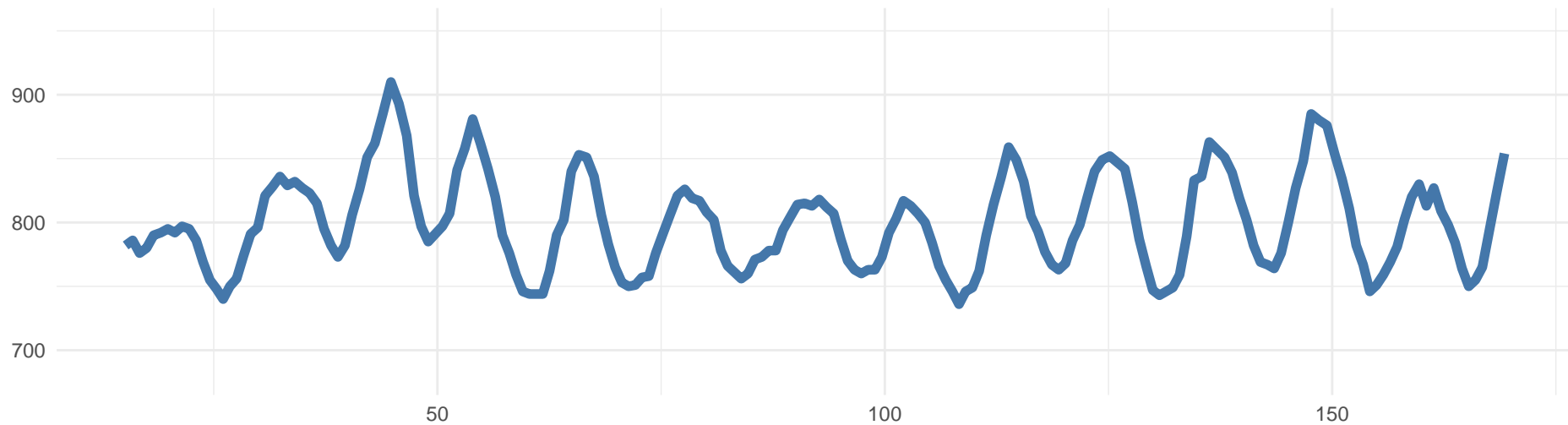
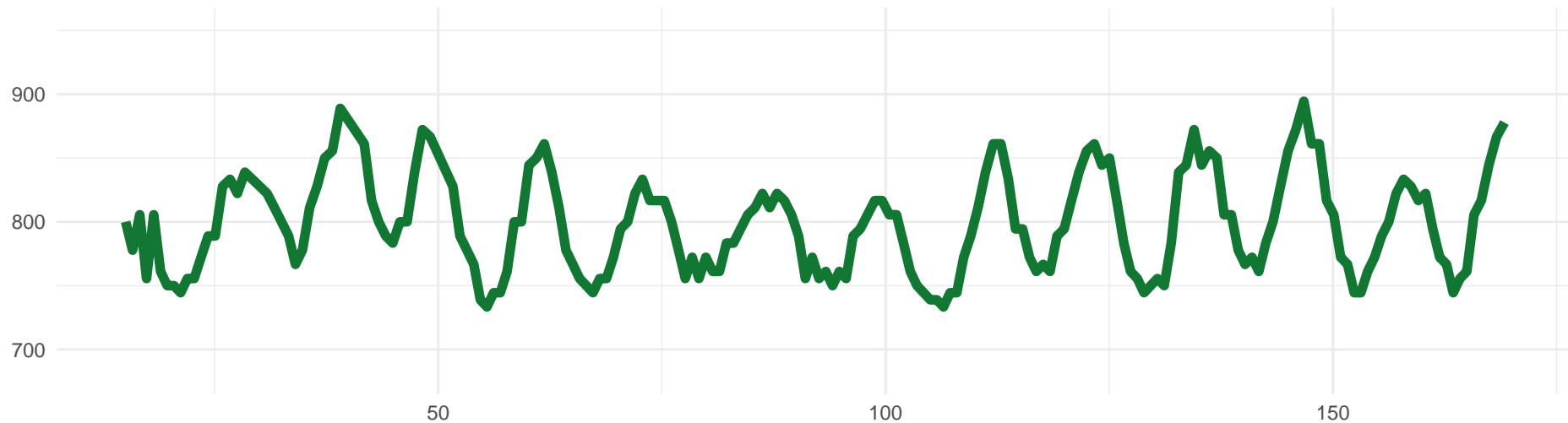


rMSSD – Polar H7: 16.2 ms – HRV4Training: 20.3 ms – Zoom HRV: 35.2 ms – Zoom HRV (corrected): 24.1 ms

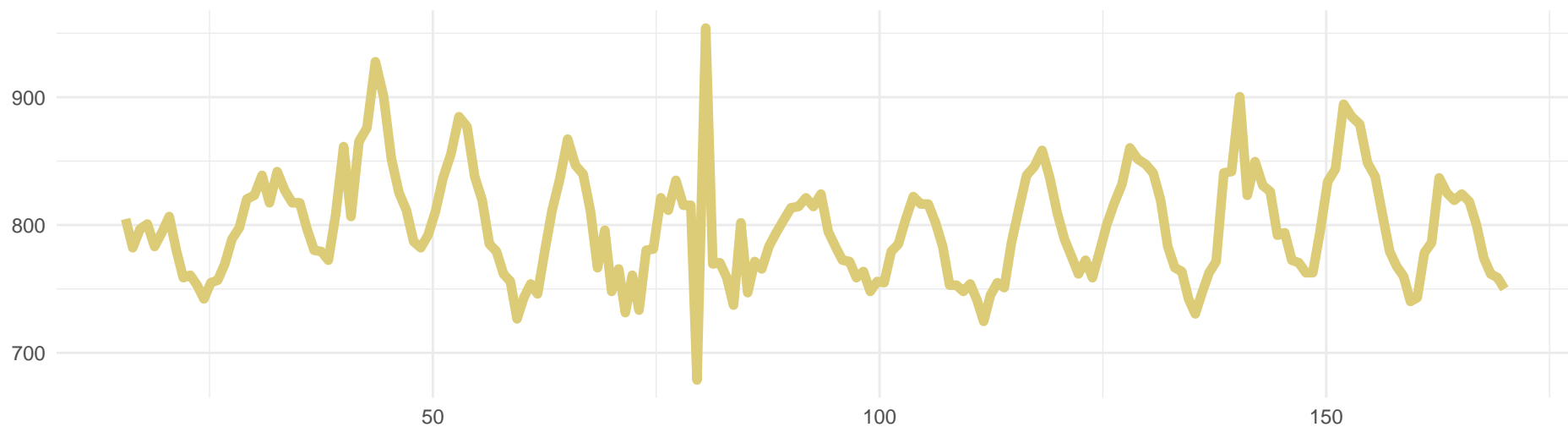
Chest strap (Polar H7)



HRV4Training (camera)



Zoom HRV



Zoom HRV (corrected)

