την λογικήν, ιν' όσην έκατέρα δύναμιν έχη σαφώς εύρεθη. καὶ νῦν ἡμῖν πρόκειται περὶ της λογικης εύρέσεως είπειν.

160K

ἆρ' οὖν ἔχομέν | τινα μέθοδον ἢ χρώμενοι τῶν εἰρημένων έκαστον ευρήσομεν; άνελεῖν λέγω τὸ περιττὸν τῷ γένει καὶ μεταθείναι τὸ τὴν οἰκείαν χώραν ὑπηλλαχός, ένωσαί τε της συνεχείας λελυμένον. η την έμπειρικήν ύπ' αὐτὰ παρακαλέσομεν; έγὼ μὲν καὶ πάνυ πέπεισμαι μέθοδον ύπάρχειν τινὰ τῆς τῶν ζητουμένων εύρέσεως, ης άρχην είναι την έκ των νοσημάτων έκάστου προσπίπτοντα σκοπόν, ή γαρ της συνεχείας λύσις την ένωσιν έπιζητεί κατά μεν όστοῦν κάταγμα λεγομένη, κατὰ δὲ τὸ σαρκῶδες μέρος έλκος, ὥσπερ γε καὶ τὸ τραῦμα καὶ τὸ ῥῆγμα καὶ τὸ σπάσμα, τὸ μὲν ἐν σαρκώδει μορίφ διὰ τοῦ τρωθηναι γεγονός, τὸ δὲ ῥηγμα καὶ τὸ σπάσμα χωρὶς τοῦ τρωθήναι, σαρκώδους μεν έν τῷ ρήγματι μορίου τῆς συνεχείας λυθέντος, νευρώδους δὲ ἐν τῷ σπάσματι. τούτων άπάντων ό μεν σκοπός ένωσις. είτε δ' οἷόν τε τυχεῖν αὐτοῦ καθ' ἄπαν, εἶτ' οὐκ ἐγχωρεῖ πολλαχόθι, τοθτ' αὐτὸ πρῶτον ήδη τεχνίτου γινώσκειν. ἰδιώτης γαρ οὐδεὶς οἶδεν οὖθ' ὅτι τῶν φρενῶν τὸ νευρῶδες οὖθ'

the rational, so that whatever power each one has may be clearly revealed. And the tack e on us now is to speak rational discovery

Do we, then, have some method, using which we will 160K discover each of the aforementioned things? I say it is to take away what is in excess in the class, change the place of what is altered in respect to its proper place, and unite what has suffered dissolution of continuity. Or shall we invoke the empirical [method] for these? I, too, am very much persuaded that there is a certain method for the discovery of the things sought, the beginning of which is the indicator<sup>1</sup> that comes from each of the diseases. For the dissolution of continuity requires union. In a bone [this dissolution] is called a fracture, while in a fleshy part it is called a wound (helkos),2 just as in fact it is also called a wound (trauma), rupture or tear. It is a wound when the wounding occurs in a fleshy part, whereas rupture or tearing occurs apart from wounding, the former when there is dissolution of continuity in the rending of a fleshy part, and the latter when it arises in rupture of a sinewy part.3 What is indicated (the goal) for all these things is union. Whether it is possible for this to happen everywhere, or is not possible in many places, is now primarily a matter for the expert to know. No layman knows that neither the sinewy part of the diaphragm, nor the small intestines

considered at some length in the Introduction, section 6. In this book it clearly corresponds to "wound" in modern terms. Context determines the choice between "wound" and "ulcer."

<sup>&</sup>lt;sup>1</sup> The term  $\sigma\kappa\sigma\pi\delta$ s is sometimes rendered "indicator" rather than the more usual "aim" or "objective," depending on context. Linacre was aware of the difficulty, translating  $\sigma\kappa\sigma\pi$  as indicatio here with a marginal note to the effect that it is different from  $\tilde{\epsilon}\nu\delta\epsilon\iota\xi\iota\varsigma$ , which is clearly a technical term for Galen.

<sup>&</sup>lt;sup>2</sup> Another somewhat problematical term is ἔλκος, which is

<sup>&</sup>lt;sup>3</sup> A third term with variable meaning is *neuron* and its cognates (as above). The options are "nerve" and "sinew," the choice again depending on context.

161Κ ὅτι τὰ λεπτὰ τῶν ἐντέρων Ιοὐκ ἐγχωρεῖ δέξασθαι τὸν σκοπόν, οὐ μὴν οὐδὲ περὶ πόσθης, οὐδὲ περὶ τοῦ λεπτοῦ τῶν γνάθων οἶδεν ἀλλ' οὐδ' εἰ τερηδὼν ὀστοῦ δύναται θεραπευθήναι, καθάπερ έν σαρκὶ διάβρωσις οὐδ' εἰ τὸ κάταγμα συμφῦναι, καθάπερ τὸ τραῦμα, κατά ταὐτά δὲ οὐδ' εἰ πωρωθήναι δύναται γιγνώσκει ώσαύτως δὲ καὶ περὶ τῶν ἐν τῆ κεφαλῆ καταγμάτων ὁ ίδιώτης οὐδὲν οἶδεν, εἴτε χρὴ τὴν πώρωσιν ἀναμένειν, εἴτ' ἄλλως ἰᾶσθαι. πολύ δὲ μᾶλλον οὐδὲ εἰ καρδίας τρωθείσης ἢ πνεύμονος ἢ γαστρὸς ἢ ἤπατος ἐλπίζειν χρη την ἴασιν οὐδ' ὅλως οὐδὲν οὐκέτι περαιτέρω τοῦ πρώτου σκοποῦ γιγνώσκει τῶν ἰδιωτῶν οὐδείς.

> τοῦτ' οὖν αὐτὸ πρῶτον ἤδη τῆς τέχνης ἔργον, ἤτοι τυχείν έλπίζειν τοῦ τέλους ἢ ἀπογινώσκειν τοῦ τυχείν διττή δ' ή γνώσις αὐτοῦ καὶ τρίτην οὐκ ἐγχωρεῖ γενέσθαι διὰ μὲν τῆς ἐμπειρίας ἡ ἐτέρα, μακροῦ δηλονότι χρόνου δεομένη διὰ δὲ τῆς αὐτοῦ τοῦ πράγματος φύσεως ή έτέρα καὶ γὰρ τὴν οὐσίαν έκάστου τῶν μορίων ἐπισκέψεται καὶ τὴν ἐνέργειαν καὶ τὴν χρείαν καὶ τὴν θέσιν, ἐξ ὧν ὁρμωμένη τό τ' ἀδύνατον ιαθήναι προγνώσεται καὶ τοῦ Ι δυνατοῦ δέξασθαι τὴν ἴασιν ύπερ της των βοηθημάτων εύρεσεως επισκέψεται.

> 2. Πρόδηλον δ' ώς ἀπὸ τῶν ἀπλουστάτων ἄρξηται. τί δ' άπλούστερον έλκους ἐπιπολῆς ἐν σαρκώδει μορίω; τοῦτ' οὖν εἰ μὲν ἀπλώς ἔλκος εἴη, σκοπὸς αὐτοῦ τῆς ἰάσεως ἔνωσις εἰ δὲ σὺν κοιλότητι, διττὸς μὲν ὁ σκοπός, ὅτι καὶ ἡ διάθεσις διττή συνεχείας μὲν

can "accept" what is indicated, and he certainly does not  $\,$  161K know about either the prepuce or the thin part of the cheeks. Besides, he does not know if caries of the bone can be treated, and the same with an erosion in flesh, or whether a fracture knits, or a wound heals. Similarly, he does not know if a callus can be made hard. In like manner, too, the layman does not know, concerning fractures in the head, whether it is necessary to await callus formation or to effect a cure in another way. Much more, however, does he not know if he should hope for a cure when the heart has been wounded, or the lung, stomach or liver; nor, in general, does any layman know anything beyond the primary objective.

This, then, is now the very first task of the craft—to know whether there is hope of achieving the desired outcome or not. This knowledge has two components; it is not possible for there to be a third. One is knowledge from experience, which clearly requires a long time. The other is knowledge from the nature of the matter itself, which takes into account the substance of each of the parts, and their function, use, and position. Proceeding from these factors, not only will there be prior knowledge of what cannot be cured and of what can respond to the cure, but also there will be consideration of the discovery of remedies.

2. It is clear that [we should] begin from the most simple [diseases]. What is simpler than a superficial wound in a fleshy part? If this wound is simple, the objective of its cure is union. If it has a cavity, the objective is twofold in that the condition is also twofold—the wound is a dissolu-

λύσις τὸ ἔλκος, ἀπώλεια δὲ οὐσίας τινὸς οἰκείας τῶ ζώω ή κοιλότης. ευρίσκεται δε κάνταθθα πολλάκις δ έτερος των σκοπων άδύνατος οξον εί μη μόνον ή σάρξ, άλλὰ καὶ τὸ ὑποκείμενον ὀστοῦν ἀπολωλὸς είη πληρωθήναι γὰρ ἀκριβῶς ἡ τοιαύτη κοιλότης οὐ δύναται, άλλ' ἐπουλωθῆναι μέν, ὅπερ ἦν ἕλκους ἴασις, ανίατος δε ή κοιλότης καταλειφθήσεται, τοῦτ' οὖν αὖθις αὐτὸ πάντως μὲν ήτοι διὰ τῆς ἐμπειρίας ἢ διὰ τοῦ λόγου χρη γνώναι ὁ Θεσσαλὸς δὲ οὔτε τούτοις χρήται καὶ τρίτον οὐδὲν προστίθησιν, εἶτ' οὐκ αἰδεῖται ληρών, άλλ' έὰ τοῦτο τὸ κοῖλον δ' ἔλκος ἐν σαρκώδει μορίφ χωρίς τοῦ πεπονθέναι τι τῶν ὑποκειμένων όπως ἰασώμεθα λεγέτω παρελθών ὁ Θεσσάλειος Ι ιατρός. Έμβαλόντες, φησί, τὸ σαρκωτικὸν φάρμακον εὖ γε τῆς εὐχερείας, ἴσως δ' ἀναισθησίας είπειν ήν άμεινον, εί σαρκωτικόν είπων άπηλλάχθαι δοκεί του ζητουμένου εί γαρ ήδη το σαρκωτικον ἐπιστάμεθα, τί ζητοῦμεν ἔτι; λέγε μοι τὸ σαρκωτικὸν ὄ τί ποτ' ἐστίν, ὧ μέλλεις χρῆσθαι; λιβανωτόν, οἶμαι, φήσεις, ίριν η αριστολοχίαν η ορόβινον άλευρον η πάνακα τῶν γὰρ ξηρῶν φαρμάκων πρῶτον μνημονεύσω, ταθτ' οθν είπε μοι πόθεν εθρες; Έκ της πείρας, φησί, τί δη οὖν ἔτι προσέθηκας σύ; τὸ μὲν γὰρ ὅτι χρη πληροῦν τὸ κοῖλον οἶδε δήπου καὶ ὁ ἰδιώτης. τὸ δ' έξ ὧν καὶ δι' ὧν φαρμάκων, ἐδίδαξεν ή πειρα.

