


Name: <b>IDRIS ABDUL AHMED</b> Address: No 5, Bida Street, Rimaye, Hayin Danmani, Kaduna State. EMAIL ADDRESS: idrisabdulahmed@gmail.com PHONE NUMBER: +234806 428 8211 WhatsApp Number: +234806 428 8211 SKYPE ID: Idris Abdul Ahmed Facebook Account: Idris Abdul Ahmed		
Position applying for:	STAFF NURSE	
Year of Experience :	2 YEARS AND 1 MONTH	
Nursing Area/s of Interest:	Surgical/Medical Nurse	

### CAREER OBJECTIVES

An experienced and fully qualified registered nurse with over 2 years of experience of working in busy hospital (not less than 300 Bedded) environments in both the government and private sector. Able to work on my own initiative, and also in support of other healthcare professionals, whilst ensuring that at all times patient care procedures and practices are adhered to. Experience of looking after patients with various illness from chronic conditions to acute illnesses. Currently looking for a staff nurse position in a suitable hospital.

### PERSONAL DATA

Age :	27
Date of Birth :	1995-AUGUST-23
Birth Place:	KADUNA SOUTH, KADUNA STATE
Gender :	MALE
Civil Status :	SINGLE
Nationality :	NIGERIAN
Religion:	MUSLIM
Language Speaking	English/Igala

### NMC REGISTRATION STATUS

IELTS/OET Date Passed	2022-02-12
CBT Date Passed	N/A
NMC Decision Letter Date Received	On the queue

### EDUCATION & QUALIFICATION

Education Level	Course	School / University	Year Graduated (From-To) mm/dd/year
UNIVERSITY GRADUATE	Bachelor of Nursing Science	Bayero University, Kano State, Nigeria	2015-2020

<b>LICENSE / REGISTRATION</b>	<b>Year Obtained (mm/dd/year)</b>
REGISTERED NURSE	15/02/2019

<b>WORK EXPERIENCE (LIST OF EXPERIENCE BEGINNING WITH MOST RECENT)</b>
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<b><i>Employment 1</i></b>	
Position :	NURSING OFFICER
Duration (From-To):	19/05/21 UP TO PRESENT
Company/Hospital:	Specialist Hospital Gashua, Bade, Yobe State, Nigeria
Address :	Gashua Bade, Yobe State, Nigeria
Description:	Hospital Level: TERTIARY HOSPITAL  Bed Capacity: AUTHORIZED WITH 300 BEDS
Department :	Surgical Unit –3 Months Medical Unit – 3 Month Accident and Emergency Room – 5 Months Orthopedic – 1 Months
Patient Census per day:	MAXIMUM OF 35 ADULTS/CHILDREN PER DAY
Types of Patient Handled:	<b>ADULTS/CHILDREN</b>

**DUTIES AND RESPONSIBILITIES**  
**NURSING OFFICER**

- ❖ Playing a key role by being responsible for the delivery of basic practice nursing services care to patients. Focusing upon supporting patients by monitoring of their long-term conditions, administering treatment and advising on health prevention.
- ❖ Making patients aware of their treatment to ensure they are fully informed and consent to their treatment.
- ❖ Having to communicate in a caring manner with patients and their family members.
- ❖ Involved in working in the general hospital wards.
- ❖ Looking after patients of all ages from the very young to the very old.
- ❖ Responsible for assessing the medical history of patients and their record details and then evaluating patients and prioritizing their treatment.
- ❖ Utilizes the Nursing Care Process to assess, plan and evaluate patient care in accordance with established policies and procedures.
- ❖ Supervising and mentoring student nurses.
- ❖ Involved in the administration procedures for a patient's admission and also their discharge.
- ❖ Being the main point of contact for patients and communicating on their behalf with hospital managers.

- ❖ Liaising with hospital physicians and other healthcare professionals to write patient care plans.
- ❖ Carrying out tests, evaluations and also investigations.
- ❖ Carrying out administrative duties like updating and maintaining patient records.
- ❖ In hospital wards administering daily drug and medicine prescriptions to patients via injection or orally
- ❖ Educating patients on matters of health promotion

