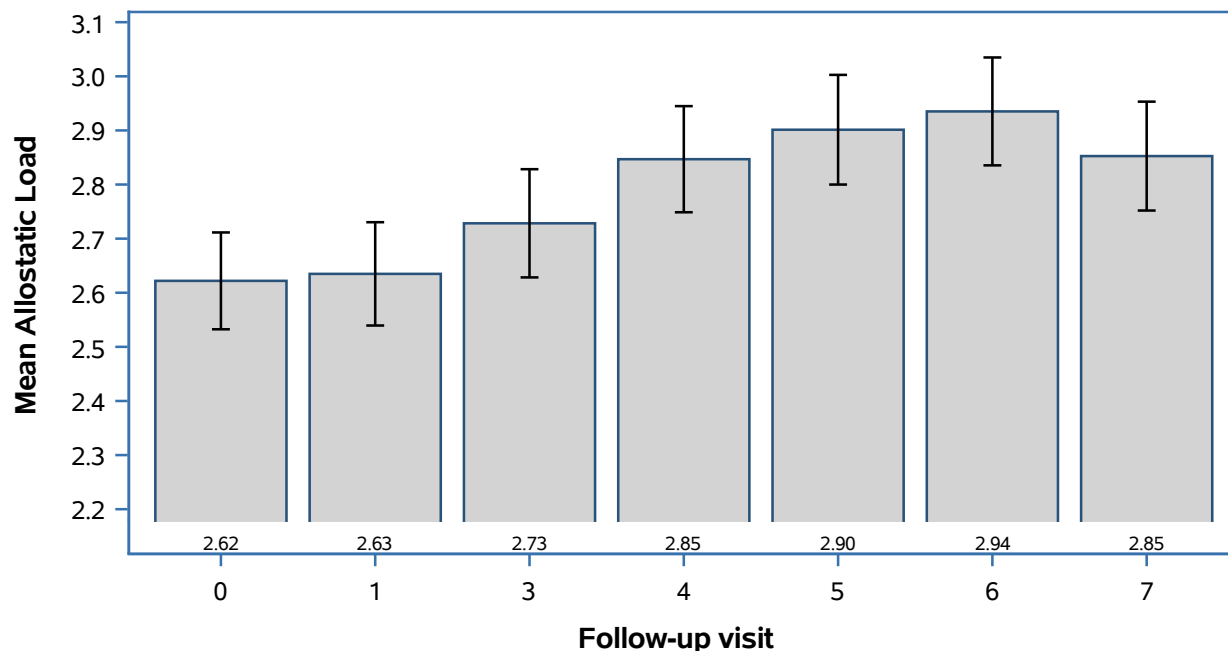


Figure 1. Mean allostatic load by wave, Study of Women's Health Across the Nation (SWAN).



Allostatic load score was based on systolic and diastolic blood pressure, C-reactive protein, high-density lipoprotein (HDL) cholesterol, total cholesterol, body mass index, waist-hip ratio, fasting serum glucose, triglycerides, and dehydroepiandrosterone (DHEA-S) values. Values equal or greater than the 75th percentile were defined as high risk for all biomarkers, except for HDL and DHEA-S, which values equal or lesser than the 25th percentile defined as high risk.