Θεσσαλὸς δ' οὖθ' ὡς Ἐμπειρικὸς οἶδε τὸ φάρμακον οὖθ' ὡς Λογικός. ὡς Ἐμπειρικὸς μέν, ὅτι μὴ βούλεται: ὡς Λογικὸς δέ, ὅτι μὴ δύναται: ἐπεὶ ὅτι γε ὡς Ἐμ-

tion of continuity, while the cavity is a destruction of some substance proper to the organism. In this situation, it is often found that one of the objectives is impossible; for example, if not only the flesh is destroyed but also the underlying bone. A cavity of this kind cannot be filled up perfectly but it can be scarred over, which is a cure of the wound, although the cavity will be left behind incurable. This itself is something which, in general, we must know either through experience or through reason. Thessalus, however, does not use [either of] these means, nor does he add a third. And he is not embarrassed by his humbug, but allows it. Let the Thessaleian doctor come forward and say how we will cure a hollow wound in a fleshy part when there is no involvement of anything underlying. "By applying an enfleshing (sarcotic) medication," he says. Well, it would be better to speak of his recklessness, or perhaps of his stupidity if, having mentioned "enfleshing," he thinks he is absolved from the search. If we already know what is enfleshing, why would we look any further? Tell me, at some point, what this "sarcotic" is that you intend to use? Frankincense, I think you will say, or iris, or aristolochia, or meal from bitter vetch, or panax—for I shall mention first the dry medications. Tell me, from what source did you discover these? "From experience," he says. What more is there for you to still add? Even the layman, presumably, also knows that we must fill the cavity. However, experience teaches us from what and by which medications.

Thessalus does not, however, know the medication as the Empiric knows it or as the Dogmatic knows it. He does not know it as the Empiric knows it because he does not wish to, and he does not know it as the Dogmatic knows it

πειρικός οίδεν, ἀκριβώς έγὼ τοῦτο γινώσκω. δυοίν γαρ οντοιν απάσης ευρέσεως οργάνων, έμπειρίας καὶ

λόγου, ὁ τὸ μὲν εύρημένον ἐπιστάμενος, εἰπεῖν δ' οὐκ

έχων αὐτοῦ τὸν λόγον, εὔδηλός ἐστιν ἐκ τῆς ἐμπειρίας

164Κ εύρηκώς. ἵνα Ι τοίνυν εἰδῆ πόσον ἁμαρτάνει, μικρὸν

ήσυχάσας ἀκροατής ήμων γενέσθω βούλομαι γάρ

τινα διαλεχθήναι τῷ μονὴν τὴν ἐμπειρίαν πρεσβεύ-

ovtv

δίκαιον γάρ οξμαι κάκεινον είπειν όπως εξρε τουτί

τὸ σαρκωτικὸν φάρμακον τὸ ξηρόν, ὁ δὴ κεφαλικὸν

ονομάζουσι σύγκειται δὲ ἐξ ἴρεως καὶ ἀριστολοχίας

όρόβου τε καὶ λιβανωτοῦ καὶ μάννης. ἔστι καὶ ἔτερόν

τι δ πρὸς τοῖς εἰρημένοις καὶ φλοιὸς πάνακος ἐπεμ-

βάλλεται καὶ μὲν δὴ καὶ ἔτερόν ἐστιν ῷ καὶ καδμεία

πεπλυμένη προσεπεμβάλλεται. λεγέτω τοίνυν ύπερ

τούτων όπως εύρέθη. Καὶ τί μοί, φησι, ζητεῖν ὑπὲρ

της εύρέσεως αὐτῶν, ἀλλ' οὐ τοῖς εύρημένοις ὀρθῶς

χρησθαι; ταυτί μεν οὖν εὐθὺς κατ' ἀρχὰς ἀποφαίνονται, κατὰ σύμβασιν δέ, καλοῦσι γὰρ οὕτως αὐτοὶ καὶ

τῷ βήματι τούτω, ποτὲ μὲν ἐξ ὀνειράτων ἐνδέχεσθαι

τὰ τοιαῦτα εύρησθαί φασιν, ἔστι δ' ὅτε κατὰ δή τινα

τύχην έκχυθηναι τὸ έτερον είς τὸ έτερον, εἶτά τινα τῶ

μικτῷ τολμῆσαι χρήσασθαι, τῆς τόλμης δ' οὐ λέγειν τὴν ἐλπίδα. ταυτὶ μὲν οὖν πρόδηλος λῆρος.

δ δὲ τρίτος αὐτοῖς τρόπος τῆς εὐρέσεώς ἐστιν

## METHOD OF MEDICINE III.2

because he is unable to, since what the Empiric knows is precisely what I know. There are two "instruments" for every discovery—experience and reason. Someone who knows what has been discovered but is not able to state the reason for it has clearly made his discovery from experience. Accordingly, that he might know how much he errs, let him be my silent listener for a short while, as I wish certain matters to be discussed with someone who privileges experience alone.

In my view it is only right for that person also to say how he discovered that this particular enfleshing medication, which is dry and which they actually call cephalicum,4 is compounded from iris, aristolochia, bitter vetch, frankincense, and manna. And there is also another thing, in addition to those mentioned, which is put in—the bark of panax. And furthermore, there is yet another thing added to it which is washed cadmia. Accordingly, let him say how they were discovered. "But why," he will say, "is it necessary for me to speak about the search for the discovery of these constituents, but not about how to use correctly those that have been discovered?" These particular things, therefore, are apparent straightaway at the outset, but they appear "by coincidence," for these men speak of them like this and with this term. They say it is sometimes possible for such things to be discovered from dreams, and sometimes again that by some chance one thing merges into another. So then [they say] that someone has the courage to make use of the mixture, but they don't speak of the expectation of that courage. These particular claims are transparent humbug.

The third way of discovery for them is really inferential.

<sup>&</sup>lt;sup>4</sup> On this medication, see Galen, De compositione medicamentorum per genera 2.3, XIII.541K ff.

165Κ ὄντως ἐπιλογιστικός ἐκάστου Ι γὰρ ἐκείνων ἁπλῶν ίδια τις πεπειραμένος ώς σαρκωτικών, κάπειθ' εύρίσκων ἐνίοτε μὴ σαρκοῦντα, προσεπελογίσατο μὴ πάση φύσει πᾶν άρμόττειν. εἰ γὰρ ὃν οὐκ ἐσάρκωσεν ή ἀριστολοχία, τοθτον ὁ λιβανωτὸς ἐσάρκωσεν, ῷ δ' ὁ λιβανωτὸς οὐχ ήρμοττε, τούτω τῆς ἴρεως προσαχθείσης ἀπήντησε τὸ δέον, εὔλογον, οἶμαι, μὴ πάντας ὑπὸ πάντων ὁμοίως διατίθεσθαι τούτου δ' ἄπαξ εἰς ἐπιλογισμον έλθόντος ἄμεινον ἔδοξεν ώς οδόν τε πλεῖστα των όμοειδων είς ταὐτὸν ἀναμίξαι, ἵν' έκάστη φύσις σώματος εὐπορή τοῦ προσήκοντος. καὶ μήν, ὧ έταῖρε, έν τη συμπλοκή των είδων ού φυλάττονται των οίκείων οὐσιῶν αἱ ἐνέργειαι, ὡς ἐπὶ ἐνὸς ἑκάστου εἴδους τῷ ἀφελεῖν εἰς νόσον ἥνπερ χρὴ θεραπεύειν εὐπορεῖν τοῦ προσήκοντος. εἰ μὲν γὰρ ήτοι τὴν φύσιν ήδύναντο τοῦ σώματος έξευρεῖν ἢ τοῦ προσφερομένου φαρμάκου την δύναμιν, οὐδὲν ἂν ἴσως ἐδέησεν αὐτοῖς τῆς τοιαύτης ποικιλίας, εν έκάστοτε φάρμακον έφ' ένὶ σώματι τὸ συμφέρον εύρίσκειν δυναμένοις. ἐπεὶ δ' άγνοοῦσιν έκάτερον, κακῶς ἀναμιγνύουσιν ἄπαντα, πολλαίς φύσεσιν άρμόττον ἐπιτεχνήσασθαι | βουλό-

> τοῦτον τὸν τρόπον τῆς συνθέσεως τῶν φαρμάκων έγω πείθομαι τοις πρώτοις των ιατρών έπινενοήσθαι

μενοι εν φάρμακον.

#### METHOD OF MEDICINE 111.2

For if someone has tried out each of those simple medications individually as sarcotics, then, when he discovers that sometimes one is not enfleshing, he has provided further proof that not everything is suitable for every nature. For if frankincense created flesh in a particular person when aristolochia did not, or if in someone for whom frankincense was not suitable what was needed followed when iris was applied, it would be a reasonable inference, I think, that not all people are affected in the same way by all things. Once [the doctor] has come to this inference, it would seem better, as far as possible, to mix most of the like forms in the same medication so that each bodily nature has an abundance of what is appropriate. And yet, my friend, in the combination of the forms, the actions of the specific substances are not preserved such that, in the case of each single kind of body, there is an abundance of what is beneficial for the disease we must treat.<sup>5</sup> For if they were able to discover either the nature of the body or the potency of the medication being applied, perhaps there would be nothing lacking for them among such diversity, as they would be able to discover one medication which is useful when applied in one body on each occasion. But since they don't know either thing (i.e. the nature of the body or the potency of the medication), they mix everything badly when they wish to devise a single medication 166K suitable to many natures.

I believe this manner of synthesis of medications was invented by the first doctors and I accept it as an ancient

<sup>&</sup>lt;sup>5</sup> Linacre has a marginal note on this sentence that part is missing from some manuscripts. His Latin version has been translated; see Linacre (1546), p. 122.

καὶ ὡς ἀρχαῖον εὕρεμα προσίεμαι, τοσοῦτόν γε μὴν ἀποδεῖν ἡγοῦμαι τῆς ὄντως μεθόδου θεραπευτικῆς, όσον εὐλογώτερός ἐστι τῶν ἐγχεομένων εἰς ἄλληλα κοσκίνων, εί γὰρ μὴ λογίζεται πρῶτον μὲν ὡς μόνης της έξ όμοειδων φαρμάκων συνθέσεως, οὐ μην της γ' έξ ἐναντίων εἴρηκε τὴν μέθοδον. ἔπειθ' ὡς ἐν τῷ πλήθει τῆς μίξεως εν μέν, εἰ τύχοι, τὸ τῷ πάσχοντι προσηκόν έστι φάρμακον, έγχωρεῖ δὲ καὶ μηδέν, έπτὰ δ' ἢ ὀκτὼ τῶν οὐκ οἰκείων ὥστε πλείοσιν ἀριθμοῖς βλάψαι τὸ τοιοῦτον ἢ ώφελῆσαι ταῦτ' εἰ μὴ λογίζεται, πλέον αὐτὸν ἀγνοεῖν ἢ γιγνώσκειν τοῦ πράγματος είποιμ' ἄν.

