# Supporting Information for

# "A weakly structured stem for human origins in Africa"

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### Contents

1	ata and sequencing	<b>2</b>
	1 Sequencing and variant calling	 2
	2 Nama sample collection and consent	 2
	3 Details about populations used in analyses	 2
	4 Filtering and subsetting data	 3
2	omputing statistics	3
	1 LD and diversity statistics used in model fits	 3
	2 Computing LD and diversity statistics	3
	3 Estimating two-locus statistics with small sample sizes	4
	4 Computing conditional SFS	4
3	Iodel specification and fitting	5
	1 General strategy for building models and introducing complexity	 5
	2 Optimization using moments	6
	3 Confidence intervals using Godambe methods	7
4	ene genealogy reconstruction	7
5	redictions from inferred demographic models	8
	1 Divergence between coexisting populations over time	 8
	2 $f_4$ statistics between pairs of contemporary and pairs of ancient populations	 8
6	alidations using simulations from inferred demographic models	9
	1 Simulation details	 10
	2 cSFS prediction under inferred models	 10
7	upplementary results	10
	1 Alternative statistics for four models	 10
	7.1.1 Conditional SFS	10
	7.1.2 Relate curves from inferred models	 10
	7.1.3 Distribution of deep branch affinities to Neanderthal sequence	 11
	2 Mutation versus recombination rates	 11
	3 Re-inference of IM models from simulated data	 12
R	rences	13
Su	porting tables and figures	15

### 1 Data and sequencing

### 1.1 Sequencing and variant calling

Low coverage (4-8x) Illumina short read data were generated for the Nama, Gumuz, Amhara and Oromo populations as part of the African Diversity Reference Panel (Sanger / Wellcome Trust) (GURDASANI et al., 2015; PAGANI et al., 2015) and approved through a secondary data analysis agreement for this project. Briefly, raw reads were aligned to GRCH37 with BWAmem APR: cite, duplicates marked with Picard MarkDuplicates, reads were realigned around indels with GATK RealignerTargetCreater / IndelRealigner followed by BQSR with dbSNP 137. Contamination checks were performed requiring that FREEMIX < 0.05; contamination checks resulted in the elimination of 22 Nama samples. We note that the high heterozygosity in these genomes both due to inherent genetic diversity and admixture may have violated base assumptions for this heterozygosity check. Genomes were then variant called with GATK3.2 Unified Genotyper APR: cite using joint calling across 2,478 individuals within the ADRP dataset with a minimum base quality of 17. Data were merged with 1000 Genomes Phase 3 (1000 GENOMES PROJECT CONSORTIUM et al., 2015) using the union of sites identified with beftools isec (-n+1) APR: cite then refined with Variant Recalibrator with a truth sensitivity threshold of 99.5%. HapMap III and dbSNP 138 served as known sites while 1000 Genomes Phase 1 Omni 2.5 and Phase 1 genomic SNP served as the training set. After VR, no batch effects were observed along PC1 and PC2 for 1000 Genomes vs. ADRP. Phasing on the combined dataset was performed via SHAPEIT2 APR: cite and utilized the duoHMM option for duos and trios. We highlight 82 Nama genomes which are newly available (unpublished) under accession number EGAD00001006198. Among these 82 Nama samples, we down-sampled the individuals to minimize close relatives and admixture, such that 44 Nama genomes were retained. 2nd and 3rd degrees relatives were inferred from reconstructed pedigrees with Omni2.5 SNP array data. Individuals with > 70% estimated Khoe-San ancestry were retained for analysis, after partitioning ancestry into k=6 clusters with ADMIXTURE APR: cite where alternative ancestries represent European, West African, Near Eastern, and East African gene flow.

### 1.2 Nama sample collection and consent

DNA samples were collected from three Nama communities in the Richtersveld region of South Africa, which borders southern Namibia, in 2012. A community guide was present during each interview and facilitated consent in Afrikaans or Nama. Written consent was recorded per our IRB protocol with human subjects approval from Stanford University (Protocol #13829), Stellenbosch University (N11/07/210) and later maintained via SUNY Stony Brook (Protocol #727494). Saliva samples were extracted from Oragene [OGR-500] kits at Stellenbosch University. Results stemming from genetic analyses have been communicated in 2015, 2019, 2021 via community presentations, a radio interview and to representatives of the Richtersveld National Park.

#### 1.3 Details about populations used in analyses

SG: To be expanded. TODO: Brenna

- From the merged dataset of the African Diversity Reference Panel and 1000 Genomes phase 3 data, subsampled to population included in this study
- West Africa: Mende from Sierra Leone (MSL); South Africa: newly sequenced Nama; East Africa: Gumuz (traditionally hunter-gatherer with low levels of Eurasian admixture), Oromo and Amhara (combined as traditionally agriculturalists with large proportion of back-to-Africa Eurasian ancestry); Eurasian: British (GBR)
- Combined with the high coverage Vindija neanderthal genome

• For running Relate, we used a larger set of populations. We kept all African 1000 Genomes populations, along with the Nama, Gumuz, Oromo, and Amhara, as well as 4 Eurasian populations from 1000 Genomes: GBR, CEU, PJL, and CHB

### 1.4 Filtering and subsetting data

All analyses presented in this work focus on biallelic single nucleotide polymorphisms within the 1000 Genomes Phase 3 strict mask. For the moments-LD analysis, we focused on intergenic regions because these appear less affected by natural selection compared to both synonymous and nonsynonymous variation (RAGSDALE et al., 2018). To enable comparison with Neanderthal DNA, we excluded regions for which the Vindija Neanderthal sample had less than 100 contiguous base pairs.

### 2 Computing statistics

### 2.1 LD and diversity statistics used in model fits

We used multi-population linkage disequilibrium (LD) and pairwise diversity statistics to fit demographic models to data. These statistics, introduced and described in detail in RAGSDALE and GRAVEL (2019), are the multi-population analog of the classic LD statistics first described and computed by HILL and ROBERTSON (1968); OHTA and KIMURA (1971).

Given two biallelic loci, with alleles A and a and the left locus and allels B and b at the right locus, the standard covariance measure of LD is  $D = p_{AB}p_{ab} - p_{Ab}p_{aB}$ , where  $p_{AB}$  is the frequency of AB haplotypes in a population (and thus the probability of drawing an AB haplotype in a random sample of that population). HILL and ROBERTSON (1968) solve for the expectation of  $D^2$  using a system of equations that includes  $\mathbb{E}[Dz] = \mathbb{E}[D(1-2p_A)(1-2p_B)]$  and  $\mathbb{E}[\pi_2] = \mathbb{E}[p_A(1-p_A)p_B(1-p_B)]$ , where  $p_A$  and  $p_B$  are the frequencies of A and B at the left and right loci, respectively. This system also requires the expected pairwise diversity (or expected heterozygosity, assuming random mating), denoted  $\mathbb{E}[H] = \mathbb{E}[2p_A(1-p_A)] = \mathbb{E}[2p_B(1-pB)]$ , assuming equal mutation rates at the two loci.

RAGSDALE and GRAVEL (2019) showed how to compute the analogous multi-population set of LD statistics, and we refer readers there for details on their definitions, computation, and interpretations. In short, we obtain expectations of  $D^2$  in each population, the cross-population product  $D_iD_j$  (where i and j index populations), as well as those additional statistics Dz and  $\pi_2$  taken over different combinations of population indexing. That is  $Dz_{i,j,k} = D_i(1-2p_{A,j})(1-2p_{B,k})$  and  $\pi_{2;i,j,k,l} = p_{A,i}(1-p_{A,j})p_{B,k}(1-2p_{B,l})$ . We consider statistics normalized by  $\pi_2$  in a reference population (throughout, we use the Mende  $\pi_2$ ), which removes any dependence on the mutation rate. Thus, statistics take the form  $\sigma_{d;i,j}^2 = \frac{\mathbb{E}[D_{i,j}^2]}{\mathbb{E}[\pi_2]}$ ,  $\sigma_{Dz;i,j,k} = \frac{\mathbb{E}[Dz_{i,j,k}]}{\mathbb{E}[\pi_2]}$ , and so on. Multi-population pairwise diversity statistics  $\mathbb{E}[H_i] = \mathbb{E}[2p_i(1-p_i)]$  and  $\mathbb{E}[H_{i,j}] = \mathbb{E}[p_i(1-p_j)+p_j(1-p_i)]$  were also normalized by H in the Mende, so that all pairwise diversity measures are relative to the reference population.

 $\sigma_{Dz}$  has been shown to be sensitive to deep population structure and archaic admixture (RAGSDALE and GRAVEL, 2019), and this statistic is closely related to  $S^*$  statistics used to scan for introgressed haplotypes (PLAGNOL and WALL, 2006). Pairwise diversity statistics  $H_{i,j}$  have also been widely used in demographic inference involving ancient DNA and many samples, as  $f_2$ ,  $f_3$  and  $f_4$  statistics can be expressed as linear combinations of  $H_{i,j}$ . f-statistics form the basis of admixture graph analysis APR: cite. Therefore, the set of statistics used here encompass multiple features of genetic data that have been used to infer models of archaic admixture and population structure involving many populations.

APR: We used the Omni YRI map (though see figure showing similarity to statistics under the HapMapII map). Assumed a generation time of 29 years for rescaling times in years to generations.

### 2.2 Computing LD and diversity statistics

We compared single- and two-locus statistics in the data to predictions based on detailed demographic models. Model predictions were obtained using recursions described in RAGSDALE and GRAVEL (2019) and implemented in the software moments (https://bitbucket.org/simongravel/moments/src/main/). The model computes expected patterns of single-nucleotide pairwise diversity and linkage disequilibrium as a function of recombination distance between variants within and across populations, under the assumption of neutrality.

For numerical convenience, observed genetic variants were binned by recombination distances. We assessed the robustness of the statistics to errors in the recombination maps by considering two different recombination maps, the OMNI YRI and HapMapII (1000 Genomes Project Consortium et al., 2015; International HapMap Consortium et al., 2007). Statistics were largely unchanged by using a different map (Figure S3). APR: These maps are both inferred using array data, which is sparse. Comment on this.

