

THE RESOURCE GUIDE

**HEALTH AND COMMUNITY RESOURCES
FOR THE SAN ANTONIO AREA**

REVISED 2015

This Resource Guide is provided to you courtesy of the
San Antonio Area HIV Health Services Planning Council.

For more information, please visit our website at
www.HIV210.org

Acknowledgement

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The information provided in this guide is intended to be a resource for people with HIV/AIDS and their families. When considering services at any provider, please remember to contact the agency first to verify services, eligibility, referral criteria, hours of operation and any other pertinent information.

The Planning Council

The San Antonio Area HIV Health Services Planning Council was established in 1994. Its responsibility is to determine the needs of persons living with HIV/AIDS in the San Antonio Transitional Grant Area (TGA) and to develop priorities and set percentages of funds. The purpose of the Planning Council is to ensure the availability of quality comprehensive health and social services to individuals affected by the HIV epidemic.

San Antonio's Planning Council is a 30-member planning body made up of volunteer community members who have been appointed by the County Judge of Bexar County, Texas, to serve a two-year term. The County Judge appoints individuals who have a wide range of viewpoints and expertise. At least one-third (33%) of the Planning Council members are people living with HIV.

*For more information about the San Antonio Area HIV Health Services Planning Council,
please contact:*

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What is HIV?

HIV Stands for Human Immunodeficiency Virus (HIV) and is the virus that causes AIDS. HIV attaches the body's immune system, the part of the body that fights off infection. HIV specifically attacks a white blood cell called the CD4 or T cell, which the body needs to fight off diseases.

What is AIDS?

AIDS stands for Acquired Immune Deficiency Syndrome and is the last stage of an HIV infection. When someone is diagnosed with AIDS it means that HIV has destroyed the body's immune system so much that the body cannot fight infections. When a person is diagnosed with one or more specific diseases or cancers and has a very low CD4 count he/she is diagnosed with AIDS.

How is HIV transmitted?

HIV is found in blood, semen or pre-ejaculate (pre-cum), vaginal fluids and breast milk. A person becomes at risk for HIV when he or she has unprotected sex, either vaginally, orally, or anally. Sharing needles and syringes with an infected person is also a risk. Pregnant mothers can pass HIV on to their babies during pregnancy. HIV is not spread through sweat, tears, urine or saliva. You cannot get HIV from casual contact such as hugging, shaking hands or casual kissing. You also cannot get HIV from toilet seats, drinking fountains, door knobs, glasses and silverware, family pets or mosquitoes. Since 1985, all blood donated in the United States is tested for HIV.

How can HIV be prevented?

Abstaining from, or not having, vaginal, oral or anal sex is the best way of preventing sexual transmission of HIV. If you choose to have sex, use latex or polyurethane condoms and a water-based lubricant. Natural condoms (lamb skin) do not protect from HIV or sexually transmitted diseases (STDs).

If you inject drugs use only clean needles, syringes and other equipment; never share needles or other equipment with others.

HIV Testing:

There are no early symptoms of HIV. The only way to know you have HIV is to get tested. It is very important to talk about safer sex with your partners and ask your partners if they have been tested for HIV. If you think you have been exposed to another STD like Gonorrhea, Chlamydia or Syphilis get tested and treated. Having one STD increases your risk of contracting HIV if you are ever exposed. You can locate an HIV testing provider by visiting Change website from <http://gettested.cdc.gov> or calling 1-800-CDC-INFO (1-800-232-4636).

What is PrEP?

Pre-exposure prophylaxis, or PrEP, is a way for HIVnegative people who are at very high risk to prevent getting an HIV infection by taking a pill every day. The pill, Truvada, contains both Tenofovir and Emtricitabine, which are both used to treat HIV. When someone is exposed to HIV through sex or injection drug use, these medicines can keep the virus from establishing a permanent infection.

For more information on PrEP, please visit www.cdc.gov/hiv/prevention/research/prep/ or 1-800-CDC-INFO, or 800-232-4636.

Who was Ryan White?

Ryan White contracted HIV at age 13 following a blood transfusion he received as a result of hemophilia. Growing up HIV-positive in Indiana, Ryan experienced discrimination as a result of his status. His brave fight to educate others about HIV and end the discrimination of which he was a victim made national and international headlines.

In 1984, Ryan was expelled from his school in Kokomo, Indiana due to fear of AIDS. Ryan was forced to participate in classroom activities via telephone. His family fought the superintendent's decision in court and Ryan was able to return to school following a judge's ruling in his favor; however, he was tormented when he returned to school. Students frequently insulted him and wrote degrading statements on his locker. His mother experienced widespread discrimination as well, including store clerks who refused to hand her change in order to avoid touching her. Restaurants discarded plates and silverware used by the White family, and someone even fired a gun into a window of the family home.

The Whites moved to Cicero, Indiana in 1987, where Ryan was treated as a regular student. The school board in Cicero held conferences for parents and residents to discuss HIV/AIDS in an effort to educate the community and encourage compassion rather than fear and discrimination. A student at Ryan's new high school was quoted as saying, "When he first came a lot of people were really scared, but Ryan helped all of us to understand." In 1988, Ryan testified before the President's Commission on AIDS and stated, "Because of the lack of education on AIDS, discrimination, fear, panic and lies surrounded me. I was labeled a troublemaker, my mom an unfit mother, and I was not welcome anywhere. People would get up and leave so they would not have to sit anywhere near me. Even at church, people would not shake my hand. This brought on the news media, TV crews, interviews and numerous public appearances. I became known as the AIDS boy. I received thousands of letters of support from all around the world, all because I wanted to go to school."

Ryan fell ill during his senior year of high school. Several celebrities and public figures, including Vice President Dan Quayle, President George H.W. Bush, Donald Trump, Michael Jackson and Elton John, called while Ryan was in the hospital and offered their support to him.

Ryan's mother, grandparents and Elton John were with him when he passed away on April 8, 1990; he was 18 years old. Even in death Ryan could not escape the hatred and discrimination; by 1992 his gravesite was vandalized four times.

Within a few months of his death, the United States Congress passed the Ryan White Comprehensive AIDS Resources Emergency (CARE) Act. The Act provided Federal funds to cities, states and community-based organizations for medical and social services for individuals living with HIV/AIDS. The CARE Act was reauthorized in 1996, 2000, 2006, and again in 2009 when its name was changed to the Ryan White HIV/AIDS Treatment Extension Act. Administered by the Department of Health and Human Services, HIV/AIDS Bureau, the Ryan White program serves over 500,000 people annually.

Ryan's story was told in a number of magazines and television shows; his life was even the subject of a TV movie. Those who work in the HIV/AIDS field credit Ryan White with opening dialogue on the disease and reducing prejudice. At a time when HIV was considered a gay disease or a drug addict's disease, Ryan would say, "I'm just like everyone else with AIDS, no matter how I got it."

Ryan White Biography 06/27/09

Health Resources and Services Administration. The HIV/AIDS programs: Who was Ryan White? Retrieved on June 27, 2009 from <http://hab.hrsa.gov/about/ryanwhite.htm>

Johnson, Dirk. (1990). Ryan White dies of AIDS at 18; His struggle helped pierce myths. *New York Times*. Retrieved on June 27, 2009 from <http://www.nytimes.com/1990/04/09/obituaries/ryan-white-dies-of-aids-at-18-his-struggle-helped-pierce-myths.html>

Witchel, Alex. (1992). At home with Jeanne White-Ginder; A son's AIDS and a legacy. *New York Times*. Retrieved on <http://www.nytimes.com/1992/09/24/garden/at-home-with-jeanne-white-ginder-a-son-s-aids-and-a-legacy.html>

Cordero, Robert. (2004). The Ryan White CARE Act: AIDS is still an emergency. *The Body*. Retrieved on June 27, 2009 from <http://www.thebody.com/content/art14544.html>

Witchel, Alex. (1992). At home with Jeanne White-Ginder; A son's AIDS and a legacy. *New York Times*. Retrieved on June 27, 2009 from <http://www.nytimes.com/1992/09/24/garden/at-home-with-jeanne-white-ginder-a-son-s-aids-and-a-legacy.html>

Ryan White Eligibility

HIV Status: Verification of HIV-positive status shall be in written form and must be documented in a client's file.

The following are acceptable documents:

- HIV lab results; or
- Written statement from a physician or medical record, pending confirmatory testing within three (3) months of receipt of statement or record.

Financial: Client must meet financial eligibility requirements as defined by the San Antonio Area HIV Health Services Planning Council, which is currently up to 300% of the Federal Poverty Level. There is no financial eligibility requirement for case management services. Financial eligibility must be documented in a client's file.

The following are acceptable documents:

- Benefit award letter;
- Pay stubs;
- Standardized declaration of income statement;
- Standardized supporter statement;
- Standardized statement of no income;
- Tax forms (i.e.W2, tax returns);
- Texas Workforce Commission unemployment benefits letter; or
- Prison release paper within 30 days of release date.

Residency: To receive services funded by Part A, client should reside in the San Antonio Transitional Grant Area (TGA), which includes the following counties: Bexar, Wilson, Comal and Guadalupe. However, since service providers should not turn away any clients who live outside of the TGA, providers must report to the Administrative Agent (AA) reasons for client seeking services outside of their TGA. Part B funding eligibility is state residency. Residency must be documented in a client's file.

The following are acceptable documents:

- Current government-issued ID or Driver's License noting Texas address;
- Utility bills;

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- Benefits award letter in name of client showing address;
 - Voter registration;
 - Lease or mortgage in client's name;
 - Notarized affidavit;
 - Verification on letterhead from residential programs (e.g., nursing homes, treatment centers, halfway houses, hospice); or
 - For homeless and/or undocumented, temporary affidavit signed and dated by the client which must be updated every 90 days.

Services to individuals not infected with HIV, but are affected by HIV, may be provided in the following circumstances only:

- The primary purpose of the service is to enable the affected individual to participate in the care of someone living with HIV or AIDS. Examples include support groups and individual mental health counseling;
- The service directly enables an infected individual to receive needed medical or support services by removing an identified barrier to care; or
- The service promotes family stability in coping with the unique challenges posed by HIV/AIDS. Examples include mental health services and substance abuse services which focus on equipping affected family members and caregivers to manage the stress and loss associated with HIV.

Client's file must document the relationship to an infected Ryan White client.

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LEGEND FOR SYMBOLS IN THIS GUIDE

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	Early Intervention Services
	Emergency Assistance (food, clothing, etc)
	Emergency Financial Assistance
	Employment Services
	Family Violence Services
	Food Bank/Home Delivered Meals/Food Programs
	Health Insurance
	Home and Community Based Health Services
	Home Health Care
	Homeless Services
	Hospice
	Housing Services/Transitional Housing
	Legal Aid
	Linguistic Services
	Medical Nutrition Therapy
	Mental Health and Counseling Services

LEGEND FOR SYMBOLS IN THIS GUIDE

	Mental Health
	Oral Health Care
	Outpatient/ Ambulatory Medical Care/Medical Care Services
	Outreach/Prevention/Health Education Services
	Permanency Planning
	Pharmaceutical/Prescription Assistance
	Referrals
	Rehabilitation Services
	Senior Services
	Respite Care
	Substance Abuse Services
	Support Groups
	Transportation/Medical Transportation
	Treatment Adherence Counseling
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	Youth

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AGENCY PROFILES

We attempted to contact all agencies in this Guide to verify the services offered and the eligibility requirements for services. During the production period, responses were not obtained from all agencies. We advise you to contact the agency of interest in order to confirm that services are available and eligibility/fee information is up-to-date and accurate.

A Plus Family Care, LLC.

Medicare & Pediatric Division
5002 West Ave. • San Antonio, TX 78213
Phone: 210-530-9111 • Fax: 210-366-9042
Toll Free: 866-530-9113

Community Programs (Provider Services Division)
San Antonio (PHC/CBA)
9514 Console Dr. Ste. 201 • San Antonio, TX 78229
Phone: 210-342-2819 • Fax: 210-348-7038
Toll-Free: 1-866-642-2819
www.aplusfamilycare.com

Hours: Call for hours.

Services: Provides skilled nursing services, personal care, bathing services, dressing and grooming assistance, and housekeeping. However, home care services cover a wide range of health and social services for individuals recovering from surgery or an injury, those with disabilities and chronic conditions, or people with terminal illnesses. Services can range considerably in scope and often can be tailored to meet your needs. Pediatric services available.

Eligibility/Fees: Accepts Medicare and Medicaid. Please call for more information.



Abbott Medical Nutrition Products

Patient Assistance Program
Phone: 1-800-222-6885

Hours: Call for hours.

Services: The Abbott Medical Nutrition Patient Assistance Program is designed to improve lives by supplementing medically essential nutrition products to financially disadvantaged individuals. Nutrition Products Covered: Glucerna, Ensure.

Eligibility/Fees: The patient must not have any private or public insurance and meet income guidelines. The patient must also meet certain medical criteria. Must be a United States resident. All applications are reviewed on a case-by-case basis. Please call for more information on financial and medical eligibility and application information.



The Agape Ministry

127 Lanark Drive • San Antonio, TX 78218
Phone: 210-590-6655

Hours: Monday through Friday 9:30 a.m. - 11:00 a.m., and Monday through Thursday 1:30 p.m. - 3:15 p.m. to serve client needs.

Services: Emergency assistance in the form of food, clothing and some utility assistance to individuals and their families.

Eligibility/Fees: Must reside in the following ZIP codes: 78154, 78209, 78217, 78218, 78219, 78233, 78239, 78244 or 78247. Please call for more information.



Alamo Area Mutual Housing Association

4100 E. Piedras Drive, Suite 200 • San Antonio, TX 78228
Phone: 210-731-8030 8 Fax: 210-731-8025
www.alamocommunitygroup.org

Hours: Monday through Friday 8:30 a.m. – 5:30 p.m.

Services: Affordable housing services through income-assisted rent, tax-credited. Housing assistance offered for veterans. Nine different communities may be available.

Eligibility/Fees: Individuals with low to moderate income; approximately 80% of the area median income. Please call for more information.



Alamo Area Resource Center

303 N. Frio • San Antonio, TX 78207
Phone: 210-625-7200 • Toll-Free: 1-800-308-2437
Fax: 210-308-2437
www.aarcsa.com

Hours: Monday through Friday 8 a.m. – 4:30 p.m.

Services: AARC provides comprehensive client centered services in a one stop model which includes: medical and non-medical case management, early intervention services (THRIVE) for individuals newly diagnosed with HIV or who are out of care, housing search/placement and tenant based rental assistance, health insurance premium and cost sharing assistance, mental health counseling and psychiatry, outpatient substance abuse counseling and treatment, on site meals, medical transportation, bus passes/tokens, support groups, prevention education and testing, risk reduction for women with substance abuse at risk for HIV.

Eligibility/Fees: Serves individuals covered under the Ryan White program. Individual, couple or family counseling is offered to anyone

on a sliding scale basis. Minimum eligibility requires proof of positivity, proof of local residency, proof of income, and a valid ID. Medical insurance may be used; however, please call to ensure AARC is a provider for the insurance company. Individuals with HIV must be registered with an HIV/AIDS service provider and a referral is required from the primary Case Manager. There are no eligibility requirements to be linked to service through the early intervention program. Please call for more information.



Alamo City Treatment Services

12042 Blanco Road, Suite 101 • San Antonio, TX 78216
Phone: 210-541-8400
www.accts2001.com

Hours: Monday through Friday 9 a.m. – 6 p.m.; Evening group sessions available.

Services: Chemical dependency treatment for adults in Bexar and surrounding counties.

Eligibility/Fees: Information on fees and insurance plans accepted can be found on the Alamo CityTreatment Services website. Please call for more information.



Alamo Drug & Alcohol Treatment Educational Services

Main Office: 4814 West Avenue, Suite 214
San Antonio, TX 78213

Multiple locations throughout San Antonio, TX
Phone: 210-308-0331, 210-396-6270,
210-663-1963 or 210-394-0644

Hours: Morning, evening and weekend hours available

Services: Alcohol and drug treatment classes, life skills classes, victim impact panels, stress reduction classes, anger management classes, drug offender education classes, DWI classes (in state or out of state), and outpatient counseling.

Eligibility/Fees: Please call for more information.



Al-Anon & Alateen Information Services

5239 La Posita Street • San Antonio, TX 78233
Phone: 210-829-1392
www.san-antonio-alanon.org

Hours: Meeting times vary weekly. Please call for more information.

Services: Addiction treatment services and support groups.

Eligibility/Fees: Please call for more information.



Al-Anon Family Support Groups

102 Thames Drive • San Antonio, TX 78216
Phone: 210-342-3063
www.san-antonio-alanon.org

Hours: Meeting times vary weekly. Please call for more information.

Services: Addiction treatment services and support groups.

Eligibility/Fees: Please call for more information.



Alpha Home

300 E. Mulberry Ave. • San Antonio, TX 78212
Phone: 210-735-3822
www.alphahome.org

Hours: Admissions 8 a.m.–5 p.m. with flexible hours to meet client needs.

Services: Residential and outpatient substance abuse treatment programs. Programs include medical and mental health assessments, treatment for dual dependencies, individual and group counseling, addiction and recovery education, family counseling, extensive case management, parenting discussion, trauma counseling, anger resolution, art activities, recovery planning, introduction to 12-step support groups and peer support. Alpha home also offers many supplemental programs including work search assistance, career counseling and on-going clinical assessments for relapse prevention.

Eligibility/Fees: Residential treatment \$9,000.00 for 90 days of treatment at \$100.00 per day. Outpatient treatment \$2,500.00 for 25 weeks of treatment at \$100.00 per week; includes one individual and two group sessions per week. Total cost for 9 months of treatment is \$11,500.00. Affordable self-pay programs and treatment scholarships may be available. Please call for all eligibility requirements and fees.



Amedisys – Hospice of San Antonio

5410 Fredericksburg Rd., Ste. 310 • San Antonio, TX 78229
210-541-0922
Fax: 210-541-9118
www.amedisys.com

Hours: Call for hours.

