



## SALVA

**Designation:** Assistant Professor, Department of Psychology.

**Qualification:** M. A. Applied Psychology

**E-mail ID:** [salvaeravathra@gmail.com](mailto:salvaeravathra@gmail.com)

She is a postgraduate in Applied Psychology from Jamia Millia Islamia, New Delhi. She has completed her Bachelors in Psychology from Amal College of Advanced Studies, Nilambur. Being a passionate psychologist, she is dedicated to advancing psychological research, fostering educational growth, and promoting mental well-being. With a proven track record of conducting rigorous research, publishing in peer-reviewed journals, and presenting at conferences, she is committed to innovative teaching and improving mental health interventions.

### EDUCATIONAL QUALIFICATION

2022-2024	M. A. Applied Psychology Jamia Millia Islamia New Delhi
2019-2022	B. Sc. Psychology Amal College of Advanced Studies, Nilambur University of Calicut
2023 – June, December	UGC-NET in Psychology
2023 – February	GATE in Psychology

### WORK EXPERIENCE

NET Coaching Faculty	01/02/2024 – Present	Xlent
Instructor	02/04/2018 – Present	School of Martial Arts Vallappuzha, Palakkad

### AREA OF INTERESTS

- Social Psychology
- Political Psychology
- Clinical Psychology

### **PRESENTATION AND PUBLICATION**

- Presented and published a research paper titled “Depression among Married Working Women and Homemakers” in the journal “Psychology of Sustainability: Self, Culture and Collective Conscience”.

### **WORKSHOPS/ TRAINING ATTENDED**

- Completed an online non-credit course titled “Mind Control: Managing Your Mental Health During COVID – 19” from University of Toronto.
- National Workshop on Cognitive Behavioural Therapy conducted by Amal College of Advanced Studies in Collaboration with The Kerala State Higher Education Council and Innovation and Entrepreneurship Development Centre.
- 7 – Days Life Enrichment Program conducted by Counselling Department, DMS Hospital, Chelari.
- National Webinar on “Data Science – A Boon or Bane: Opportunity and Challenges” organized by Amal College of Advanced Studies.
- National Webinar on “Artificial Intelligence in Education and Mental Health Care: A futuristic Perspective” organized by Amal College of Advanced Studies.

### **INTERNSHIPS ATTENDED**

- 40 days clinical psychology internship at Amma Multispecialty Clinic, Cherpulassery.
- 20 days clinical psychology internship at Govt. Mental Health Centre, Trivandrum.
- 4-month content creation internship in psychology at Learnwise.