We removed bins of recombination distance less than a recombination distance of  $r = 5 \times 10^{-6}$  (at a rough estimate of 1 cM/Mb, this corresponds to a minimum distance of 500 bp on average) to avoid previously reported biases at short distances due to processes like multinucleotide mutations (HARRIS and NIELSEN, 2014; RAGSDALE and GRAVEL, 2019). To avoid uncertainty in phasing, we used unphased genotypes to compute LD statistics, as proposed in RAGSDALE and GRAVEL (2020).

Finally, we estimated uncertainty due to the finite amount of genetic material used in inference using bootstrap over 500 segments along the genome with roughly equal lengths of retained sequences within each segment. First, for each distance bin, we used these bootstrap samples to obtain a variance-covariances matrix across all statistics. This variance-covariance matrix was used to obtain a model likelihood for each recombination distance bin and single-locus nucleotide diversity, as a multivariate Gaussian likelihood. The full model likelihood was taken as the product of likelihoods over each bin. In other words, we optimized a composite likelihood where observations in different bins were taken to be independent. To account for correlations across bins in uncertainty estimates, we estimated parameter confidence intervals using the same bootstrap set using the Godambe information matrix (COFFMAN et al., 2016). SG: is redundancy here with section "Optimization using moments". I think we can get rid of this and say: "optimization and uncertainty calculations are described in section "Optimization using moments"?, This may be a bit more complicated, since the Optimization section relies on this description. I think we should just punt the bootstrap description to that section. TODO: discuss Aaron + Simon

### 2.3 Estimating two-locus statistics with small sample sizes

The approach from RAGSDALE and GRAVEL (2020) provides unbiased estimates of the LD statistics considered here, which can be directly compared to expectations for those same statistics computed from the multi-population Hill-Robertson system. Estimated statistics for populations with smaller sample sizes have greater uncertainty, which is accounted for by computing variances and covariances via bootstrap over genomic regions, assuming that there is no correlation between distant genomic regions (i.e., no long-range LD).

Some statistics, such as  $\mathbb{E}[D_iD_j]$ , require at least two diploid samples from a population to compute. Since we used a single Neanderthal sample, such statistics for the Neandertal population were not used in the fit. By contrast, there are statistics that only require a single sample in a given population to estimate. These include cross-population nucleotide diversity measures, as well as some LD statistics involving more than one population. For example, statistics of the form  $D_{human}(1-2p_{human})(1-2q_{neanderthal})$  require a single Neanderthal sample and are informative of the Neanderthal demography. These statistics were included in the fit, but statistics requiring more than one Neanderthal sample to estimate were removed.

#### 2.4 Computing conditional SFS

The conditional site frequency spectrum (or cSFS) is the distribution of allele frequencies restricted to loci that satisfy a given condition. Specifically, we consider the distribution of allele frequencies in present-

day populations conditioned on the Vindija Neanderthal carrying the derived allele relative to the inferred ancestral allele. Ancestral alleles alleles were determined from a 6 primate alignment APR: cite. This cSFS is expected to be close to uniform under neutrality and a simple split model (with no subsequent migration) between the ancestors of modern humans and Neanderthal (CHEN et al., 2007). By contrast, a U-shaped distribution has been taken as evidence for archaic introgression from a population whose split from modern humans is at least as old as that of the human-Neanderthal split Durvasula and Sankaraman (2020); Yang et al. (2012). Because we wanted to compare our inferences (based on intergenic sites) to inferences from previous work (based on whole-genome data), we computed the cSFS for both intergenic and all sites genome-wide. Sites with no calls in the Vindija Neanderthal were excluded from this analysis. APR: Figures XX.

Because we were concerned that cSFS analyses may be affected by incorrect inference of the ancestral allele Hernandez *et al.* (2007), we computed the cSFS for all mutations, and for transitions and transversions separately APR: (Figure X, cSFS). Comparisons of these observed cSFS with model predictions are discussed in the model prediction section below.

### 3 Model specification and fitting

For the early history, we tested model parameterizations that cover many of the proposed scenarios of population structure, size changes, and/or archaic admixture. The simplest model, in terms of number of parameters, was a single-origin expansion of modern humans, with no structure in the stem and no archaic admixture aside from the Neanderthal admixture in Eurasian populations following the out-of-Africa migration. This model allowed for a population size change in the stem of modern humans between the ancestral split of the human-Neanderthal lineages and the more recent split of branches leading to Southern and West/Eastern African populations.

To include population structure in early human history, we considered multiple parameterizations of models that allowed more than a single stem population. In general, stem populations were allowed to vary in their sizes, split times, and migration rates, with parameterizations flexible enough to encompass proposed scenarios of either archaic admixture or population structure, both connected by gene flow or with isolation between stems.

In one parameterization of early structure, which we refer to as a "continuous migration" model, a secondary stem population (stem 2) split from the primary stem (stem 1) that leads to modern humans. Stem 1 contributed to present-day populations via a series of population splits similar to the single-origin model, while stem 2 contributed through continuous symmetric migrations with contemporaneous populations. The symmetrical migration rates could differ across population pairs and over different epochs. This continuous migration was allowed until stem 2 disappeared, which occurred as recently as 5kya. We tested models that both allowed or disallowed migration between stems, i.e., before stem 1 split into S/E/W African populations.

In another parameterization of early structure, a secondary stem population (stem 2) contributed ancestry to present-day populations via a series of instantaneous admixture events (i.e., pulse admixture or "merger" events) to lineages leading to sampled present-day African populations. Merger events were allowed to occur in one or more of the Nama, Mende, and Gumuz branches, as well as the branch of East and West Africans prior to their split. Those admixture events were allowed to occur at any time along those branches, and with any proportions, and stem 2 was allowed to split from the primary stem at any time before subsequent divergences (and either before or after the split of the Neanderthal branch). We tested models that allowed migration between the early stems, before subsequent splits and admixture events, as well as models that were restricted to isolation between stem branches. Depending on the specific parameters, such models encompass commonly-considered ghost archaic admixture scenarios (e.g., if a long-isolated lineage more recently contributes a minority of ancestry to one or more populations), as well as relatively simple fragmentation-coalescence scenarios.

Based on the geographical locations of present-day populations, we tentatively labeled ancestral branches using a parsimony in migration, referring to South, East, and West African branches (S/E/W AFR, Figure X). We do not know the geographical location of these ancestral populations (nor even if they correspond

to populations with a well-defined geographic range), and these labels should be considered as tentative. However, we found it useful to name branches in reference to where in Africa their descendants are found. SG: Please double-check this paragraph! TODO Brenna?

### 3.1 General strategy for building models and introducing complexity

With up to six sampled populations in final demographic models that we fit, there are many parameters to learn. Even in the simplest model involving all populations (such as the tree-like single-origin model), there are a few dozen parameters defining split times, migration rates, admixture timings and proportions, and population sizes and size changes. Thus, parameter space for a given model topology is large. In addition, the space of possible model topologies is itself large – as the number of populations increases, the number of possible topologies also increases, as there are more possibilities for the order of divergence and admixture events.

In order to narrow the set of possible models to plausible scenarios and to avoid overfitting, we took an approach that combined the incremental addition of complexity, starting with fewer populations before combining all populations, as well as fixing parameters that have been previously estimated or that fit consistently across all model scenarios. By initially considering sets of two or three populations, we were able to narrow down the relative orders of divergences between African and Eurasian populations. Assuming simple isolation-with-migration models, the Nama appeared to be the earliest diverging population of those we considered, with West African (Mende) and East African (Gumuz) populations diverging more recently, followed by the split of the Eurasian branch from the East African branch.

We performed an initial round of optimization including all six populations with a family of models including single- and multiple-stem scenarios as described in the previous section. We identified parameters that reached consistent values across all models. These included the timings of recent or non-central divergences and admixture events:

- East/West African population split: 60ka
- East African/European split: 50 ka
- Neanderthal introgression to Eurasian branch: 45 ka
- Neanderthal/human split: 550 ka
- Eurasian back-to-African migration: 12 ka

When testing multiple variations of the more complex models, we kept these values fixed. This reduced the potential for overfitting the more complex models, while reducing the computational cost of optimization.

Our models also included recent events to account for known migrations, admixtures, and growths and declines in effective population sizes. Many of these parameters were fixed based on previous historical, genetic, or anthropological research, namely

- East African pastoralist to South African admixture: 2 ka
- European to South African admixture: 10 generations ago
- Mende population expansion and Gumuz population decline: 5 ka
- South African population decline following colonial admixture: 9 generations ago

While the dates of these events were fixed, the sizes and proportions were allowed to vary in the fits. The total number of parameters that were ultimately inferred were 18-26 APR: check!, depending on the complexity of the model.

### 3.2 Optimization using moments

moments-LD uses a composite likelihood approach to simultaneously fit relative pairwise diversity and LD statistics over a range of recombination distances. Likelihoods were computed independently for pairwise diversity and each recombination distance bin using a multivariate Guassian likelihood function as described in Section 2.2. These were multiplied across bins and the single set of heterozygosity statistics following the approach detailed in RAGSDALE and GRAVEL (2019). For each model tested, we ran multiple rounds of optimization, alternating between the optimize\_log\_fim, optimize\_log\_powell, and optimize\_lbfgsb methods to explore parameter space and hone in on the best fit parameters. Initial guesses for parameters were chosen from demographically plausible starting points and then perturbed to explore space, using gradient descent (on the log of the parameters). The best fits from these initial rounds of optimization were then chosen as the starting points for optimization using the Powell and/or the L-BFGS-B methods (as implemented in the SciPy optimization package VIRTANEN et al. (2020)). This process was repeated with alternating optimization methods until the best fit parameter set converged consistently.

### 3.3 Confidence intervals using Godambe methods

The bootstrap replicates that were used to compute the variance-covariance structure of the observed statistics within bins were also used to build 500 bootstrap replicates of the data by resampling with replacement. For the best fit parameters, we computed confidence intervals using the Godambe Information approach, which corrects composite likelihood estimates of confidence intervals to account for nonindependence in the data, including linkages between loci and nonindependence of recombination bins COFFMAN et al. (2016).

Tables S1–S5 give the best fit values for all parameters in the four models considered here, along with standard errors using computed using the Godambe method. Figures S4–S7 show the corresponding fits to many of the LD statistics used in the inference. The  $\sigma_{Dz}$  statistics are fit poorly by the single-origin model, while the models with multiple stems all provide reasonable fits to the data. The merger-with-stem-migration model performed the best of these four models, although the fits were nearly visually indistiguishable from the fits from the merger-with-stem-migration model.

### 4 Gene genealogy reconstruction

We used Relate version 1.0.16 (SPEIDEL et al., 2019) to reconstruct genome-wide gene genealogies using a combined set of 1000 Genomes and African Diversity Reference Panel datasets, retaining all AFR-labeled populations and GBR, CEU, PJL, and CHB from the 1000 Genomes panel and the Nama, Gumuz, Oromo, and Amhara from ADRP. We used all autosomes and applied the 1000 Genomes Phase 3 strict mask, we used an ancestral sequence determined by a 6-primate alignment (human\_ancestor\_GRCh37\_e59), and we used the HapMap II combined recombination map, all in GRCh37 coordinates. We assumed a generation time of 29 years, a mutation rate of 1.25e-8, and followed the standard pipeline described in the Relate documentation.

From the reconstructed gene genealogies, we computed coalescence rates within and between populations using Relate's function RelateCoalescentRate. This allows for an estimate of the instantaneous inverse coalescence rate (IICR) for samples drawn within each population (the inverse of which is often interpreted as the effective population size history), and the relative cross coalescence rates between pairs of populations (which are commonly used to estimate divergence times).

Following Speidel et al. (2019) we also identified "deep branches" within gene trees. Such a "deep branch" is a branch within a marginal tree (meaning, the tree at a given locus) that has its upper end (i.e., the node of its coalescence with another branch) extending to more than 1 million years in age, and we partitioned deep branches based on their lower node ages (where two or more branches coalesce into this single branch) into bins between 0 and 1Ma. Such branches can be categorized by their association with Neanderthals by comparing mutations that fall upon such a branch to the allele found in a Neanderthal genome sequence. For this, we used the published high-coverage Vindija Neanderthal (Prüfer et al., 2017).

Again following the analysis in Speidel *et al.* (2019), if one or more mutations on a deep branch (carrying at least two derived mutations) are shared with the Neanderthal sequence, the branch is inferred to have passed through the Neanderthal lineage.

A deep branch is assigned to a contemporary population if at least one sample from that population has ancestry that passes through that branch. Speidel et al. (2019) show that deep branches with lower ends more recent than the Neanderthal introgression event are enriched for Neanderthal-matching alleles in Eurasian populations, while a large majority of deep branches in 1000 Genomes West African populations do not match either the Neanderthal or Denisovan samples. This observation was taken as further evidence for deep population structure or archaic admixture in West African populations from an unidentified hominin unrelated to the Neanderthal/Denisovan complex.

### 5 Predictions from inferred demographic models

### 5.1 Divergence between coexisting populations over time

We considered a few different measures of differentiation between populations in four inferred models, starting with  $F_{ST}$ . For each of the four inferred demographic models presented here, we computed predicted  $F_{ST}$  for pairs of contemporaneous populations over time.

 $F_{ST}$  represents the proportion of genetic variance in a multi-population sample that can be attributed to drift between populations in that sample (e.g., Bhatia et al. (2013)).  $F_{ST}$  depends on population divergence times, gene flow, and population sizes. For present-day sampled populations, predicted  $F_{ST}$  can be compared to data (Fig. S8), while past estimates represent model predictions about the differentiation between past populations. We computed  $F_{ST}$  as a ratio of expected (or average) variances, using observed pairwise diversity within and between populations as in Peter (2016):

$$F_{ST}(i,j) = \frac{\mathbb{E}[2H_{i,j} - H_i - H_j]}{\mathbb{E}[2H_{i,j} + H_i + H_j]},$$
 (S1)

where  $H_{ij}$  is the average number of differences between one haploid copy of the genome from population i and one from population j, and  $H_i$  and  $H_j$  are the average number of differences for two haploid copies from the same population. In all inferred models,  $F_{ST}$ s between Neanderthals and the ancestors of modern humans were much larger than between any pair of modern human populations or their ancestors (stems).  $F_{ST}$  between modern human populations over the last 100ka remained relatively low, at  $\sim 0.1$  or less. In the continuous-migration model, the two stem populations also were predicted to have low  $F_{ST}$  within this range, as migration rates were inferred to be high enough to maintain genetic similarity. In both the merger-without-stem-migration and the merger-with-stem-migration, one of the stem populations was inferred to have a short, severe bottleneck, which led to increased  $F_{ST}$  between stem populations during that time. In the merger with stem migration,  $F_{ST}$  reached a maximum value of 0.3 between stems, intermediate between human-Neanderthal divergence (0.54 SG: check) and the maximum  $F_{ST}$  observed between contemporary human populations (0.07.)

Whereas the high  $F_{ST}$  value between Neanderthal and humans reflects both elevated genetic differences between the genomes of modern humans and neanderthal and reduced diversity within the Neanderthal population (Fig. S8), the increased  $F_{ST}$  between the stems is primarily due to an inferred bottleneck reducing stem diversity, while genetic differentiation between individuals from the two stems is within the range of genetic differentiation between (and even within) human populations. In other words, our best fit model describes two stems with one stems showing reduced diversity, but individuals across stems showing no more differentiation than two modern population. SG: Previous paragraph could use rereading.

### $f_4$ statistics between pairs of contemporary and pairs of ancient populations

To evaluate the degree to which divergence among modern populations is inherited from divergence between early stem population, we computed f4 statistics of the form

$$f_4(\text{stem}_1, \text{stem}_2; \text{modern}_1, \text{modern}_2) = \mathbb{E}[(f_{\text{stem}_1} - f_{\text{stem}_2})(f_{\text{modern}_1} - f_{\text{modern}_2})]$$
(S2)

This statistic measures co-linearity of genetic drift between modern populations  $(f_{\text{modern}_1} - f_{\text{modern}_2})$  and stem populations  $(f_{\text{stem}_1} - f_{\text{stem}_2})$  (see Figures S10–S13 and LIPSON (2020)).

To contrast these statistics to divergence across modern populations,

$$f_2(\text{modern}_1, \text{modern}_2) = \mathbb{E}[(f_{\text{modern}_1} - f_{\text{modern}_2})^2]),$$
 (S3)

we interpret the f-statistics as scalar products between vectors in allele frequency space. In particular, the vector  $v = (f_{\text{modern}_1} - f_{\text{modern}_2})$ , representing differences in allele frequencies across modern populations, can be written as  $v = v_{\perp} + v_{\parallel}$ , a component perpendicular and a component parallel to the divergence  $(f_{\text{stem}_1} - f_{\text{stem}_2})$  across stems. We can then decompose  $f_2(\text{modern}_1, \text{modern}_2) = v_{\perp}^2 + v_{\parallel}^2$ , with

$$v_{\perp}^2 = f_4^2(\text{stem}_1, \text{stem}_2; \text{modern}_1, \text{modern}_2) / f_2(\text{stem}_1, \text{stem}_2)$$
(S4)

Finally, the proportion of modern-day structure  $f_2(\text{modern}_1, \text{modern}_2)$  that is accounted for by the component parallel to ancient population structure is

$$\alpha^2 = \frac{v_{\perp}^2}{f_2(\text{modern}_1, \text{modern}_2)} = \frac{f_4^2(\text{stem}_1, \text{stem}_2; \text{modern}_1, \text{modern}_2)}{f_2(\text{stem}_1, \text{stem}_2)f_2(\text{modern}_1, \text{modern}_2)}.$$
 (S5)

 $\alpha^2$  can be interpreted as the proportion of the  $f_2$  divergence across modern populations that is aligned with the differences in allele frequencies across ancient populations. However, drift occurring after the time of sampling of ancient populations is not correlated to drift occurring before that time. For this reason, we also interpret  $\alpha^2$  as the proportion of the  $f_2$  divergence across modern populations that is explained by the differences in allele frequencies across ancient populations. We report this predicted statistic for each of the four inferred demographic models in Figures S10–S13.

### 6 Validations using simulations from inferred demographic models

Here we focus on four parameterizations of early human history: (1) a "single origin" with recent expansion, (2) primary and second stem populations with "continuous migration", (3) two stem populations that do not exchange migrants before merging to form regional African populations, referred to as a "merger without stem migration", and (4) two stem populations that are allowed to exchange migrants before merging to form regional African populations, referred to as a "merger with stem migration". Given the best fit parameters for each model (Tables S1–S5), we used msprime version 1.0.4 (Kelleher et al., 2016; Baumdicker et al., 2021) to simulate sampled individual genomes to match the data used in inference (see simulation details below). Using these simulations, we compared additional statistics and inferences between simulated and real data that were not used in the original optimization. These comparisons serve as independent validations of our inferred demographic models by assessing how well those models fit aspects of the data that have been used in other studies as evidence of population structure or archaic admixture from an unidentified hominin species within Africa.

#### 6.1 Simulation details

The four inferred demographic models (single origin, continuous migration, merger without stem migration, and merger with stem migration) were converted to demes format (Gower, Ragsdale, et al., in prep) and used as the input demography for msprime simulations. We sampled the same number of individuals from

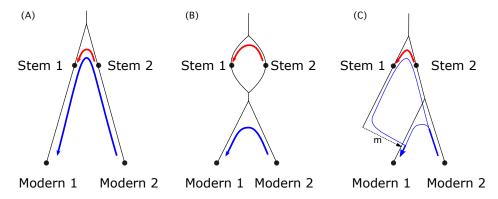


Figure S1: Present day structure attributable to ancient population structure. The statistic  $f_4(\text{stem}_1, \text{stem}_2; \text{modern}_1, \text{modern}_2)$  captures how much of present-day population structure can be attributed to population structure among the stems. The blue line represents genetic drift along ancestral branches between modern populations, while the red line represents drift between stem populations.  $f_4$  measures the overlap between the blue and red line, which corresponds to shared genetic drift between the two pairs. In scenario A, modern populations are descended from distinct stems, and  $f_4(\text{stem}_1, \text{stem}_2; \text{modern}_1, \text{modern}_2)$  equals the drift between stems,  $f_2(\text{stem}_1, \text{stem}_2)$ . In scenario B, despite deep population structure, there is no shared drift and  $f_4 = 0$ . That is, present-day population structure is unrelated to structure among stems. In more realistic scenario C, where modern<sub>1</sub> receives a proportion m of its ancestry from the dotted arrow, the overlap is only found along the corresponding path, and  $f_4$  depends on both ancestry proportion m and drift between stems,  $f_4(\text{stem}_1, \text{stem}_2; \text{modern}_1, \text{modern}_2) = mf_2(\text{stem}_1, \text{stem}_2)$  APR: Get better resolution image from Simon

each population as used in the inference (Nama: 44, Mende: 85, Gumuz: 23, combined Oromo/Amhara: 46, British: 91, and Vindija Neanderthal: 1). We assumed a generation time of 29 years, a per-base mutation rate of  $1.25 \times 10^{-8}$ , a per-base recombination rate of  $1 \times 10^{-8}$  (corresponding to 1cM/Mb), and we simulated 100 replicates with sequence lengths of 50Mb per replicate. We computed the conditional site frequency spectrum (cSFS) conditioned on observing the derived variant in the Neanderthal sample, and reconstructed gene genealogies using Relate to obtain coalescence rate trajectories and distributions of deep branches passing through the Neanderthal branch. Each analysis followed the same procedure as described above in the analysis of the real data.

### 6.2 cSFS prediction under inferred models

We compared the observed cSFS to model predictions for the Nama, Mende, and Gumuz populations. The cSFS from data is sensitive to ancestral allele misidentification, but our simulations assume perfect knowledge of the ancestral allele. To investigate the role of misidentification, we compared predicted and observed cSFS for transitions and transversions separately as well as jointly.

For each comparison, we fit a misidentification parameter  $p_{misid}$  as well as a scaled mutation rate  $\theta$ . The misidentification parameter is the fraction  $p_{misid}$  of loci that have the ancestral state misidentified. Accounting for  $p_{misid}$  mixes the predicted joint population SFS with a small amount of the ancestral-allele-reversed SFS (i.e. for a two-population joint SFS,  $SFS_{misid}(i,j) = (1-p_{misid})*SFS(i,j)+p_{misid}*SFS(n-i,m-j)$ ), where n and m are the sample sizes from the two populations. The cSFS for the first population (conditioning on the second) is found by projecting the sample size to (n,1) and taking cSFS = SFS(:,1).  $\theta$  and  $p_{misid}$  were chosen to maximize a likelihood assuming that each observed entry in the cSFS is drawn from a Poisson distribution (SAWYER and HARTL, 1992).

### 7 Supplementary results

#### 7.1 Alternative statistics for four models

#### 7.1.1 Conditional SFS

The single-origin model fit the cSFS relatively poorly across the three populations compared to the models that allow structure between stem populations (Fig. S14). The model that best fit the cSFS was the merger-with-stem-migration model, which also provided the best fit to pairwise diversity and LD statistics in the initial optimization. For the Mende and Gumuz, the merger-with-stem-migration model fits the data very well, while it underestimates rare variants in the Nama cSFS (Fig. S17). Models learned from the two-locus statistics provided a better qualitative description of the cSFS than models previously fit directly to the cSFS (see, e.g., figure 1 in Durvasula and Sankaraman (2020)). We found that the inferred ancestral misidentification rates were concordant across populations. The inferred rates of ancestral misidentification were about twice as high for transitions relative to transversions as expected, qualitatively, from the higher transition mutation rate (Hernandez et al., 2007).

#### 7.1.2 Relate curves from inferred models

We used Relate (SPEIDEL et al., 2019) to reconstruct gene genealogies from the simulations under our four inferred demographic models. From each of these, following the same approach as for the analysis of the actual data, we computed coalescence rates within and between sampled populations. From the coalescence rates, we estimated the inverse instantaneous coalescence rate (IICR, often interpreted as an estimator of  $N_e$ ) for each population, as well as relative cross coalescence rates between pairs of populations.

The IICR is only a reliable estimator of  $N_e$  in the absence of population structure. However, since IIRC are readily estimated and visually interesting, it is commonly attempted even when the assumption is not met. Even if the assumption is not met, the inferred IIRC can be interpreted as a summary statistic for which model predictions can be compared to data. and can therefore be informative about aspects of the data that our models fail to predict. SG: Insert inferences with same populations? We also note that the coalescence rates inferred from data used a larger set of populations from the combined 1000 Genomes/AGRP dataset, while our model simulations only included a subset of 5 populations. This may lead to differences in resolution of the inferences.

The data shows the characteristic "hump" of increased IICR  $(N_e)$  100-300k for all populations, followed by a decrease in size among all populations that is sharpest in the Eurasian populations and also pronounced in the East African populations that have high proportions of Eurasian ancestry (Amhara and Oromo) (Fig. S18). The model-inferred  $N_e$  curves also show this general trend for the more recent reduction in  $N_e$  (Fig. S20). In the the more distant past,  $N_e$  fluctuates in a manner that is broadly similar across models with observed "humps" of increased  $N_e$ . Despite the large differences in parameterizations and interpretations of the four inferred demographic models, each of them show reconstructed  $N_e$  trajectories that are qualitatively similar, highlighting the difficulty in learning complex demography in the deep past from reconstructed coalescence rate trajectories.

We also compared the relative cross-coalescence rates (RCCR) between pairs of populations in the four inferred demographic models (Figures S23–S26) to those in the data (Fig. S22). In the recent past (<10ka), each of the models show increased RCCR compared to the data. However, in the medium to more distant past, the RCCR provide a good match to the data in each of the four models, including both their timing and ordering of increased cross coalescences. The failure to match both the IIRC and RCCR in the recent past in all models suggests that additional parameters would be needed to account for recent increases in population sizes. As is the case with other methods that reconstruct size history trajectories from inferred coalesce rates (e.g. PSMC, MSMC), Relate has difficulty inferring coalescences that occur in the recent past, APR: likely a combination of some differences between actual and simulated data, and inherent weaknesses of those methods.

#### 7.1.3 Distribution of deep branch affinities to Neanderthal sequence

Following SPEIDEL et al. (2019), we also characterized Neanderthal-matching deep branches (see Section 4) in our simulated data under the four inferred demographic models. Comparing deep-branch distributions from the data (Fig. ??) to the models (Fig. S29), we find consistent trends between each of the four models and the data in the ordering of proportions of lineages from each population that are labeled as Neanderthal-matching deep branches. This proportion is slightly over-estimated in each of the African populations compared to the data, but is closest in the merger-with-stem-migration model (which also fit the LD statistics the best of the four models). Given the discrepancies between the data IICR and the model IICR, these differenes are not surprising APR: what more to say here...

#### 7.2 Mutation versus recombination rates

Prior studies primarily relied on the mutation clock in order to date events such as population divergence, and uncertainty about the mutation rate translates in uncertainty in timing estimates (e.g., MOORJANI et al. (2016a)). Recent whole genome sequencing studies from non-pathological pedigrees have typically estimated mutation rates to be  $1.2-1.3\times10^{-8}$  per site per generation (Sasani et al., 2019; Tian et al., 2019). A rate of  $1.3\times10^{-8}$  also approximates the rate predicted by a mutational model from Gnomad (Karczewski et al., 2020) in the ~650Mb of intergenic regions selected for demographic inference in this study. However, moments differs from other approaches by relying on a recombination clock, which has been argued to be more robust to estimation than a mutational clock (Moorjani et al., 2016b). To fit patterns of diversity which were inferred using the recombination map here, mutation rates on the order of  $2\times10^{-8}$  would be needed. APR: This discrepancy between the mutation clock and recombination clock...

#### 7.3 Re-inference of IM models from simulated data

Recent studies APR: have been quite interested in characterizing the "earliest divergence time among human populations", and such analyses typically fit simple isolation-with-migration (IM) or "clean split" models to observed allele frequencies or inferred coalescence times among and between populations (BERGSTRÖM et al., 2021) APR: and others. Simple IM models typically fit a constant  $N_e$  within each diverged population, their split time, and a symmetric continuous migration rate (which could be fixed to zero, equivalent to the "clean split" model). We explored the effect of fitting such simplified models of history to data from more complex models by simulating the site frequency spectrum (SFS) under each of our four models for pairs of populations and reinferring an IM and clean split model for each pair. The simulations assumed 10 diploid individuals were sampled from each population.

As expected, the clean split models consistently provide divergence times T that are more recent than the IM models. Because T and subsequent migration can be inversely confounded in SFS inference, fixing migration rates to zero results in more recent inferred T (Fig. S30). Even though each of our four models inferred divergences of all human populations  $\sim 120 \, \text{kya}$ , ancient structure biases inferences and gives inflated estimates of T. A similar effect occurs when the ancestral population size increases prior to the population split (MOMIGLIANO et al., 2021), which is the case in our inferred single-origin model. APR: I want to highlight this more in the main text. Inferred T between the Nama and other populations were  $> 200 \, \text{kya}$  under the IM model, and  $\sim 50-130 \, \text{kya}$  under the clean split model.

APR: There's plenty more we could say about this.

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# Supporting tables and figures

Table S1: Best-fit parameters from the single-origin model. Inferred values are scaled to physical units assuming a generation time of 29 years. This model gave a log-likelihood of -189,434. APR: See figure XX with all parameters labeled.

Parameter	Description	Value	Std. err.
$N_e$	Ancestral effective population size	10198	403
$N_{MH}$	Size of modern-human lineage between Neanderthal	21111	529
	and Nama splits		
$N_{Nama_0}$	Initial Nama size	10224	370
$N_{Nama_F}$	Final Nama size	222	9
$N_{MSL_0}$	Initial Mende size	17211	769
$N_{MSL_F}$	Final Mende size	16822	606
$N_{EA}$	Size of East African branch	7139	273
$N_{Gumuz_F}$	Final Gumuz size	3831	131
$N_{EP}$	East African agriculturist size	13033	491
$N_{GBR_0}$	Initial British size	846	33
$N_{GBR_F}$	Final British size	12121	507
$N_{Neand}$	Neanderthal size	1867	105
$T_{Nama}$	Nama split time (years)	110400	2525
$m_{Nama-MSL}$	Nama–Mende symmetric migration rate	$2.82 \times 10^{-5}$	$0.158 \times 10^{-5}$
$m_{Nama-EA}$	Nama–East Africa symmetric migration rate	$4.94 \times 10^{-5}$	$0.197 \times 10^{-5}$
$m_{MSL-EA}$	Mende–East Africa migration rate	$18.76 \times 10^{-5}$	$0.764 \times 10^{-5}$
$m_{EA-GBR}$	East Africa–Europe migration rate	$4.42 \times 10^{-5}$	$0.239 \times 10^{-5}$
$m_{EA-EA}$	Intra-East Africa migration rate	$41.28 \times 10^{-5}$	$1.33 \times 10^{-5}$
$f_{GBR  o EP}$	Ancestry proportion of East African agriculturalists	0.658	0.0039
	from GBR 12 ka $(1 - f \text{ from Gumuz})$		
$f_{EP  o Nama}$	Ancestry proportion from EA pastoralists to Nama	0.279	0.0039
	2 ka		
$f_{GBR \rightarrow Nama}$	Ancestry proportion from Europeans to Nama 10	0.150	0.0019
	generations ago		

Table S2: Best-fit parameters from the Continuous-Migration model with isolation between stems. Inferred values are scaled to physical units assuming a generation time of 29 years. This model gave a log-likelihood of -126,644. APR: See figure XX with all parameters labeled. APR: This table is a new fit, the analog of the merger-without-stem-migration model. Here, it's the same as the continuous-migration model, just with migration in the stem disallowed. Thus, there is one fewer parameter, and stems are forced to be isolated. Note the tight constraint on  $T_s tems$ , similar to what we see in the merger with vs. without stem migration models.

Parameter	Description	Value	Std. err.
$N_e$	Ancestral effective population size	10543	460
$N_{stem1}$	Size of stem 1 lineage between Neanderthal and	15297	1227
	Nama splits		
$N_{stem2}$	Size of stem 2 lineage	9156	573
$N_{Nama_0}$	Initial Nama size	11329	423
$N_{Nama_F}$	Final Nama size	219	11
$N_{MSL_0}$	Initial Mende size	11187	644
$N_{MSL_F}$	Final Mende size	24056	945
$N_{EA}$	Size of East African branch	7185	293
$N_{Gumuz_F}$	Final Gumuz size	3746	184
$N_{EP}$	East African agriculturist size	13187	645
$N_{GBR_0}$	Initial British size	937	41
$N_{GBR_F}$	Final British size	11478	420
$N_{Neand}$	Neanderthal size	2285	113
$T_{stems}$	Stem split time (years)	459720	21704
$T_{Nama}$	Nama split time (years)	139725	3250
$m_{Nama-MSL}$	Nama–Mende symmetric migration rate	$1.93 \times 10^{-5}$	$0.360 \times 10^{-5}$
$m_{Nama-EA}$	Nama–East Africa symmetric migration rate	$4.43\times10^{-5}$	$0.309 \times 10^{-5}$
$m_{MSL-EA}$	Mende–East Africa migration rate	$20.8\times10^{-5}$	$0.97\times10^{-5}$
$m_{EA-GBR}$	East Africa–Europe migration rate	$4.46 \times 10^{-5}$	$0.171 \times 10^{-5}$
$m_{EA-EA}$	Intra-East Africa migration rate	$35.4 \times 10^{-5}$	$1.85 \times 10^{-5}$
$f_{GBR \to EP}$	Ancestry proportion of East African agriculturalists	0.649	0.0038
	from GBR 12 ka $(1 - f \text{ from Gumuz})$		
$f_{EP  o Nama}$	Ancestry proportion from EA pastoralists to Nama	0.268	0.0048
	2 ka		
$f_{GBR  o Nama}$	Ancestry proportion from Europeans to Nama 10	0.153	0.0022
	generations ago		
$m_{stems}$	Stem 1-stem 2 migration rate	0	fixed
$m_{stem2-Nama}$	Stem 2–Nama migration rate	$4.33 \times 10^{-5}$	$0.891 \times 10^{-5}$
$m_{stem2-MSL}$	Stem 2–Mende migration rate	$11.3 \times 10^{-5}$	$1.83 \times 10^{-5}$
$m_{stem2-EA}$	Stem 2–East Africa migration rate	$2.77\times10^{-5}$	$0.699 \times 10^{-5}$

Table S3: Best-fit parameters from the Continuous-Migration model. Inferred values are scaled to physical units assuming a generation time of 29 years. This model gave a log-likelihood of -115,500. APR: See figure XX with all parameters labeled.

Parameter	Description	Value	Std. err.
$N_e$	Ancestral effective population size	7270	1777
$N_{stem1}$	Size of stem 1 lineage between Neanderthal and	8256	1612
	Nama splits		
$N_{stem2}$	Size of stem 2 lineage	13547	2488
$N_{Nama_0}$	Initial Nama size	11939	2989
$N_{Nama_F}$	Final Nama size	221	54
$N_{MSL_0}$	Initial Mende size	9738	2479
$N_{MSL_F}$	Final Mende size	28150	6628
$N_{EA}$	Size of East African branch	7489	1841
$N_{Gumuz_F}$	Final Gumuz size	3728	915
$N_{EP}$	East African agriculturist size	13072	3246
$N_{GBR_0}$	Initial British size	959	231
$N_{GBR_F}$	Final British size	11822	2889
$N_{Neand}$	Neanderthal size	2670	591
$T_{stems}$	Stem split time (years)	1163072	390803
$T_{Nama}$	Nama split time (years)	134745	17775
$m_{Nama-MSL}$	Nama–Mende symmetric migration rate	$0.98 \times 10^{-5}$	$0.366 \times 10^{-5}$
$m_{Nama-EA}$	Nama–East Africa symmetric migration rate	$4.08 \times 10^{-5}$	$1.02 \times 10^{-5}$
$m_{MSL-EA}$	Mende–East Africa migration rate	$21.4 \times 10^{-5}$	$5.32\times10^{-5}$
$m_{EA-GBR}$	East Africa–Europe migration rate	$4.17 \times 10^{-5}$	$1.02\times10^{-5}$
$m_{EA-EA}$	Intra-East Africa migration rate	$33.6 \times 10^{-5}$	$8.35 \times 10^{-5}$
$f_{GBR  o EP}$	Ancestry proportion of East African agriculturalists	0.642	0.0037
	from GBR 12 ka $(1 - f \text{ from Gumuz})$		
$f_{EP o Nama}$	Ancestry proportion from EA pastoralists to Nama 2 ka	0.255	0.0043
$f_{GBR \rightarrow Nama}$	Ancestry proportion from Europeans to Nama 10	0.156	0.0021
	generations ago		
$m_{stems}$	Stem 1–stem 2 migration rate	$6.43 \times 10^{-5}$	$1.05 \times 10^{-5}$
$m_{stem2-Nama}$	Stem 2–Nama migration rate	$5.82 \times 10^{-5}$	$1.60 \times 10^{-5}$
$m_{stem2-MSL}$	Stem 2–Mende migration rate	$16.4 \times 10^{-5}$	$4.19 \times 10^{-5}$
$m_{stem2-EA}$	Stem 2–East Africa migration rate	$3.10 \times 10^{-5}$	$0.901 \times 10^{-5}$

Table S4: Best-fit parameters from the Merger-Without-Stem-Migration model. Inferred values are scaled to physical units assuming a generation time of 29 years. This model gave a log-likelihood of -107,652. APR: See figure XX with all parameters labeled.

Parameter	Description	Value	Std. err.
$N_e$	Ancestral effective population size	11258	326
$N_{stem1}$	Size of stem 1 lineage between stem 1-stem 2 split and stem 1E-stem 1S split	113	76
$N_{stem2}$	Size of stem 2 lineage	23984	1149
$N_{Nama_0}$	Initial Nama and stem 1S size	13134	384
$N_{Nama_F}$	Final Nama size	225	7.3
$N_{MSL_0}$	Initial Mende size	11856	322
$N_{MSL_F}$	Final Mende size	25558	987
$N_{EA}$	Size of East African and stem 1E branch	9136	246
$N_{Gumuz_F}$	Final Gumuz size	3385	102
$N_{EP}$	East African agriculturist size	13650	408
$N_{GBR_0}$	Initial British size	931	29
$N_{GBR_F}$	Final British size	12064	334
$N_{Neand}$	Neanderthal size	1935	91
$T_{stems}$	Stem split time (years)	420881	27380
$T_{stem1}$	Stem 1 split time into stem 1E and stem 1S (years)	367434	19952
$m_{Nama-MSL}$	Nama–Mende symmetric migration rate	$0.361 \times 10^{-5}$	$0.113 \times 10^{-5}$
$m_{Nama-EA}$	Nama–East Africa symmetric migration rate	$4.00 \times 10^{-5}$	$0.130 \times 10^{-5}$
$m_{MSL-EA}$	Mende–East Africa migration rate	$19.5 \times 10^{-5}$	$0.548 \times 10^{-5}$
$m_{EA-GBR}$	East Africa–Europe migration rate	$3.77 \times 10^{-5}$	$0.152 \times 10^{-5}$
$m_{EA-EA}$	Intra-East Africa migration rate	$37.1 \times 10^{-5}$	$1.26 \times 10^{-5}$
$f_{GBR  o EP}$	Ancestry proportion of East African agriculturalists from GBR 12 ka $(1 - f \text{ from Gumuz})$	0.647	0.0037
$f_{EP  o Nama}$	Ancestry proportion from EA pastoralists to Nama 2 ka	0.257	0.0042
$f_{GBR  o Nama}$	Ancestry proportion from Europeans to Nama 10 generations ago	0.156	0.0021
$m_{stems}$	Stem 1–stem 2 migration rate	0	fixed
$T_{Nama}$	Time of Nama merger event	117392	8253
$f_{stem2  o Nama}$	Proportion of stem 2 ancsestry making up initial Nama lineage $(1 - f \text{ from stem 1S})$	0.707	0.0086
$T_{EA}$	Time of East Africa merger event	94892	3648
$f_{stem2 \rightarrow EA}$	Proportion of stem 2 ancestry making up initial	0.481	0.0074
$Jstem2 \rightarrow EA$	East Africa lineage $(1 - f \text{ from stem } 1E)$	0.401	0.0014
$T_{MSL}$	Time of secondary admixture from stem 2 to Mende	23922	570
$f_{stem2  o MSL}$	Proportion of ancestry from secondary stem 2	0.168	0.0036
J stem2→M S L	admixture to Mende	0.100	0.0000

Table S5: Best-fit parameters from the Merger-With-Stem-Migration model. Inferred values are scaled to physical units assuming a generation time of 29 years. This model gave a log-likelihood of -102,633. APR: See figure XX with all parameters labeled.

Parameter	Description	Value	Std. err.
$N_e$	Ancestral effective population size	11479	1369
$N_{stem1}$	Size of stem 1 lineage between Neanderthal split	117	838
	and stem 1E-stem 1S split		
$N_{stem2}$	Size of stem 2 lineage	24393	6668
$N_{Nama_0}$	Initial Nama size	13211	1514
$N_{Nama_F}$	Final Nama size	223	31
$N_{MSL_0}$	Initial Mende size	11444	1165
$N_{MSL_F}$	Final Mende size	27417	4332
$N_{EA}$	Size of East African Branch	9077	1628
$N_{Gumuz_F}$	Final Gumuz size	3402	337
$N_{EP}$	East African agriculturist size	13506	1684
$N_{GBR_0}$	Initial British size	953	122
$N_{GBR_F}$	Final British size	12406	1678
$N_{Neand}$	Neanderthal size	2416	235
$T_{stems}$	Stem split time (years)	1442022	426449
$T_{stem1}$	Stem 1S-stem 1E split time (years)	479401	166339
$m_{Nama-MSL}$	Nama–Mende symmetric migration rate	$0.712 \times 10^{-5}$	$0.401 \times 10^{-5}$
$m_{Nama-EA}$	Nama–East Africa symmetric migration rate	$4.35 \times 10^{-5}$	$0.912 \times 10^{-5}$
$m_{MSL-EA}$	Mende–East Africa migration rate	$19.8 \times 10^{-5}$	$2.57\times10^{-5}$
$m_{EA-GBR}$	East Africa–Europe migration rate	$3.87 \times 10^{-5}$	$0.550 \times 10^{-5}$
$m_{EA-EA}$	Intra-East Africa migration rate	$35.9 \times 10^{-5}$	$5.36 \times 10^{-5}$
$f_{GBR \to EP}$	Ancestry proportion of East African agriculturalists from GBR 12 ka $(1 - f \text{ from Gumuz})$	0.640	0.0075
$f_{EP  o Nama}$	Ancestry proportion from EA pastoralists to Nama 2 ka	0.257	0.0049
$f_{GBR  o Nama}$	Ancestry proportion from Europeans to Nama 10 generations ago	0.157	0.0031
$m_{stems}$	Stem 1–stem 2 migration rate	$11.6 \times 10^{-5}$	$8.74 \times 10^{-5}$
$T_{Nama}$	Time of Nama merger event	118547	28170
$f_{stem2 \rightarrow Nama}$	Proportion of stem 2 ancsestry making up initial	0.714	0.067
j overriz 711 anna	Nama lineage $(1 - f \text{ from stem 1S})$		
$T_{EA}$	Time of East Africa merger event	98083	8865
$f_{stem2 \rightarrow EA}$	Proportion of stem 2 ancestry making up initial	0.495	0.059
, 0002 , E11	East Africa lineage $(1 - f \text{ from stem 1E})$		
$T_{MSL}$	Time of secondary admixture from stem 2 to Mende	25119	641
$f_{stem2  o MSL}$	Proportion of ancestry from secondary stem 2 admixture to Mende	0.181	0.0085



Figure S2: Proposed models of early human history in Africa.



Figure S3: Comparison of LD statistics parsed using two recombination maps The recombination map determines genetic distances between pairs of SNPs, so using different maps could result in systematic biases in parsed statistics if the maps differ significantly. Here, the solid lines are statistics parsed using the HapMapII recombination map, and dashed lines are using the OMNI-YRI map. Shading represents 95% confidence intervals from the OMNI map. These two maps results in LD statistics that are indistinguishable from one another. Notations for each statistic are described in section 2.1 and indexed by populations (0: Nama, 1: Mende, 2: Gumuz, 3: Amhara/Oromo, 4: British).



Figure S4: **Single-origin model fit to LD statistics.** Predicted vs observed two-locus statistics as a function of genetic distance for the single-origin model. Each panel represents a different set of two-locus statistics. Solid lines represent estimates using the single-origin model. Dashed lines represent observed statistics. Notation and indexing of statistics are described in the Fig. S3 caption.

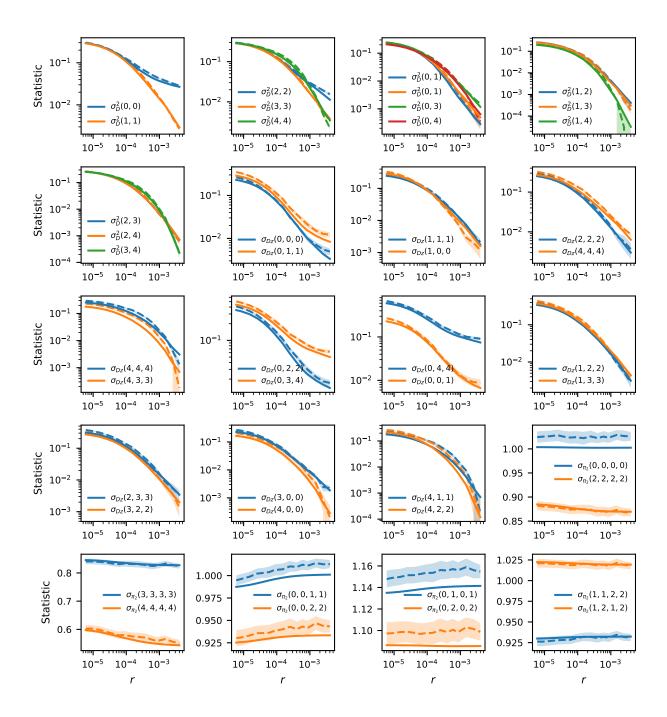


Figure S5: Continuous-migration model fit to LD statistics. Predicted vs observed two-locus statistics as a function of genetic distance for the continuous-migration model. Each panel represents a different set of two-locus statistics. Solid lines represent estimates using the continuous-migration model. Dashed lines represent observed statistics. Notation and indexing of statistics are described in the Fig. S3 caption.



Figure S6: Merger-without-stem-migration model fit to LD statistics. Predicted vs observed two-locus statistics as a function of genetic distance for the merger-without-stem-migration model. Each panel represents a different set of two-locus statistics. Solid lines represent estimates using the merger-without-stem-migration model. Dashed lines represent observed statistics. Notation and indexing of statistics are described in the Fig. S3 caption.

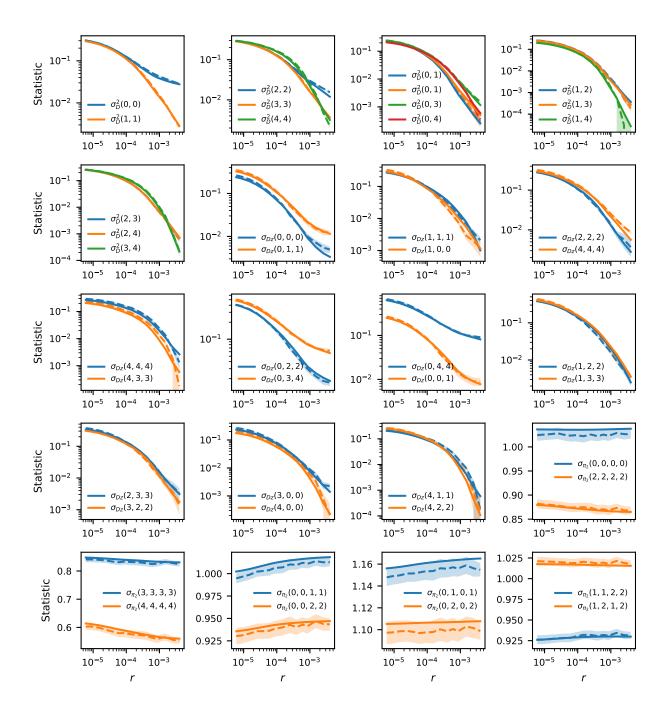


Figure S7: Merger-with-stem-migration model fit to LD statistics. Predicted vs observed two-locus statistics as a function of genetic distance for the merger-with-stem-migration model. Each panel represents a different set of two-locus statistics. Solid lines represent estimates using the merger-with-stem-migration model. Dashed lines represent observed statistics. Notation and indexing of statistics are described in the Fig. S3 caption.

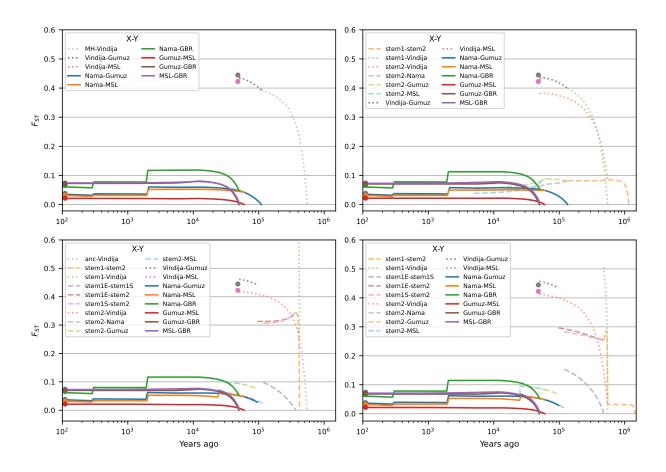


Figure S8: Predicted  $F_{ST}$  between contemporaneous populations over time. All models (A: single origin, B: continuous migration, C: merger without stem migration, D: merger with stem migration) match observed  $F_{ST}$  between sampled populations. The continuous-migration model predicts that human stem populations remain genetically similar, while the merger with and without stem migration models predict a period of increased  $F_{ST}$  between ancestors of modern humans. This is largely due to the very small inferred  $N_e$  in one of the stem branches, which leads to a rapid increase in differentiation due to drift.