έλαιον γουν έγχεόμενον έλκει κοίλφ πάντων έναντιώτατον φάρμακον εί γὰρ έθελήσεις οὕτω θεραπεύειν, αὐτή γνώσεις τή πείρα ρυπαρον και βρυώδες αποτελούμενον τὸ έλκος, εἰ δὲ καὶ ἡ ὥρα τοῦ ἔτους θερμη τύχοι καὶ ὁ ἄνθρωπος εἴη κακοχυμώτερος, ἢ φύσει Ι ρευματικώτερος ἢ καὶ περὶ τὴν δίαιτάν τι πλημμελοίη, κίνδυνος τούτφ σαπήναι το μόριον έν φ τὸ ἔλκος ἐγένετο. κίνδυνος δὲ κἂν εἰ κηρῷ μόνῷ χρῷο, καν εί τήκων έλαίω ταυτί μεν οθν διασήψει σοι το έλκος εί δε ίον λειώσας έμπλάττης, ού διασήψει μεν ουτός γε οὐδαμώς, ὀδύνην δ' ἐργάσεται καὶ δῆξιν οὐ σμικράν, ἀνάβρωσίν τε καὶ φλεγμονήν εἰ δὲ ἐπιπλέον χρήσαιο, καὶ σπασμόν. ἐπεὶ τοίνυν οὔτε τὸ ἔλαιον οὖτε ὁ ἰὸς οὖτε ὁ κηρὸς ἔλκος κοῖλον σαρκῶσαι δύνανται, δήλον ώς οὐδὲ μίξει ποτ' αὐτὰ τῶν ἀπὸ τῆς έμπειρίας οὐδείς

discovery. Yet in fact I think it is deficient as a true method of treatment to the extent that it is more applicable to the situation when sieves pour their contents into one another. For if he does not take into account first that which is only from the synthesis of like medications, he has not, in fact, spoken of the method of synthesis from opposites. So, in the many components of the mixture, it may happen that there is one medication appropriate to the patient, although it is also possible there is none, or that there are seven or eight that are not appropriate. So such a medication with a greater number [of components] will harm rather than help and, if he does not take these things into account, I would say he is more ignorant than knowledgeable about the matter.

At any rate, oil, when it is poured on a hollow wound, is the most inimical medication of all [to healing] for, if you do wish to treat in this way, you will know from experience itself that the wound is made filthy and foul-smelling. And if it happens to be a hot time of the year, or if the person is rather kakochymous, or more subject to flux by nature, or 167K also if there is something wrong with the regimen, there is for this man a danger of putrefaction involving the part in which the wound exists. There is also a danger if you use either wax alone, or wax dissolved in oil; these particular things will putrefy the wound for you. If, however, you apply triturated verdigris, this will in no way putrefy, although it will bring about pain and no little biting, erosion and inflammation. If you use still more, it will bring about convulsions as well. Since, therefore, neither oil, verdigris nor wax is able to enflesh a hollow wound, it is clear that none of those [men] who work on the basis of experience will ever mix them.

GALEI

άλλ' έγω μίξω γε τῷ δέοντι μέτρω καὶ ταῦτα καὶ άλλα μυρία φάρμακα των βλαπτόντων ίδίως έλκος κοίλον. εί γὰρ μὴ ταῖς αὐταῖς δυνάμεσι βλάπτοιεν, άλλ' ὑπεναντίαις, ἄμετρα δήπουθέν ἐστιν ὡς πρὸς έλκους κοίλου πλήρωσιν. άλλ' ὅπως ἐκ δυοῖν ἀμέτροιν κράσεων εν ἀποτελείται σύμμετρον, ἐν τοῖς περὶ φαρμάκων συνθέσεως έμάθομεν λογισμοίς. οὔκουν ἔτι χαλεπὸν ἐξ ἐλαίου καὶ κηροῦ καὶ ἰοῦ συνθεῖναι φάρ-168Κ μακον σαρκωτικόν εἰ γὰρ εἰδείης ὡς | ξηραίνεσθαι μετρίως δείται τὸ τοιοῦτον έλκος, οὐ ξηραίνει δ' οὔτε ὁ κηρὸς οὖτ' ἔλαιον, εἰδείης ἂν ὡς οὖτε ἑκάτερον οὖτ' άμφω πληρώσουσιν έλκος κοίλον οὐ μὴν οὐδ' ὁ ίὸς μόνος, ἀμέτρως γὰρ ξηραίνει. μίξας οὖν ἄπαντα συμμέτρως ξηρὸν ἐργάσασθαι δυνήση φάρμακον ὁπόσον δ' έκάστου χρη το μέτρον είναι δέδεικται μεν ήδη μοι κάν τοις περί φαρμάκων συνθέσεως ύπομνήμασιν, δειχθήσεται δὲ καὶ νῦν, εἰ δεηθείη, τοῦ λόγου προϊόντος, ἀποπέμψαι γάρ με χρη πρῶτον ἀπὸ τῶν έφεξης λόγων τον αμέθοδον έκεινον Θεσσαλόν, ένδειξάμενον αὐτῷ πόσον ἁμαρτάνει τοῦ δέοντος. φρονίμω γὰρ ἀνθρώπω καὶ τὰ νῦν εἰρημένα σαφῶς ἐνδείκνυται τὴν θεραπευτικὴν μέθοδον ὁποίαν τινα εἶναι χρή. άλλὰ γὰρ οὐ πρὸς τοὺς τοιούτους ὁ λόγος ὥστε άναγκαῖον ἔτι διαλεχθηναι πρὸς αὐτοὺς ἐνθένδε ποθὲν ἀρξάμενον.

#### METHOD OF MEDICINE III.2

But I will mix, in the required amount, both these and countless other medications that are individually harmful to a hollow wound. If [the medications] are harmful not by the same potencies but by those that are opposite, presumably they are disproportionate for the filling of a hollow wound. But we did learn in the discussions about the composition of medications how a mixture from two immoderate medications makes one moderate medication. So there is no longer any problem about compounding a sarcotic medication from oil, wax and verdigris. If you know that such a wound or ulcer needs to be moderately dried, and that neither wax nor oil dries, you would know that neither each one singly nor both together would fill up a hollow wound or ulcer. And neither would verdigris alone, for it dries excessively. But then, when you mix all these, you are able to make a moderately drying medication. What the amount of each must be, I have already shown in the treatises on the synthesis of medications,6 and will show again now if needs be as the argument proceeds. For it is first necessary for me to dismiss that "methodless" Thessalus from the discussions to follow, once I have shown him how far he strays from what is right. And to the sensible man those things now spoken of demonstrate clearly what sort of thing the therapeutic method must be. But the argument is not directed to such people, so it is still necessary here for the origin to be discussed with them.

<sup>6</sup> We have been unable to locate the recipe for the preparation of this compound medication in either *De compositione medicamentorum secundum locos* (XII.378–1007K and XIII.1–361K) or *per genera* (XIII.362–1058K). For the preparation of verdigris, see Dioscorides, V.91.

άπασα κοιλότης παρὰ φύσιν ἐνδείκνυται τὴν πλήρωσιν ώστε καὶ ἡ ἐν τῷ σαρκώδει μορίῳ αὕτη δὲ ἡ πλήρωσις σκοπός της των ιαμάτων ευρέσεως γίγνεται. ἵνα δ' εὑρεθῆ τὰ πληρώσαντα καὶ Ι λόγου δεόμεθα συχνοῦ καὶ πολλῶν τῶν κατὰ μέρος ἐνδείξεων, καὶ μεθόδου λογικής ἀκριβοῦς ἐθεάσω γοῦν πολλάκις έλκη δυσίατα μὴ δυναμένους θεραπεῦσαι μήτε τοὺς την έμπειρίαν πρεσβεύοντας ιατρούς τούτους δη τούς πολυφαρμάκους, άλλὰ μηδὲ τοὺς τὸν ἀναλογισμὸν έπαγγελλομένους ἄπαντας.

οί γὰρ Θεσσάλειοι Μεθοδικοὶ μὲν τοὔνομα, ταῖς δ' άληθείαις 'Αμέθοδοι, καθάπερ τινèς ὄνοι λύρας οὐδ' ἐπαΐειν ἱκανοὶ τῆς τοιαύτης θεωρίας εἰσί, μή τοί γε δὴ λογισμῷ τὸ δέον ἐξευρίσκειν. ἐθεάσω δὲ πολλάκις έπὶ τῶν τοιούτων έλκῶν τοὺς μὲν ἀπὸ τῆς ἐμπειρίας ἄλλοτ' ἐπ' ἄλλο μεταβαίνοντας φάρμακον, οὐ μὰ Δία λογισμοῦ τινος ἐξηγουμένου τῆς μεταβάσεως, ἀλλ' έπειδη πολλών μεν έπειράθησαν πληρούντων έλκη κοίλα, τὴν δ' ώς αὐτοὶ καλοῦσιν ἰδιοσυγκρασίαν, ἐφ' οἷς έκαστον αὐτῶν εὐδοκίμησεν οὔτε διαγινώσκειν ούτε μεμνήσθαι δύνανται, διὰ τοῦτο καὶ νῦν οὐκ ἐπιστάμενοι μεν εφ' ο τι χρη μεταβαίνειν, ελπίζοντες δ' έν πολλή τή κατὰ μέρος διεξόδφ πάντως εύρεθήσεσθαί ποτε τὸ προσήκον, ἄλλοτ' ἐπ' ἄλλο μεταπηδῶσι, τύχη μᾶλλον ἢ λογισμῷ τὴν τοῦ συμφέροντος | εύρεσιν ἐπιτρέποντες. ὅμοιοι δ' αὐτοῖς εἰσι, κἂν μὴ hetaέλωσιν, ὅσοι τῶν Δογματιζόντων ἐπὶ τὰς φυσικὰς άρχὰς τῶν σωμάτων οὐκ έδυνήθησαν ἀναβῆναι τῷ

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Every cavity contrary to nature indicates [the need] for filling, so this also applies in a fleshy part, and this filling is itself the indicator of the discovery of the cures. In order that the things which are filling are discovered, we need considerable discussion, many indications individually, and a method that is logical and precise. At all events, you often see intractable wounds or ulcers, which neither these doctors who give primacy to experience and so rely on polypharmacy, nor all those who profess to follow the course of reason are able to treat.

Now the Thessaleians, while Methodics by name, are, however, "Amethodics" when it comes to matters of truth, just as some asses are toward the lyre, nor are they capable of understanding such a theory, and certainly not of discovering by reasoning what is needed. On the other hand, you have often seen, in such wounds or ulcers, those who rely on experience change sometimes from one medication to another without, by Zeus, providing any rationale for the change. But since they make trial of many agents for filling hollow wounds or ulcers, as they call the particular characteristic, they are unable to either recognize or remember for what aspects each of the agents was held in high regard and, because of this, they now do not know which one they ought to change to. Hoping, no doubt, that what is appropriate will, at some time, be discovered by many individual trials, they jump from one to another, entrusting the discovery of what is useful more to chance than to reason. Some of the Dogmatics are like them, even if they don't wish [to be]; [that is,] those who are not able to advance in the argument as far as the natural origins of

λόγφ. καὶ γὰρ αὐτοί, καθότι πρόσθεν ἐδείξαμεν, ἐξ ἡμίσεώς εἰσιν Ἐμπειρικοί, οι οὐκ ἠδυνήθησαν διαλαβείν περὶ τῶν πρώτων στοιχείων. περὶ δὲ τῶν ἀμεθόδων τούτων Θεσσαλείων τί ἄν τις καὶ λέγοι; μόνοι τοίνυν οι ὄντως μεθόδφ θεραπεύοντες ἐξευρίσκουσί τε τὸ δέον ἢ φάρμακον ἢ διαίτημα καθ' ἔκαστον τῶν τοιούτων ἐλκῶν ἐπιδεικνύουσι τε τὰ σαφέστατα διὰ τῶν ἔργων αὐτῶν ὁπηλίκον ἀγαθόν ἐστι καὶ ὄσον φῶς παρέχει πρὸς τὰς ἰάσεις ἡ περὶ φύσεως πραγματεία.

καὶ γὰρ δὴ καὶ ὡς τοῖς συνεχῶς ἀφ' ἐτέρου φαρμάκου μεταβαίνουσιν έφ' έτερον ένίστε παροραται καὶ καταφρονείται τὸ χρήσιμον, ἐπέδειξά σοι πολλάκις ένὶ φαρμάκω τὰ τοιαῦτα τῶν έλκῶν θεραπεύσας ὧν έφθανον ἐκείνοι κεχρῆσθαι. κατεφρονήθη δ' εἰκότως ἡ δύναμις του τοιούτου φαρμάκου διά τε την άκαιρίαν της χρήσεως, οὐ μόνον οὐδὲν ώφελησαι δόξαντος, άλλὰ καὶ προσβλάψαι, καὶ διὰ τὸ μηδὲν ἐνίοτε σαφὲς 171Κ | ἐργάζεσθαι | τὴν πρώτην χρῆσιν. ἐθεάσω δὲ καὶ όφθαλμῶν ὀδύνας σφοδροτάτας ἰασαμένους ήμᾶς ἢ λουτροίς η οίνου πόσεσιν η πυρίαις η φλεβοτομίαις η καθάρσεσιν, έφ' ὧν οὐδὲν ἄλλο ἔχουσιν οἱ πολλοὶ τῶν *ἰατρῶν ἢ ταυτὶ τὰ δι' ὀπίου καὶ μανδραγόρου καὶ* ύοσκυάμου συντιθέμενα φάρμακα, μεγίστην λώβην όφθαλμῶν οὐδὲ γὰρ οὐδ' ἄλλω τινὶ τὴν ἐν τῷ παραχρημα δόκησιν της άνωδυνίας άλλ' ή τῷ νεκροῦν την αἴσθησιν ἐργάζονται. καὶ πολλοὺς οἶσθα μετὰ τὰς τοιαύτας χρήσεις των φαρμάκων, έπειδαν άμετρότερον προσαχθη, μηκέτ' ἐπανελθόντας εἰς τὸ κατὰ

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bodies. For they, too, just as I showed before, are "semi-Empirics"—those who have not been able to understand about the primary elements. And what might someone say about these "amethodical" Thessaleians? Only those who truly treat by method both discover the required medication or regimen for each of such wounds or ulcers and display with the utmost clarity by their actions how great a good the treatise on nature is and how much light it provides regarding cures.<sup>7</sup>

Certainly, I too have often shown you that I have

treated such wounds with a single medication from among

the medications which those men have mixed beforehand

—a medication whose usefulness is sometimes overlooked and neglected by those who change continually from one medication to another. In all likelihood, the potency of such a medication was disregarded because it was used at an inopportune time—a time when the medication not only seemed to be of no benefit but even to be harmful, and because sometimes it had no apparent effect during the first use. You have also seen me cure very severe pains of the eyes with either baths, drinks of wine, vapor baths, phlebotomy or purging, in cases where the majority of doctors have nothing else to offer apart from those medications compounded from opium, mandrake and henbane, to the very great detriment of the eyes. For they bring about the impression of pain relief in the short term by no other means than the destruction of the sensation [of the

171K

<sup>7</sup> It is not entirely clear which treatise is referred to here. It is probably *De elementis secundum Hippocratem*.

eyes]. And you know that many people, after the use of

these kinds of medications whenever they are applied to

000

οἶσθα δὲ δήπου συνδιατρίψας ήμιν εὐθὺς ἐκ μειρακίου, μηδὲ παρ' ένὶ τῶν διδασκάλων θεασαμένους ήμας ἔργον τοιοθτον, ἀλλ' ἐξευρόντας αὐτοθς τῷ λογισμῷ καὶ ὅτι γε πολλῷ χρόνῳ τὸν ἀφορισμὸν άνεσκεψάμην έκείνου, 'Οδύνας όφθαλμῶν άκρητοποσίη η λουτρον η πυρίη η φλεβοτομίη η φαρμακείη λύει, καὶ ὡς ἐκ τῆς ἄλλης ἀκριβείας Ἱπποκράτους 172Κ ἤλπιζον μηδ' ἐνταῦθα | μήτε ψεῦδός τι μήτ' ἀδύνατον λέγεσθαι καὶ ὡς τοῦτ' ἦν με τὸ προτρέψαν ἐπὶ τὴν ζήτησιν, έως οὖ καὶ ταύτην τὴν Ἱπποκράτους όδὸν έξεθρον διορίσασθαι, πότε καὶ πῶς ἐφ' ἑκάστου τῶν είρημένων χρηστέον. δ καὶ δηλον ἐποίησα πολλοῖς τῶν θεασαμένων τὰ τοιαῦτα, πηλίκη μέν ἐστιν ἡ τῆς θεραπευτικής μεθόδου δύναμις, ήλίκον δε κακὸν είργάσαντο μὴ φυλάξαντες τὴν παλαιὰν ἰατρικὴν οἱ τὰς νεωτέρας αίρέσεις συστησάμενοι. ταθτά τοι καὶ ὑμεῖς καίτοι γε ἄκοντά με κατ' άρχὰς ήναγκάσατε, λιπαροθντες διεξελθείν ἄπασαν τήνδε τὴν πραγματείαν ἡν εὔχομαι μὲν τοῖς θεοῖς ὄνησίν τινα καὶ τοῖς ἄλλοις ανθρώποις γενέσθαι, βραχυτάτην δ' έχω την έλπίδα διὰ τὴν κατέχουσαν νῦν όλιγωρίαν μὲν τῶν καλῶν, ἐπίδοσιν δὲ εἰς τιμὴν πλούτου καὶ δόξης καὶ πολιτικών δυνάμεων έφ' ἃ τοῖς ἐκτραπεῖσιν οὐκ ἐνδέχεται

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excess, never return to normal, but from that point on begin to see indistinctly or with difficulty, and over time suffer from cataracts, mydriasis, miosis or contractions of the eyes.<sup>8</sup>

You know, of course, having spent time with me right from your youth, that I have not seen such an action in the presence of one of my teachers, but have myself made the discovery by the process of reason, and that over a long period, I have examined closely that aphorism: "Drinking neat wine, or bathing, or a vapor bath, or phlebotomy, or a medication resolve pains of the eyes."9 And on the basis of the accuracy elsewhere in Hippocrates, I expected that here nothing false or impossible was being said. So this was what gave direction to my search until, following the Hippocratic path, I discovered the way to determine when and how I must use each of the things mentioned. Clearly I also did this for the many who observed such things—that is, how great the power of the therapeutic method is and what great harm those men cause who do not preserve the ancient medical art but adhere to the newer sects. Mind you, on these things, in actual fact you brought pressure to bear on me, although I was hesitant at the beginning when you entreated me to go through the whole treatise, which I pray to the gods is of some benefit to other men also. However, I have very little hope because of the overpowering contempt nowadays for good things and the addiction to the respect for wealth, reputation and political power, due to which it is impossible for those who are devoted to these things to discover the truth in any of its existing forms. But

<sup>&</sup>lt;sup>8</sup> On this last, see Rufus, fr. 78.

 $<sup>^9</sup>$  See *Aphorisms*, VII.46. Neither of the two different versions given exactly corresponds to Galen's text.

τάληθες εν οὐδενὶ τῶν ὄντων εξευρείν, άλλα ταῦτα μεν

όπη τῷ θεῷ φίλον, οὕτω τελευτήσει.

την δ' οὖν θεραπευτικην μέθοδον, ἀσκηθείσαν μὲν τοίς παλαιοίς ἰατροίς, όλιγωρουμένην δὲ νῦν ἀνακτησώμεθα καθ' όσον οἷοί τ' έσμέν, αὖθις ἀναλαβόντες | 173Κ τὸν λόγον ἐπὶ τοῦ προκειμένου παθήματος ἔλκους κοίλου. περὶ μὲν δὴ τῆς πρώτης εύρέσεως τῶν σαρκωσόντων τὸ τοιοῦτον έλκος φαρμάκων άρκείτω τὰ μικρῷ πρόσθεν εἰρημένα, καὶ συγχωρείσθω δ', εἰ βούλει, τοῖς Ἐμπειρικοῖς ἃ λέγουσιν ἄπαντα. περὶ δὲ της των εύρημένων χρήσεως έπι μεν των έργων αὐτων ἐπέδειξά σοι πολλάκις οὐδὲν δ' ἦττον καὶ νῦν ἐπιδείξαι τῷ λόγῳ πειράσομαι πῶς ἐν οἷς ἂν μηδὲν δράση τὸ σύνηθες εκάστω φάρμακον, ἐπ' ἄλλο μεταβαίνειν εθμηχάνως τε καὶ τεχνικώς ἀποροθσιν οί Έμπειρικοί. καὶ τοῦτ' εὐλόγως γίνεται τοῦ γὰρ πρώτου φαρμάκου της αποτυχίας την αιτίαν αγνοοθντες, οὐδὲ φυλάξασθαι δήπουθεν αὐτὴν ἐπὶ τοῦ δευτέρου δύνανται. ἀγνοουμένης γὰρ ἔτι τῆς αἰτίας δι' ἣν ένεργεῖ τὸ φάρμακον, οὐδὲ δι' ἢν ἀποτυγχάνει γνῶναι δυνήσονται. ταύτης δ' άγνοουμένης οὐδ' έφ' έτερον έτι μεταβαίνειν εὐλόγως έγχωρεῖ, φυλάξασθαι γὰρ οὐδ' έπ' έκείνου δυνήσονται την αύτην αίτίαν.