#### **Direct Patient Care**

- ❖ Perform initial patient assessments and work with physicians to plan, implement, and evaluate plans of care for patients of all ages; manage average caseload of 35 patients.
- ❖ Record patients' medical history, vital statistics, and test results in electronic and physical medical charts.
- ❖ Observe patients and actualize nursing interventions to expedite healing and recovery after surgery.
- ❖ Utilize clinical expertise to remove sutures, administer medications and injections, administer IV therapy, and test glucose levels. Perform venipuncture, and provide wound care.
- ❖ Patient Education
- ❖ Educate patients and caregivers on diagnosis, treatment options, and disease process, and self-management.
- ❖ Provide comprehensive instruction on discharge plans to sustain continuity of care upon discharge and drive recovery goals.
- ❖ Maintain confidential patient charts and medical files; successfully organized, updated, and managed 300+ patient charts at Specialist Hospital, Gashua.
- ❖ Identify opportunities for improvement in procedures, unit activities, and treatment.
- ❖ Coordinated and conducted rigorous monitoring of patients, checking and recording vitals and ensuring that patient comfort was optimized.
- ❖ Monitored medical equipment and life support devices including, pulse oximeter, heart monitors and ventilators.
- ❖ Managed IVs, chest tubes, catheters closely monitoring to ensure proper functioning
- ❖ Involved in the development of the maternity service.

### **MEDICAL UNIT EXPERIENCE**

- ❖ Proficiency in administering oral and parenteral medications to patients
- ❖ Expertise in assessing signs and symptoms and customers
- ❖ Proficiency in providing independent nursing care treatments to clients
- ❖ Expertise in operating several hospital machineries and equipment
- ❖ Ability to perform several diagnostic procedures
- ❖ Expertise in Intravenous line insertion
- ❖ Proficiency in relaying pertinent information and referring abnormal data or results to the attending physicians
- ❖ Advises patients on the importance of medication compliance and adherence to the follow-up consultation schedule
- ❖ Quick Thinking
- ❖ Great work ethics
- ❖ Resourcefulness
- ❖ Commendable interpersonal skills
- ❖ Fluent in English

### **ACCIDENT AND EMERGENCY ROOM EXPERIENCE**

- ❖ Decisively and confidently made judgments on patient conditions based on vital signs, patient presentation, and initial assessment; triaged to appropriate zone; activated specialized team when indicated (trauma team, rapid response stroke team, etc.)
- ❖ Applied expertise in data analysis by monitoring laboratory results, blood work, urinalysis, and performed sterile procedures including catheterization, IV starts and dressing changes.
- ❖ Leveraged compassion in facilitating pain management and completing prescribed treatments and reassessing effectiveness of therapy.
- ❖ Merged empathy and strong interpersonal skills by ensuring both physical and emotional needs of patients and families were maintained.
- ❖ Effectively assimilated, interpreted and reported changing patient data to ensure optimum care.

- ❖ Demonstrate exemplary documentation skills by accurately maintaining nurses' notes and promoting sufficient communication among care staff.
- ❖ Administered IV fluids and medications including antibiotics, packed RBC's, TPN, and narcotics, while carefully monitoring for side effects or any adverse reactions.
- ❖ Ensured follow through of interdisciplinary referrals (speech evaluations, physical therapy, respiratory therapy, etc.)

### **ORTHOPEDIC EXPERIENCE**

- ❖ Prepared patients for traction and ensured that patients were kept comfortable.
- ❖ Provided neurovascular status updates as requested by physicians.
- ❖ Assisted with treatments for patients with arthritis and osteoporosis.
- ❖ Provided patients with information on how to care for their casts.
- ❖ Provided patients with self-care and follow-up care instructions.
- ❖ Assisted with treatments for fractures and sprains.
- ❖ Repositioned patients and administered pain medications as needed.
- ❖ Prepared daily assessments of patient conditions

### **EAR, NOSE AND THROAT EXPERIENCE**

- ❖ Excellent interpersonal and communication skills
- ❖ Ability to work in a team
- ❖ Sensitivity to the needs of patients and their families and knowledge of resources and referral networks available
- ❖ Care of Tracheostomy tube
- ❖ Administration of Oxygen
- ❖ Physical and psychological care

### **Cases Handled:**

#### **MEDICAL/SURGICAL**

- Acute trauma
- Acute appendicitis
- Bowel obstruction
- Gastrointestinal perforation
- Intestinal volvulus
- Acute mesenteric ischemia
- Peritonitis
- Fracture cases

<ul style="list-style-type: none"> <li>• Stercoral perforation</li> </ul>
<b>MEDICAL EMERGENCIES</b> <ul style="list-style-type: none"> <li>• Bleeding</li> <li>• Breathing difficulties</li> <li>• Someone collapses</li> <li>• Heart attack</li> <li>• Fit and/or epileptic seizure</li> <li>• Stroke</li> </ul>
<b>Equipment/Machines Operated:</b>
<b>MEDICAL/SURGICAL</b> <ul style="list-style-type: none"> <li>• Suction machine</li> <li>• Radiant infant warmer</li> <li>• Ambubag- neonate bag valve mask</li> <li>• Oxygen cylinder</li> <li>• Pulse oximeter</li> <li>• Nebulizer</li> <li>• Infant incubator</li> </ul>