Services: Hospice services offered include skilled nursing, home health aides, counseling, bereavement, chaplain, and medical social workers.

Eligibility/Fees: Accepts Medicaid. Please call for more information.



Any Baby Can of San Antonio, Inc.

Bexar County
217 Howard Street • San Antonio, TX 78212
Phone: 210-227-0170 • Fax: 210-227-0812

Comal County
1040 N. Walnut Ave., Ste. C-2 • New Braunfels, TX 78130
Toll Free (800) 524-3755 • Fax: 830-606-4141
www.anybabycan.com

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Serves families of children with serious health challenges, or those who have been diagnosed with a chronic illness or developmental delay. Provides Case Management and crisis assistance for medical equipment and supplies, prescription medications, emergency housing, grocery assistance, utility assistance and funeral arrangements. Also provides referrals and information, short-term therapy and support groups.

Eligibility/Fees: Services are provided free of charge. In order to qualify one child in the family must have a diagnosis from a physician, doctor,

medical evaluator, developmental specialist or have a suspected illness or disability. Any Baby Can serves children from birth through 12 years of age. Case Management services are available at the Comal County location. Please call for more information.



Avenida Guadalupe Association

1314 Guadalupe Street • San Antonio, TX 78207
Phone: 210-223-3151 • Fax: 210-223-4405
www.avenidaguadalupe.org

Hours: Monday through Thursday, 8:30 a.m. – 4:30 p.m., Friday 8:30 – 12:00 p.m. Closed daily for lunch between 12:00 p.m. -1:00 p.m.

Services: Affordable housing programs that consist of a Homebuyer Education and Housing Counseling Assistance Program (HCAP), First-Time Homebuyer Program and "In-fill" housing. The HCAP is a HUD-approved program which consists of an eight-hour homeownership training course. AGA has obtained commitments from the City of San Antonio HOME Program and private sources to provide assistance that will be used to reduce the principal amount of the permanent mortgage and cover closing costs for participants. Pre-purchase counseling, mortgage delinquency counseling, homebuyer education classes, budget and credit counseling.

Eligibility/Fees: Homebuyers utilizing the City of San Antonio HOME Program must have household incomes less than 80% of the area median income. Homebuyers are required to contribute a minimum of \$800.00 to \$1,400.00 in cash from their own funds depending on the requirement of the permanent mortgage lender. All homebuyers must also complete a homeowner counseling program. Counseling services are free. Please call for more information.



Battered Women and Children's Shelter

Counseling Center

7911 Broadway Street • San Antonio, TX 78209

Phone: 210-930-3669 • 24-Hour Crisis Line: 210-733-8810

www.fvps.org

Hours: Day and evening hours available.

Services: 24-hour crisis line, comprehensive case management, individual and group counseling, battered intervention program, educational workshops, parenting workshops, primary medical care, legal advocacy and referrals, comprehensive programs for children, support groups (English and Spanish), emergency food and clothing, transitional housing (limited), substance abuse intervention program.

Eligibility/Fees: Please call for more information.



BEAT AIDS

1017 N. Main Ave., Ste. 200 • San Antonio, TX 78212

Phone: 210-212-2266 • Fax: 210-271-3600

Case Management

618 Hudson St. • San Antonio, TX 78202

Phone: 210-276-0129

Prevention Services

1017 N. Main Ave. Ste. 200 • San Antonio, TX 78212

Phone: 210-212-2266

www.beataids.org

Hours: Case Management is available Monday through Friday 8:30 a.m. – 5:30 p.m.; Prevention Services are available Monday through Friday 8:30 a.m. – 6:00 p.m., and on Saturday 9:30 a.m. – 2:00 p.m.

Services: Case management, direct housing assistance, emergency financial assistance, continuation of private health insurance provided

by an employer for individuals who are HIV-positive, HIV prevention, rapid testing, rapid Hepatitis C testing, syphilis testing, group or individual mental health services, outpatient substance abuse counseling, support groups, transportation to medical appointments, bus passes. Provides linkages to care and patient navigation.

Eligibility/Fees: Serves individuals covered by the Ryan White program. Medical transportation is for clients with no resources to go to medical appointments. Bus passes are offered on a first-come first-serve basis and clients are required to pick up passes before the 15th day of the month before the pass will be used. HIV prevention and testing services are offered free of charge. Please call for more information.



Bexar County Department of Community Resources Division of Direct Client Services / Energy Assistance

233 N. Pecos La Trinidad, Suite 590 • San Antonio, TX 78207

Phone: 210-335-3666

<http://www.bexar.org/502/Direct-Client-ServicesEnergy-Assistance>

Services: The Direct Client Services Division receives funding from the State to offer financial assistance to eligible County residents for electric and natural gas bills. This assistance is designed to prevent utility disconnection and to assist households in becoming self-sufficient.

Eligibility/Fees: Assistance is provided to low income households that meet one of the following priority groups: 60 years of age and older; disabled; or children under 5 years of age in the home. Applications are only accepted when funds are available. Persons needing utility assistance should first contact Direct Client Services directly to determine if funding is available and whether there are any additional requirements for assistance. Please visit the website for more information.



Bexar County Medical Society

6243 IH-10 West, Suite 600 • San Antonio, TX 78201

Phone: 210-301-4391

www.bcms.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: BCMS represents over 4,000 physicians in Bexar County and offers a physician referral service. Please visit www.bcms.org and click on the “Find a Doctor” link.

Eligibility/Fees: Online physician referral service is offered free of charge.



Carter Home Health Care

1860 S. Seguin St., Bldg. A, Ste. 400 • New Braunfels, TX 78130

Phone: 830-625-4837 • Fax: 830-625-2194

Toll Free: 866-338-4854

www.carterhealthcare.com

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: A licensed home health agency, providing a wide variety of home care services to our clients including: Skilled Nursing, Home Health Aide, Physical Therapy, Occupational Therapy, Speech Therapy, and Medical Social Services. Medical equipment available.

Eligibility/Fees: Serves Austin, Bastrop, Blanco, Buda, Bulverde, Canyon Lake, Converse, Dripping Springs, Garden Ridge, Kyle, Live Oak, Lockhart, Luling, New Braunfels, San Antonio, Universal City and Wimberley. Please call for more information.



CASA - Child Advocates of San Antonio

406 San Pedro • San Antonio, TX 78212

Phone: 210-225-7070 • Fax: 210-225-7040

<http://www.casa-satx.org>

Hours: Monday through Friday 9 a.m. – 5 p.m.

Services: The mission of Child Advocates San Antonio (CASA) is to recruit, train, and supervise court-appointed advocates who provide constancy for abused and neglected children and youth while advocating for services and placement in safe and permanent homes.

Eligibility/Fees: Call for details.



Catholic Charities

202 W. French Place • San Antonio, TX 78212

Phone: 210-222-1294

www.ccaosa.org/services.html

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Utility assistance, rental assistance, adolescent parenting programs, parenting and family classes, emergency services for hurricane evacuees, counseling for adults, teens and children, and senior community services.

Eligibility/Fees: Must meet certain age limits and other requirements for utility assistance. To receive rental assistance a client can be of any age; however, he/she must provide proof of income and proof that they will be able to pay the rent. Please call for all eligibility requirements.



The Center for Health Care Services

3021 IH-10 West • San Antonio, TX 78201

Phone: 210-731-1300

www.chcsbc.org

Adult Crisis Care Center

Phone: 210-225-2451

Adult Mental Health Eligibility Determination

Phone: 210-261-1250

Child Mental Health Eligibility Determination

Phone: 210-261-3550

Child Crisis Walk-In Care Center

Phone: 210-261-3500

Methadone Treatment Programs

Phone: 210-225-5510

Residential Detox Program

Phone: 210-246-1300

24-Hour Crisis Line

Phone: 210-223-7233 • Toll-Free: 1-800-316-9241

Hours: Open 24 hours / 7 days a week for informational calls and face-to-face screenings.

Services: Outpatient comprehensive mental health services at clinics throughout San Antonio, substance abuse programs including methadone, crisis/jail diversion programs and adult, child and adolescent crisis care.

Eligibility/Fees: Open to Bexar County residents. CHCS will work with clients to determine eligibility and ensure services. Sliding fee scale may be available based on income and other factors. Please call for all eligibility requirements.



Centro de Vida - Project H.O.T. - HIP-SA.

1219 McCullough Ave., San Antonio, TX 78212

Phone: 210-261-3613

www.hivsanantonio.org

Centro de Vida - Phone: 210-261-3606

Project H.O.T. -Phone: 210-393-2019

HIP-SA -Phone: 210-261-3600

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Culturally relevant information activities, referrals, and education directed toward informing adult and adolescent substance abusers about the relation between drug use, HIV and other communicable diseases such as hepatitis C and tuberculosis.

Eligibility/Fees: Please call for more information



CentroMed

315 N. San Saba Street, Suite 103 • San Antonio, TX 78207

Phone: 210-928-9600

www.centromedsa.com

Hours: Monday, Tuesday, Thursday and Friday 8 a.m. – 5 p.m.; Wednesday 8 a.m. – 7 p.m. The Clinic opens at 1p.m. on the first Wednesday of each month.

Services: Primary medical care, medical case management, medical nutrition therapy, and pharmaceutical assistance.

Eligibility/Fees: Accepts Medicaid, Medicare, CHIP and several major insurance plans. Services may be available on a sliding scale. Serves Ryan White eligible patients. Ryan White must be the payor of last resort.



Christus Santa Rosa

2827 Babcock Road • San Antonio, TX 78229

Phone: 210-705-6300

www.christussantarosa.org

Hours: Open 24 hours / 7 days a week Monday through Friday

Services: A 178-bed hospital located in the South Texas Medical Center area of San Antonio. Services offered include acute medical care, rehabilitative services, diabetes care, endocrinology services, nephrology services, the Center for Robotic Surgery, orthopedic and cardiothoracic surgery, cardiac catheterization and hyperbaric wound care.

Eligibility/Fees: Accepts many primary insurance plans and networks. Please contact your insurance company to ensure eligibility. Please call for more information.

Christus Santa Rosa Hospital

New Braunfels

600 N. Union Avenue • New Braunfels, TX 78130

Phone: 830-606-9111

www.christussantarosa.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Physician sees patients with HIV/AIDS once per week. Please call the clinic for appointment dates and times.

Eligibility/Fees: Serving Comal County. Accepts most major medical insurance plans, Medicare and Medicaid. The hospital will work with uninsured patients to find other ways to pay for their medical care. Please call for more information.

Christus Home Care

San Antonio – Christus Visiting Nurses Association (VNA)

4241 Woodcock Dr. Suite A-100

San Antonio, TX 78228-1337

Phone: 210-785-5200 • Fax 210-785-5290

Toll-Free 1-888-736-3866

www.christushomecare.org/

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Home Care, Hospice & Palliative Care, Pediatrics, Telemonitoring, Home Infusion, Personal Attendant Services. Christus HomeCare is a faith-based, not-for-profit home care system comprised of multiple agencies and Visiting Nurse Associations throughout Texas and Louisiana.

Offers:

- Community Based Programs
- Primary Home Care
- Personal care (dressing and bathing)
- Toileting and transfer
- Household tasks that relate to the patient's comfort and personal environment (laundry, cleaning)
- Meal preparation for the patient
- Escort service for the patient requiring a physician appointment

Eligibility/Fees: Patient must be a Medicaid beneficiary. Patient must meet financial and physical need criteria as determined by the Texas Department of Aging and Disability Services. Call for more details.



Chrysalis Ministries

503 San Pedro • San Antonio, TX 78212

Phone: 210-229-4540

www.chrysmin.org

Hours: Monday 8:30 a.m. - 5:30 p.m.; Tuesday through Thursday 8:30 a.m. - 8:30 p.m.; Friday 8:30 a.m. - 4:30 p.m. Evening classes as scheduled.

Services: Emergency assistance, clothing, identification & other supportive services for the formerly incarcerated and their families. Please call to schedule an appointment.

Classes Offered/Fees:

- Substance Abuse and Recovery Program (\$5)
- Case Management
- Anger Management (\$45)
- Healthy Relationships (\$25)

- Job Readiness (\$15)
- HIV Prevention
- Child Support 101
- Money Management (\$5)
- Parenting Class (free, CPS approved, off-site)
- Notary Services
- Domestic Violence through art therapy for women (\$5)
- Public Utility Assistance when funding is available
- Rental Assistance when funding is available
- Special Children's Programs
- Pastoral Counseling
- Sunday Worship
- Mental Health Counseling
- Shalom support groups

Eligibility/Fees: Proof of incarceration, identification, & social security is required. Proof of incarceration can be an offender ID, criminal background, probation/parole release paper or conditions of probation or parole, or a profile report from Bexar County Adult Detention Center (a profile report can be obtained from Bexar County Central Records). Clients must be 17 years of age or older. An intake fee of \$5 may apply. Call for specific details pertaining to programs.



City of San Antonio

Department of Human Services
106 S. St. Mary's, 7th Floor • San Antonio, TX 78205
www.sanantonio.gov/humanservices

Center for Working Families
Phone: 210-207-7830

Hours: Monday through Friday 7:45 a.m. – 4:30 p.m.

Services: Emergency assistance, utility assistance, financial literacy, education/skills training, job readiness.

Eligibility/Fees: Emergency assistance is provided one time in a 12-month period. Individuals seeking emergency assistance must meet income eligibility of 125% or below Federal Poverty Level and one of the following priority categories:

- Senior 60 years of age or older
- Documented disability
- Families with children 3 years of age or younger

Please call for all eligibility requirements.

Early Care and Education Initiatives
Phone: 210-206-5500

Hours: Monday through Friday 7:45 a.m. – 4:30 p.m.

Services: Subsidized childcare, pre-kindergarten education, training for family, friend or neighbor childcare providers, after school care.

Eligibility/Fees: For Child Care Delivery System (CCDS) services the family should have a total gross income that does not exceed 200% of the Federal Poverty Level (FPL). Parents must be participating in training, education and employment activities a minimum of 25 hours per week for a single parent household and 50 hours per week for two parent households. Please call for all eligibility requirements.

Homeless Services Programs (Haven for Hope)
Phone: 210-220-2100

Hours: Monday through Friday 7:45 a.m. – 4:30 p.m.

Services: Emergency and temporary shelter, food assistance, detox, rehabilitation, ID recovery and other support services. The Dwyer Avenue Center is home to the City Emergency Family Shelter program (CEFS). CEFS provides temporary shelter to families while promoting self-sufficiency and family strengthening. Single-room occupancy (SRO) at the Dwyer Avenue Center houses 53 single men and 53 single women. Woodhill permanent housing program has housing for up to 16 families. Support services at the Dwyer Avenue Center include case management, support groups, referrals, life skills training, education and financial literacy classes.

Eligibility/Fees: Please contact the Dwyer Avenue Center at 210-225-2234 for CEFS availability and to schedule an interview. Must bring a

valid photo ID, social security card, birth certificate for self and family members, proof of income and proof of homelessness. Must be able to pass a criminal background check. SRO applicants must be employed or receiving an income such as SSI or Veteran's benefits. In order to qualify for housing at Woodhill one member of the family must have a documented disability. Please call for additional information.

Senior Services Programs

Phone: 210-207-7172

Services: Hot lunch meal for seniors, senior service coordination, emergency, prescription and medical equipment assistance for seniors, senior benefits counseling and referrals, free transportation to appointments, computer and activity classes.

Eligibility/Fees: Please call for all eligibility requirements.

Youth Services Initiatives (United Way)

Phone: 210-352-7000

Hours: Monday through Friday 7:45 a.m. – 4:30 p.m.

Services: Prevention and intervention services for youth at risk of delinquent behaviors, assistance to youth in the juvenile justice system, and high school advising.

Eligibility/Fees: Please call for all eligibility requirements.



City of Schertz Housing Authority

(Bexar, Comal, and Guadalupe)
1400 Schertz Parkway • Schertz, TX 78154
Phone: 210-658-1001
www.schertz.com

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Assistance with obtaining affordable housing in the city of Schertz.

Eligibility/Fees: Please call for more information.



Clarity Child Guidance Center

For Adolescents and Families

8535 Tom Slick • San Antonio, TX 78229

Phone: 210-616-0300 • Toll-Free: 1-877-676-5437

Fax: 210-616-0417

www.claritycgc.org

Hours: Please call for hours.

Services: Mental health services for adolescents, children and their families including acute inpatient care for adolescents and children, hospital-based residential care for those with chronic or complex psychiatric disorders, outpatient programs including individual and family therapy and an online family resource center.

Eligibility/Fees: Participates with a wide variety of managed care plans and accepts Medicaid for services. A sliding scale is also provided for low income families.



Colonial Home Health Inc.

2735 Nacogdoches Road • San Antonio, TX 78217
Phone: 210-225-1115 • Fax: 210-225-1114

Hours: Call for hours.

Services: Personal care assistance including bathing, dressing, toileting, meal preparation, light cleaning, laundry, sweeping, vacuuming, grocery shopping, escorting to doctor's appointments or visiting friends, companionship care and respite care when spouse and family need a break.

Eligibility/Fees: Call for details.



Comal County Public Health Department

178 E. Mill Street, Suite 210 • New Braunfels, TX 78130
Phone: 830-221-1150 • Fax: 830-620-3495
www.co.comal.tx.us/health.htm

Hours: Monday through Friday 8 a.m. – 5 p.m. Call for appointment.

Services: HIV testing, HIV/AIDS information, referrals for medical and social service needs, testing for Hepatitis B and C, proof of vaccine response (titers), immunization, blood pressure monitoring, annual exams and family planning, routine laboratory tests, pregnancy testing, proof of pregnancy for Medicaid, registration in the state immunization registry, TB screening and testing, women's health services.

Eligibility/Fees: Serves Comal County residents and those unable to access services elsewhere. Fees vary by service. A list of fees for Health Department services can be found on the website. Please call for laboratory test fees and additional eligibility requirements.



