

**Agile Practices**

- 12 principles of agile manifesto
  - ways that you have seen them applied or not
  - what have the consequences been?
- conscious capitalism
- cynefin
- read the scrum guide
- scope creep the Pentagon wars (Youtube video)

extra:

- Kent Beck extreme programming

**12 Principles of Agile Manifesto:**

1.

# Waterfall Development and Its Problems



## Waterfall methodology

- What is Waterfall?
- Advantages
- Disadvantages

## V-Model methodology

- What is the V-Model?
- Advantages
- Disadvantages

# Extreme Programming



## What is extreme programming?

- Explanation of extreme programming and its history

## Key concepts of extreme programming

- Activities
- Principles
- Values
- Rules

# Scrum

## What is Scrum?

Explanation of Scrum and its history

## Key concepts of Scrum

Scrum values, roles, artifacts, and activities

## History of the Waterfall Model



First introduced by Winston Royce

Was not referred to as Waterfall until later

Requirements specification

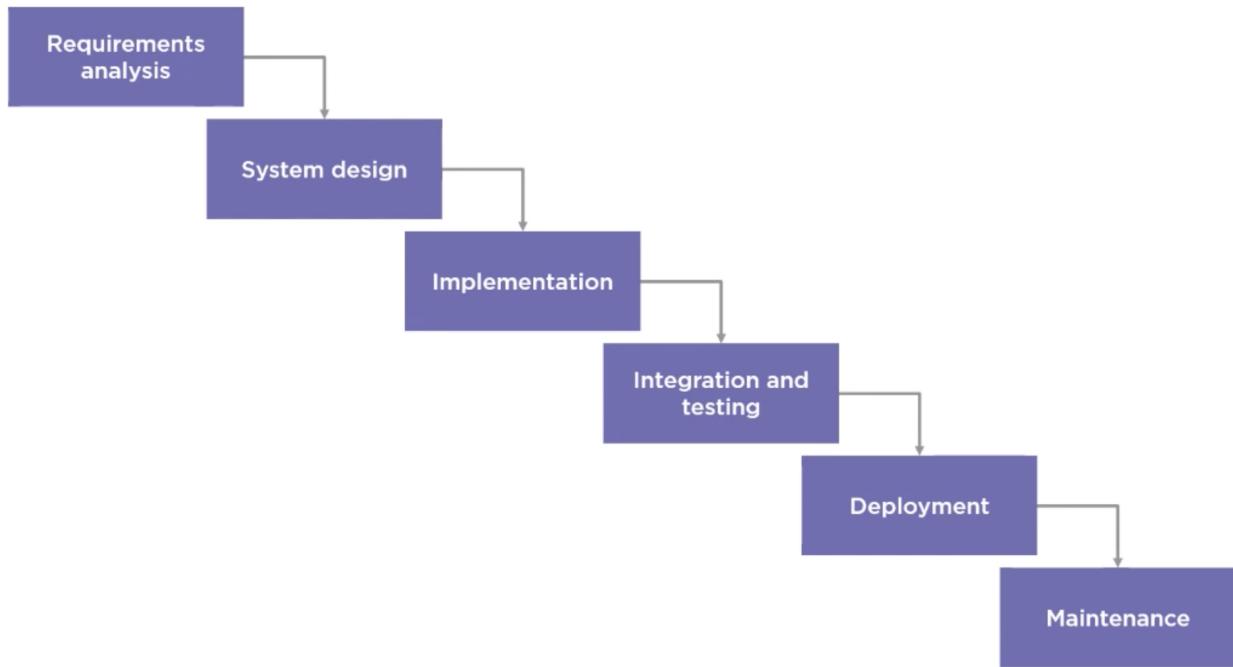
Design

Construction

Integration

Testing and debugging

Installation



When to use Waterfall process:

**Requirements are well documented, clear and fixed**

**Product definition is stable**

**Technology is well understood**

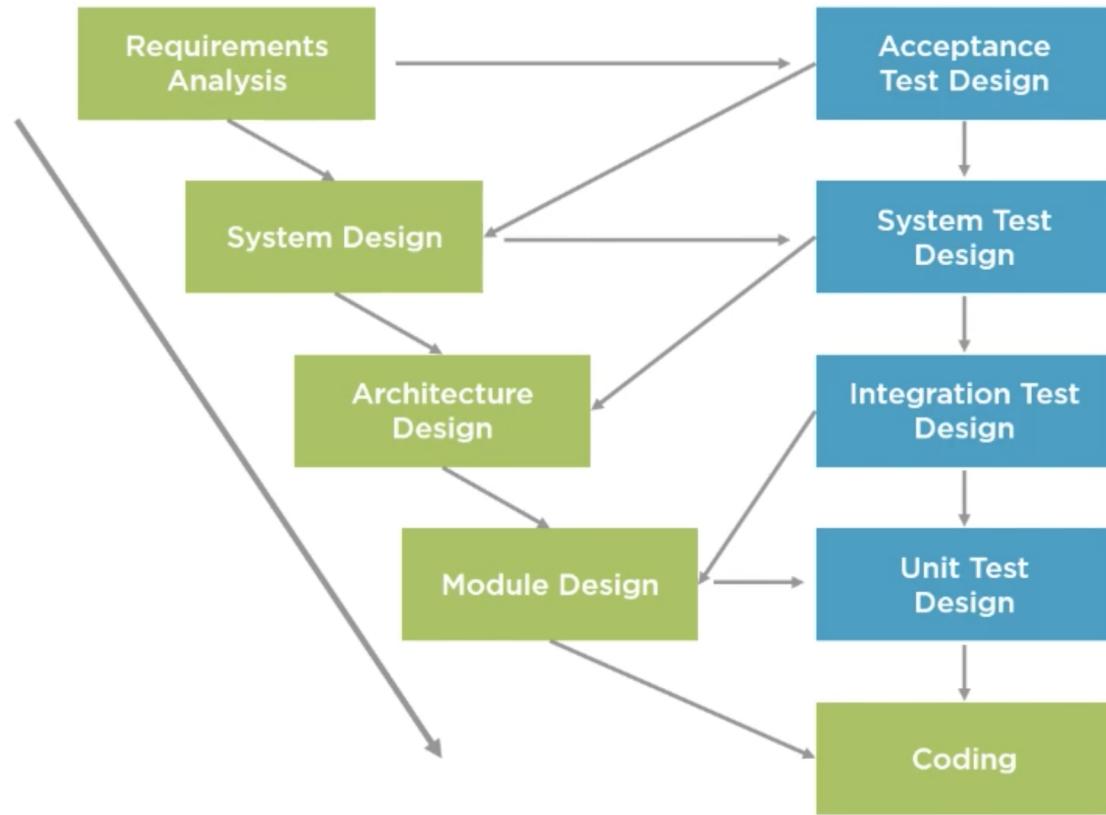
**No ambiguous requirements**

**The project is short**

**Suitable resources available**

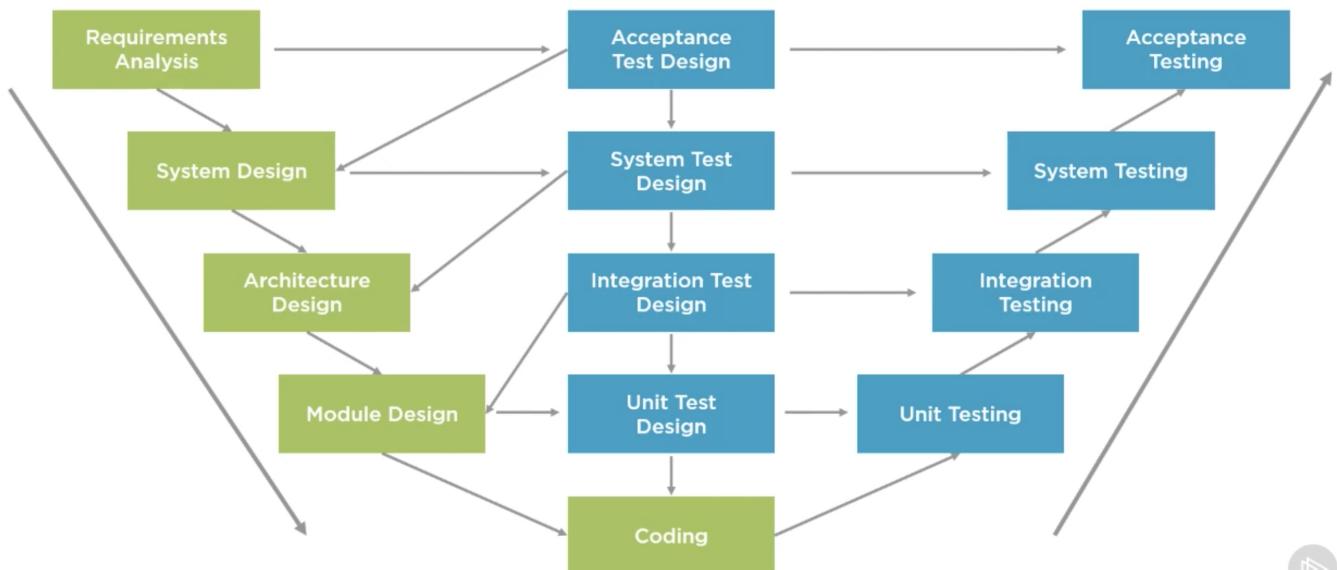
V Model:

Left side:



Full V model:

## How does the V-model work?



When to use the V Model:

**Requirements are well defined, documented and fixed in place**

**Product definition is stable**

**Technology is well understood**

**No ambiguous requirements**

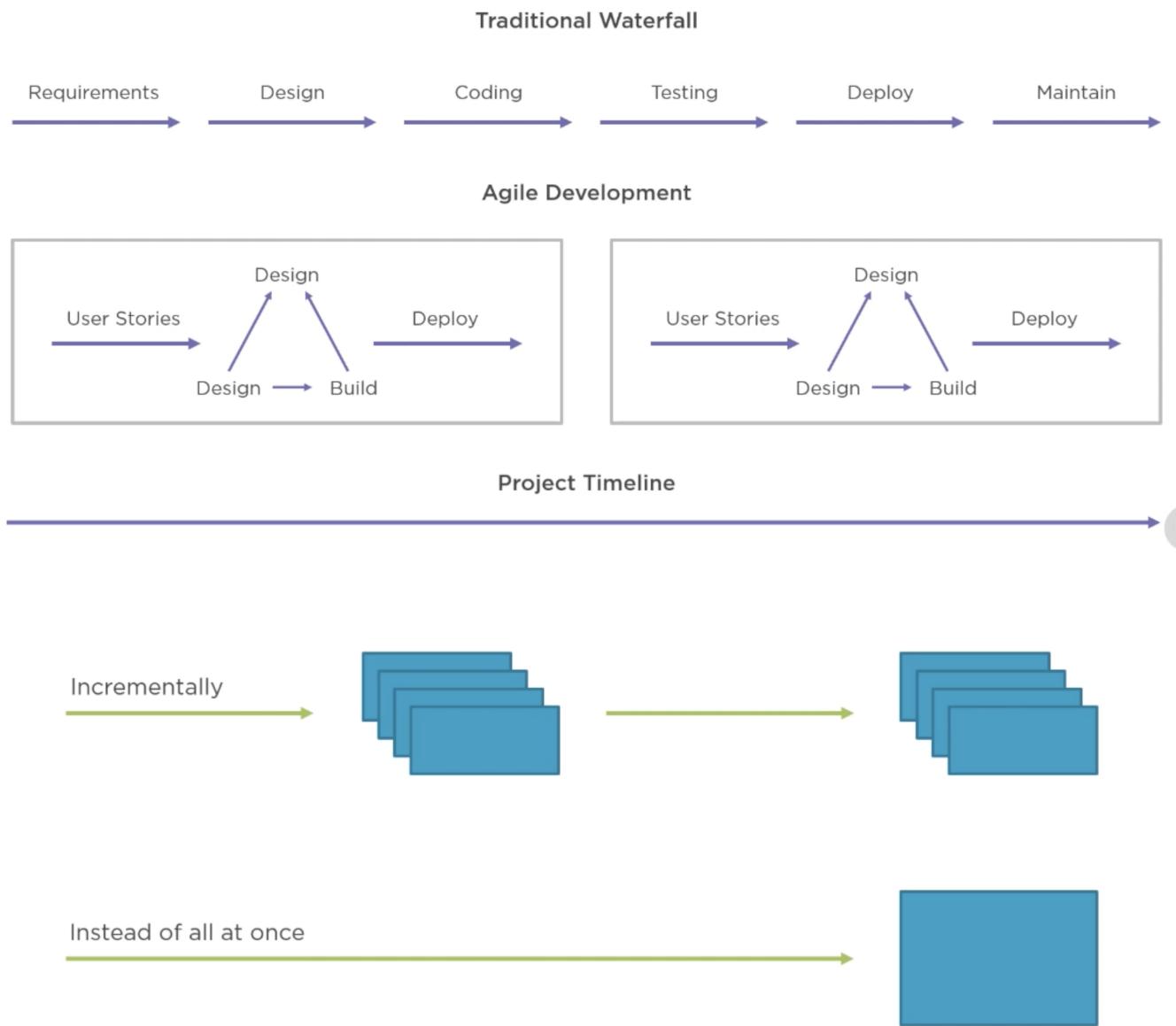
**The project is short**

These are Pros and Cons of V Model:

Pros	Cons
Disciplined model where phases are complete one at a time	High risk and uncertainty
Works well for small projects	Not a good model for complex projects
Easy to understand and use	Not good for changes in requirements
Easy to manage due to the rigidity of the model	Once in testing, difficult to go back

There is also the issue of users not seeing the product until late in the development phase.