3. Εἴπωμεν οὖν ἡμεῖς ἤδη τὴν Ἱπποκράτειόν τε ἄμα καὶ ἀληθη μέθοδον έλκων κοίλων ἰάσεως ἄρχεσθαι Ι δὲ δήπουθεν αὐτὴν ἐκ τῆς οὐσίας χρὴ τοῦ πράγματος. έπεὶ τοίνυν ἐν τοῖς κοίλοις ἔλκεσι πρόκειται γεννήσαι

#### METHOD OF MEDICINE 111.3

to the extent that these things are pleasing to the god, so they will be accomplished.

Let me, then, revive the method of medicine practiced by the doctors of the past but nowadays held in contempt, insofar as I can, taking up again the argument in the case of 173K the affection before us-the hollow wound or ulcer. Regarding the first discovery of the "sarcotic" medications for such a lesion, let what has been said a little earlier be sufficient and concede, if you will, to the Empirics everything they say. About the use of the discoveries, I demonstrated to you their actions on many occasions. No less shall I now attempt to demonstrate by theory how, among these, a medication that is in common use does not act in each [disease, and how the Empirics don't have the wherewithal to change over to another medication skillfully and according to the rules of the craft. And this is to be expected because, if they are ignorant of the cause of the failure of the first medication, they won't be able to look out for this in the case of the second medication. When the cause by which the medication acts remains unknown, they won't be able to recognize the reason for its failure. And since the cause is not known, it is no longer possible to change to another medication in any rational manner, for they will not be able to look out for the actual cause in that case.

3. So let me now speak of the Hippocratic and, at the same time, true method of cure of hollow wounds and ulcers, and it is clearly necessary to begin this from 174K the substance of the matter. Accordingly, since in hollow wounds and ulcers our task is to recreate the flesh that has

<sup>&</sup>lt;sup>1</sup> B (cf. quae . . . diximus, KLat); εἰρημένοι Κ

τὴν ἀπολωλυῖαν σάρκα, δεῖ γινώσκειν περί² σαρκὸς γενέσεως, ώς ύλη μεν αὐτης αἷμα χρηστόν, ὁ δ' οἷον δημιουργός τε καὶ τεχνίτης ή φύσις. άλλ' οὐχ άπλῶς εἰπεῖν χρη φύσιν, ἀλλὰ προσθεῖναι τὴν τίνων καὶ ποῦ. δηλον δὲ ὅτι τῶν ὑποκειμένων σωμάτων οῗς σὰρξ έπιτρέφεσθαι μέλλει, τούτων ή φύσις έσται δημιουργὸς τῆς γενηθησομένης σαρκός. ἀλλ' ἡ φύσις έκάστου τῶν σωμάτων ἐδείχθη κατά τινα θερμοῦ καὶ ψυχροῦ καὶ ξηροῦ καὶ ύγροῦ κρᾶσιν ἀποτελεῖσθαι. δηλον οὖν ὡς ἡ τούτων εὐκρασία κατὰ τὸ ὑποκείμενον μόριον ῷ μέλλομεν ἐπιθρέψειν τὴν λείπουσαν σάρκα τὸν λόγον ἔξει τοῦ δημιουργοῦ. πρῶτον μὲν οὖν ἡμῖν σκεπτέον ἐπὶ παντὸς ἔλκους κοίλου δύο ταῦτα, τό θ' ύποκείμενον εἰ εὐκράτως έχει, τουτέστιν εἰ κατὰ φύσιν. έδείχθη γὰρ ἡ ἐν τοῖς ὁμοιομερέσι σώμασιν ύγεία των τεττάρων οὖσα ποιοτήτων εὐκρασία καὶ προσέτι τὸ αἷμα τὸ ἐπιρρέον, εἰ χρηστόν τε καὶ σύμμετρον Ι εί μεν δη και τούτων τι μοχθηρώς έχοι, πολλαὶ διαθέσεις γίγνονται παρὰ φύσιν

ήμιν δ' ὑπόκειται μία κοιλότης ἐν σαρκώδει μορίφ. ὑποκείσθω τοίνυν ὑγιεινόν τε τὸ χωρίον ἤ τ' ἐπιρροὴ τοῦ αἴματος ἄμεμπτος ἐν ποσότητι καὶ ποιότητι, καὶ τούτων οὕτως ἐχόντων οὐδὲν ἄν ἔτι κωλύοι τὴν πρώτην γένεσιν τῆς σαρκὸς ἄμεμπτον γενέσθαι, μηδενὸς δεηθείσαν ἔξωθεν φαρμάκου τῶν γὰρ αἰτίων ἀμφοτέρων ὑφ' ὧν γίγνεται παρόντων καὶ μηδενὸς τῶν ἔξωθεν ἐμποδὼν ὄντος, οὐκ ἐνδέχεται κωλυθῆναι τὴν τῆς σαρκὸς γένεσιν. ἀλλ' ἐν αὐτῷ δὴ τῷ γεννᾶσθαι

been destroyed, it is necessary to know about the generation of flesh, and that its material is useful blood, and that the "demiurge" or "craftsman," as it were, is Nature. But we must not simply say "Nature" but add the nature of what things and how. It is clear that the flesh of the bodies underlying those wounds will be what causes growth, and the nature of these will be the "demiurge" of the flesh that will be regenerated. But the nature of each of the bodies was shown to consist of a certain krasis of heat, cold, dryness and moisture. It is clear that the eukrasia of these [qualities] in the underlying part will have the ground of the "demiurge" by which we will cause the growth of the flesh that is lacking. First, then, we must consider in every hollow wound and ulcer these two things: whether what is underlying is eukratic—that is to say, if it is in accord with nature, for it was shown that health in homoiomerous bodies lies in a eukrasia of the four qualities—and, in addition, if the flow of blood is of the right quality and quantity. If, however, one of these things is in a bad state, many abnormal conditions arise.

One, I suggest, is hollowness in a fleshy part. Assume that the place is healthy and the flow of blood without fault in terms of quantity and quality. If things are thus, nothing should still prevent the primary genesis of flesh from occurring faultlessly without the need of any medication externally because, as both causes from which this genesis occurs are present and there are no external hindrances, it is impossible for the genesis of flesh to be prevented. But in the actual generation of the primary flesh, two super-

<sup>2</sup> Β; τὶ περί om. Κ

τὴν πρώτην σάρκα περίττωμα διττὸν ἀνάγκη γίγνεσθαι, καθότι καὶ τοῦτ' ἐν τοῖς περὶ φύσεως εἴρηται λογισμοίς, ως άπάση τῆ κατὰ ποιότητα μετακοσμήσει της τροφης έτερον μέν παχύτερον, έτερον δέ λεπτότερον έπεται περίττωμα, τούτων τῶν περιττωμάτων καὶ καθ' ὅλον τὸ σῶμα γιγνομένων, ἀεὶ τὸ μὲν λεπτότερον ή ἄδηλός ἐστι διαπνοή· γίγνεται δὲ καὶ δήλη πολλάκις, όταν ήτοι τὸ ἔμφυτον ἀρρωστήση θερμὸν ἢ τροφῆ χρήσηται πλείονι τοῦ δέοντος, ἤ τις 176Κ ἐπαχθῆ τῷ ζώω κίνησις σφοδροτέρα. τὸ δ' ἔτερον Ι ὁ ἐπιτρεφόμενός ἐστι τοῖς σώμασιν ἡμῶν ῥύπος καὶ δὴ κάν τοις έλκεσιν ίχωρ μεν καλείται το λεπτον περίττωμα, ρύπος δ' ἔλκους τὸ παχύ. καὶ διὰ μὲν τὸ λεπτὸν περίττωμα ύγρον το έλκος γίγνεται, διὰ δὲ τὸ παχὺ ρυπαρόν καὶ δείται διὰ τοῦτο διττῶν φαρμάκων, ώς μεν ύγρον των ξηραινόντων, ως δε ρυπαρον των καθαιρόντων αὐτό. κατ' οὐδένα τοίνυν χρόνον τῆς φύσεως άργούσης οὐδεὶς ἔσται καιρὸς ἐν ῷ μὴ ταῦτ' ἄμφω κατὰ τὸ κοῖλον ἔλκος ἀθροισθήσεται ὥστε οὐδὲ χρόνος ἔσται καθ' ὃν οὐ δεήσεται τῶν φαρμάκων ἀμφοτέρων, τοῦ τε ξηραίνοντος καὶ τοῦ καθαίροντος. ὁποῖον μεν οὖν εἶναι χρη τῷ γένει τὸ φάρμακον εὕρηται.

άλλ' οὐκ ἀρκεῖ τοῦτο, χρη γάρ τι τῶν κατ' εἶδος έξευρεῖν δ προσαχθήσεται. πόθεν οὖν ἐκεῖνο κάκ τίνος εύρεθήσεται μεθόδου, ἢ τῆς ἐν τοῖς Περὶ φαρμάκων άπλων δυνάμεως εἰρημένης; έδείκνυμεν γὰρ ἐν ἐκείνοις τὰ μὲν ξηραίνοντα, τὰ δ' ὑγραίνοντα, τὰ δὲ ψύχοντα, τὰ δὲ θερμαίνοντα τῶν φαρμάκων ἔνια δὲ

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fluities necessarily arise, in that it has been stated in the accounts of nature that in every change in the qualities of nutriment, whether they are thicker or thinner, a superfluity follows. And when these superfluities arise in the whole body, in respect to the thinner, transpiration is always imperceptible; whereas it often becomes perceptible whenever either the innate heat becomes weak, or it uses greater nourishment than is necessary, or some overly strong movement burdens the organism. The other is the 176K filth caused to grow in our bodies. And in wounds and ulcers the thin superfluity is called an "ichor" and the thick superfluity is called the "filth of a wound." Furthermore, due to the thin superfluity a wound becomes moist, while due to the thick superfluity it becomes filthy. Because of this there is need of a twofold [approach to] medications; that is, there is need of those that dry what is moist, and those that purify the actual filth. Accordingly, since at no period of time does nature remain idle, there will be no moment at which both these (i.e. moisture and filth) will not be collected together in a hollow wound or ulcer; so there will be no time at which there will not be need of both medications, the drying and the purifying. It has been shown what kind the medication must be in terms of class. But this is not enough; it is necessary to discover which

particular medications in terms of kind will be applied. How and by what method will that be discovered? Surely it will be from what is stated about potency in my treatise On the [Mixtures and] Potencies of Simple Medications? For I showed in that work which medications cause drying, moistening, cooling and heating and which, by virtue of