Communicare

Barrio Family Health Center/WIC Clinic
1102 Barclay Street • San Antonio, TX 78207
Phone: 210-233-7000

Communicare – Dr. Frank Bryant Health Clinic
3066 E. Commerce Street • San Antonio, TX 78220
Phone: 210-233-7000
www.communicaresa.org

Hours: Monday, Wednesday and Friday 8 a.m. – 5 p.m.; Tuesday and Thursday 8 a.m. – 7 p.m.

Services: Full-service family health care provider including medical care, dental, behavioral health and health education.

Eligibility/Fees: Patients can apply for Medicaid and other public insurance programs at either location. Patients who are not insured may qualify for a sliding-fee discount. When applying for Medicaid or other assistance programs, patients should bring all required documentation, including but not limited to ID and proof of income. Accepts some private insurance plans. Please call to confirm that Communicare is accepting new patients, eligibility requirements and to schedule an appointment.



Connally Memorial Medical Center

Wilson County
499 10th Street • Floresville, TX 78114
Phone: 830-393-1300
www.connallymmc.org

Hours: Monday through Friday 8 a.m. – 6 p.m.

Services: Primary medical care including internal medicine.

Eligibility/Fees: Serving Wilson County. Accepts most major insurance plans, Medicaid and Medicare. The Hospital will work with patients to determine other sources of payment for their medical care if they are uninsured.



Connections

Mailing: P.O. Box 311268 • New Braunfels, TX 78131
1414 West San Antonio Street • New Braunfels, Texas 78130
Phone: 830-629-6571 • Fax: 830-608-1262
Crisis Hotline: 800-532-8192
www.connectionsnonprofit.org

Hours: Monday through Friday 8 a.m. – 5 p.m.; 24-hour crisis line available.

Services: Prevention counseling, individual ongoing counseling, HIV prevention education, STD prevention education, substance abuse intervention, support groups, hotline/telephone counseling, brochures, and posters. Transitional living program for youth ages 16 to 22 in the service area. Emergency shelters for youth ages 5 to 17.

Eligibility/Fees: Serves Central and Southeast Texas. Medicaid can be billed for outpatient services or billed on a sliding scale. Admission to the transitional living program is voluntary and based upon need. Those seeking admission into the program must meet age, education and work requirements and be willing to participate in a program that focuses on education, vocational training, employment and volunteer outreach. Other eligibility requirements apply. Youth can be referred to emergency shelters for runaways, family conflict, abuse, neglect or homelessness. The shelter will accept youth who have not shown behavior that could be a danger to themselves or others in the last 30 days. Please call for all eligibility requirements.



Corazon Ministries, Inc.

Travis Park United Methodist Church
230 E. Travis Street • San Antonio, TX 78205
Phone: 210-226-8341
www.travispark.org

Hours: Please see information under "Services."

Services: Day Center from 8 a.m. – 3 p.m. Staff and volunteers help those in need by offering substance abuse counseling, recovery groups, anger management, life skills, ID recovery, employment coaching, job training, legal assistance, showers, laundry, hygiene packs and meals. Café Corazon is open every Sunday at 8:15 a.m.; breakfast is served for the homeless. A medical clinic is available on Sunday mornings, opening at 8:15 a.m.; volunteer doctors and nurses provide free medical exams for those in need. CMI also has a clothes closet with free, donated items and a Wednesday night prayer circle that meets from 6 p.m. – 8 p.m. A healing service is also held from 5:30 p.m. – 6 p.m.

Eligibility/Fees: Services are free to those 18 years of age and older.



County Indigent Health Care Program

Bexar County Phone: 210-358-3180
Comal County Phone: 830-221-1207
Wilson County Phone: 830-582-1969
Guadalupe County Phone: 830-401-7217
www.dshs.state.tx.us/CIHCP

Services: Health care services to eligible individuals through the counties, hospital districts and public hospitals in Texas.

Eligibility/Fees: The applicant must live in the county in which he/she applies and must intend to remain. A CIHCP household is a person living alone or two or more persons living together where legal responsibility for support exists, excluding disqualified persons. A disqualified person is one who receives or is eligible for Medicaid. A household is eligible if the total countable household resources do not exceed \$3,000.00 when a person who is aged or disabled and who meets relationship requirements lives in the home or \$2,000.00 for all other households. A household is eligible if its monthly net income does not exceed 21% of the Federal Poverty Guideline (FPG). Counties may choose to increase the monthly income standard to a maximum of 50% of FPG and still qualify to apply for state assistance funds. Please call for all eligibility requirements.



Crosspoint, Inc.

225 E. Locust Street • San Antonio, TX 78212
Phone: 210-225-0864 • Fax: 210-225-0868
www.crosspointinc.us

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Structured residential environment for individuals recently released from incarceration. Programs include long-term outpatient drug abuse treatment (Transitional Drug AbuseTreatment) and mental health treatment. Clients in the TDAT program receive group, individual and family counseling and education.

Eligibility/Fees: Eligibility/Fees: Referral from the Federal Bureau of Prisons, U.S. Probation Office or U.S. Pretrial services.



CVS Health Savings Pass

Phone: 1-888-616-2273
www.cvs.com

Services: A discount card for use on prescription medications. The plan provides a 90-day supply of certain prescription medications for \$11.99. Over 400 generic medications are available through the program.

Eligibility/Fees: \$15.00 annual enrollment fee per person. This is not a prescription plan, only a discount card. Please call or visit the website for all eligibility requirements.



The Dapa Center

302 S. Flores St. • San Antonio, TX 78204
Phone: 210-227-3272

Hours: Open 24 hours a day, 7 days a week.

Services: Psychiatric and substance abuse services for individuals 18 years of age and older. Dapa employs an outreach representative for individuals living with HIV/AIDS and provides services to those with HIV/AIDS so long as they are not receiving hospice care.

Eligibility/Fees: Dapa will bill Medicare and accepts cash payments on a sliding scale. Please call for all eligibility requirements.



DARS Division for Blind Services

4241 Woodcock Street, Suite A-105 • San Antonio, TX 78228
Phone: 210-785-2750 • Toll-Free: 800-687-7039
www.dars.state.tx.us/dbs/index.shtml

Hours: Call for hours. For information on any Division for Blind Services program or to apply for services, contact any DBS office located throughout Texas. To find the nearest office, visit the DBS web site or call the Division for Blind Services at 1-800-628-5115.

Services: Assists blind or visually impaired individuals and their families. Services are aimed to help those Texans who are blind to regain mobility or find a job, including vocational, transitional, and independent living programs. Some services are particularly for children. Also provides eye health and blindness prevention educational materials.

DBS staff work in partnership with Texans who are blind or visually impaired to get high quality jobs, live independently, or help a child receive the training needed to be successful in school and beyond.

DBS Vocational Rehabilitation Program: designed for adults whose visual condition limits their ability to begin or continue work.

DBS Independent Living Rehabilitation Program: assists adults who

are blind or visually impaired to learn adaptive skills to continue to live independently with vision loss.

DBS Blind Children's Vocational Discovery and Development Program assists children who are blind and visually impaired to develop their individual potential.

DBSTransition Program: provides educational and career guidance for adolescents and young adults.

DBS Blindness Education, Screening and Treatment Program.

The Criss Cole Rehabilitation Center (CCRC), located in Austin, is a residential program that offers intensive vocational and independent living training to Texans who are blind.

Eligibility/Fees: Call for more information.



Eats Foundation/Appleseed

Guadalupe County

Mailing Address: PO Box 153 • McQueeny, TX 78123

767 South Saunders Street • Seguin, TX 78155

Phone: 830-372-4900

www.eatsfoundation.org

Hours: Please call for hours.

Services: Evening food bank, emergency food bank, case management and referrals. Appleseed provides case management for pregnant women and women with children on Medicaid at high health risk.

Eligibility/Fees: Eats Foundation utilizes the San Antonio Food Bank guidelines when determining eligibility for services. The income limit for a family of one is up to \$19,240.00; \$6,660.00 is added for each additional family member. Please call for additional information and all eligibility requirements.



Elite Counseling

410 S. Main, Ste. 201 • San Antonio, TX 78204

Phone: 210-822-9493

Hours: Monday through Friday 8 a.m. – 5 p.m. Morning groups on Monday, Wednesday and Thursday 9 a.m. – 11:30 a.m. Evening groups on Monday, Wednesday and Thursday 6 p.m. – 8:30 p.m.

Services: Intensive supportive outpatient therapy, group and individual sessions. Program lasts about 9 to 10 weeks.

Eligibility/Fees: Please call for all eligibility requirements and fees.



Esperanza Area of Narcotics Anonymous

2186 Jackson Keller Road, PMB 335 • San Antonio, TX 78213

Phone: 210-434-0665

www.eanaoline.org

Hours: 24-hour hotline

Services: Substance abuse treatment services. The Esperanza Area of Narcotics Anonymous website provides a listing on NA meetings and workshops in San Antonio and surrounding cities.

Eligibility/Fees: None. Please call for more information.



Family Service Association

702 San Pedro Avenue • San Antonio, TX 78212

Phone: 210-299-2400

www.family-service.org

Hours: Monday through Thursday 8 a.m. – 8 p.m., Friday 8 a.m. – 5 p.m., Saturday 8 a.m. – 2:30 p.m. Evening and weekend appointments are available.

Services: Individual, family, child, marital/couple and group counseling for those dealing with the effects of abuse and neglect. Services include Head Start programs, as well.

Eligibility/Fees: Services are offered at five office locations in San Antonio, Eagle Pass, as well as Zavala, Uvalde and Maverick counties, or may be offered in the home in special circumstances. Please call for all eligibility requirements. Fees are charged on a sliding scale, and no one is denied help because of their inability to pay the full cost of service.



Gentiva Health Service

Gentiva Hospice Locations:

1222 N. Main Ave., Ste. 600 • San Antonio, TX 78212

Phone: 210-738-8141 • Fax: 210-738-3507

<http://sanantoniosouth.gentivahospice.com>

13431 Blanco Rd. • San Antonio, TX 78216

Phone: 210-492-1400 • Fax: 210-492-1475

<http://sanantonionorth.gentivahospice.com>

4440 S. Piedras Dr., Ste. 125 • San Antonio, TX 78228

Phone: 210-733-1212 • Fax: 210-733-1331

<http://sanantonionorth.gentivahospice.com>

Gentiva Home Health Care Location:

4335 W. Piedras Dr., Ste. 100 • San Antonio, TX 78228

Phone: 210-614-0473 • Fax: 210-614-0746

<http://sanantonio.girlinghomehealth.com>

Hours: Monday through Friday 8 a.m. – 5:30 p.m.

Services: Skilled home health care, physical therapy, occupational therapy, nursing, cardiac care, disease and pain management, infusion nursing, wound care.

Eligibility/Fees: Gentiva's services may be appropriate for individuals over age 65, those diagnosed with a new illness, individuals with recent changes in medication or medical condition, those in need of therapy or infusion services or individuals have difficulty with activities of daily living. Interested patients are advised to call for additional eligibility information and payment information.



GlaxoSmithKline

Phone: 1-888-825-5249

www.mysupportcard.com • www.gskforyou.com

Services: Patient assistance programs for Combivir, Epivir, Epzicom, Retrovir, Trizivir, Ziagen and Lexiva. Cannot be used in conjunction with government insurance programs. Must be a United States resident, meet program income guidelines and not have prescription drug coverage through a private or public program. For GlaxoSmithKline medications only.

Eligibility/Fees: Please call for all eligibility information.



Guadalupe Community Center

1801 W. Cesar Chavez Boulevard • San Antonio, TX 78207
Phone: 210-226-6178

Hours: Monday through Friday 8 a.m. – 5 p.m. Food pantry and clothes closet are available 8 a.m. – 2 p.m.

Services: Social services, food pantry and clothes closet.

Eligibility/Fees: Please call for information on eligibility and fees.



Guadalupe Regional Medical Center

1215 E. Court St. • Seguin, TX 78155
Phone: 830-379-2411 • Toll-Free: 800-506-6394
www.grmedcenter.com

Hours: Monday, Wednesday and Thursday 1:30 p.m. – 3:30 p.m.; Tuesday and Friday 9 a.m. – 11 p.m.

Services: Comprehensive medical care including primary medical care for individuals with HIV/AIDS in New Braunfels, TX.

Eligibility/Fees: Serving Guadalupe County. Accepts all indemnity healthcare insurance plans (plans that do not require the use of a participating provider network), traditional Medicare and Medicare supplemental plans, traditional Medicaid plans, all insurance required for true emergency care, and traditional worker's compensation coverage. Clinic also serves individuals without insurance. Individuals who may qualify for charity or indigent care services should call 830-210-7217 for more information. Please call for more information.



Guadalupe Valley Family Violence Shelter

Mailing Address: P.O. Box 1302 • Seguin, TX 78156
Phone: 830-372-2781 • Toll-Free: 1-800-834-2033
Fax: 830-401-4500
www.safeseguin.org

Hours: 24 hours, 7 days a week

Services: Shelter that can house up to 8 women and 20 children. GVFVS does not provide shelter for males; however, referrals will be provided to other programs that have co-ed living arrangements. GVFVS also has a non-residential program for victims and their children; both male and female clients and a 24/7 crisis hotline. Staff members are available 24 hours a day, seven days a week.

Eligibility/Fees: Services are for victims of crimes of domestic violence and sexual assault. Serves Guadalupe, Gonzales, Karnes and Wilson counties.



Habitat for Humanity

311 Probandt Street • San Antonio, TX 78204
Phone: 210-223-5203 • Fax: 210-223-5536
www.habitatsa.org

Hours: Monday through Friday 8:30 a.m. – 4:30 p.m.

Services: Affordable housing services.

Eligibility/Fees: Families whose total income is generally 25-60% of the area median income may be eligible. Families are accepted to the Habitat program based on their need, ability to pay a 0% interest mortgage and their willingness to partner with Habitat during the construction of their home. Applicants must be residents of the County in which they are applying. Once accepted, homeowners are eligible to buy a house from Habitat at no profit. They will purchase the house with a 20-25 year mortgage. Average monthly payments are \$325.00-\$425.00. Please call for more information.



Haven for Hope

1 Haven for Hope Way • San Antonio, TX 78207
San Antonio, TX 78278
Phone: 210-220-2100
www.havenforhope.com

Services: A multi-service homeless facility. The Courtyard offers a safe outdoor sleeping area for persons needing temporary shelter and basic services. The Transformation Center provides longer-term living quarters and comprehensive services that address the root causes of the individual's homelessness. Services include residential areas for homeless families and individuals, health services, case management, job training, housing, legal services, outreach services, Veterans' services, ID recovery, pet shelter, housing placement services, accessing public benefits, child care center, after-school program, meals, mail center, barber shop, exercise and recreational area, chapel, and clothes closet.

Eligibility/Fees: It is best to call to ensure available services and eligibility. For the Transformation Center, person must be a Bexar County resident for at least one year; no registered sex offenders accepted.



Hays County Personal Health Department

401-A Broadway • San Marcos, TX 78666
Phone: 512-393-5520 • Fax: 512-393-5530
www.liveoakhealthpartners.com
Counties Served: Hays, Caldwell, Guadalupe

Hours: Monday 8 a.m. – 7 p.m., Tuesday through Friday 8 a.m. – 5 p.m.
Closed for lunch 12 p.m. – 1 p.m.

Services: Anonymous HIV testing (\$25.00), confidential HIV testing (\$25.00), STD testing (\$20.00), prevention counseling, health education/risk reduction, HIV prevention education, STD clinic services, STD

prevention education, primary care clinic, Nurse Practitioner on-site, Hepatitis testing, Hepatitis education/counseling, Hepatitis A vaccine-adults and children, Hepatitis B vaccine-adults and children, TB testing, TB treatment, pregnancy testing, prescription assistance, immunizations, family planning, maternity, women's health immunizations, family practice, and child wellness visits.

Eligibility/Fees: General public. Call for more details.



Hill Country MHMR Center

One Schreiner Center
819 Water Street, Suite 300 • Kerrville, TX 78028
Phone: 830-792-3300
www.hillcountry.org

Hours: Call for hours. Mental Health Crisis Hotline operated 24 hours a day, 7 days a week at 1-877-466-0660.

Services: Providing pediatric developmental assessment, mental health, mental retardation, substance abuse and early childhood intervention services throughout the greater Texas Hill Country.

Eligibility/Fees: Call for more information.



Hope Hospice

611 N. Walnut Street • New Braunfels, TX 78130

Phone: 830-625-7525 • Toll-Free: 800-499-7501

www.hopehospice.net

Hours: Monday through Friday 8 a.m. – 5 p.m.

Service Hours: 24/7, including holidays

Services: Serves patients in Bexar, Comal and Guadalupe counties. Provides hospice care to individuals with serious illnesses when it is believed they have six months or less to live. Care teams include doctors, nurses, aides, social workers, chaplains and volunteers. Other services include expert pain and symptom control, medications, medical equipment supplies, various types of therapy, bereavement support and comfort care. The care team is on call 24/7.

Eligibility/Fees: Hospice services are covered by Medicaid and Medicare, as well as many private insurance companies. A sliding fee scale is available for private pay patients. Hope Hospice also cares for patients with limited financial resources. Please call for all eligibility and fee information.



Hope Medical Supply

1116 E. Houston Street • San Antonio, TX 78205

Phone: 210-226-1482 • Fax: 210-299-1670

www.hopemedicalonline.com

Hours: Monday through Friday 8 a.m. – 12 p.m., and 1 p.m. – 5 p.m.

Services: A nationwide provider for catheters, vacuum erection devices (VEDs) and incontinence supplies creating a link between the physician and the patient, delivering critical equipment to either the home or institution and informing and counseling clients on optimum use of these products.

Eligibility/Fees: They accept Medicare, Medicaid, Humana, Tricare, Blue Cross Blue Shield, and many more health plans. Serves South Texas. Call for more information.