This is the Agile timeline:



Agile Manifesto:

**We are uncovering better ways of developing software by doing it and helping others do it. Through this work we have come to value:**

- Individuals and interactions over processes and tools
- Working software over comprehensive documentation
- Customer collaboration over contract negotiation
- Responding to change over following a plan

**That is, while there is value in the items on the right, we value the items on the left more**

These are the values:

Individuals and interactions over processes and tools

Working software over comprehensive documentation

Customer collaboration over contract negotiation

Responding to changeover following a plan

Agile Manifesto principles can be split into 3 main groups:

## 12 principles behind the agile manifesto

### Split into 3 groups:

- Regular delivery of software
- Team communication
- Excellence in design

Regular delivery of Software:

**The highest priority is to satisfy the customer through early and continuous delivery of valuable software**

**Deliver working software frequently, from a couple of weeks to a couple of months, with a preference to the shorter timescale**

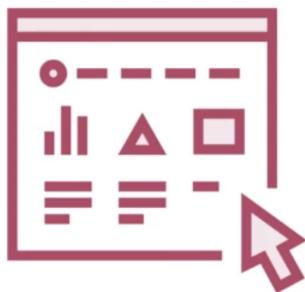
**Working software is the primary measure of progress**

**Agile processes promote sustainable development. The sponsors, developers, and users should be able to maintain a constant pace indefinitely**

These are the principles for team communication:



### Excellence in Design



Continuous attention to technical excellence and good design enhances agility



Simplicity, the art of maximizing the amount of work not done, is essential



Agile processes harness change for the customer's competitive advantage

These are different models for agile:

# Scrum

## Extreme programming (XP)

# Crystal

## Dynamic systems development method (DSDM)

## Feature driven design (FDD)

## Lean software development

# Kanban

These are the Roles in an Agile Team:

Agile teams are software development teams first and members of a department second

A team should have a product or domain expert

A team has members with cross functional skills

A team should have some form of leadership role

A team can benefit from an agile coach or mentor

The main point regarding agile is that we have iterative development towards a shared goal

These are some common agile misconceptions:

**Agile is ad-hoc, with no process control**

**Agile is faster and/or cheaper**

**Agile teams do not plan their work or write documentation**

**An Agile project never ends**

**Agile only works for small organizations**

**Without upfront planning, Agile is wasteful**

**Agile is not the solution to all your problems**

**Agile means 'No Commitment'**

**Agile development is not predictable**

**Agile is a silver bullet**

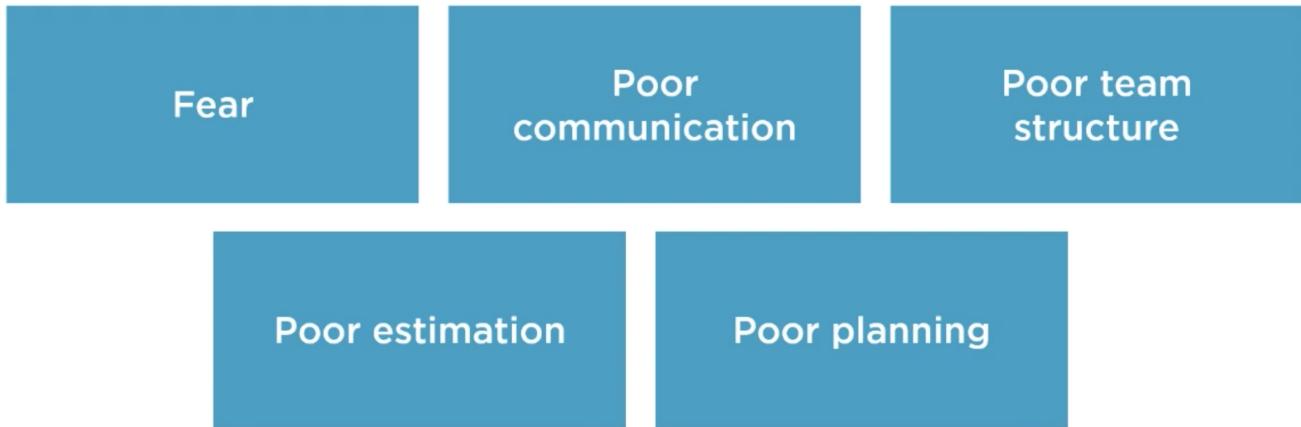
**There's only one way to do Agile**

**Agile doesn't need up-front design**

**Being agile is pain-free**

**We're doing scrum, so we don't need to pair program, refactor or do TDD**

These are common mistakes made by agile teams:



#### Agile Advantages and Disadvantages



Here are some disadvantages of Agile:

**Difficult to assess the effort required at the beginning of the software development life cycle**

**Can be very demanding on the users time**

**Potential for scope creep**

**Harder for new starters to integrate in the team**

**Costs can increase as testers are required all the time instead of at the end**

**Agile can be intense for the team**

These are some examples of situations that may profit from an agile approach:

<b>Under pressure to achieve deadlines?</b>	<b>Not enough people or budget?</b>	<b>Staff not as productive as they could be?</b>
<b>Business process slowing you down?</b>	<b>Knowledge in the heads of a handful of employees?</b>	<b>Bad quality output causing fire fighting?</b>

