

IORLIAM DAMARIS MMEM, Registered Nurse (RN), Registered Peri-Operative Nurse (RPON)

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OBJECTIVES:

- I work with a good sense of belonging and with a strong visual mind under any situation and with vast team members for better work-flow.
- To demonstrate a commitment to humanitarian services as a component of professional nursing in a culturally diverse society.

EDUCATIONAL BACKGROUND

- Primary school
LGEA Primary School, Mkilim, Mbayion, Gboko, Benue State
- Senior secondary school
N.K.S.T.Secondary School, Aliade
- Benue State School of Nursing, Makurdi
- University of Benin Teaching Hospital (UBTH), Edo State.

QUALIFICATION OBTAINED WITH DATES:

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| • First School Leaving Certificate (FSLC) | 1995 |
| • Senior School Certificate | 2002 |
| • Registered Nurse (RN) | 2006 |
| • Registered Peri-Operative Nurse (RPON) | 2018/2019 |

RN/RPON License: Nigerian Nurse

Date of expiry: 30/12/2022

PROFESSION EXPERIENCE:

July 2007 to March, 2011

What is your position/title: Registered Nurse/Anti-Retro Viral Therapy Refill Nurse (ARTN)

Clinical setting: hospital

Hours of work per week: 60 hours

Name of facility: St. Vincent hospital/Aids Relief, Aliade, Benue State.

Country: Nigeria

St. Vincent hospital is a private hospital located in Aliade, Benue State. a relatively big hospital with about 200 beds. It offers medical surgical, dental, ophthalmology and ear, nose and throat (ENT) consultations,

anti-retro viral therapy and directly Observed Treatment Short Course (DOTS) for tuberculosis (T.B.) patients.

My first area of assignment was in the medical surgical ward which had about 64 beds, 32 each for male and female in two adjacent halls.

Cases encountered in these wards ranged from gastroenteritis, hypertension, diabetes, mellitus, intestinal obstruction, appendicitis, hernia, malaria, burns and so on.

A shift is normally covered by 2 nurses and a ward attendant. The work load was usually high. The ratio was one is to 30 patients.

SKILLS AND RESPONSIBILITIES:

- Health education: I give general health education on a variety of health topics and individual health educations on a one on one basis when there are admitted.
- Serving of bed pans
- Medication: serving of medication was done topically, orally, and parentally
- Setting of Intravenous lines and blood taking skills.
- Bed bathing of patients done two times in a day
- Naso gastric feeding done two hourly for unconscious patients
- Two hourly turning of patients
- Care of the skin and pressure area
- Pre-operative care of patients
- Observation and documentation skills were vital, it x-rayed the patients need there by aiding the nursing process.

My second assignment was in the ART Clinic where I worked as an Art Refill Nurse.

The clinic was made up of 5 consulting rooms with 5 team. A team was made up of a physician, a nurse and an attendant attending to an average of 50-60 patients per day.

SKILLS AND RESPONSIBILITIES:

- Health education was done daily
- Assessment: history taking for new patients head to toe physical assessment, observation and weighing of patient was done each visit.
- Psychological support for client and relatives explaining the disease condition and the benefit of compliance with therapy.
- Drug refill: art drug refilling was done to span for the duration 1 month.
- Documentation of all procedures done on each patient.

- Tracking of default patients: at the end of each clinical day a voice call is made to all defaulters to ensure compliance.
- Home visit was done to patients once a week to encourage compliance and track defaulters.

April 2011 till date

Name of facility: Federal Medical Centre, Makurdi, Benue State.

Clinical setting: hospital

Position/title: Peri-Operative Nurse

Hours of work per week: 60 hours

Country: Nigeria

Federal Medical Centre, Makurdi is a federal owned hospital located in Makurdi the Benue State Capital.

It is a 450 bedded capacity hospital. It has several departments which includes, accident and emergency department, male and female surgical wards, male and female orthopedic works, burns and plastic wards, pediatric surgical ward, emergency pediatric unit, neonatal unit, children's ward, maternity unit, post natal unit, theatre complex, intensive care unit, ophthalmic complex, dental complex, ENT complex, maxillo-gynecological ward and amenity ward and general outpatient department.

As registered nurse I was assigned to work in the ward which includes; male and female orthopedic ward, male and female surgical ward, maternity ward and male and female medical wards. Each of the ward containing a minimum of 30 beds with a ratio of 1:15 patients.

SKILLS AND RESPONSIBILITIES:

- Assessment of patients: history taking physical examining, palpation, auscultation, inspection and percussion and vital signs. Observations were vital to me in making professional judgment and prioritizing patient care.
- Health education: health education on varying health topics. Like personal hygiene and good nutrition and so on.
- Bed bathing: bed bathing is done twice daily
- Bed pans: serving of bed pans and urinals to patients was a routine.
- Wound care: wound dressing was done periodically using aseptic techniques.
- Medication: competent serving of drug using different route of administration; orally, topically, parentally rectally etc.
- Oxygen administration to patients in need

- Management of unconscious patients such as air way maintenance, prevention and treatment of pressure areas, two hourly turning, N.G.T feeding and so on.
- I developed high skills in the setting of IV lines for IV drugs IVF and blood transfusion.
- I became proficient in the use of Nursing process to individualize patients care.

My present assignment is in the theatre where I work as a Registered Peri-Operative Nurse (RPON)

The complex comprise of 8 operating suites, post anaesthesia unit with 8 beds, changing room for nurses, doctor and others.

The teams operating in this theater complex include orthopedic, plastics, urology, ENT, maxillofacial, neurology, pediatrics, surgeries, gynae and obstetrics, cardiothoracic, general surgeries and so on.

SKILLS AND RESPONSIBILITIES: (MANAGEMENT OF PATIENT PRE-OPERATIVELY)

- preparation of the theatre for surgeries
- Pre-visit of patients undergoing surgeries to enhance preparation of patients and operating room.
- Receiving of patient from the ward nurse using a surgical safety check list.
- Using peri-operative skill to ensure safety of patients during positioning.
- Ensuring the application of surgical conscience pre-intra and post-operatively
- Ensuring proper documentation of all procedures.
- Conducting sponge and instrument counts to ensure patients and staff safety.
- Applying proper body mechanics in the handling of patients and equipments.
- I am competent in scrubbing /circulating for different kinds of surgeries
- Care of specimen such as preservation of tissues, labeling of specimen for laboratory analysis.
- Ensuring compliance of aseptic techniques by all theatre users.

POST-OPERATIVE MANAGEMENT OF PATIENTS:

- Ensuring air way clearance
- Close observation of patient in the first 2 hours post operatively.
- Care of drainages such as NG tubes, urinary catheter, OP site drains, and so on.
- Giving of psychological support to the patient relatives.
- Proper management of waste generated in the theater.

CASES CARED FOR:

- Cancer of the breast/mastectomy was done, hernia/herniorrhaphy was done.
Appendicitis/appendectomy was done, brain tumour/craniotomy was done, ovarian cyst/hysterectomy was done, skin grafting was done, tonsillitis /tonsillectomy was done and so on.