Housing Authority of Bexar County

1017 N. Main Avenue, Suite 201 • San Antonio, TX 78212

Phone: 210-225-0071 • Fax: 210-225-6976

www.housingauthorityofbexarcounty.com

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Affordable housing and rental assistance with the goal of providing improved housing for those living in Bexar County.

Eligibility/Fees: Low to very low income families may be eligible. Please call for updated income limits.



Housing & Community Services, Inc.

8610 N. New Braunfels Avenue, Suite 500

San Antonio, TX 78217

Phone: 210-821-4300

www.hcscorp.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Affordable, well-maintained apartment homes for families and individuals who lack adequate housing, referrals to social service agencies, adult education including General Educational Development degrees (GED) and English as a Second Language (ESL), parenting, financial literacy, budgeting, health and nutrition and employment skills, programs for teens and children and social activities for residents.

Eligibility/Fees: Generally individuals or families must be considered low or very low income as determined by the U.S. Department of Housing and Urban Development. In addition, families must pay rent/housing obligations in a timely manner; maintain the apartment in a safe, decent and sanitary condition; respect the other residents; and comply with the terms of the lease. For more detailed qualifications, contact the complex of your choice.



I Care San Antonio

1 Haven for Hope Way, Bldg. 1, Ste. 100 • San Antonio, TX 78207
Phone: 210-220-2370
www.icare-sa.org

Hours: Call for hours.

Services: I Care San Antonio's mission is to bring eye care, both medical and optical to the needy of San Antonio and along the Texas-Mexico border. ICSA provides dilated eye exams, refractions and glasses, medical and surgical eye care to the homeless and the uninsured.

I Care San Antonio partners with Centro Med's Health Care for the Homeless, Prevent Blindness Texas - San Antonio Branch, Luxottica Gift of Sight Foundation, Haven for Hope along with many organizations, churches and foundations to provide eye care for the indigent.

Eligibility/Fees: Call for eligibility information.



Interim Health Care

6800 Park Ten, Suite 270 • San Antonio, TX 78213
Phone: 210-979-0208
1583 Common St., Ste. 211 • New Braunfels, TX 78130
Phone: 830-214-0039
www.interimhealthcare.com

Hours: Monday through Friday 8 a.m. – 5 p.m. Applications are processed 9 a.m. – 4 p.m.

Services: Provides health care professionals including Registered Nurses, therapists, LVNs, LPNs and home health aides for home health care services including skilled nursing, supportive services (bathing assistance, medications and personal care), therapy, home IV therapy and home medical equipment.

Eligibility/Fees: Most locations accept Medicare and Medicaid, as well as several commercial insurance/managed care/third party payors, workers' compensation and self-pay. Please call for more information.



Janssen Therapeutics

Johnson and Johnson Patient Assistance Foundation, Inc.
Phone: 1-800-652-6227 • Fax: 1-888-526-5168
www.jjpaf.org

Medications: Prezista, Intelence (see website for other medications available).

Eligibility/Fees: For HIV positive individuals who do not have public or private prescription drug coverage, reside in the United States (or United States Territory), are being treated by a U.S.-licensed healthcare provider, are being treated as an outpatient and meet the income eligibility.

Single Person: \$23,540 or less

Family Size of two: \$31,860 or less

Larger Families: Income levels are adjusted accordingly based on number of individuals in the family.



Jewish Family Services of San Antonio

12500 N.W. Military Hwy, #250 • San Antonio, TX 78231
Phone: 210-302-6920 • Fax: 210-302-6952
<http://www.jfs-sa.org/>

Medications: Please contact Jewish Family Services of San Antonio for program hours.

Eligibility/Fees: Jewish Family Services of San Antonio provides comprehensive mental health services to children, teens, adults, couples and families. These services include counseling provided by Professional Counselors, Marriage and Family Therapists, and Clinical Social Workers. Psychiatric assessment, prescription, and medication management is also available.

Eligibility/Fees: Please call for more information.



JOVEN

102 W. White Avenue • San Antonio, TX 78214
Phone: 210-924-0330 • www.jovensa.org

Hours: Monday through Friday 8:30 a.m. – 5:30 p.m. The after-school program closes at 6 p.m.

Services: Youth substance abuse prevention and treatment services. JOVEN offers life skills training to students in first through eighth grade at risk of developing delinquent behaviors, with an emphasis on problem solving, emotional expression and avoiding drug and alcohol use. After school and summer programs are available. JOVEN also offers parenting courses.

Eligibility/Fees: Please call for more information.



La Hacienda Treatment Center

145 La Hacienda Way • Hunt, TX 78024
Phone: 210-692-0001 • Toll-free: 1-800-749-6160
www.lahacienda.com

Hours: Please visit the website for the weekly meeting schedule. Intake hours by appointment only.

Services: Addiction treatment services, inpatient treatment facility.

Eligibility/Fees: Please call for more information.



La Misión Family Health

19780 US Hwy 281 South • San Antonio, TX 78221
Phone: 210-626-0600 • www.dcssa.org

Hours: Monday through Friday 8 a.m. – 4:30 p.m.

Services: Affordable dental care including dental exams, x-rays, fillings, root canals, extractions, dental hygiene.

Eligibility/Fees: Accepts Medicaid. Sliding fee scale may be available. Please call for all eligibility requirements and fees.



La Paz Community Health Care Center

530 San Pedro • San Antonio, TX 78212
Clinic and Intake Phone: 210-697-5700 • Fax: 210-558-4276
<http://lapaz-cmhc.com>

Hours: Monday through Friday, 8 a.m. – 5 p.m. 24-Hour emergency service available.

Services: Outpatient services are offered Monday through Friday, with the exception of holidays, from 9:30 a.m. – 1:30 p.m. An afternoon program is also available 2 p.m. – 6 p.m. Transportation is provided for both programs. Medical supervision is provided to all clients by a psychiatrist. Psychiatric evaluation, supervision and review are ongoing throughout the treatment period. A psychiatrist provides physical evaluation to assure there is no physical reason for the client's problems. A psychiatric nurse RN teaches medication management, daily living skills and monitors client health. Master and advanced level therapists counselors provide four therapy sessions per day. Outpatient Services include specialized services for children, adolescents, adults, elderly and the chronically mentally ill..

Eligibility/Fees: A screening and evaluation is required to determine the need for services. Please call for more information.



Laurel Ridge Treatment Center

17720 Corporate Woods Drive • San Antonio, TX 78259-3500
Phone: 210-491-9400 • www.laurelridgetc.com

Hours: Call for hours.

Services: Laurel Ridge is a psychiatric hospital offering a comprehensive continuum of behavioral healthcare services, including acute programs for children, adolescents and adults, and residential treatment for children and adolescents. Bilingual services available.

Eligibility/Fees: Admissions criteria varies depending on age and on program. Laurel Ridge is a CHAMPUSTRICARE provider.



Lifetime Recovery

10290 Southton Road • San Antonio, TX 78223
Phone: 210-633-0201 • www.lifetimerecoverytx.org

Hours: Day and evening hours available.

Services: Residential and outpatient treatment programs including individual and group counseling, life skills training, job readiness training, recovery education, relapse prevention and family education.

Eligibility/Fees: Individuals seeking treatment receive an individual screening and assessment to determine the appropriate level of care. Fees for residential treatment are due at admissions unless other arrangements are made. Payment plans are available for outpatient treatment. Public funding is available for those clients who do not have means to pay. There are eligibility requirements for public funding and a waiting list applies. Please call for all eligibility requirements and cost of treatment.



Lions Low Vision Center of Texas

8403 Floyd Curl Drive • San Antonio, TX 78229 -3904
210-567-8600

School of Health Professions • Greehey Campus (North)
1st Floor of Health Professions Building
8403 Floyd Curl Drive • San Antonio, TX 78229
www.uthscsa.edu/eye/llvc.asp

Hours: Monday through Friday 8:00 a.m. – 5:00 p.m.

Services: The center provides low vision evaluation, resources and rehabilitation to individuals whose eyesight cannot be corrected by traditional means such as surgery and eyeglasses.

Low Vision Evaluation – An optometrist specializing in low vision assesses the level of functional vision. The goal is to determine how to use remaining vision effectively to perform necessary or desired tasks with the help of low vision devices.

Activities of Daily Living – Occupational therapists specializing in low vision collaborate with the optometrist to evaluate a person's functional performance with every day activities. Areas of evaluation and treatment include but are not limited to: reading, writing, diabetes self-management, cooking, home management, pre-driving skills and safety in the home.

Dynavision Rehabilitation – The Dynavision is a device to help rehabilitate patients with visual motor problems. The Dynavision can help improve scanning strategies, eye/hand coordination, reaction time, visual attention, and visual processing skills required with functional mobility and driving.

Eligibility/Fees: Accepts Medicaid, Medicare, CHIP and CareLink and several major insurance plans. Services may be available on a sliding scale. Serves Ryan White eligible clients. Ryan White must be the payor of last resort. Please call for all eligibility requirements.



Madonna Neighborhood Center

1906 Castroville Road • San Antonio, TX 78237
Phone: 210-432-2374

Hours: Monday through Friday 8 a.m. – 5 p.m. Social services offered 8 a.m. – 5 p.m. Child services offered 7 a.m. – 6 p.m.

Services: Provides comprehensive services for children, families and the elderly with special focus on the socially and economically disadvantaged. Services include day care programs, extended care at Gardendale Elementary, after school programs, summer recreation programs, Saturday morning programs, evening meals, senior services, emergency assistance, counseling services, thrift shop and recreational programs (sports, art, gardening, etc).

Eligibility/Fees: Serves low income children, families and senior citizens on the far west side of San Antonio. Please call for all eligibility information.



Medical Center Ophthalmology Associates

Northeast Clinic:

11900 Crownpoint Drive, Suite 140 • San Antonio, TX 78233

Stone Oak Clinic:

109 Gallery Circle, Suite 139 • San Antonio, TX 78258

Northwest Clinic:

9157 Huebner Rd. • San Antonio, TX 78240
210-697-2020

Westover Hills Clinic:

11212 State Highway 151, Suite 150
San Antonio, TX 78251

Hours: Monday - Thursday 8am - 5pm. Friday 9a.m. - 5p.m. Saturday 8 a.m. – 12 p.m. at Northwest and Westover Hills Clinic locations.

Services: San Antonio's largest private group of eye care specialists.

- Specialized Retina Care
- Pediatric Eye Care
- Dry Eye Treatment
- Optical Shop
- Contact Lens Fittings
- Orthokeratology (Ortho-K)
- ReZoom ReSTOR Crystalfens
- Macular Degeneration, Treatment & Surgery
- Glaucoma Treatment & Surgery
- Diabetic Eye Care, Treatment & Surgery
- Customized Cataract Surgery - Presbyopia Correction Available
- LASIK - Blade free, customized vision correction

Eligibility/Fees: Call for eligibility and fee information.



Merced Housing Texas

212 W. Laurel Street • San Antonio, TX 78212

Phone: 210-281-0234 • Fax: 210-281-0238

Casitas de Merced

8135 1st Street • Somerset, TX 78069

Phone: 830-429-3092

www.mercedhousingtexas.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Multi-family and single-family housing units, emergency health and safety repairs to the homes of low-income senior and disabled homeowners (SOS Program), resident service programs that focus on education, health, financial literacy and children including GED classes and scholarships, English as a Second Language (ESL), computer classes, parenting classes, after-school programs and referrals.

Eligibility/Fees: Individuals and families who make 80% or less than the area median income are eligible to live at properties managed by Merced Housing. Services for the SOS Program are targeted at individuals 56 years of age or older who make 30% or less than the median area income. Please call for all eligibility requirements.



Mid-Coast Family Services

700 S. Zarzamora • San Antonio, TX 78207

Phone: 210-271-9452 • Toll-Free: 1-888-271-9452

Toll-Free 24-Hour Domestic Violence Hotline 1-800-870-0368

Fax: 210-271-9891

www.midcoastfamily.org

Hours: Office Hours Monday through Friday 8 a.m. – 5 p.m.

Services: Outreach, screening, assessment and referral services for adults and youth who have been affected by alcohol and drug abuse;

referrals are provided to support groups, health and human services agencies, DWI repeat offender classes and outpatient and/or residential substance abuse treatment. Family violence prevention services include community education presentations, information and referrals, 24-hour hotline, case management, legal advocacy, counseling, support groups, life skills training, and battering intervention and prevention classes. Youth services are also available, including after school programs and at-school counseling services.

Eligibility/Fees: Serves Bexar, Wilson, Comal and Guadalupe Counties. Please call for all eligibility requirements.



Morningside Ministries

780 Babcock Road • San Antonio, TX 78201
1502 Howard Street • San Antonio, TX 78212
Phone: 1-888-505-4085
www.mmliving.org

Hours: Office Hours Monday through Friday 8 a.m. – 5 p.m.

Services: Hospice care for individuals in need of treatment for the reduction of physical and emotional symptoms, senior center, two communities for those in need of memory care and geriatric rehabilitation programs, such as speech, physical and occupational therapy.

Eligibility/Fees: Please call for all eligibility and fee information.



Mujeres Unidas Contra el SIDA

307 E. Evergreen Street • San Antonio, TX 78212
Phone: 210-738-3393 • Fax: 210-738-0205

Hours: Monday through Thursday 9 a.m. – 5 p.m.

Services: Support groups for men and women who are infected with or affected by HIV/AIDS. Additional services include HIV testing, HIV education, community conversations or “platicas,” health fairs, clothing bank, outreach services, and referrals.

Eligibility/Fees: Services are free to anyone who is infected with or affected by HIV/AIDS. Bus passes are on a first-come first-serve basis. Please call for all eligibility requirements. All volunteer agency.



NeedyMeds.org

www.needymeds.org

Services: Information on patient assistance programs for the following pharmaceutical companies/programs:

AbbVie Patient Assistance Foundation
P.O. Box 270 • Somerville, NJ 08876
Phone: 800-222-6885 • Fax: 866-483-1305

Medications: Kaletra® (lopinavir/ritonavir), Norvir® (ritonavir)

Eligibility/Fees: If there is a need for an urgent delivery of medication, the health care provider should call the program directly to discuss options. Original "ink" signature required to complete enrollment. No stamped signatures are accepted.

Boehringer Ingelheim Cares Foundation Inc.
Patient Assistance Program
c/o Express Scripts SDS, Inc.

P.O. Box 66565 • St. Louis, MO 63166
Phone: 800-556-8317 • Fax: 800-639-9118

Medications: Aptivus® (tipranavir), Viramune XR® (nevirapine)

Eligibility/Fees: Once the patient is accepted, the patient can expect to receive medicine within 48 hours. Original "ink" signature required to complete enrollment. No stamped signatures are accepted.

Bristol-Myers Squibb Access Virology
Patient Assistance Program
P.O. Box 221430 • Charlotte, NC 28222
Phone: 888-281-8981 • Fax: 888-281-8985

Medications: Reyataz® (atazanavir sulfate), Sustiva® (efavirenz)

Eligibility/Fees: Original "ink" signature required to complete enrollment. No stamped signatures are accepted.

Bristol-Myers Squibb & Gilead Sciences, LLC
Atripla Patient Assistance Program
P.O. Box 13185 • La Jolla, CA 92039
Phone: 866-290-4767 • Fax: 866-290-4487

Medications: Atripla® (efavirenz/emtricitabine/tenofovir disoproxil fumarate)

Eligibility/Fees: Patients that are pre-screened and determined to be eligible for the program may receive a voucher for the immediate pickup of a 30-day supply at the pharmacy of their choice. Original "ink" signature required to complete enrollment. No stamped signatures are accepted.

Gilead Advancing Access:
Reimbursement Solutions for Patients in Need
P.O. Box 13185 • La Jolla, CA 92039
Phone: 800-226-2056 • Fax: 800-216-6857

Medications: Complera® (emtricitabine/rilpivirine/tenofovir disoproxil fumarate), Emtriva® (emtricitabine), Emtriva Oral Solution® (emtric-

itabine oral solution), Hepsera® (adefovir dipivoxil), Stribild™ (elvitegravir/cobicistat/emtricitabine/tenofovir disoproxil fumarate), Truvada® (emtricitabine and tenofovir disoproxil fumarate), Viread® (tenofovir disoproxil fumarate) 300mg, Viread® (tenofovir disoproxil fumarate) 150/200/250mg, Vistide® (cidofovir injection)

Eligibility/Fees: Immediate access is available for all products except Vistide® and Hepsera®. Patients that are pre-screened and determined to be eligible for the program may receive a voucher for the immediate pick-up of a 30-day supply at the pharmacy of their choice. Original "ink" signature required to complete enrollment. No stamped signatures are accepted.

Johnson & Johnson Patient Assistance Foundation, Inc.
P.O. Box 221857 • Charlotte, NC 28222
Phone: 800-652-6227 • Fax: 888-526-5168

Medications: Edurant® (rilpivirine), Intelence® (etravirine), Prezista® (darunavir)

Eligibility/Fees: Immediate access is available through the use of a pharmacy card. At the request of the physician, a pharmacy card number will be provided to the patient ONLY, immediately upon eligibility approval. He/she can then go to the pharmacy to pick up their medicine.

Merck SUPPORT™ Program
P.O. Box 305 • San Bruno, CA 94066
Phone: 800-850-3430 • Fax: 866-410-1913

Medications: Crixivan® (indinavir sulfate), Isentress® (raltegravir)

Eligibility/Fees: This program has an emergency shipment process for patients that are in jeopardy of experiencing an interruption in therapy. This is a 24-hour turnaround to provide medication directly to the patient's home. These are made on an exception basis only and approval is a result of discussions between the program and the patient or physician. Merck requires both original "ink" signed enrollment tool and "ink" signed doctor prescription. No copies or stamps are accepted. If the tool is started by fax, the patient must follow up by mailing in the original enrollment process and prescription. This

Program does not accept an advocate signature on behalf of the patient.

ViiV Healthcare Patient Assistance Program
P.O. Box 52037 • Phoenix, AZ 85072
Phone: 877-784-4842 • Fax: 877-784-4004

Medications: COMBIVIR® (lamivudine/zidovudine), EPIVIR® (lamivudine), EPZICOM® (abacavir sulfate and lamivudine), LEXIVA® (fosamprenavir calcium), RESCRIPTOR® (delavirdine mesylate), RETROVIR® (zidovudine), SELZENTRY® (maraviroc), TIVICAY® (dolutegravir), TRIZIVIR® (abacavir sulfate, lamivudine, and zidovudine), VIRACEPT® (nelfinavir mesylate), ZIAGEN® (abacavir sulfate)

Eligibility/Fees: Patients who need medicine that same day must have an Advocate enroll them by phone, i.e., anyone involved in the delivery of the patient's healthcare. Same day access is not available for Medicare Part D participants. Patients eligible for same day access can pick up the medicine at any retail pharmacy with a valid prescription. They can get up to two fills at a local pharmacy when they initially enroll. There is a \$10 co-pay per retail fill at a pharmacy. The Advocate must also sign the application in the Advocate Information section when enrolling the patient for same day access. Medicare Part D participants must have spent \$600 out of pocket on prescription drugs during the current calendar year as one of the eligibility criteria to qualify for assistance. Original "ink" signature required to complete enrollment. No stamped signatures are accepted.



New Braunfels Housing Authority

300 Laurel Ln • New Braunfels, TX 78130
Phone: 830-625-6909
www.nbtexas.org

Hours: Monday through Friday 8 a.m. – 5 p.m. Closed for lunch between 12 p.m. – 1 p.m.

Services: Affordable housing services including Section 8 housing.

Eligibility/Fees: The New Braunfels Housing Authority requests that interested individuals contact the agency for eligibility information.



Nix Health System

Nix Medical Center San Antonio
414 Navarro Street • San Antonio, TX 78205
Phone: 210-271-1800

Nix Specialty Health Center
4330 Vance Jackson Road • San Antonio, TX 78230
Phone: 210-579-3800

Nix Alamo Heights
5307 Broadway Street • San Antonio, TX 78209
Phone: 210-824-3130

Nix Home Care
4402 Vance Jackson Road, Suite 140 • San Antonio, TX 78230
Phone: 210-341-0505
www.nixhealth.com

Hours: Monday through Friday 8 a.m. – 5 p.m.; Hospital visiting hours 9 a.m. – 9 p.m.; please call for ICU visiting hours.

Services: Nix Health offers inpatient and outpatient medical and surgical services, medical imaging, behavioral health, rehabilitation, home care and physician offices of several specialties. Free health screenings may be available. Services vary by location.

Eligibility/Fees: Please call for eligibility and fees.



Odyssey Healthcare

4440 S. Piedras Street, Suite 125 • San Antonio, TX 78228
Phone: 210-733-1212
www.odsyhealth.com

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Provides hospice care for individuals in their own homes, nursing homes, long-term care facilities, assisted living facilities or hospitals and bereavement services.

Eligibility/Fees: Patients must agree to palliative care, or care that eases pain but does not attempt to cure the disease. The Odyssey team and attending physician must determine that a patient has six months or less to live; however, if a patient lives past six months he/she may be able to continue hospice care if the physician determines that the illness is terminal. Odyssey serves patients with a variety of terminal illnesses including HIV/AIDS. Odyssey Healthcare will bill Medicaid and Medicare for services. Staff are willing to establish a payment plan for individuals who are not Medicaid or Medicare eligible. Please call for more information on eligibility for services and specific fees.



Palmer Drug Abuse Program / Rise Recovery

10226 Ironside Drive • San Antonio, TX 78230

Phone: 210-697-9766

111 Dallas Street • San Antonio, TX 78205

Phone: 210-227-2634

122 Woodhull Avenue • San Antonio, TX 78214

Phone: 210-927-4644

www.riserecovery.org

Hours: 12 p.m. into the evening. Saturday morning group sessions are available for individuals who have seen a counselor. A schedule of meetings can be found on the website.

Services: Outpatient chemical dependency services for individuals and families. Direct services are available for teenagers between the ages of 10 and 17, adults 18 years of age and older and family members. PDAP also provides a state-approved alcohol education program for minors, recovery group meetings for adolescents in four San Antonio school districts and a safe haven and activity center at satellite offices.

Eligibility/Fees: Services are offered free of charge; however, donations are accepted.



Parent Child Incorporated

1223 Brady • San Antonio, TX 78207
Phone: 210-226-6232 • Toll Free: 800-526-1960
Fax: 210-475-4035
www.parentchildinc.com

Hours: Monday through Friday 8:00 a.m. – 5:00 p.m.

Services: Parent/Child Incorporated (PCI) is a private non-profit single purpose human services agency that provides Early Head Start, and Nutritional Services to at-risk children and their families.

Eligibility/Fees: Please call for more information.



Planned Parenthood

Babcock Sexual Healthcare
104 Babcock Road • San Antonio, TX 78201
Phone: 210-736-2262 • Fax: 210-733-9600
www.plannedparenthood.org

There are other Planned Parenthood clinics located in Bexar and surrounding counties. To locate a clinic call:

Clinic Locator: 1-800-230-PLAN (7526) or go to www.plannedparenthood.org

Hours: Monday 10 a.m. – 7 p.m., Tuesday 9 a.m. – 6 p.m., Wednesday 7 a.m. – 4 p.m., Thursday and Friday 8 a.m. – 5 p.m.; closed weekends and holidays. Hours vary by clinic location. Contact clinic for specific hours of operation.

Services: Birth control, emergency contraception, general health care including annual Pap smears, HIV testing, LGBT services, men's health services, patient education, pregnancy testing/options counseling, abortion services, STD testing and treatment, women's health care services.

Eligibility/Fees: Varies by clinic location. Some private insurance accepted. Contact the clinic closest to you for more information.



Presa Community Center

3721 S. Presa Street • San Antonio, TX 78210

Phone: 210-532-5295 • Fax: 210-532-4996

www.presa.org

Hours: Monday through Friday 8:30 a.m. – 4:30 p.m. Closed between 12 p.m. – 1 p.m. for lunch.

Services: Breakfast and lunch service for the public, transportation, senior citizen activities, counseling services including prevention of child abuse, family violence and effective parenting, domestic violence prevention program, judiciary/probation programs, financial literacy and an after-school program.

Eligibility/Fees: Meals are provided for senior citizens and children. Senior citizens and the disabled can use the transportation service to and from the doctor or for grocery shopping. The after-school program is available for children ages 5 to 17 years and is available from 3 p.m. to 6:30 p.m.. During the summer months the program runs from 8 a.m. – 5 p.m. Please call for more information.



Prevent Blindness Texas

Prevent Blindness -
Adult Vision Screening Program
1600 N.E. Loop 410, Ste. 125 • San Antonio, TX 78209
Phone: 210-236-7360 • Fax: 210-236-7671
www.preventblindnesstexas.org
State Office:
2202 Waugh • Houston, TX 77006
Phone: 713-526-2559 • Fax: 713-529-8310
Toll-free: 1-888-98-SIGHT

Hours: Monday through Friday 8:30 a.m. – 4:30 p.m.

Services: Prevent Blindness Texas is a 501(c)3 non-profit, voluntary health and human services agency focused on preventing blindness, preserving sight, and enhancing and extending the quality of vision life for all Texans.

Offers free vision screening, eye examination referrals, counseling and education to help identify conditions of the eye that could result in a loss of sight.

Eligibility/Fees: Most services are free. Call for more information.



Pride PHC Services, Inc.

12500 San Pedro, Suite 315 • San Antonio, TX 78216

Phone: 210-949-1303 • Toll-Free: 800-334-5157

www.pridephcservices.com

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: The Primary Home Care/Family Care/Community-Based Alternative (PHC/PC/CBA) is a Medicaid program administered by the Texas Department of Human Services (DHS). The PHC/FC program provides non-technical/non-skilled attendant services to Medicaid

eligible clients. The CBA program provides technical/skilled attendant services.

Pride PHC Services, Inc. also offers:

- Adaptive Aids and Medical Supplies
- Respite Care
- Personal Care - Bathing, dressing and grooming
- Meal preparation and feeding
- Exercising
- Toileting
- Transferring and ambulation
- Assisting with self-administered medications
- Light housekeeping and laundry
- Shopping
- Assisting with arrangement of transportation and escort

Eligibility/Fees: Accepts Medicaid. Please call for all eligibility requirements.



Project QUEST

515 S.W. 24th St., 2nd Floor • San Antonio, TX 78207

Phone: 210-270-4690 • Fax: 210-630-4690

www.questsa.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Evaluation of candidate aptitudes and interests, job matching, certified training on technical skills required for job success, support services and comprehensive counseling to develop life skills, job readiness, and assistance with tuition and books.

Eligibility/Fees: Must be 18 years of age or older, a United States citizen committed to going to school full-time (12 or more college credits), graduating and willing to take a job post-graduation. This program is for individuals who do not have a college degree and are seeking one. Please call for more information.



River City Rehabilitation Center Inc.

Bexar County

680 Stonewall • San Antonio, TX 78214

Phone: 210-924-7547 • Fax: 210-924-0527

www.rivercityrehabcenter.com

Hours: Methadone maintenance treatment admissions schedule - Monday through Friday 5:30 a.m. – 12:00 p.m., Saturday 6:30 a.m. – 12:00 p.m. For Antabuse maintenance treatment admissions, please call to schedule an appointment.

Services: Methadone and alcohol treatment programs.

Eligibility/Fees: Must have valid Texas ID and social security number. Client must be 18 years of age or older. In order to receive Methadone the client must have been dependent on heroin or another opiate for at least one year. An admission fee applies.

Comal County

256 S. Krueger • New Braunfels, TX 78130

Phone: 830-620-0282

Hours: For Methadone or Antabuse maintenance treatment admissions, please call 830-620-0275 to schedule an appointment.

Services: Methadone and alcohol treatment programs.

Eligibility/Fees: Must have valid Texas ID and social security number. Client must be 18 years of age or older. An admission fee applies.



SAMMinistries

Administrative Offices

5254 Blanco Road • San Antonio, TX 78216

Phone: 210-340-0302 • Fax: 210-348-6798

www.samm.org

Transitional Living and Learning Center
5922 Blanco Road • San Antonio, TX 78216
Phone: 210-979-6188 • Fax: 210-979-0813

Hours: Administrative and Homeless Prevention Services – Monday through Friday 8 a.m. – 5 p.m. Transitional and Living and Learning Center – Monday through Friday 8 a.m. – 6 p.m.

Services: SAMM offers families transitional housing through individual homes in San Antonio, as well as its Transitional Living and Learning Center (TLLC). SAMM offers 25 families transitional housing through individual homes in San Antonio. The TLLC is a residential facility for up to 40 homeless families who show a commitment to gaining self-sufficiency. The individual needs of all family members are supported, promoting the viability of the family as a whole. SAMM's Transitional Program assists families for up to two years on their path to self-sufficiency.

Eligibility/Fees: Family must have custody of at least one minor child. Must complete a criminal background check. Head of household must be working or attending school for at least 30 hours per week. Must meet with case managers regularly to establish short and long-term goals. Must attend weekly life skills classes in money management, parenting, conflict resolution, etc. Family must have a steady source of income. Program fees are \$100 per month, and half of utilities are paid by resident.

Homeless Prevention Services
4100 Piedras Drive East • San Antonio, TX 78228
Phone: 210-377-1616 • Fax: 210-979-8013

Services: SAMMinistries' Homeless Prevention Services provides rental assistance, utility assistance and supportive services to enable individuals and families who are in imminent danger of eviction, or are currently homeless. Temporary rental, utility, or other critical assistance is offered.

Eligibility/Fees: Homeless or in imminent risk of being homeless. Must provide proof of current eviction notice (rent) or disconnection notice (utilities). Must have some form of stable income, including SSL, SSDI, and employment.



San Antonio AIDS Foundation

818 E. Grayson Street • San Antonio, TX 78208
Phone: 210-225-4715 • Fax: 210-224-7730
www.sanantonioaids.org

Hours: Office Hours: Monday – Friday, 8a.m. – 5 p.m. SAAF's 2 residential facilities are 24 hours a day/7 days a week. Testing Hours: Monday, Wednesday and Thursday 8:30 a.m. – 4:00 p.m. Tuesday 8:30 a.m. – 8:00 p.m., Friday 9:00 a.m. – 1:00 p.m., Saturday 11:00 a.m. – 3:00 p.m.

Services for persons living with HIV/AIDS: Inpatient skilled nursing/hospice care; transitional housing for homeless persons near main facility; congregate dining hot meal program (3 meals/7 days a week); food bank (2nd Wednesday of the month, 9:30 a.m. – 11:00 a.m.); medical and non-medical case management; early intervention services (EIS); tenant based rental assistance; emergency financial assistance; medical transportation assistance (monthly bus passes); and dental care through the University of Texas Health Science Center of San Antonio Dental School and two community-based dentists.

Eligibility/Fees for persons living with HIV/AIDS: Due to multiple sources of funding most services are available to clients eligible for Ryan White funding or low to moderate income. There is limited dental care provided under the Ryan White Program. Admission into SAAF's residential skilled nursing/hospice program requires a physician's documented need for inpatient care. Admission into either of SAAF's residential programs requires a Tuberculosis (TB) test and clearance within the past 30 days.

Services for persons at risk for HIV/STDs: HIV/STD prevention education in schools and other settings including a PWH/A speakers' bureau. Rapid HIV, syphilis, rapid hepatitis C, and TB testing available, depending on risk. See hours above for testing hours. SAAF also provides offsite testing in mobile testing unit.

See <http://www.usemesa.com/apps/calendar/> or <http://www.sanantonio-aids.org/services/education-prevention/> for dates, times and locations.

Eligibility/Fees for persons at risk for HIV/STDs: HIV and syphilis testing is free. HepC testing is on a sliding scale. Only individuals deemed high risk for TB will be tested for TB.



San Antonio Alternative Housing Corp.

1215 S. Trinity • San Antonio, TX 78207
Phone: 210-224-2349 • Fax: 210-224-9686
www.saahc.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Affordable housing services, low-income assisted buying/renting programs, first-time home buyer programs.

Eligibility/Fees: Please call for all eligibility requirements.



San Antonio Christian Dental Clinic

1 Haven for Hope Way, Bldg. #1, Ste. 400 • San Antonio, TX 78207
Phone: 210-220-2300
www.sachristiandental.org

Hours: Monday through Friday 8:30 a.m. – 3:30 p.m.

Services: Affordable dental care for those unable to pay for services.

Eligibility/Fees: No fees except for supplies for dentures, crowns and lab work. Eligibility is determined according to the Federal Poverty Guidelines. Donations are accepted. Please call for all eligibility requirements.



San Antonio Council on Alcohol and Drug Abuse (SACADA)

7500 US HWY 90 West, AT&T Building 1, Suite 100
San Antonio, TX 78227
Phone: 210-225-4741 • Fax: 210-225-4768
www.sacada.org

Hours: Office hours from Monday through Friday 8 a.m. – 5 p.m.;

Services: Addiction prevention resource center. Program for intervention recovery services.

Eligibility/Fees: Please call for eligibility and fees associated with other SACADA programs.



San Antonio Fighting Back

2803 E. Commerce • San Antonio, TX 78203
Phone: 210-271-7232 • Fax: 210-224-9626
Website: www.mysafb.org
Email: info@mysafb.org

Hours: Monday through Friday, 8:00 a.m. – 5:00 p.m.

Services: Strengthening Youth to Succeed Program provides truancy education, anger management skills and life skills for the youth population. Life skill classes for the youth are on Saturdays. Project Hope Program provides education to the public on substance abuse and risky behavior. Project Hope also provides free HIV testing. Peer-to-Peer Recovery Partnership provides mentoring and goal setting skills to help individuals who have had substance abuse issues improve their quality of life. SAFB offers Narcotics Anonymous and Alcoholics Anonymous meetings on Monday and Wednesday, 1:00 – 2:00 p.m., and Life Skills meetings on the last Tuesday of every month. Drug Free Communities Program provides substance abuse education in the community to youth who are 12-17. The Drug Free Communities Program works with different community coalitions to decrease the

amount of drugs that are being abused by youth. Presentations to external groups are available upon request. Counseling services are also available at SAFB on a low sliding scale.

Eligibility/Fees: Eligibility and any fees, if any, will vary based on program. Please contact SAFB for more information.



San Antonio Housing Authority

818 S. Flores Street • San Antonio, TX 78204

Phone: 210-477-6262

www.saha.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: SAHA maintains public housing units throughout San Antonio. Units are available to eligible low income families, seniors and people with disabilities. SAHA participates in the Section 8 Choice voucher program. SAHA also owns and/or manages complexes that offer subsidized or non-subsidized affordable housing for moderate income individuals and families.

Eligibility/Fees: Rent at the public housing units is calculated based on monthly income or is offered as a flat rent. Actual rents, income limits and guidelines for affordable properties vary by site. Current income limits for public housing are available on the SAHA website. The waiting period for a unit can range from 3 to 24 months, depending on availability. Applicants interested in affordable housing should contact the site directly for an application since eligibility varies. Many sites have open units available; however, the wait time is subject to availability. Please call for more information.



San Antonio Infectious Disease Consultants

Rosa Verde Towers

343 W. Houston Street. Suite 808 • San Antonio, TX 78205

8042 Wurzbach Road • San Antonio, TX 78229

Phone: 210-614-8100 • Fax: 210-615-7233

Hours: Rosa Verde Towers Location – Monday through Friday 9 a.m. – 5 p.m. Wurzbach Location – Monday through Friday 9 a.m. – 12 p.m. and 2 p.m. – 5 p.m.

Services: Clinic serves men and women. There are two physicians at Rosa Verde Towers and five physicians at the Wurzbach Road location.

