



SALVA

Designation: Assistant Professor, Department of Psychology.

Qualification: M. A. Applied Psychology

E-mail ID: salvaeravathra@gmail.com

She is a postgraduate in Applied Psychology from Jamia Millia Islamia, New Delhi. She has completed her Bachelors in Psychology from Amal College of Advanced Studies, Nilambur. Being a passionate psychologist, she is dedicated to advancing psychological research, fostering educational growth, and promoting mental well-being. With a proven track record of conducting rigorous research, publishing in peer-reviewed journals, and presenting at conferences, she is committed to innovative teaching and improving mental health interventions.

EDUCATIONAL QUALIFICATION

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|-----------------------|---|
| 2022-2024 | M. A. Applied Psychology Jamia Millia Islamia New Delhi |
| 2019-2022 | B. Sc. Psychology Amal College of Advanced Studies, Nilambur University of Calicut |
| 2023 – June, December | UGC-NET in Psychology |
| 2023 – February | GATE in Psychology |

WORK EXPERIENCE

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| NET Coaching Faculty | 01/02/2024 – Present | Xlent |
| Instructor | 02/04/2018 – Present | School of Martial Arts Vallappuzha, Palakkad |

AREA OF INTERESTS

- Social Psychology
- Political Psychology
- Clinical Psychology

PRESENTATION AND PUBLICATION

- Presented and published a research paper titled “Depression among Married Working Women and Homemakers” in the journal “Psychology of Sustainability: Self, Culture and Collective Conscience”.

WORKSHOPS/ TRAINING ATTENDED

- Completed an online non-credit course titled “Mind Control: Managing Your Mental Health During COVID – 19” from University of Toronto.
- National Workshop on Cognitive Behavioural Therapy conducted by Amal College of Advanced Studies in Collaboration with The Kerala State Higher Education Council and Innovation and Entrepreneurship Developmnet Centre.
- 7 – Days Life Enrichment Program conducted by Counselling Department, DMS Hospital, Chelari.
- National Webinar on “Data Science – A Boon or Bane: Opportunity and Challenges” organized by Amal College of Advanced Studies.
- National Webinar on “Artificial Intelligence in Education and Mental Health Care: A futuristic Perspective” organized by Amal College of Advanced Studies.

INTERNSHIPS ATTENDED

- 40 days clinical psychology internship at Amma Multispecialty Clinic, Cherpulassery.
- 20 days clinical psychology internship at Govt. Mental Health Centre, Trivandrum.
- 4-month content creation internship in psychology at Learnwise.