Alpha Phi Omega COHO/Academic/Workout Tracking

Chair name:
Day/Time/Location:
Chairs for COHO/Academic/Workout hours must submit tracking on iotaphi.org
no later than 72 hours after the end of the event.

People must sign IN and OUT to get credit for their hours.

*COHO Hours: Coffee House Two, 11am-3pm Monday-Friday

*Workout Hours: Sign in sheet will be in the weight room, times to be announced on the website calendar.

Name	Active/Pledge/Etc.	Time In	Time Out

^{*}Academic Hours: 2nd Floor of Shields Library, Main Reading Room, times to be announced on the website calendar.