

# Alpha Phi Omega

## Iota Phi Chapter

### LFS Spotlight of the Week



Interview with Connor Chang

#### Leadership: Stress Management

Tuesday 04/09/13

It taught me how to manage stress in more ways than one and it was also very interactive. Kevin Ta led the workshop very well and made the workshop very entertaining. The skits that we did were totally awesome.

### Announcements

#### S2K13 – REQUIREMENTS TO PICK UP A LITTLE BRO

- Fill out a BB/LB form and turn into pledge parents by April 14<sup>th</sup>, 11:59pm.
- Complete at least **TWO** interviews with BB/LB chairs or pledge parents by PLEDGE RETREAT (April 5<sup>th</sup>).
- Not be on the blacklist, must have **all** fees paid off by April 14<sup>th</sup>.
- Not owe (or have anyone in your line/branch owe) money for RUSH T-shirts.
- Pay S2K13 Associate/Active dues by date determined by FIVPs.
- Sign-up and complete one flyering shift.
- Attend one meet-n-greet during the week of March 4<sup>th</sup> – 8<sup>th</sup>.
- Complete one service event (flyering does **not** count) - tracked by April 14<sup>th</sup>.
- Be available to attend one Big Bro/Little Bro workshop with your potential little during the week of May 6<sup>th</sup>-10<sup>th</sup>.

### Meet an Active !!



Name: Jonathan Su

Major: Landscape  
Architecture

**Minor:** Sustainability in  
the Built Environment

**2nd Year**

Favorite Smell: Furnished  
Wood

Wants to design spaces  
for underprivileged  
communities because as a  
kid the park was his  
favorite place.

Took 4 years of German in  
high school

He wanted to be a scientist  
when he was a kid

Used to have hair longer  
than shoulder-length

Donated his long hair

The smell of cigarettes  
reminds him of his grandpa

### Important Dates

04/13 **OIC: Service with AGN**  
9am

04/13 **OIC: UCB Sewing**  
5:45pm

04/17 **Service: Spring Fling**  
(varies) **(Woodland & Davis)**

### Meet a Pledge !!



Name:  
Clinton  
Lam

**1st Year**

**Major: Genetics**

- Likes to dance, meet people, try new things (esp. food) and recently got into gloving and bowling
- Danced since junior year of high school when he joined the lion dance team and started break dancing his senior year
- Speaks English, semi-fluent Cantonese & Vietnamese, and African Clicking
- Took 4 years of German in high school
- Flexible: can do splits and put leg behind his head
- Stayed in APO because of the amazing people he met
- Shout out to trainers Jenn Mendez & Hee-Ah Yoo and sponsors Diana Chan & Michael Chu