### XP Programming

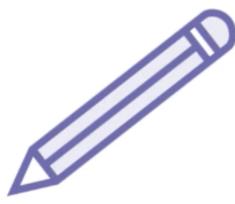
- Pairs
- Flat management structure
- Frequent communication with the customer
- Code reviews This is where XP programming came from (Kent Beck's work with Chrysler)  
<https://www.martinfowler.com/bliki/C3.html>

### XP Programming

- 4 x Activities - coding, listening, testing, design

- 5 values - communication, simplicity, feedback, courage and respect
- 3 principles
- 12 practices
- 29 rules

#### XP Programming 4 activities:



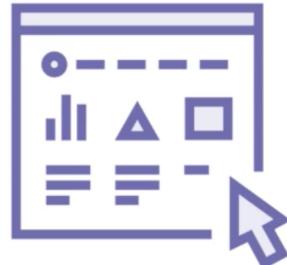
Writing the application code



Testing the system



Listening to your customers and users



Designing your system to reduce coupling

#### 5 values of XP programming:

**Communication is essential to any project**

**Build for simplicity**

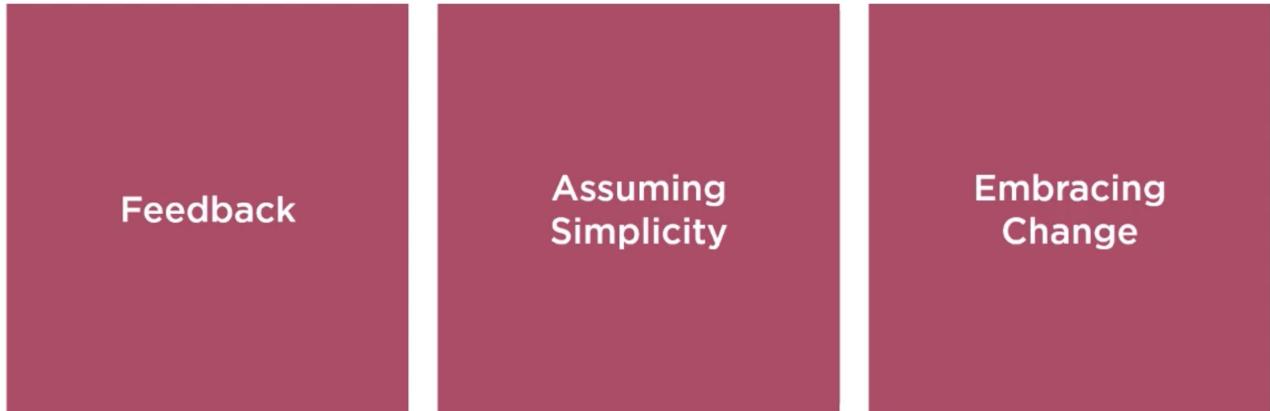
**Learning from feedback**

**Having courage**

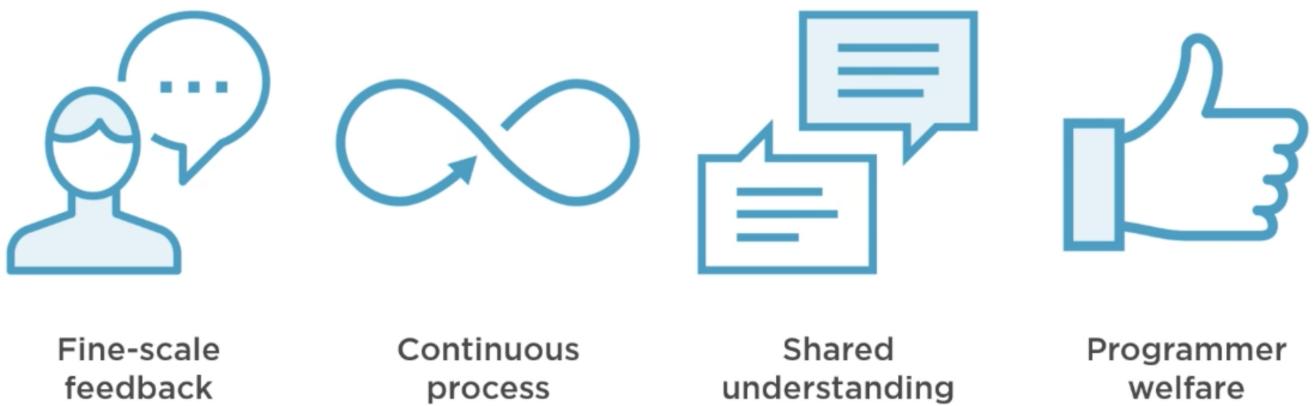
**Having respect for the team and project**

#### Extreme Programming Principles

There are 3 main XP principles -



These are the XP Practices:



#### Fine Scale Feedback

- Pair Programming
- Planning game
- Test driven development
- Whole team

#### Continuous Process

- Continuous integration
- Refactoring or design improvement
- Small releases

#### Shared understanding

- coding standards (linter etc.)
- collective code ownership
- simple design

- System metaphor

### Programmer welfare

- sustainable pace

### Extreme Programming Rules

Extreme programming has 29 rules split into 5 sections:



### Planning

- user stories are written
- release planning
- make frequent small releases
- divide project to iterations
- plan each iteration

### Managing

- give the team an open work space
- set a sustainable pace
- stand up meeting starts each day
- velocity is measured
- change roles
- fix XP when it isn't working

### Design

- simplicity
- choose a system metaphor
- use CRC cards for design sessions (which objects send messages to other objects)
- use spike solutions to reduce risk
- no functionality added early
- refactor whenever possible

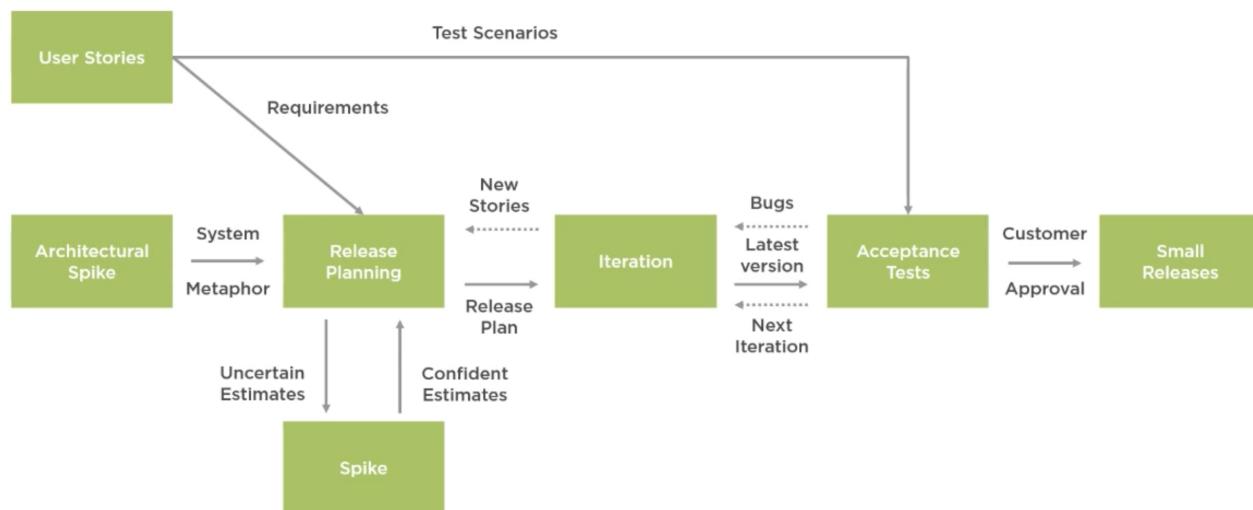
## Coding

- Customer is always available
- Code written to agreed standards
- More common to use a tool to ensure code standards
- code the unit test first
- production code is pair programmed
- only one pair integrates code at a time

## Testing

- All code has unit tests
- All code must pass all unit tests
- when a bug is found tests are created

XP diagram:



This is the Conscious Capitalism Credo:

"We believe that business is good because it creates value, it is ethical because it is based on voluntary exchange, it is noble because it can elevate our existence, and it is heroic because it lifts people out of poverty and creates prosperity. Free enterprise capitalism is the most powerful system for social cooperation and human progress ever conceived. It is one of the most compelling ideas we humans have ever had. But we can aspire to even more."

Conscious Capitalism is a way of thinking about capitalism and business that better reflects where we are in the human journey, the state of our world today, and the innate potential of business to make a positive impact on the world. Conscious businesses are galvanized by higher purposes that serve, align, and integrate the interests of all their major stakeholders. Their higher state of consciousness makes visible to them the interdependencies that exist across all stakeholders, allowing them to

