Further, to synchronize time frame for moving averages and original data, we have to average every two moving averages; average of first & second moving average in this case would be placed against $\frac{2.5 + 3.5}{2} = 3rd$ year; average of second & third moving average would be placed against $\frac{3.5 + 4.5}{2} = 4th$ year, and so on.

This is called 4 - yearly centred moving average.