner and everyone must be missing home by now.

I am thankful for...

All you guys in Alpha Phi Omega because we are all brothers and whenever we're together it's nothing but laughter and happiness (:

