

4. **When The Topic is Sex...**Explores the nurse's role in talking with patients about sex, emphasizing the sensitive and often anxiety-producing nature of this aspect of patient care. Provides guidelines for identifying sexual problems, and giving information.

**SPEAKERS AVAILABLE ON THESE SUBJECTS:**

- ✓ 1. **Planned Parenthood in Your Community: Services and Goals**
- ✓ 2. **Reproductive Anatomy and Physiology**
- ✓ 3. **Human Sexuality**
- ✓ 4. **V.D. and other Sexually Transmitted Diseases**
- ✓ 5. **Health Care for Women**
- ✓ 6. **Population Problems**
- ✓ 7. **Methods of Contraception**
- ✓ 8. **Childbirth**
- ✓ 9. **Planning for Parenthood**
- ✓ 10. **How to Talk to your Children About Sex and Reproduction**
- ✓ 11. **Problems of Teenage Pregnancy**

## VISUAL AIDS:

**Contraception Kit** A complete set of contraceptives including an example of all birth control methods and devices as well as instruments used in doing a pap smear and gonorrhea culture. A plastic pelvis is also included.

**Betsi Breast Teaching Model** Model is life size, soft plastic female chest that is designed as a teaching aid for self breast care.

**Gynny Pelvic Teaching Model** A life size female pelvic model that can be used as a counseling or health education aid.

**Adam Teaching Model** A life size model of male genitalia that can be used as a counseling or health education aid.

**Relevant Visual System (RVS)** An educational slide system for use in the study of human anatomy and physiology. RVS uses a dual approach. The upper screen is a three-dimensional life size representation of one portion of the human body while the lower screen shows enlargements and labeled structures for more detailed study.

**OMNI Health Communicators** A series of cassettes which fit into a hand held projector to be used for individual education. Cassettes are available on diaphragm insertion, pelvic examination and breast self examination.

**Methods of Contraception Flip Chart** A chart providing diagrams and accompanying descriptions for instruction on male reproductive anatomy, female reproductive anatomy, menstruation, conception and the physical basis of methods of contraception.

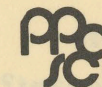
Call Planned Parenthood Information/Education Department at **(812) 336-8904** to reserve a film or arrange a program. Please reserve films at least one week in advance. A \$10.00 deposit is required on films.

**Planned Parenthood Administrative Offices**  
421 South College  
Bloomington, Indiana 47401 Phone 336-0219

Films 6-8904

# PLANNED PARENTHOOD RESOURCE GUIDE

**PLANNED PARENTHOOD**  
South Central Indiana



**available:**

- **films**
- **slides**
- **speakers**
- **visual aids**



## FILMS AVAILABLE:

### Conception and Contraception

1. **Love Carefully** An easily understood film about birth control for the undereducated woman and man. (17 min., color)
2. **Hope is not a Method** The film imparts information about contraception. (16 min., color)
3. **About Conception and Contraception** A silent film with animated drawings illustrating how conception occurs and how the various birth control methods function in preventing conception. (11 min., color)

### Pregnancy and Childbirth

1. **Birth of a Family** The film shows preparation for childbirth and actual birth. (24 min., color)
2. **Labor of Love: Childbirth without Violence** Illustrates a new technique of birth advocated by Dr. Frederick Leboyer (27 min., color)

### Sex Education

1. **Guess Who's Pregnant?** Stresses the need for good sex education and presents various schools' approaches to sex education. (55 min., color) adult
2. **Are You Ready for Sex?** Teens discuss decisions about responsible sexuality and values. (24 min., color)
3. **It Couldn't Happen to Me** Young people and professionals discuss teenage pregnancy and why it occurs. (28 min., color) adult
4. **Teen Sexuality: What's Right For You** The intent of this film is to help teenagers in exploring their own value systems as they relate to sexuality. (29 min., color)
5. **Lucy** An unwed pregnant teenager relates the conflicts and distress she experiences. (13 min., color)
6. **About Sex** Teens discuss their feelings about many aspects of sexuality. (23 min., color)