Eligibility/Fees: Currently accepting new patients. Accepts Medicaid, Medicare and private insurance. Please call to verify participation with your insurance plan.



San Antonio Metropolitan Health District

Main Administrative Office

332 W. Commerce Street • San Antonio, TX 78205

Phone: 210-207-8780

www.sanantonio.gov/health

Hours: Monday through Friday 8 a.m. – 3 p.m..

Services: STD, Immunization and WIC programs (see below). TB prevention and control, Healthy Start, emergency management, food and environmental services and others. Please visit the website for a complete list.

Eligibility/Fees: Residents of San Antonio and Bexar County are eligible for services, as are those who have no other means of obtaining services. Fees and eligibility vary by program. Please call for all eligibility requirements.

STD/HIV:
512 East Highland • San Antonio, TX 78210
Phone: 210-207-8830

Hours: Monday, Tuesday, Thursday, and Friday 9:00 a.m. – 3:30 p.m.;
Wednesday 4:00 p.m. – 7:30 p.m.

Services: STD and HIV Prevention and Control Program provides evaluation and diagnosis of STD infections, as well as treatment and counseling for most STDs. Infections requiring ongoing medical care will be referred to a primary care provider.

Eligibility/Fees: Residents of San Antonio and Bexar County are eligible for services, as are those who have no other means of obtaining services. Fees and eligibility vary by program. Please call for all eligibility requirements.

Immunization Clinic
Frank Garrett Community Center
1226 NW 18th St. • San Antonio, TX 78205
Phone: 210-207-8894

Hours: Monday through Friday 8:00 a.m. – 3:00 p.m.

Services: Immunizations for adults and children including foreign travel and immunization records.

WIC Program
Phone: 210-207-4906

Services: Offers the Women, Infants and Children (WIC) special supplemental nutrition program for pregnant and post-partum women and their children under 5 years of age. Residents of San Antonio and Bexar County are eligible for services, as are those who have no other means of obtaining services.

Eligibility/Fees: To participate you must be a pregnant woman, postpartum woman up to six months after delivery, or a breastfeeding woman up to one year after delivery. Parents, including single mothers and fathers, step-parents, guardians, and foster parents of children under age 5. Meet household income: Texas WIC Income Guidelines. Have

nutritional issues: Assessed at your first appointment - Could be a variety of deficiencies. Live in Texas: WIC clients usually receive services in the county where they live. U.S. citizenship is not a requirement for eligibility. You may attend any clinic you wish to attend. Fees and eligibility vary by program. Please call for all eligibility requirements.



San Antonio Treatment Center

3701 W. Commerce Street • San Antonio, TX 78207
Phone: 210-434-0531 • Fax: 210-434-0321

3615 Culebra Rd. • San Antonio, TX 78228
Phone: 210-314-6473 • Fax: 210-314-8676
www.methadonetreatment.com

Hours: Counseling Tuesday through Friday 5:30 a.m. – 2:00 p.m. Intake hours are Monday, Wednesday and Friday 5:30 a.m. – 9:00 a.m. Dosing hours are Monday 5:30 a.m. – 10:30 a.m., Tuesday through Friday 5:30 a.m. – 12:00 p.m., Saturday and Sunday 6:00 a.m. – 10:00 a.m.

Services: Methadone treatment for heroin, Oxycontin and opium-based prescription drug addictions. Programs include individual and group counseling. Suboxone and Methadone available. HIV testing is provided monthly.

Eligibility/Fees: The patient must be present at the clinic for intake assessment. The program is cash-only and available for individuals 18 years of age and older. There is a \$42.00 intake fee that covers the lab work and assessment. There is a \$12.00 fee per day of treatment. Please call for more information.



Santa Rosa Low Vision Clinic

315 N. San Saba, Suite 900 • San Antonio, TX 78207
Phone: 210-228-0030

Bella Optical Location
9577 Huebner Rd. • San Antonio, TX 78240
Phone: 210-641-4999
www.lowvisionclinic.net

Hours: Call for hours.

Services: The Santa Rosa Low Vision Clinic helps people who are unable to do everyday tasks because of a vision problem. The examination involves evaluation of the level of vision remaining, how efficiently the person is using his vision, as well as an assessment of prescriptive optical devices.

Eligibility/Fees: Please call for more information.



Seguin Housing Authority

Guadalupe County
516 Jefferson Avenue • Seguin, TX 78155
Phone: 830-379-7091 • Fax: 830-303-4898
www.ci.seguin.tx.us

Hours: Monday through Friday 9 a.m. – 5 p.m.

Services: Affordable housing services; Section 8 housing available.

Eligibility/Fees: Interested individuals must complete an application and meet income guidelines. Please call for application information.



South Texas Dental

2000 SE Loop 410 , Suite 125 • San Antonio, TX 78220
Phone: 210-638-0996 • Fax: 210-648-0868

Hours: Monday and Wednesday 10:00 a.m. – 6:00 p.m. Tuesday and Thursday: 9:00 a.m. – 5:00 p.m., Saturday closed.

834 SW Military Drive • San Antonio, TX 78221
Phone: 210-927-9998 • Fax: 210-927-9978

Hours: Monday through Friday 9:00 a.m. – 5:00 p.m., Saturday 9:00 a.m. – 3:00 p.m.

4662 West Commerce

Hours: Monday and Wednesday 9:00 a.m. – 5:00 p.m. Tuesday and Thursday 11:00 a.m. – 7:00 p.m., Saturday 9:00 a.m. – 3:00 p.m.

3655 Fredericksburg Road, Suite 112 • San Antonio, TX 78201
Phone: 210-773-9990 • Fax: 210-773-1878

Hours: Monday and Wednesday 10:00 a.m. – 6:00 p.m., Tuesday and Thursday 9:00 a.m. – 5:00 p.m., Saturday 9:00 a.m. to 3:00 p.m.

Services: Affordable general family dental services.

Eligibility/Fees: Accepts CHIP. Please call for additional information regarding fees and insurance plans accepted.



South Texas Family AIDS Network (STFAN)

315 N. San Saba • San Antonio, TX 78207
Phone: 210-567-7419 • Fax: 210-562-4635

Hours: Monday through Friday, 8:00 a.m. – 5:00 p.m.

Services: STFAN is a comprehensive linked network of services provided by five subcontracted agencies and a wide range of complementary and referral relationships that encompass a range of vital HIV services for individuals and their families, including direct HIV specialist medical care; oral health care; nutritional screening and therapy;

medical transportation; medical and non-medical case management; mental health counseling; substance abuse treatment; medication/treatment adherence; client outreach, case finding services; research education and access; and other support services for HIV-affected caregivers, partners, children, and family members..

Eligibility/Fees: Must reside in one of the following counties in South Texas: Atascosa, Bandera, Bexar, Calhoun, Coal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala. This is a program funded by Ryan White Program Part D and only gives referrals for services.



South Texas Veteran Health Care System (S.T.V.H.C.S.)

Serving San Antonio and South Texas
Audie L. Murphy Memorial Veterans
7400 Merton Minter Boulevard • San Antonio, TX 78229
Phone: 210-617-5300
Veterans Toll-Free Crisis Line 800-273-8255
Press 1 for Veteran Centered Care
Chat: VeteransCrisisLine.net or Text: 838255
Homeless Veterans Toll-Free Helpline: 1-877-424-3838
www.southtexas.va.gov

Hours: Monday through Friday 8:00 a.m. – 4:30 p.m. 24-hour Emergency Department.

Services: Medical care for Veterans, social work services, mental health services, substance abuse treatment, women's health services, and homeless program.

Eligibility/Fees: For eligibility and services, all veterans are encouraged to apply for enrollment online or in person at the above address.



St. Vincent De Paul

1 Haven for Hope Way • San Antonio, TX 78207
Phone: 210-225-7837

St. Vincent de Paul Dining Room
928 W. Commerce • San Antonio, TX 78208
Phone: 210-225-7837

Hours: Monday through Friday 8 a.m. – 5 p.m.

Dining Room Hours: Monday through Saturday 7 a.m. – 7:30 a.m., 12:30 pm – 1 p.m. and 4:45 p.m.; Sunday 7:30 a.m. – 8 a.m., 4 p.m. – 4:30 p.m.

Services: Provides referrals to local churches and agencies that provide emergency financial assistance and food assistance. St. Vincent de Paul has conferences with food pantries in 73 Catholic parishes in the Archdiocese of San Antonio and two in the Archdiocese of Laredo. The St. Vincent de Paul dining room provides food for people who are homeless or hungry.

Eligibility/Fees: Persons in need of food assistance should call St. Vincent de Paul for a referral. Clients must live within the Catholic parish area where they are applying for food assistance. Please call for all eligibility requirements.



Summit Home Health

Phone: 210-615-3877 • Toll Free: 1-888-615-3877
Fax : 210-615-3876 • Toll Free: 1-888-615-3876
www.summithomehealthcare.net

Hours: Monday through Friday 8:30 a.m. – 5 p.m. On call 24 hours, seven days a week.

Services: Offers home care programs with a wide array of services, including highly skilled, specialized nursing care, monitors, physical and occupational therapy, wound care, pain management / evaluation

and many other therapies. All services available in English and Spanish

Scope of services include:

Skilled Nursing (registered Nurse)

Licensed Vocational Nurse (LVN)

Home Health Aide (HHA)

Physical Therapy (PT)

Speech Therapy (ST)

Occupational Therapy (OT)

VTherapy

Wound Care Certified Nurses

Social Worker

Diabetic Teaching

Eligibility/Fees: Call for more information.



Teddy Buerger Center

Guadalupe County

1331 E. Court Street • Seguin, TX 78155

Phone: 830-401-7367

www.grmedcenter.com

Hours: Monday through Thursday 8 a.m. – 5 p.m., Friday 8 a.m. – 4 p.m.

Services: Part of the Guadalupe Regional Medical Center. Offers addiction and substance abuse treatment and mental health services. Outpatient mental health services include counseling for all members of the community including individual, marital and family therapy.

Eligibility/Fees: Please call for more information.



Teen Challenge

3850 S. Loop 1604 W • San Antonio, TX 78264

Phone: 210-319-1305 • Toll-free: 1-866-913-4181

Fax: 210-624-2215

www.teenchallengesouthex.com

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Faith-based substance abuse treatment services. Teen Challenge is a residential drug addiction rehabilitation, recovery and discipleship program. Teen Challenge campuses provide Christian recovery services to individuals of any age; adolescents and adults. Teen Challenge also offers drug abuse prevention services.

Eligibility/Fees: An enrollment application and eligibility guidelines can be found on the Teen Challenge website or you may call to have an application mailed to you.



Texas Dental Association Smiles Foundation

1946 IH-35 South, Suite 300 • Austin, TX 78704

Phone: 512-448-2441 • Toll-Free: 1-877-807-6453

Fax: 512-448-2781

www.tda.org

Hours: Monday through Friday 8:30 a.m. – 4:30 p.m.

Services: Texas Donated Dental Services (TDDS), a division of the Texas Dental Association, uses volunteer dentists and labs to provide comprehensive dentistry services to individuals who cannot access dental services. TDDS does not provide emergency care since the program is application-based and provided on a first-come first-served basis. Mobile rotating services available. Call for list of cities scheduled.

Eligibility/Fees: Serves individuals who are 62 years of age or older or have a permanent disability. Proof of disability is required with a

completed application. Proof of disability includes an approved disability letter, a copy of a disability check stub or written letter from a physician on company letterhead stating that the client is permanently disabled. If proof is not submitted, the application will be denied. There is a waiting list for services. Applications are accepted based on county of residence. Bexar, Wilson, Comal and Guadalupe counties may be open for applications. Please call or visit the website for additional eligibility information and an application.



Texas Dept. of Family and Protective Services

Child Protective Services

3635 S.E. Military Drive • San Antonio, TX 78223
Phone: 210-333-2004 • Toll-Free Hotline: 800-252-5400

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Offers Permanency Planning assistance, foster parenting and adoption services. Department goals include protecting children from abuse and neglect, promoting the integrity and stability of families, and providing permanent places to live for children who cannot remain with their own families.

Eligibility/Fees: Call for more information.



Texas Dept. of State Health Services

Bexar County
7430 Louis Pasteur • San Antonio, TX 78229
Phone: 210-949-2000 • Fax: 210-949-2010

Guadalupe County
612 Jefferson Street • Seguin, TX 78155
Phone: 830-372-0841

Wilson County
310 Paloma Dr. • Floresville, TX 78114
Phone: 830-393-6225
www.dshs.state.tx.us/hivstd/services

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Referrals for anonymous HIV testing, confidential HIV testing, prevention counseling, health education/risk reduction, HIV prevention education, STD prevention education, nurse onsite, immunizations including Hepatitis A and B, shingles and HPV/TB screening and treatment.

Eligibility/Fees: Serves the residents of each County and those unable to receive services elsewhere. Co-pays may apply for some services. Please call for all eligibility requirements.



Texas Rio Grande Legal Aid

1111 N. Main Ave • San Antonio, TX 78212
Phone: 210-212-3700 • Toll-Free: 1-888-988-9996
www.trla.org

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Provides free legal services to low-income residents in 6-8 counties of Southwest Texas, and represents migrant and seasonal farm workers throughout the state of Texas.

Eligibility/Fees: To qualify for free legal services from TRLA, an applicant must meet the income, asset and immigration requirements established by the United States Congress, the Texas Legislature, and by various funding sources. Trained intake workers will be the first step of the process. Applicants will be asked various questions regarding income, assets and citizenship or immigration status in order to see whether they are eligible. To start the application process, call 1-888-988-9996. Additional eligibility guidelines apply. Please call for more information.



THMP and SPAP

Texas HIV Medication Program (THMP) and Texas State Pharmacy Assistance Program (SPAP)
Toll-Free Phone: 1-800-255-1090
Alt. Phone: 1-888-311-7632
www.dshs.state.tx.us/hivstd/meds/default.shtml

Services: Assistance with the cost of medications for HIV/AIDS.

Eligibility/Fees: To be enrolled in the THMP or SPAP, you must: a) be diagnosed as HIV-positive, with a CD4 count and viral load on file with a licensed physician; b) be a Texas State resident; c) meet certain income guidelines; and d) be otherwise uninsured or underinsured for prescription drug coverage (this information must be verifiable). To qualify financially for the THMP or SPAP, you, your spouse (whether legal or common law), and your children under age 18 that reside with you must have an annual adjusted gross income that falls at or below 200% of the current Federal poverty income guidelines. The poverty guidelines are updated annually; please contact the THMP for specific figures. Proof of your household's income is required at the time of application to the THMP.



Treatment Associates

Formerly Alcohol and Drug Treatment Associates
701 San Pedro • San Antonio, TX 78204
Phone: 210-212-4853

Hours: Monday through Friday 8 a.m. – 8 p.m.

Services: Counseling services for drug and alcohol addiction, other addiction treatment services.

Eligibility/Fees: Please call for more information.



University Health System

University Hospital
4502 Medical Drive • San Antonio, TX 78229
Phone: 210-358-4000 • Fax: 210-358-8536
www.universityhealthsystem.com

Hours: Emergency room open 24 hours / 7 days a week. Call for specialty hours.

Services: Emergency medical care, general medical care, surgical care and mental health services.

Eligibility/Fees: Accepts Medicaid, Medicare, CareLink and many major insurance plans. Please call for all eligibility requirements.

University Health System Downtown
903 W. Martin • San Antonio, TX 78207
Phone: 210-358-3400
www.universityhealthsystem.com

Hours: Clinic hours are Monday through Friday 8:00 a.m. – 4:00 p.m. CareLink hours are Monday through Thursday 8:00 a.m. – 6:30 p.m., Friday 9:00 a.m. – 4:30 p.m. ExpressMed/PediExpress hours are Monday through Sunday 7:00 a.m. – 8:00 p.m.

Services: Ambulatory outpatient clinics, comprehensive prenatal program for high-risk pregnancies and FFACTS clinic.

Eligibility/Fees: Accepts Medicaid, Medicare, CareLink and many major insurance plans. Please call for all eligibility requirements.

Breast Imaging Center at CTRC
7979 Wurzbach Road Zeller Building, 5th Floor
San Antonio, TX 78229
Phone: 210-450-5050

Hours: Monday through Friday 8:00 a.m. – 4:30 p.m.

Services: Full range of services, including breast health educational material, breast ultrasound, magnetic resonance (MRI) of the breast

and screening and diagnostic digital mammography.

Eligibility/Fees: No referral is necessary.

Other University Health System Clinics

Phone: 210-358-8255

University Health System Eastside Clinic
210 N. Rio Grande Street • San Antonio, TX 78202

University Health System Kenwood Clinic
302 Dora Street • San Antonio, TX 78212

University Health System Naco Perrin Clinic
4020 Naco Perrin Boulevard • San Antonio, TX 78217

University Health System Old Hwy 90 Clinic
911 Old Hwy 90 • San Antonio, TX 78237

University Health System Salinas Clinic
630 General McMullen Drive • San Antonio, TX 78237

University Health System South Flores Clinic
7902 S. Flores Street • San Antonio, TX 78221

University Health System Zarzamora Clinic
4503 S. Zarzamora Street • San Antonio, TX 78221
Phone: 210-358-8255

Hours: Monday through Thursday 8 a.m. – 6 p.m., Friday 9 a.m. – 4 p.m.

Services: Primary care/chronic disease management, well child check-ups, newborn screening, pediatrics, family planning, immunizations/TB screens, prenatal care, and pregnancy testing.

Eligibility/Fees: Please call for all eligibility requirements.

University Health System Bob Ross Center
2219 Babcock Road • San Antonio, TX 78229

Phone: 210-358-7477

www.universityhealthsystem.com

Hours: Monday through Friday 8 a.m. – 4:30 p.m.

Services: Health care and community resources for seniors. Senior services include health screenings and disease self-management classes. Offers free health screenings including blood pressure, Body Mass Index (BMI)/weight, blood sugar, cholesterol, glaucoma and hearing. Also offers several classes including Salsa Caliente, smoking cessation, fitness, water aerobics, fall prevention and CPR. Health fairs are available periodically.

