

Sharon Kymberly Owens

Nursing

To seek and maintain a full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills.

Organized and dependable candidate successful at managing multiple priorities with a positive attitude.



Contact

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Skills

Medication
and IV
administration

●●●●●
Excellent

Intake and
discharge

●●●●●
Excellent

Vaccine
administration

●●●●○
Very Good

Wound Care

●●●○○
Good

Medication
Administration

●●●●○
Very Good

Newborn
care

●●●○○
Good

Patient
Management

●●●●○
Very Good



Work History

2020-11 -
2021-05

Staff Nurse

Irowa Medical Center , Benin City , Edo State

- Performed various nursing interventions such as wound dressing, vital sign monitoring and specimen collection.
- Assessed medical status of patients pre- and post-operation by checking vital parameters and supervising food intake.
- Implemented interventions, including medication and IV administration, catheter insertion and airway management.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Assisted physicians in minor surgeries by keeping instruments sterilized and maintaining inventory.

2021-04 -
2021-04

Nurse

National Sport Festival, 2020, Benin City , Edo State

- Assessed patients to determine individual needs and develop care plans in coordination with multidisciplinary healthcare professionals, including physicians, case managers and social workers.
- Administered massages, alcohol rubs and lotion as needed to maintain patient skincare regimes and enhance circulation.
- Remained calm during high-stress, critical

situations, demonstrating sustained focus and problem-solving in real-time.

- Performed routine wound care and dressing changes on schedule.

**2019-06 -
2020-05**

Registered Nurse Intern

*University Of Benin Teaching Hospital , Benin City ,
Edo State*

- Assisted with activities of daily living by helping patients with bathing, changing clothes, eating and daily hygiene tasks.
- Maintained continuity of care by communicating changes in patient condition with physicians, family members and other care team members.
- Performed various job-related duties, including ADL assistance, vital signs, EKGs, wound care, foley care and Accuchecks for 10 patients per assignment.
- Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management.
- Adhered to strict safety measures by carefully determining proper dosages before administering medications.
- Conveyed treatment options, diagnosis information and home care techniques to patients and caregivers to continue care consistency.
- Accurately documented all elements of nursing assessment, including treatment, medications and IVs administered, discharge instructions and follow-up care.
- Cared for patients in 30-bed unit, supporting fellow nurses in delivering outstanding treatment to patients.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Applied clean dressings, slings, stockings and

support bandages to protect patient wounds and prevent infections.

- Observed and examined patients to detect symptoms requiring medical attention such as bruises, open wounds or signs of trauma.
- Administered peritoneal dialysis as well as IV push, oral, subcutaneous, IV infusion and intramuscular medications.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.

Education

**2014-02 -
2017-11**

Registered Nurse: Nursing Science

University of Benin - Ugbowo ,Edo State.

**2014-02 -
2018-10**

Bachelor Of Nursing Science : Nursing Science

University of Benin - Ugbowo, Edo State
Graduated with second class upper

**2017-08 -
2019-03**

Registered Midwife : Nurse Midwife

University of Benin - Ugbowo, Edo State

**2018-08 -
2019-06**

Registered Public Health Nurse: Public Health

Institute of Health Technology, UBTH. - Ugbowo , Edo State
Graduated with Distinction

Affiliations

- Member of Nursing and Midwifery Council of Nigeria. (NMCN)
- Member of West Africa Health Examination Board. (WAHEB).
- Member of the alumni association of university of Benin.