Comparison (rMSSD in ms) 001_01 001_02 001_03 125 100 75 50 25 001_04 001_05 001_06 125 100 75 50 25 001_08 001_09 001_07 125 100 75 50 25 MSSD Zoom HRV corrected MSSD Zoom, HRV corrected MSSD Zoom HRV corrected INSSD HRVATraining MSSD HRVATTaining MSSD HRVATTaining MSSD Zoom HRV MSSD Polar hi MSSD Zoom HRV MSSD Polar hi MSSD Polar hi MSSD Zoom HRV

Time window

rMSSD