

MOORSHID MON THAYYIL



Designation: Assistant Professor

Department: Social Work

Qualification: Ph.D. (Submitted)

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BIOGRAPHICAL NOTE

Moorshid Mon Thayyil holds a diverse academic background in Nursing, Social Work, and Psychiatric Social Work, with a focus on family-centered stroke rehabilitation. His doctoral research at NIMHANS centers on developing and evaluating a psychosocial intervention for family caregivers of stroke survivors. With significant field and institutional experience across research, clinical practice, and public health projects, he brings a unique interdisciplinary approach to caregiving research and mental health interventions.

EDUCATIONAL QUALIFICATIONS

Year	Degree	Institution
2020–2025	Ph.D. in Psychiatric Social Work	National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore
2017–2019	M.Phil in Psychiatric Social Work	National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore
2012–2014	M.S.W. (Medical & Psychiatric SW)	Mental Health Action Trust (Affiliated to TISS Mumbai), Calicut
2005–2010	B.Sc. in Nursing	Government Medical College, Calicut

WORK EXPERIENCE

Designation	Period	Nature of Work	Institution
Assistant Professor	Jun 2025 – Present	Teaching & Research	SAFI Institute of Advanced Studies (Autonomous), Dept. of Social Work
District Program Manager	May 2016 – Jul 2017	Public Health (NCD Project)	Sreechitra Institute of Medical Sciences and Technology, Trivandrum
Field Investigator	Jul 2015 – May 2016	ICMR-Funded Research	Health Action by People
Occupational Therapist	Jul 2014 – Jul 2015	Mental Health Services	CMHP Psychiatric Day Care Centre
MSW Intern	Mar 2014 – Apr 2014	Community Mental Health	The Banyan, Chennai
RSBY Investigator	Nov 2011 – Aug 2012	Health Insurance Survey	United India Insurance, Malappuram
Staff Nurse	Nov 2010 – Nov 2011	Clinical Nursing Services	Government Medical College, Calicut

RESEARCH INTERESTS

- Family-centered neurorehabilitation
- Stroke caregiving and psychosocial interventions
- Community mental health and chronic illness support
- Group work and psychoeducation

PUBLICATIONS

- Thayyil, M. M., Parthasarathy, N. B., Navaneetham, J., & Khanna, M. (2024). Developing a comprehensive manual for family-centered stroke caregiving. IJCRT, 12(12), i897–i907.
- Thayyil, M. M., Parthasarathy, N. B., Navaneetham, J., & Khanna, M. (2024). Evaluating the impact of a psychoeducation program on caregivers of stroke

survivors: A longitudinal study. International Journal of Humanities Social Science and Management, 4(6), 444–447.

- Thayyil, M. M., & Rani, A. (2021). Structural Family Therapy with a Client Diagnosed with Dissociative Disorder. Indian Journal of Psychological Medicine, 43(6), 549–554. <https://doi.org/10.1177/0253717620969067>

PRESENTATIONS

- - Presented an e-poster at the 10th Annual Conference of IFNRCON, 2022.

SKILLS

- Research methods: SPSS, qualitative analysis
- Clinical practice: Counseling, caregiver education
- Languages: English, Malayalam (fluent); Hindi (working knowledge)
- Team coordination and communication

AWARDS & ACHIEVEMENTS

- - Qualified UGC-NET & JRF in Social Work (Dec 2014)