Eligibility/Fees: CareLink is not supported at this location. Please call for more information.

University Family Health Center North
(Part of University Health System)
302 Rector Street • San Antonio, TX 78216
Phone: 210-358-0800 • Fax: 210-358-0850
www.universityhealthsystem.com

Hours: Clinic hours are Monday through Thursday 7:00 a.m. – 8:00 p.m., Friday 9:00 a.m. – 8:00 p.m., Saturday 8:00 a.m. – 4:00 p.m.

Services: Primary care/chronic disease management, family practice, pediatrics, well child check-ups, immunizations/ TB screenings, endocrinology/diabetes specialty care, behavioral health, health promotion and education, radiology and laboratory services.

Eligibility/Fees: Please call for all eligibility requirements.

University Family Health Center Northwest
(Part of University Health System)
7726 Louis Pasteur Dr. • San Antonio, TX 78229
Phone: 210-358-9400 • Alternate Phone: 210-358-8820
Fax: 210-358-8143

Hours: Monday, Wednesday and Thursday 8 a.m. – 4 p.m., Tuesday 8

a.m. – 8 p.m., Friday 9 a.m. – 4 p.m. Clinic opens at 9 a.m. on the first Thursday of each month.

Services: Primary care, preventive and acute care for adults, behavioral health, lab and radiology services.

Eligibility/Fees: Please call for all eligibility requirements.

University Family Health Center Southeast
(Part of University Health System)
1055 Ada Street • San Antonio, TX 78223
Phone: 210-358-5515 • Alt. Phone: 210-358-5500
Fax: 210-358-5530

Hours: Monday through Thursday 7:00 a.m. – 8:00 p.m., Friday 9:00 a.m. – 8:00 p.m., Saturday 8:00 a.m. – 4:00 p.m. CareLink hours are Monday 8:00 a.m. - 6:30 p.m., Tuesday through Thursday 8:00 a.m. – 5:00 p.m., Friday 9:30 a.m. – 4:00 p.m.

Services: Urgent care/ExpressMed, primary care/chronic disease management, preventive care, family practice, pediatrics/well child checkups, internal medicine, immunizations/TB screenings, health and wellness education, behavioral health, Medication Assistance Program (MAP), Access Plus (referral assistance), CareLink (a financial assistance program for qualified Bexar County residents, laboratory services, pharmacy services, physical therapy and radiology).

Eligibility/Fees: Please call for all eligibility requirements.



University Health System CareLink

University Center for Community Health
126 West Rector St., Ste. 116 • San Antonio, TX 78216
Phone: 210-358-3350 • Toll-free: 1-800-844-6202
Fax: 210-358-3171
www.universityhealthsystem.com

Service centers located Downtown, Southeast, Southwest and North.

Hours: Please see individual clinic entries for CareLink hours. All CareLink Service Centers are closed on New Year's Day, Martin Luther King Day, Presidents Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, the day after Thanksgiving, and Christmas Day. Enrollment is by appointment.

Services: Financial assistance program for medical expenses.

Eligibility/Fees: The CareLink program is available to eligible Bexar County residents who do not have health insurance and do not qualify for other programs such as Medicare, Medicaid, Children's Health Insurance Program (CHIP) and VA benefits. CareLink offers families an affordable monthly payment plan that is based on their income and family size. The income cannot exceed 200% Federal Poverty Level (FPL) to qualify for any program within CareLink. CareLink members are able to access quality health care through the University Health System. Must provide a valid ID, proof of residency and income. Please call for all eligibility requirements.



University Health System – FFACTS Clinic

903 W. Martin, Clinical Pavilion, 3rd Floor
San Antonio, TX 78207
Phone: 210-358-3710 • Fax: 210-358-5941
www.universityhealthsystem.com/FFACTS

Hours: Monday through Thursday 8 a.m. -5 p.m., Friday 8 a.m. – 2 p.m.

Services: Primary medical care, substance abuse services, mental health services, psychiatry services, case management services, medical nutrition services, and pharmaceutical assistance. Services provided for recipients of the Ryan White Program.

Eligibility/Fees: Accepts Medicaid, Medicare, CHIP and CareLink and several major insurance plans. Services may be available on a sliding scale. Serves Ryan White eligible patients. Ryan White must be the payor of last resort. Please call for all eligibility requirements.



University of Texas Health Science Center at San Antonio Dental School

7703 Floyd Curl Drive • San Antonio, TX 78229
Phone: 210-567-3160 • Alt. Phone: 210-567-3217
www.dental.uthscsa.edu

Hours: Clinic hours are Monday through Friday 9 a.m. – 11:45 a.m. and 1 p.m. – 4:45 p.m.

Services: Wide range of dental treatments and oral health services for adults and children. The Dental School offers three separate clinical programs and a Student Clinic. Services in the Student Clinic are performed by a student under supervision. Treatment may include periodontal therapy, restorations, bridges, endodontics, partials or dentures among others.

Eligibility/Fees: At the Student Clinic a “screening appointment” is given to identify the services/treatments needed. Following that appointment, students select the patient. The selection process takes into account how your oral health needs match a group of patients the student is treating. Some oral health problems may be too complex for students; if this is the case you will be referred to graduate or specialty clinics. Fees must be paid in the form of cash, check or credit card. Payment is due at the time of service. Patients with insurance must also pay at the time of service. The Dental School will prepare an insurance claim for you to submit. Please call for more information.



VIA

Metro Center

1021 San Pedro • San Antonio, TX 78212

Phone: 210-362-2020

Hours: Monday through Friday 7 a.m. – 6 p.m.

Crossroads Park and Ride

151 Crossroads Blvd • San Antonio, TX 78201

Phone: 210-731-6616

Hours: Monday through Friday 7 a.m. – 1 p.m. and 2 p.m. – 6 p.m.

Downtown Information Center
260 E. Houston St • San Antonio, TX 78205
Phone: 210-475-9008

Hours: Monday through Friday 7 a.m. – 6 p.m.,
Saturday 9 a.m. – 2 p.m.

Medical Center Transit Station
7525 Merton Minter • San Antonio, TX 78229
Phone: 210-614-4615
Hours: Monday through Friday 7 a.m. – 1 p.m.
and 2:30 p.m. – 6 p.m.
www.viainfo.net

Additional locations can be found by calling 210-362-2020
or visiting the website

Bus routes are located on page 115.

Services: Bus service through San Antonio, routes can be planned on www.viainfo.net. VIATrans service is a transportation service for individuals who cannot ride the bus. VIATrans service is provided within three-quarters mile of a fixed bus route to most Bexar County addresses except for certain areas including all or part of Helotes, Hill Country Village, Hollywood Park, Live Oak, Lytle, Schertz, Selma, Somerset, Universal City and Windcrest.

Eligibility/Fees: Regular full bus fare is \$1.10 one-way, transfers are \$0.15. Discounts are available for children ages 5-11, seniors 62 years of age and older, Medicare recipients, individuals with certain disabilities and students. Senior citizens, Medicare recipients and veterans can receive their reduced fare card at one of the VIA Information Centers, except Randolph and Ingram; must bring ID including Texas state driver's license, ID card, birth certificate, Medicare card, or documentation from the VA with disability rating. Individuals with disabilities must complete an application. VIATrans eligibility is based on the guidelines in the Americans with Disabilities Act of 1990. Eligibility is not based on a medical diagnosis but an individual's ability to ride the bus. Applicants may be asked to participate in a physical assessment to determine special travel needs. Please call for additional information.



Vision Source

4930 Evers Road • San Antonio, TX 78228
Phone: 210-431-0366 • Toll-Free: 800-968-0366

Stone Oak Vision Source Therapeutic Optometrists
19202 Stone Oak Pkwy, Suite 106 • San Antonio, TX 78258
Phone 210-495-9020 • Fax 210-495-9398

Hours: Call for hours.

Services: Provides complete eye care for both adults and children. Facilities are accessible for the disabled. Services are available in Spanish. Comprehensive Eye Examinations, Contact Lenses, Optical Dispensing, Laser Vision Correction, Retinal Imaging, Eye Infections, Eye Injuries, Dry Eyes, Gentle Corneal Molding, Eye Diseases; Cataracts, Glaucoma, Diabetes and Surgery Co-Management.

Eligibility/Fees: Call for details.



VITAS Hospice Care

5430 Fredericksburg Road, Suite 200 • San Antonio, TX 78229
Phone: 210-348-4300
www.vitas.com

Hours: Office hours are Monday through Friday 8 a.m. – 5 p.m.

Services: Hospice and end-of-life care at the patient's home or inpatient hospice units, hospitals, nursing homes, assisted living facilities or residential facilities. VITAS also provides hospice care to veterans. A full range of bereavement services are also available.

Eligibility/Fees: Veterans can be referred to VITAS directly from the VA and may be covered under Tricare. VITAS accepts Medicaid or Medicare, and will contact a patient's insurer to inquire about hospice services covered under private insurance. In order to be eligible for Medicare coverage an individual must: 1) be eligible for Medicare Part

A; 2) consent to hospice care and agree that he or she wishes to receive "palliative not curative care"; 3) be certified by his or her physician and the hospice medical director as having "a medical prognosis that his or her life expectancy is six months or less, if the illness runs its normal course"; and 4) continue to have a six months or less prognosis, although some individual patients may receive hospice services for longer than six months as long as they continue to have a limited life expectancy throughout that time. Please call for more information.



Volunteers of America

6487 Whitby Road • San Antonio, TX 78240
Phone: 210-558-0731
www.voatx.org

Hours: Phone lines are open 24 hours / 7 days a week.

Services: Residential substance abuse treatment services for women and women with children through the L.I.G.H.T. Program (Living in Good Health Treatment). A total of 36 women, up to 10 individual women and ten women with children can be served by this program.

Eligibility/Fees: Must be screened and assessed by Mid-Coast Family Services. Will serve individuals from other counties. Please call for more information or e-mail CTC@voatx.org.



Walgreen's Prescription Savings Club

Phone: 1-866-922-7312

www.walgreens.com/wcard

Services: A prescription savings club. A 90-day supply of certain medications costs only \$12.00 under the Prescription Savings Club. Over 400 prescription medications are available.

Eligibility/Fees: Annual membership fee is \$20.00 for an individual and \$35.00 for a family (family enrollment includes a spouse, dependents under the age of 23 and pets). Additional family members living in the house such as grandparents will be given their own card at the individual rate. Must currently live in the United State or Puerto Rico. Individuals enrolled in a publically funded healthcare program such as Medicare, Medicard and Tricare are ineligible.



Wal-Mart \$4.00 Prescription Program

www.walmart.com

Services: \$4.00 prescriptions are available on select 30-day supplies of generic medications.

Eligibility/Fees: No program to enroll in. Please visit the website to find the nearest Wal-Mart location.



Wave Healthcare

4204 Gardendale, Suite 104 • San Antonio, TX 78229

Phone: 210-593-WAVE (9283) • Fax: 210-593-9284

<http://www.wavehealthcare.com>

Hours: Monday through Friday 8 a.m. – 5:30 p.m.

Services: As an exclusively pediatric respiratory home medical equipment company, Wave Healthcare provides expert hospital-to-home healthcare continuum through focused pediatric clinical respiratory support, patient care education, and diversified respiratory medical equipment applications.

Wave Healthcare serves children with special needs that will include, but not limited to ventilators, suction devices, liquid oxygen, concentrators, cylinder oxygen, continuous positive airway pressure (CPAP) devices, Bilevel Positive Airways Pressure (BiPAP) devices, pulmonary clearance devices (Intrapulmonary percussive ventilation (IPV) and manual cough assist devices), nebulizers, medication chambers, enteral Nutrition Pumps and associated feeding supplies and standard pediatric durable medical equipment (beds, walkers, wheelchairs, ect.)

Wave Healthcare serves the pediatric population of Bexar County and the surrounding counties Comal, Guadalupe, Wilson, Atascosa, Medina, Bandera, and Kendall.

Eligibility/Fees: Wave accepts Medicaid. Please call for all eligibility requirements.



WellMed Medical Group

8637 Fredericksburg Road, Suite 360
San Antonio, TX 78240 • Phone: 210-615-9355
www.wellmedhealthcare.com

WellMed Medical Group has over 30 clinics in the San Antonio Area. Please call or visit the website for locations.

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Board-certified Internal Medicine and Family Practice physicians specializing in senior health care; disease management programs, including prescription assistance programs, hearing, vision and dental allowances; transportation services; and portable electronic medical records.

Eligibility/Fees: WellMed Medical Group has a large insurance and referral network. Please call for all eligibility requirements.



Wesley Primary Care Dental Clinic

1406 Fitch Street • San Antonio, TX 78211
Phone: 210-922-6922

Hours: Monday through Friday 8 a.m. – 5 p.m.

Services: Affordable oral health care and dental services. Serving Bexar County and South Texas.

Eligibility/Fees: Sliding fee scale according to income and family size. Does not accept Medicaid, Medicare or supplemental insurance. Please call for all eligibility requirements and enrollment.



Winner's Club

5723 Kenwick Street • San Antonio, TX 78238
Phone: 210-680-5496

Hours: Sunday through Saturday 6:30 a.m. – 8 p.m.

Services: Alcoholics Anonymous support groups.

Eligibility/Fees: Please call for more information.



Workforce Solutions Alamo

Main Office:
115 E. Travis Street, Suite 220 • San Antonio, TX 78205
Phone: 210-272-3260 • Fax: 210-272-3290
www.workforcesolutionsalamo.org

Career Centers

6723 S. Flores Street, Suite 100
San Antonio, TX 78221
Phone: 210-928-3985
Fax: 210-928-3987

1499 Hillcrest Drive
San Antonio, TX 78228
Phone: 210-438-0581
Fax: 210-438-8057

4535 E. Houston Street
San Antonio, TX 78220
Phone: 210-581-0190
Fax: 210-581-0191

7008 Marbach Road
San Antonio, TX 78227
Phone: 210-436-0670
Fax: 210-436-5166

4615 Walzem Road, Suite 100
San Antonio, TX 78128
Phone: 210-822-7640
Fax: 210-822-9623

Hours for all Career Centers: Monday through Friday 8 a.m. – 5 p.m.

Services: Job seeker services including job matching and referral, job development and placement assistance, career counseling, information on available training programs and providers, information and referrals on community resources such as childcare, transportation, job search workshops on topics such as resume writing, job applications and conducting an effective job search.

Eligibility/Fees: No cost for services.



YMCA

440 Labor Street • San Antonio, TX 78210
Phone: 210-534-9622
www.ymcasatx.org

Hours: Monday through Friday 6:30 a.m. – 6 p.m.

Services: Child development services, infant and toddler care, preschool programs, after-school and summer programs, child care center, early-on school readiness, and parental skills training.

Eligibility/Fees: Serves families and children at risk of poverty. Please call for all eligibility requirements.



Select Food Banks, Home Delivered Meals, Food Programs

Bexar County

**This list is not comprehensive and some agencies may offer food bank services that are not listed here. Please refer to the individual agency listings for additional food banks. Eligibility and availability of services are subject to change. Please contact the individual food bank for complete information.*

Alamo City Christian Fellowship Church

6500 IH 35 North
San Antonio, TX 78208
Phone: 210-654-7880
Hours: First Saturday of each month at 7 a.m.
Must provide photo ID and complete an application. Please call for all eligibility requirements.

Antioch Baptist Church

1001 N. Walters Street
San Antonio, TX 78202
Phone: 210-225-2452
Hours: Second and Fourth Wednesday of each month from 8 a.m.-11 a.m.
Must bring a valid photo ID. Please call for all eligibility requirements.

Boyd Chapel AME Church

11943 Cedar Gray Dr.
San Antonio, TX 78249
Phone: 210-325-3183
Hours: Second Saturday of each month. Call on the first Saturday of each month for door-to-door service. Must be a Bexar County resident & provide proof of address. Please call for all eligibility requirements.

Centro de Albanza Familiar

910 Manor Dr.
San Antonio, TX 78228
Phone: 210-732-3424
Hours: Wednesday at 8:30 p.m.
Food distributed after church on Wednesdays. Please call for all eligibility requirements.

Centro Christian International

4163 Culebra Rd.
San Antonio, TX 78228

Phone: 210-434-6428
Hours: Second Friday of the month from 7:30 a.m. – 3 p.m.
Proof of residency and income required. Please call for all eligibility requirements.

Christ Episcopal Church

510 Belknap Place
San Antonio, TX 78212
Phone: 210-736-3132
Hours: Saturdays 10 a.m. – 11 a.m.
Must provide photo ID and complete an interview. Please call for all eligibility requirements.

Christian Assistance Ministries

110 McCullough Avenue
San Antonio, TX 78215
Phone: 210-697-5771
Proof of residency (utility bill, social security number and photo ID) required. Food given twice in a six month period. Please call for all eligibility requirements.

Christian Assistance Ministries Northwest Satellite

5084 DeZavala Road
San Antonio, TX 78249
Phone: 210-697-5771
Hours: Please call for hours.
Food assistance provided twice in a six month period. Serving ZIP codes 78213, 78229, 78230, 78231, 78232, 78238, 78240, 78249, 78250, 78251, 78253, 78254, 78255, 78256, 78257, 78258 and some surrounding counties. Please call for all eligibility requirements.

El Carmen / St. Vincent De Paul

18555 Leal Road
San Antonio, TX 78221
Phone: 210-626-5500
Hours: Tuesday and Wednesday, 9 a.m. – 11 a.m.
Must live within parish boundaries and have a referral from a Case Manager. Please call for all eligibility requirements.

Faith Assembly

8023 Huebner Road
San Antonio, TX 78240
Phone: 210-681-8723
Hours: Tuesday and Wednesday from 4:30 p.m. – 7 p.m.
Photo ID and application required. Please call for all eligibility requirements.

