First note that it is enough to maximize one's total grade over the n courses, since this differs from the average grade by the fixed factor of n. Let the (i,h)-subproblem be the problem in which one wants to maximize one's grade on the first i courses, using at most h hours.

Let A[i,h] be the maximum total grade that can be achieved for this subproblem. Then A[0,h]=0 for all h, and $A[i,0]=\sum_{j=1}^{i}f_{j}(0)$. Now, in the optimal solution to the (i,h)-subproblem, one spends k hours on course i for some value of $k \in [0,h]$; thus

$$A[i,h] = \max_{0 \le k \le h} f_i(k) + A[i-1,h-k].$$

We also record the value of k that produces this maximum. Finally, we output A[n, H], and can trace-back through the entries using the recorded values to produce the optimal distribution of time. The total time to fill in each entry A[i, h] is O(H), and there are nH entries, for a total time of $O(nH^2)$.

 $^{^{1}}$ ex680.762.178