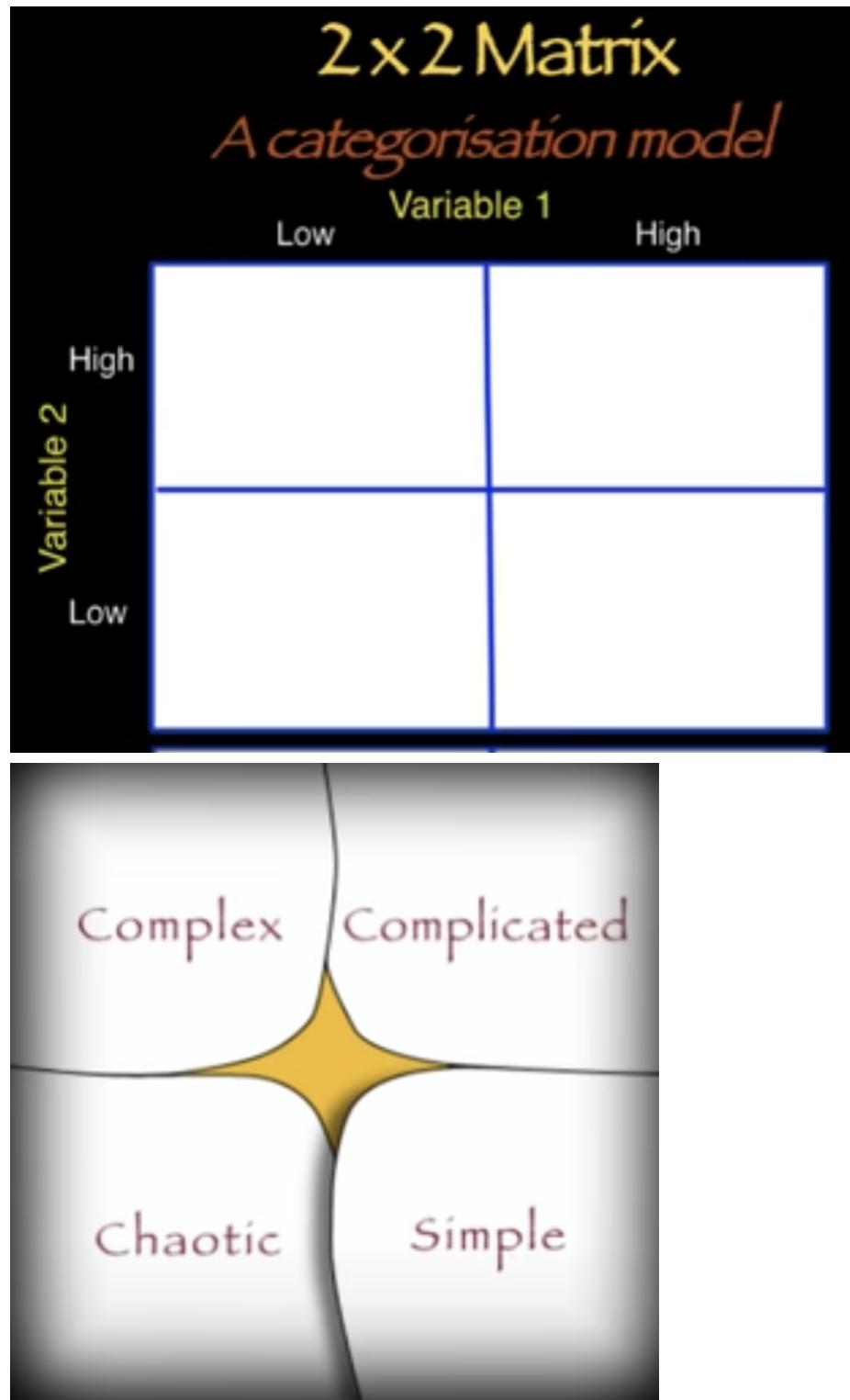
discover and harvest synergies from situations that otherwise seem replete with trade-offs. They have conscious leaders who are driven by service to the company's purpose, all the people the business touches, and the planet we all share together. Conscious businesses have trusting, authentic, innovative and caring cultures that make working there a source of both personal growth and professional fulfillment. They endeavor to create financial, intellectual, social, cultural, emotional, spiritual, physical and ecological wealth for all their stakeholders.