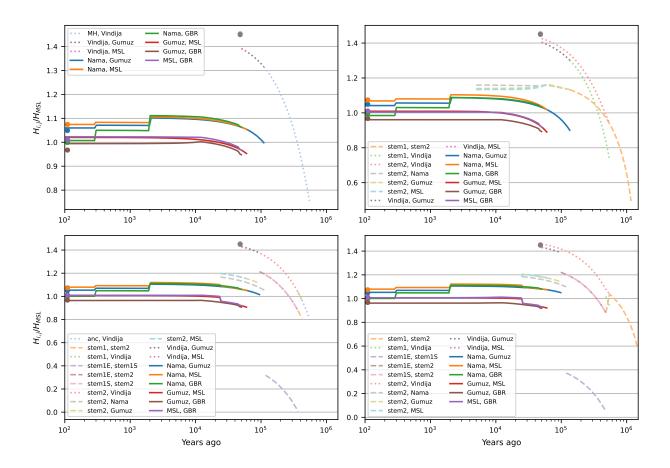


Figure S9: Predicted pairwise differentiation between contemporaneous populations.  $H_{i,j}$  is the predicted pairwise differentiation between two populations, which we normalize by the observed pairwise diversity in the Mende sample. The single-origin model (A) shows larger deviations between observed and expected differentiation than the models with early human structure (B: continuous migration, C: merger without stem migration, D: merger with stem migration). In the merger models (C and D), while  $F_{ST}$  is large between early stems due to the sharp bottleneck in one of those branches, the pairwise differences are comparable to the continuous-migration model. Stem 1E and Stem 1S have low differentiation, as the bottleneck in Stem 1 (which they both split from) sharply reduces diversity by the time of the split. This has the effect of large  $F_{ST}$  but small  $H_{i,j}$ .



Figure S10: Predicted  $f_4$  between pairs of modern populations and ancient branches from the single-origin model.  $f_4(A, B; X, Y)/f_2(A, B)f_2(X, Y)$  is interpreted as the proportion of the amount of drift between sampled populations A and B that aligns with drift between populations X and Y, sampled in the past (see Section 5.2). In the single-origin model, nearly all differentiation between the Nama, Mende, and Gumuz populations arises after the divergence events, so normalized  $f_4$  decays to zero by the time of those divergences.



Figure S11: Predicted  $f_4$  between pairs of modern populations and ancient branches from the continuous-migration model. Despite population structure inferred to have extended up to 1Ma into the past, differentiation between modern African populations only traces back to differentiation between ancestral populations  $\sim$ 100-200ka, indicating that while stem populations were structured (Fig. S8), differentiation due to that ancient structure does not contribute to differention between modern populations.

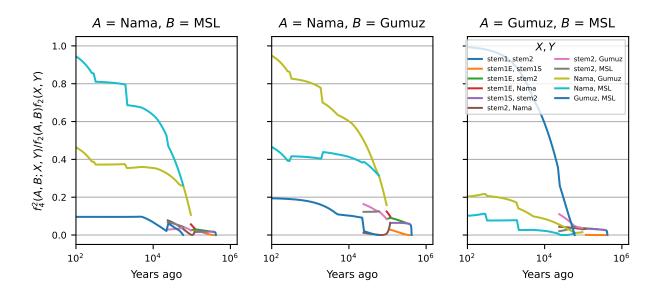


Figure S12: Predicted  $f_4$  between pairs of modern populations and ancient branches from the merger-without-stem-migration model. Unlike the continuous-migration model,



Figure S13: Predicted  $f_4$  between pairs of modern populations and ancient branches from the merger-with-stem-migration model.

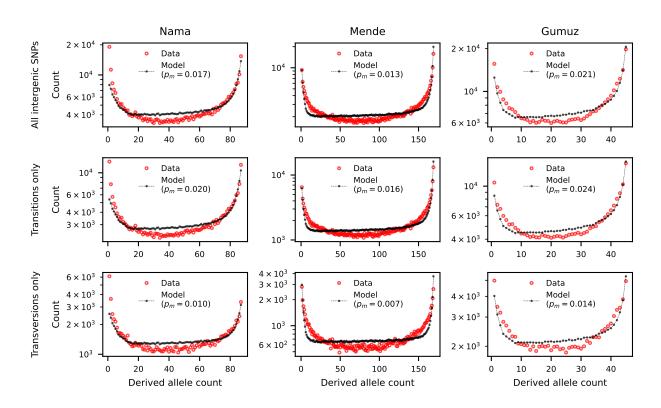


Figure S14: Conditional SFS compared to single-origin model.

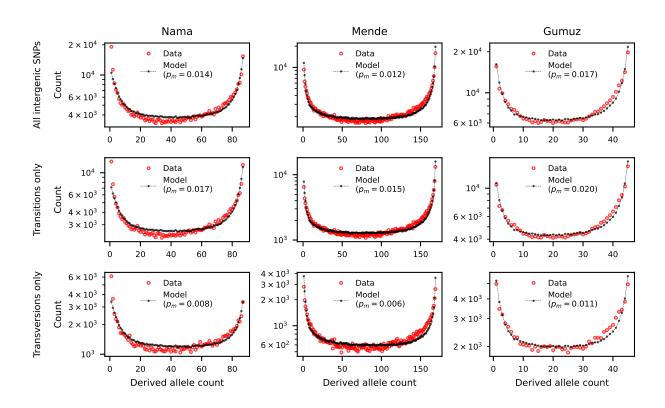


Figure S15: Conditional SFS compared to continuous-migration model.



Figure S16: Conditional SFS compared to merger-without-stem-migration model.

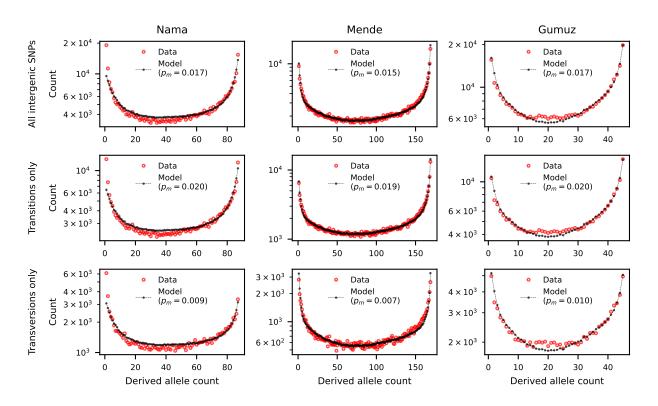


Figure S17: Conditional SFS compared to merger-with-stem-migration model.

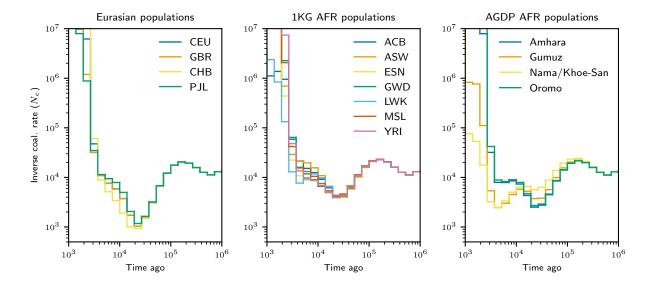
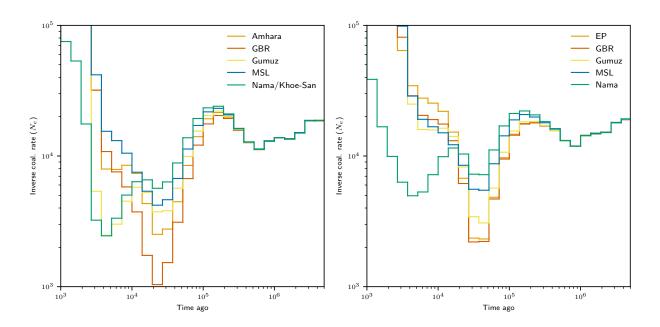


Figure S18: Inverse instantaneous coalescence rates inferred from the data.



 $\label{eq:sigma} \mbox{Figure S19: Inverse instantaneous coalescence rates inferred from the data, subset to focal populations in the model inferences.}$ 

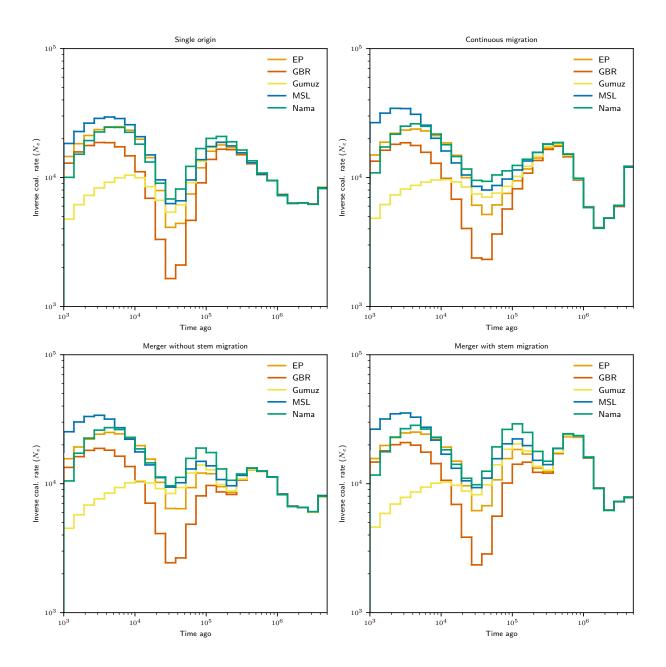


Figure S20: Inverse instantaneous coalescence rates reinferred from simulated data.

