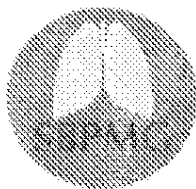


F A X S H E E T

Date: Feb-12-2021 10:05:24
To: Iyabo Francis Daramola
Subject: Progress Notes
Fax Number: 434-8840
To Company:
From Name: Monsivais, Lilia
From Company: South Bay Pulmonary Medical Group
From Facility: South Bay Pulmonary Medical Group
Support Contact: 619-482-7301
Number of Page(s): 3

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Varela, Tarina M

20 Y old Female, DOB: 09/08/2000
Account Number: 208429
2043 Alberque Ct, San Diego, CA-92139
Home: 951-446-9524

Guarantor: Varela, Tarina M Insurance: COMMUNITY HEALTH GROUP Payer ID: 66170
PCP: Iyabo Francis Daramola, MD Referring: Iyabo Francis Daramola, MD
Appointment Facility: South Bay Pulmonary Medical Group

01/19/2021

Progress Notes: Jose Lira MD

Current Medications

Taking

- Ketoconazole 2 % Shampoo 5 ml Externally
- Atorvastatin Calcium 10 MG Tablet 1 tablet Orally Once a day
- Fluticasone Propionate 50 MDG/DOSE Suspension 1 spray in each nostril Nasally Once a day
- Lisinopril 20 MG Tablet 1 tablet Orally Once a day
- Sertraline HCl 100 MG Tablet 1 tablet Orally Once a day
- Metoprolol Tartrate 25 MG Tablet 1 tablet with food Orally Twice a day
- Metformin HCl 500 MG Tablet 1 tablet with a meal Orally Once a day
- Quetiapine Fumarate 100 MG Tablet 1 tablet at bedtime Orally Once a day
- Medication List reviewed and reconciled with the patient

Past Medical History

HTN
Diabetes.

Surgical History

Denies Past Surgical History

Family History

Non-Contributory

Allergies

N.K.D.A.

Hospitalization/Major Diagnostic Procedure

Denies Past Hospitalization

Review of Systems

General/Constitutional:

Change in appetite denies. Chills denies.

Ophthalmologic:

Blurred vision denies. Discharge denies. Pain denies.

ENT:

Decreased hearing denies. Sore throat denies. Swollen glands denies.

Endocrine:

Cold intolerance denies. Excessive thirst denies. Heat intolerance denies. Weight loss denies.

Respiratory:

Cough denies. Shortness of breath at rest denies. Shortness of breath with exertion denies. Wheezing denies.

Cardiovascular:

Chest pain at rest denies. Chest pain with exertion denies. Shortness of breath denies.

Gastrointestinal:

Abdominal pain denies. Diarrhea denies. Nausea denies. Vomiting denies.

Musculoskeletal:

Painful joints denies. Weakness denies.

Neurologic:

Dizziness denies. Fainting denies. Headache denies.

Reason for Appointment

1. Consult for OSA

History of Present Illness

New symptom(s):

Patient referred for evaluation of possible sleep apnea . History of snoring and excessive daytime sleepiness. EES 15.

Known case of bipolar disorder, morbid obesity.

Vital Signs

BP 138/78 mm Hg, HR 97 /min, Temp 97.7 F, Wt 254 lbs, Ht 59 in, BMI 51.30 Index, Oxygen sat % 94 %, Ht-cm 149.86 cm, Wt-kg 115.21 kg.

Examination

General Examination:

GENERAL APPEARANCE: Morbidly obese in no acute distress.

HEAD: normocephalic, atraumatic.

EYES: pupils equal, round, reactive to light and accommodation, sclera non-icteric.

EARS: normal.

ORAL CAVITY: mucosa moist , Mallampati score IV.

THROAT: clear.

NECK/THYROID: neck supple, full range of motion, no cervical lymphadenopathy.

SKIN: warm and dry, no suspicious lesions.

HEART: regular rate and rhythm, S1, S2 normal, no murmurs.

LUNGS: , no wheezes, rales, rhonchi.

ABDOMEN: soft, nontender, nondistended, bowel sounds present, normal.

EXTREMITIES: no clubbing, cyanosis, or edema.

NEUROLOGIC: nonfocal, motor strength normal upper and lower extremities, sensory exam intact.

Assessments

1. OSA (obstructive sleep apnea) - G47.33 (Primary)
2. Obesity hypoventilation syndrome - E66.2
3. Essential hypertension - I10

Treatment

1. OSA (obstructive sleep apnea)

Notes: PSG.

Follow Up

3 Months

Electronically signed by Dr Jose Lira . MD on 01/21/2021 at 07:57 PM PST

Progress Notes:

Sign off status: Completed

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Progress Note: Jose Lira MD 01/19/2021

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