κατά συζυγίαν η θερμαίνοντα καὶ ξηραίνοντα, η ψύ-177Κ χοντα | καὶ ὑγραίνοντα, ἢ θερμαίνοντα καὶ ὑγραίνοντα, η ψύχοντα καὶ ξηραίνοντα εἶναί τε καθ ἕκαστον αὐτῶν ἄπειρον μέν τι τῷ πλήθει τὸ μᾶλλόν τε καὶ ήττον είς δε την χρείαν την ιατρικήν όροις εύσημοις περιγραφόμενον, πρώτης τινός έν αὐτοῖς γινομένης τάξεως καὶ δευτέρας καὶ τρίτης καὶ τετάρτης. ἐκ ποίας οὖν τάξεως ἔσται τὸ σαρκωτικὸν φάρμακον, ὁ δὴ μετρίως έφαμεν χρηναι ξηραίνειν τε καὶ ρύπτειν; έκ της πρώτης δηλονότι μαλλον γαρ ἐπιταθὲν ὡς μὴ μόνον ἐκδαπανᾶν τὸ περιττὸν τῆς ἀπορρεούσης ὑγρότητος, άλλὰ καὶ αὐτοῦ τοῦ ἐπιρρέοντος αἵματος ἄπτεσθαι, κωλύσει τὴν σάρκωσιν ἀναλίσκον αὐτῆς τὴν ύλην. έδείχθη δὲ τοιαῦτα, λιβανωτός τε καὶ κρίθινον άλευρον καὶ κυάμινον ὀρόβινόν τε καὶ ίρις ἀριστολοχία τε καὶ καδμεία καὶ πάναξ καὶ πομφόλυξ· ἄπαντα δὲ ταῦτα ἀλλήλων ἐδείκνυτο διαφέροντα τῷ τε μαλλον καὶ ήττον. καὶ τῷ μὲν άπλας ἔχειν τὰς ἐπικρατούσας δυνάμεις, τὰ δὲ συνθέτους. ἀριστολοχία μὲν γὰρ καὶ πάναξ μᾶλλον ξηραίνει τῶν ἄλλων καὶ θερ-178Κ μότερα τὴν φύσιν ἐστί: Ι τὸ δὲ κρίθινον καὶ τὸ κυάμινον άλευρον ήττον πολύ έκείνων ξηραίνει καὶ ήκιστα θερμότητος μετέχει λιβανωτός δὲ θερμός μέν ἐστι μετρίως, ήττον δὲ τούτων ξηραίνει, ὥστε τινὰς φύσεις σωμάτων οὐδὲ ξηραίνει τὴν ἀρχήν ὀρόβινον δὲ καὶ

όπερ δ' ὁ λόγος ἐκίνησε χρησίμως αὖθις ἀναλάβω-

ίρις έν τῷ μεταξὺ τούτων τε καὶ ἀριστολοχίας καὶ

πάνακός ἐστιν.

conjunction, are both heating and drying, or cooling and moistening, or heating and moistening, or cooling and drying. And, in relation to each of these, there is infinite variation in terms of more and less in amount whereas, for medical use, this is circumscribed by distinct boundaries, there being a certain order in them of first, second, third, and fourth. From what kind of order will the enfleshing medication be that I said was necessary to dry and clean moderately? Obviously it is from the first order, and it is raised to a higher level as it doesn't only consume the excess of outflowing moisture but also, since it destroys the inflowing blood itself, it will prevent the growth of flesh, consuming the material of this. Such things were shown-frankincense, barley meal, meal of bitter vetch, iris, aristolochia, cadmia, panax and pompholyx. All these things were demonstrated to differ from each other in terms of more or less. It was also demonstrated that some have simple prevailing potencies while others have compound ones. For aristolochia and panax dry more than the others and are hotter in nature. Barley meal and the barley bran dry much less than they do and partake least of heat. Frankincense, however, is moderately hot but dries less than these, so that it does not dry certain bodily natures at the start. Bitter vetch and iris are in between these and aristolochia and panax.

Let me reiterate what the discussion has usefully produced. Frankincense can certainly produce flesh in a body

σαρκώσαι δύναται, ξηράν δ' οὐ δύναται χρη γάρ ἐπίστασθαι περὶ τῶν πρώτων ἐνδείζεων ὡς δύο ἐστὸν αὐτῶν αἱ διαφοραί, τοῦ μὲν κατὰ φύσιν τὴν φυλακὴν ένδεικνυμένου καὶ διὰ τοῦτο ὁμοίων έαυτοῦ δεομένου, τοῦ δὲ παρὰ φύσιν τὴν ἀναίρεσιν τὴν ἑαυτοῦ καὶ διὰ τοῦτο τῶν ἐναντίων· φθείρεται γὰρ πᾶν εἰς ἐναντία τε καὶ δι' ἐναντίων. τὸ μὲν οὖν ἔλκος ὅσωπερ ἂν ὑγρότερον ή, τοσούτω δείται φαρμάκου ξηραίνοντος μάλλον ή φύσις δ' αὐτοῦ τοῦ σώματος ὄσφπερ ἂν ύγροτέρα τύχη, τοσούτω δείται φαρμάκου ξηραίνοντος ήττον ώστε των ίσην ύγρότητα έχόντων έλκων τὸ μεν εν ξηροτέρα τη του κάμνοντος κράσει μαλλον 179Κ ξηραίνεσθαι δείται, τὸ δ' ἐν ὑγροτέρα Ι τοσούτω καταδεέστερον, ὄσφπερ ἂν καὶ ἡ φύσις τῆς φύσεως ἀπολείπηται τὴν γὰρ ἐπιτρεφομένην σάρκα παραπλησίαν είναι χρη τη προϋπαρχούση. ξηροτέρας οὖν ούσης της άρχαίας ξηροτέραν χρη γενέσθαι καὶ την νέαν, ώστε έπὶ πλεῖον αὐτὴν δεῖ ξηραίνεσθαι, καὶ όσφπερ αν ή ἐπὶ πλέον ξηρά, ἐπὶ τοσούτφ καὶ τὸ προσαγόμενον φάρμακον είναι ξηραντικώτερον. έπί δέ γε της ύγροτέρας φύσεως είς τοσοῦτον αὖ πάλιν ήττον ξηραινόντων χρεία έστὶ φαρμάκων, εἰς ὅσον καὶ ή σὰρξ ἦττόν ἐστι ξηρά.

τοιαύτην οὖν ἔχει κρᾶσιν λιβανωτός, ὡς πρὸς ἀνθρωπίνην φύσιν σώματος. πρὸς μὲν γὰρ τὰς εὐκράτους καὶ μέσας ὁμολογεῖ, τῶν δ' ὑγρατέρων ἀτρέμα ξηραντικώτερος ύπάρχει, ὥσπερ οὖν αὖ καὶ τῶν άκρως ξηρῶν ὑγρότερος ἀτρέμα. δεόντως οὖν ἐπὶ μὲν

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of a moist nature but not in one of a dry nature. What you must know about the primary indications is that there are two differentiae of these: what is in accord with nature indicates preservation and, for this reason, has need of things like itself, while what is contrary to nature indicates removal, and for this reason has need of those things opposite to itself, for all destruction is to opposites and through opposites. Therefore, the wound or ulcer stands more in need of a drying medication to the extent that it is more moist. [Conversely] to the extent that the nature of the body itself happens to be more moist, it is less in need of a drying medication. So, of wounds or ulcers that are equally moist, that in a patient with a drier krasis needs to be dried more, whereas that in a patient with a more moist krasis is 179K less in need to the extent that the one nature departs from the other nature. For the flesh that is being created ought to be closely similar to that which existed before. Therefore, when the original flesh was drier, the new flesh must become drier, so that this needs to be dried still more; and to the extent to which it is still more dry, the medication being applied also [needs to be] more drying to the same extent. But, on the contrary, in a more moist nature, the extent to which the flesh itself is less dry determines the extent to which there is need of those medications that dry less.

Thus, frankincense has the sort of krasis that is consonant with the human bodily nature: to the eukratic and middling [natures], it is agreeable; for the more moist [natures], it is slightly more drying; and again, to those that are extremely dry, it is slightly more moistening. Neces-

ένίων έλκων τε καὶ φύσεων ὁ λιβανωτὸς ἐκπυΐσκει μέν, οὐ μὴν καὶ σαρκοῦ κατὰ δέ τινας ἤδη καὶ σαρκοῦ. παραφυλάξας οὖν εὐρήσεις ὁμολογοῦν τῷ λόγῳ τὸ φαινόμενον. ἐν μὲν γὰρ ταῖς ὑγροτέραις φύσεσι σαρκωτικός ἐστιν, ἐν δὲ ταῖς ξηροτέραις οὐκέτι καὶ κατὰ μὲν τὰ μετρίως ὑγρὰ τῶν ἐλκῶν οἷός τε σαρκοῦν Ι 180Κ ἐστι, κατὰ δὲ τὰ λίαν ὑγρὰ παντάπασιν ἀδύνατος.

δρᾶς οὖν ἤδη σαφῶς ὅσων δεῖ θεωρημάτων ἀνδρὶ μέλλοντι κατὰ μέθοδον ὀρθὴν ἔλκος ἰᾶσθαι; ἐπειδὴ γὰρ εὐρέθη πάντως ὑγρότης ἐνυπάρχουσα τῷ πάθει, τὸ ξηραῖνον ἐνεδείξατο φάρμακον. ἀλλ' ἐπεὶ τὰ μὲν αὐτῶν μᾶλλον ξηραίνει, τὰ δ' ἦττον, ἔκ τε τῆς τῶν ἐλκῶν διαφορᾶς τὸ χρήσιμον ἐλήφθη κἀκ τῆς τοῦ κάμνοντος φύσεως. ὥστ' οὐ μόνον ἀνάγκη περὶ φύσεως σώματος ἐπεσκέφθαι τῷ μέλλοντι κατὰ τρόπον ἰατρεύσειν ἔλκος, ἀλλὰ καὶ τὴν περὶ φαρμάκων θεωρίαν ἀκριβῶς ἐκμεμαθηκέναι καὶ κράσεως σώματος ὑγρᾶς καὶ ξηρᾶς ἐπίστασθαι γνωρίσματα.

θέασαι τοίνυν ὅση τῶν Μεθοδικῶν ἐστιν ἡ περὶ τὰς ἀποφάσεις τόλμα, τοῦθ' ἐν μόνον ἀρκεῖν αὐτοῖς ἡγουμένοις εἰς ἔλκους ἴασιν κοίλου, τὸ γινώσκειν ὅτι πληρωτέον τέ ἐστιν αὐτὸ καὶ σαρκωτέον οὐ γὰρ ἐν τούτῳ γε τὸ θεραπεύειν ἐστίν, ἀλλ' ἐν τῷ τὸ σαρκῶσον ἐξευρεῖν. ἀλλὶ εὔρηταί, φησι, τὸ σαρκῶσον τῆ πείρᾳ. λέγε τοίνυν καὶ τὸ θεραπεῦσον ἐκ τῆς πείρας εὐρῆσθαι καὶ μὴ μάτην φρυάττου | μηδ' ἀνατείνου τὴν μέθοδον. καίτοι καὶ παρ' αὐτοῖς τοῖς Ἐμπειρικοῖς ἡ χωρὸς διορισμοῦ πεῖρα κατέγνωσται γράφουσι γοῦν

sarily then, in some wounds and ulcers and in some natures, frankincense causes suppuration but does not, however, also produce flesh. In some [natures] it does actually also produce flesh. If you consider this, you will find that what is observed agrees with the theory. In more moist natures frankincense is flesh-producing, while in more dry natures it is no longer so; and in regard to moderately moist wounds and ulcers it can produce flesh, while in those that

are exceedingly moist it is altogether unable [to do so]. So do you now see clearly the need of such principles for a man who intends to cure a wound or ulcer by the right method? For when it is found, in general, that moisture is present in the affection, it indicates a drying medication. But since some of these medications dry more and some less, the use is taken from the difference between the wounds or ulcers and from the nature of the patient. So not only is it essential for someone who intends to cure a wound or ulcer properly to give consideration to the nature of the body; it is also essential for him to have learned thoroughly the theory of medications and to know the signs of a moist and dry *krasis* of the body.

