

IHEONU ANNOINTED CHIDIEBUBE NELSON

Registered Nurse

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Address: Lighthouse City Estate off Trademore Avenue, Lugbe, Abuja.
Marital Status: Single
Date of Birth: 25th April, 2000

SUMMARY

Attentive nursing professional presenting high-level of care, patient assistance and critical thinking. Enthusiastic and eager to contribute to team work through hardwork, attention to details and excellent organizational skills. Ready for new opportunities to apply exceptional nursing skills in all settings.

SKILLS

Advocacy, Good Communication, Team work, Critical Thinking, Resourceful, Empathy, Pain management, computer skills.

EDUCATION

Abia State University Uturu (Bnsc) **2021**

WORK EXPERIENCE

Student Nurse

Abia State \University Teaching hospital, Aba, Abia State. **06/2017**

Achievement/Task

- Gathered Patients health data through interviews, and observation, documenting all data appropriately
- Performed various nursing interventions such as wound dressing, vital sign monitoring, and specimen collection
- Monitored pre, intra and post-surgical vital signs of patients and documented relevant findings
- Administered prescribed medications and monitored for drug reactions
- Encouraged and initiated early ambulation of surgical patients

Student Nurse

Nigerian Christian Hospital, Nlugu, Abia State.

04/2018

Achievement/Task

- Explained course of care and medication including side effects of drugs to patients and caregivers in easy and understandable terms
- Taught patients how to improve lifestyle choices, dramatically reducing chances of symptom reoccurrence Allayed client and relative anxieties through health education of both medical conditions and outcomes of treatment doctrine
- Ensured informed consent was obtained before carrying out any medical procedure
- Ensured aseptic techniques while carrying out nursing procedures through the use of PPE's, sterilization and barrier nursing to prevent occurrence of nosocomial infections

Student Nurse

Federal Medical Centre, Umuahia Abia State.

05/2019

- Managed care of patients from admission till discharge
- Participated in nursing simulation activities, evidence based practice project implementation and competency development to further nursing profession
- Assisted with patients feeding, monitored intake to help patient achieve good nutritional status
- Provided psychological care to patients in different degrees of pain through reassurance and diversional therapies

CERTIFICATIONS

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|---|-------------|
| • Nigerian Registered Nurse | (05/2020) |
| • Nigerian Registered Midwife | (03/2021) |
| • Nigerian Reproductive Health Provider | (11/2020) |
| • Basic Life Support | (03/2021) |
| • Personal Professional and Career Branding | (11/2021) |
| • General Health, Safety and Environment | (11/2021) |
| • Emergency Care Provider | (11/ 2021) |
| • Basic and Advanced ECG level 1 | (11/ 2021) |

Referees

Available on request