7. **Mark and Susan** Designed to stimulate discussion concerning peer pressure and having sex. (3 min., color)
8. **Ginger** Designed to stimulate discussion on unplanned teen pregnancy and alternatives. (3 min., color)
9. **Woman-Child** An exploration of the dilemmas of adolescent pregnancy, focusing on several actual teenage mothers who express their situations, concerns, and problems in their own words. (15 min., color)
10. **Teenage Father** Follows a teenage couple from the seventh month of pregnancy to the birth of their child. It shows the attitudes of their peers and families towards the pregnancy and explores the pressures under which crucial decisions about marriage, adoption, and single parenthood are often made. (30 min., color)
11. **A Family Talks About Sex** As children get older their questions about sexuality change. Different families are seen discussing these questions. (29 min., color) adult
12. **Then One Year** Deals with the physiological changes in adolescent boys and girls and touches on the worries and tension of this troubled period. (19 min., color)
13. **Sexuality and Communication** Using the technique of role-playing, the subjects of sexuality and communication are explored as they relate to both the doctor and patient relationship and the husband and wife relationship. Examples of positive and negative communication show the audience how relationships can be altered or improved. (55 min., color) adult
14. **We Were Just Too Young** A teenage couple with a young child find parenthood changes their relationship and their lives. They choose to live separately with their own parents. (30 min., color)
15. **Am I Normal?** A lively dramatization of how a thirteen year old boy learns about his body. (22 min., color)

### Population

1. **More** This is an animated cartoon about consumer oriented society. (3 min., color)
2. **Population Questions and Answers** This is a documentary presentation dealing with population problems. (55 min., color)

3. **World Population** A graphic presentation of our earth's most critical environmental problem. Small dots appear on the continents, tracing the growth and spread of population from 1 A.D. through a projection to the year 2000. (3 min., color)

### Health Care

1. **Your Pelvic and Breast Exam** The breast and pelvic examinations are explained and viewed. (12 min., color)
2. **Half a Million Teenagers** The film examines the physiology of gonorrhea and syphilis and appeals to good sense in seeking treatment. (17 min., color)
3. **Teaching Breast Self Examination** A doctor teaches a woman how to examine her breasts. (12 min., color)

## SLIDE/TAPE PRESENTATIONS

### Nursing and Human Sexuality

1. **Sexuality-A Nursing Concern** Defines sexuality in the broad sense as a deep and pervasive aspect of the total human personality. Examines asexualizing aspects of both illness and hospitalization—lack of privacy, changes in the patient's self-image—in an effort to demonstrate that a patient's sexual concerns are a legitimate area for nursing intervention.
2. **Viewpoint: The Nurse and Abortion** A nurse working with abortion patients expresses her feelings about the women who choose to have abortions, and about the procedure itself.
3. **Viewpoint: The Nurse and Homosexuality** Part 1 features the observations of a nurse as she cares for a patient who is homosexual, and as she sees the reactions of other staff members when they learn of the patient's sexual orientation. Part 2 discloses the feelings of a nurse as she relates, through internal monologue, the difficulties of being "gay" in the essentially heterosexual environment of the hospital.



## Additions to Resource Guide

Have a Healthy Baby: Labor & Delivery 29 minutes

Shows labor and actual childbirth. Film uses animation to illustrate uterine contractions. Hospital scenes include use of fetal monitor.

Rape: Escape Without Violence 18 minutes

Illustrates potentially dangerous situations and how to avoid them or escape.

Vaginitis 12 minutes

Gives very specific and detailed information about the various types and causes of vaginitis, describes the symptoms and treatments, and stresses the importance of proper hygiene.

Human and Animal Beginnings 15 minutes

Cartoon illustrations show reproduction in fish and ducks, and actual photos show ducklings hatching and a live human birth.

Seasons of Sexuality 14 minutes

Scenes at a summer picnic show that sexuality is an integral part of life, from childhood to old age.

Shelley and Pete...(and Carol) 22 minutes

A film about how the arrival of their unplanned baby drastically changes the plans of two teenagers for their future.

What Can A Guy Do? 15 minutes

Using high school students from various ethnic backgrounds, this film encourages discussion of birth control and challenges peer pressure that can keep teens from taking responsibility for themselves and each other.

The Choice is Yours 32 minutes

Using a quiz-show format with teen contestants, this film covers each of the available methods of birth control, providing high school age audiences with the information for making a sound personal decision about sexual activity and contraception.

A Special Time for Parents & Children 15 minutes  
A practical movie for parents, full of suggestions on how to have fun with their children while improving the quality of their life together through a very special bonding, which will contribute to trust and open communication.

Dear Diary 24 minutes  
A lively dramatization of how a 13-year-old girl learns about the physical and emotional changes she is experiencing as she grows and develops.