Look, then, at how great the rashness of the Methodics is in their assertions when they claim that this one thing is sufficient on its own for the cure of a hollow wound or ulcer—namely, the knowledge that you must fill it and enflesh it. For treatment does not, in fact, lie in this but in the discovery of what is enfleshing. "But what is enfleshing is discovered by experience," says [the Methodic]. Just say, then, that what is curative is found from experience and do not pointlessly crow about and exalt your method. Indeed, among the Empirics themselves, experience without discrimination is condemned. At all events, in the treatises

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έν τοις περί φαρμάκων ύπομνήμασιν έμπλαστρος πρὸς ἀπαλόχρωτας καὶ παίδας καὶ γυναίκας ἴσασί τε τὸν λιβανωτὸν ἐπὶ τῶν τοιούτων φύσεων ἔλκη κοῖλα μηδεν έχοντα σύμπτωμ' έτερον, ανατρέφοντα καὶ πληρούντα, πότερον δ' ύγρὰ τὰ τοιαθτα σώματ' ἐστὶ καὶ διὰ τοῦτο δεῖται μετρίως ξηραινόντων φαρμάκων, η άλλη τις αἰτία τοῦ συμβαίνοντός ἐστιν, οὐκ ἐπίστανται, καὶ γὰρ αὖ καὶ πρὸς τὰ γεροντικὰ σώματα γεγραμμένον εύρήσεις έτερον φάρμακον, ἄλλο δέ τι πρὸς τὰ δυσεπούλωτα καὶ ὀχθώδη τῶν έλκῶν, καὶ πολλούς άλλους διορίσμούς έν άπασι τοίς θεραπευτικοῖς ὑπομνήμασι γράφουσιν, ἐξ ὧν ὡς οἶόν τε πρὸς τὴν ἰδιότητα τῆς θεραπευομένης φύσεως έξευρίσκουσι τὸ συνοῖσον φάρμακον. ἄπαντες γὰρ οἱ διορισμοὶ κατά τὰς τέχνας ἀπὸ τοῦ κοινοῦ πειρώνται τὸ ἴδιον χωρίζειν καὶ ὅσωπερ ἄν τις πλείω διορίσηται, πλησιέστερον άφικνείται τοῦ ἰδίου, τοῦτο δ' αὐτὸ τὸ3 Ι άκριβώς ίδιον, ούτε γραφήναι δυνατόν έστιν ούτε λεχθήναι διὸ καὶ τῶν Ἐμπειρικῶν τοῖς μάλιστα τῶν ἔργων τῆς τέχνης φροντίσασι καὶ σχεδὸν ἄπασι τοῖς Δογματικοίς ώμολόγηται τὸ μηδεμίαν οἶόν τ' εἶναι γραφήναι θεραπείαν ἀκριβῶς, ἀλλὰ τὸ λείπον εἰς τὸν στοχασμον της του κάμνοντος φύσεως οι μεν έκ της έκάστου τῶν θεραπευόντων οἰκείας τριβης, οἱ δ' ἐκ τοῦ λογικώς τετεχνασθαι φασί χρήναι προστιθέναι οὐδεὶς δ' αὐτῶν οὕτως ἦν εὐχερής, ὡς ἄπαντος ἔλκους κοίλου φάρμακον εν έχειν ἐπαγγέλλεσθαι σαρκωτικόν οὐ γὰρ εὑρήσεις ἐν οὐδενὶ τοιοῦτον φάρμακον,

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about medications they write to apply plasters to those who are soft-skinned, children and women, and they know that in such natures frankincense causes growth and fills up hollow wounds and ulcers that have no other symptom. Whether such bodies are moist and, because of this, need moderately drying medications, or whether there is some other cause of what happens, they do not know. For once more, also, in respect to aged bodies, you will find another medication is written about, and another in respect to wounds and ulcers that are hard to cicatrize and are swollen; and they write of many other distinctions in all their therapeutic treatises. From these it is possible for them to discover the medication suitable for the particular character of the nature being treated, for all the distinctions in crafts attempt to separate the specific from the general and, to the extent that someone might make a further distinction, the nearer he comes to the specific, although this very thing is precisely specific, and cannot either be written or stated. On which account, also, among both those Empirics who particularly give thought to the tasks of the art, and almost all the Dogmatics, there is agreement that it is impossible for any treatment to be written down precisely. They say there is something remaining which comes down to conjecture about the nature of the patient. Some say this must be added from the specific practice of each [doctor] providing treatment and some say from being devised skillfully on a logical basis. None of them are so tolerant of imprecision as to assert that there is one enfleshing medication for every hollow wound or ulcer, for you will not find a medication of such a kind to cure every

οἷον πῶν ἔλκος κοῖλον ἰᾶσθαι, ἀλλὰ παρὰ τὸ πληθος της ύγρότητός τε καὶ τοῦ ρύπου καὶ αὐτὴν τοῦ κάμνοντος την κράσιν ύπαλλάττεσθαι χρη το φάρμακον. έάσαντες οὖν ένταῦθα τὴν ἀναισχυντίαν τῶν Μεθοδικών ἴδωμεν ὅ τι ποτὲ λέγουσιν οἱ ἀπὸ τῆς ἐμπειρίας, έκ της ίδίας έκάστου τριβης καὶ γυμνασίας εἰσφέρεσθαί τι χρήναι πρὸς τὴν τῶν οἰκείων τῷ κάμνοντι φαρμάκων εύρεσιν άξιοθντες.

ώς γὰρ καὶ πολλάκις εἰρήκαμεν, οὐδὲν μὲν τῶν κατὰ τὴν ἰατρικὴν πραγμάτων καὶ φαρμάκων4 | ἄρρητον υπάρχει κατ' είδος, άλλ' δ μήτε δηθήναι μήτε γραφήναι μήθ' όλως διδαχθήναι δύναται τὸ ποσόν έστιν έν έκάστω καὶ δὴ κάπὶ τῶν έλκῶν ἡ μὲν ὑγρότης καὶ ὁ ῥύπος οὐκ ἄρρητα, τὸ ποσὸν δ' ἄρρητον ἐν έκατέρω καίτοι κάνταθθα προσέρχεσθαί πως βουλόμεθα τῆ δηλώσει πλησίον, ὀλίγον καὶ πολὺν λέγοντες ρύπον καὶ λεπτὸν καὶ παχὺν καὶ παντελῶς ὀλίγον καὶ λίαν πολύν καὶ μέτριον καὶ σύμμετρον καί πως ἄλλως ούτως ονομάζοντες πολυειδώς, ίν' ώς οδόν τε πλησίον ἀφικώμεθα τῆς δηλώσεως τοῦ ποσοῦ. πρόσχες οὖν ήδη μοι τὸν νοῦν ἀκριβώς, ἵν' εἰδῆς ὅσον πλεονεκτεῖ τὸ μεθόδω ποιείν ότιοῦν τοῦ δι' ἐμπειρίας μόνης. ἔστω γὰρ ἐγνῶσθαι τόδε τι τὸ φάρμακον ἕλκους κοίλου σαρκωτικὸν ἐπὶ τῶν ὡς ἂν μὲν ἡμεῖς εἴποιμεν ὑγροτέρων την κράσιν, ώς δ' ό τηρητικός τε καὶ Ἐμπειρικός, άπαλοχρώτων τε καὶ παίδων καὶ γυναικών, εἶτα νθν τῷ τοιούτω προσαγόμενον ὀνήσαι μηδέν. ἡμεῖς μεν οὖν ζητήσωμεν κατὰ τί μηδεν ὡφέλησεν, εἰς δύο hollow wound or ulcer in everyone. Rather, besides the abundance of moisture and filth, the medication must alter the actual krasis of the patient. Therefore, if we accept here the impudence of the Methodics, let us see what they say-those who, on the basis of experience, think it right that something ought to contribute to the discovery of the medications that are appropriate to the patient from the specific practice and exercise of each person.

For as I too have often said, none of the matters and medications pertaining to the craft of medicine is inexpressible in terms of kind, but the quantity cannot in each case be stated, or written, or in a word, taught. Further, in the case of wounds and ulcers, the moistness and filth are not inexpressible whereas the quantity in each is inexpressible. And indeed, we wish somehow to come near to expressing this, saying slightly or greatly filthy, thin, thick, extremely slight, very great, average or in due proportion, or however else, naming so diversely that as far as possible we come near to the expression of quantity. Pay strict attention to me now so that you may know how doing anything whatsoever by method gains an advantage over doing it by experience alone. For suppose it is the case that this medication for a hollow wound or ulcer is known to be enfleshing in those whom we might say are more moist in terms of krasis or, as the observer and the Empiric might say, in soft-skinned women and children, and now there is no benefit when it is applied to such a person. Let us, then, investigate why it brings no benefit, referring to these two

<sup>4</sup> καὶ φαρμάκων om. B, recte fort.

τούτους αναγαγόντες σκοπούς η γαρ ενδεέστερον η | 184Κ ἀμετρότερον ἐξήρανε· καὶ σημεῖά γε τούτων τόν τε ρύπον έξομεν καὶ τὸν ἰχῶρα. εἰ μὲν γὰρ πλείων ὁ ρύπος, ύγρότερον τε όλον είη τὸ έλκος, ενδεέστερον έξήρανεν εί δὲ καθαρόν τε καὶ ἄνικμον εύρεθείη, περαιτέρω τοῦ προσήκοντος, εὐθὺς δὲ καὶ τὸ ποσὸν τοῦ συμμέτρου μαλλον ἢ ἦττον ἐκ τοῦ ποσοῦ τῶν γνωρισμάτων εἰσόμεθα καὶ τοσούτω δυνησόμεθα τὸ έφεξης φάρμακον η ξηρότερον η ού τοιούτον προσενεγκείν.

