

Free/ Cheap Food Available in Brighton & Hove area.

Organisation	Details
First Base Day Centre (Rough Sleepers only) St Stephen's Montpelier Place Brighton Tel: 326844	Monday - Friday 8am-11am Closed Saturday & Sunday Cheap meals £1, free breakfast, drinks and soup for rough sleepers. Shower and clothing store and free phone facility. Doctors surgery on Tuesday
Brighton Unemployed Centre Families Project 6 Tilbury Place Brighton, BN2 2GY Tel: 671213	Vegan lunch £1.50/ free in crisis Monday - Friday 1-2pm Tea, coffee etc available all day Wholefood Co-op everyday 10:30-12 noon Centre is open Monday-Friday 10-4pm
St Annes Fitzherbert Centre Upper Bedford Street Tel: 602824	Monday- Friday 10am-1:30pm Breakfast at 10am Lunch at 12 noon
Soup Run Kings Road, Lower Walk (on the Hove side of the West pier)	Mon-Fri: 7pm-7:30pm Saturday: 12 noon-12:30pm Sunday: 7pm-7:30pm Free bread & soup
Soup Run Marine Parade (opposite the New Steine)	7 days a week 8pm-8:30pm Free soup, bread & tea. Free sandwiches & cake in winter
Friends First Drop-in The Clarendon Centre 47 New England Street, Brighton	Mondays only 7.30pm Hot meal & Warm clothing available
Salvation Army Congress Hall, 1-6 Park Crescent Terrace, Brighton Tel: 01273 607095	Wednesdays only 9am – 12: breakfast, 12 – 1pm: lunch Homeless. Hot drinks throughout the morning. Showers available
St Anne's Day Centre St Mary's Church Hall, 61 St James's Street, Kemptown, Brighton BN2 1PR	Light Breakfast 10am – 11 am Lunch time 12pm – 1pm (£0.50 donation but not compulsory)
Salvation Army 159 Sackville Road, Hove, BN3 3HD	Drop in service Friday 10.30 – 2pm Short term food parcels, sleeping bags and clothing Benefit and budgeting advice
St Michael and All Angels church (Powis Rd/Victoria Rd) in the church hall (inside the church).	Community cafe on Tuesdays and Thursdays 9am - 1pm Tea/coffee, home-baked cakes, quiche etc at low prices
St Michael's, Church Hall Clifton Hill	Breakfast £1.50 9am – 11am Saturday only
The Cowley Club 12 London Road, Brighton	Soup of the day with bread £1.80 Daily specials are up to £3.00 Vegan meals for those involved in grassroots social change and those sympathetic to such activities.
The Real Junk Food Project St Luke's Church, Old Shoreham Road, Brighton	Lunch (hot meal) – pay as you feel Mondays to Wednesdays 1pm-3pm
The Real Junk Food Project Hollingdean Community Centre, Thompson Road	Lunch (hot meal) – pay as you feel Thursdays 1pm-3pm

The Real Junk Food Project One Church Brighton, Gloucester Place (Old Steine)	Lunch (hot meal) – pay as you feel Fridays 1pm-3pm
The Real Junk Food Project The Hive, Stoneham Road, Hove, BN3 5HJ	Lunch (hot meal) – pay as you feel First Wednesday of the month 1pm-3pm
JustLife One Church Brighton, Gloucester Place (Old Steine) Tel:0300 1231550	Free lunch for people in temporary or emergency accommodation Mondays 12.30 until 2 best to arrive by 1pm for food Other advice and activities provided during the week
Young Peoples Centre 69 Ship Street Brighton & Hove City Council BN1 1AE Tel: 01273 887886 Email: ypc@impact-initiatives.org.uk	Drop-in sessions for support & advice for 13-25 Years old only. Monday: 1-7pm Free Drink / 4-5pm Hot Meal 30p Wednesday: 3-6pm Free Drink / 4-5pm Hot meal 30p Thursday: 4-7pm Free Drinks / 5-6pm Hot Meal 30p
The Clock Tower Sanctuary Wenlock House, 41-43 North Street, Brighton BN1 1RH. - Access is via Lewis's Buildings in Ship Street. Telephone: 01273 722353 Email: info@theclocktowersanctuary.org.uk	For Young Homeless People (under 25) Tuesday to Friday 11am - 5pm Monday and Saturday 11am - 3pm
The Brighthelm Centre North Road Brighton	Drop-in on the first Sunday of every month 3 course meal for approx. £1 Sandwiches to take away approx. £0.50 Space to chill out, charge your phone, have a chat
Crossover Circus Street Breakfast is served from a mobile catering van in this area. Email: 'info@crossoverbrighton.org'	Breakfast on Saturdays and Sundays between 7.30 and 8.30am. for rough sleepers and people in emergency / temporary accommodation.
Safehaven St Peters Church York Place Brighton BN1 4GU Tel: 01273 698182	<p>Every Saturday we have Safehaven: a meal and short service for members of the street community, and our aim is to provide dignity, safety, and community for our guests, with a delicious home cooked meal, and a chance to engage with God in a relaxed setting.</p> <p>Safehaven Men</p> <p>Every Friday of term we open our doors to the men of the Brighton street community. It is a safe place to hang out, chat and enjoy food together. We offer a range of activities from guitar lessons to table tennis to arts & crafts. Our aim to provide safety, community and a place to belong. Safehaven Men runs during term time from 1.30-3.30 and we run an Alpha course specifically written for the street community where our guests can explore their faith, deepen their relationship with God and be prayed for.</p> <p>To get involved or to find out more, please contact: tom@stpetersbrighton.org</p> <p>Safehaven Women</p> <p>Every Thursday, during term time, 1.30pm-3.15pm, we open our doors to vulnerable women. Safehaven Women offers a cosy, comfortable space to relax in, with homemade meals, tea and coffee, hairdressing, manicures and pedicures, facials, craft sessions and a clothing bank.</p> <p>This safe place is a chance for women to come together and hang out, to chat and to be listened to over a cup of tea and a piece of cake.</p> <p>To get involved or for more information email: anna@stpetersbrighton.org</p>