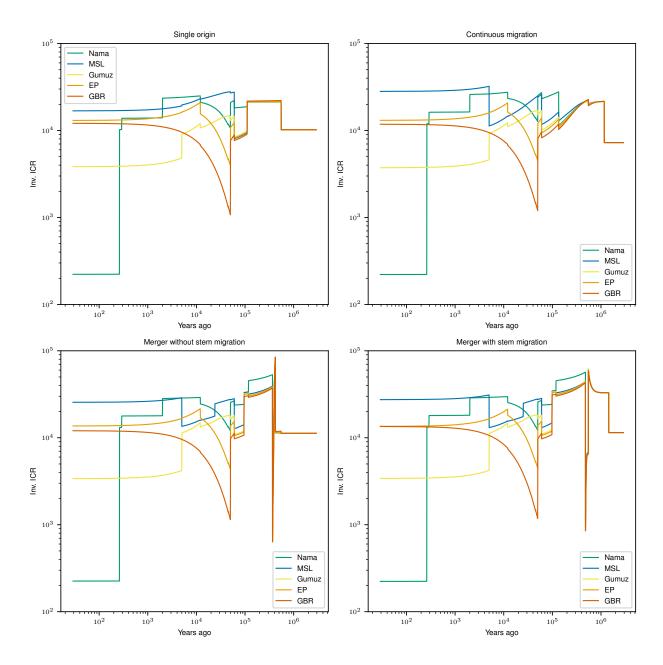


Figure S21: Expected inverse instantaneous coalescence rates from models.

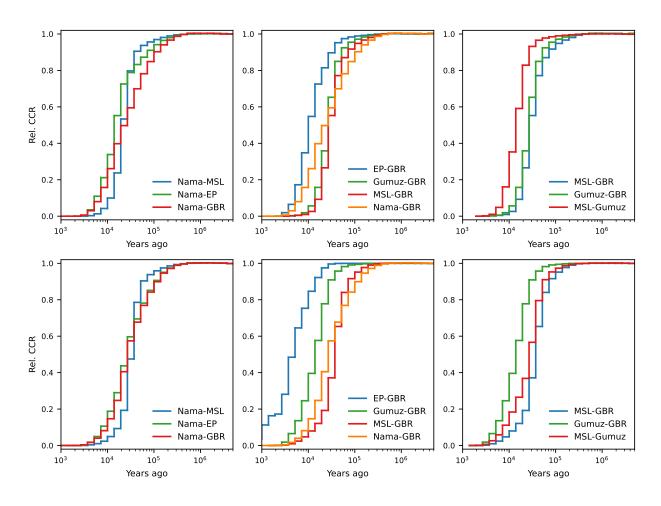


Figure S22: Relative cross-coalescence rates inferred from the data.

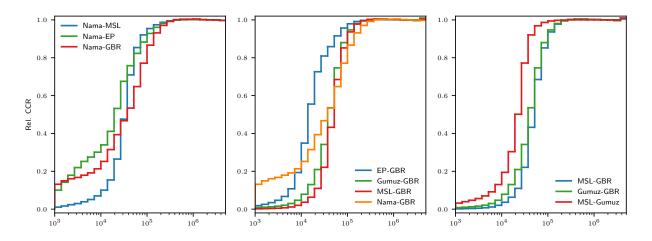


Figure S23: Relative cross-coalescence rates reinferred from simulated data under the single-origin model.

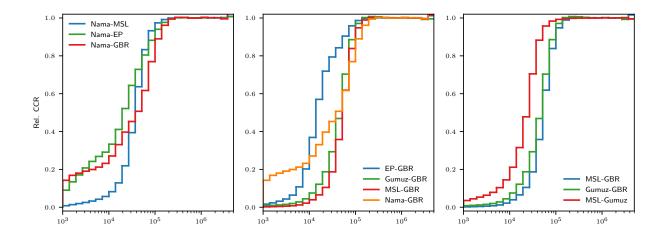


Figure S24: Relative cross-coalescence rates reinferred from simulated data under the continuous-migration model.

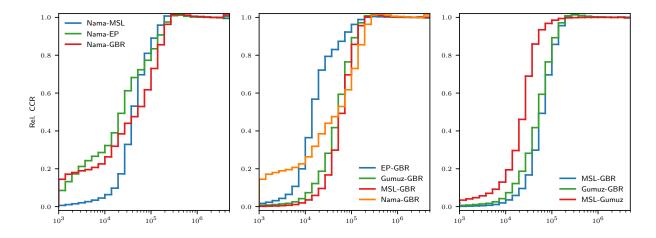
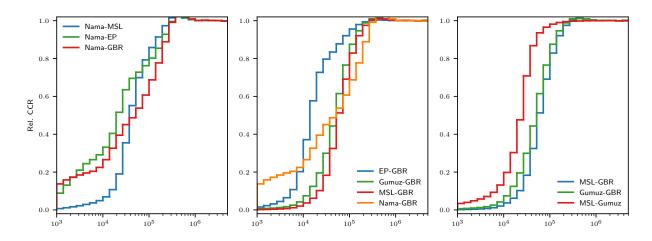


Figure S25: Relative cross-coalescence rates reinferred from simulated data under the merger-without-stem-migration-model.



 $\label{eq:solution} \mbox{Figure S26: Relative cross-coalescence rates reinferred from simulated data under the merger-with-stem-migration model.}$ 

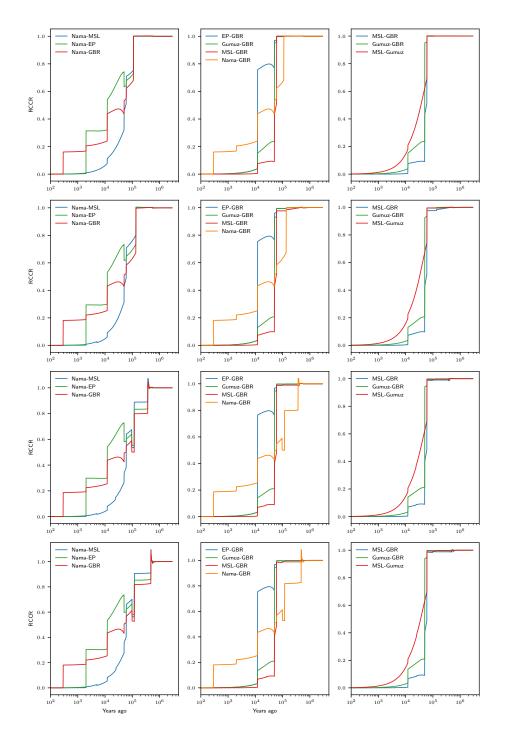


Figure S27: Expected relative cross-coalescence rates from inferred models.

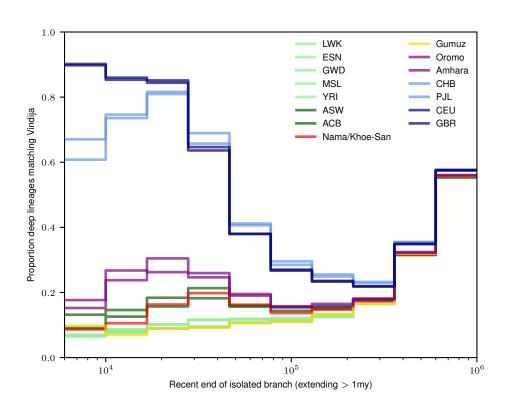


Figure S28: Neanderthal-matching deep branch distribution from the data

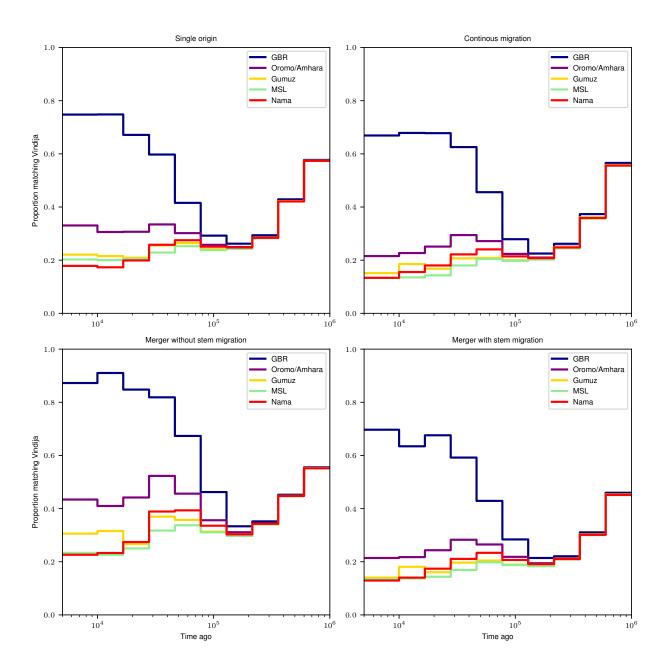


Figure S29: Deep branch distribution reinferred from simulated data.

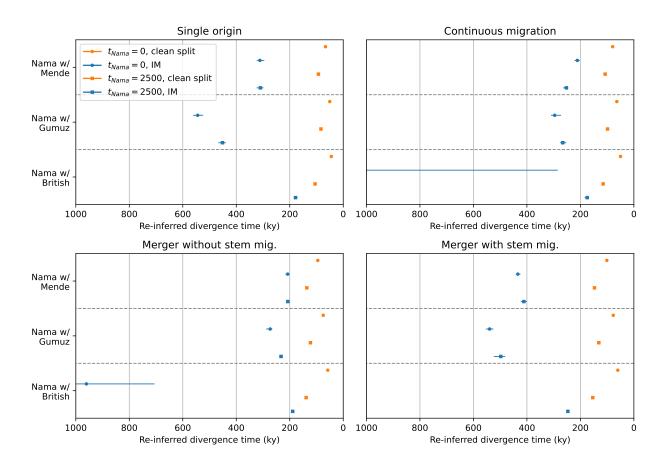


Figure S30: IM model split times reinferred from simulated data of full model.