Faith Outreach Storehouse

3806 Sunshine Ranch
San Antonio, TX 78228
Phone: 210-734-7423
Hours: Tuesday 12:30 p.m. – 1:30 p.m., Wednesday and Thursday 9:30 a.m. – 1:30 p.m.
Please call for all eligibility requirements.

GRASP Food Pantry

250 Donalan Drive
Converse, TX 78109
Phone: 210-658-6351
Comprehensive emergency food assistance by appointment only. Must be an area resident and bring photo ID, social security card, proof of income and proof of bills paid at residence. Serves individuals living in the following zip codes: 78101, 78108, 78109, 78124, 78148, 78152, 78154, 78233 (Live Oak only) and 78263. Please call for all eligibility requirements.

Inner City Development

1300 Chihuahua Street
San Antonio, TX 78207
Phone: 210-224-7239
Hours: Monday through Friday from 10 a.m. – 12 p.m.
Must provide photo ID. Please call for all eligibility requirements.

Laurel Hills Seventh Day Adventist

703 W. Ashby Place
San Antonio, TX 78212
Phone: 210-732-6898
Hours: Tuesday from 9 a.m. – 11:30 a.m.
Must provide photo ID, complete an application and show proof of area residency. Please call for all eligibility requirements.

Metropolitan Community Church

611 E. Myrtle Street
San Antonio, TX 78212
Phone: 210-472-3597
Hours: Saturday at 3 p.m.
Please call for all eligibility requirements.

Mount Gilead Baptist Church

1319 E. Crockett Street
San Antonio, TX 78202
Phone: 210-227-4835
Hours: Last Friday of each month from 8 a.m. – 11 a.m.
Please call for all eligibility requirements.

Saint Stephen Baptist Church

2011 E. Carson Road
San Antonio, TX 78208
Phone: 210-226-3448

Hours: First and third Wednesday of each month at 11 a.m.
Must provide social security card. Please call for all eligibility requirements.

Salvation Army Hope Center

910 N. Flores Street
San Antonio, TX 78212
Phone: 210-352-2020
Hours: First and third Friday of each month. Date of service depends on the first letter of your last name.
For Bexar County residents. Must have Food Card. Please call for all eligibility requirements.

San Antonio AIDS Foundation

818 E. Grayson Street
San Antonio, TX 78208
Phone: 210-225-4715
Fax: 210-224-7730
www.sanantonioaids.org

San Antonio Food Bank

5200 Old Hwy 90 W.
San Antonio, TX 78227
Phone: 800-246-9121
Help Center: 210- 431-8326
Fax: 210-431-8397
www.sanantoniofoodbank.org
Hours: Office hours are Monday through Friday 8 a.m. – 5 p.m.; Food Bank Help Center hours are Monday through Friday 8 a.m. – 8 p.m.

St. Andrews Episcopal Church

6110 NW Loop 410
San Antonio, TX 78238
Phone: 210-684-0845
Hours: First and third Thursday of each month from 7 a.m. – 1 p.m.
Photo ID and application required. Please call for all eligibility requirements.

Wesley Community Center & Clinic

1406 Fitch Street
San Antonio, TX 78211
Phone: 210-924-5191

Hours: Monday through Friday from 8 a.m. – 11 a.m. and 2 p.m. – 3:30 p.m. Registration hours are Monday through Friday from 8 a.m. – 4 p.m. Serves San Antonio and South Texas. Must have a referral from a Case Manager. Please call for all eligibility requirements.

Other TGA Counties**Eats Foundation**

767 South Saunders
Seguin, TX 78155
Phone: 1-830-372-4900
Hours: Please call for hours
Emergency and evening food bank services. Please call for all eligibility requirements.

Everyday Christian Fellowship

824 Main Street
Schertz, TX 78154
Phone: 210-659-6300
Hours: Monday, Tuesday, Wednesday and Friday from 9 a.m. – 11 a.m. and 2 p.m. -5 p.m.
Must complete an application. Please call for all eligibility requirements.

Our Lady of Guadalupe Church

409 W. Krezdon Street
Seguin, TX 78155
Phone: 830-379-4338
www.guadalupeparish.org
Hours: Tuesday from 1 p.m. – 2 p.m.
Food bank for Guadalupe County residents. Please call for all eligibility requirements.

Smithson Valley Food Bank

36200 FM 3159
New Braunfels, TX 78132
Phone: 830-885-2214
Hours: Monday, Wednesday and Friday 9:00 am – 12:00 pm
Please call for all eligibility requirements.

Food Banks by Zip Code They Serve

78003 • Bandera County Helping Hands
830-796-8300

78028 • Kerr County Area Christian Assistance Ministry
830-257-4222

78029 • Salvation Army of Kerrville
830-257-3620

78109 • GRASP Food Pantry
210-658-6351

78119 • Community Council of SCT (Karnes)
830-583-9731

78154 • Everyday Christian Fellowship
210-659-6300

78155 • Our Lady of Guadalupe Church (Seguin)
830-379-4338

78202 • Antioch Baptist Church
210-225-2452

78202 • Mt Gilead Baptist Church
210-227-4835

78202 • St Paul United Methodist Church
210-227-2525

78204 • Boyd Chapel AME Church
210-325-3183

78205 • Care Benevolence Office First Baptist Church
210-223-0363

78207 • Crisis Intervention Catholic Charities
210-433-3256

78207 • Bread Line
210-434-2301

78207 • Inner City Development
210-224-7239

78208 • St Stephen Baptist Church
210-226-3448

78208 • Alamo City Christian Fellowship Church
210-654-7880

78210 • Presa Community Center
210-532-5295

78211 • Wesley Community Center & Clinic
210-924-5191

78212 • Christ Episcopal Church
210-736-3132

78212 • Laurel Hills Seventh Day Adventist
210-732-6898

78212 • Metropolitan Community Church
210-472-3597

78212 • Salvation Army Hope Center
210-352-2020

78212 • Salvation Army Peacock Center
210-733-0643

78215 • Christian Assistance Ministry
210-223-6648

78218 • The Agape Ministry Emergency Assistance Program
210-590-6655

78221 • El Carmen / St. Vincent De Paul
210-626-5500

78227 • San Antonio Food Bank
210-337-3663

78228 • Faith Outreach Storehouse
210-734-7423

78228 • Centro de Albanza Familiar
210-732-3424

78228 • Centro Christian International
210-434-6428

78228 • Rose of Sharon Christian Church
210-646-8258

78237 • Madonna Neighborhood Center
210-432-2374

78238 • St. Andrews Episcopal Church
210-684-0845

78240 • Faith Assembly
210-681-8723

78249 • Christian Assistance Ministries NW Satellite
210-697-5771

78624 • Fredericksburg Food Pantry
830-997-9383

Other Phone and Internet Resources

AIDS Treatment Data Network

www.adtn.org

A New York based agency that provides information on HIV and Hepatitis, treatments and patient assistance programs. Information on HIV/STD resources in Texas can be found on the website.

AIDSinfo

P.O. Box 6303

Rockville, MD 20849-6303

Phone: 1-800-HIV-0440 (448-0440)

International Number: 301-315-2816

TTY: 1-888-480-3739

Fax: 301-315-2818

Hours: Monday through Friday, 11 a.m. – 4 p.m. (Eastern Time)

www.aidsinfo.nih.gov

ContactUs@aidsinfo.nih.gov

Information on HIV/AIDS treatment, prevention, clinical trials, medication, vaccine research and other health topics. English and Spanish.

ALANON and ALATEEN (for younger members)

Phone: 1-800-4AL-ANON (1-888-425-2666) in Canada and the US

Hours: Monday-Friday 8 a.m.-6 p.m. (Eastern Time)

www.al-anon.alateen.org

Recovery program for families and friends of alcoholics, whether or not the alcoholic seeks help or even recognizes the existence of a drinking problem. For local meetings, please refer to the phone book or the Al-Anon website.

American Social Health Association's Sexually Transmitted Diseases (STD) Hotline

Phone: 919-361-8488

Hours: Monday-Friday 8 a.m.-8 p.m. (Eastern time)

Provides anonymous, confidential information on sexually transmitted diseases (STDs) and how to prevent them. Also provides referrals to clinical and other services.

Americans with Disabilities Act Information and Assistance Hotline

Phone: 1-800-514-0301

TTY: 1-800-514-0383

Hours: Monday-Friday 9:30 a.m.-5:30 p.m.; Thursday 12:30 p.m.-5:30 p.m. (Eastern Time)

CDC National Prevention Information Network

Phone: 1-800-458-5231

TTY/TDD: 1-800-243-7012

International: 301-562-1098

Hours: Monday through Friday, 8 a.m. – 8 p.m. (Eastern Time)

Information about HIV, TB, viral hepatitis and other sexually transmitted diseases. English and Spanish.

Centers for Disease Control and Prevention (CDC)

Phone: 1-800-CDC-INFO (1-800-232-4636)

TTY: 1-888-232-6348

Hours: 24 hours / 7 days a week

E-mail: cdccinfo@cdc.gov

www.cdc.gov

Information on a variety of health topics, including HIV/AIDS. English and Spanish.

Childhelp USA® National Child Abuse Hotline

Phone: 1-800-4-A-CHILD® (1-800-422-4453)

Hours: 24 hours / 7 days a week

www.childhelpusa.org

Serving the United States, Canada, U.S. Virgin Islands, Puerto Rico and Guam.

The Gay and Lesbian National Hotline

Phone: 1-888-THE-GLNH (1-888-843-4564)

Hours: Monday-Friday 4 p.m.-12 a.m.; Saturday 12 p.m.-5 p.m. (Eastern Time)

www.glbtnationalhelpcenter.org

A non-profit organization which provides Nationwide Toll-free peer counseling, information and referrals.

Latino Commission on AIDS

24 W. 25th Street, 9th Floor
New York, NY 10010
Phone: 212-675-3288
Fax: 212-675-3466
www.latinoaids.org

The Latino Commission on AIDS is a nonprofit membership organization dedicated to fighting the spread of HIV/AIDS in the Latino community.

Narcotics Anonymous

Phone: 818-773-9999
Fax: 818-700-0700
Hours: Monday- Friday 8 a.m.-5 p.m. (Pacific Time)
www.na.org
International, community-based association of recovering drug addicts.

National Black Leadership Commission on AIDS

215 W. 125th Street, 2nd Floor
New York, NY 10027
Phone: 212-614-0023
Fax: 212-614-0508
www.nblca.org
The mission is to educate, mobilize, and empower black leaders to meet the challenge of fighting HIV/AIDS and other health disparities in their local communities.

National Domestic Violence Hotline

Phone: 1-800-799-7233
TTY: 1-800-787-3224
Hours: 24 hours / 7 days a week
www.thehotline.org

National Hemophilia Foundation

Phone: 1-800-424-2634
Phone: 212-328-3700
Fax: 212-328-3777
Hours: Monday-Friday 9 a.m.-5 p.m. (Eastern Time)
www.hemophilia.org
Information on HIV/AIDS and hemophilia.

National Minority AIDS Council

1931 NW 13th Street
Washington, DC 20009
Phone: 202-483-6622
Fax: 202-483-1135
www.nmac.org
Public policy education programs, national conferences, research programs and training.

National Native American AIDS Prevention Center

Phone: 720-382-2244
Fax: 720-382-2248
Automated Fax Information: 1-800-283-6880
Hours: Friday, 8 a.m. – 5 p.m. (Eastern Time)
E-mail: information@nnaapc.org
www.nnaapc.org
Programs and information promoting HIV prevention in the Native American community.

National Runaway Switchboard

Phone: 1-800-621-4000 or 1-800-RUNAWAY (1-800-786-2929)
TDD: 1-800-621-0394
Hours: 24 hours / 7 days a week
www.1800runaway.org
Crisis line for teenagers.

National Suicide Prevention Hotline

Phone: 1-800-SUICIDE (1-800-784-2433)
Hours: 24 hours / 7 days a week
www.hopeline.com

Pride Institute

Phone: 1-800-547-7433
Hours: 24 hours / 7 days a week
Pride Institute provides lesbian, gay, bisexual, and transgender people a road to recovery through evidence-based substance abuse, sexual health, and mental health treatment.

San Antonio VIA Bus Routes

Project Inform

National HIV/AIDS Treatment Infoline

Phone: 1-800-822-7422

International: 415-558-9051

Hours: Monday through Friday, 9 a.m. – 7 p.m. (Eastern Time)

HIV/AIDS Nightline

Phone: 1-800-628-9240

Hours: 5 p.m.-5 a.m.

www.projectinform.org

Counselors available for information on HIV/AIDS treatment, services, lab work and living with HIV.

Rape Abuse and Incest National Network

Phone: 1-800-656-HOPE

TTY: 1-800-810-7440

www.rainn.org

Hours: 24 hours / 7 days a week

Anti-sexual violence organization that carries out programs to prevent sexual violence.

WORLD

449 15th Street, Ste. 303

Oakland, CA 94612

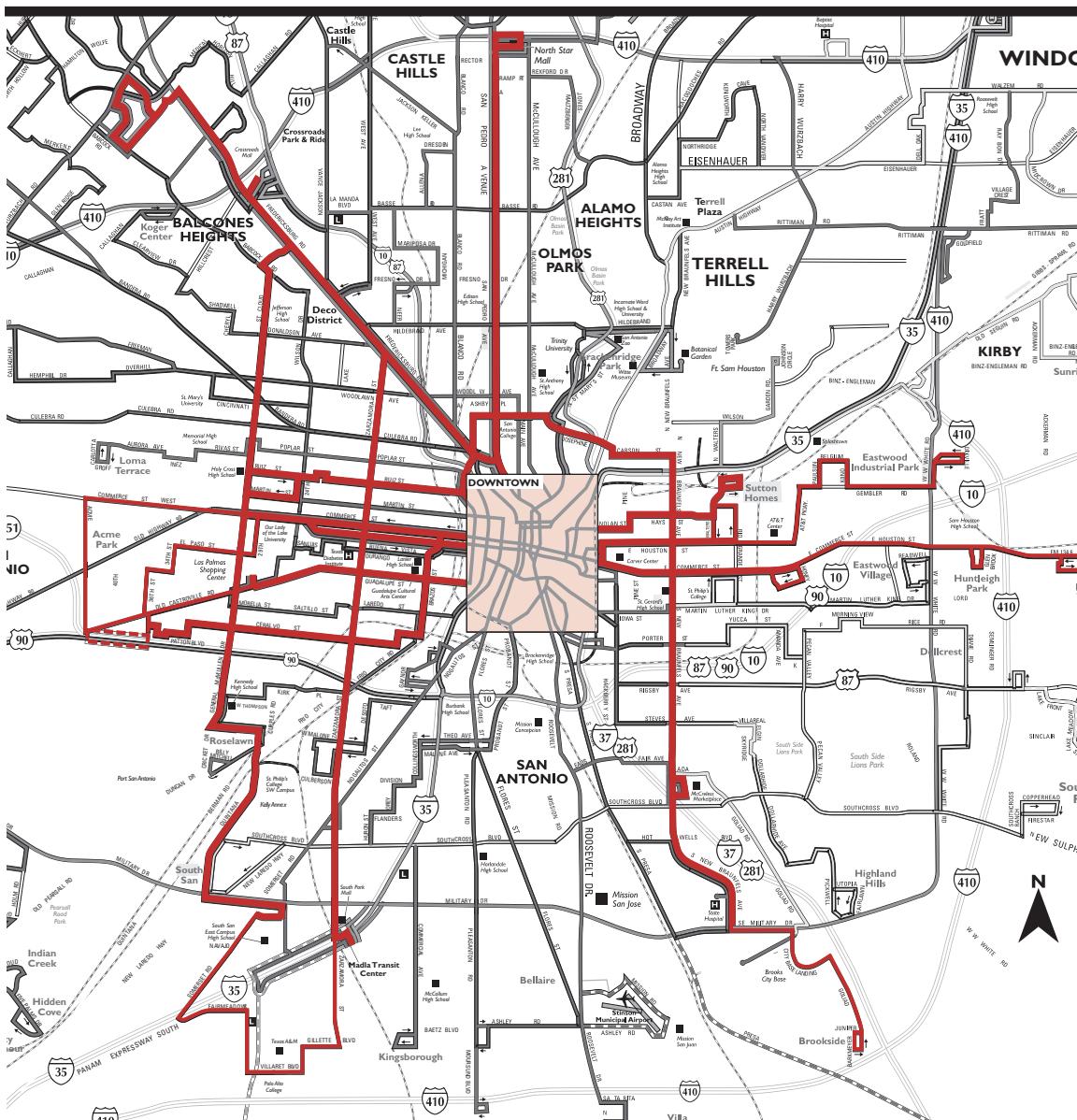
Phone: 510-986-0340

Fax: 510-986-0341

www.womenhiv.org

WORLD improves the lives and health of women, girls, families and communities affected by HIV through peer-based education, wellness services, advocacy, and leadership development.

FrequentService routes run every 15 minutes or better during the day. All the Frequent Service routes are labeled on this map in red. Where the service is 15 minutes or better you will see wider red lines. Frequent Service is generally available during weekday hours until approximately 6:00 p.m.



San Antonio VIA Bus Routes

EXPRESSSERVICE routes are designed especially for commuters because they travel on expressways and quickly connect riders to employment centers from Park & Rides. All the Express Service routes are labeled on this map in red.



San Antonio VIA Bus Routes

METROSERVICE routes are fixed routes operating every 30 or 60 minutes. Some run more frequently during the morning and afternoon peak periods. All the Metro Service routes are labeled on this map in red.



San Antonio VIA Bus Routes

SkipService routes travel along major streets and skip some bus stops so the bus can get riders to their destinations faster.



Downtown, San Antonio VIA Bus Routes

FrequentService



Downtown, San Antonio VIA Bus Routes

EXPRESS SERVICE



Downtown, San Antonio VIA Bus Routes

METRO SERVICE



Downtown, San Antonio VIA Bus Routes

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