<b>WORK EXPERIENCE</b>	
<b><i>Employment 2</i></b>	
Position :	Nurse Officer
Duration (From-To):	23/03/2020 UP TO 7/03/2021
Company/Hospital:	Ahmadu University Teaching Hospital, Zaria, Kaduna State
Address :	Zaria, Kaduna State, Nigeria
Description:	Hospital Level: TERTIARY HOSPITAL  Bed Capacity: AUTHORIZED WITH 400+ BEDS
Department :	Obstetrics and Gynaecology Unit - 3 Months Surgical Unit –3 Months Medical Unit – 3 Months Community posting – 3 Months
Patient Census per day:	Maximum of 35 adults/children per day
Types of Patient Handled:	Adult/Children
<b>DUTIES AND RESPONSIBILITIES</b> <ul style="list-style-type: none"> <li>❖ Coordinated and conducted rigorous monitoring of patients, checking and recording vitals and ensuring that patient comfort was optimized.</li> <li>❖ Monitored medical equipment and life support devices including, pulse oximeter, heart monitors and ventilators.</li> <li>❖ Managed IVs, chest tubes, catheters closely monitoring to ensure proper functioning</li> <li>❖ Provided training to student nurses and evaluating performance</li> <li>❖ Involved in the development of the maternity, medical and surgical services.</li> </ul>	

<b>Cases Handled:</b>	
<b>MEDICAL/SURGICAL</b> <ul style="list-style-type: none"> <li>• Acute trauma</li> <li>• Acute appendicitis</li> <li>• Bowel obstruction</li> <li>• Gastrointestinal perforation</li> <li>• Intestinal volvulus</li> <li>• Acute mesenteric ischemia</li> <li>• Peritonitis</li> <li>• Fracture cases</li> <li>• Stercoral perforation</li> </ul> <b>MEDICAL EMERGENCIES</b> <ul style="list-style-type: none"> <li>• Bleeding</li> <li>• Breathing difficulties</li> <li>• Someone collapses</li> <li>• Heart attack</li> <li>• Fit and/or epileptic seizure</li> <li>• Stroke</li> </ul> <b>OBSTETRICS/GYNAECOLOGICAL</b> <ul style="list-style-type: none"> <li>• Labour monitoring</li> <li>• Resuscitation of babies</li> <li>• General care</li> </ul>	
<b>Equipment/Machines Operated:</b>	
<ul style="list-style-type: none"> <li>• Suction machine</li> <li>• Pulse oximeter</li> <li>• Bassinette/ infant crib</li> <li>• Ambubag- neonate bag valve mask</li> <li>• Oxygen hood</li> <li>• Nebulizer</li> <li>• Vital sign monitor</li> </ul>	

<b>CLINICAL EXPERIENCE</b>	
<b>Student Nurse</b>	
Duration (From-To):	September, 2016 - November, 2019
Company/Hospital:	Aminu Kano Teaching Hospital, Kano State Muhammed Murtala General Hospital, Kano State Dawanau Psychiatry Hospital, Kano State
Address :	Kano State, Nigeria
Medical ward Surgical ward Obstetrics and gynaecology ward Paediatric ward Immunization and family palling clinic Adult and children isolation ward	

Accident and emergency unit
Nephrology unit
Cardiology unit
Intensive Care Unit
Ortorhinolaryngology unit
Neuropsychiatry hospital

Training and Seminars	
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<b>2021</b>	Basic Life Support Provider by National Health Care Provider Solutions (NHCPS), USA.
<b>2019</b>	Antimicrobial Stewardship: A Competency-based approach by the World Health Organization.
<b>2019</b>	Effective Communication for Healthy Outcomes by the Young African Leaders Initiative Network.
<b>2019</b>	Incident Management System (Tier 1) by the World Health Organization.
<b>2019</b>	Management and Facilitation of an After Action Review (AAR) by the World Health Organization

License and Certification
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REGISTERED NURSE
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References:
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|---|---|
| 1. Mrs Olufunmilayo Ogunrinde (Assistant Director of Nursing) | ABU Teaching Hospital<br>Zaria, Kaduna State, Nigeria.<br>(+234) 8037012330 |
| 2. Mrs. Kabir Sa,adatu (Assistant Director of Nursing)        | ABU Teaching Hospital<br>Zaria, Kaduna State, Nigeria.<br>(+234) 8039748676 |

I assure the company that the data I have given on this application are complete and true.

IDRIS ABDUL AHMED R.N