



## SANDRA P

**Designation: Assistant Professor**

**Qualification: MSc Applied Psychology**

**Email: [sopanamsandra@gmail.com](mailto:sopanamsandra@gmail.com)**

Sandra P holds an MSc in Applied Psychology from the University of Calicut and completed her BSc in Psychology at Providence Women's College, Calicut. She is committed to a teaching approach that nurtures student growth.

## WORK EXPERIENCE

Psychology Faculty	August 2023 – November 2023	Pepp Learning, Calicut
KTET Psychology Trainer	December 2023 - Present	Ebik Learning, Calicut
Assistant Professor	June 2024 – March 2025	Assabah Arts and Science College, Malappuram
Psychology Faculty	August 2024 – April 2025	Mentex School of Counselling and Psychotherapy (Online)

## ACHIEVEMENTS

- Qualified SET (2023)
- Qualified NET (2023)
- Qualified GATE (2024)

## PAPER PRESENTATION

- Presented a research paper titled ‘Teacher Reflexivity: Perspective of Teachers and Parents of Lower Primary Students at 33<sup>rd</sup> Annual Convention of the National Academy of Psychology (NAOP) conference hosted by GITAM University on 16<sup>th</sup> February 2024.

- Presented a paper titled ‘Teachers Perception About the Use of Corporal Punishment’ at the Early Career Researchers Conference Hosted by the British Association for International and Comparative Education (BAICE) on 5<sup>th</sup> August, 2023.

## **SEMINARS/ WORKSHOPS ATTENDED**

- ‘Diversity Dialogues: Theatre of the Oppressed for our times’ workshop conducted by Centre for Community Dialogues and Change (CCDC) from December 13 to 15, 2024 at Indian Social Institute, Bengaluru.
- 33<sup>rd</sup> Annual Convention of the National Academy of Psychology (NAOP) conference hosted by GITAM University from February 14 to 16, 2024.
- Early Career Researchers Conference Hosted by the British Association for International and Comparative Education (BAICE) on from August 5 to 6, 2023.

## **SESSIONS CONDUCTED**

- Served as resource person of the session ‘Aaswadhikkam koumaaram oru poralpolumelkkathe’ for adolescents conducted by GVHSS Chelari, Malappuram on 21<sup>st</sup> February 2023.
- Served as resource person of the session ‘Kriyaatmaka kaumaram, karuthum karuthalum’ conducted by GMHSS CU CAMPUS SCHOOL, Malappuram on 16<sup>th</sup> February, 2023
- Served as the facilitator of the session ‘The Psychology of Reading: How Books Influence the Mind’ organized by the Department of Psychology and Library Council of Assabah Ars and Science College on 12<sup>th</sup> August, 2024.

## **INTERNSHIP**

- One month internship (September 2023) at the Institute of Mental Health and Neuroscience (IMHANS), Kozhikode.