

R Markdown & Quarto Guide

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1 Introduction

R Markdown and **Quarto** are extremely helpful for creating reproducible work, documentation, or for creating meaningful reports. R Markdown was released in 2014 as a cornerstone of R-based reporting. Quarto is its successor, developed in 2022 to “make the process of creating and collaborating on scientific and technical documents dramatically better”.

2 What is R Markdown?

R Markdown is a document format introduced by RStudio/Posit that allows users to combine:

- Narrative text written in **Markdown** (you will see these files on most GitHub pages),
- **R code chunks** for analysis,
- Embedded **outputs** (e.g., plots, tables, models)

2.1 File Structure

An R Markdown document uses the `.Rmd` extension and typically consists of:

- [A YAML header](#)
- Markdown-formatted narrative
- Code chunks enclosed in triple backticks and labeled with `{r}`. Note that you can actually run different languages in R Markdown using triple backticks and the label `{python}` for example.

2.2 Output Formats

With R Markdown, you can render documents to:

- HTML (via `html_document`)
- PDF (via LaTeX and `pdf_document`)
- Word (`word_document`)
- Presentations (`ioslides`, `slidy`, `xaringan`)
- Dashboards (`flexdashboard`)
- Shiny apps (`shiny`)

3 What is Quarto?

Quarto is the new open-source scientific and technical publishing system designed as the successor to R Markdown. Quarto is designed to be **language-agnostic**, supporting R, Python, Julia, and JavaScript and create more advanced projects like **books**, **websites**, and **Shiny apps**.

3.1 File and Project Structure

Quarto files use the `.qmd` extension and have a structure similar to `.Rmd`, but with a bit different YAML.

4 Similarities

Feature	RMarkdown	Quarto
Code+TextIntegration	Yes	Yes
Markdown-basedSyntax	Yes	Yes
HTML/PDF/WordOutputs	Yes	Yes
ShinySupport	Yes	Yes(betterinQuarto)
Citations	Yes	Yes
RStudio/VSCoDeSupport	Yes(RStudio)	Yes(RStudio+VSCoDe+Jupyter)
PlotOutput,Tables	Yes	Yes

5 Differences

5.1 Language Support

Feature	RMarkdown	Quarto
R	Yes	Yes
Python	Yes(via <code>reticulate</code>)	Yes(native)
Julia	No!	Yes
ObservableJS	No!	Yes

R Markdown supports only R (or Python via `reticulate`, with limitations). *Note that you can also use SQL in R Markdown (I have used this for a project).* Also **Quarto** supports native **websites**, **blogs**, and **books**, whereas R Markdown requires external packages.

6 Example

In R Markdown and Quarto we use code chunks. These code chunks can have many options. Below are the common code chunks.

Option	What it does
<code>echo=FALSE</code>	Hides the code from output but still runs it. Useful for setup or styling.

Option	What it does
<code>eval=FALSE</code>	Shows the code, but doesn't run it. Use when you want to show an example.
<code>include=FALSE</code>	Runs the code but shows neither the code nor the output.
<code>message=FALSE</code>	Suppresses messages
<code>warning=FALSE</code>	Hides warnings generated by the code.
<code>fig.cap="..."</code>	Adds a caption to a plot or image.

6.1 Different Languages

Below we list the numbers from 1 to 10 using R

```
for (i in 1:10){
  print(i)
}
```

```
[1] 1
[1] 2
[1] 3
[1] 4
[1] 5
[1] 6
[1] 7
[1] 8
[1] 9
[1] 10
```

Below we list the numbers from 1 to 10 using Python

```
for i in range(1,11):
  print(i)
```

```
1
2
3
4
5
6
```

7
8
9
10

Below we list the numbers from 1 to 10 using JavaScript

```
Array.from({length: 10}, (_, i) => i + 1)
```