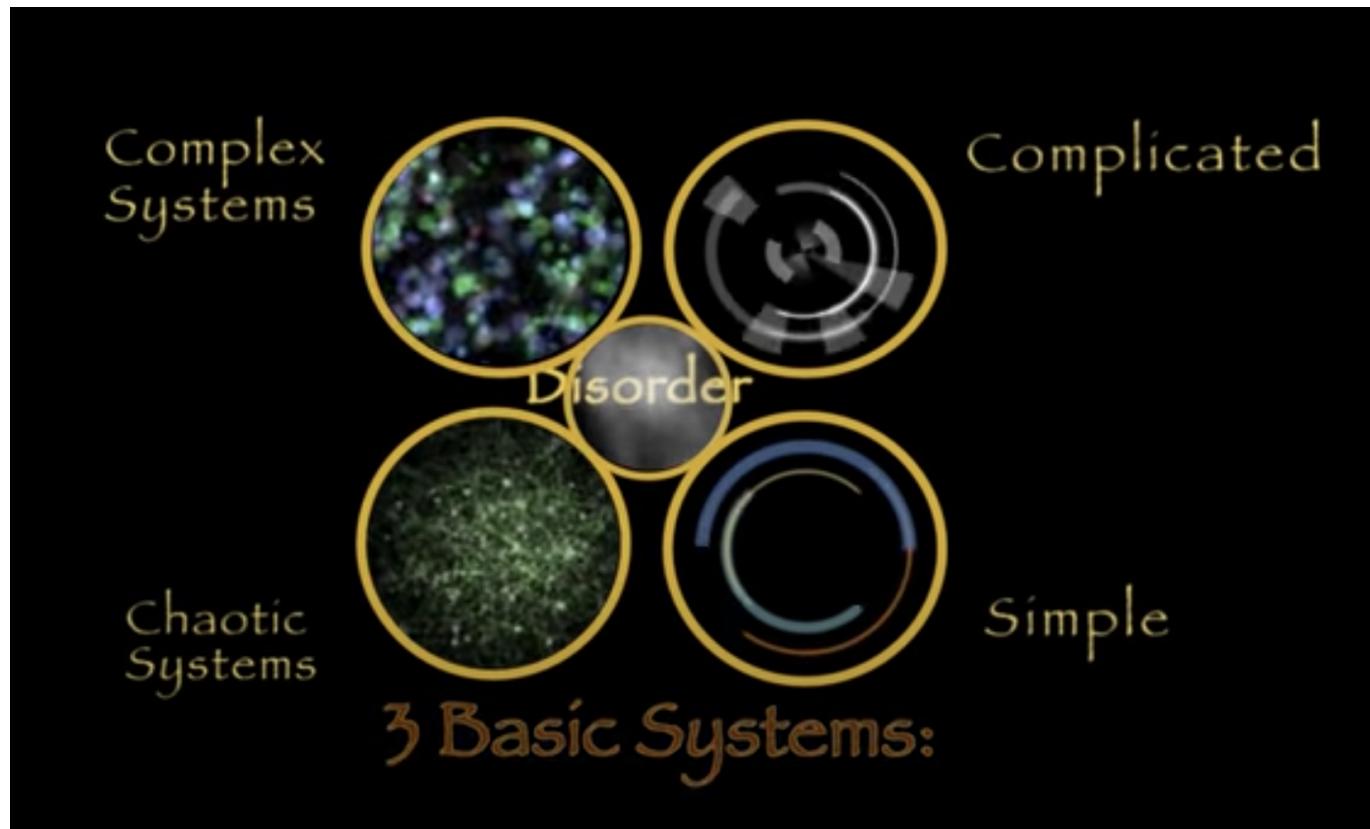
Conscious businesses will help evolve our world so that billions of people can flourish, leading lives infused with passion, purpose, love and creativity; a world of freedom, harmony, prosperity, and compassion."

### Cynefin Framework

Sense making model - data precedes the framework

- standard capitalist consultancy model:





### Simple domain:

- cause and effect relationships exist are predictable and repeatable
- sense - categorise - respond
- best practice

### complicated domain

- relationship between cause and effect is not self evident
- good practice rather than best practice - there are several ways of doing things
- sense - analyse - respond
- good practice

### Complex

- probe - sense - respond
- experiment when we have identified amplify and dampen strategies - not before
- emergent practice

### Chaotic

- Act - sense - respond
- Novel Practice

The Simple zone overlaps as a cliff onto the chaotic zone.

### Summary:

A decision-making framework that recognises the causal differences that exist between system types and proposes new approaches to decision making in complex social environments.

**Scrum Guide:**

<https://www.scrumguides.org/docs/scrumguide/v2017/2017-Scrum-Guide-US.pdf>

Developed and sustained by Scrum creators: Ken Schwaber and Jeff Sutherland

### Scrum Theory

Scrum is founded on empirical process control theory, or empiricism. Empiricism asserts that knowledge comes from experience and making decisions based on what is known. Scrum employs an iterative, incremental approach to optimize predictability and control risk. Three pillars uphold every implementation of empirical process control: transparency, inspection, and adaptation.

### Transparency

Significant aspects of the process must be visible to those responsible for the outcome.

Transparency requires those aspects be defined by a common standard so observers share a common understanding of what is being seen.

For example

- A common language referring to the process must be shared by all participants; and,
- Those performing the work and those inspecting the resulting increment must share a common definition of “Done”.

### Inspection

Scrum users must frequently inspect Scrum artifacts and progress toward a Sprint Goal to detect

undesirable variances. Their inspection should not be so frequent that inspection gets in the way of the work. Inspections are most beneficial when diligently performed by skilled inspectors at the point of work.

### Adaptation

If an inspector determines that one or more aspects of a process deviate outside acceptable limits, and that the resulting product will be unacceptable, the process or the material being processed must be adjusted. An adjustment must be made as soon as possible to minimize further deviation.

Scrum prescribes four formal events for inspection and adaptation, as described in the Scrum

Events section of this document:

- Sprint Planning
- Daily Scrum
- Sprint Review
- Sprint Retrospective

The Product Owner is one person, not a committee. The Product Owner may represent the desires of a committee in the Product Backlog, but those wanting to change a Product Backlog item's priority must address the Product Owner.

**This was quite useful on Standup meetings:**

<https://www.planday.com/blog/daily-standup-meetings/>

<https://www.atlassian.com/agile/scrum/standups>