ό δ' Έμπειρικὸς ὅτι μὲν οὐκ ἐσάρκωσε τόνδέ τινα, τὸ προσαχθὲν φάρμακον ὁρῷ μὴ γινώσκων μέντοι πότερον τῷ μᾶλλον ἢ τῷ ἦττον ξηρᾶναι, μεταβαίνειν έφ' ἔτερον άδυνατεῖ. κατὰ δὲ τὸν αὐτὸν τρόπον καὶ οἱ περὶ τὸν Ἐρασίστρατόν τε καὶ Ἡρόφιλον ἐξ ἡμισείας ώσπερ καὶ πρόσθεν εδείξαμεν όντες Δογματικοί κακῶς ἰατρεύουσιν έλκος μόνα γὰρ ἐπιχειροῦσι λογικῶς θεραπεύειν ὅσα τῶν ὀργανικῶν ἐστι μορίων ἴδια νοσήματα τὸ δ' ἔλκος, ὥσπερ καὶ πρόσθεν εἴρηται, κοινόν έστιν όμοιομερών τε καὶ όργανικών, ώστε καὶ τοῦτο κατὰ τοσοῦτον ἐμπειρικῶς θεραπεύουσι, καθ' όσον ἐν τοῖς ὁμοιομερέσι πέφυκε γίνεσθαι, καὶ μὲν δὴ κάν τῷ τὰς ἀπολωλυίας τελέως οὐσίας ἢ κεκολο-185Κ βωμένας ἐπιχειρεῖν | θεραπεύειν, κἀνταῦθα ἀναγκαῖον αὐτοῖς ἐστιν ἀποπίπτειν πολλαχή τοῦ λογικῶς, εἰ γὰρ αὐτὸ τὸ ἀπολωλὸς οὐσία τίς ἐστιν ὁμοιομερής, ἀναγκαιόν έστι τὸν προνοούμενον αὐτοῦ τῆς γενέσεως ὑπὲρ άπάσης της φύσεως ἐπίστασθαι, περὶ μὲν δη τούτων

## METHOD OF MEDICINE III.3

indicators; whether it dried too little or too much, and in fact we have the signs of these things in respect to filth and the ichor. For if the filth is greater, the wound or ulcer as a whole is too moist and is dried too little whereas, if it is found to be clean and without moisture, it is dried beyond what is appropriate. We will know immediately the quantity of the balance in terms of more or less from the number of signs, so we will be able in such a way to apply as the next medication one which is either more drying or not.

The Empiric, however, sees that the applied medication did not create flesh in this instance, but nevertheless does not know whether to dry more or less, and is unable to change to another medication. In the same way, too, the followers of Erasistratus and Herophilus, being "semi-Dogmatics," as we also showed before, treat a wound or ulcer badly, for they only attempt to treat logically such diseases as are specific to the organic parts, whereas the wound or ulcer, as I also said before, is common to both homoiomeres and organic [parts]. But, to the extent that it arises in the homoiomeres by nature, they treat it empirically. Indeed, even in this, if they attempt to treat completely destroyed or badly damaged substances, here too it is inevitable that, in many instances, they fall short of what is logical. If what is actually destroyed is some homoiomerous substance, it is essential for the person who gives forethought to the genesis of this to know about its whole nature. I shall certainly speak again about these matters. I

καὶ αὖθις εἰρήσεται. τὸ δὲ μὴ τυχὸν εἶναι πρᾶγμα, καλῶς ἔλκους προνοήσασθαι καὶ ὡς ἡ πρώτη πασῶν ἔνδειξις, ἡ καὶ τοῖς ἰδιώταις γινωσκομένη πολλοστόν ἐστι μόριον τῆς θεραπείας, ἐναργῶς ἀποδεδεῖχθαι νομίζω καὶ γὰρ ὅτι δραστικαὶ ποιότητές εἰσι θερμότης τε καὶ ψυχρότης καὶ ὑγρότης καὶ ξηρότης ἀναγκαῖον ἀποδεδεῖχθαι καὶ τούτοις ἐφεξῆς ἄπαντα τὰ περὶ κράσεων ἐγνῶσθαι κατά τε τὸ ἡμέτερον σύγγραμμα καὶ τἄλλα πάντα τὰ τούτω πλησιάζοντα.

νῦν μὲν οὖν ὁ λόγος ἐφ' ἔλκους εἴρηται κοίλου, μόνην αὐτὴν τὴν κοιλότητα θεραπευόντων ἡμῶν ἡ γὰρ ὡς ἔλκους θεραπεία κατὰ τὸ παρὸν οὔπω λέλεκται, συνίσταται δὲ καὶ ήδε κατὰ τὴν αὐτὴν μέθοδον ἀπό τε γὰρ τῆς τοῦ θεραπευομένου κράσεως λαμβάνεται καὶ προσέτι τῆς τῶν φαρμάκων δυνάμεως είρηται δ' ἄμφω ταθτα τοθ περί τῶν | στοιχείων λόγου, μὴ συγχωρηθέντος γὰρ ἐν τῇ μεθόδῳ γενέσεως καὶ φθορας αἰτίας εἶναι τὰς τέτταρας ποιότητας, ούτ' ἄρξασθαι τῆς μεθόδου δυνατὸν ούτε προελθείν ούτε τελειώσαι τὸ δ' ἐκείνας ἐπιδεῖξαι δρώσας τε καὶ πασχούσας εἰς ἀλλήλας τῆς περὶ τῶν στοιχείων ἐστὶ θεωρίας. ὅπερ οὖν ἐν τοῖς ἔμπροσθεν ἐπεδείξαμεν, ὑπὸ τοῦ νῦν ἐνεστῶτος λόγου μαρτυρεῖται, τὸ μηδὲν δύνασθαι πραγματεύσασθαι περί μηδενός τῶν ὁμοιομερῶν τὸν ἰατρὸν ἄνευ τῆς φυσικῆς ὀνομαζομένης θεωρίας. άλλ' ἐκεῖ μὲν ἐπὶ τῶν ὁμοιομερῶν ἀπεδείχθη μόνον, ένταῦθα δ' ήδη πως ὁ λόγος ἐμφανίζει μηδὲ ἐπὶ τῶν όργανικών δλόκληρον έξευρείν δύνασθαι τὴν θεραthink, however, it has been clearly shown that it is not a matter of chance to give proper forethought to a wound or ulcer, nor that the primary indication of all, which is known even to laymen, is just a small part of the treatment. For it is also essential to have established that the active qualities are heat, cold, moisture and dryness, and after this, everything else about *krasias* (mixtures) is known from my book, as are all other things pertaining to this. <sup>10</sup>

Therefore, at this point in the discussion of a hollow wound, what has been spoken of is our treatment of the cavity only; the treatment of the wound as a wound hasn't yet been stated for the present. However, this too takes place according to the same method, for it arises from the  $ar{k}$ rasis of the person being treated and, as well as this, from the potency of the medications. Both these factors were covered in the discussion about elements. On the question of method, unless it is agreed that the causes of genesis and destruction are the four qualities, it is not possible to start the method, nor to advance it, nor to bring it to completion. To show how those qualities act on and are acted on by each other pertains to the theory about elements. Thus, what I demonstrated in the previous discussion is that no doctor is able to treat systematically any of the homoiomeres without what may be termed a "physical theory." But there it was shown only in the case of homoiomeres. whereas here the discussion already makes it clear in a certain way that it is not possible to discover any complete

 $^{10}$  This is taken to be a reference to *De temperamentis libri III*, I.509 $-694 \mathrm{K}$  as a whole.

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<sup>5</sup> Β; θεραπεύοντος Κ

πείαν μηδένα χωρίς τοῦ κἀκείνης προσάψασθαι δειχθήσεται δ' ἐναργέστερον ἔτι ταὐτὸ τοῦτο παρ' ὅλην τὴν πραγματείαν.

4. Έπὶ δὲ τὴν τοῦ ἔλκους θεραπείαν μόνου μετέρχεσθαι καιρός είη δ' αν μόνον επειδαν μήτε διάθεσις αὐτῷ συμπαρῆ μηδεμία μήτε σύμπτωμα. μὴ τοίνυν έστω μήτε ρευματικόν το ήλκωμένον μόριον μήτε 187Κ κακόχυμον μήθ' | ὅλως δύσκρατον ἀλλὰ μηδὲ κοιλότης αὐτῷ συνέστω, μηδὲ τοῦ δέρματος ἀπώλεια μηδεμία. καὶ γὰρ αὖ τοῦτο παρορῶσιν οἱ πολλοὶ τῶν ιατρών, οὐ συνιέντες ώς ἐπειδὰν ἔλκος κοίλον πληρωθέν όμαλες μεν ύπάρχη, πλατύ δέ, διττή καὶ νῦν έστιν έν τῷ μορίῳ διάθεσις, έτέρα μὲν οὐσίας δέρματος ἀπώλεια, δευτέρα δὲ συνεχείας λύσις. ἐπειδὰν μὲν οὖν αὐτὸ τοῦτο μόνον ἢ συνεχείας λύσις, ἤτοι τῆς ἐπιδερμίδος ἢ καὶ τοῦ δέρματος ἄπαντος ἢ καὶ τῆς ύποκειμένης ἄμ' αὐτῷ σαρκός, ἔλκος ἐστὶν οὕτω τὸ πάθημα καὶ δεῖται κολλήσεως μόνης. εἰ γὰρ συναχθείη πρὸς ἄλληλα τὰ χείλη τοῦ δέρματος, οὐδέν έστι μεταξύ τοῦ δέρματος έτερογενές, ὥσπερ ἐπὶ τοῦ πεπληρωμένου τε καὶ ὁμαλοῦ ἔλκους ἐπ' ἐκείνου γὰρ ούχ ἄπτεται τὰ πέρατα τοῦ ἔλκους ἀλλήλων, ἀλλ' ἐκ τῆς ἡλκωμένης ἀπάσης χώρας ἀπόλωλε τὸ δέρμα καὶ χρη γεννήσαι δήπουθεν αὐτό κατὰ μέντοι τὸ διηρημένον ὑπό τινος ὀξέος κολλήσεως δεῖ μόνης, οὐ μὴν καὶ γενέσεως δέρματος. ὅταν οὖν ἔλκους ἀπλοῦ προκείμενον ἢ θεραπείαν εύρεῖν, ὑποτίθεσθαι χρὴ τῷ λόγω διαίρεσιν σαρκώδους μέλους χωρίς ἀπωλείας Ι

## METHOD OF MEDICINE III.4

treatment in the case of the organic bodies apart from the application of theory. This will be made even more apparent throughout the entire treatise.

4. It is in e now to pass on to the reacment of the wound per e vl en ver i exists in isolation with neither a condition for a symptom accompanying it. Let us assume that the wounded part is not subject to flux, is not kakochymous, and is not on the whole dyskratic. But let there be no hollowness present with it, nor any destruction of the skin. For again, the majority of doctors also overlook this, not realizing that whenever a hollow wound is filled and is level but flat, there is now a twofold condition in the part, the one being loss of the substance of the skin, and the other, dissolution of continuity. Whenever there is this dissolution of continuity alone, either of the epidermis or of the whole skin, or also of the underlying flesh along with it, a wound is in this way the affection, and needs conglutination alone. If the margins of the skin are drawn together with each other, there is nothing in between of a different class to skin, just as in the case of the wound that has been filled and is level. In the latter case, the opposite sides of the wound do not contact each other but the skin of the whole wounded region is lost and there is need, obviously, to regenerate this. However, in relation to what has been divided by something sharp, there is need of conglutination alone and not of the generation of skin as well. Therefore, whenever what lies before us is to discover the treatment of a simple wound, what must be taken as foundational in the discussion is the division of the fleshy part