

### BREAKFAST & LUNCH - (ALL DAY)

Fruit toast - whipped ricotta and honey   <b>V</b>	8
Eggs on toast - poached or fried   <b>DF</b>   <b>GFO</b>	12
House granola with coconut yogurt and seasonal fruit   <b>VG</b>   <b>DF</b>	15
Bacon and egg roll with a house made hash   <b>GFO</b>	14
Croissant banh mi with roast pork belly - fried egg	15
Pumpkin salad - whipped ricotta - frisee - watercress - beets - radish - aged balsamic - pistachio and seeds   <b>V</b>   <b>GF</b>   <b>VGO</b>	18
Smashed avocado on toast - goats cheese - lemon - pumpkin seeds - poached egg   <b>V</b>   <b>GFO</b>   <b>VGO</b>	20
Chocolate hotcake - blackberry curd - coconut syrup - hazelnuts   <b>VGO</b>   <b>GF</b>   <b>DF</b>	18
Appy bowl - check with front of house - changing weekly (+ protein... 5)	18
Porkbelly - crisp brussel sprouts - lentils - braised fennel - celeriac puree   <b>GF</b>	20
Tacos - shredded beef - avocado crema - pea tendrils - pepitas - tomato corn pico de gallo   <b>GF</b>	7 each

### SANDWICHES & BURGERS - (ALL DAY)

HCT - gypsy ham - mozzarella	9
Cauliflower burger - panko crumbed with tarragon aioli - baby spinach - pumpkin - zucchini pickles - tomato chilli relish - kale crisps   <b>V</b>   <b>DF</b>   <b>VGO</b>	16
BLT - beetroot - leek bechamel - green tomato   <b>VG</b>   <b>GFO</b>   <b>DF</b>	13
Eggplant parma - buffalo mozzarella - napoli sauce   <b>V</b>   <b>GFO</b>	16
Cubano - mortadella - BBQ pork - mustard - pickles   <b>GFO</b>	16
Memphis style pulled beef burger - American cheddar - slaw   <b>GFO</b>	16

**SIDES** - Avocado.... 5   Hash brown.... 5   Bacon.... 5   Goats cheese.... 5   Egg.... 3

V.... Vegetarian  
DF.... Dairy Free

VG.... Vegan  
GFO.... Gluten Free Option

GF.... Gluten Free  
VGO.... Vegan Option

## COFFEE (by Allpress Espresso)

Short	4
Long	4
Milk	4
Soy	+50c
Almond	+50c
Lactose Free	+50c
Large	+50c
Hot Choc / White Choc	5
Iced (latte / choc / mocha / long black)	6

## TEA ....4

English Breakfast
Earl Grey
Lemongrass & Ginger
Green
Chai
Peppermint
Chamomile

## COLD PRESS JUICE ....8

**Red Beet** - beetroot, carrot, celery, apple & lemon  
**Carrot Top** - carrot, turmeric and lemon  
**Valencia Orange**  
**Cloudy Apple**

## ORGANIC FIZZY ....4

Cola  
 Sugar free cola  
 Lemonade  
 Blood orange  
 Black currant

## BEER

Peroni.... 9  
 Sample Pale Ale.... 9

## WINE

Red.... 9 / 38  
 White.... 9 / 38  
 Rose .... 9 / 38  
 Sparkling.... 10

*snap your experience and tag us @appyeatery*