

MUSCLE WAR

GUIDELINES FOR MUSCLE WAR

1. Valid ID Card should be presented for Registration (Age Limit 19-24).
2. TAN can be used (will not provide from the college).
3. Only shorts should be used (Decision will be based on Bodybuilding).
4. Participant should report at the registration desk at least 45 min before the competition
5. Judges Decision will be final (participants should obey the rules and instructions from the coordinators otherwise they will be eliminated).
6. Any form of alcohol, tobacco and drugs are strictly prohibited. (notice of any of such items makes participants disqualified).
7. Participants should do compulsory poses.

Reg Fee: - 850

Student Coordinators

1. Vaseem Naushad 8281805893
2. Athul Krishna 9539926370
3. Dominic Antony 8921429592