# SELF DEVELOPMENT SKILLS AND COMPETENCIES

- Avid reader
- Excellent team worker
- Physically fit and able to remain standing and move around for a long period of time
- Excellent verbal, written and interpersonal communication skills
- Commendable emotional intelligence skills
- Ability to cope and comply with strict professional expectations ranging from dress code to conscious duty of care to patients.
- Ability to create a welcoming, caring and safe environment for patients.

#### **PROGRAMS**

- Microsoft Office
- Microsoft Word
- Microsoft Excel
- Microsoft Access
- Microsoft PowerPoint

## **LANGUAGES**

- English
- Hausa
- Igala

#### **REFEREES**

Available on request

## SUNNY ACHENYO BLESSING

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#### **PROFILE**

I am a certified registered Nurse passionate about making impact and touching lives through clinical and humanitarian activities.

## **EDUCATION**

## Registered Nurse (RN)

Kaduna State College of Nursing and Midwifery; Kafanchan Campus September, 2017—December, 2020

## Senior Secondary School Leaving Certificate

Baptist Science Academy Kafanchan September, 2011—September, 2017

## First Baptist Nursery and Primary school

First School Leaving Certificate September, 2005—September, 2011

### STUDENT CLINICAL EXPERIENCE

## Primary Health Care Damakasua, Chawai Local Government, Kaduna

June—July 2019

- Providing health education and counseling to patients, clients and community on identified needs
- Accurately filling in necessary paperwork when referring or discharging patients
- Also facilitated patient's admission and initiating discharge plans

## Neuropsychiatric Hospital, Barnawa Kaduna State

- Assessing, planning, implementing nursing interventions and evaluating the patient's outcome
- Maintaining records on patients and clients health conditions and care
- Maintaining confidentiality and rights of patients at all times

## **National Eye Centre Kaduna State**

- Liaising with doctors and senior nursing staff about a patient's health condition
- Preparing and sterilising equipmentand instruments
- Responding timely to medical situation in a professional and quick manner.

#### Sir Patrick Ibrahim Memorial Hospital kafanchan, Kaduna State.

- Adhere to infection control procedures to ensure a safe and clean patient's environment
- Administering medications and treatments under the supervision of a senior nurse

 Transporting patient from one ward to another and filling in relevant paperwork

## General Hospital Kubwa.

- Checking and recording vitals of more than 50+ patients per day.
- Establish personal rapport with patients in order to fully understand their health care requirements.
- Provide physical, psychological and emotional support to patient and their families.